

Dear Patient:

This appointment was scheduled for allergy skin testing. You will be here for approximately 2 – 2.5 hours.

The nurse will ask you questions regarding your symptoms, medications, any previous treatment or allergic reactions. A medical assistant will administer the skin testing and a pulmonary function test if necessary.

After the testing is completed, you will see the physician to discuss the results of your tests and recommend any treatment that might be indicated.

The charges for this visit will range from approximately \$1100.00 to \$1700.00 depending on the number of procedures. If you have insurance coverage and the proper referrals, we will submit the claim to your insurance company. We do require that any co-payments be paid at the time of the visit. If you have insurance coverage that has a yearly deductible and pays a percentage of the charges, we require a \$250.00 partial payment. If you do not have any insurance coverage, we require payment in full.

**If you have any questions, feel free to ask the receptionist.**

You will be given a *Welcome Brochure* and a copy of the patient appointment policy. A copy of our Privacy Notice is also available.

**Again, if you have any questions, please ask the receptionist.**

Thank you.

Sincerely,

*Asthma & Allergy  
Physicians*

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## Allergy Testing Instructions

- Please arrive 15 minutes prior to your appointment time if you have completed the Registration Form and the Medical History Questionnaire.
- If you have not completed these forms, please arrive 30 minutes prior.
- Please be prepared to be in the office for approximately 2-2.5 hours.
- Wear a short sleeved shirt
- Please arrive at your scheduled time.

**“If you are sick with fever, cough, chill or shortness of breath at the time of your scheduled appointment please call the office to reschedule this appointment. “**

- **Do not take Benadryl, Advil-PM, Excedrin-PM or Tylenol-PM 2 days prior to the appointment.**
- **Do not take any other antihistamines for 5 days prior to the appointment.**
  - Examples of antihistamines or meds that contain antihistamines:  
**Alavert, Allegra, Atarax, Brompheniramine, Ceterizine, Chlorpheniramine, Chlor-Trimetron, Clarinex, Claritin, Desloratadine, Dimetane, Fexofenadine, Hydroxyzine, Levoceterizine, Loratadine, Tavist, Xyzal, Zyrtec,**
  - And the following nasal sprays: **Astelin, Astepro, Dymista, Patanase, Olopatadine or Ryaltris**
- If you are not sure call the office.
- Instructions for LMX4 numbing cream are available for children 14 years and under.
- If your insurance requires a referral, please be sure to have it sent to the office
- Please be sure to bring in your insurance cards

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### Your Next Appointment is With:

Healthcare Professional: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Need A Referral

Cancellation of your appointment must be received within 24 hours or your account may be charged.



**PATIENT REGISTRATION FORM**

Date \_\_\_\_\_

**Patient Name** \_\_\_\_\_  
 Last First M Initial

**Street Address 1** \_\_\_\_\_ **Street Address 2** \_\_\_\_\_  
 City/Town \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Sex (M/F) \_\_\_\_\_ Date of Birth \_\_\_\_\_ Marital Status \_\_\_\_\_

**Phone Numbers:**

Home ( ) \_\_\_\_\_

Cell ( ) \_\_\_\_\_

Work ( ) \_\_\_\_\_

EXT \_\_\_\_\_

*Please update any changes*

**Race: (circle one)**

American Indian or Alaskan Native      Asian

Black or African American      White Caucasian

Native Hawaiian or other Pacific Islander

Other Race \_\_\_\_\_

**Ethnicity: (circle one)**

Hispanic or Latino

Not Hispanic or Latino

Refused to report

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**Language: (circle one)**

English      Chinese

Cape Verdean Creole      Japanese

Haitian Creole      Russian

Portuguese      Spanish

Sign Language      Other

Email address \_\_\_\_\_ @ \_\_\_\_\_ (parent if patient is under 18)  
 Circle one ~~~ Patient Mother Father (Name \_\_\_\_\_)

Parent/Guardian Name \_\_\_\_\_ Full time student? Y or N  
 Employed? Y or N Name of Employer \_\_\_\_\_

**Emergency Contact** \_\_\_\_\_ Phone ( ) \_\_\_\_\_ Relationship \_\_\_\_\_  
 Address \_\_\_\_\_ (relative, friend, etc)

(statements will be addressed to financially responsible party)  
**Responsible Party:** \_\_\_\_\_ Address \_\_\_\_\_  
 If other than patient Street City/Town State Zip

Relationship of patient to Resp. Party. Self Spouse Child Grandchild Parent (Circle)

**Name of Primary Care Physician** \_\_\_\_\_  
 Address \_\_\_\_\_ First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
 Street City/Town State ZIP Phone ( ) \_\_\_\_\_

**Physician Specialist** (that you may want a report sent to) \_\_\_\_\_  
 First Name Last Name Address

**Preferred Local Pharmacy** \_\_\_\_\_  
 Name Address  
 City/Town State Zip Telephone No

**Preferred Mail Away Pharmacy** \_\_\_\_\_  
 Name Address  
 City/Town State Zip Telephone No Certificate Number (Express Scripts or Medco, etc.)

