



Counties Sligo and Mayo

Tracing a jagged and dramatic line along Ireland's western shoreline in the heart of the Wild Atlantic Way, the captivating landscapes of counties Sligo and Mayo have long charmed artists and adventurers in search of unspoilt beauty and some of Europe's most sought-after surf breaks.

Mayo is the more rugged of the two, a land of stone-walled fields, heather-covered moors and dramatic cliffs. Offshore settlements like **Clare Island** provide a glimpse of an elemental, traditional lifestyle largely dictated by the forces of nature, while the county's splendid natural beauty is spread out in the huge, scenic **Ballycroy National Park**, made up of one of the largest areas of blanket bog in Europe.

The county's handsrable history is explained in compelling detail in museums like the **Jackie Clarke Collection** in Ballina, made up of 100,000 objects covering 400 years of Irish history. Just outside Castlebar, in the handsome grounds of 19th-century Trough Manor, the **National Museum of Country Life** tells the story of rural Ireland from 1850 to 1950, while the county's prehistoric past comes alive in the stone houses and megalithic tombs of the **Céide Fields**, perhaps the world's most extensive Stone Age monument.

Standing sentinel over them all is Ireland's most sacred mountain, **Croagh Patrick**, whose 772m ascent is both an act of faith and a chance for stunning views over magnificent **Clew Bay** and its eye-catching collection of sandy islets. Nearby, photogenic **Westport** is an elegant Georgian town with handsome, tree-lined streets and a fine collection of restaurants and traditional pubs.

Smaller and less remote, **County Sligo's** bucolic charms and ancient history have nonetheless beguiled poets and painters for generations, not least the **Yeats brothers**, William and Jack, who devoted much of their considerable genius to representing Sligo's majesty and mystery on page and canvas.

They were drawn to the ancient secrets of **Carrowkeel** and **Carrowmore**, megalithic sites that were already old when the pyramids of Egypt were built. Sligo's most distinctive peak, **Benbulbin**, so enchanted Yeats the poet that he insisted on being buried in its shadow, with the words from his poem *Under Ben Bulbin* as his epitaph.

Sligo's collection of **hiking trails** and **waterways** make it a paradise for walkers and anglers, while its sculpted coastline is dotted with beaches like **Easky**, **Inishrone** and **Strandhill** that are a popular gateway to some of Europe's very best **surfing**. So, grab your boots, camera and board – Sligo and Mayo await.

Sligo & Mayo

FREE

Visitor Attractions, County Sligo

- 01 Lissadell House and Gardens**
www.lissadellhouse.com Home of the radical revolutionary Countess, Constance de Markievicz (née Gore-Booth). Lissadell House gives a glimpse of life above and below stairs. The alpine garden is a must see.
- 02 Atlantic Sheepdogs**
www.atlanticsheepdogs.com gives visitors the opportunity to see some of the world's smartest working sheepdogs in action, while also learning about life on this Irish sheep farm. **Find us on Facebook**
- 03 W. B. Yeats's Grave and Drumcliffe Church**
www.drumcliffchurch.ie Situated in the shadow of Benbulbin, Drumcliffe is the site of a 6th-century Columban monastery, with a medieval High Cross and Round Tower, and the final resting place of W. B. Yeats.
- 04 Parke's Castle**
www.heritageireland.ie Overlooking Lough Gill, Parke's Castle is a restored 17th-century fortified manor house, once an important stronghold of the O'Rourkes, the rulers of Breifne.
- 05 Sligo Abbey**
www.heritageireland.ie A mid-13th century Dominican Friary with a wealth of Gothic and Renaissance tomb sculpture carvings and the only sculptured 15th century high altar in any Irish monastic church.
- 06 Sligo County Museum**
www.sligoiblibrary.ie Sligo County Museum displays memorabilia relating to William Butler Yeats (1865-1939) and Countess Markievicz (1868-1927). The story of the archaeology and history of the area is also presented.
- 07 The Model**
www.themodel.ie The Model, home of The Niland Collection (featuring works by many of Ireland's most acclaimed 20th-century artists), is one of Ireland's leading contemporary arts centres with a vibrant programme of visual and performing arts.
- 08 Yeats Memorial Building**
www.yeatsmemorialbuilding.com The Yeats Memorial Building houses a permanent exhibition on the life and works of W. B. Yeats and a display of Jack B. Yeats prints. The Yeats Art Gallery presents changing exhibitions of art and sculpture.
- 09 Dolly's Cottage**
www.dollyscottage.com Dolly's Cottage is a 200-year-old traditional thatched cottage, the only one of its kind in the area, which is open to the public in the summer months.
- 10 Carrowmore Megalithic Cemetery**
www.heritageireland.ie The largest megalithic cemetery in Europe and one of the most important in Europe, with monuments dating to c. 4000 BC. Archaeologists have recorded over 60 monuments, of which 30 are still visible. A restored cottage houses an exhibition relating to the site.
- 11 Sligo Folk Park**
www.sligofolkpark.com Sligo Folk Park tells the story of traditional rural life in Ireland through its museum, restored farmhouse, recreated village street and display of farming implements – all to the sounds of farm animals.
- 12 Eagles Flying**
www.eaglesflying.com Get up-close and personal with the masters of the sky. Visit Ireland's largest and multi-award winning Bird-of-Prey Sanctuary.



