



All products on this page are Naturally Gluten and Allergen Free

Dry Roasted Wild Rice® Not Parboiled 100% MN Cultivated

Premium Wild Rice		Select Wild Rice		Wild Rice Pieces	
2 Lb bag	\$10.50 PREM-2	2 Lb bag	\$10.50 SELECT-2		
5 Lb bag	\$26.25 PREM-5	5 Lb bag	\$26.25 SELECT-5	5 Lb bag	\$21.25 HVY-5

Newest Blends!

<u>Magnolia Blend</u>	<u>Westwood Blend</u>	<u>Wild about Grains</u>	<u>Wild about Lentils</u>
2 Lb bag \$9.60 MAG-2	2 Lb bag \$10.40 WEST-2	2 Lb bag \$11.23 GRAIN-2	2 Lb bag \$10.10 LENB-2
Dry Roasted Wild Rice®, white rice, jasmine, basmati, cranberry, golden raisin, pineapple, mango, papaya.	Dry Roasted Wild Rice®, brown rice, cranberry, chickpeas, quinoa, celery, onion, mushroom.	Dry Roasted Wild Rice®, quinoa, red quinoa, black quinoa, millet, amaranth, sorghum.	Dry Roasted Wild Rice®, yellow & green split peas, black, brown & green lentils, millet, carrot, celery, red bell pepper, & onion.

Artisan Blends

<u>Kale & Grain</u>	<u>Lumberjack Soup</u>	<u>Majestic Blend</u>	<u>not my first Rodeo</u>
2 Lb bag \$9.90 KALE-2	2 Lb bag \$10.60 SOUP-2	2 Lb bag \$9.70 MB-2 5 Lb bag \$24.25 MB-5	2 Lb bag \$9.40 RODEO-2
Wild and brown rices, kale, French green lentil, red bell pepper, Job's tears, and red quinoa.	Wild, brown, and red rices, mushroom, job's tears, black rice bean, red quinoa, carrot, celery, and red bell pepper.	Wild and white rices with red quinoa, apricot, pineapple, golden raisin, onion, and red bell pepper.	Wild, brown & red rice, Urad Dal lentil, chickpea, black bean, Adzuki bean, split yellow pea, red bell pepper.

Distinctive Blends

<u>Amber Blend</u>	<u>Calico</u>	<u>Rustic Medley</u>	<u>Savory Mushroom</u>
2 Lb bag \$9.80 AMBER-2 5 Lb bag \$24.50 AMBER-5	2 Lb bag \$9.60 CAL-2 5 Lb bag \$24.00 CAL-5	2 Lb bag \$9.00 RUSTIC-2 5 Lb bag \$22.50 RUSTIC-5	2 Lb bag \$9.80 SMB-2
Wild, brown, red rices, paired with millet, red quinoa and Job's tears.	Wild, brown and red rices paired with Job's tears.	Wild and white rices, Job's tears, black quinoa, split green & split yellow pea.	Wild, brown, and red rices, mushroom, and red quinoa.

Classic Blends

<u>Autumn Harvest</u>	<u>Banquet Blend</u>	<u>Northwoods</u>	<u>Wild n' Cranberry</u>
2 Lb bag \$8.60 AH-2 5 Lb bag \$21.50 AH-5	2 Lb bag \$8.30 BAN-2 5 Lb bag \$20.75 BAN-5	2 Lb bag \$8.80 NW-2	2 Lb bag \$9.30 WCM-2
Dry Roasted Wild Rice®, parboiled white rice, carrot and celery.	Dry Roasted Wild Rice® and parboiled white rice.	Dry Roasted Wild Rice®, parboiled brown rice, red rice, carrot and celery.	Wild and white rices paired with sweetened dried cranberry, and pepita.

