



**We envision an economy** in Baltimore and throughout Maryland where structural and institutional racism is being dismantled and equitable opportunities are provided for all people to work, advance, and build financial security and generational wealth to benefit their families and communities.

**ABC works across Maryland** as an educator, advocate, and supporter to eliminate race-based structural barriers and advance long-term solutions that create new opportunities for African-Americans to thrive financially and build a stronger economy for all.

**Each year ABC hosts** more than 900 supporters at its Annual Gala, and next year, in June 2020, we will be celebrating our 35th anniversary. Additionally, each fall, we champion women's empowerment at our Women on the Move Networking Event and Panel Discussion. This year's event—The Power of Owning Your Story: Being Seen and Heard—will take place on October 24, 2019 at the Horseshoe Casino from 6-9 p.m.

**We are always looking for volunteers** to serve as speakers in our Board Pipeline Program, mentors as a part of our Volunteer Career Mentoring Program, or to serve as general advocates and supporters of our work. Please contact Anike Coates [acoates@abc-md.org](mailto:acoates@abc-md.org) if you are interested. Link for donations: [abcmd.wufoo.com/forms/donate](http://abcmd.wufoo.com/forms/donate).



**Associated  
Black Charities**

2 Hamill Rd., Ste. 272N, Baltimore, MD 21210  
[abc-md.org](http://abc-md.org) | 410.659.0000



**Created by the historic desegregation class-action lawsuit** *Thompson v. HUD*, the Baltimore Regional Housing Partnership helps families who have historically been excluded from accessing housing in neighborhoods of their choice break the barriers to access and transition successfully to safe, healthy, and economically vibrant communities. With the goal of empowering families in Baltimore through housing choice, BRHP provides Housing Choice Vouchers for families to rent private homes in neighborhoods with low crime, low poverty, and strong schools. The housing assistance is coupled with intensive housing mobility counseling to help families choose communities best suited to their needs.

Since 2003, BRHP's nationally recognized Baltimore Housing Mobility Program has helped more than 5,000 families improve their quality of life through educational seminars on credit building, banking and budgeting, and home maintenance along with dedicated guidance from counselors as they search for their new homes. The access and choice that BRHP affords families expands opportunities for children that last a lifetime.

**If you are a property owner** interested in renting to a family in the Baltimore Housing Mobility Program, email BRHP at [info@brhp.org](mailto:info@brhp.org) to receive information and updates on the October landlord orientation.

**There are many ways you can help BRHP's cause**, including donating funds to support operations and additional assistance to families, serving as a landlord or referring a good landlord to BRHP's program, or partnering with BRHP to bring practical resources to families and landlords. To donate, visit [brhp.org/donate](http://brhp.org/donate).



**Baltimore Regional  
Housing Partnership**

20 S. Charles St., Ste. 801, Baltimore, MD 21201  
[brhp.org](http://brhp.org) | 410.223.2222



American Heart Association.

## Simple Cooking with Heart<sup>®</sup> Baltimore Kitchen

### The Simple Cooking with Heart Baltimore Kitchen

1100 E. Fayette St., Baltimore, MD 21202  
heart.org/baltimorekitchen | 667.205.2443

- Eat Smart
- Add Color
- Be Well

**The landscape and culture** of food and food preparation has changed. Three generations of Americans have not been taught to cook at home or at school. Stressed families lack the time and/or skills to prepare healthy meals at home. In fact, 50 percent of their food dollars are spent away from home. The more people eat out, particularly at fast-food restaurants, the more calories, fat, and sodium they consume, and away-from-home meals typically contain fewer fruits, vegetables, and whole grains than food prepared at home.

**Our goal at the American Heart Association** is to equip families with the necessary skills, tools, and resources to prevent obesity and improve the overall health of Americans. The Simple Cooking with Heart Kitchen, an initiative to combat obesity, is the first-ever community teaching kitchen for the American Heart Association.

**The motive for building a community teaching kitchen** is that we believe when you teach individuals how to prepare and cook their own meals and expose them to fresh foods, people are empowered to change the way they eat.

**Our mission at the Simple Cooking with Heart Kitchen** is to teach our Baltimore neighbors how to prepare simple, delicious, and inexpensive meals at home so they can enjoy the benefits of eating healthier and feel more confident cooking for their families.

**The Simple Cooking with Heart Kitchen** delivers hands-on, affordable cooking classes for individuals and groups. Maximum class size is 12 class participants to encourage teacher-to-participant engagement. Recipes are budget-friendly, heart-healthy, and align with the American Heart Association dietary recommendations around sodium, sugar, and fat intake.

**How to get involved:** To sign up to take a class, visit: [heart.org/baltimorekitchen](http://heart.org/baltimorekitchen) or contact us at [baltimorekitchen@heart.org](mailto:baltimorekitchen@heart.org).

#### Follow us on social media:

- Facebook: [@baltimoreheartkitchen](https://www.facebook.com/baltimoreheartkitchen)
- Instagram: [SCWHKitchen](https://www.instagram.com/SCWHKitchen)

**Considering a gift** to support the American Heart Association's Simple Cooking with Heart Kitchen? You can donate online: [heart.org/baltimorekitchen](http://heart.org/baltimorekitchen).



**At The Baltimore Station, we turn lives around!** We are an innovative therapeutic residential and outpatient treatment program supporting veterans who are overcoming obstacles to regain self-sufficiency.

Over the course of our 30-year history, The Baltimore Station has earned a reputation for providing high-quality services to homeless veterans and others who struggle with behavioral and mental-health challenges. Our CARF-accredited programming is based on a trauma-informed, strength-based, and client-centered treatment approach combining a strong recovery model and an environment that promotes pro-social behavior.

**On November 2, join us at South Point in West Covington Park** for our fifth annual chili cook-off fundraiser, Stars, Stripes & Chow...Chili Edition, with proceeds supporting the residents of The Baltimore Station. Teams compete to win the Best Chili Award, the People's Choice Award, and Best Decorated Booth Award! Purchase tickets at [baltimorestation.org/events](http://baltimorestation.org/events)

**Volunteers are key to our program's mission and success.** Our volunteers serve meals, organize in-kind donation drives and fundraisers, and perform service projects. The possibilities for you to get involved are endless! Visit [baltimorestation.org](http://baltimorestation.org) to learn more about different ways to support our organization and the veterans in our programs.



**The Baltimore Station**

140 W. West St., Baltimore, MD 21230  
[baltimorestation.org](http://baltimorestation.org) | 410-752-4454



**The Baltimore Area Council prepares young people** for a lifetime of making ethical and moral decisions by instilling the values of the Scout Oath and Law. Following its well-known maxim of "Be Prepared," the Baltimore Area Council (BAC) offers a wide range of outdoor activities, such as camping, aquatics, and hiking, to foster responsible citizenship, good character, and self-reliance.

