

What To Wear ?

- Clothing should be warm and comfortable.
- Preferably dress in layers.
- Avoid clothing that is bulky or restrictive
- Slush pants/windbreaker pants over comfortable pants (track pants, yoga pants) underneath; or snowpants (as long as they are not bulky)
- Warm jacket (not long and bulky), a sweater or a fleece jacket on top should be sufficient.
- Warm mittens or gloves are a must.
- NO jeans or scarves.