sm \$2.50 **Artisan Seasonings** lg \$5.20*

Smoky Chipotle	Garlic Peppercorn*
Italian Seasoning	Classic Sage

sm \$2.20 **Classic Seasoning** lg \$4.85*

Herb Seasoning*	Maple Apple
Savory Seasoning*	

Specialty Products <u>Baking & Flour</u>		NGF= Naturally Gluten Free		
NGF	BANFLOUR-10	10 Lb Bag	Banana Flour, Green, Organic	\$101.60
NGF	BUCFLOUR-10	10 Lb Bag	Buckwheat Flour	\$58.48
NGF	GFCOCO-25	25 Lb Bag	Chocolate Cake Mix	\$147.05
NGF	COCOMILK-5	5 Lb Bag	Coconut Milk Powder	\$55.40
NGF	BLU-10	10 Lb Bag	Cornmeal Blue	\$56.46
NGF	GFFLOUR-10	10 Lb Bag	Gluten Free Flour	\$55.31
NGF	GQUFLOUR-10	10 Lb Bag	Quinoa Golden Flour	\$89.24
NGF	RICEFLOUR-25	25 Lb Bag	Rice Flour	\$113.70
	SEMOL-10	10 Lb Bag	Semolina Flour	\$50.71
NGF	WRFLOUR-10	10 Lb Bag	Wild Rice Flour	\$105.05
Specialty Products <u>Beans</u>		NGF= Naturally Gluten Free		
NGF	EXOTIC-10	10 Lb Bag	10 Way (Exotic) Bean Blend	\$65.66
NGF	21BEAN-10	10 Lb Bag	21 Bean Blend	\$67.68
NGF	ADZ-10	10 Lb Bag	Adzuki Beans	\$55.89
NGF	ADZ-5	5 Lb Bag	ADZUKI BEANS	\$25.94
NGF	ANA-10	10 Lb Bag	Anasazi Beans	\$71.41
NGF	ANA-5	5 Lb Bag	ANASAZI BEANS	\$35.71
NGF	BBEAND-5	5 Lb Bag	Black Bean, Dehydrated Organic	\$29.25
NGF	BTB-10	10 Lb Bag	Black Turtle Beans	\$50.14
NGF	CALYPSOBK-10	10 Lb Bag	Calypso Beans-Black	\$73.71
NGF	CAN-10	10 Lb Bag	Cannellini Beans	\$52.44
NGF	CICI-8	8 Lb Bag	Cici Bean Powder (Garbanzo)	\$39.31
NGF	CORONA-5	5 Lb Bag	CORONA BEANS	\$38.00
NGF	CORONA-10	10 Lb Bag	Corona/Runner Sweet White	\$81.19
NGF	CRN-10	10 Lb Bag	Cranberry (Borlotti)	\$58.48
NGF	EIGHT-5	5 Lb Bag	EIGHT BEAN BLEND	\$27.06
NGF	EIGHT-10	10 Lb Bag	Eight Bean Blend	\$58.19
NGF	FLAG-10	10 Lb Bag	Flageolet Beans	\$65.09
NGF	FNV-10	10 Lb Bag	French Navy Beans	\$55.60
NGF	GAR-10	10 Lb Bag	Garbanzo Beans	\$48.13
NGF	GAR-5	5 Lb Bag	GARBANZO BEANS (CHICKPEAS)	\$21.44
NGF	GARBLK-10	10 Lb Bag	Garbanzo Beans Black	\$58.19
NGF	GOURBEAN-10	10 Lb Bag	Gourmet Bean Blend	\$52.15
NGF	GNOR-10	10 Lb Bag	Great Northern Beans	\$53.88
NGF	HAB-10	10 Lb Bag	Habas Peeled Fava	\$68.83
NGF	JCB-10	10 Lb Bag	Jacob's Cattle Trout Beans	\$90.96
NGF	JCB-5	5 Lb Bag	JACOB'S CATTLE TROUT BEANS	\$39.56
NGF	RKID-10	10 Lb Bag	Kidney Dark Red	\$51.29
NGF	BLL-5	5 Lb Bag	LENTIL, BLACK PETITE	\$27.75
NGF	SPL-5	5 Lb Bag	LENTIL, BROWN SPANISH PARDINA	\$25.25
NGF	PCL-5	5 Lb Bag	LENTIL, CRIMSON PETITE	\$23.19
NGF	FGL-5	5 Lb Bag	LENTIL, FRENCH GREEN	\$20.75
NGF	PGL-5	5 Lb Bag	LENTIL, GOLDEN PETITE	\$31.97
NGF	IWL-5	5 Lb Bag	LENTIL, IVORY WHITE	\$31.50
NGF	RCL-5	5 Lb Bag	LENTIL, RED CHIEF	\$26.88
NGF	ALB-10	10 Lb Bag	Lentils Autumn Blend	\$71.41
NGF	BLL-10	10 Lb Bag	Lentils Black Beluga	\$58.48
NGF	SPL-10	10 Lb Bag	Lentils Brown Spanish Pardina	\$53.59
NGF	FGL-10	10 Lb Bag	Lentils French Green	\$83.78
NGF	IWL-10	10 Lb Bag	Lentils Ivory White	\$71.13
NGF	PCL-10	10 Lb Bag	Lentils Petite Crimson	\$59.34
NGF	PGL-10	10 Lb Bag	Lentils Petite Golden	\$63.94
NGF	RCL-10	10 Lb Bag	Lentils Red Chief	\$53.76
NGF	URAD-10	10 Lb Bag	Lentils Urad Dal	\$55.60

Specialty Products Beans

NGF= Naturally Gluten Free

NGF BAB-10	10 Lb Bag	Lima Baby Butter	\$56.46
NGF CHRIS-10	10 Lb Bag	Lima Christmas	\$94.13
NGF GIA-10	10 Lb Bag	Lima Giant Peruvian	\$62.79
NGF MAR-10	10 Lb Bag	Marrow Beans	\$66.24
NGF BLKPEA-10	10 Lb Bag	Peas Blackeye Beans	\$57.04
NGF SGP-10	10 Lb Bag	Peas Green Split	\$44.68
NGF PIG-10	10 Lb Bag	Peas Pigeon	\$53.88
NGF WASPEA-5	5 Lb Bag	Peas Wasabi	\$45.91
NGF WASMIX-5	5 Lb Bag	Peas Wasabi 4 color Mix	\$47.35
NGF SYP-10	10 Lb Bag	Peas Yellow Split	\$46.40
NGF PIG-5	5 Lb Bag	PIGEON PEAS	\$26.94
NGF RAT-10	10 Lb Bag	Rattlesnake Beans	\$82.63
NGF SRB-10	10 Lb Bag	Runner Beans Scarlet	\$89.81
NGF SGP-5	5 Lb Bag	SPLIT PEAS- GREEN	\$20.44
NGF SYP-5	5 Lb Bag	SPLIT PEAS- YELLOW	\$23.20
NGF YEL-10	10 Lb Bag	Yellow Eye Stueben Beans	\$83.49

