

# Evaluation of the Living Kidney Donor Outreach Group

Dr. Monica Beaulieu, Jody Max, Christina Schellenberg

## Background

The best treatment for most patients with end stage renal disease is a living donor kidney transplant (LDKT). Unfortunately LDKT numbers remain low, largely because it is challenging for patients to do donor outreach.

To this end, in the fall of 2020 our team created the monthly "Live Donation Patient & Family Group" as a quality improvement initiative. The group took place over Zoom to help participants become more comfortable with having donor outreach conversations by providing education, resources, tools and emotional support.



Photo credit: BC Transplant website

## Methods & Objective

- Quantitative Likert scale survey
- We sought to determine if participation in the group increased participants' comfort level in doing donor outreach

## Intervention Description

Number of sessions	19
Platform	Zoom
# of facilitators	2
Topics	Guest speakers Donor outreach strategies Education on coping/mental health Open discussion

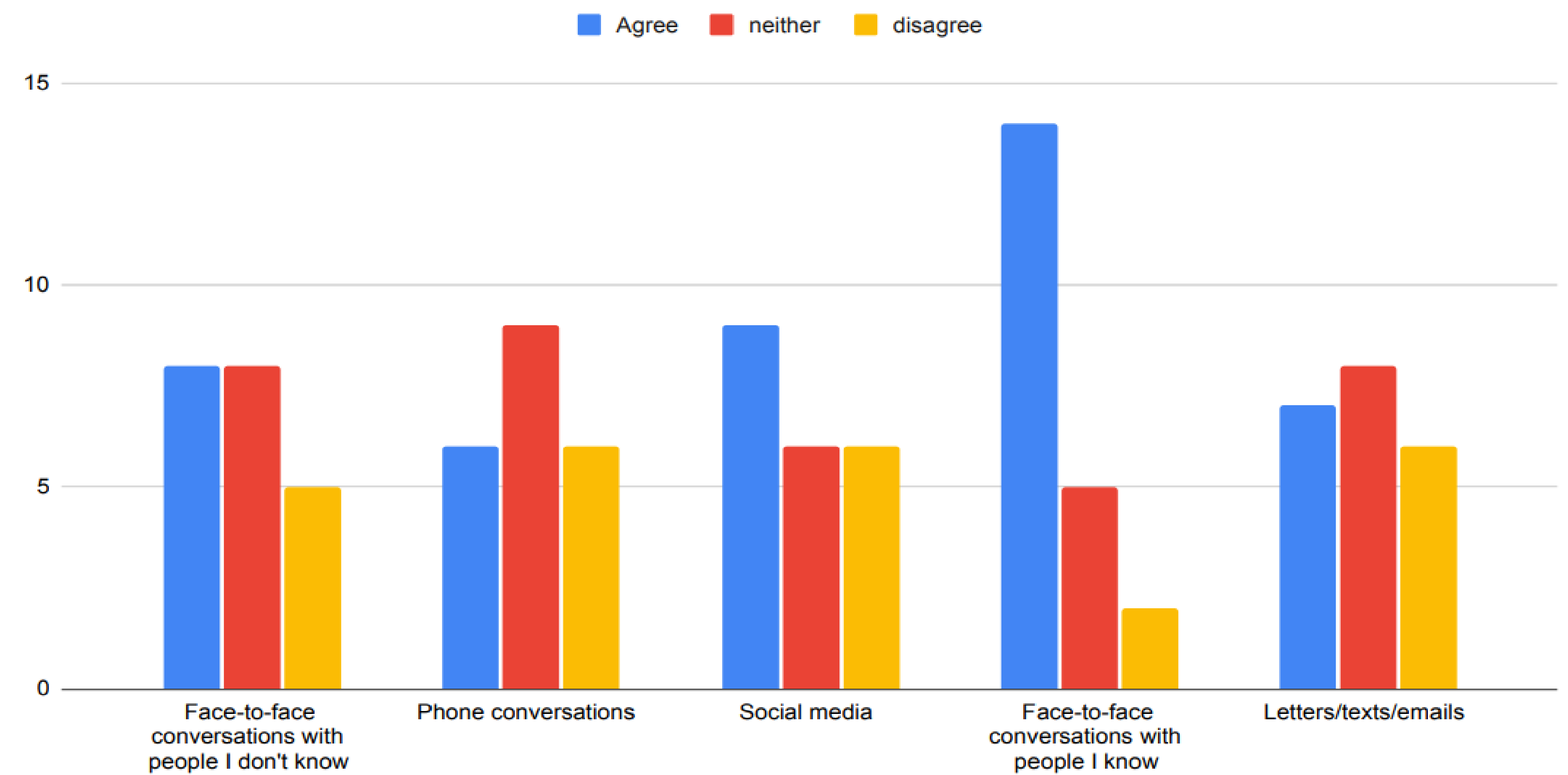
## Results

- 68% of participants report that participation in the group improved their comfort levels
- 67% of participants said the group helped them do more donor outreach
- Several participants reported that the group increased their confidence, knowledge and quality of donor outreach
- 8 participants reported that the quality of their donor outreach improved after attending the group

