

IN HOUSE LABELING RECOMMENDATIONS - KITCHEN

Food	Example	Shelf Life
Fresh juices	Fresh orange juice	1 day
Daily Mise-en-place *mostly kept outside the chiller	Cut vegetables, fruit, etc.	1 day
Mise-en-place *in the chiller	Cut vegetables, bigger chunks of fruits etc.	3 days
Fresh (raw) Meats	Red meat, chicken, fish or seafood in the chiller after defrosting	3 days
All other foods kept in the chiller	Cooked Foods Ready to eat foods Milk, Cream (after opening) Any food emptied from a can into a food container	3 days
Foods with vinaigrette	In-house made Sauces e.g. salad vinaigrette.	7 days
In-house Vacuum-packed food and cooked Sous Vide food (lab testing recommended)	Vacuum packed uncooked Vacuum packed food cooked (sous vide)	5 days
Foods with preservatives – i.e. sugar, salt, etc	Jam, Marmalade, Olive jars, pickle jars, etc	1 month in chiller (or as per manufacture guideline)
Decanted dry food	Sugar, Rice, Flour	1 month
Homemade frozen food	Sauces etc.	1 month
Opened food kept in original (glass/plastic) container	Olive oil, balsamic, tabasco, glucose, Pectin, etc.	Open date only – follow manufacture expiry date

Meat

Fresh (raw) Meats		3 days
Cooked Meat		3 days
Sliced Cold Cut		3 days
Bigger chunks of Cold Cut		1 month
Received fresh meat/fish – frozen in house		3 months

Cheeses

Fresh cheese and sliced/grated cheese	Cream cheese, Fresh Mozzarella, Ricotta, Feta, etc.	3 days
Semi – hard cheese	Edam, Gouda, Monterey Jack, etc.	7 days
Hard cheese	Cheddar, Gruyere, etc.	1 month
Cheese frozen in house		3 months

Pastry & Bakery

Yoghurt		3 days
Butter		1 month
Baked goods	Muffins, bread, cakes	7 days
Fruit puree	Defrosted	5 days
Fruit puree	Open, but kept frozen	1 month
Fresh desserts		3 days
In-house made syrups	Sugar syrups	1 month

The production day should be counted as the 1st day (DD/MM/YY):

3 days shelf life

Production date: 12.11.20
Use-by date: 14.11.20

7 days shelf life

Production date: 12.11.20
Use-by date: 18.11.20

1-month shelf life

Production date: 12.11.20
Use-by date: 11.12.20