CARROWMORE MEGALITHIC CEMETERY, COUNTY SLIGO



Home to 350 birds and animals. Our shows are highly interactive, informative and entertaining, great fun for all the family.

13 Coleman Music Visitor Centre
www.colemanirishmusic.com Named for the legendary Sligo

Activities & Adventure, County Sligo

- 7th Wave Surf School**
www.surfsligo.com Surfing, kayaking, Aughris, Inishrone, County Sligo.
- Beach Bar Surf School**
www.beachbarsurfschool.com Surf School. Aughris Head, County Sligo.
- Carraig Climbing**
www.carraigclimbing.com Rock climbing. Sligo Town.
- Donal Kennedy**
www.dkenedyangling.net Fishing trips, dolphin watching, Inishrone, County Sligo.
- Ewing's Sea Angling and Boat Charters**
www.sligoboatcharters.com Fishing trips. Rosses Point, County Sligo.
- Free Diving**
www.freeivediveireland.com Snorkelling. Sligo Town.
- Harbour SUP N Sail**
www.harbourupsail.com Stand up paddling, sailing. Inishrone, County Sligo.
- High Hopes Hiking**
www.highhopesmountaintrek.com Guided hikes of Benbulbin, County Sligo.
- Mullaghmore Sailing Club**
www.mullaghmoresailingclub.org Dinghy sailing, mooring, Mullaghmore, County Sligo.
- North West Adventure Centre**
www.northwestadventure.ie White-water rafting, wilderness camping, abseiling, Ballinad, County Sligo.
- North West Adventure Tours**
www.northwestadventuertours.ie Biking, hiking, stand up paddle adventures. Sligo Town.
- North West Coasteering**
www.northwestcoasteering.com Coasteering, Mullaghmore, County Sligo.
- North West Surf School**
www.nwsurfschool.com Surfing. Inishrone, County Sligo.
- Offshore Watersports**
www.offshore.ie Scuba diving, Mullaghmore, County Sligo.
- Perfect Day Surf School**
www.perfectdaysurfing.com Surfing, stand up paddling. Strandhill, County Sligo.
- Rose of Inisfree Boat**
www.roseofinnisfree.com Pleasure cruise. Lough Gill, County Sligo.
- Seatrails**
www.seatrails.ie Guided walking tours, horse treks. Sligo Town.
- Sligo Aero Club**
www.sligoaeroclub.com Flying lessons. Strandhill Airport, County Sligo.
- Sligo Bay SUP**
www.sligobaysup.ie Stand up paddle. County Sligo.
- Sligo Craft Trail**
www.madeinsligo.ie Craft trail. Sligo Town. County Sligo.
- Sligo Food Trail**
www.sligofoodtrail.ie Food trails. Sligo Town County Sligo.
- Sligo Kayak Tours**
www.sligoakayaktours.com Guided tours. Sligo Town, County Sligo.
- Sligo Yacht Club**
www.sligoachtclub.ie Dinghy, cruiser sailing. Rosses Point, County Sligo.
- The Sligo Way**
www.irishtrails.ie A signposted 74km route that traverses County Sligo. Walking in Sligo
- Walking in Sligo**
www.sligowalks.ie For more walks visit
- Sligo Town Free Walking Tour**
www.sligoftwt.com Walking tour departing Tourist Office. Sligo Town, County Sligo.
- Strandhill Surf School**
www.strandhillsurfschool.com Surfing/surf school. Strandhill, County Sligo.
- SUP Dude**
www.supdude.ie Stand up paddle lessons, courses. Mullaghmore, County Sligo.
- West Coast Kayaking**
www.westcoastkayaking.ie Water based trips. Mullaghmore, County Sligo.



LISSADELL HOUSE, COUNTY SLIGO

Westport

It is no surprise that Westport, one of Fáilte Ireland's Heritage Towns, has developed into one of the premier tourist destinations in Ireland, rich in culture and energy.

As one of the few planned towns in the county (James Wyatt 1870), its classic Georgian town centre is particularly noteworthy. The planning of the town was commissioned by the Marquess of Sligo of the stately home, Westport House, one of the area's premier tourist locations.