**The BAC is one of the largest and most prominent** values-based youth-development organizations in Central Maryland. The council serves more than 41,000 youth and adults in Baltimore City, as well as the surrounding counties of Anne Arundel, Baltimore, Carroll, Harford, and Howard.

**Youth members benefit from scholarship opportunities,** leadership training, outdoor and adventure programming, STEM activities, merit badges, and much more. Older age levels can participate in career-oriented programs in partnership with community organizations.

**Annual events include our Distinguished Citizen Award Dinner,** the Health Services Leadership Award Luncheon, and our Sporting Clays Team Competition and VIP Reception & Auction. In February 2019, the BAC launched the Diamond Anniversary Capital Campaign to revitalize our year-round camp, Broad Creek Memorial Scout Reservation. To get involved, contact [scouting@baltimorebsa.org](mailto:scouting@baltimorebsa.org) or visit [baltimorebsa.org](http://baltimorebsa.org)



**Baltimore Area Council  
Boy Scouts of America**

701 Wyman Park Dr., Baltimore, MD 21211  
[baltimorebsa.org](http://baltimorebsa.org) | 443-573-2500



## The Associated

101 W. Mount Royal Ave., Baltimore, MD 21201  
associated.org | 410.727.4828

- Inspiring Jewish Baltimore
- Caring for One Another
- Shaping Jewish Journeys
- Striving for Social Justice
- Connecting to Israel and the World

**Committed to nurturing Jewish life and culture** for a century, The Associated addresses charitable, educational, religious, humanitarian, health, cultural, and social service needs locally, nationally, in Israel, and throughout the world. With a motto of “Inspiring Jewish Community,” The Associated operates 27 agencies and programs, with an unwavering commitment to older adults, those with disabilities, the abused, Holocaust survivors, and anyone experiencing unexpected challenges. Our unified planning process ensures that services do not overlap, so every dollar contributed goes further.

As the central fundraising organization for the Baltimore Jewish community, The Associated raises and distributes more than \$30 million each year. Approximately two-thirds aid Jews in need locally, and the remainder funds programs overseas and in Israel. The Associated executes its mission through smart stewardship of the community assets entrusted to it, earning a four-star Charity Navigator rating the gold standard for non-profit excellence—for the sixth year in a row.

**Our annual fundraising efforts provide the support** needed to meet the immediate needs, touching thousands of lives in order to build a strong, thriving community. By joining our credit/debit card round-up program, your

daily transactions will be rounded up to the nearest dollar to be donated to our work. Many choose to leave a legacy through our LIFE & LEGACY™ program, or you can open a donor-advised fund so you can recommend grants to numerous charities on your own timeframe. Businesses can give through our corporate sponsorship program—or they can open a donor-advised fund in order to recommend grants to numerous charities on their time frame. Each year, The Associated holds several fundraising events, including Keynote and the Generosity Gala for young adults.

**The Associated encourages you to explore your interests** and get involved in whatever way is meaningful to you. Roll up your sleeves and volunteer, advocate for a cause, attend events, or meet up with others who share your views. Choose one—or all—avenues to get involved. To learn more, go to [associated.org/getinvolved](http://associated.org/getinvolved).



**Inspired by the Gospel mandates** to love, serve, and teach, Catholic Charities provides care and services to improve the lives of Marylanders in need, following the maxim of “Cherishing the Divine within all.”

Our Daily Bread Employment Center serves more than 250,000 meals each year to hungry and vulnerable Baltimoreans. But that is only a small part of what we do. We serve those looking for work or who need help with benefit eligibility. We also serve those experiencing homelessness or transitioning from homelessness and addiction. We can even help with dental care.

**With 80 programs in 200 locations**, Catholic Charities is the leading provider of human services. We serve women, men, and families in crisis, including immigrants. Our clients include seniors, people with behavioral health needs or intellectual or developmental disabilities. Our work strengthens communities in a spirit of mutual caring and respect. Our commitment to honoring each person’s dignity and serving with humility, collaboration, and integrity means we turn compassion into action.

**Join thousands of volunteers** at Our Daily Bread Employment Center or get involved in any of our other programs. Go to [catholiccharities-md.org/volunteer](http://catholiccharities-md.org/volunteer).



## Catholic Charities

320 Cathedral St., Baltimore, MD 21201  
[cc-md.org](http://cc-md.org) | 667.600.2000



**By fostering strong teams** and social-emotional learning through shared challenge and accomplishments, our programs build compassionate future leaders with a desire to serve others. To quote the words of Outward Bound founder Kurt Hahn, “There is more in you than you know, and if you could be made to see it, perhaps for the rest of your life you will be unwilling to settle for less.”

Using the outdoors as a classroom, we help public school students from Baltimore City and across Maryland connect with themselves through the natural world. We also work with educators to bring these lessons into the classroom through our one-of-a-kind Character Curriculum.

**The Cornerstone Celebration Dinner**, held in May, celebrates the values we stand for while raising money to send more students on life-changing courses. We also participate in Giving Tuesday in November, hosting Facebook giveaways, behind-the-scenes video tours, and more.

**Discover ways to donate at our website.** More than 87 percent of our students receive financial support to participate in our programs, so every gift matters. Go to [outwardboundbaltimore.org/giving-toolkit](http://outwardboundbaltimore.org/giving-toolkit)



## Baltimore Chesapeake Bay Outward Bound School

1900 Eagle Dr., Baltimore, MD 21207  
[outwardboundbaltimore.org](http://outwardboundbaltimore.org) | 410.448.1721

BALTIMORE CHESAPEAKE BAY  
**OUTWARD BOUND SCHOOL**



## Goodwill Industries of the Chesapeake, Inc.

222 E. Redwood St., Baltimore, MD 21202  
goodwillches.org | 410.837.1800

**Goodwill's primary objective** is to help individuals with barriers to employment become self-sufficient through training and employment services. These barriers include those laid-off from the workforce, those with physical or mental challenges, and those who need access to the workforce.

**With a budget of nearly \$50 million**, Goodwill employs more than 750 individuals and operates 32 retail locations and 11 career development sites, as well as providing a variety of commercial services for those with severe disabilities. Most importantly, Goodwill annually provides services to more than 72,000 people in need of assistance because of physical, mental, or other social challenges and places approximately 2,084 into jobs giving them, "Not a charity, but a chance." Our services are free and open to anyone. And employers can hire our participants. Our recruiters work to find the best individual for the position. Our process includes recruiting, pre-screening, testing, and orientation.

**Goodwill will soon be celebrating** our history: It was in 1919 that Rev. John S. German and a group of prominent civic leaders first incorporated the

- Donations from the public fund job training and placement programs.
- Goodwill prepares people to secure and retain employment and build successful, independent lives.
- Our services are free and open to anyone!
- Employers can hire our participants. Our recruiters work to find the best individual for the position. Our process includes recruiting, pre-screening, testing, and orientation.
- Goodwill, in partnership with CVS Health, has recently opened a mock pharmacy and retail store at our headquarters. There we prepare and train individuals for positions at CVS as pharmacy technicians and in retail stores.