**Insurance**  
 Name of Insurance Company \_\_\_\_\_ Subscriber's Name \_\_\_\_\_  
 Subscriber's DOB \_\_\_\_\_ Identification Number \_\_\_\_\_ Group Number \_\_\_\_\_  
 Effective Date of Coverage \_\_\_\_\_ Relationship to patient \_\_\_\_\_ Co-pay amount \_\_\_\_\_  
 Subscriber's Employer \_\_\_\_\_ Does your insurance require a referral? Y or N

**Secondary Insurance**  
 Name of Insurance Company \_\_\_\_\_ Subscriber's Name \_\_\_\_\_  
 Subscriber's DOB \_\_\_\_\_ Identification Number \_\_\_\_\_ Group Number \_\_\_\_\_  
 Effective Date of Coverage \_\_\_\_\_ Relationship to patient \_\_\_\_\_ Subscriber's Employer \_\_\_\_\_

Print Patient's Name: \_\_\_\_\_

**Privacy Notice Acknowledgment Form**

I have had the opportunity to review Asthma & Allergy Physicians' Notice of Privacy Practices. This Notice of Privacy Practices describes the types of uses and disclosures of my protected health information that will occur in my treatment, the payment of my bills, and health care operations of the practice including possible future participation in clinical research trials. My "protected health information" means health information, including my demographic information collected from me and created or received by my physician, another health care provider or health plan. This protected health information relates to all my medical conditions and identifies me. The Notice of Privacy Practices for Asthma & Allergy Physicians is available upon my request. Asthma & Allergy Physicians reserves the right to change the privacy practices that are described in the Notice of Privacy Practices. I understand I have the right

to request a restriction as to how my protected health information is used or disclosed to carry out treatment, payment or health care operations of the practice including possible future participation in clinical research trials. Asthma & Allergy Physicians is not required to agree to the restrictions that I may request. However, if Asthma & Allergy Physicians agrees to a restriction that I request, the restriction is binding on Asthma & Allergy Physicians.

Signature \_\_\_\_\_ Date \_\_\_\_\_

I give Asthma & Allergy Physicians permission to share my health information with:

Name \_\_\_\_\_ Relationship to Patient \_\_\_\_\_ Name \_\_\_\_\_ Relationship to Patient \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Financial Policy**

Thank you for allowing us to serve your allergy/asthma needs. As an accommodation to our patients, we have adopted the following payment policy, which will allow us to continue to provide the best care available. Payment is due at the time services are rendered.

**TYPE OF PAYMENT:** We accept cash, check, Visa, MasterCard or American Express.

**INSURANCE:** Patients are responsible for payment of all services. Asthma & Allergy Physicians will submit your claims to your insurance company if proper referrals are in place. Some insurance companies apply skin testing, patch testing and pulmonary function tests to a deductible or co-insurance. This will be your financial responsibility.

**REFERRALS:** Patients who require referrals from their PCP must have them in place for any future visits. If Asthma & Allergy Physicians does not have a current referral in place, the scheduled appointment may have to be rescheduled.

**DEDUCTIBLE & CO-INSURANCE:** Some insurance companies apply skin testing, patch testing and pulmonary function tests to a deductible or co-insurance. This will be your financial responsibility. I have read, understand and agree with the above Financial Policy. I hereby authorize Asthma & Allergy Physicians to directly bill my insurance for services rendered to me and authorize direct payment to Asthma & Allergy Physicians for these services. I understand that I may be financially responsible for charges not covered by my insurance.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**MEDICATION POLICY:** Requests for medication refills will only be filled Monday through Friday from 9 a.m. to 4:45 p.m. Please be certain to check your medicine supplies periodically to ensure adequate supplies through weekends/holidays.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**CANCELLATION POLICY:** Twenty four (24) hour notice is required in order to avoid a \$50 missed office visit appointment fee or a \$25 missed injection appointment fee.