Specialty Products Chile Powders

NGF= Naturally Gluten Free

NGF AJIAMARILLO-18	18 oz. Jar	Aji Amarillo Powder	\$16.03
NGF AJIPANCAPOW-20	20 oz. Jar	Aji Panca Powder	\$17.88
NGF ANCHOPOW-20	20 oz. Jar	Ancho Chile Powder	\$14.14
NGF CHIPPOWBR-20	20 oz. Jar	Chipotle Powder Brown	\$16.44
NGF CHIPPOWMOR-20	20 oz. Jar	Chipotle Powder Morita	\$17.01
NGF GHOSTPOW-16	16 oz. Jar	Ghost Chile Powder Blend	\$24.54
NGF GUAJPOW-18	18 oz. Jar	Guajillo Powder	\$13.16
NGF JALAPOW-16	16 oz. Jar	Jalapeno Powder	\$15.62
NGF NEWMEXPOW-18	18 oz. Jar	New Mexico Chile Powder	\$14.31
NGF PASINEGROPOW-18	18 oz. Jar	Pasilla Negro Powder	\$15.74
NGF PIMENTE-8.8	8.8 oz. Bag	Piment De Espelette	\$40.84
NGF POBLANOPOW-16	16 oz. Jar	Poblano Chile Powder-Green	\$28.27
NGF REDBELLPOW-16	16 oz. Jar	Red Bell Pepper Powder	\$17.06
NGF SERRPOW-20	20 oz. Jar	Serrano Smoked Powder	\$23.63

Specialty Products Chiles

NGF= Naturally Gluten Free

NGF AJI-1	1 Lb Bag	Aji Amarillo De-stemmed	\$19.36
NGF ANCHODEST-1	1 Lb Bag	Ancho De-stemmed First Quality	\$15.79
NGF ANCHOFIRST-1	1 Lb Bag	Ancho First Quality	\$14.19
NGF CHILETHRMILD-8	8 oz. Jar	Chile Threads Mild	\$19.74
NGF CHARA-.25	0.25 Lb Bag	Chili, Charapita	\$12.80
NGF DEARBOL-1	1 Lb Bag	Chili, De Arbol (stemless)	\$8.45
NGF GUAJ-1	1 Lb Bag	Chili, Guajillo (stemless)	\$8.70
NGF CHIPMOR-1	1 Lb Bag	Chipotle Morita	\$11.89
NGF DEARBOLFIR-1	1 Lb Bag	De Arbol First Quality	\$16.20
NGF GHOST-1	1 Lb Bag	Ghost Chile	\$38.05
NGF GUAJDEST-1	1 Lb Bag	Guajillo De-stemmed	\$14.76
NGF GUAJILLO-1	1 Lb Bag	Guajillo Whole	\$13.90
NGF MEXCHILE-10	10 oz. Jar	Mexican 3-Chile Blend Diced	\$18.71
NGF NEWMEXDESTEM-1	1 Lb Bag	New Mexico De-stemmed	\$16.49
NGF PASINEGRO-1	1 Lb Bag	Pasilla Negro	\$15.05
NGF PASILLA-1	1 Lb Bag	Pasilla, De-stemmed	\$12.75
NGF ACHIOPASTE-1	1 Lb Jar	Paste Achiote	\$11.60
NGF ANCHOPASTE-1	1 Lb Jar	Paste Ancho Chile	\$13.04
NGF CHIPMORPASTE-1	1 Lb Jar	Paste Chipotle Morita	\$11.60
NGF GUAJPASTE-1	1 Lb Jar	Paste Guajillo Chile	\$12.75
NGF MOLEPASTE-1	2.2 Lb Brick	Paste Mole Poblano	\$27.87
NGF THAI-1	1 Lb Bag	Thai Chiles, De-stemmed	\$24.54

