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Your first choice for personal care brands





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BR Pharmaceuticals is a privately owned British-Based pharmaceutical company with more than 30 years of experience in delivering health care and wellness products across the world, BR Pharmaceuticals identifies, develops and manages the production and distribution process from start to finish.

Improving healthcare access and patient outcomes through the use of different drug delivery solutions. The focus on patient convenience and adherence demonstrates our commitment to providing a positive experience for our customers.

Our facility in Leeds, UK is equipped with modern, high-quality equipment that complies with GMP, ISO, and BRC regulations."

Your first choice for personal care brands



VITAMINS & SUPPLEMENTS



Value for Your Health

PRODUCT INFORMATION GUIDE - 2025

Cod Liver Oil - 400mg

An oil extracted from the liver of cod that provides a source of Omega 3 fatty acids (EPA and DHA) and moderate amounts of Vitamin A and Vitamin D3. EPA and DHA contribute to the normal function of the heart. This beneficial effect is obtained with a daily intake of 250mg of EPA and DHA.

Code	Product	Strength	Type	Unit Size	Case Size
VP033	Cod Liver Oil	400mg	Capsules	30's	1 x 6
Each tablet provides:		% NRV*	Each tablet provides:		% NRV*
Cod liver Oil	400mg	-	Vitamin A	375µg a-RE	46.9
Containing			Vitamin D3	3.4µg	68
DHA	33mg	-			
DHA	33mg	-			

*Nutrient Reference Value



Cod Liver Oil - 550mg

An oil extracted from the liver of cod that provides a source of Omega 3 fatty acids (EPA and DHA) and moderate amounts of Vitamin A and Vitamin D3. EPA and DHA contribute to the normal function of the heart. This beneficial effect is obtained with a daily intake of 250mg of EPA and DHA.

Code	Product	Strength	Type	Unit Size	Case Size
VP583	Cod Liver Oil- High Strength	550mg	Capsules	30's	1 x 6
Each tablet provides:		% NRV*	Each tablet provides:		% NRV*
Cod liver Oil	550mg	-	Vitamin A	750µg a-RE	93.6
Containing			Vitamin D3	5µg	100
DHA	30mg	-			
DHA	40mg	-			

*Nutrient Reference Value

Cod Liver Oil - 1000mg

An oil extracted from the liver of cod that provides a source of Omega 3 fatty acids (EPA and DHA) and moderate amounts of Vitamin A and Vitamin D3. EPA and DHA contribute to the normal function of the heart. This beneficial effect is obtained with a daily intake of 250mg of EPA and DHA.

Code	Product	Strength	Type	Unit Size	Case Size
VP064	Vitamin B6	10mg	Tablets	60's	1 x 6
Each capsule provides:		% NRV*			
Vitamin B6	10mg	714			

*Nutrient Reference Value



Garlic -3mg

Garlic may play a role in the health of the heart and cardiovascular system as well as helping to support the function of the immune system.

Code	Product	Strength	Type	Unit Size	Case Size
VP187	Garlic	3mg	Tablets	30's	1 x 6

Each tablet provides:		% NRV*	
Garlic	3mg		N/A

*Nutrient Reference Value



Calcium & Vitamin D

Alongside a balanced and varied diet and healthy lifestyle, Vitamin D supports normal calcium absorption and utilisation. Calcium is necessary for maintenance of normal bones and teeth. Vitamin D, whilst aiding in calcium absorption, also contributes to the maintenance of normal bones and teeth.

Code	Product	Strength	Type	Unit Size	Case Size
VP101	Calcium with Vitamin D	400mg	Tablets	30's	1 x 6

Each tablet provides:		% NRV*	
Calcium	400mg		50
Vitamin D	2.5ug		50

*Nutrient Reference Value

Glucosamine Sulphate-500mg

A shellfish derived food supplement providing 400mg of Glucosamine Sulphate 2KCL in tablet or capsule form.

Code	Product	Strength	Type	Unit Size	Case Size
VP555	Glucosamine Sulphate	500mg	Capsules	30's	1 x 6
VP733	Glucosamine Sulphate	500mg	Tablets	30's	1 x 6
VP020	Glucosamine Sulphate	500mg	Tablets	90's	1 x 6
VP562	Glucosamine Sulphate	500mg	Capsules	90's	1 x 6

Each tablet provides:		% NRV*	
Glucosamine Sulphate 2KCL equivalent to	500mg		-
Glucosamine Sulphate providing Glucosamine	376mg		-
	297mg		-

*Nutrient Reference Value



Vitamin C - Chewable - 500mg

Vitamin C helps in the maintenance of good health by playing a role in the normal function of the immune system. It also helps in normal energy releasing processes in the body and is an antioxidant vitamin that helps protect cells from oxidative stress.

