

MUSLIM SUPPORT CARD

私は宗教上の理由から以下の × で示した品目は摂取できません。
食材、調味料、原材料等に含まれていたら教えてください。

I cannot intake any of the following items marked with × for religious reasons. Please tell me if any of them is included in foodstuffs, seasonings, ingredients or the like.



豚肉
Pork

ハム、ベーコン、サラミなどの加工品や豚骨出汁、ゼラチン等の豚由来成分も含まれます

Prohibited items also include processed foodstuffs such as ham, bacon, salami, etc., and pig-derived ingredients such as pork bone soup, gelatin, etc.



ラード
Lard



牛肉
Beef



鶏肉
Chicken



羊肉
Mutton and lamb



アルコール
Alcohol



料理酒・みりん
Cooking sake/
Sweet cooking rice wine



アルコール添加醤油
Soy sauce with alcohol



動物性ショートニング
Shortening
(of animal origin)

その他、食べられないもの / Other items that cannot be eaten

Crab(カニ) Shrimp(エビ) Shellfish(貝)

Please mark the relevant pictograms or check boxes with ×.



SHORYUDO CENTRAL JAPAN for Muslim Visitors Travel Guide



Welcome to SHORYUDO!



NAGOYA MOSQUE
CHAIRMAN OF BOARD OF DIRECTORS
QURESHI ABDUL WAHAB

Assalamu Alaikum and welcome to Japan!
I am sure you will have a pleasant stay here. Japan is an environment comfortable for all Muslims due to the characteristics that Muslims and Japanese people have in common. As if they follow the Sunnah, people here are honest, polite, caring, and have compassion and respect towards others. Inshallah, you will make wonderful and splendid memories in Japan that you will never forget.



NAGOYA MOSQUE
VICE CHAIRMAN OF BOARD OF DIRECTORS
(Professor, Kinjo Gakuin University)
IKURO YAMAMOTO

The "SHORYUDO project" was started by 9 prefectures in the Chubu Region, located in the center of Japan. Since the project's inception, the private and public sectors have been working together to create an environment where you can enjoy Japanese culture through accommodations and food without having any conflict with your foreign culture, in particular, Islamic and other religious cultures, so that you can enjoy to the full extent the rich tourist resources of Chubu. We are confident that, while traveling in "SHORYUDO," you will be enchanted by the richness of nature and the great sensitivity of Japanese culture.



写真提供協力：岐阜県白川村役場、古田直樹、一般社団法人信州・長野県観光協会、公益社団法人びわこビジターズビューロー、公益社団法人福井県観光連盟、公益社団法人三重県観光連盟、高山市、一般社団法人愛知県観光協会、公益財団法人名古屋観光コンベンションビューロー、株式会社ドリームプラザ

Travel advice for the Shoryudo area

Places of worship

- See P.11~12 for facilities which provide a space for worship.
- See P. 14 for the nearest mosque. Since Japanese mosques are not open around the clock, please check in advance.

Wudu

- Since there are few dedicated facilities for Wudu in Japan, it is advisable to perform Wudu before going out.
- When performing Wudu in Japan, please be careful not to splash water too much in the washing area. Please take care so that the next person can also use the place comfortably.

Food & drink

- There are many Japanese dishes that you can eat without anxiety such as sushi, tempura, soba (buckwheat noodles), udon (wheat noodles), fish and shellfish, etc.
- Japanese fruits are high-quality, fresh and delicious to eat.
- "Mirin" (sweet cooking rice wine) is a common seasoning (alcohol) used in Japanese food. However, it evaporates when cooked.

Souvenirs

- Some souvenirs contain lard, gelatin or emulsifier (shortening) with a pig-derived ingredient. When buying souvenirs, show the Muslim support card at the end of this book to the store staff to make sure your purchases do not contain prohibited ingredients.

Restrooms

- Toilets equipped with an automatic cleaning function (bidet) can be found almost everywhere in Japan. At the push of a button, water is sprayed automatically for cleansing.

Public baths/hot springs

- In a Japanese public bath, you take off all your clothes to take a bath. In principle, it is not allowed to have your swimsuit on or a towel around your body.
- However, there are some facilities where you can reserve time for private bathing. Please check in advance. (P. 11~12)

Wi-Fi spots

- Free Wi-Fi spots are scattered around Japan. Wi-Fi is available at hotels, restaurants, beverage vending machines, etc., and is indicated with a sticker with one of the following marks. Also, it is available in the vicinity of some tourist information centers. FON users can also use Wi-Fi in FON spots in Japan.

