

# GISD Athletic Personnel Training Timeline

Type of Training	Personnel to be Trained	Description of Training	Training Provider(s)	Time Period for Training	Duration	Frequency of Training
DEC Training	Athletic Director	Responsibilities of the DEC	UIL	Summer/ by 8-1	1 hr	Annually
UIL Constitution & Contest Rules	All coaching staff	Learn annual updates on the various sports rules and regulations	UIL	Summer/ by 8-1	1 hr	Annually
Ethics	All coaching staff	Participants learn about ethics in coaching	UIL	Summer/ by 8-1	1 hr	Annually
UIL Steroid Education	All coaching staff	Learn about the dangers of steroids	UIL	Summer/ by 8-1	1 hr	Annually
Safety Training	All coaching staff	General athletic safety training	UIL	Summer/ by 8-1	1 hr	Annually
Concussion Training	All coaching staff	Learn protocols, recognition and procedures to remove an athlete from play	UIL	Summer/ by 8-1	1 hr -or- 2 hrs	Annually  Every 2 Years
Sport Specific Training	All coaching staff in their coaching sports	Provides rules update on specific sports	UIL	Summer/ by 8-1	1 hr	Annually
Best Practice in Tackling	Football coaches only	Learn the proper way to teach athletes to tackle	UIL	Summer/ by 8-1	1 hr	Annually
Fundamentals of Coaching in Texas	1 <sup>st</sup> year coaches only	Basic coaching knowledge	UIL	Summer/ by 8-1	1 hr	Annually
CPR	All coaches, administration, athletic trainers and athletic training students	Help participants respond appropriately to cardiac and breathing emergencies.	Lisa Topham Ian Underwood	Summer/ by 8-1	6 hrs	Recertification Every 2 Years

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AED	All coaches, administration, athletic trainers and athletic training students	Teach participants when and how to use an AED.	Lisa Topham Ian Underwood	Summer/ by 8-1	6 hrs	Recertification Every 2 Years
First Aid	All coaches, administration, athletic trainers and athletic training students	Train participants to perform simple emergency medical procedures.	UIL	Summer/ by 8-1	1hr	Annually
GISD Athletic Training Guidelines and Procedures	All coaches, campus administration, and athletic trainers	Train GISD athletic personnel in district practices and procedures	Lisa Topham Ian Underwood	Summer/ by 8-1	1 hr	Annually