

Title: "Exploring the Impact of Social Media on Adolescent Well-Being: A Longitudinal Study"

Social media use among adolescents has become pervasive, prompting concerns about its effects on mental health. This longitudinal study investigates the correlation between social media engagement and various well-being indicators over a two-year period. Through surveys and behavioral assessments, the research aims to discern patterns and nuances in how social media influences the emotional and psychological states of adolescents. Preliminary findings suggest a complex interplay between online activities and well-being, emphasizing the need for nuanced interventions and digital literacy programs to support healthy adolescent development.