Specialty Products <u>Chiles</u>		NGF= Naturally Gluten Free		
NGF	WIRI-1	1 Lb Bag	Wiri Wiri Chiles De-stemmed	\$39.49
Specialty Products <u>Fruits</u>		NGF= Naturally Gluten Free		
NGF	APPLDIC-5	5 Lb Bag	Apple Diced	\$62.59
NGF	APPLE-5	5 Lb Bag	Apple Rings	\$57.99
NGF	APRDICE-5	5 Lb Bag	Apricots Diced	\$50.80
NGF	APR-2W	2 Lb Bag	Apricots Whole Turkish	\$18.88
NGF	APR-5W	5 Lb Bag	Apricots Whole Turkish	\$60.86
NGF	BANA-5	5 Lb Bag	Banana Chips Sweetened	\$36.14
NGF	BERRY-5	5 Lb Bag	Berry Blend	\$87.89
NGF	BLUE-5	5 Lb Bag	Blueberries	\$76.96
NGF	BLUE-2	2 Lb Bag	Blueberries	\$22.15
NGF	CANT-5	5 Lb Bag	Cantaloupe	\$64.03
NGF	BING-5W	5 Lb Bag	Cherries Bing	\$64.31
NGF	TART-2	2 Lb Bag	Cherries Tart	\$21.38
NGF	TART-5W	5 Lb Bag	Cherries Tart	\$111.05
NGF	CRAN-2	2 Lb Bag	Cranberries	\$9.40
NGF	CRANWH-5	5 Lb Bag	Cranberries Whole	\$48.21
NGF	CURR-5	5 Lb Bag	Currants Zante	\$39.88
NGF	DATEDICE-5	5 Lb Bag	Dates Diced	\$45.05
NGF	DATEDEGLET-5	5 Lb Bag	Dates Pitted Deglet	\$44.48
NGF	DATEDEGLET-2	2 Lb Bag	Dates Pitted Deglet Noor	\$14.00
NGF	BLFIG-5	5 Lb Bag	Figs Black Mission	\$55.40
NGF	BLFIG-2	2 Lb Bag	Figs Black Mission	\$20.64
NGF	BLFIGDICE-5	5 Lb Bag	Figs Black Mission Diced	\$53.10
NGF	GFIG-5	5 Lb Bag	Figs Golden	\$69.43
NGF	GFIG-2	2 Lb Bag	Figs Sierra (Golden)	\$21.50
NGF	FUSION-5W	5 Lb Bag	Fruit Fusion	\$103.70
NGF	FRUITM-2	2 Lb Bag	Fruit Medley	\$15.15
NGF	FPRASPBERRY-14	14 oz. Jar	Fruit Powder - Raspberry	\$55.75
NGF	FPSTRAWBERRY-20	20 oz. Jar	Fruit Powder - Strawberry	\$51.23
NGF	FMED-2	2 Lb Bag	Fruit, Mediterranean Assortment	\$18.17
NGF	FTROP-2	2 Lb Bag	Fruit, Tropical Assortment	\$19.25
NGF	GINGER-1	1 Lb Bag	Ginger Crystallized	\$13.32
NGF	GINGERCRYST-5	5 Lb Bag	Ginger Crystallized Diced	\$60.86
NGF	GOJI-1	1 Lb Bag	Goji Berries Wolfberry (OG)	\$27.99
NGF	GOOSE-5	5 Lb Bag	Gooseberries, Cape	\$102.84
NGF	KIWI-2	2 Lb Bag	Kiwi Slices	\$16.82
NGF	KIWI-5	5 Lb Bag	Kiwi Slices	\$64.30
NGF	MANDICE-2	2 Lb Bag	Mango Diced	\$15.23
NGF	MANDICE-5	5 Lb Bag	Mango Diced	\$46.25
NGF	MANGO-5	5 Lb Bag	Mango Sliced	\$50.85
NGF	MANGO-2	2 Lb Bag	Mango Sliced	\$14.38
NGF	MANGOCH-5	5 Lb Bag	Mango Sliced, with Chile	\$70.64
NGF	PAPDICE-2	2 Lb Bag	Papaya Diced	\$13.63
NGF	PAPDICE-5	5 Lb Bag	Papaya Diced Sweetened	\$35.50
NGF	PEACH-5	5 Lb Bag	Peaches	\$78.69
NGF	PEARS-5	5 Lb Bag	Pears	\$83.29
NGF	PINEDICE-5	5 Lb Bag	Pineapple Diced	\$54.15
NGF	PINEDICE-2	2 Lb Bag	Pineapple Diced	\$15.75
NGF	PINERING-2	2 Lb Bag	Pineapple Rings	\$15.50
NGF	POM-1	1 Lb Bag	Pomegranate Arils	\$29.42
NGF	GOLDRAIS-5	5 Lb Bag	Raisins Golden	\$37.58
NGF	GOLDRAIS-2	2 Lb Bag	Raisins Golden	\$12.38
NGF	STARFRUIT-5	5 Lb Bag	Starfruit	\$62.59

Speciality Products <u>Fruits</u>			NGF= Naturally Gluten Free	
NGF	STRAW-5	5 Lb Bag	Strawberries	\$126.55
NGF	STRAW-2	2 Lb Bag	Strawberries, dried	\$27.16
NGF	TROPICAL-5	5 Lb Bag	Tropical Fruit Mix	\$31.08
Speciality Products <u>Grains</u>			NGF= Naturally Gluten Free	
NGF	AMR-10	10 Lb Bag	Amaranth	\$67.68
	BBAR-10	10 Lb Bag	Barley, Black	\$60.49
	BAR-10	10 Lb Bag	Barley, Pearled	\$47.55
NGF	BUC-10	10 Lb Bag	Buckwheat Groats	\$72.56
	BULFINE-10	10 Lb Bag	Bulgur Wheat Fine	\$54.45
	BUL-10	10 Lb Bag	Bulgur Wheat, Coarse	\$46.11
NGF	FDCORN-3	3 Lb Bag	Corn Sweet Freeze Dried	\$56.07
NGF	CUIT-7	7 oz. Can	Cuitlachoche Corn Smut	\$10.44
	FARRO-10	10 Lb Bag	Farro	\$61.64
NGF	BRFLAX-10	10 Lb Bag	Flax Seed Brown	\$59.63
NGF	GOLDFLAX-10	10 Lb Bag	Flax Seed Golden	\$68.54
NGF	GOLDFLAXGR-25	25 Lb Bag	Flax Seed Golden Ground	\$164.88
	FREEK-10	10 Lb Bag	Freekeh	\$76.30
	HOMINY-10	10 Lb Bag	Hominy Grits White	\$49.28
NGF	JOB-10	10 Lb Bag	Job's Tears (Coix Seed)	\$82.05
	KAM-10	10 Lb Bag	KAMUT® Brand Khorasan Wheat (OG)	\$59.05
NGF	KAS-10	10 Lb Bag	Kasha	\$77.45
NGF	MASA-10	10 Lb Bag	Masa Harina	\$52.44
NGF	MIL-10	10 Lb Bag	Millet Seed	\$44.96
NGF	FIVE-10	10 Lb Bag	Mix Five Grain	\$68.54
NGF	FIVE-5	5 Lb Bag	Mix Five Grain	\$30.96
	NINE-10	10 Lb Bag	Mix Nine Grain	\$56.46
	SEVEN-10	10 Lb Bag	Mix Seven Grain	\$52.44
NGF	POL-10	10 Lb Bag	Polenta	\$45.25
NGF	ITALPOL-10	10 Lb Bag	Polenta, Coarse Italian Style	\$46.69
NGF	MEDKALEPOL-10	10 Lb Bag	Polenta, Mediterranean Kale	\$59.05
NGF	SWPEPPOL-10	10 Lb Bag	Polenta, Roasted Sweet Pepper	\$61.06
NGF	WHCPOL-10	10 Lb Bag	Polenta, White Coarse	\$48.13
NGF	FWP-10	10 Lb Bag	Polenta, White Fine	\$46.69
NGF	BLQU-5	5 Lb Bag	QUINOA- BLACK	\$30.81
NGF	QUBD-10	10 Lb Bag	Quinoa Blend	\$69.69
NGF	QU-10	10 Lb Bag	Quinoa Natural	\$63.07
NGF	QU-5	5 Lb Bag	QUINOA- NATURAL	\$31.00
NGF	RQU-5	5 Lb Bag	QUINOA- RED	\$30.06
NGF	RQU-10	10 Lb Bag	Quinoa- Red	\$63.50
NGF	RBLQUINOA-5	5 Lb Bag	QUINOA- RED & BLACK BLEND	\$30.29
NGF	BLQU-10	10 Lb Bag	Quinoa, Black	\$67.00
NGF	QUPU-1.5	1.5 Lb Bag	Quinoa, Puffed	\$28.47
NGF	RBLQUINOA-10	10 Lb Bag	Quinoa, Red & Black Blend	\$66.24
NGF	QUBD-5	5 Lb Bag	QUINOA-TRIO BLEND	\$30.72
	RYE-10	10 Lb Bag	Rye Berries	\$48.13
NGF	SORGHUM-10	10 Lb Bag	Sorghum(Popping)	\$44.39
NGF	SORGHUM-5	5 Lb Bag	Sorghum, white pearled	\$21.24
	SPE-10	10 Lb Bag	Spelt	\$51.00
NGF	TEF-10	10 Lb Bag	Teff Brown	\$69.11
	WB-10	10 Lb Bag	Wheat Berries, Hard Red Winter	\$48.70
	SWWB-10	10 Lb Bag	Wheat Berries, Soft White	\$46.98
Speciality Products <u>Mushrooms & Truffles</u>			NGF= Naturally Gluten Free	
NGF	BISTROMUSH-1	1 Lb Bag	Blend Bistro	\$38.62
NGF	FOREST-1	1 Lb Bag	Blend Forest	\$32.01