Example of a Wi-Fi mark



SHORYUDO in Winter

(December through March)



Japan's spiritual home - SHORYUDO

Kanazawa Kenroku-en Garden

Shinhotaka Ropeway

Shirakawa-go



Hida Takayama

Matsumoto Castle

Jigokudani Snow Monkeys

Lake Biwa cruise

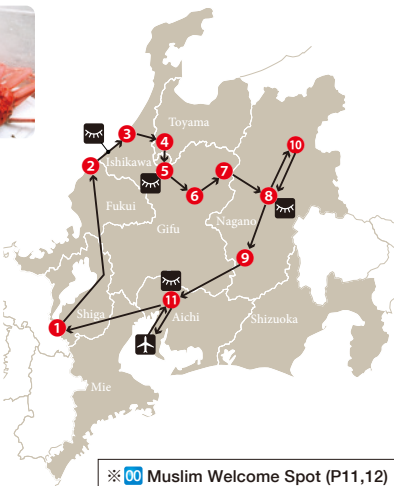
December through March / For tour groups: five days and four nights

Japan's spiritual home - SHORYUDO

Snow-covered scenery,
Japanese culture and food experience

Snow-covered scenery of SHORYUDO presents not only natural beauty but also snow scenery filled with an air of history and culture where you can feel the atmosphere of a Japanese hometown. Also, delicious Japanese dishes can be enjoyed in various places during the trip.

- ✈ Arrive at Chubu Centrair International Airport [22]
- ① Lake Biwa cruise
- ② Tojinbo
- 🏠 Stay in Fukui Pref. or Ishikawa Pref. (crab dishes)
- ③ Kanazawa (Kenroku-en garden, Higashi Chaya) (gold leaf workshop, sushi dishes, and more) [4]
- ④ Gokayama
- ⑤ Shirakawa-go
- 🏠 Stay in Hida Takayama [16]
- ⑥ Takayama (morning market, traditional row houses)
- ⑦ Shinhotaka Ropeway [15]
- 🏠 Stay in Matsumoto or Nagano Pref.
- ⑧ Matsumoto Castle ~ ⑨ Tsumago/Magome (soba)
- ⑩ Jigokudani Snow Monkeys
- 🏠 Stay in Nagoya
- ⑪ Nagoya City (sightseeing and shopping)
- ✈ Depart from Chubu Centrair International Airport [22]



✳ 00 Muslim Welcome Spot (P11,12)

SHORYUDO in Spring

(Middle to late April)



SHORYUDO with snow and cherry blossoms

Hida Takayama

Shirakawa-go

Shirakawa-go

Matsumoto Castle

Strawberry picking

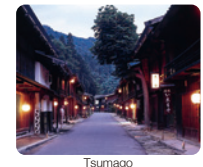
Tateyama Kurobe Alpine Route

Middle to late April / For tour groups: five days and four nights

SHORYUDO with snow and cherry blossoms

The attraction of "SHORYUDO in Spring" is to enjoy both snow and cherry blossoms at the same time. Admire the Great Valley of Snow at Tateyama Kurobe Alpine Route as well as cherry blossoms at the World Heritage site of Shirakawa-go, Hida Takayama, and other scenic sights.

- ✈ Arrive at Chubu Centrair International Airport [22]
- ① Gujo Hachiman (cherry blossoms)
- 🏠 Stay in Gero hot springs
- ② Hida Takayama (cherry blossoms)
- ③ Shirakawa-go (cherry blossoms)
- 🏠 Stay in Kanazawa [1 2 3]
- ④ Tateyama Kurobe Alpine Route (Great Valley of Snow)
- 🏠 Stay in Matsumoto or Nagano Pref. [7 8 11]
- ⑤ Matsumoto Castle (cherry blossoms)
- ⑥ Tsumago/Magome (cherry blossoms)
- 🏠 Stay in Nagoya
- ⑦ Strawberry picking (Gamagori or Irago)
- ⑧ Nagoya (sightseeing and shopping)
- ✈ Depart from Chubu Centrair International Airport [22]