Signature \_\_\_\_\_ Date \_\_\_\_\_





Patient's Name \_\_\_\_\_

**PAST MEDICAL HISTORY**  
(Please **CIRCLE** if diagnosed or  
Currently have these conditions:

CONSTITUTIONAL:

Cancer: Type \_\_\_\_\_

ALLERGY/IMMUNOLOGIC:

Allergies – Environmental

Angioedema (swelling of skin)

Hives

Recurrent infections – or rashes

Eczema

Food allergy \_\_\_\_\_

Reactions to stinging insects

Autoimmune disease \_\_\_\_\_

CARDIOVASCULAR:

Chest pain or discomfort

Irregular or fast heart beat

History of heart murmur

History of Rheumatic Fever

History of heart failure

Congenital heart disease

Heart attack

High blood pressure

High cholesterol level

ENDOCRINE:

Diabetes – Type I or Type II

Underactive thyroid

Overactive thyroid

Low blood sugar – Hypoglycemia

EYES:

Conjunctivitis – (pink eye)

Allergic – Bacterial

Glaucoma

GASTROINTESTINAL:

Celiac disease

GERD

Ulcers

Other food reactions \_\_\_\_\_

GENITOURINARY:

For females –

Pregnant or ? pregnant – Yes No

HEMATOLOGIC:

HIV/AIDS

Anemia

Hepatitis

HEENT:

Headaches – Migraines

Otitis media – (ear infection)

Chronic sinusitis

MUSCULOSKELETAL:

Fibromyalgia

Arthritis – Osteo or Rheumatoid

Osteoporosis – Osteopenia

NEUROLOGICAL:

Seizures

Stroke – TIA

PSYCHIATRIC:

Depression

Anxiety

Bipolar Disorder

RESPIRATORY:

Bronchitis

Pneumonia

Asthma

Chronic cough

Shortness of breath

COPD – emphysema

Tuberculosis

Coughing up blood

Other unlisted medical conditions:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

FAMILY HISTORY: Must be completed for Immediate Family (Please circle all that apply)

A=Alive D=Deceased, YOY=year of birth. (If not known, please enter their age)

(\*\*CIRCLE\*\* any illnesses they have below – Please list up to 1 or 2 Siblings or Children – if None – leave blank)

Father	A or D	YOY _____	or Age _____	Diabetes	Hypertension	Heart Disease	Stroke	Mental Illness	Cancer	Unknown
Mother	A or D	YOY _____	or Age _____	Diabetes	Hypertension	Heart Disease	Stroke	Mental Illness	Cancer	Unknown
Sibling 1	A or D	YOY _____	or Age _____	Diabetes	Hypertension	Heart Disease	Stroke	Mental Illness	Cancer	Unknown
Sibling 2	A or D	YOY _____	or Age _____	Diabetes	Hypertension	Heart Disease	Stroke	Mental Illness	Cancer	Unknown
Child 1	A or D	YOY _____	or Age _____	Diabetes	Hypertension	Heart Disease	Stroke	Mental Illness	Cancer	Unknown
Child 2	A or D	YOY _____	or Age _____	Diabetes	Hypertension	Heart Disease	Stroke	Mental Illness	Cancer	Unknown

Siblings # of brothers \_\_\_\_\_ # of sisters \_\_\_\_\_ Healthy – Yes No

Children # of sons \_\_\_\_\_ # of daughters \_\_\_\_\_ Healthy – Yes No

Asthma/Allergy Family History: Please list family member(s) and allergic conditions: \_\_\_\_\_

**SOCIAL HISTORY:**

Smoking: \_\_\_\_\_ Please circle if you are:

NEVER SMOKER    current smoker    former smoker    vaping    uses tobacco in other forms

Please circle form of tobacco:    cigarette    cigar    pipe    chewing tobacco    snuff

Current/Past smoking history – please circle how many cigarettes you smoke – or did smoke per day:

1-9 cigarettes    10-19 cigarettes    20-39 cigarettes    40+ cigarettes per day    chain smoker

If you stopped smoking - please answer the questions below:

How many years did you smoke \_\_\_\_\_

At what age did you start smoking \_\_\_\_\_ At what age did you stop smoking \_\_\_\_\_

Are you currently: (Please circle one)    exposed to second hand smoke    not exposed to second hand smoke