Visitors to the town can soak up the continental atmosphere while strolling along the tree-lined Carrowbeg river (known locally as the Mall). Colourful flower displays are many and plentiful while the town is packed full of shops with character and bustling cafes, restaurants and pubs.

In Westport, you can enjoy a variety of activities, historical walking tours, cruises, relaxing spa treatments or be entertained at the Town Hall Theatre.



BELLEEK CASTLE, COUNTY MAYO

Visitor Attractions, County Mayo

- 14 Knock - Ireland's National Marian Shrine and Knock Museum**
www.knock-shrine.ie Ireland's National Marian Shrine is set in 100 acres of beautiful landscaped gardens incorporating five churches where there are daily masses. The museum tells the compelling story of the Knock Apparition of 1879 and sets it in the context of life at that time in the west of Ireland.
- 15 Foxford Woollen Mills**
www.foxfordwoollenmills.com Founded in 1892, Foxford Woollen Mills is a historic mill nestled along the River Moy. Today, you can tour the mill and visit its large shop.
- 16 The Jackie Clarke Collection**
www.jackieclarkecollection.ie The Jackie Clarke Collection comprises of over 100,000 items spanning 400 years on Irish history. It features a special memory booth in which you can record your own memories.
- 17 Belleek Castle**
www.belleekcastle.com Belleek Castle tour discovers the origins and history of the castle with the Marshall Doran Collection of arms, armour and fossils.
- 18 Céide Fields Visitor Centre**
www.heritageireland.ie Preserved beneath a blanket bog, Céide Fields
- is the most extensive Neolithic site in Ireland, containing the oldest known field systems in the world – dating back nearly 6,000 years.
- 19 Achill Experience**
www.achillexperience.ie With native and tropical fish tanks, Achill Experience is Mayo's first and only aquarium. The visitor centre features a traditional 'Boley House'.
- 20 Westport House, Pirate Adventure Park and Westport Train Tour**
www.westporthouse.ie Built in 1730, Westport House is a beautiful Georgian house with stunning period-styled rooms. The historic estate is also home to family fun and adventure activities.
- 21 National Museum of Ireland - Country Life**
www.museum.ie Home to the National Folklife Collection, the National Museum of Ireland - Country Life features four floors of award-winning exhibitions, a historic country house and formal gardens.
- 22 Ballintubber Abbey and the Celtic Furrow**
www.ballintubberabbey.ie An Tóchar Phádraig (St Patrick's Causeway) – an ancient pilgrim path – starts in Ballintubber.