***"The group helped build confidence in the process, and give me ideas on how to reach out."***

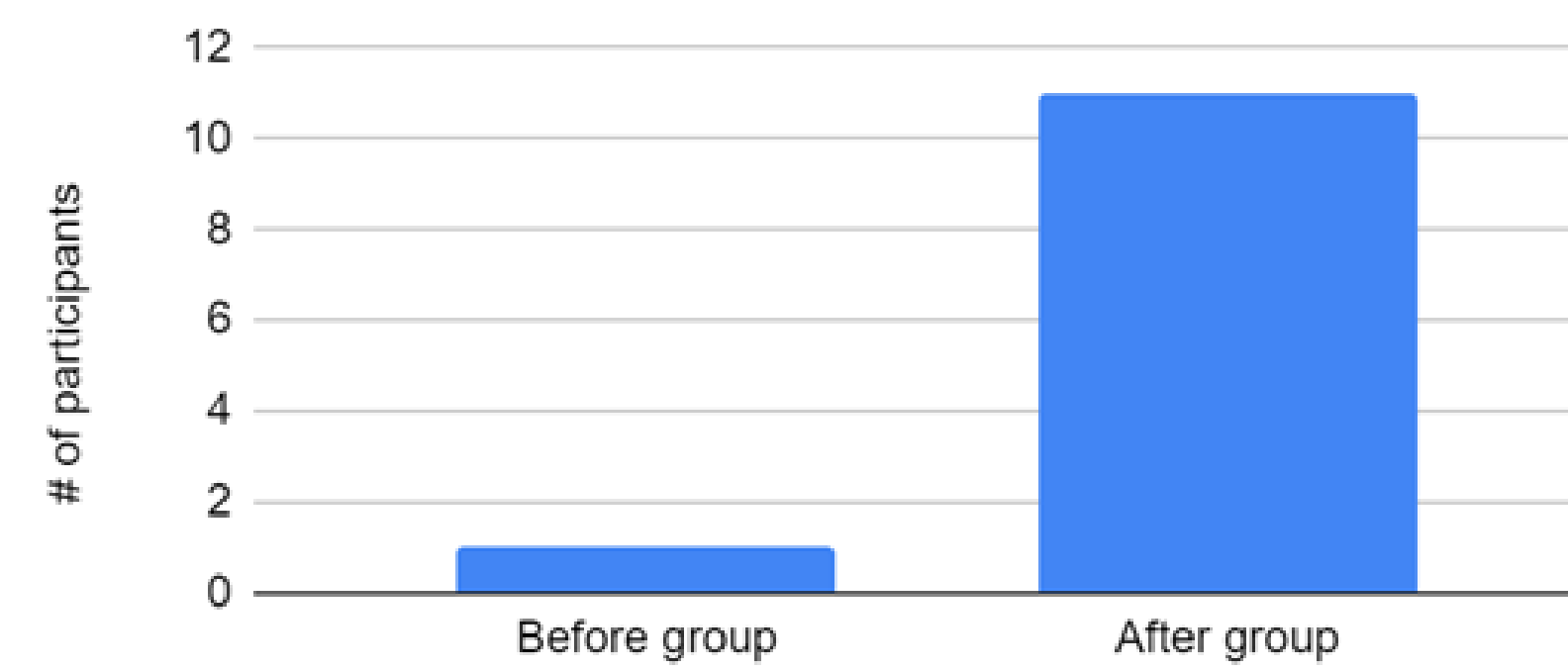
- Group participant

## Ways the group helped participants in donor outreach



Group helped participants do more:

## Participants comfort level in doing donor outreach before and after attending group



Comfort doing donor outreach

## Practice Recommendations

Continue the group in a modified format:

- Time-limited group meetings
- 3 sessions over 3 weeks
- Offer the group twice a year
- Focus on education to increase participant's comfort levels in doing donor outreach

## Acknowledgement

Thank you to our patient partners Shirley & Frank