

# REGION V CHAMPIONS

## CROSS COUNTRY INDIVIDUALS

YEAR	NAME	TOWN	NAME	TOWN	NAME	TOWN	NAME	TOWN
	BOY'S COMBINED				GIRL'S COMBINED			
1963								
1964								
1965								
1966								
1967								
1968								
1969								
1970								
1971								
1972								
1973								
1974								
1975								
1976								
1977								
1978								
1979								
1980								
1981								
1982								
1983								
	BOY'S 4A		BOY'S 1/2/3A		GIRL'S 4A		GIRL'S 1/2/3A	
1984								
1985								
1986								
1987								
1988								
1989								
1990								
1991								
1992								
1993								
1994								
1995	Vanderjack, A	JNU	Blackhurst, C	HNS	Hodges, J	JNU	Carter, K	CRG
1996								
1997								
1998								
1999								
2000	Stringer, J	JNU	Bush, P	KLK	Jakubek, J	KTN	Lende, S	HNS
2001	Stringer, J	JNU	Bush, R	SKG	Young, H	JNU	Morris, C	KAK
2002								
2003	Knutson-Lomba	JNU	Mulvihill, K	EDG	Thibodeau, G	JNU	Streuli, A	PSG
2004	Knutson-Lomba	JNU	Howell, M	WRG	Garvey, L	JNU	Lende, J	HNS
2005								
2006	Weissberg, A	STK	Kemp, C	HNS	Francis, L	JNU	Lende, S	HNS
2007	Brown, H	JNU	Kemp, C	HNS	Francis, L	JNU	Lende, J	HNS
2008					Francis, L	JNU		
2009	Thibodeau, S	JD	Wison, M	SKG	Ord, A	JD	Paustian, K	STK
2010	Thibodeau, S	JD	Payenna, T	EDG	Browning, S	JD	Surdyk, K	SKG
2011	Francis, D	JD	Friedman, N	STK	Browning, S	JD	Riggs, S	STK
2012	Norvell, T	JD	Brand, W	CRG	Hall, M	TM	Nyquest, T	THB
2013	Moser, R	JD	Wilcox, D	STK	Hall, M	TM	Nyquest, T	THB
2014	Moser, R	JD	Baciocco, C	STK	Welling, N	TM	Nyquest, T	THB
2015	Arthur, A	JD	Baciocco, C	STK	Welling, N	TM	Hutten, R	WRG
2016	Ellefson-Carnes	JD	Wilcox, D	STK	Tuckwood, S	JD	Hutten, R	WRG

	BOY'S D I		BOY'S D II		GIRL'S D I		GIRL'S D II		BOY'S D III		GIRL'S D III	
2017	Ellefson-Carnes	JD	Pate, J	STK	Tuckwood, S	JD	Cowan, M	PSG				
2018	Ellefson-Carnes	JD	McIntyre, S	STK	Tuckwood, S	JD	Cowan, M	PSG				
2019	Morley, F	JD	Baciocco, D	STK	Tuckwood, S	JD	Prussian, A	STK	George, S	HNS	Chase, M	PSG
2020*			Demmert, S	STK			Smith, T	STK				
2021	Lapinski, M	KTN	Demmert, S	STK	Dihle, K	TM	Prussian, A	STK	Lucas, U	PSG	Godinez-Long, A	HNS

\* COVID Pandemic - Modified season