Baltimore Goodwill Industries and opened the first location in the Fellowship Hall of Broadway Methodist Episcopal Church. On October 19, 2019, we are hosting a 100th-anniversary gala to celebrate our past and to launch the next 100 years. Among recent initiatives, Goodwill, in partnership with CVS Health, has opened a mock pharmacy and retail store at our headquarters. There we prepare and train individuals for positions at CVS as pharmacy technicians and in retail stores. Goodwill is also expanding the re-entry program to help those recently released from prison re-enter into the workforce, including wrap-around case-management services.

**Individuals can get involved** by donating. We accept material, financial, and vehicle donations. Additionally, you can volunteer at our Annual Thanksgiving Dinner and Resource Fair. Link for donations: [goodwillches.org/donate/make-a-financial-donation](http://goodwillches.org/donate/make-a-financial-donation).



**The mission of Chimes is to help people with disabilities** engage more fully in life's opportunities, to provide employment and training opportunities for people with disabilities, and to support and promote the overall health and well-being of people by helping them understand, manage, and overcome problems.

Every day, there are new demands for services, so we must continue to rely on your help to provide necessary services and support for people with disabilities and other barriers to independent living.

**There are a number of ways to make a donation** to The Chimes Family of Services:

Donations are accepted by mail or online: [chimes.org/get-involved/donate](http://chimes.org/get-involved/donate)

**There are also upcoming events to support the cause**, including Chimes Gala, honoring David J. Garbarino of BB&T, with musical entertainment by Lonestar and Phil Vassar, to be held on November 16, 2019.

In addition, Chimes' annual golf event will be held at Fieldstone Golf Club in Wilmington, Delaware, on June 1, 2020, 11:00 a.m.–7:00 p.m.

For more information: [chimes.org/get-involved/events](http://chimes.org/get-involved/events)



## Chimes

4815 Seton Dr., Baltimore, MD 21215  
[chimes.org](http://chimes.org) | 410.358.6400



**The Family Tree helps more than 23,000 children and adults** each year through research-based parenting classes, home visiting services, behavioral health programs, parent support groups, community trainings, a 24-hour Parenting HelpLine, and more.

**Child abuse and neglect is a serious public-health problem** in both Maryland and the nation, costing tens of millions of dollars in our state alone. By building strong families and resilient communities, The Family Tree has shown that prevention is possible. Our direct services help parents raise healthy, thriving children, while our community trainings and advocacy efforts foster a deeper understanding of why it truly takes a village to raise a family.

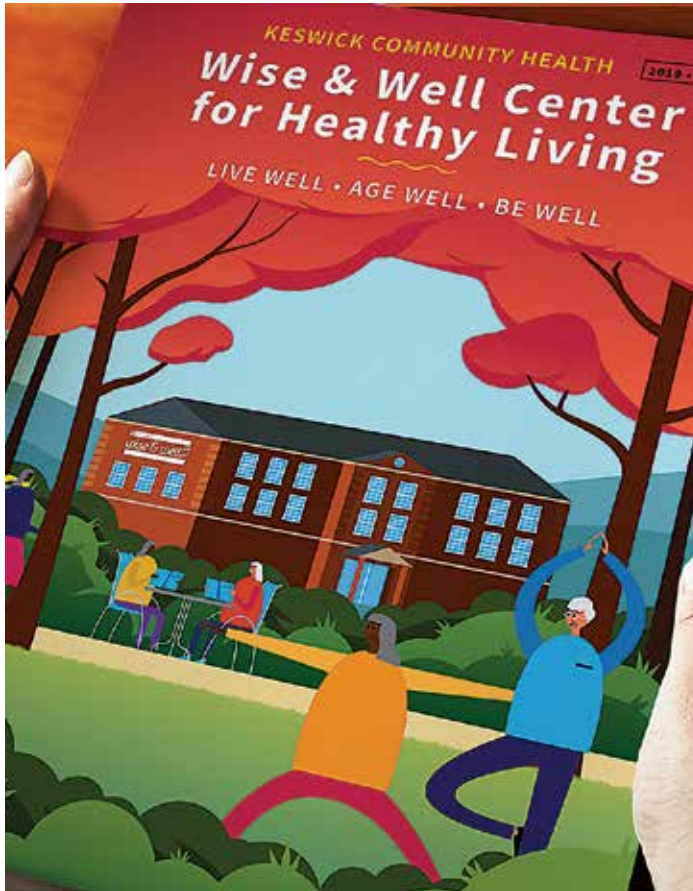
The parents and caregivers we serve come to us from a diverse set of circumstances and backgrounds, but they all share the same hopes and dreams of giving their children a bright future. Whether it's a simple phone call of encouragement, a home visit from a registered nurse, or a 10-week parenting class, we raise families up to improve society for generations to come.

**Visit our website or follow us on social media** and share our stories @familytreemd. Volunteer to help teach a parenting class, become a child nurturer, answer our Parenting HelpLine, or volunteer at our events. If you know anyone who needs help or support, have them call the 24-hour Parenting HelpLine at 1-800-243-7337.



## The Family Tree

2108 N. Charles St., Baltimore, MD 21218  
[familytreemd.org](http://familytreemd.org) | 410-889-2300



## Keswick Community Health

700 W. 40th Street, Baltimore, MD 21211  
choosekeswick.org | 410.662.4346

**With 135 years of dedicated expertise**, Keswick continues to meet the health and wellness needs of older adults in the community.

With the motto of “Live Well. Age Well. Be Well,” the mission of Keswick Community Health is to enhance the health and quality of life of older adults through community-based resources and services.

Keswick, once only known as a nursing home, now offers community-health services on campus and in the community. The Wise & Well Center for Healthy Living, the hub for Keswick Community Health activities, is a dedicated space for older people to pursue their health and well-being goals. If we can help people age in a healthier way, they’re more likely to be able to stay in their communities doing the things they love.

**The Wise & Well Center** was intentionally designed to be full of energy, light, and inspiration. The center facilitates physical health, mindfulness, and targeted discussions, such as falls and diabetes prevention, as well as access

- Keswick is redefining the notion of “aging in place” with innovative health and wellness solutions.
- The Wise & Well Center is the first of its kind in Maryland.
- We offer classes, coaching, and personalized wellness services.
- Remaining active, connected, and engaged is the proven foundation for healthy aging.
- Our goal is to help you stay home, healthy, and Wise & Well.

to information and resources that promote the health and wellness of older people. There are events and seminars that address all dimensions of health, such as financial-wellness seminars, living with chronic illnesses, self-defense, and “pharmacy talk,” as well as movement programs such as tai chi and yoga.