SHORYUDO in Spring to Early Summer

[May through June]

Travel with full enjoyment of fresh greenery and majestic nature



Kamikochi



Japan Alps



Tateyama Kurobe Alpine Route



Gifu Nagara River cormorant fishing



Mt. Fuji



Shirakawa-go



Lake Hamana

May through June / For tour groups: five days and four nights

Travel with full enjoyment of fresh greenery and majestic nature

SHORYUDO from May through June offers beautiful natural scenery of fresh-green mountains and highlands. Mt. Fuji, a symbol of Japan, is beautiful all year around. Enjoy cormorant fishing in a river, cruising in a lake and other attractions offered by Mother Nature.

✈ Arrive at Chubu Centrair International Airport [22]

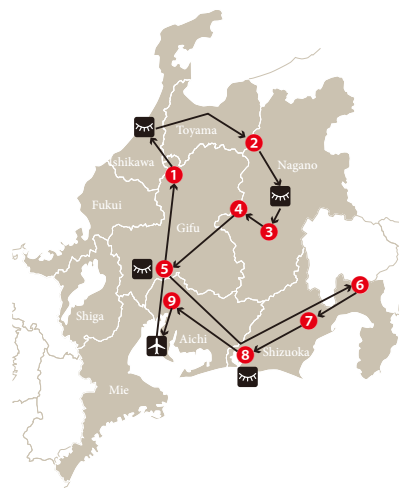
- 1 Shirakawa-go
- 2 Stay in Kanazawa [1 2 3]
- 3 Tateyama Kurobe Alpine Route
- 4 Stay in Matsumoto or Nagano Pref. [7 8 11]
- 5 Japan Alps
- 6 Kamikochi
- 5 Gifu Nagara River cormorant fishing
- 6 Stay in Gifu [12]
- 6 Mt. Fuji 7 Ocha-No-Sato
- 8 Lake Hamana sunset cruise
- 9 Stay in Kanzanji hot springs
- 9 Nagoya (sightseeing and shopping)
- ✈ Depart from Chubu Centrair International Airport [22]



Ocha-No-Sato



Nagoya



SHORYUDO in Summer

[July through August]

Enjoy SHORYUDO with your family



Ninja Museum of Igaryu



Nagoya City



Nagashima Resort



Mikimoto Pearl Island



Toba Aquarium



Suzuki Plaza



CHIBI MARUKO CHAN LAND

July through August / For tour groups: five days and four nights

Enjoy SHORYUDO with your family

For a family trip in summer, it is recommended to visit amusement facilities and museums in SHORYUDO. Ranging from a large-scale amusement facility to the Ninja Museum of Igaryu, an aquarium, and melon picking, there are plenty of attractions for families to enjoy.

✈ Arrive at Chubu Centrair International Airport [22]

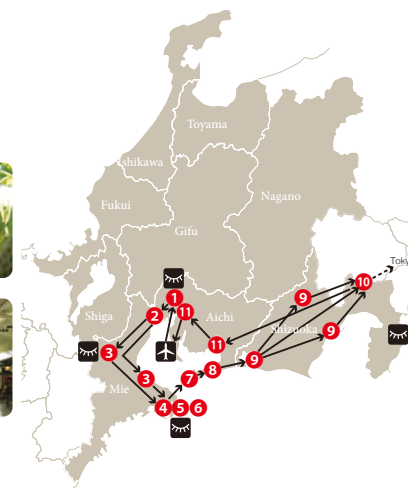
- 1 Nagoya City (museum, zoo, aquarium, city shopping, and more) [20]
- 2 Stay in Nagoya
- 2 Nagashima Resort (amusement park, outlet mall) or Suzuka Circuit
- 3 Stay in Iga or Mie Pref.
- 3 Ninja Museum of Igaryu or Ise Azuchimomoyama Bunkamura
- 4 Tour of female divers' huts in Toba [26 31]
- 5 Mikimoto Pearl Island [27]
- 6 Toba Aquarium
- 6 Stay in Toba [24 25]
- 7 Isewan Ferry cruise
- 8 Melon picking around Irago
- 9 Suzuki Plaza or CHIBI MARUKO CHAN LAND or Ride on steam locomotive
- 10 Mt. Fuji
- 9 Stay in Izu Peninsula [18]
- 11 Laguna Gamagori or Port of Nagoya Public Aquarium
- ✈ Depart from Chubu Centrair International Airport, or Haneda or Narita (In the case of Haneda or Narita, add Tokyo Disney Resort to the itinerary.)