Code	Product	Strength	Type	Unit Size	Case Size
VP771	Vitamin C - Chewable	500mg	Tablets	30's	1 x 6

Each tablet provides:		% NRV*
Vitamin C	500mg	625

*Nutrient Reference Value



Vitamin D3 - 1000iu Capsules

Vitamin D plays a role in the normal absorption and utilisation of calcium and helps maintain normal bones and teeth. It also supports normal immune system function and has a role in the process of cell division.

Code	Product	Strength	Type	Unit Size	Case Size
VP221	Vitamin D3	1000iu	Capsules	20's	1 x 6

Each tablet provides:		% NRV*
Vitamin D3	25µg (1000iu)	500

*Nutrient Reference Value

Vitamin D3 - 1000iu Tablets

Vitamin D plays a role in the normal absorption and utilisation of calcium and helps maintain normal bones and teeth. It also supports normal immune system function and has a role in the process of cell division.

Code	Product	Strength	Type	Unit Size	Case Size
VP061	Vitamin D3	25mg(1000iu)	Tablets	60's	1 x 6

Each tablet provides:		% NRV*
Vitamin D3	25µg (1000iu)	500

*Nutrient Reference Value



Vitamin E - 100iu

Vitamin E is a fat soluble antioxidant vitamin that contributes to the protection of cells from oxidative stress.

Code	Product	Strength	Type	Unit Size	Case Size
VP071	Vitamin E	100iu	Capsules	30's	1 x 6

Each capsule provides:			% NRV*
Vitamin E	67mg a-TE		558

*Nutrient Reference Value



Vitamin E - 400iu

Vitamin E is a fat soluble antioxidant vitamin that contributes to the protection of cells from oxidative stress.

Code	Product	Strength	Type	Unit Size	Case Size
VP630	Vitamin E	400iu	Capsules	30's	1 x 6

Each capsule provides:			% NRV*
Vitamin E	360mg a-TE		3000

*Nutrient Reference Value

Evening Primrose Oil - 500mg

An oil which is commonly chosen by women during the menstrual cycle, evening primrose oil may help maintain the health of the skin. EPO may also contribute to the normal function of the heart and the immune system.

Code	Product	Strength	Type	Unit Size	Case Size
VP019	Evening Primrose Oil	500mg	Capsules	30's	1 x 6

Each capsule provides:			% NRV*
Evening Primrose Oil	500mg		N/A
Linoleic Acid	356mg		N/A
Gamma-Linolenic Acid	45mg		N/A

*Nutrient Reference Value



Multi Vitamin - OAD

Micronutrient (vitamin) dense tablet formulated to support a balanced and varied diet and healthy lifestyle. Micronutrients play an important role in all bodily function, growth and development. Multi Vitamin provides a range of vitamins including Vitamins A, helps the protection of cells from oxidative stress together with B Vitamins including Thiamin, Riboflavin and Niacin which help release energy and Folic Acid, Pantothenic Acid and Vitamin B12 which help reduce tiredness and fatigue. Suitable for use by children over 12, adults, the elderly and infirm.

Code	Product	Strength	Type	Unit Size	Case Size
VP361	Multi Vitamin	OAD	Tablets	50's	1 x 6

Each tablet provides:		% NRV*	Each tablet provides:		% NRV*
Vitamin A	800µg RE	100	Vitamin B6	1.4mg	100
Vitamin D3	5µg	100	Folic Acid	200µg	100
Vitamin E	12mg a-TE	100	Vitamin B12	2.5µg	100
Vitamin C	80mg	100	Pantothenic Acid	6µg	100
Thiamin	1.1mg	100			
Riboflavin	1.4mg	100			
Niacin	16mg NE	100			

*Nutrient Reference Value



Multi Vitamin Children's - OAD

A chewable chocolate flavoured tablet that is suitable for children aged 4-12 years. A chewable chocolate flavoured tablet that is suitable for children aged 4-12 years. Riboflavin and Niacin which help release energy and Folic Acid, Pantothenic Acid and Vitamin B12 which help reduce tiredness and fatigue.

