

Monday through Friday

Effective Oct 23 2022

690

Eastbound Al Este (Approximate Times / Tiempos Aproximados)

SYLMAR	PACOIMA	TUJUNGA	
1	2	3	4
Olive View Medical Center	Foothill & Van Nuys	Foothill & Sunland	Summitrose & Tinker
5:35A	5:53A	6:05A	6:10A
6:05	6:23	6:35	6:40
6:35	6:53	7:05	7:10
7:04	7:23	7:36	7:41
7:34	7:53	8:06	8:11
8:04	8:23	8:36	8:41
8:34	8:53	9:06	9:11
9:04	9:23	9:36	9:41
9:34	9:53	10:06	10:11
10:04	10:23	10:36	10:41
10:34	10:53	11:06	11:11
11:04	11:23	11:36	11:41
11:34	11:53	12:06P	12:11P
12:04P	12:23P	12:36	12:41
12:34	12:53	1:06	1:11
1:04	1:23	1:36	1:41
1:34	1:53	2:06	2:11
2:04	2:23	2:36	2:41
2:33	2:52	3:05	3:11
3:02	3:21	3:35	3:41
3:32	3:51	4:05	4:11
4:02	4:21	4:35	4:41
4:32	4:51	5:05	5:11
5:02	5:21	5:35	5:41
5:33	5:52	6:06	6:11
6:03	6:22	6:35	6:40
6:33	6:52	7:05	7:10
7:03	7:22	7:35	7:40
7:33	7:52	8:05	8:10
8:04	8:22	8:34	8:39
8:40	8:58	9:09	9:14
9:20	9:37	9:48	9:53
10:00	10:17	10:28	10:33
10:40	10:57	11:08	11:13

Westbound Al Oeste (Approximate Times / Tiempos Aproximados)

TUJUNGA	PACOIMA	SYLMAR	
4	3	2	1
Summitrose & Tinker	Foothill & Sunland	Foothill & Van Nuys	Olive View Medical Center
5:16A	5:21A	5:32A	5:47A
5:46	5:51	6:02	6:17
6:16	6:21	6:32	6:48
6:45	6:50	7:02	7:19
7:14	7:19	7:32	7:49
7:44	7:49	8:02	8:19
8:14	8:19	8:32	8:49
8:44	8:49	9:02	9:19
9:15	9:20	9:33	9:50
9:45	9:50	10:03	10:20
10:15	10:20	10:33	10:50
10:45	10:50	11:03	11:20
11:15	11:20	11:33	11:50
11:44	11:49	12:02P	12:19P
12:14P	12:19P	12:32	12:49
12:44	12:49	1:02	1:19
1:14	1:19	1:32	1:49
1:44	1:49	2:02	2:19
2:14	2:19	2:32	2:49
2:44	2:49	3:02	3:20
3:14	3:19	3:32	3:50
3:44	3:49	4:02	4:20
4:14	4:19	4:32	4:50
4:44	4:49	5:02	5:20
5:14	5:19	5:32	5:49
5:44	5:49	6:02	6:19
6:14	6:19	6:32	6:49
6:44	6:49	7:02	7:19
7:14	7:19	7:32	7:49
7:44	7:49	8:02	8:18
8:15	8:20	8:32	8:48
8:45	8:50	9:02	9:17
9:20	9:25	9:36	9:51
10:00	10:05	10:16	10:31
10:40	10:45	10:56	11:11

Saturday, Sunday & Holiday

690

Eastbound Al Este (Approximate Times / Tiempos Aproximados)