Melon picking



Centrair



SHORYUDO in Autumn

(November)

Visiting historical sites and autumn leaves



Heizan Enryakuji Temple



Korankei Valley



Kumano Kodo Iseji



Tojinbo



Ago Bay



Gokayama



Tour of female divers' huts

November / For tour groups: five days and four nights

Visiting historical sites and autumn leaves World Heritage tour

✈ Arrive at Chubu Centrair International Airport [22]

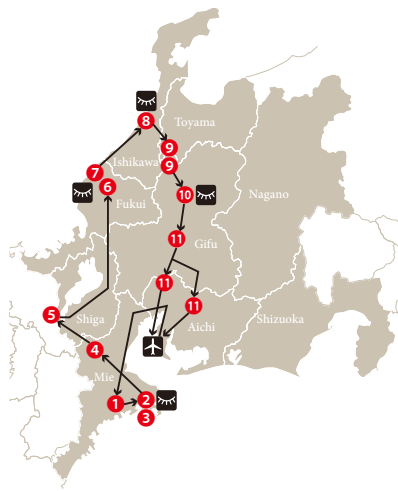
- 1 Kumano Kodo Iseji
- 2 Ago Bay
- 3 Tour of female divers' huts in Toba [26 31]
- ✈ Stay in Shima or Toba [24 25]
- 4 Ninja Museum of Igaryu
- 5 Heizan Enryakuji Temple (autumn leaves)
- ✈ Stay in Fukui Pref.
- 6 Eihei Temple (autumn leaves)
- 7 Tojinbo
- 8 Kanazawa (Kenroku-en garden (autumn leaves), Higashi Chaya, and more)
- ✈ Stay in Kanazawa [1 2 3]
- 9 Gokayama/Shirakawa-go (autumn leaves)
- 10 Takayama
- ✈ Stay in Takayama or Gero hot springs [16]
- 11 Gujo-Hachiman or Inuyama or Korankei Valley (autumn leaves)
- ✈ Depart from Chubu Centrair International Airport [22]



Hida Takayama



Inuyama Castle



World Heritage tour of SHORYUDO: Kumano Kodo Iseji, Enryakuji Temple, Gokayama and Shirakawa-go villages with thatched-roofed homes. Surrounded with beautiful autumn leaves, explore world heritage sites, Kanazawa, Hida Takayama and other representative historical and natural landscapes of SHORYUDO.

Japanese Food

No Pork & No Alcohol

Delicious Japanese food is provided in various parts of "SHORYUDO." These are typical pork-free and alcohol-free dishes. However, not all of them are halal. When you order dishes at shops/restaurants, please check whether they are free from pork/alcohol.



Seafood dishes at female divers' huts



Hoba Miso (food grilled with fermented soybean paste and magnolia leaves)



Sushi



Soba



Crab



Ise lobster



Special dishes for Muslims at Ryokan



Sashimi (raw sliced fish)



Halal restaurants in Nagoya

There are major restaurants in Nagoya where halal food is served. For information on each restaurant, please check the following website:

