

Food Allergens

Tiny amounts can make a person sick.
Different symptoms - Minor to life threatening



1

Milk



2

Eggs



3

Fish



4

Shellfish



5

Peanuts



6

**Tree
Nuts**



7

Soy



8

Wheat

Controls:

- Check labels of all products (secret ingredients, traces)
- Show extra care to avoid cross- contact
- Clean and sanitize all equipment
- Prepare and serve food separately