



ADULT HISTORY FORM

Personal Information

Name: _____ Date _____ / _____ / _____
Address: _____ Home Phone: _____
_____ Cell Phone: _____
_____ Work Phone: _____

Birth Date: _____ / _____ / _____ Please circle: Male / Female Married / Single / Widowed / Divorced

How did you hear about us? _____

Email Address: _____ Work Email: _____

Other family member's names: _____

Insurance Information

(Please give your insurance card and driver's license to the front desk for a complimentary benefit evaluation)

Primary Insurance Carrier: _____ Subscriber's Name: _____

Occupation: _____ Employer: _____

Subscriber's S.S. # _____ Birth Date: _____ / _____ / _____

Chiropractic Services Provided

- Consultation-includes practice member history. This service is complimentary.
- Examination (new patient or established patient)-includes one of more of the following: thermography, surface electromyography, range of motion, motion and/or static palpation, leg check.
- Chiropractic Adjustment - The actual re-alignment of the vertebra. A specific instrument is used to make the spinal adjustment. 1 to 3 specific adjustments will be made per visit, re-aligning the vertebra.
- X-rays - Specific x-ray views taken of your spine to determine a misalignment/subluxations of your vertebrae. These can also be used to indicate progress after period of care.

** AU charges will be reviewed and authorized by practice member before any charges are rendered

Release of Authorization/Assignment of Benefits

I authorize the release of any information necessary to process my insurance claims. I authorize and request payment of insurance benefits directly to the doctors. I agree that this authorization will cover all services rendered until I revoke the authorization. I agree that a photocopy of this form may be used in place of the original. All professional services rendered are charged to the patient. It is customary to pay for services when rendered unless other Arrangements have been made in advance. I understand that I am financially responsible for charges not covered by this assignment.

Signed: _____ Date: _____



Initials: _____ Date: ____/____/____

Confidential Practice Member Information

This information is confidential. If we do not sincerely believe your problem will respond favorably, we will not be able to accept your case. We will refer you to a health professional we believe will help you. In order for us to understand your health problems properly, please complete this form neatly, accurately, and completely.

Who can we thank for referring you here today? _____

Have you ever been to a Chiropractor before? Y / N

On a scale of 1 to 10, with 10 being the highest, rate your commitment in helping us solve this problem: ____

Health Concerns:



Health Concerns In Order of Importance	Severity 1=Mild 10=Unbearable	How long have you had this?	Did this start with an injury?	Have you had this Before?	Is this constant or comes/goes?
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

OTHER / NOTES:

How do your health concerns affect your daily life (brushing teeth, getting dressed, etc.)? _____



Initials: _____ Date: ____/____/____

Main Complaint History:

1. How would you describe the pain?

- Sharp Soreness Throbbing Tingling Dull Stiffness
 Spasm Burning Ache Weakness Numbness

No

Shooting

2. Does the pain travel anywhere else? Yes No

Describe: _____

3. How often is this present?

- Constant (81 -100) Frequent (51 - 80) Occasional (26 - 50) Intermittent (25 or less)

4. Since it started, has the pain gotten better, worse or stayed the same? _____

5. What makes your complaint worse? _____

- Nothing Walking Standing Sitting Exercise(Moving) Lying Down other

If other, please explain: _____

6. Have you seen anyone else for this health concern? (Medical Doctor, Chiropractor, etc.) If so, who? _____

7. Please list all medications you are taking and for what:

8. Please list any broken bones, surgeries or hospitalizations you have had and when:

9. Please list any auto accidents or injuries you have been involved in:



WRITTEN CONSENT FOR A CHILD / MINOR

IF THIS HEALTH PROFILE IS FOR A MINOR/CHILD, PLEASE FILL OUT AND SIGN BELOW

NAME OF PATIENT WHO IS A MINOR/CHILD _____

I AUTHORIZE DR. ALEX WILLARD AND ANY AND ALL AWAKEN CHIROPRACTIC, LLC STAFF TO PERFORM DIAGNOSTIC PROCEDURES, RADIOGRAPHIC EVALUATIONS, RENDER CHIROPRACTIC CARE AND PERFORM CHIROPRACTIC ADJUSTMENTS TO MY MINOR/CHILD. AS OF THIS DATE, I HAVE LEGAL RIGHT TO SELECT AND AUTHORIZE HEALTH CARE SERVICES FOR MY MINOR/CHILD. IF MY AUTHORITY TO SELECT AND AUTHORIZE CARE IS REVOKED OR ALTERED, I WILL IMMEDIATELY NOTIFY AWAKEN CHIROPRACTIC.