SYLMAR	PACOIMA	TUJUNGA	
1	2	3	4
Olive View Medical Center	Foothill & Van Nuys	Foothill & Sunland	Summitrose & Tinker
5:58A	6:16A	6:28A	6:33A
6:38	6:56	7:09	7:14
7:17	7:36	7:49	7:54
7:57	8:16	8:29	8:34
8:37	8:56	9:09	9:14
9:17	9:36	9:49	9:54
9:57	10:16	10:29	10:34
10:37	10:56	11:09	11:14
11:17	11:36	11:49	11:54
11:57	12:16P	12:29P	12:34P
12:37P	12:56	1:09	1:14
1:17	1:36	1:49	1:54
1:57	2:16	2:29	2:34
2:36	2:55	3:09	3:15
3:16	3:35	3:49	3:55
3:56	4:15	4:29	4:35
4:36	4:55	5:09	5:15
5:16	5:35	5:49	5:55
5:57	6:16	6:29	6:34
6:37	6:56	7:09	7:14
7:17	7:36	7:49	7:54
8:00	8:18	8:30	8:35
8:39	8:57	9:08	9:13
9:20	9:37	9:48	9:53
10:00	10:17	10:28	10:33
10:40	10:57	11:08	11:13

Westbound Al Oeste (Approximate Times / Tiempos Aproximados)

TUJUNGA	PACOIMA	SYLMAR	
4	3	2	1
Summitrose & Tinker	Foothill & Sunland	Foothill & Van Nuys	Olive View Medical Center
5:16A	5:21A	5:32A	5:47A
5:58	6:03	6:14	6:29
6:39	6:44	6:56	7:13
7:18	7:23	7:36	7:53
7:58	8:03	8:16	8:33
8:38	8:43	8:56	9:13
9:18	9:23	9:36	9:53
9:58	10:03	10:16	10:33
10:38	10:43	10:56	11:13
11:18	11:23	11:36	11:53
11:58	12:03P	12:16P	12:33P
12:38P	12:43	12:56	1:13
1:18	1:23	1:36	1:53
1:58	2:03	2:16	2:33
2:38	2:43	2:56	3:14
3:18	3:23	3:36	3:54
3:58	4:03	4:16	4:34
4:38	4:43	4:56	5:14
5:18	5:23	5:36	5:53
5:58	6:03	6:16	6:33
6:38	6:43	6:56	7:13
7:17	7:22	7:35	7:52
7:58	8:03	8:15	8:31
8:38	8:43	8:55	9:10
9:20	9:25	9:36	9:51
10:00	10:05	10:16	10:31
10:40	10:45	10:56	11:11

Saturday, Sunday and Holiday Schedules

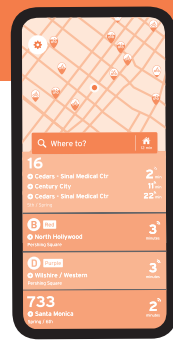
Saturday, Sunday and Holiday Schedule in effect on New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day.

Horarios de sábado, domingo y días feriados

Horarios de sábado, domingo, y días feriados en vigor para New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day.

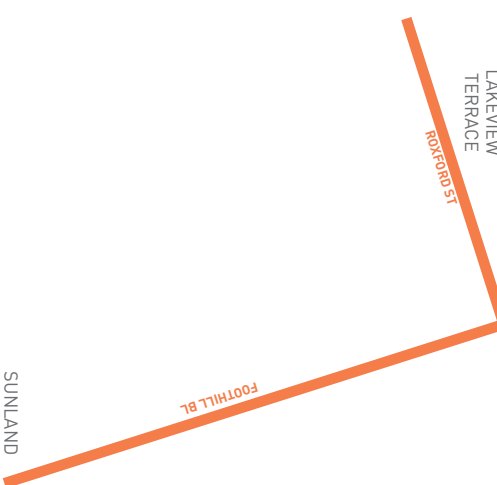
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Metro