Code	Product	Strength	Type	Unit Size	Case Size
VP351	Multi Vitamin - Chewable	OAD	Tablets	30's	1 x 6

Each tablet provides:		% NRV*	Each tablet provides:		% NRV*
Vitamin A	400µg RE	50	Vitamin B6	.7mg	50
Vitamin D	2.5µg	50	Folic Acid	100µg	50
Vitamin E	6mg a-TE	50	Vitamin B12	1.125µg	50
Vitamin C	40mg	50	Pantothenic Acid	3µg	50
Thiamin	.55mg	50			
Riboflavin	.7mg	50			
Niacin	8mg NE	50			

*Nutrient Reference Value

Evening Primrose Oil - 1000mg

An oil which is commonly chosen by women during the menstrual cycle, evening primrose oil may help maintain the health of the skin. EPO may also contribute to the normal function of the heart and the immune system.

Code	Product	Strength	Type	Unit Size	Case Size
VP167	Evening Primrose Oil	1000mg	Capsules	30's	1 x 6

Each tablet provides:		% NRV*	
Evening Primrose Oil	1000mg	N/A	
Linoleic Acid	730mg	N/A	
Gamma-Linolenic Acid	90mg	N/A	

*Nutrient Reference Value



Free from gluten, yeast, artificial flavours, colours and preservatives.

Vitamin C - High Strength Effervescent - 1000mg

Vitamin C plays a significant role in maintaining overall good health, helping to support normal immune system function and contributing to the protection of cells from oxidative stress. It also plays a role in normal collagen formation for the normal function of blood vessels, bones, cartilage, gums, skin and teeth and contributes to normal energy-yielding metabolism.

Code	Product	Strength	Type	Unit Size	Case Size
VP422	Vitamin C	1000mg	Tablets	20's	1 x 6

Each tablet provides:		% NRV*
Vitamin c	1000mg	1250

*Nutrient Reference Value



Vitamin B + C – Energy Release Effervescent - OAD

Valupak Effervescent B + C tablets have a rich delicious orange flavour and is an excellent way to supplement your daily intake of these Vitamins. The body does not store Vitamin C so a regular daily intake is required. Vitamin B2, B6 and B12 contribute to normal energy-yielding metabolism.

Code	Product	Strength	Type	Unit Size	Case Size
VP439	Vitamin B+C	OAD	Tablets	20's	1 x 6

Each tablet provides:		% NRV*
Vitamin C	500mg	625
Vitamin B1	10.4mg	945.5
Vitamin B2	13.6mg	971.4
Niacin	45.3mg NE	283.1
Vitamin B6	7.1mg	507.1
Folic Acid	200µg	100
Vitamin B12	8.6µg	344
Biotin	130µg	260
Pantothenic Acid	22.7mg	378.3
Magnesium	190mg	50.7
Zinc	10mg	100

*Nutrient Reference Value



Vitamin C + Zinc - Immune Support Effervescent - OAD

Valupak Effervescent Vitamin C + Zinc tablets have a rich delicious blackcurrant flavour and is an excellent way to supplement your daily intake of these vitamins. The body does not store Vitamin C so a regular daily intake is required. Vitamin C and Zinc contribute to the normal function of the immune system.

Code	Product	Strength	Type	Unit Size	Case Size
VP507	Vitamin C+Zinc	OAD	Tablets	20's	1 x 6

Each tablet provides:		% NRV*
Vitamin C	1000mg	1250
Zinc	15mg	150

*Nutrient Reference Value

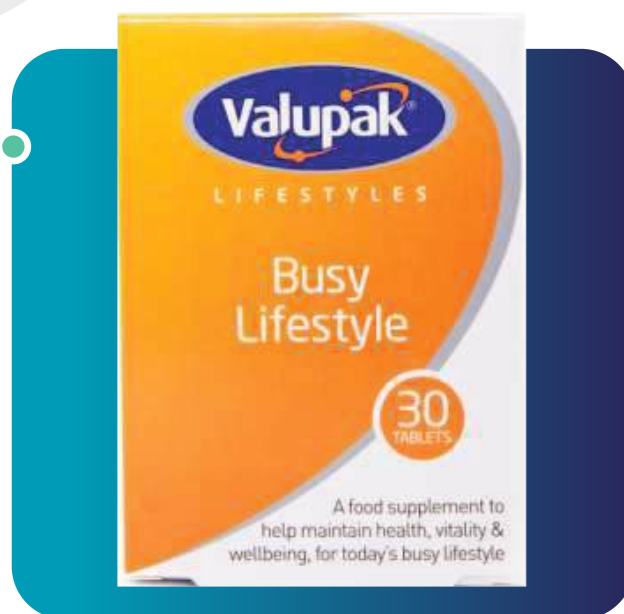


Free from gluten, yeast, artificial flavours, colours and preservatives.