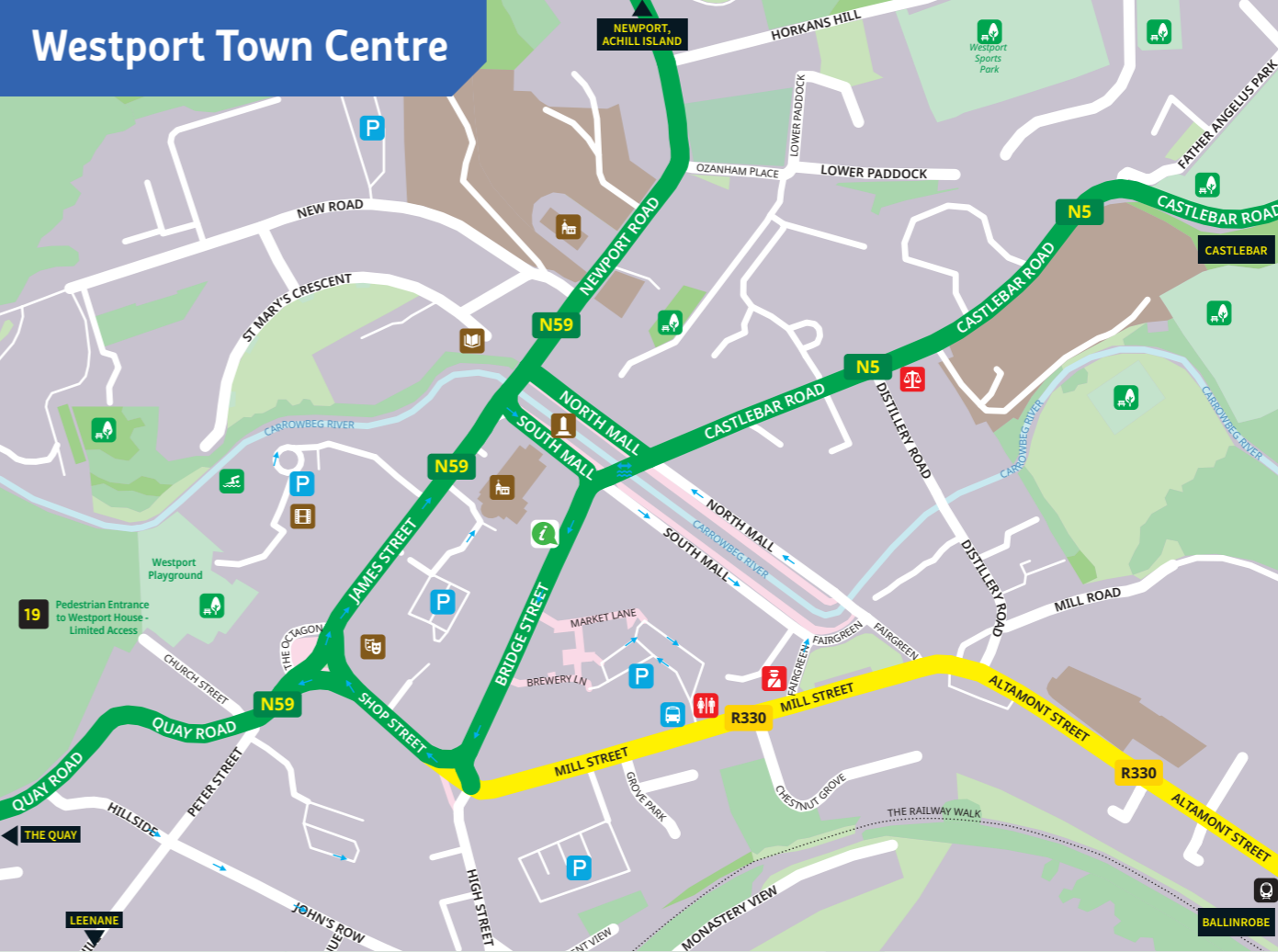
- Achill Outdoor Education Centre**
www.achilloutdoor.com Water/land based sports, team building. Achill Island, County Mayo.
- Achill Surf and Kayak**
www.achillsurf.com Surfing/kayaking. Achill Island, County Mayo.
- Adventure West**
www.adventurewest.ie Adventure activities, snorkelling, coasteering. Clew Bay area, County Mayo.
- Ashford Outdoors**
www.ashfordoutdoors.com Outdoor activities and cycle tours. Cong, County Mayo.
- Blackfield Surf School**
www.blackfield.com Surf School. Achill Island, County Mayo.
- Broadhaven Irish Tours**
www.broadhavenirish.com Guided Tours. Ballina, County Mayo.
- Clare Island Adventures**
www.clareislandadventures.ie Adventure activities. Clare Island, County Mayo.
- Clew Bay Bike Hire & Outdoor Adventure**
www.clewbaybikehire.ie Bike hire, Kayaking. Clew Bay and Westport, County Mayo.
- Clew Bay Charters**
www.clewbaycharters.com Fishing trips, wildlife tours, island tours. Newport, County Mayo.
- Corrib Cruises and Corrib Ferries**
www.corribcruises.com Lake cruises Lough Corrib. Cong, County Mayo.
- Croagh Patrick Walking Holidays**
www.walkingguideireland.com Guided walking Tours. Westport, County Mayo.
- CycleWest Ireland**
www.cyclewest.com Bike Tours. Westport, County Mayo
- Dive West Ireland**
www.divewestireland.com Scuba diving. Blacksod, Belmullet, County Mayo.
- Electric Escapes**
www.electricscapes.ie Electric bike hire, tours. Westport, County Mayo.
- Elements Kite Surfing**
www.elementskitesurfing.com Kite surfing. Blacksod, County Mayo.
- FootGolf Mayo**
www.footgolfmayo.ie Hybrid sport - football/golf. Westport, County Mayo.
- Gourmet Greenway Food Trail**
www.mulrannyparkhotel.ie Food trail. Mulranny, County Mayo
- Harbour Sup and Sail**
www.harbourupsail.com Stand up paddling, sailing. Ballina Town, County Mayo.
- Historic Walking Tours**
www.historicwalkingtours.com Guided historical walking tours. Castlebar, Murrisk, County Mayo.
- Ireland Walk Hike Bike**
www.irelandwalkhikebike.com Walking, hiking, bicycle tours. Westport, County Mayo.
- Mayo Shooting Grounds**
www.mayoshooting.com Clay shooting. Belmullet, County Mayo.
- Moy Archery**
www.moyarchery.com Archery. Ballina, County Mayo. **Find us on Facebook**
- Paddle and Pedal**
www.paddleandpedal.ie Kayaking, cycling tours. Ballina, County Mayo.
- Pure Magic Kitesurfing**
www.puremagic.ie Kite-surfing school. Achill Island, County Mayo.
- Rachel's Irish Adventures**
www.rachelirishadventures.com Adventure tours Mayo/Sligo. Trail running, biking, hiking, surfing, Ballina, County Mayo.
- Reek Tours**
www.reek.ie Guided tours Croagh Patrick. Westport, County Mayo.
- Singing Highwayman Experience**
www.thequietcallstudios.com Guided tour with George McNamara. Cong, County Mayo.
- Sláinte Ireland Tours**
www.slainteirelandtours.ie Guided walks, coach tours. Ballina, County Mayo.
- Summer SUP School**
www.summersup.ie Stand up paddling lessons, summer camps, rentals. Louisburgh, County Mayo.
- SurfMayo**
www.surfmayo.com Surf school. Louisburgh, County Mayo.
- Terra Firma Ireland**
www.terrafirmairland.ie Walking, cultural tours. Newport, County Mayo.
- The Inisfree Experience**
www.inisfreeexperience.com Guided tours in Quiet Man Country. Cong, County Mayo.
- The Lost Valley**
www.thelostvalley.ie Guided cultural adventure. Louisburgh, County Mayo.
- The Quiet Man Tours**
www.quietmannotel.com Guided walking, chauffeur driven tours. Cong, County Mayo.
- Tourism Pure Walking Holidays**
www.tourismpurewalking.com Guided walking tours. Castlebar, County Mayo.
- Trek West**
www.trekwesttours.ie Outdoor activity breaks. Ballina, County Mayo.
- Uisce Gaeltacht and Adventure Centre**
www.usisce.com Adventure Centre. Cuan Eilí, Belmullet, County Mayo.
- Walking & Hiking Tours**
www.walkingandhikingtours.com Guided hill walking tours in the West. Westport, County Mayo. **Find us on Facebook**
- Walking in Mayo**
www.mayowalks.ie For more walks visit
- Wavesweeper Sea Adventure**
www.wavesweeperadventures.com Island trips, thrill rides, tpe angling, wildlife tours. Belmullet, County Mayo.
- Westport Adventure Park**
www.westportadventurepark.ie Outdoor activities. Westport, County Mayo.
- Westport Cruises**
www.westportcruises.com Guided cruises Clew Bay. Westport, County Mayo.
- Westport Cycle Tours**
www.westportcycletours.com Cycle tours. Murrisk, County Mayo.
- Westport Historical Walking Tours**
www.westportheritage.com Historical walking tour. Westport Town, County Mayo.
- Westport Jarvey Tours**
www.westportjarveytours.com Horse and carriage tours. Westport Town, County Mayo. **Find us on Facebook**
- Westport Walking Tours**
www.westportwalkingtours.ie Walking tours. Westport Town, County Mayo.
- Wild Ireland West Walks**
www.wildirelandwestwalks.com Guided walks, archaeological/historical tours. Achill Island, Clew Bay, County Mayo.
- Wild Atlantic Cultural Tours**
www.wildatlanticculturaltours.com Adventure tours. Killala, County Mayo.
- Wild Atlantic Leisure**
www.wildatlanticleisure.com Outdoor sports, leisure equipment hire. Louisburgh, County Mayo.



