

# SOLANO COUNTY LGBTQ+ RESOURCES

## HEALTH CENTERS

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### Gender Health Center

“Offers a wide range of free or low-cost, low-barrier services to the community, including a free hormone clinic, mental health counseling, support groups, harm reduction, legal assistance, healthcare navigation, case management, and resource referrals.”

**Location:** 3823 V Street  
Sacramento, CA 95817

**Contact:** (916) 455-2391

**Email:** [info@ghcmail.org](mailto:info@ghcmail.org)

**Website:**

<http://www.thegenderhealthcenter.org/index.html>

Last Verified On: 04/19/2024



## HOTLINE PHONE NUMBERS

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### LGBT National Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

**Contact:** (888) 843-4564

**Email:** [help@LGBThotline.org](mailto:help@LGBThotline.org)

**Website:** <https://lgbthotline.org/national-hotline/>

Last Verified On: 04/19/2024

### Trevor Lifeline

“Website, chat, & text crisis support, specializing in LGBTQ youth suicide prevention.”

**Contact:** (866) 488-7386

**Text:** START to 678-678

**Website:** <https://www.thetrevorproject.org/get-help-now/>

Last Verified On: 04/19/2024

### LGBT National Youth Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, family, bullying, school issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

**Contact:** (800) 246-7743

**Email:** [help@LGBThotline.org](mailto:help@LGBThotline.org)

**Website:** <https://lgbthotline.org/youth-talkline/>

Last Verified On: 04/19/2024



# SOLANO COUNTY LGBTQ+ RESOURCES

## LGBTQ RESOURCE CENTERS

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### Lavender Library

“A volunteer-run LGBTQ+ library, archive, and community space in Sacramento with queer books, films, archives, zines, and more.”

**Location:** 1414 21<sup>st</sup> Street

Sacramento, CA 95811

**Contact:** (916) 492-0558

**Email:** [lavenderlibrary4us@gmail.com](mailto:lavenderlibrary4us@gmail.com)

**Website:** <http://lavenderlibrary.com/>

Last Verified On: 04/19/2024

### Sacramento LGBT Community Center

“We support the health and wellness of the most marginalized, advocate for equality and justice, and work to build a culturally rich LGBTQ+ community.”

**Location:** 1015 20<sup>th</sup> Street

Sacramento, CA 95811

**Contact:** (916) 442-0185

**Email:** [info@saccenter.org](mailto:info@saccenter.org)

**Website:** <https://saccenter.org/>

Last Verified On: 04/19/2024

### LGBTQIA Resource Center, Sac State

“Provides students looking for a connection to campus with programs and events, access to resources on campus and in the community, a welcoming hangout space, and opportunities for education about LGBTQIA communities.”

**Location:** University Union, First Floor

6000 J Street

Sacramento, CA 95819

**Contact:** (916) 278-3940

**Email:** [pride@csus.edu](mailto:pride@csus.edu)

**Website:** <https://www.csus.edu/student-affairs/centers-programs/pride-center/>

Last Verified On: 04/19/2024

## SENIORS

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### LGBT National Senior Hotline

“Free and Confidential peer support for the LGBT and questioning community ages 50 and above.”

**Contact:** (888) 234-7243

**Email:** [help@LGBThotline.org](mailto:help@LGBThotline.org)

**Website:** <https://lgbthotline.org/senior-hotline/>

Last Verified On: 04/19/2024

### SAGE

“National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers.”

**Contact:** (212) 741-2247

**Website:** <https://www.sageusa.org/>

Last Verified On: 04/19/2024



# SOLANO COUNTY LGBTQ+ RESOURCES

## SUPPORT GROUPS

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### Community Group, Sacramento LGBT Community Center

“Providing peer support to marginalized populations within the LGBTQ+ community. All groups are free and welcome new participants that are part of the group’s focus.”

**Location:** 1015 20<sup>th</sup> Street  
Sacramento, CA 95811

**Contact:** (916) 442-0185

**Email:** [resources@saccenter.org](mailto:resources@saccenter.org)

**Website:** <https://saccenter.org/mental-health>

Last Verified On: 04/19/2024

## TRANSGENDER RESOURCES

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### Sutter Gender Identity Support Group

“We are an open, non-profit, non-sexual social group serving the Greater Sacramento area for those who are serious about their gender identity. We provide a safe and secure place where they can interact with others with similar experiences and meet, visit and exchange information.”

**Location:** 2391 Saint Mark’s Way  
Sacramento, CA 95864

**Email:** [contact@sacgender.org](mailto:contact@sacgender.org)

**Website:** <http://www.sacgender.org/home>

Last Verified On: 04/19/2024

### Trans Lifeline

“Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.

**Contact:** (877) 565-8860

**Website:** <https://www.translifeline.org/>

Last Verified On: 04/19/2024

### Transgender Map

“This free website shows how to make a gender transition”

**Website:** <https://www.transgendermap.com/>

Last Verified On: 04/19/2024

### Trans Resilience - Resources

“Here are a few resources that may be useful for community organizations, trans individuals, or therapists and medical providers.”

**Website:** <https://www.trans-ilience.com/>

Last Verified On: 04/19/2024