

# SOLANO COUNTY MENTAL HEALTH RESOURCES

## SOLANO COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

### Behavioral Health Division

“Services provided for all individuals to help create their best development, increase their resiliency, and recover from mental illness.”

**Contact:** (800) 547-0495

**More contact information visit:**

<http://www.solanocounty.com/depts/mhs/contact/default.asp>

Last Verified On: 05/31/2024

### Fairfield - Beck

“Administration, foster children’s system, hospital liaison, and homeless outreach.”

**Location:** 275 Beck Avenue

Fairfield, CA 94533

**Contacts:**

**Administration:** (707) 784-8320

**Foster Children’s Services:** (707) 784-8192

**Hospital Liaison:** (707) 784-8138

**Homeless Outreach:** (707) 784-8138

Last Verified On: 05/31/2024

### Fairfield - Courage

“Adult Integrated Care clinic, children’s mental health services, crisis services, ACT (FSF) and forensic services, substance use, and triage team.”

**Location:** 2101 Courage Drive

Fairfield, CA 94533

**Contacts:**

**Adult Integrated Care Clinic:** (707) 784-2080

**Children’s Mental Health Services:** (707) 784-4900

**Crisis Services:** (707) 428-1131

**ACT (FSP) and Forensic Services:** (707) 784-2059

**Substance Use:** (707) 784-2220

Last Verified On: 05/31/2024



### Vacaville

“Children’s mental health services, and adult integrated care clinic.”

**Location:** 1119 E. Monte Vista Ave

Vacaville, CA 95688

**Contacts:**

**Children’s Mental Health Services:** (707) 469-4540

**Adult Integrated Care Clinic:** (707) 469-4610

Last Verified On: 05/31/2024

### Vallejo

“Adult integrated care clinic, children’s mental health services, and wellness recovery unit.”

**Location:** 355 Tuolumne Street

Vallejo, CA 94590

**Contacts:**

**Adult Integrated Care Clinic:** (707) 553-5331

**Children’s Mental Health Services:** (707) 553-5811

**Wellness Recovery Unit:** (707)

553-5493

Last Verified On: 05/31/2024



# SOLANO COUNTY MENTAL HEALTH RESOURCES

## MENTAL HEALTH PROGRAMS

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### Access Line

“For New services mental health or substance use please call our Access Line.”

**Contact:** 1 (800) 547-0495

**Website:**

<https://www.solanocounty.com/depts/mhs/default.asp>

Last Verified On: 05/31/2024

### Agape Counseling Center and Network

“We are a non-profit organization that provide mental health services for individuals, families, and couples. We also offer online group counseling services in a cohesive and supportive environment.”

**Contact:** (707) 927-4282

**Website:**

<https://www.psychologytoday.com/us/therapist/s/agape-counseling-center-and-network-fairfield-ca/240902>

**Referral:**

<https://app.box.com/s/4ddhq456wbhbxdckegyxchpiap72l7mr>

Last Verified On: 05/31/2024

### Carelon Behavioral Health (formerly Beacon)

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

**Contact:** (855) 765-9703

**Website:** <https://www.carelon.com>

Last Verified On: 05/31/2024

### Crisis Stabilization Services

“A 24-Hour Acute Care Unit for individuals in crisis.”

**Contact:** (707) 428-1131

**Website:**

<https://www.solanocounty.com/depts/mhs/default.asp>

Last Verified On: 05/31/2024

### Crestwood Crisis Stabilization Unit (CSU)

“Clients provided with comprehensive mental health services and support for up to 23 hours, after which, they will be referred to mental health services in the community that will best fit their needs.”

**Location:** 2101 Courage Drive  
Fairfield, CA 94533

**Contact:** (800) 428-1131

**Email:** [sdean@cbhi.net](mailto:sdean@cbhi.net)

**Website:**

<https://crestwoodbehavioralhealth.com/location/fairfield-csu/>

Last Verified On: 05/31/2024

### Solano Behavioral Health

“Our ACCESS team is opening the Behavioral Health COVID-19 Warmline to anyone who may be experiencing stress, anxiety and/or feelings of depression, while dealing with the daily struggles and disruptions in our lives due to COVID-19 therapist is ready to listen, offer support, suggestions, as well as referral to appropriate mental health services or substance uses services.”