CÉIDE FIELDS, BALLYCASTLE, COUNTY MAYO



WESTPORT TOWN, COUNTY MAYO



- Wavesweeper Sea Adventure**
www.wavesweeperadventures.com Island trips, thrill rides, tpe angling, wildlife tours. Belmullet, County Mayo.
- Westport Adventure Park**
www.westportadventurepark.ie Outdoor activities. Westport, County Mayo.
- Westport Cruises**
www.westportcruises.com Guided cruises Clew Bay. Westport, County Mayo.
- Westport Cycle Tours**
www.westportcycletours.com Cycle tours. Murrisk, County Mayo.
- Westport Historical Walking Tours**
www.westportheritage.com Historical walking tour. Westport Town, County Mayo.
- Westport Jarvey Tours**
www.westportjarveytours.com Horse and carriage tours. Westport Town, County Mayo. **Find us on Facebook**
- Westport Walking Tours**
www.westportwalkingtours.ie Walking tours. Westport Town, County Mayo.
- Wild Ireland West Walks**
www.wildirelandwestwalks.com Guided walks, archaeological/historical tours. Achill Island, Clew Bay, County Mayo.
- Wild Atlantic Cultural Tours**
www.wildatlanticculturaltours.com Adventure tours. Killala, County Mayo.
- Wild Atlantic Leisure**
www.wildatlanticleisure.com Outdoor sports, leisure equipment hire. Louisburgh, County Mayo.
- Explore County Mayo**
www.mayowalks.ie For more walks visit
- Ballycroy National Park**
www.ballycroynationalpark.ie Ballycroy National Park comprises of 11,000 hectares of Atlantic blanket bog and mountainous terrain. Possessing an exceptional quality of stary nights, it is home to Ireland's first International Dark Sky Park.