**At Keswick, your gifts** support aging initiatives, programs, and activities that support a person’s ability to age gracefully and engage in healthy behaviors, as well as public-health partnerships, preventative and self-management health programming, and supportive technology. Gifts are tax-deductible to the extent of applicable tax laws. If you have any questions, please contact Maria Darby, [DarbyM@ChooseKeswick.org](mailto:DarbyM@ChooseKeswick.org).

**Get involved:** There are flexible volunteer opportunities based on your schedule. Come play music or games; sew, quilt, and knit; tend our garden; get creative with art; assist in the gift store; and so much more! To volunteer, please call Rosalyn, 410-662-4380 or go to [Volunteer@ChooseKeswick.org](mailto:Volunteer@ChooseKeswick.org). The link for donations is [ChooseKeswick.org/give/](http://ChooseKeswick.org/give/).





**Established in 1994, Gilchrist is a nationally recognized nonprofit** dedicated to providing hospice, elder medical care, and bereavement support. We are Maryland's largest provider of care for seriously ill adults and children, along with their families, serving more than 26,000 people annually.

Although best known for its hospice care, Gilchrist helps people at every stage of serious illness live life to the fullest and make informed choices about their care. Our home-based Elder Medical Care program helps the elderly avoid hospitalization and travel to doctors' offices. Other specialized programs include Music Therapy, We Honor Veterans, and Jewish Hospice.

**Our most important fundraising initiative** currently is a capital campaign to construct a new, 30,000-square-foot inpatient hospice center in Baltimore City. Gilchrist Center Baltimore will be built on the grounds of the former Memorial Stadium and will continue its mission of caring for underserved terminally ill city residents.

**Because we accept every patient**, and insurance doesn't cover the full cost of their care, Gilchrist relies on charitable donations and community support. It's easy to get involved by making a gift, volunteering your time, or attending one of our many fundraising events.



## Gilchrist

11311 McCormick Rd., Ste. 350, Hunt Valley, MD 21031  
gilchristcares.org | 888.823.8880



**The 20,000-plus girls in grades K-12** who are part of Girl Scouts of Central Maryland are building the courage, confidence, and character they need to make the world a better place.

"When you invest in a Girl Scout, she'll lead her own adventure." That's the motto of the organization, which provides girls with a girl-led space for girls only. Girl Scouts' research-based programs are designed to help girls develop a strong sense of self, seek challenges, learn from setbacks, and unleash their inner G.I.R.L. (Go-getter, Innovator, Risk-taker and, Leader)™.

**Girl Scouts remains the best** girl leadership development program in the world, a place where a girl can learn and practice new skills, explore her potential, take on leadership positions—and even feel empowered to fail, dust herself off, and try again.

**Consider donating to Pearls for Girls**, a monthly giving campaign; scheduling a corporate cleanup day at one of our camp properties; forming a team for the S'mores Day Challenge; attending the Distinguished Women Awards in April; speaking or participating in Girl Scout events such as the annual Girls STEAM Ahead Festival and CEO Leadership Series; sponsoring a troop; or hosting a cookie booth sale at your office. Link for giving: [gscm.org/give](https://gscm.org/give)



## Girl Scouts of Central Maryland

4806 Seton Dr., Baltimore, MD 21215  
gscm.org | 410.358.9711



Kennedy Krieger Institute

## Kennedy Krieger Institute

707 N. Broadway, Baltimore, MD 21205  
kennedykrieger.org | 443.923.9200

- One in six children suffers from a pediatric brain disorder.
- We counter this prevalence with hope through research, interdisciplinary care, and customized treatment, as well as schools for children with special needs and a range of professional training programs.
- Last year, we treated more than 24,000 children from around the world.

**Dale will never forget** the day he saw his daughter Lydia, 12, walk again.

She had been at Kennedy Krieger Institute's inpatient rehabilitation hospital for two months, having experienced a traumatic brain injury the previous fall. Giddy with excitement, Lydia walked partway across the room all by herself. "It was a big moment," Dale says.

When Lydia arrived at Kennedy Krieger, she couldn't sit up, or even hold her head up on her own. Her parents had no idea if she'd ever walk or talk in complete sentences again—let alone laugh, tell a joke, or even smile.

**At Kennedy Krieger, Lydia started on the road to recovery** with combined physical, occupational, and speech-language therapies, much of it disguised as games or other fun activities. She also began working with specialists in neuropsychology, behavioral psychology, child life, therapeutic recreation, and education. Her speech returned—and so did her smile.

After three months at Kennedy Krieger's inpatient hospital, Lydia shifted over to its day hospital, where therapists helped her become more independent. She started doing schoolwork again and was soon ready for outpatient therapies—and to return to school.

**Lydia was so excited to go back to school.** She didn't miss a beat. She knew the names of all of her teachers and classmates, and greeted everyone with a joke—and a smile.

**Every day for more than 80 years,** Kennedy Krieger Institute has been helping kids like Lydia live their lives to the fullest.

Kennedy Krieger's patient care programs offer interdisciplinary treatment tailored to each child, throughout all stages of care. In addition to our inpatient rehabilitation hospital, which includes neurobehavioral and feeding disorder units, we offer more than 50 outpatient clinics, three special-education schools, and several home, community, and educational programs. Every child is precious to us.

**Please consider helping us help** more kids like Lydia live their lives to the fullest.

Visit [KennedyKrieger.org](http://KennedyKrieger.org) to learn more, and visit [HelpKids.KennedyKrieger.org](http://HelpKids.KennedyKrieger.org) to learn how you can help.



**Habitat for Humanity of the Chesapeake**, one of 1,400 Habitat affiliates worldwide, helps families in Central Maryland achieve the dream of home ownership. In addition to helping families in need of housing, Habitat Chesapeake partners with community-based organizations and institutions to strengthen underserved communities while bringing visible investment and engaged new residents to areas previously suffering from vacancy and neglect.

**Since its founding in 1982**, Habitat Chesapeake has built more than 750 homes in 18 communities across Baltimore City and Baltimore, Anne Arundel, and Howard counties, helping 2,500 children and families find safety and stability. Following our maxim of “Bringing people together to build homes, communities and hope,” our workforce development program, HabiCorps, provides training in construction trades to previously incarcerated individuals.

**We host Team Build events** each week, offering opportunities for corporations, faith-based groups, community organizations, and individuals to engage in building, while raising funds for supplies, construction staff, homebuyer support services, and more. Habitat Chesapeake also hosts large corporate-sponsored build events throughout the year, including Home is the Key Build (April), Women Build Week (May), Summer Build Week (July), and Veteran’s Day Build (November). Link for donations: [habitat Chesapeake.org/donate](http://habitat Chesapeake.org/donate).



## Habitat for Humanity

3741 Commerce Dr., Ste. 309, Baltimore, MD 21227  
[habitat Chesapeake.org](http://habitat Chesapeake.org) | 410.327.3420



**The Havre de Grace Arts Collective** brings together art lovers, performers, and audiences, young and old, with high-quality entertainment that engages while nurturing learning and creativity. At the same time, the collective stimulates economic vitality through the arts, drawing audiences from Philadelphia and Washington and beyond.