Busy Lifestyle

Aimed at anyone who leads a busy and active life. This supplement contains a wide range of vitamins and minerals including 100% NRV or over of Vitamin A, D, E, C and B6, combined with a further 13 other healthy nutrients. A vitamin and mineral food supplement to help maintain health, vitality and wellbeing, for today's busy lifestyle. With nutrients that contribute to normal macronutrient metabolism (Biotin, Chromium), mental performance (Pantothenic Acid) and the functioning of the nervous system (Riboflavin, Niacin, Vitamin B6, Vitamin B12). Suitable for vegetarians.

Code	Product	Strength	Type	Unit Size
VP146	Busy Lifestyle	1000mg	Tablets	30's



Glucosamine & Chondroitin

A specially formulated food supplement with Glucosamine, Chondroitin, Manganese and Bioflavonoids; providing 500mg of Glucosamine Sulphate 2KCL & 400mg of Chondroitin Sulphate. Manganese contributes to the normal formation of connective tissue.

Code	Product	Strength	Type	Unit Size
VP259	Glucosamine & Chondroitin	400mg	Tablets	30's



Healthy Woman

A multi-vitamin food supplement with a unique combination of micro-nutrients sensitively designed with women in mind. The one-a-day tablets are specially formulated to maintain health and vitality in women of all ages. With nutrients to help support immune function (Vitamin C), energy metabolism (B Vitamins), blood formation, healthy bones (Vitamin D and Calcium) and healthy looking skin (Zinc). Suitable for vegetarians.

Code	Product	Strength	Type	Unit Size
VP214	Healthy Woman	OAD	Tablets	30's



Glucosamine & Vitamin C

A specially formulated food supplement with Glucosamine and Vitamin C; providing a high dose of Glucosamine Sulphate 2KCL. Vitamin C contributes to normal collagen formation for the normal function of cartilage.

Code	Product	Type	Unit Size
VP242	Glucosamine & Vitamin C	Tablets	30's



Co-Q10

A specially formulated food supplement providing 30mg of Co-Enzyme Q10 per tablet. Co-Q10 is a vitamin-like nutrient that is produced in small amounts within the body but production reduces over time. Suitable for vegetarians.

Code	Product	Type	Unit Size
VP177	Co-Q10	Tablets	30's



Menstrual Cycle

A vitamin and mineral food supplement to help support vitality and wellbeing throughout the Menstrual cycle. With nutrients that contribute to red blood cell formation (Riboflavin, Vitamin B12 and Iron) and normal functioning of the nervous system (Thiamin, Vitamin B6 and Magnesium). Suitable for vegetarians.

Code	Product	Type	Unit Size
VP191	Menstrual Cycle	Tablets	30's



Immune System

Designed in tablet form to provide a wide range of vitamins and minerals including vitamins A, D, C, B6 and B12 along with Folic Acid, Iron, Selenium and Zinc that contribute to normal immune system function. Also provides Vitamin E, Riboflavin and Copper to help protect cells from oxidative stress. Suitable for vegetarians.

Code	Product	Type	Unit Size
VP153	Vitamin C	Tablets	30's



Menopause

A vitamin and mineral food supplement to help support vitality and wellbeing during the Menopause. With nutrients that contribute to the maintenance of normal bones (Vitamin D and Calcium), heart function (Thiamin), muscle function (Magnesium) and energy metabolism (B Vitamins). Suitable for vegetarians.

Code	Product	Type	Unit Size
VP184	Vitamin B+C	Tablets	30's



Omega-3 Fish Oil

A food supplement providing the important fatty acids Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA). EPA and DHA contribute to the normal function of the heart (beneficial effect obtained with a daily intake of 250mg EPA and DHA). DHA also contributes to the maintenance of normal brain function and normal vision (beneficial effect obtained with a daily intake of 250mg DHA).

Code	Product	Type	Unit Size
VP160	omega-3-fish-oil	Capsules	30's



Pregnancy

Ideal for pre-pregnancy and gestational health. Each tablet contains Vitamin D, E, C, K, B6 and B12 as well as Folic Acid (essential in pre-conception and early pregnancy for maternal tissue growth). Suitable for vegetarians.