YEATS STATUE, SLIGO TOWN, COUNTY SLIGO

Sligo is Yeats County

Sligo is referred to as Yeats County and here is why. W.B. Yeats and his brother Jack spent much of their childhood in Sligo with their mothers family, the Pollexfens, who were wealthy ship merchants.

The outstanding Sligo scenery provided much of the inspiration for their poetry and painting. A selection of Jack B. Yeats paintings can be seen in The Model and Niland Gallery.

Yeats loved Sligo so much that he requested to be buried *Under Bare Benbulbin Head* - and his grave can be visited in the old monastic site of Drumcliffe.

The Yeats Memorial Building was gifted to the Yeats Society by Allied Irish Banks in 1973 and hosts permanent exhibitions relating to the life and works of Yeats. Every year the Yeats International School is held in July along with the Tread Softly Festival.



WILD ATLANTIC WAY WEBSITE

For a full listing of all there is to see and do in the area: including angling, cycling, equestrian, gardens, golf, festivals and events, suggested itineraries, walking and more – please visit:

www.WildAtlanticWay.com

For personalised advice and information visit our Tourist Information Centres

Wild Atlantic Outdoors

www.wildatlanticoutdoors.com
Kayaking, hill walking, coasteering, scuba diving, rock climbing. Sligo Town.

Wild Atlantic Oyster Experience

www.sligooystereperience.ie
Guided walking tour, oyster shucking/tasting. Sligo Town.

Wild Wet Adventures

www.wildwetadventures.ie
Kayaking, stand up paddle, guided walks. Tubbercurry, County Sligo.

Wild West Sailing

www.wildwestsailing.com
Sailing and navigation courses. Sligo Town.

Five Star Fun

www.fivestarfun.ie
Childrens activity centre. Grange, County Sligo.

Funny Bones

www.funnybones.ie
Indoor children's adventure centre and wall climbing. Collooney, County Sligo.

Gillighans World

www.gillighansworld.ie
Fairyland, garden trail. Achonry, County Sligo.

Happy Days Centre

www.happydaysligo.ie Indoor play centre. Cleveragh, County Sligo.

Zero Cabs Tours

Guided tours, Sligo/Surf Coast/Wild Atlantic Way, Sligo Town, County Sligo.

For a full listing of all there is to see and do in the area including angling, cycling, equestrian, gardens, golf, walking and more – please visit www.WildAtlanticWay.com



CLARE ISLAND, COUNTY MAYO

Mayo Islands

Oileán Acla / Achill Island

It is the largest island in the country and is one of the very few that is accessible by road. Achill is a place of incredible beauty with its unique landscapes home to some of Europe's highest and most spectacular sea cliffs.

While it's a paradise for the visitor looking for adventure with its myriad of water sports activities along its many Blue Flag beaches, Achill has a proud reputation as a wonderful holiday destination for Irish families.

Clare Island

Famed as home of the Pirate Queen of Clew Bay, Grace O'Malley (Graunalle), Clare Island has a much more genteel reputation nowadays.

Wild Atlantic Way Signature Points

Iconic must-see sights

Getting there: O'Malley Ferries www.omalleyferries.com

Inis Bigil/Inishbiggle

In English it means 'Island of the fasting' and it is located just 90 metres from Achill Island. But such proximity does not take from its unique identity and its small community remains committed to traditional fishing and farming methods. Inishbiggle has looped walks that start at the Bullsmouth pier and they are loved by visitors. The strong currents means access during winter months can be problematic.

Inishturk

'Turk' is a hugely popular destination both with visitors from nearby counties in the West of Ireland and from further afield. It is no surprise that people feel the need to return to 'Turk'. It has that charm that allows