Subject to change without notice
Sujeto a cambios sin previo aviso



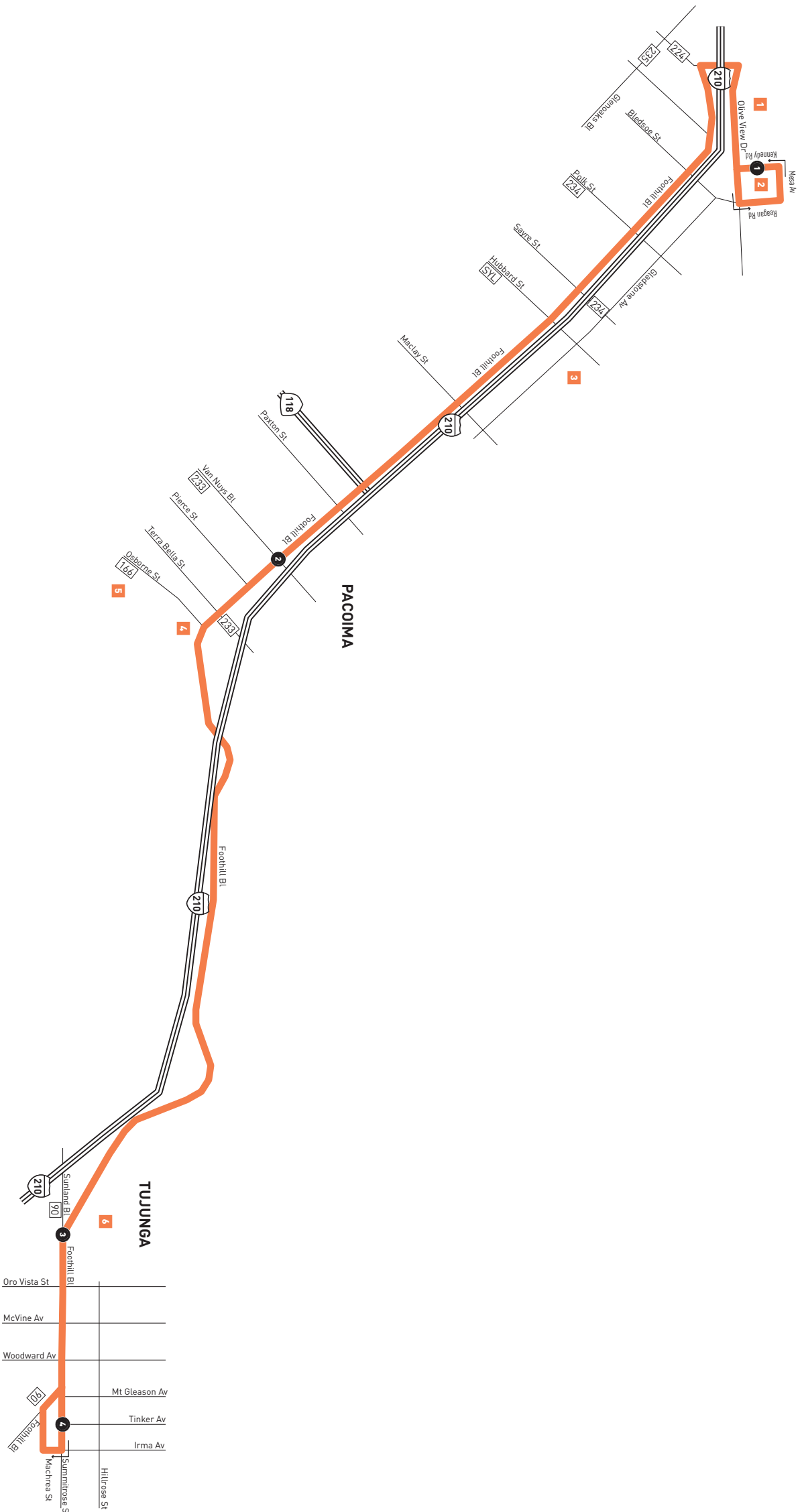
metro.net
323.G0.METRO
Wheelchair Hotline
800.621.7828

511
Travel Info
California Relay Service
711




Metro Local
Eastbound to Sunland
Westbound to Sylmar
via Foothill Bl, Roxford St, San Fernando Rd

690

Effective Oct 23 2022



LEGEND

-  Route of Line 690
-  Local Stop Timepoint
-  Metrolink

MAP NOTES

- 1 Olive View Mental Health Center
- 2 Olive View Medical Center
- 3 Los Angeles Mission College
- 4 Discovery Cube
- 5 Hansen Dam Park
- 6 Sunland Park Center

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