Code	Product	Type	Unit Size
VP207	Pregnancy	Tablets	30's



Healthy Man

A food supplement with a unique multi-vitamin and micro-nutrient blend providing ingredients specifically selected to complement each other and help maintain health and vitality in men of all ages. With nutrients to help support normal immune function (Vitamin C), energy metabolism (B Vitamins), heart function (Thiamin) and fertility (Zinc). Suitable for vegetarians.

Code	Product	Type	Unit Size
VP139	Healthy Man	Tablets	30's



Hair, Nails & Skin

A nutri-cosmetic supplement providing vitamins and minerals that contribute to the maintenance of normal hair (Biotin, Selenium, Zinc), nails (Selenium, Zinc) and skin (Vitamin A, Vitamin C, Biotin, Riboflavin, Niacin).

Code	Product	Type	Unit Size
VP122	Hair, Nails & Skin	Tablets	30's



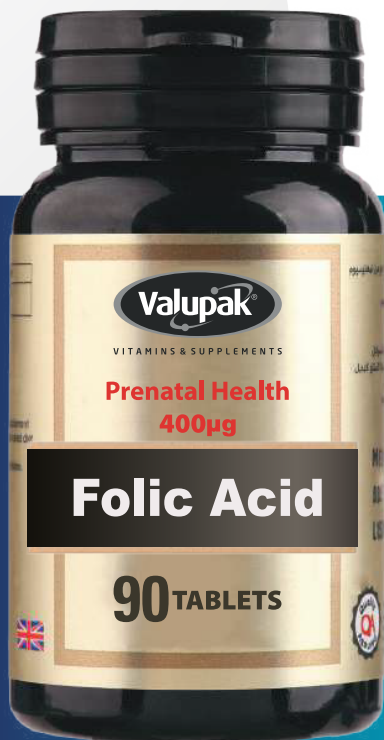
Free from gluten, yeast, artificial flavours, colours and preservatives.

Vitamin B6 - 10mg

Vitamin B6 (pyridoxine) is part of the water-soluble B complex vitamin group. Vitamin B6 contributes to the normal functioning of the nervous system and normal psychological function, in addition to playing a role in normal blood formation and normal protein metabolism.

Code	Product	Strength	Type	Unit Size	Case Size
VP064	Vitamin B6	10mg	Tablets	60's	1 x 6
Each tablet provides:				% NRV*	
Vitamin B6	10mg				714

*Nutrient Reference Value



Folic Acid - 400µg

Designed for women of child-bearing age, this product provides 400µg Folic Acid daily. Supplemental Folic Acid intake increases maternal folate status. Low maternal folate status is a risk factor in the development of neural tube defects in the developing baby. Folic Acid also plays a role in cell division and also contributes to normal psychological function and normal blood formation.

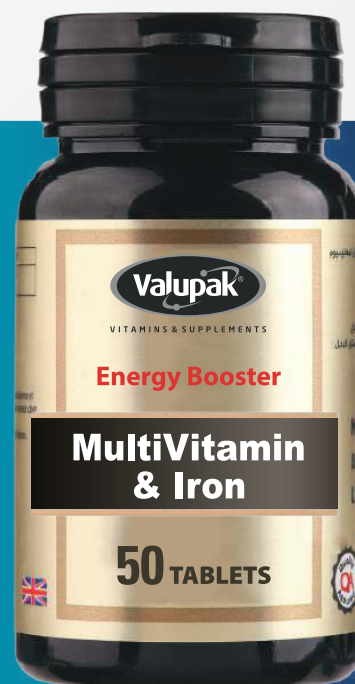
Glucosamine & Chondroitin

A shellfish derived food supplement providing 400mg of Glucosamine Sulphate 2KCL and 100mg of Chondroitin Sulphate in tablet or capsule form.



Multi Vitamin & Iron - OAD

Micronutrient (vitamin and iron) dense tablet formulated to support a balanced and varied diet and healthy lifestyle. Micronutrients play an important role in all bodily function, growth and development. MultiVitamin & Iron provides a range of vitamins including Vitamins A, C and D which help support immune system function, Vitamin E which contributes to the protection of cells from oxidative stress together with B Vitamins including Thiamin, Riboflavin and Niacin which help release energy and Folic Acid, Pantothenic Acid and Vitamin B12 which help reduce tiredness and fatigue. Plus Iron which contributes to the normal formation of red blood cells and haemoglobin and helps support normal cognitive function. Suitable for use by children over 12, adults, the elderly and infirm.