Speciality Products Mushrooms & Truffles

NGF= Naturally Gluten Free

NGF NORTHBLD-1	1 Lb Bag	Blend Northwoods	\$65.07
NGF SPECBLD-1	1 Lb Bag	Blend Special	\$62.77
NGF BOL-1	1 lb Bag	Bolete Mushrooms	\$25.03
NGF BOLETEPOW-16	16 oz. Jar	Boletes Mushroom Powder	\$37.19
NGF MOREL-1	1 Lb Bag	Morels	\$263.45
NGF OYSTER-1	1 Lb Bag	Oyster Mushrooms	\$21.37
NGF PORCB-1	1 Lb Bag	Porcini B Cepas	\$42.36
NGF PORCA-1	1 Lb Bag	Porcini Extra A	\$46.39
NGF SHITASLIC-1	1 Lb Bag	Shiitake Sliced	\$24.82
NGF TRUFOILGB-8.5	8.5 oz. Bottle	Truffle D'allasandro Gld Blk Oil	\$50.38
NGF TRUFOILGW-8.5	8.5 oz. Bottle	Truffle D'allasandro Gld Wht Oil	\$42.91
NGF TRUFOIL-8.5	8 oz. Bottle	Truffle D'allasandro White Oil	\$16.29
NGF WILDPOW-6	6 oz. Jar	Wild Mushroom Powder	\$15.89

Speciality Products Nuts & Seeds

NGF= Naturally Gluten Free

NGF ALMSMOKE-5	5 Lb Bag	Almonds Hickory Smoked	\$64.03
NGF ALMSL-5	5 Lb Bag	Almonds Sliced	\$59.43
NGF ALMWHO-5	5 Lb Bag	Almonds Whole	\$53.39
NGF CASHWH-5	5 Lb Bag	Cashews Whole Roasted/Salted	\$73.23
NGF CHIABL-5	5 Lb Jar	Chia Seed Black	\$36.14
NGF CHIAWH-5	5 Lb Jar	Chia Seed White	\$38.15
NGF COCOCHIPTOAST-5	5 Lb Bag	Coconut Chip Toasted Unsweet	\$56.55
NGF CORNNUT-4.5	4.5 Lb Bag	Corn Nuts Jumbo Salted	\$48.31
NGF RADISH-22	22 oz. Jar	Daikon Radish Seeds (OG)	\$28.51
NGF HAZPEEL-5	5 Lb Bag	Hazelnuts Peeled	\$64.03
NGF HEMP-5	5 Lb Bag	Hemp Hearts	\$95.36
NGF MACA-5	5 Lb Bag	Macadamia Nuts	\$116.93
NGF PECAN-5	5 Lb Bag	Pecan Halves	\$81.56
NGF PINENUTJUMBO-5	5 Lb Bag	Pine Nuts	\$202.89
NGF PISTA-5	5 Lb Bag	Pistachios Shelled Raw	\$116.35
NGF PISTACHILE-5	5 Lb Bag	Pistachios, Chile Lime	\$75.81
NGF PEP-5	5 Lb Bag	Pumpkin Seeds Pepitas	\$47.64
NGF PUMPKIN-5	5 Lb Bag	Pumpkin Seeds Roasted/Salted	\$54.25
NGF BLSEAS-22	22 oz. Jar	Sesame Seed Black	\$15.58
NGF SUNFLWR-5	5 Lb Bag	Sunflower Seeds Hulled Raw	\$33.84
NGF SUNFLRS-5	5 Lb Bag	Sunflower Seeds Roasted/Salted	\$42.18
NGF ENWAL-5	5 Lb Bag	Walnuts English	\$59.71