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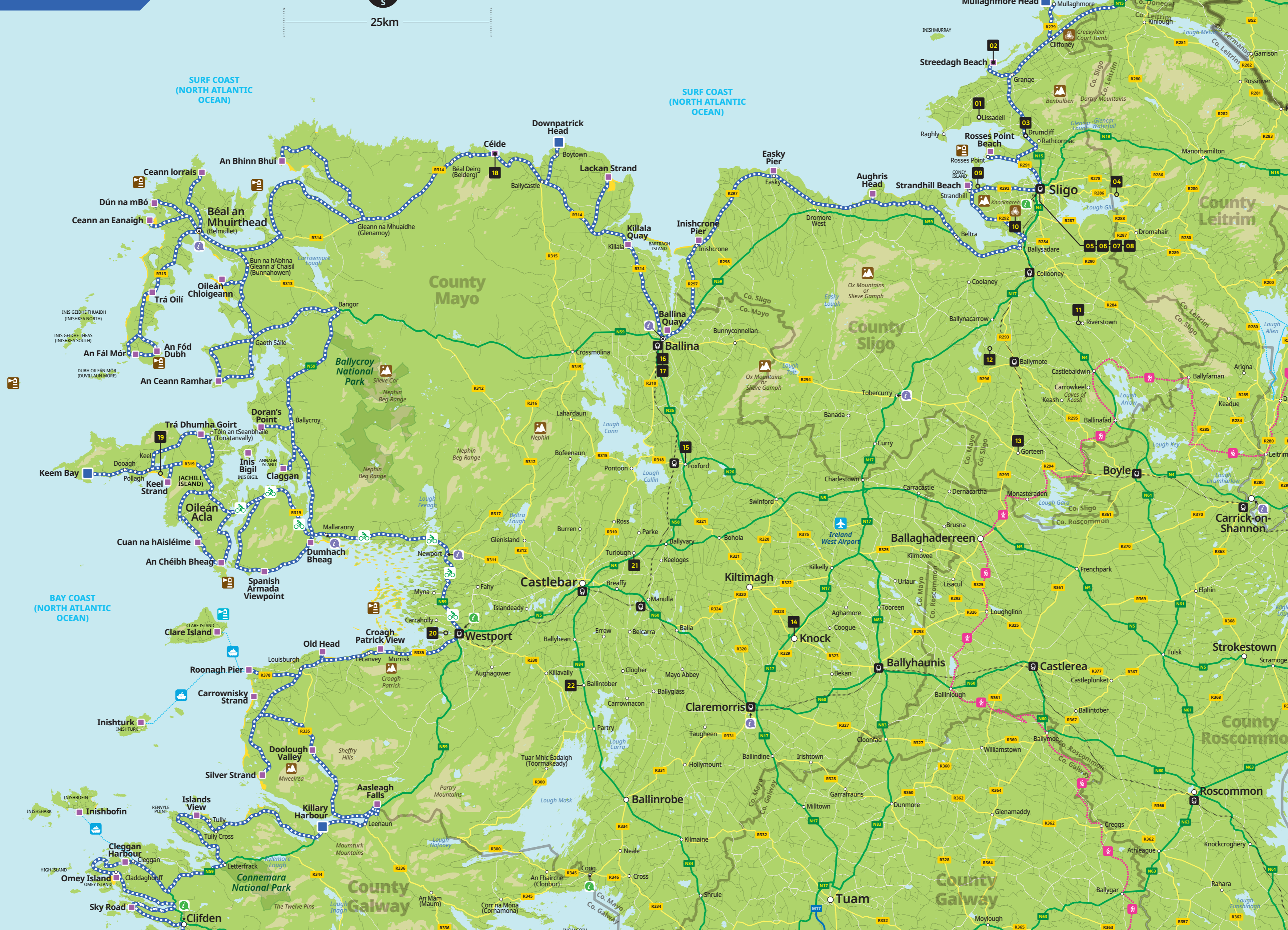
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DOWNPATRICK HEAD, COUNTY MAYO

Sligo and Mayo County Map



WAITING ON SHORE, ROSSES POINT, COUNTY SLIGO

Explore County Sligo

Queen Maeve and Knocknarea

Overlooking Carrowmore megalithic cemetery, Knocknarea Mountain is crowned by a large flat-topped cairn called 'Míosa na Meadhóga' (Maeve's Lump). Folklore suggests that it was built for the mythical Maeve, the Iron Age Queen of Connacht. Walkers can access from both sides via a track from base to summit.

The Glen

The Glen – a narrow, deep and long chasm on the south face of Knocknarea – is one of the most interesting natural phenomena on the Coolera peninsula. It is popularly supposed that this unique passage was formed by some eruption or other cause which parted the side of the mountain and tore apart the vast strata of limestone.

Split Rock, Easky

Local legend holds that the rock was split as a result of an argument between two giants on the Ox Mountains, one of whom was Fionn Mac Cumhail. It is believed that if anyone walks through the split three times it will close.

Dead Man's Point, Rosses Point

According to folklore, Dead Man's Point is named for a foreign seaman who died as his ship was entering the port; he was hurriedly buried here by the crew who were anxious not to miss the tide. As they were not sure if he was really dead, they buried him with a loaf of bread!

Diarmuid and Gráinne's Cave, Gleniff Horseshoe

According to folklore, the cave is said to be the last resting place of Diarmuid, who died of his wounds while hunting with the jealous Fionn, and of the broken-hearted Gráinne, who died by her own hand; her last view was of Gleniff through the mouth of the cave. It is well worth a careful visit. Bring a good pair of boots and your imagination.

The Magic Hill, Gleniff Horseshoe

The Magic Hill is under the shadow of Tievebaun Mountain. Park your car, let the handbrake off and your car will magically freewheel uphill. Drive with caution.