Zinc - 10mg

Each tablet of Zinc 10mg provides 100% NRV of this trace mineral. Zinc helps support the health of normal skin, hair and nails and also helps maintain normal vision and normal bones. In addition, Zinc contributes to normal fertility and to the normal function of the immune system.

Magnesium - 187.5mg

A trace mineral in a 50% NRV, two a day formulation for easy consumption. Magnesium contributes to normal psychological and nervous system function in addition to helping maintain normal bones and teeth and playing a role in normal muscle function.



PregnaFirm

PregnaFirm is a tablet for daily use, offering a competitive advantage as a comprehensive food supplement that specifically targets the essential vitamins and minerals needed for the well-being of pregnant women and their babies. It contains a wide range of key ingredients such as Vitamin D for bone development, Vitamin E as an antioxidant, Vitamin K for blood clotting, Vitamin C for immune support, and various B vitamins for nervous system function and energy production. Additionally, PregnaFirm includes crucial nutrients like folate for neural tube development, Vitamin B12 for red blood cell formation, and minerals like iron, zinc, and magnesium that support overall health, muscle function, and immune system strength. With its carefully selected ingredients, PregnaFirm ensures pregnant women receive the necessary nutrients vital for optimal health, growth, and development, making it a valuable choice for those seeking a comprehensive prenatal supplement. As always, it is advisable to consult a healthcare professional before starting any new supplement during pregnancy.



PregnaFirm Plus

In addition to the tablet, PregnaFirm offers an accompanying supplement of 30 soft gel capsules containing Omega-3 fatty acids, specifically DHA (Docosahexaenoic Acid), at a concentration of 300 mg of DHA per capsule. Omega-3 fatty acids are essential nutrients that provide numerous benefits during pregnancy. DHA, in particular, plays a critical role in the development of the baby's brain and eyes. It supports cognitive function, visual acuity, and nervous system development. By taking these capsules alongside the chewable tablet, pregnant women can ensure an adequate intake of Omega-3 fatty acids, promoting optimal neurological and visual development for their babies. Omega-3 supplementation has also been associated with a reduced risk of preterm birth, improved maternal mental well-being, and enhanced overall pregnancy outcomes. The concentrated dose of DHA in each capsule of PregnaFirm helps pregnant women meet their nutritional needs and support the healthy development of their babies. As always, consulting with a healthcare professional before starting any new supplement is recommended.

OMEGAVAL D

A premium dietary supplement designed to support a healthy heart, brain, eyes, bones and Joints.

- Each serving (2 capsules) delivers 720 mg of EPA and 480 mg of DHA, providing high-potency Omega-3 for optimal efficacy.
- Naturally enhanced with a lemon flavour, to ensure a pleasant experience with every capsule without the fishy after taste.

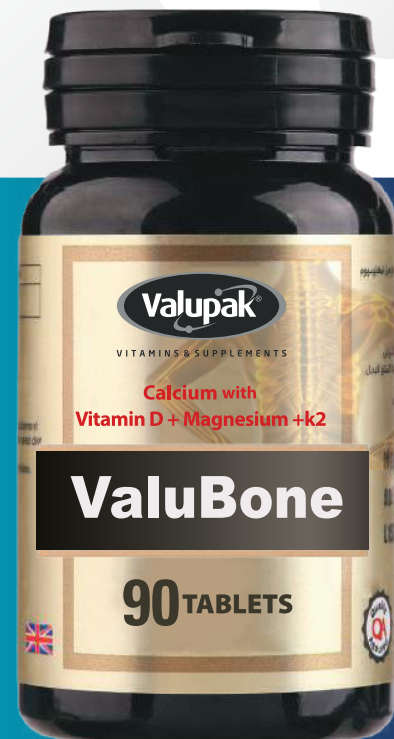


FerroVal

Iron supplementation with a 45 mg dose provides important benefits. Iron is crucial for the production of hemoglobin, the protein responsible for carrying oxygen in red blood cells. It helps prevent and treat iron deficiency anemia, supports optimal oxygen delivery to tissues, enhances energy levels, and promotes overall vitality. Consulting with a healthcare professional is recommended to determine the appropriate iron supplementation for individual needs.