Print Name _____

Guardian Signature _____ Date ____/____/____

Guardian's Relationship to Minor/Child _____

Print Name _____

Guardian Signature _____ Date ____/____/____

Guardian's Relationship to Minor/Child _____

Witness Signature (Office Staff) _____



Initials: _____ Date: ____/____/____

10. Please check (✓) any of the conditions below that you (or your family) have or have had in the past:

-- Write "C" if current issue or "P" if past issue

	Yourself	Spouse	Children	Mother	Father
Acid Reflux					
Arthritis					
Asthma					
Cardiac Condition					
Disc Problems					
Dizziness					
Ear Infections					
Epilepsy					
Fainting					
Fatigue					
Headaches					
Irritable Bowel					
Kidney Condition					
Liver Disease					
Lupus					
Menstrual Irregularity					
Migraines					
Nausea					
Nervousness					
Numbness					
Sciatica					
Sinus					
Stiffness					
Stomach Condition					
TMJ					
Ulcers					
Vertigo					



TERMS OF ACCEPTANCE

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective.

Chiropractic has only one goal. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

ADJUSTMENT: An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxations. Our chiropractic method of correction is by specific adjustments to the spine.

HEALTH: A state of optimal physical, mental and social well-being, not merely the absence of disease or infirmity. **VERTEBRAL SUBLUXATION:** A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulses, resulting in a lessening of the body's innate ability to express its maximum health potential.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxations. However, if during the course of chiropractic spinal examination, we encounter non-chiropractic or unusual finding, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of another health care provider.

Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to eliminate a major interference to the expression of the body's innate wisdom. Our only method is specific adjusting to correct vertebral subluxations.

I, _____ have read and fully understand the above statements. All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction. I therefore accept chiropractic care on this basis.

Signature _____ Date _____/_____/_____

Notice of Privacy Practices Acknowledgement

I understand that I have certain rights of privacy regarding my protected health information, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA). I understand that this information can and will be used to:

1. Conduct, plan, and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
2. Obtain payment from third-party payers.
3. Conduct normal healthcare operations, such as quality assessments and physician's certifications.

I acknowledge that I may request your NOTICE OF PRIVACY PRACTICES containing a more complete description of the uses and disclosures of my health information. I also understand that I may request, in writing, that you restrict how my private information is used to disclosed to carry out treatment, payment, or healthcare operation. I also understand you are not required to agree to my requested restrictions, but if you do agree, then you are bound to abide by such restrictions.

Signature _____ Date _____/_____/_____



X-RAY AUTHORIZATION

AS YOUR HEALTHCARE PROVIDER, WE ARE LEGALLY RESPONSIBLE FOR YOUR CHIROPRACTIC RECORDS. WE MUST MAINTAIN A RECORD OF YOUR X-RAYS IN OUR FILES. AT YOUR REQUEST, WE WILL PROVIDE YOU WITH A COPY OF THE X-RAYS IN OUR FILES.

PLEASE NOTE: X-RAYS ARE UTILIZED IN THIS OFFICE TO HELP LOCATE AND ANALYZE VERTEBRAL SUBLUXATIONS. THESE X-RAYS ARE NOT USED TO INVESTIGATE FOR MEDICAL PATHOLOGY. THE DOCTORS OF AWAKEN CHIROPRACTIC INC. DO NOT DIAGNOSE OR TREAT MEDICAL CONDITIONS; HOWEVER, IF ANY ABNORMALITIES ARE FOUND, WE WILL BRING IT TO YOUR ATTENTION SO THAT YOU CAN SEEK PROPER MEDICAL ADVICE.

BY SIGNING BELOW, YOU ARE AGREEING TO THE ABOVE TERMS AND CONDITIONS

Print Name: _____ Date ____/____/____

Signature _____ Date of Birth _____

FEMALE PATIENTS ONLY: TO THE BEST OF MY KNOWLEDGE, I BELIEVE I AM NOT PREGNANT AT THE TIME X-RAYS ARE TAKEN AT AWAKEN CHIROPRACTIC INC.

Print Name: _____ Date ____/____/____

Signature _____ Date of Birth _____

DO NOT WRITE BELOW THIS LINE --- DO NOT WRITE BELOW THIS LINE --- DO NOT WRITE BELOW THIS LINE



QUADRUPLE VISUAL ANALOGUE SCALE (QVAS)

Please **circle** the number that best describes the question asked. If you have more than one complaint, please answer each question for each individuation complain and indicate the score of each complaint.

Example

No pain _____ Worst possible pain
0 1 2 3 4 5 6 7 8 9 10

1. How would you rate your pain RIGHT NOW?

0 1 2 3 4 5 6 7 8 9 10

2. What is your TYPICAL or AVERAGE pain?

0 1 2 3 4 5 6 7 8 9 10

3. What is your pain level at its BEST? (How close to 0 does your pain get at its best?)

0 1 2 3 4 5 6 7 8 9 10

What percentage of your awake hours is your pain its best? _____

4. What is your pain level at its WORST? (How close to 10 does your pain get at its worst?)

0 1 2 3 4 5 6 7 8 9 10

What percentage of your awake hours is your pain its worst? _____

Practice Member Name: _____ Date _____/_____/_____

Score: Q1 ___ + Q2 ___ + Q3 ___ + Q4 ___ = ___ /3x10= ___ (Low Intensity = <50; High Intensity = >50)