**Our local activities include** bringing local, regional, and national performances, such as plays, live music, film, and youth programs to the Opera House; guiding the Havre de Grace Arts & Entertainment District with incentives that attract artists to live and work in our community; serving as the umbrella organization for Arts by the Bay Gallery, which represents local artists and arts education; and partnering with other nonprofits to shape the local arts scene.

With the maxim of “Building Community and Economic Vitality through the Arts,” Annual events include the three-day citywide Jazz & Blues Fest and the Masquerade Ball, part of the citywide Mardi Gras festival.

**Getting involved is as easy as attending performances.** You may also consider donating funds or volunteer hours, sponsoring an event or program, funding an Opera House Chair, or joining the Friends of the Opera House.



## Havre de Grace Arts Collective

121 N. Union Ave., Havre de Grace, MD 21078  
[hdgartscollective.org](http://hdgartscollective.org) | 443.502.2005



## The Maryland SPCA

3300 Falls Rd., Baltimore, MD 21211  
mdspca.org | 410.235.8826

**In 1869, our founder, attorney William Woodward,** recruited 50 like-minded citizens to address the mistreatment of Baltimore's working horses. In our 150 years, we have kept the community's evolving needs at the center of our mission. More than a shelter, the MDSPCA improves the lives of people and pets in the community through education, veterinary services, and humane care. For our anniversary, our goal is to make a positive impact in the lives of 20,000 pets and 25,000 people by 2020. With a motto of, "feel the warmth of a cold nose," our vision is a future of compassion and care for all of Maryland's cats and dogs.

**Along with saving the lives of more than 3,000 vulnerable animals** each year, we pair canine and feline pets with forever homes. We deliver quality pet health care, and work to keep cats and dogs healthy and in their homes. We empower and encourage children and adults to treat animals with compassion. Our workforce development and mental health and well-being programs engaged more than 1,500 young people, professionals, and seniors in 2018.

- In 2018, more than 7,000 students participated in human education programming.
- More than 14,300 pets received services in 2018, including 6,504 spay/neuter surgeries and 5,000+ exams and treatments at our Wellness clinic.
- By providing a safety net to cats and dogs in need, we save the lives of more than 3,000 vulnerable animals each year.
- Our work is driven by a deep belief in community, compassion, innovation, integrity, and respect.

**Brownie's Challenge - The Care They Deserve:** To celebrate MDSPCA's 150th anniversary, Caves Farm of Owings Mills is sponsoring Brownie's Challenge. For the month of October, Caves Farm will match gifts, up to \$50,000, to raise at least \$100,000.

**Visit our adoption center or our website** ([mdspca.org/adopt/pets](http://mdspca.org/adopt/pets)) to find a furry friend for life.

Or you can give: The Maryland SPCA thrives on the generosity of people like you. Every gift is an investment in our community.

Or consider volunteering: Our 1,000-plus volunteers socialize pets, work with adopters, staff events, participate in community outreach programs, and cover administrative tasks. RSVP to attend a volunteer session at [mdspca.org/volunteer](http://mdspca.org/volunteer).



**One of Baltimore's oldest and largest nonprofit organizations**, HASA provides therapeutic, educational, and interpreting services to more than 4,000 families in Maryland each year.

HASA helps to connect people to their worlds, building a society where everyone can understand and be understood.

**HASA operates a Charitable Care Fund** to provide reduced-fee services and hearing aids to clients. To support this fund and its community-education initiatives, HASA will host A Very WICKED Affair in October at Boordy Vineyards. Community-education initiatives include a hearing hospitality program, workplace inclusion initiatives, community hearing screenings, and sign language classes.

**HASA has a variety of volunteer opportunities** and donation programs, including a monthly giving program, corporate partnership opportunities, planned giving options, and committee and board opportunities.



**HASA**

5900 Metro Dr., Baltimore, MD 21215  
Hasa.org | 410.316.6780



**Since 2004, Leaders of Tomorrow Youth Center (LTYC)** has supported young people ages 5-18 in Maryland and D.C. with arts programs that empower them to excel in the arts, academics, and social development. With the motto, "The future is now," our mission is to teach youth the fundamentals of leadership and encourage them to use their gifts and strengths to promote success and balance in their lives.

**Through partnerships throughout** the state of Maryland and D.C., and particularly in Baltimore City school systems and the Archdiocese of Baltimore, LTYC has increased its presence in a greater number of communities. We have introduced initiatives to support young people as they experience stress, grief, loss, and trauma.

**Our innovative ARTS CORE** (Achieving Results by Transforming Students through Creative, Open, Reflective Expression) encompasses a broad spectrum of creative and performing arts, from visual arts to theater.

**Our core values include:** building relationships, effective and professional leadership, demonstrated student effectiveness, engaging community partnerships, and delivering high-quality arts instruction.

Celebrating 15 Years of AWAKENING THE ARTS in education, we are committed to developing positive social development, academic success, and creativity in the minds of youth today.

Link for donations: [ltyc.net/support-us/donate](http://ltyc.net/support-us/donate)



**Leaders of Tomorrow Youth Center**

PO Box 1213, Owings Mills, MD 21117  
ltyc.net | 443.261.LTYC



## Parks & People Foundation

2100 Liberty Heights Ave., Baltimore, MD 21217  
parksandpeople.org | 410.448.5663

**For more than 35 years**, Parks & People has been committed to uniting Baltimore through parks by ensuring that everybody is connected to nature, community, and one another through vibrant parks and green spaces.

A large component of the Parks & People mission is helping neighborhoods realize their dream of renovating or creating safe, beautiful, multi-generational community parks and green spaces. Following the motto of "Everyone Deserves a Park," we work with the State of Maryland, Baltimore City, and corporate and nonprofit partners to ensure that Baltimore City has world-class parks that are accessible to everyone.

**In just the past three years**, Parks & People have helped to transform or build six parks within a 10-minute walk for 60,000 city residents in need of healthy, active green space.

At the same time, we offer after-school and summer academic, environmental, and recreational programs for more than 1,200 Baltimore City youth. Our SuperKids Camp offers elementary school-aged campers a six-week summer learning program to help mitigate summer's academic slide.

- In just the past three years, we have helped to transform or build six parks.
- Our SuperKids Camp offers elementary school-aged campers a six-week summer learning program.
- Our Middle School Sports program has been servicing Baltimore City middle school students for 30 years.
- Our Branches program is a paid environmental-education and career-readiness program for high schoolers.

Through literacy lessons, STEM experiences, and environmental education, campers return to school on grade level and ready for upcoming challenges. During the school year, we give more than 600 middle-school youth at 15 schools the chance to play sports after school through our Middle School Sports program. For many, this represents their first opportunity to participate in organized athletics.

Our Branches program is a paid environmental-education and career-readiness program for high schoolers. Branches interns learn essential life and job skills while leading environmentally based projects to improve Baltimore City neighborhoods. The program's byproducts are personal, academic, and professional growth.