Glencar Lake and Waterfall

A source of inspiration for W. B. Yeats, the stunning 15m-high

Glencar Waterfall flows into Glencar Lough, 11km west of Manorhamilton.

Tobernault Holy Well

Situated on the shores of Lough Gill, this ancient Well was a mass site in penal times.

Famine Graveyard, Ballytvinnan

The final resting place of 2,000 locals who perished during the 'Great Hunger' of the 1840s. Visit the famine memorial situated in Lower Quay Street.

Strandhill

Is an area of great natural beauty located west of Sligo town. An area extremely popular with surfing enthusiasts and offering a number of amazing walks.

Sligo Islands

Inishmurray Island is the site of the well-preserved 6th century monastery of St Molaise. The last of the island inhabitants moved to the mainland in 1948. Today, the island is an important birdlife sanctuary.

Getting there:

Inishmurray Island www.inishmurrayislandtrips.com

Ewing's www.sligoboatcharters.com

Coney Island

Coney Island is awash with tales of fairies, mermaids and sprites. Visitors can try to find the elusive St Patrick's wishing chair, St Patrick's well, the remains of a washed up whale and some fairy forts in this relaxing retreat. Accessible by car or foot at low tide.

Wild Atlantic Way Signature Points

Iconic must-see sights

Mullaghmore Head

Escape to the small fishing village that should be on any outdoor enthusiast's itinerary, especially for those chasing the next big wave. The sandy beach stretches as far as the eye can see, ideal for a spot of swimming or taking in the panoramic view of Slabh Liag across the bay.

Inishbofin

Escape to the small fishing village that should be on any outdoor enthusiast's itinerary, especially for those chasing the next big wave. The sandy beach stretches as far as the eye can see, ideal for a spot of swimming or taking in the panoramic view of Slabh Liag across the bay.



Key for Town Centre and County Regional Maps

- Wild Atlantic Way Route
- Wild Atlantic Way Signature Discovery Point
- Wild Atlantic Way Discovery Point
- Wild Atlantic Way Start/Finish Point
- Airport
- Ferry - Foot Passengers
- Ferry - Vehicles on Deck
- Ferry - Vehicles below Bus/Coach
- Car Parking
- Taxi Rank
- Pier
- Greenway Cycling and Walking Route
- Railway Station
- Railway Line
- Toll Road
- Motorway Junction Number
- Motorways
- National Roads
- Regional Roads
- Local Roads
- Minor Roads
- Pedestrian Streets

Points of Interest

- Fáilte Ireland Tourist Information Centre
- Community Tourist Information Office
- Museum
- Theatre
- Cinema
- Historic Monument
- Library Services
- Church/Cathedral
- Heritage Site
- Mountain
- Historic Ruins
- Lighthouse
- Lighthouse with visitor facilities
- Park
- Hospital
- Fire Station
- Garda Station
- Court House
- Cemetery
- Town/City Hall
- Public Toilets

Services

- Hospital
- Fire Station
- Garda Station
- Court House
- Cemetery
- Town/City Hall
- Public Toilets



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KEEM BAY, ACHILL ISLAND, COUNTY MAYO



Practical Information

Rail
Irish Rail (Iarnród Éireann) www.irishrail.ie
National Rail Service

Bus
Bus Éireann www.buseireann.ie
National Bus Service

Local Link
Rural community bus service www.locallink.ie

Private Bus Operators
Please ask in your local Tourist Office for details on numerous private bus services operating in the region.

Air
Ireland West Airport www.irelandwestairport.com
Domestic and International flights. Knock, County Mayo.

Driving
Driving is on the left hand side of the road & safety belts must be worn at all times. The M50 motorway around Dublin is a barrier-free toll road, tolls can be paid on www.eFlow.ie or at any outlet with a Payzone sign.

National Transport
Driving: www.rsa.ie
Transport: www.transportforireland.ie

National Activity Organisations
Cycling: www.cyclingireland.ie
Equestrian: www.aire.ie
Fishing: www.fishinginireland.info
Golf: www.golf.discoverireland.ie
Walking: www.irishtrails.ie

Irish Tourist Assistance Service
www.itas.ie
Safety and assistance service for Tourists.

Emergency Services
In an emergency the "blue light" services – Garda Síochána, Ambulance, Fire and Irish Coast Guard – can be contacted by dialling 112 or 999.

Tourist Information Centres
Sligo Tourist Information Centre
Old Bank Building, O'Connell St., Sligo Town, F91 VAK2.
Westport Tourist Information Centre
Bridge Street, Westport, County Mayo, F28 NFT7.

Cong Tourist Information Centre
Old Courthouse, Cong, County Mayo, F31 V6B1.
* Seasonal Office
Visit us at: www.WildAtlanticWay.com