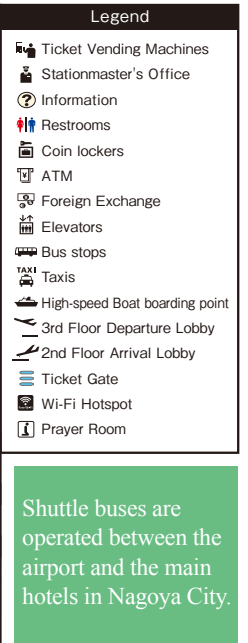
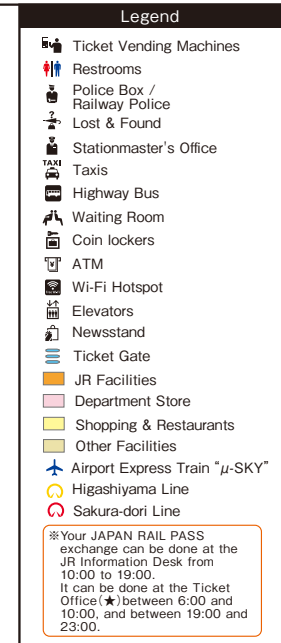
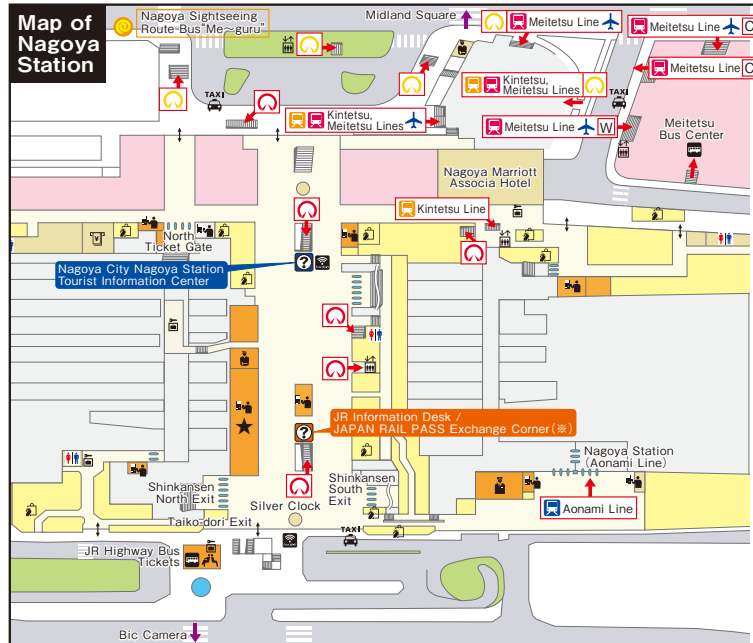
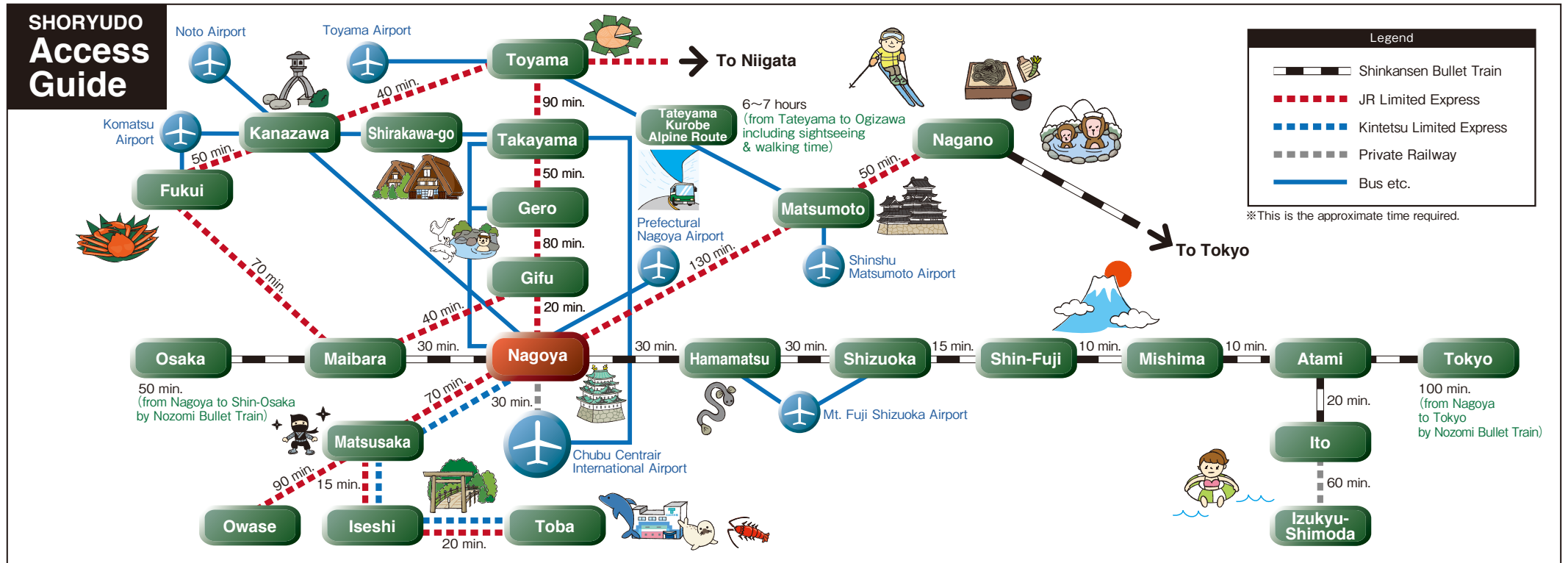
<http://nagoyamosque.com/information-for-muslim/halal-aichi>

