SAINT BARNABAS
PARENT & FAMILY RESOURCES & OPPORTUNITIES FOR LENT 2025

Lent in Three Minutes: A Video from Busted Halo

How to Get Started with Lent: 3 Steps for Parents

What's With the Ashes? Talking to Children About Lent

Lent at Home: Ideas for Busy Families

50 Ways to Unplug for Lent

Seven Ways to Practice Lent (free e-book)

40 Lenten Ideas for Families (printable PDF)

Too busy for 40 ideas? Try…
10 Lenten Ideas for Families

Easy Family Activities for Lent (With Minimal Prep!)

Stations of the Cross for Children
(online & PDF versions)

The Ignatian Workout: An Online Retreat for Lent

Living Lent Daily
(a daily email during Lent from Loyola)

An Illustrated Guide to Fasting and Abstinence

2022 Lenten E-newsletter from Loyola Press

A Family Calendar for Lent (PDF)

40 Crosses for 40 Days
(a different Lenten calendar in a PDF format)

Lent: Arts & Faith

Holy Week

Pop-Up Catechesis: Wearing Ashes

Compiled by the St. Barnabas School Catholic Identity Committee
Theresa Hemmer, Erin Liebenauer, Mark Piper

IN ADDITION, ALL FAMILIES ARE INVITED TO…

PRAY THE
STATIONS OF THE CROSS
March 7 at 3:00 PM
March 10 at 6:00 PM
March 21 at 3:00 PM
March 28 at 6:00 PM
April 4 at 3:00 PM

EXPERIENCE OUR
SCHOOL'S LIVE
STATIONS OF THE CROSS
April 11 at 1:45 PM

JOIN OUR
NEIGHBORHOOD
WALKING STATIONS
OF THE CROSS
April 11 at 6:00 PM
(meet outside the Church)

RECEIVE THE SACRAMENT
OF RECONCILIATION
**March 31 at 7:00 PM at
Christ the King Church**

DISTRIBUTE FOOD
AT ST. THOMAS MORE'S
PARKING LOT
FOOD PANTRY
**Saturdays from
9:00 to 12:00 PM**

MAKE SANDWICHES
FOR THE HUNGRY
March 22 at 7:00 AM

PREPARE DINNER
FOR HOMELESS GUESTS
AT SOUTHWEST
CHICAGO PADS IN
MARQUETTE PARK
March 9 at 5:00 PM
April 13 at 5:00 PM

SUPPORT THE
OPERATION RICE
BOWL COLLECTION FOR
CATHOLIC RELIEF
SERVICES

SUPPORT THE
PAT MAC'S PACK
FUNDRAISER
March 7 at 7:00 PM

CELEBRATE TOGETHER
AT THE ST. PATRICK'S
DAY MASS AND
RECEPTION
March 15 at 4:00 PM

CELEBRATE TOGETHER
AT MASS AND THE
ST. JOSEPH'S DINNER
March 22 at 4:00 PM