



Mindfulness Counseling, LLC

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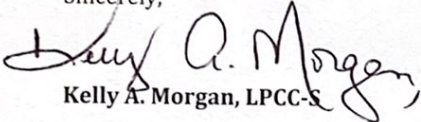
To our valued clients,

With the number of COVID-19 cases in the U.S. declining, we are getting closer to a return to normal for vaccinated people. Recently, the U.S. Centers for Disease Control and Prevention recommended that if you've been vaccinated you do not need wear face masks indoors, except in certain situations.

You should follow your primary healthcare provider's recommendation about wearing a mask if you have a chronic medical Condition or were not able to get your second dose of the vaccine. I also want to assure you that it is your right to wear a mask if you are nervous about unmasking.

I understand that having different guidelines at several different places you go may be confusing. We thank you for doing your part to keep us all safe.

Sincerely,

 LPCC-S
Kelly A. Morgan, LPCC-S

Director of Counseling and President

Mindfulness-Counseling