ValuBone

Value Bone provides the recommended daily allowance (RDA) of essential nutrients for managing osteoporosis and individuals prone to fractures. Its unique formulation comprises calcium, vitamin D3, magnesium, and K2, which all play pivotal roles in bone metabolism and enhance bone quality. Notably, the incorporation of K2, specifically menaquinone-7 (MK-7), in a calcium-based food supplement offers a significant advantage. K2 activates proteins that direct calcium towards bones and teeth while preventing its buildup in soft tissues, such as arteries and kidneys. This mechanism optimizes calcium metabolism, promotes overall bone health, and reduces the risk of conditions like osteoporosis.



ValuControl

Berberine, a potent natural compound derived from various plants, serves as a valuable food supplement due to its multifaceted health advantages. With recognized potential in supporting healthy blood sugar levels, promoting cardiovascular wellness, and aiding metabolism, berberine offers a holistic approach to overall well-being. Its inclusion as a food supplement can provide individuals with a convenient and effective means to harness these benefits and enhance their health journey. Research suggests that berberine may help regulate blood sugar levels by increasing insulin sensitivity, which could reduce cravings and contribute to better appetite control. Additionally, berberine may activate AMPK, an enzyme that plays a role in energy production and metabolism, potentially leading to increased fat burning and reduced fat storage. Its potential to impact gut health and inflammation could also indirectly support weight management. Berberine, a bioactive compound renowned for its potential health benefits, offers a remarkable advantage when paired with triglycerides and capric acid for enhanced absorption. This combination not only harnesses berberine's reputed properties such as aiding glucose metabolism and supporting cardiovascular health but also maximizes its bioavailability, ensuring that its positive effects are effectively delivered and utilized by the body.



ValuHair+

Introducing our revolutionary food supplement specifically designed to enhance three vital aspects of your well-being: hair, skin, and nails. This potent formula combines nature's finest ingredients to provide comprehensive nourishment and support for each pillar. For the first pillar, hair strength, our formula harnesses the power of horsetail extract to fortify hair fibers, regulate growth cycles, and create an optimal scalp environment. L-cysteine, alongside carefully balanced levels of zinc, stimulates keratin production and helps prevent hair loss. Moving to the second pillar, skin health, our supplement boasts the skin-nourishing benefits of biotin, which improves hydration and enhances the overall appearance of your skin. Vitamin C, a potent antioxidant, aids in collagen synthesis, safeguards against photodamage, while grape seed extract enriched with proanthocyanins stabilizes skin proteins, promoting enduring skin health. Lastly, for the third pillar, nail care, our formula incorporates the essential mineral selenium, renowned for its ability to accelerate nail growth, ensuring long, healthy nails. Experience the transformative effects of our advanced food supplement and unlock your natural beauty from within. Strengthen your hair, achieve radiant skin, and cultivate beautiful nails. Embrace the beauty-enhancing benefits and reveal your true radiance.

ValuCalm

Ashwagandha, an adaptogenic herb in traditional Ayurvedic medicine, is recognized for its potential benefits in promoting relaxation and alleviating stress. As an adaptogen, it may assist the body in adapting to stressors by regulating cortisol levels, the hormone associated with stress. Studies suggest that Ashwagandha may have an anxiolytic effect, reducing symptoms of anxiety and fostering a sense of calmness. Its ability to modulate stress responses, coupled with potential neuroprotective properties, can contribute to improved mood and relaxation. Users often report a reduction in stress-related symptoms, better sleep quality, and overall enhanced well-being. However, individual responses may vary, and it's advisable to consult with a healthcare professional.



ValuVital

The composition includes essential nutrients for male fertility. Vitamins B1, B2, B6, B12, and folate support energy metabolism and reproductive cell health. Selenium may positively impact male fertility, while lycopene supports sperm quality. Amino acid arginine improves blood flow to reproductive organs, and co enzyme Q10 contributes to overall cellular health, including sperm quality. The herbal extracts, such as Ginkgo Biloba and Siberian Ginseng, are included for their potential to enhance blood circulation and adaptogenic properties, which may positively influence male reproductive health. However, individual responses vary, and consulting a healthcare professional before supplementation is advisable, especially for those seeking to improve male fertility.

B6-50

A 50 mg dose of vitamin B6 (pyridoxine) offers a range of benefits. It supports energy metabolism by aiding in the breakdown of carbohydrates, proteins, and fats. Additionally, it promotes brain health, contributes to a strong immune system, assists in red blood cell production, and maintains a healthy nervous system. Consulting with a healthcare professional is advised to determine the suitable dosage and duration of B6 supplementation.