**We welcome contributions** and in-kind donations to support our youth programs and park projects. For volunteer opportunities, please contact [claire.runquist@parksandpeople.org](mailto:claire.runquist@parksandpeople.org). Join us for our annual Picnic in the Park fundraiser on October 4, 2019. To donate, go to: [parksandpeople.org/get-involved/donate](https://parksandpeople.org/get-involved/donate).



**Founded in 1982 by the Sisters of Mercy and the School Sisters of Notre Dame**, Marian House is committed to helping women overcome the barriers of homelessness and gain employment. With a motto of “women moving from dependence to independence,” we offer a holistic, healing community for women and their children who are in need of housing and support services, as well as out patient treatment for addiction. The safe, sober, and loving environment encourages women to respect and love themselves, confront emotional and socio economic issues, and transition to stable and independent lives.

Marian House provides transitional and permanent housing, as well as support services for homeless women and their children.

**Fundraising efforts include** our Annual 5K race to Embrace Independence and Annual Ravens season tickets raffle.

**Marian House depends on cash and in-kind donations;** we have a wish list of items that can be donated or purchased. Consider joining a committee. Our residents also benefit from professional experiences such as mock interviews. Other offerings include sharing suppers, welcome baskets, and our Adopt a Woman/Family program. For information, go to [marianhouse.org/how-you-can-help/donate](http://marianhouse.org/how-you-can-help/donate)



## Marian House

949 Gorsuch Ave., Baltimore, MD 21218  
[marianhouse.org](http://marianhouse.org) | 410.467.4121



**Since 1911, Maryland Legal Aid (MLA)** has provided free, life-changing civil legal assistance to eligible Maryland individuals and families. MLA addresses the civil legal needs of more than 120,000 low-income and vulnerable clients each year, including older adults, veterans, victims of abuse and neglect, low-wage earners, and the disabled.

MLA serves communities in all 23 Maryland counties and Baltimore City from 12 full-service offices with targeted programs for child victims of abuse and neglect, the elderly, nursing home and assisted-living residents, seasonal farmworkers, and veterans.

**Our work ranges from information referrals** and brief legal advice to extended legal representation and litigation. We are also involved in community education, pro se assistance, pro bono coordination and referrals, and policy advocacy.

MLA's Equal Justice Council (EJC) includes leaders from the legal and business communities who serve as ambassadors for MLA, raising funds and awareness in support of MLA's work. MLA's Equal Justice Associates (EJA) is a group of dynamic young attorneys who support MLA's mission of providing real access to civil legal services for low-income Marylanders through fundraising and organizing meaningful pro bono service. Learn more at [mdlab.org/ways-to-give/equal-justice-associates](http://mdlab.org/ways-to-give/equal-justice-associates).

**If you are an attorney,** consider providing pro bono services to MLA. Visit [mdlab.org/lawyersdogoodwork](http://mdlab.org/lawyersdogoodwork) to learn more.



## Maryland Legal Aid

500 E. Lexington St., Baltimore, MD 21202  
[mdlab.org](http://mdlab.org) | 410.951.7777



“

*I came to Pro Bono Counseling because mental health treatment was unaffordable to me ... I can't imagine what the last year of my life would have been like without treatment.*

” - Ryan

Visit [ProBonoCounseling.org](http://ProBonoCounseling.org) for a video featuring Ryan and other PBCP clients telling their own stories.

Photo courtesy of Joe Rubino

PRO BONO  
COUNSELING  
PROJECT

## Pro Bono Counseling Project

P O Box 662, Riderwood, MD 21139  
[probonocounseling.org](http://probonocounseling.org) | 410.825.1001

**The Pro Bono Counseling Project** (PBCP) was founded to connect Marylanders with limited resources to compassionate and qualified mental health professionals at no cost. Since its founding in 1991, the Pro Bono Counseling Project has helped more than 30,000 individuals and families throughout Maryland connect with volunteer counselors and obtain the mental health care they could not otherwise afford. Presently, PBCP has more than 700 volunteer clinicians all over the state of Maryland who give more than 9,000 plus hours of their time each year.

For over 25 years, PBCP has provided access to mental health care through its mission to ensure that Marylanders with limited resources requesting mental health care are provided access to volunteer licensed mental health professionals and other necessary services. Pro Bono Counseling's values are a commitment to compassion, dignity, resourcefulness, respect, stewardship, and teamwork for all of its stakeholders.

**PBCP is supported** entirely by the generosity of individual contributions, public funds, and private and corporate foundations. It holds two giving appeals each year and in November its board members will match all gifts received in

- The Pro Bono Counseling Project (PBCP) is a free mental health referral service.
- PBCP has volunteer clinicians all over Maryland.
- It has a network of more than 700 licensed mental health clinicians who volunteer for free.
- Families, couples, and individuals who are experiencing stress, grief, or sadness and want to make a change in their lives but are unable to afford the help they need are eligible for free services and resources.
- To get help, call 410-825-1001 to schedule a confidential phone interview.

celebration of Giving Tuesday. Continuing education workshops are also held free of charge for volunteer clinicians—corporate sponsorships for these events support PBCP's activities. For more information on how you can help, or to see a list of major funders, please visit [ProBonoCounseling.org/support](http://ProBonoCounseling.org/support).

**To make a life-changing gift** to help those who otherwise cannot afford mental health therapy, visit its webpage at [ProBonoCounseling.org](http://ProBonoCounseling.org) and click the donate button.

When you enroll as a volunteer with the Project, you are part of a movement to improve access to mental health care in Maryland. If you are a licensed mental health professional and would like to help, visit [ProBonoCounseling.org/clinicians/get-involved](http://ProBonoCounseling.org/clinicians/get-involved).

Other opportunities include presenting a workshop to providers, joining the board of directors, or sponsoring an event.

Link for donations: [ProBonoCounseling.org](http://ProBonoCounseling.org).





**We've got a wide reach:** Maryland residents and those accessing our website from anywhere in the world can benefit from our online resources, on-site programs, and exhibits. We customize our programs for youth and/or adults to expand the knowledge of women's contributions, past, present, and into the future.

**The mission of the center** is to achieve positive change in the lives of Marylanders by recognizing and documenting contributions of women to our social, political, and economic order, and promoting opportunities and equality for women and girls.

With our maxim of "Adding HERstory to history to tell OURstory," the center has a number of key fundraising initiatives:

- Virginia Hall—America's Greatest Spy, Oct. 19, 2019
- Maryland Women in the Suffrage Movement panel Nov. 16, 2019
- Amending America: How Women Won the Vote, Feb. 23, 2020
- WOW Conference in Partnership with the Maryland Suffrage Commission, March 7, 2020
- "What is your SUPERPOWER and how do you use it?" March 31, 2020

Additional programs and events to be added. Please check our website for all current listings.