**Contact:** (707) 781-8539

**Website:**

<https://www.solanocounty.com/images/BHWarmlinesm.png>

Last Verified On: 05/31/2024

### Substance Use Services

“Medi-Cal members, please call Beacon Access Line for Substance use services only.”

**Contact:** 1 (855) 765-9703

**Website:**

<https://www.solanocounty.com/depts/mhs/default.asp>

Last Verified On: 05/31/2024



# SOLANO COUNTY MENTAL HEALTH RESOURCES

## MENTAL HEALTH PROGRAMS, Continued

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### Suicide Prevention

“For 24- Hour Suicide Prevention, please call the National Suicide Prevention Lifeline.”

**Contact:** 1 (800) 273-8255

**Website:**

<https://www.solanocounty.com/depts/mhs/default.asp>

Last Verified On: 05/31/2024

## MENTAL HEALTH SUPPORT SERVICES

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### CalHOPE – BrightLife Kids

“Mental Health coaching and resources for parents with kids ages 0-12.”

**Website:**

[https://www.hellobrightline.com/brightlifekids/?utm\\_medium=referral&utm\\_source=calhopewebsite](https://www.hellobrightline.com/brightlifekids/?utm_medium=referral&utm_source=calhopewebsite)

Last Verified On: 05/31/2024

### Catholic Social Services of Solano County

“Provides professional, confidential, and affordable counseling services to Solano and Yolo county area residents.”

**Location:** 125 Corporate Place, Suite A  
Vallejo, CA 94590

**Call for Appointments:** (707) 644-8909

**Website:** <https://www.ccyoso.org/wellness>

Last Verified On: 05/31/2024

### National Alliance on Mental Illness (NAMI) Solano

“Provide educational programs and support groups to help families overcome the challenges faced by people with mental illness.”

**Location:** Fairfield, CA

**Contact:** (707) 422-7792

**Email:** [info@namisolanocounty.org](mailto:info@namisolanocounty.org)

**Website:** <http://www.namisolanocounty.org/>

Last Verified On: 05/31/2024

### SafeSpace

“SafeSpace is a youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities. We create and implement initiatives to change the conversation around mental health by educating and encouraging our peers to speak up, support others, and seek help when needed.”

**Website:** <https://safespace.org/>

Last Verified On: 05/31/2024

### SafeSpace Stories – Podcast

“Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.”

**Website:**

<https://www.safespacestories.org/projects-7>

**Apple Podcast:**

<https://podcasts.apple.com/us/podcast/safespace-stories/id1595738668>

**Spotify:**

[https://open.spotify.com/show/49338MHg6LAE\\_nBaOq1RSSC?si=b97a00f41db94211&nd=1](https://open.spotify.com/show/49338MHg6LAE_nBaOq1RSSC?si=b97a00f41db94211&nd=1)

Last Verified On: 05/31/2024



# SOLANO COUNTY MENTAL HEALTH RESOURCES

## MENTAL HEALTH SUPPORT SERVICES, Continued

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### Wellness and Recovery Unit

“Peer & Family Support.”

**Contact:** (707) 784-8320

**Website:** <https://www.solanocounty.com/depts/bh/contact/default.asp>

Last Verified On: 05/31/2024

## MATERNAL MENTAL HEALTH RESOURCES

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### Carelon Behavioral Health (formerly Beacon)

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

**Contact:** (855) 765-9703

**Website:** <https://www.carelon.com>

Last Verified On: 05/31/2024

### National Maternal Mental Health Hotline

“Free, confidential, 24/7 mental health support for moms and their families before, during, and after pregnancy. We have English- and Spanish-speaking counselors.”

**Call/text:** 1 (833) 852-6262

**Website:** <https://mchb.hrsa.gov/national-maternal-mental-health-hotline/faq#:~:text=Call%20or%20text%20the%20National,%2D833%2D852%2D6262>

Last Verified On: 09/20/2024

### Paternal Postpartum Depression Guide

**Website:** <https://parentingpod.com/paternal-postpartum-depression/>

Last Verified On: 05/31/2024