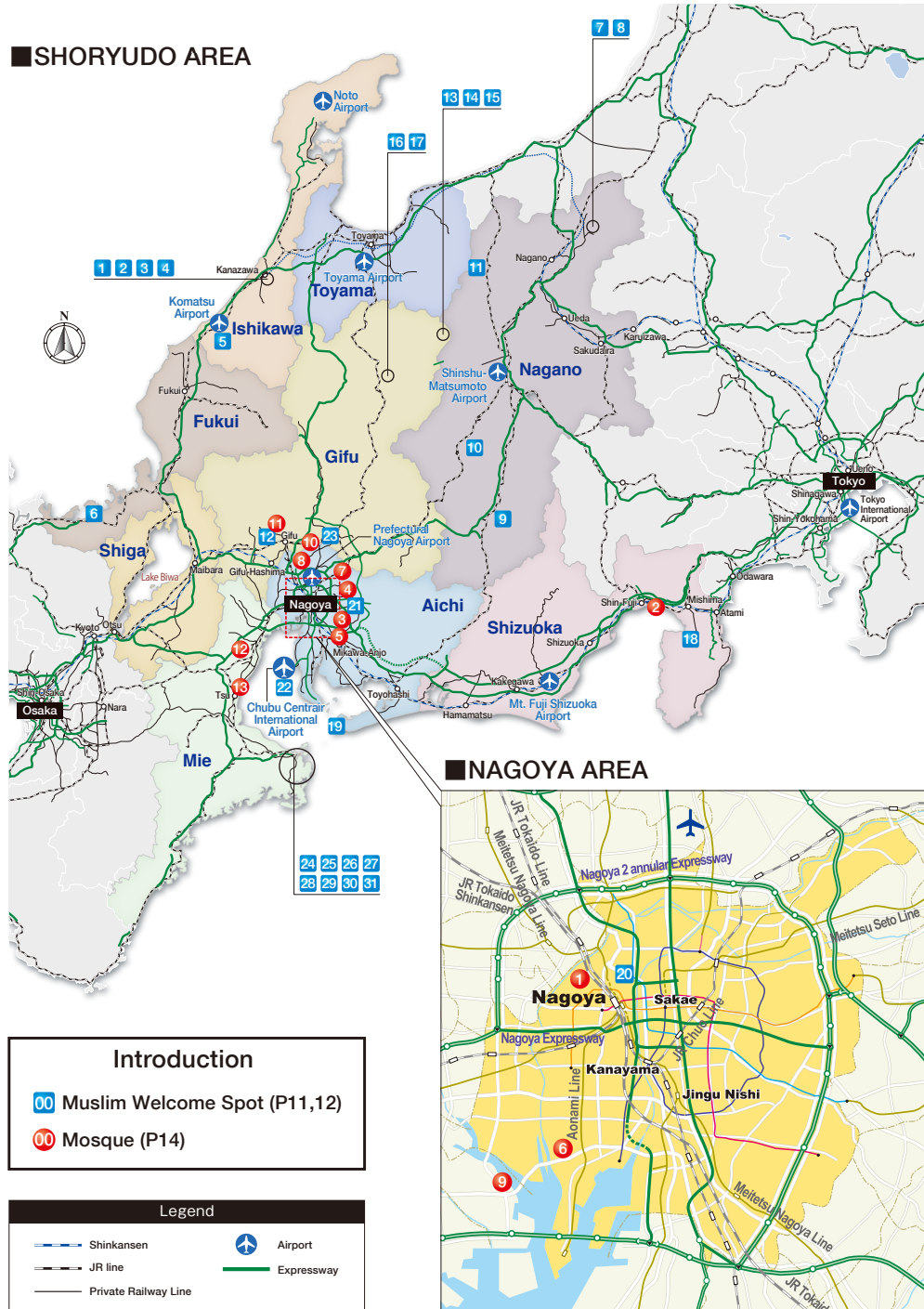
Chubu Centrair International Airport

Some shops/restaurants at Chubu Centrair International Airport also provide pork-free/alcohol-free food.