**How to get involved:** Please contact Executive Director Diana Bailey for more information and to get involved: [mwhcdiana@gmail.com](mailto:mwhcdiana@gmail.com). Link for donations: [mdwomensheritagecenter.org/donations](http://mdwomensheritagecenter.org/donations).



## Maryland Women's Heritage Center

P.O. Box 719, Brooklandville, MD 21022  
[mdwomensheritagecenter.org](http://mdwomensheritagecenter.org) | 443.996.1788



**Our mission is to foster a community** that cares for those living with life-threatening diseases by preparing and delivering nutritious meals and providing nutrition counseling and other services.

We serve individuals who are undergoing medical treatment for serious chronic illnesses such as HIV, cancer, diabetes, renal disease, or cardiovascular disease, as well as people in hospice. Our typical recipient is unable to access, afford, or prepare healthy meals for themselves. In 2018, we served more than 740,000 meals to over 6,000 individuals. In addition to our home-delivered meals program, we also provide medical transportation and Medical Nutrition Therapy—all at no cost to our clients.

**Events supporting the cause** include Ride For the Feast, a two-day, 140-mile bicycle ride from Ocean City to Baltimore. Registration for the 2020 event, on May 2–3, opens on December 1 at [rideforthe Feast.org](http://rideforthe Feast.org). Dining Out For Life is a one-day event where we partner with restaurants throughout Maryland who agree to donate a minimum of 25 percent of their sales that day back to Moveable Feast. To learn more, visit [diningoutforlife.com/Baltimore](http://diningoutforlife.com/Baltimore).

**Moveable Feast relies heavily on volunteers** to help prepare meals, make deliveries to our clients, and assist with events. For more information about getting involved as a volunteer or to support Moveable Feast with a gift, please visit [mfeast.org](http://mfeast.org) or text "Feast" to 56512 to donate today!



## Moveable Feast

901 N. Milton Ave., Baltimore, MD 21205  
[mfeast.org](http://mfeast.org) | 410.327.3420



## NAMI Metropolitan Baltimore

6600 York Rd., Ste. 204, Baltimore, MD 21212  
namibaltimore.org | 410.435.2600

**One in five people will experience a** mental health condition this year. And because about half of long-term mental health conditions begin by age 14, early intervention and treatment is essential to recovery.

**For 36 years, NAMI Metropolitan Baltimore** has provided help and hope to people living with mental health challenges and their families in Baltimore City and County. An affiliate of the National Alliance on Mental Illness, NAMI Metropolitan Baltimore is the largest chapter in Maryland.

Our free education, support, and advocacy programs reach more than 9,500 individuals annually. We work towards our goal of becoming a stigma-free community by offering innovative education, support, and awareness programs to such audiences as families and caregivers, law enforcement, high school and college students, business leaders and employees, and health professionals.

Our more than 250 active volunteers answer the Helpline, facilitate support groups, lead classes, and share their personal stories to help others.

**Opportunities to give** include online, designated workplace giving campaigns, gifts of stock, and corporate sponsorship opportunities. Community members are invited to join us for NAMI Walks Maryland, held each June at the Inner Harbor, to raise awareness and funds to support NAMI services. Visit [namibaltimore.org](http://namibaltimore.org).



**Penn-Mar empowers equality,** opportunity, and inclusion for more than 400 adults with intellectual and developmental disabilities. Poverty and disability are intricately related, and people with disabilities face significant barriers to full inclusion in the workplace and the community. Full inclusion and access to opportunity for people with disabilities is a key civil rights and social justice issue of our time.

**Our mission is to transform life** into living in ways that promote value, independence, and self-determination. Through meaningful employment, community inclusion, and residential choice, the people we support live a life of purpose and meaning. Innovation and a pioneering spirit are the heartbeat of our services. Our approach is unique, empowering, and successful.

March 2, 2019, Passport to the World—A Perfect Pairing of Fine Wine & Cuisine. Join more than 600 community influencers for a black-tie event raising more than \$750,000 to support the mission of Penn-Mar. Visit [penn-mar.org/black-tie-gala](http://penn-mar.org/black-tie-gala) for event updates and sponsorship/ticket sales.

**There are many ways to serve.** To learn about opportunities, contact Kathy Rogers at [kathyrogers@penn-mar.org](mailto:kathyrogers@penn-mar.org). Support us through United Way by designating Penn-Mar Human Services.



## Penn-Mar Human Services

310 Old Freeland Rd., Freeland, MD 21053  
10709 Susquehanna Trl., Glen Rock, PA 17327  
[penn-mar.org](http://penn-mar.org) | 410-343-1069



**Project PLASE** (People Lacking Ample Shelter and Employment) addresses homelessness in Baltimore by providing temporary housing, permanent housing, and supportive services to homeless men, women, and families. PLASE serves the most vulnerable, including veterans, ex-offenders, and individuals with HIV/AIDS, mental illness, addictions, and physical disabilities. PLASE strives to treat the whole person, empowering each individual to function at the highest level possible.

**Our main office also serves** as one of our temporary housing facilities. We are launching a capital campaign to convert that building into 56 one-bedroom permanent housing units for homeless veterans, along with 32 beds open to homeless individuals on a temporary basis. Join us as we kick off this campaign, and celebrate 45 years serving the Baltimore homeless community, at our first annual Blanket Ball fundraiser, sponsored in part by WYPR 88.1.

**To purchase tickets** or become a sponsor, please visit [tinyurl.com/BlanketBall](http://tinyurl.com/BlanketBall).

To learn more about their programs, volunteering, or donating, visit us at [projectplase.org](http://projectplase.org).

**We can also be reached** at [info@projectplase.org](mailto:info@projectplase.org), [jborkoski@projectplase.org](mailto:jborkoski@projectplase.org), or by phone at 410-837-1400 ext. 121.



## Project Plase

3549-3601 Old Frederick Rd., Baltimore, MD 21229  
[projectplase.org](http://projectplase.org) | 410.837.1400 ext. 221



The Early Years Matter!

**Every child in Maryland** should have the foundational skills needed for success in school, career, and life. Nearly half of Maryland kindergarteners are not prepared with the cognitive, physical, and social-emotional skills to succeed in school. Ready At Five works with families, early educators, policy makers, and community members to ensure that more children—especially those with disabilities, dual language learners, and those from low-income families—get the strong start they need to succeed in school and in life.

**We know that children** who have access to high-quality early-learning experiences are more likely to complete high school, graduate college, and become a valuable part of the workforce.

**We work with families**, early childhood educators, policy-makers, and community members to help children acquire the skills they need to enter kindergarten ready to learn. We offer professional development, curricula, and educational materials so more children who enter kindergarten will demonstrate readiness.

**Your gifts matter!** Support families and educators through our programs and resources: \$100 provides a preschool program with School Readiness Activity Cards, \$500 funds scholarships for three early educators to attend a School Readiness Symposium, and \$1500 supports four Learning Parties for 20 parents and their children.



