

IDEAS FOR FUN ENGAGING ACTIVITIES WITH YOUR KIDS

Children love and need autonomy. Give them as many opportunities to make choices throughout the day which will give them a sense of empowerment. At the same time limit those choices to two options to make it simple and easy for them to make a decision. Engage them in what you are doing and listen out for clues and cues as to what their interests are. Often following their interests can lead you both down a path of curiosity and exploration that may surprise you both.

HERE ARE SOME IDEAS FOR THE TEACHING AIDS:

- **Reading**
- **Parachute Sheets**
- **Cooking**
- **Gardening**
- **Office Play**
- **Kitchen Play**
- **Shop Play**
- **Dress Ups**
- **Keepy Uppy**
- **Ball Games**
- **Musical Statues**
- **Board Games**
- **Blocks/Lego**
- **Puzzles**
- **Painting**
- **Playdough**
- **Rice Play**
- **Water Play**
- **Chalk Drawing**
- **Bubble Blowing**
- **Themed Dinners**
Eg. Pick a country and make a meal based on their culture, listen to their music & learn more about that country
- **Origami**
- **Dancing**
- **Yoga**
- **Dress Ups**
- **Cleaning**
- **Fixing**
- **Organising**
- **Meditating**
- **Build Your Own Fort**
- **Hide And Seek**

