

JOIN US AT:

GAVIN PARK TOWN OF WILTON



AMAZING ATHLETES
AGES 3YRS – 6YRS

- 10 Sports
- 10 Major Muscles
- 10 Power Foods
- 6 Key Areas of Motor Development
- Weekly Obstacle Course
- Speed + Agility



AMAZING ATHLETES TOTS
AGES 18M – 2.5YRS

- 10 Sports
- Muscle Discovery
- Intro to Nutrition
- Intro to Motor Development
- Weekly Obstacle Course
- Team Building Activity

**CLASS
OVERVIEW**

**WARM
UP**



**ACTIVE
EDUCATION**



**ACTIVE
SPORT**



**PATIENT
SPORT**



**COOL
DOWN**



CLASS DETAILS

**REGISTRATION FEE \$20
CHILD GETS AMAZING
ATHLETES T-SHIRT!**

**DAY:
MONDAYS**

**PRICE:
\$60 MONTHLY**

**TIME:
12:45 PM - AGES 18M - 2.5 YRS
1:30 PM - AGES 3 - 6 YRS**

**SCAN
TO ENROLL**



CONTACT

**CAPITALREGION@AMAZINGATHLETES.COM
KAYLA BOOMHOWER – OWNER**