**WORK ENVIRONMENT:**

Occupation: \_\_\_\_\_

**ENVIRONMENTAL HISTORY:** (Please circle all that apply)

Pillow Contents:	Cotton	Feather	Foam	Non-allergenic	Polyester	Tempurpedic	
Mattress Contents:	Air	Feather	Foam	Spring	Tempurpedic	Water	
Comforter Contents:	Feather	Cotton	Polyester				
Dust Mite Covers:	Pillow	Mattress	None Used				
Flooring in Bedroom:	Carpet	Area Rug	Wall-to-wall	Hardwood	Linoleum	Tile	Vinyl
Flooring in Home:	Carpet	Area Rug	Wall-to-wall	Hardwood	Linoleum	Tile	Vinyl
Pets:	None	Cat	Dog	Bird	Fish	Gerbil	
	Guinea Pig	Hamster	Mouse	Rabbit	Other	_____	

Farm Animals: Please List: \_\_\_\_\_

Home Heated by:	Forced hot air by gas	Forced hot air by oil	Forced hot air by propane
	Forced hot water by gas	Forced hot water by oil	Forced hot water by propane
	Electric baseboard	Steam (radiator)	
	Coal stove	Pellet stove	Wood stove

**IMMUNIZATIONS:**

Have you had a flu shot in the last year?    Yes \_\_\_\_\_ No \_\_\_\_\_

If yes please give date (or approximate date) of flu shot: \_\_\_\_\_

Have you had a pneumonia shot in the last 5 years? (Pneumovax/Prevnar)    Yes \_\_\_\_\_ No \_\_\_\_\_

If yes please give date (or approximate date) of pneumonia shot: \_\_\_\_\_

Have you been hospitalized in the last year?    Yes \_\_\_\_\_ No \_\_\_\_\_

If yes please give date (or approximate date) of discharge: \_\_\_\_\_



## Patient Instruction/Consent Form for Allergy Skin Testing

**Skin Test:** Skin tests are methods of testing for allergic antibodies. A test consists of introducing small amounts of the suspected substance, or allergen, into the skin and noting the development of a positive reaction (which consists of a wheal, swelling, or flare in the surrounding area of redness). The results are read at 15 minutes after the application of the allergen. The skin test methods are:

**Prick Method:** The skin is pricked with a derma pick where a drop of allergen has already been placed.

**Intradermal Method:** This method consists of injecting small amounts of an allergen into the superficial layers of the skin. We do not do intradermal testing for food allergy.

Interpreting the clinical significance of skin tests requires skillful correlation of the test results with the patient's clinical history. Positive tests indicate the presence of allergic antibodies and are not necessarily correlated with clinical symptoms.

You will be tested to important airborne allergens in our area and/or foods. These include, trees, grasses, weeds, molds, dust mites, and animal danders. If you are having food skin testing this will be tailored to your needs or a general panel will be performed. The skin testing generally takes 45 minutes. Prick (also known as percutaneous) tests are usually performed on your lower arms. Intradermal skin tests may be performed if the prick skin tests are negative and are performed on your upper arms. If you have a specific allergic sensitivity to one of the allergens, a red, raised, itchy bump (caused by histamine release into the skin) will appear on your skin within 15 to 20 minutes. These positive reactions will gradually disappear over a period of 30 to 60 minutes, and, typically, no treatment is necessary for this itchiness. Occasionally local swelling at a test site will begin 4 to 8 hours after the skin tests are applied, particularly at sites of intradermal testing. These reactions are not serious and will disappear over the next week or so. They should be measured and reported to your physician at your next visit. You may be scheduled for skin testing to antibiotics, anesthetics, venoms, or other biological agents. The same guidelines apply.

Skin testing will be administered at this medical facility with a medical physician or other health care professional present since reactions may require immediate therapy. Reactions to allergy testing are rare. These reactions may consist of any or all of the following symptoms: itchy eyes, nose, or throat; nasal congestion; runny nose; tightness in the throat or chest; increased wheezing; lightheadedness; faintness; nausea and vomiting; hives; generalized itching; and shock, the latter under extreme circumstances. Please let the physician and nurse know if you are pregnant or taking beta-blockers. Allergy skin testing may be postponed until after the pregnancy in the unlikely event of a reaction to the allergy testing. Beta-blockers are medications that may make the treatment of the reaction to skin testing more difficult. Please note that these reactions rarely occur but in the event a reaction would occur, the staff is fully trained and emergency equipment is available. After skin testing, you will consult with your physician or other health care professional who will make further recommendations regarding your treatment.

I have read the patient information sheet on allergy skin testing and understand it. The opportunity has been provided for me to ask questions regarding the potential side effects of allergy skin testing and these questions have been answered to my satisfaction. I understand that every precaution consistent with the best medical practice will be carried out to protect me against such reactions.

Patient Name _____	Signature _____	Date signed _____
Parent or legal guardian* _____		Date signed _____
Witness _____		Date signed _____