Multi Vitamin & Minerals - OAD

Micronutrient (vitamin and iron) dense tablet formulated to support a balanced and varied diet and healthy lifestyle. Micronutrients play an important role in all bodily function, growth and development. MultiVitamin & Iron provides a range of vitamins including Vitamins A, C and D which help support immune system function, Vitamin E which contributes to the protection of cells from oxidative stress together with B Vitamins including Thiamin, Riboflavin and Niacin which help release energy and Folic and helps support normal bones. Suitable for use by children over 12, adults, the elderly and infirm. Acid, Pantothenic Acid and Vitamin B12 which help reduce tiredness and fatigue. Plus minerals such as Iron which plays a role in the normal formation of haemoglobin, Zinc to help maintain normal skin, hair and nails and Manganese to help support normal bones. Suitable for use by children over 12, adults, the elderly and infirm.

ANZYVAL

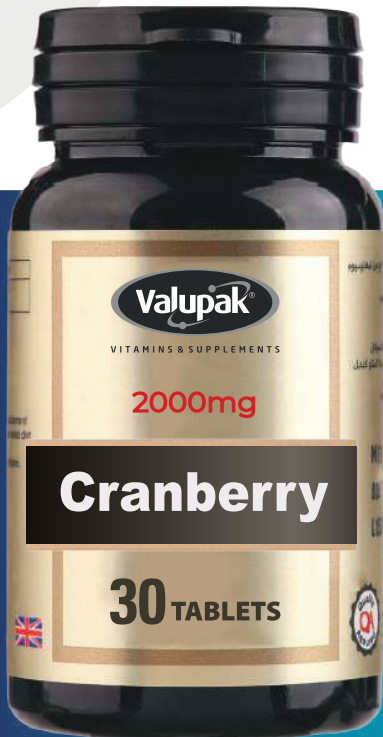
Anzyval is a dietary supplement designed to support gut health and digestion. It contains Lactospore® Bacillus coagulans, a probiotic strain delivering 360 million CFU, which helps maintain a balanced gut microbiome.

It also includes Fructooligosaccharides (FOS), a prebiotic that nourishes beneficial bacteria, enhancing digestive function. Together, these ingredients promote better digestion, improve nutrient absorption, and support overall gastrointestinal health in one capsule.



Omega-3 Fish Oil - 1000mg

An 18:12 formulation providing the important fatty acids EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid) which contribute to the normal function of the heart (beneficial effect obtained with a daily intake of 250mg EPA and DHA). DHA also contributes to the maintenance of normal brain function and normal vision effect obtained with a daily intake of 250mg DHA). (beneficial effect obtained with a daily intake of 250mg DHA)



Cranberry - 2000mg

Cranberry tablets equivalent to 2000mg of cranberry powder.

Valufolate

Liposomes are an effective delivery system for nutrients, supplements, and drugs because they are easily absorbed by the gastrointestinal tract, allowing the encapsulated molecules to be absorbed at the same time. They can carry both water-soluble and fat-soluble compounds.



B Complex - OAD

A blend of eight water-soluble B Vitamins to help maintain general good health and vitality. Provides Thiamin, Riboflavin, Niacin and Biotin to help maintain normal energy yielding metabolism plus Pantothenic Acid and Folic Acid to help reduce tiredness and fatigue together with Vitamins B6 and B12 to help support normal immune system function.

DHEA-50mg

(DHEA) is a hormone that the body naturally secretes in the adrenal gland. This hormone helps in the production of other hormones like testosterone and estrogen) Natural DHEA levels also rise early in adulthood and then gradually decrease with age.



DHEA-25mg

(DHEA) is a hormone that the body naturally secretes in the adrenal gland. This hormone helps in the production of other hormones like testosterone and estrogen) Natural DHEA levels also rise early in adulthood and then gradually decrease with age.



VALUDERM

SKIN ACTIVE SOLUTION

High Quality Skin Care Products



VALUCLEAR
Whitening Body Lotion



VALUCLEAR
Whitening Cream



VALUPROTECT
Sun Protection

VALUDERM

SKIN ACTIVE SOLUTION

High Quality Skin Care Products



VALUPUR
Purifying Gel



VALUSILK
Face Mist



VALUCARE
Micellar 2 in 1



br
pharmaceuticals



Women's
Care



Fertile
Care



Pregnant
Care



Baby
Care



Men's
Care



Bone
care



Immune
Care



Digestive
Care



Heart
Care



Energize
Care



Relax
& Sleep



Cosmetics



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