



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2024-2025

School Name & Location Number:	Andover Middle School 6023
Principal:	Mr. Romulo Espinosa
Phone Number:	305-654-2727
School Wellness/Healthy School Team Leader:	Dr. Kerian Wilson
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	School Site Wellness Chairman: Coach Ariel Davis Cafeteria Manager: Ms. Ruthann Dickenson Mental Health Coordinators: Ms. Isma and Ms. Simon Science Teachers: Ms. Allen and Ms. Hall-Brown
Committee Meeting Dates:	
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition: Morning announcements, Lunch menu, Provide healthy meals daily to students</p> <p>Physical Education: Afterschool program, During school, Fitness gram Testing</p> <p>Physical Activity: PE, Team Sports</p> <p>Health and Nutrition Literacy: As part of the PE curriculum, the Physical Education and Science teachers will educate students on Nutrition, Health and calorie intake.</p> <p>Preventive Healthcare: Mental Health Counselors</p>

Sustainability Practices:	Encourage the use of reusable items such as water bottles Post Health Educational flyers throughout the school
Community Engagement:	Social media flyers are distributed to community regarding events at the school. Superintendent 5K Run for Education Student Volleyball Games Student Basketball and Flag football games
Monitoring and Evaluation:	Fitness test for PE, Food Chart, Food activity by cafeteria manager Committee agenda, minutes and sign in-sheets.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	Event Flyers Wellness Policy posted on the school's website. Students Participation in Sports Incorporate nutrition into the Science and Physical Education curriculum.