Speciality Products Oriental Products

NGF= Naturally Gluten Free

LOMEIN-5	5 Lb Bag	Lo Mein Noodles	\$31.25
SOBAGT-10	10 Lb Case	Soba Noodles Green Tea-10#	\$115.69
SOBA-12	32 oz. Bags	Soba Noodles-12#	\$65.34
UDON-3	3 Lb Bag	Udon Noodles	\$18.12

Speciality Products Pasta Products

NGF= Naturally Gluten Free

FREGOLALG-8	8 Lb Bag	Couscous, Fregola Sarda Large Italian	\$69.49
FREGOLAMED-8	8 Lb Bag	Couscous, Fregola Sarda Med Italian	\$74.67
MBCC-8	8 Lb Bag	Couscous, Mediterranean Blend	\$46.49
ISR-8	8 Lb Bag	Couscous, Middle Eastern	\$41.61
SPCC-10	10 Lb Bag	Couscous, Spinach	\$57.61
TOCC-10	10 Lb Bag	Couscous, Tomato	\$54.45
CC-10	10 Lb Bag	Couscous, Traditional	\$54.74
TRICC-10	10 Lb Bag	Couscous, Tri-Colored	\$60.20
TRIISR-10	10 Lb Bag	Couscous, Tri-Colored Middle Eastern	\$55.31
GOURPASTALEG-8	8 Lb Bag	Gourmet Legume Pasta Blend	\$57.13
AHORZO-10	10 Lb Bag	Orzo, Autumn Harvest	\$115.69

Speciality Products Pasta Products

NGF= Naturally Gluten Free

LEMONORZO-10	10 Lb Bag	Orzo, Lemon Garlic	\$100.74
MEDORZO-10	10 Lb Bag	Orzo, Mediterranean	\$115.69
ORZ-10	10 Lb Bag	Orzo, Plain	\$57.90
PORCORZO-10	10 Lb Bag	Orzo, Porcini	\$118.28
SWMIX-10	10 Lb Bag	Orzo, Southwestern Mix	\$105.91
SPINORZO-10	10 Lb Bag	Orzo, Spinach	\$60.20
SMO-10	10 Lb Bag	Orzo, Spring Medley	\$103.61
POTATOORZO-10	10 Lb Bag	Orzo, Sweet Potato	\$99.30
TOMORZO-10	10 Lb Bag	Orzo, Tomato	\$59.34
TRIORZO-10	10 Lb Bag	Orzo, Tri Colored	\$64.80
TUXORZO-10	10 Lb Bag	Orzo, Tuxedo	\$84.64
NGF BEETPOW-18	18 oz. Jar	Powder, Beet	\$16.61
NGF SPINPOW-14	14 oz. Jar	Powder, Spinach	\$11.77
NGF TOMPOW-18	18 oz Jar	Powder, Tomato	\$16.61

Speciality Products Rices

NGF= Naturally Gluten Free

NGF BRARB-10	10 Lb Bag	Arborio Brown Rice	\$64.23
ARB-5	5 Lb Bag	ARBORIO RICE	\$22.88
NGF ARB-10	10 Lb Bag	Arborio Rice	\$55.89
NGF BABYBAS-10	10 LB Bag	Baby Basmati (Kala Jeera)	\$58.76
NGF BAMBOO-10	10 Lb Bag	Bamboo Rice	\$111.66
NGF BAMBOO-5	5 Lb Bag	BAMBOO RICE	\$55.83
NGF BASMAGED-10	10 Lb Bag	Basmati Rice Aged 2 Years	\$65.09
NGF BBAS-10	10 Lb Bag	Basmati Rice Brown	\$61.93
NGF BBAS-5	5 Lb Bag	BASMATI RICE- BROWN	\$23.00
NGF BASINDWH-10	10 Lb Bag	Basmati Rice Indian White	\$67.10
NGF BAS-10	10 Lb Bag	Basmati Rice White	\$51.00
NGF BAS-5	5 Lb Bag	BASMATI RICE- WHITE	\$25.50
NGF JAPONICA-10	10 Lb Bag	Black Japonica Rice	\$76.01
NGF PUR-10	10 Lb Bag	Black Thai / Purple Sticky Rice	\$77.74
NGF BOM-10	10 Lb Bag	Bomba Rice	\$94.99
NGF BOT-10	10 Lb Bag	Botan Sushi Rice	\$53.30
NGF BROWNSH-10	10 Lb Bag	Brown Short Grain Rice	\$53.01
NGF CAJ-10	10 Lb Bags	Cajun Dirty Rice	\$60.20
NGF CARN-10	10 Lb Bag	Carnaroli Rice	\$53.88
NGF CHIN-10	10 Lb Bag	Chinese Black Rice	\$96.43
NGF CHIN-5	5 Lb Bag	CHINESE BLACK RICE	\$45.22
NGF MOJO-10	10 Lb Bags	Cuban Mojo Rice & Beans (OG)	\$69.98
NGF FRENRED-10	10 Lb Bag	French Red Rice (Camargue)	\$112.81
NGF HIM-10	10 Lb Bag	Himalayan Style Red Rice	\$63.36
NGF HIM-5	5 Lb Bag	HIMALAYAN STYLE RED RICE	\$24.41
NGF ORJASBR-10	10 Lb Bag	Jasmine Brown Rice (OG)	\$63.65
NGF JAS-5	5 Lb Bag	JASMINE RICE	\$19.13
NGF JAS-10	10 Lb Bag	Jasmine Rice	\$55.60
NGF PURPJAS-10	10 Lb Bag	Jasmine Rice, Purple (OG)	\$60.78
NGF PAELLA-10	10 Lb Bag	Paella Rice	\$93.84
NGF PAELLA-5	5 Lb Bag	Paella Rice	\$44.45
NGF BRR-5	5 Lb Bag	PAR BOILED RICE- BROWN	\$16.25
NGF WHR-5	5 Lb Bag	PAR BOILED RICE- WHITE	\$16.75
NGF PUR-5	5 Lb Bag	PURPLE STICKY RICE	\$30.06
NGF RISOBBS-10	10 Lb Bags	Risotto Butternut Squash Rice	\$75.73
NGF RISO-10	10 Lb Bags	Risotto Porcini Rice	\$86.65
NGF SAF-10	10 Lb Bag	Saffron Rice	\$74.86
NGF SALSA-10	10 Lb Bags	Salsa Verde Rice	\$132.08
NGF SPINRISO-10	10 Lb Bags	Spinach Florentine Risotto	\$79.75