## Ready At Five

5520 Research Park Dr., Ste.150, Baltimore, MD 21228  
[readyatfive.org](http://readyatfive.org) | 410.788.5725



**Ronald McDonald House Charities Maryland** which recently opened a new House in Baltimore, is the state's only Ronald McDonald House and has been home to more than 40,000 families since its founding in 1982. RMHC Maryland's mission, is to provide a "home away from home" for seriously ill children and their families.

Families who stay at the house come from all over the world to seek care from Baltimore's world-renowned medical community and to find refuge, compassion, encouragement, and sustenance. RMHC Maryland helps remove some of the financial burden from the family of a sick child, while playing a vital role in the health care continuum that gives children and their families the time they need to cope better together.

**More than 2,400 families** will depend on Ronald McDonald House Charities Maryland in the coming year. We offer individuals, groups, and businesses many ways to help, including volunteering to prepare a meal for our families, monetary contributions, in-kind donations, participation in the Red Shoe Shuffle 5K Walk/Run, attending our one-of-a-kind HamburGala, or asking to "Round-Up" to the next dollar at participating Maryland McDonald's restaurants.

**Hope has a new address.** Visit our website or follow us on social media to learn how you can help. For more information, please visit [rmhcmaryland.org](http://rmhcmaryland.org) or call 410-528-1010.



Keeping families close

## Ronald McDonald House Charities Maryland, Inc.

1 Aisquith St., Baltimore, MD 21202  
[rmhcmaryland.org](http://rmhcmaryland.org) | 410.528.1010



**The oldest community enrichment center in Baltimore City**, St. Francis Neighborhood Center (SFNC) helps provide the residents of Reservoir Hill, Penn North, and other West Baltimore neighborhoods with the tools they need to advance their lives financially and socially. This can mean anything from Narcotics Anonymous classes to yoga, financial-literacy courses, and job-readiness classes.

**St Francis Neighborhood Center serves more than 500 residents** through education, art, mentoring, and tutoring programs. SFNC also hosts a youth academic summer program, which meets for nine hours a day for eight weeks. All participating students have faced the trauma of living in an impoverished neighborhood, but with SFNC's support, more than 70 percent have achieved a B average or better in school.

**To get involved with SFNC**, join the nearly 1,400 volunteers who logged more than 2,400 hours in 2018 and make SFNC's community-education programs possible. Or consider supporting the organization's capital campaign to renovate and expand its 150-year-old brownstone to serve more youth and families. This project needs extra support due to a recent setback and increased costs. Help SFNC move forward! Link to volunteer: [stfranciscenter.org/what\\_you\\_can\\_do/volunteer](http://stfranciscenter.org/what_you_can_do/volunteer)



## St. Francis Neighborhood Center

2405 Linden Ave., P.O. Box 12279, Baltimore, MD 21217  
[stfranciscenter.org](http://stfranciscenter.org) | 410.669.2612



**Founded by the late entertainer Danny Thomas**, St. Jude Children's Research Hospital is leading the way the world understands, treats, and defeats childhood cancer and other life-threatening diseases. St. Jude freely shares its discoveries, so every child saved at St. Jude means that knowledge can save thousands more children. Treatments invented at St. Jude have helped push the overall childhood cancer survival rate from 20 percent to more than 80 percent today. Its purpose is clear: Finding cures, saving children.® St. Jude won't stop until no child dies from cancer.

**Because the majority of funding** comes from individual contributors, St. Jude can focus on what matters most—saving kids regardless of their financial situation. In fact, families never receive a bill from St. Jude for treatment, travel, housing, or food.

**Annual events include the St. Jude Hope in the Harbor gala**, an evening that celebrates the lives of local St. Jude patients with cocktails, silent and live auctions, and tastings from Baltimore's top restaurants. For information, visit [stjude.org/hopeintheharbor](http://stjude.org/hopeintheharbor). Registration will open in the spring for the annual St. Jude Walk/Run in September for Childhood Cancer Awareness Month. For information or to volunteer, contact [region-arlington@stjude.org](mailto:region-arlington@stjude.org) or visit Facebook @stjudeDMV.



## St. Jude Children's Research Hospital

4600 N. Fairfax Dr., Ste. 900, Arlington, VA 22203  
[stjude.org](http://stjude.org) | 703.650.4500



**Special Olympics Maryland is the state's largest organization** for athletes with intellectual disabilities. We provide year-round sports training and competition for children and adults, offering opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in a sharing of gifts, skills, and friendship.

More than 8,000 Special Olympics athletes participate in 27 different sports year-round in Maryland. These competitions bring athletes and their families together through sport, helping to create a world where opportunity is not limited by disability. Special Olympics also works with Maryland students through the Interscholastic United Sports (IUS) program, which provides an inclusive sports experience in 21 of the state's 24 public school systems, and the Young Athletes Program (YAP), a sport-and-play opportunity for children aged 2-7 with or without disabilities.

**An interesting part of our history:** In the early 1960s, Eunice Kennedy Shriver began a summer camp in her Rockville backyard to give people with intellectual disabilities equal access to the camp experience. Shriver's pioneering work grew into Special Olympics.

**Special Olympics Maryland hosts** events throughout the year, including the Polar Bear Plunge, the Deep Creek Dunk, Over the Edge, and the Torch Gala, all to raise funds to support our programs.



## Special Olympics Maryland

3701 Commerce Dr., Ste. 103, Baltimore, MD 21227  
[somid.org](http://somid.org) | 410.242.1515



## Susan G. Komen Maryland

303 International Circle, Ste., 390, Hunt Valley, MD 21030  
komenmd.org | 410.938.8990

**Susan G. Komen is the world's largest nonprofit funder** of breast cancer research outside of the federal government. With the maxim of "Where the end of breast cancer begins," we support research that not only seeks to understand the causes and prevent the disease, but also works toward more effective treatments, better diagnostic tools, and improved quality of life for those with breast cancer. More than 1 million people globally participate in Komen events each year, and some 370,000 advocates nationwide work for increased research and better access to high-quality care.

**Komen Maryland funds breast-health programs** that provide screening, diagnostics, treatment assistance, and clinical trials for women and men across the state, including Frederick County Health Department, MedStar Franklin Square Hospital, University of Maryland, St. Agnes Hospital, Moveable Feast, and Nueva Vida. Our MORE THAN PINK initiative reminds our constituents that we are about more than a color. We encourage people to become active volunteers, host fundraisers, contribute their old cars, or remember us in their estate plans.

**Komen Maryland will hold More Than Pink Walks** on October 13, 2019 in Columbia and April 25, 2020 in Ocean City. The Promise Ride Cycling event will be held in June, in Edgewater. Link for donations: [komenmd.org](http://komenmd.org)

# Give Baltimore

WE'RE PROUD TO SUPPORT THESE MISSIONS AND EFFORTS IN OUR BACKYARD.  
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Baltimore  
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