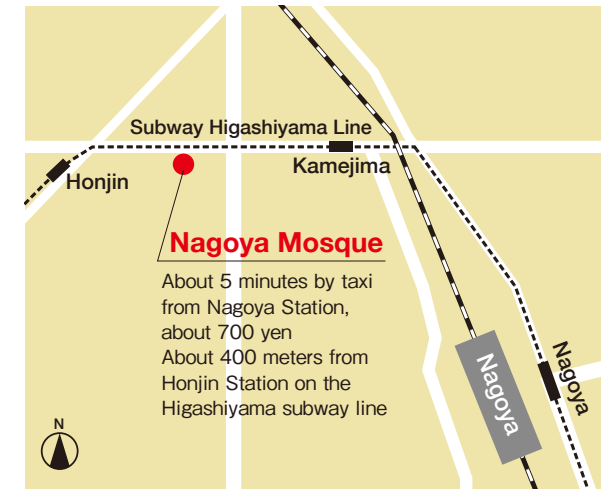
Hai Shang Lou [Non-restricted area] Terminal Building, 4F Sky Town

DELI & CAFE [International Flight Restricted area] Terminal Building, 3F Departure Lobby





Nagoya Mosque



This is a list of the mosques in the SHORYUDO area.

Name of Masjid (Mosque)	Location Telephone Number	Nearest Station
1 Nagoya Mosque	2-26-7 Honjindori, Nakamura-ku Nagoya-shi TEL (+81) 52-486-2380	Nagoya Subway Honjin Station (400m)
2 Fuji Masjid	2561-69 Nakazato, Fuji-shi, Shizuoka TEL (+81) 545-33-2818	JR Higashi Tagonoura Station (850m)
3 Toyota Masjid	28-1 Aoki, Tsutsumicho, Toyota-shi, Aichi TEL (+81) 565-51-0285	Meitetsu Takemura Station (2.7km)
4 Seto Masjid	326-1 Yamaguchicho, Seto-shi, Aichi TEL (+81) 565-51-0285	Aichi Loop Line Yamaguchi Station (350m)
5 Shin Anjo Masjid	1-11-15 Imaikecho, Anjo-shi, Aichi TEL (+81) 566-74-7678	Meitetsu Shin-Anjo Station (300m)
6 Nagoya Port Masjid	33-3 Zennancho, Minato-ku Nagoya-shi TEL (+81) 52-384-2424	Aonami Line Inaei Station (1.5km)
7 Kasugai Islamic Center	1381 Kagiyacho, Kasugai-shi, Aichi TEL (+81) 568-88-3084	JR/Aichi Loop Line Kozoji Station (5.9km)
8 Ichinomiya Islamic Center	988-2 Azanittasato, Tanyocho Shigeyoshi, Ichinomiya-shi, Aichi TEL (+81) 0586-64-9379	Meitetsu Ishibotoke Station (3.0km)
9 Masjid Al-Mustafa	40-2 Nishume, Umenogo Tobishima-mura, Ama-gun, Aichi TEL (+81) 567-69-6656	Aonami Line Arakogawa-koen Station (6.8km)
10 Kakamigahara Mosque	4-18 Miicho, Kakamigahara-shi, Gifu	Meitetsu Shin-Naka Station (1.6km)
11 Gifu Masjid	8-10 Higashimachida, Furuichiba, Gifu-shi, Gifu TEL (+81) 58-260-7042	Meitetsu Meitetsu Gifu Station (6.4km)
12 Suzuka Masjid	436-3 Shikamacho, Yokkaichi-shi, Mie TEL (+81) 59-328-2825	JR Kawano Station (5.9km)
13 Mie Masjid	1426-1 Kurimamachiyocho, Tsu-shi, Mie TEL (+81) 59-233-0499	Kintetsu Edobashi Station (2.3km)

24h : available 24 hours M : only for males

The information is valid as of March 2014. Please confirm before using the mosques.

The prayer schedule can be checked by searching the following website:
<http://www.islamicfinder.org/>