Specialty Products <u>Rices</u>		NGF= Naturally Gluten Free		
NGF	GABA-10	10 Lb Bag	Sprouted Brown/Gaba Rice	\$60.20
NGF	COCORDRICE-10	10 Lb Bags	Thai Coconut Red Rice	\$114.83
	VIA-10	10 Lb Bag	Vialone Nano Rice	\$50.43
Specialty Products <u>Salts</u>		NGF= Naturally Gluten Free		
NGF	FLEUR-30	30 oz. Jar	Salt, Fleur De Sel	\$31.13
	HIBLIME-30	30 oz. Jar	Salt, Hibiscus Chile Lime	\$14.03
NGF	APPLESALT-35	35 oz. Jar	Sea Salt, Applewood Smoked	\$13.97
NGF	SALTSEABLTR-32	32 oz. Jar	Sea Salt, Black Truffle	\$28.08
NGF	CHERSALT-35	35 oz. Jar	Sea Salt, Cherrywood Smoked	\$18.06
NGF	SALTSEACOAR-35	35 oz. Jar	Sea Salt, Coarse	\$10.29
	GOCHSALT-28	28 oz. Jar	Sea Salt, Gochujang	\$15.77
NGF	SALTSEAHIBK-40	40 oz. Jar	Sea Salt, Hawaiian Black	\$24.50
NGF	SALTSEAHIMPKMED-35	35 oz. Jar	Sea Salt, Himalayan Pink	\$14.89
NGF	MOCHASALT-28	28 oz. Jar	Sea Salt, Mocha Vanilla	\$16.34
NGF	GINGERSALT-28	28 oz. Jar	Sea Salt, Orange Ginger	\$16.92
NGF	CITRUSALT-28	28 oz. Jar	Sea Salt, Peruvian Chile Citrus	\$16.63
NGF	SAFFPINKSALT-32	32 oz. Jar	Sea Salt, Saffron Pink Pepper	\$17.16
NGF	SALTSEASMFI-32	32 oz. Jar	Sea Salt, Smoked Fine	\$14.57
NGF	INFERNO-32	32 oz. Jar	Sea Salt, Triple Inferno	\$17.45
Specialty Products <u>Snack Mixes</u>		NGF= Naturally Gluten Free		
NGF	BROAD-5	5 Lb Bag	Broad Beans Roasted	\$45.05
NGF	CHICKPEAROAST-3	3 Lb Bag	Chickpeas Masala Roasted	\$51.47
NGF	CLASSTRMIX-5	5 Lb Bag	Classic Trail Mix	\$78.69
NGF	COUNTRYMIX-5	5 Lb Bag	Country Market Snack Mix	\$68.91
NGF	DELUXEMIX-5	5 Lb Bag	Deluxe Nut Mix	\$92.78
NGF	SALTOP-5	5 Lb Bag	Salad Topper Autumn Harvest	\$56.26
	TAVERNMIK-5	5 Lb Bag	Tavern Snack Mix	\$63.16
Specialty Products <u>Spices & Herbs</u>		NGF= Naturally Gluten Free		
NGF	ADOBOSEAS-24	24 oz. Jar	Adobo Seasoning	\$20.44
NGF	AMCHURPOW-16	16 oz. Jar	Amchur Powder	\$15.91
NGF	ANCHOSPICE-22	22 oz. Jar	Ancho-Honey Citrus Spice	\$24.49
	ARROWROOT-18	18 oz. Jar	Arrowroot	\$9.99
NGF	BBQSEAS-20	20 oz. Jar	BBQ Seasoning	\$14.43
	BULGOGI-19	19 oz. Jar	Bulgogi Seasoning	\$19.68
NGF	CAJUNBL-16	16 oz. Jar	Cajun Blackened Seasoning	\$14.76
NGF	CANSTEAK-24	24 oz. Jar	Canadian Steak Blend	\$13.23
NGF	CARDPODS-10	10 oz. Jar	Cardamom Green Fancy Pods	\$27.63
NGF	CHIPBBSEAS-20	20 oz. Jar	Chipotle BBQ Seasoning	\$21.90
NGF	CHORIZO-20	20 oz. Jar	Chorizo Spice	\$17.01
NGF	CUBMOJO-17	17 oz. Jar	Cuban Mojo Spice Blend	\$24.74
NGF	CUMINFAN-14	14 oz. Jar	Cumin Extra Fancy	\$7.74
NGF	CURRYMAD-20	20 oz. Jar	Curry Madras Style	\$13.85
NGF	BAGEL-19	19 oz. Jar	Everything Bagel Seasoning Blend	\$16.52
NGF	FENNPOL-1	1 oz. Jar	Fennel Pollen	\$28.09
NGF	FIVESP-16	16 oz. Jar	Five Spice Powder	\$17.64
NGF	GARAM-14	14 oz. Jar	Garam Masala	\$15.22
NGF	GARPEP-20	20 oz. Jar	Garlic and Pepper Steak Seasoning	\$15.29
NGF	GARCLV-12	12 oz. Jar	Garlic Cloves, Black	\$25.45
NGF	GARLIME-20	20 oz. Jar	Garlic Lime Chile Seasoning	\$27.36
NGF	GARLICROASTPOW-20	20 oz. Jar	Garlic Powder, Roasted	\$15.29
	GOCHPOW-17	17 oz. Jar	Gochujang Powder	\$26.59
NGF	HERBSDP-28	28 oz. Jar	Herbes De Provence	\$32.16
NGF	HICKBBQ-28	28 oz. Jar	Hickory BBQ Seasoning	\$17.21

Speciality Products <u>Spices & Herbs</u>		NGF= Naturally Gluten Free	
NGF	HONEYGRAN-24	24 oz. Jar	Honey Granulated \$12.08
NGF	HONEYPOW-24	24 oz. Jar	Honey Powder \$12.37
NGF	HORPOW-16	16 oz. Jar	Horseradish Powder \$15.05
NGF	JAMJERKSEAS-18	18 oz. Jar	Jamaican Jerk Seasoning \$15.46
NGF	JUN-11	11 oz. Jar	Juniper Berries Jumbo \$15.75
	KORSEAS-24	24 oz. Jar	Korean Black Garlic Seasoning \$20.13
NGF	LAVENDER-4	4 oz. Jar	Lavender Flowers Super Blue \$11.17
NGF	LEMGRPOW-12	12 oz. Jar	Lemon Grass Powder \$11.65
NGF	LEMON-14	14 oz. Jar	Lemon Peel Granulated \$18.38
NGF	MEDSP-18	18 oz. Jar	Mediterranean Spice Blend \$18.04
NGF	NASHVILLE-20	20 oz. Jar	Nashville Hot Chicken Seas \$15.86
NGF	OREGANOMEX-3	3 oz. Jar	Oregano Mexican \$5.50
NGF	PAEL-24	24 oz. Jar	Paella Seasoning \$24.15
NGF	PAPRIHOT-20	20 oz. Jar	Paprika, Smoked Hot \$14.14
NGF	PAPRIW-20	20 oz. Jar	Paprika, Smoked Sweet \$13.72
NGF	PINKPEP-8	8 oz. Jar	Peppercorns Pink \$13.71
NGF	SZECH-6.5	6.5 oz. Jar	Peppercorns Szechuan \$18.86
	PILP-18	18 oz. Jar	Pilpelchuma Seasoning \$20.08
NGF	PIRI-19	19 oz. Jar	Portuguese Piri Piri Blend \$20.83
NGF	PRAG-40	40 oz. Jar	Prague \$14.48
NGF	RASELH-16	16 oz. Jar	Ras El Hanout \$18.21
NGF	SAFTHRD-.01	1 oz. Tin	Saffron Threads \$153.08
NGF	SFALLPURP-20	20 oz. Jar	Salt Free Og All Purpose Seas \$18.74
NGF	SFGARLIC-18	18 oz. Jar	Salt Free Og Garlic Herb Seas \$18.91
NGF	SFLEMON-16	16 oz. Jar	Salt Free Og Lemon Pepper Sfd \$14.36
NGF	SEAFOOD-18	18 oz. Jar	Seafood Spice Blend \$12.29
NGF	SHICH-16	16 oz. Jar	Shichimi Togarashi (Jap. 7 Spice) \$19.07
NGF	SAGERUB-14.5	14.5 oz. Jar	Smoked Peppercorn Sage Rub \$18.77
NGF	SRBSEAS-18	18 oz. Jar	Spanish Rice Blend Seasoning \$17.76
NGF	SRIR-22.5	22.5 oz. Jar	Sriracha Seasoning Blend \$19.25
NGF	STARANISE-6	6 oz. Jar	Star Anise \$12.44
NGF	SUGARMAPLE-24	24 oz. Jar	Sugar Maple \$30.77
NGF	SUMACGR-18	18 oz. Jar	Sumac Ground \$12.01
NGF	TAMARIND-16	16 oz. Jar	Tamarind Concentrate \$13.61
NGF	TANDOORI-20	20 oz. Jar	Tandoori Spice \$19.60
NGF	TRUFSEAS-18	18 oz. Jar	Truffle Parmesan Seasoning \$24.90
NGF	UMAMI-16	16 oz. Jar	Umami Dust Seasoning \$20.22
NGF	VANSYR-1	1 Quart Jar	Vanilla Madagascar (Syrup) \$79.66
NGF	REDVINPOW-1	16 oz. Jar	Vinegar Powder, Red Wine \$17.64
NGF	WASABI-14	14 oz. Jar	Wasabi Powder \$14.64
NGF	ZAHTAR-16	16 oz. Jar	Zahtar \$16.20

Speciality Products <u>Vegetables</u>		NGF= Naturally Gluten Free	
NGF	KFLAKES-16	1 Lb Bag	Kale Flakes \$15.62
NGF	VEGBLEND-6	6 oz. Jar	Vegetable Blend Dried \$9.56

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