

ICOPE

Integrated Care for Older People

ADOPT an integrated care approach to older people within the **COUNTRY'S NATIONAL HEALTH POLICY**

To achieve **universal health coverage** that is **inclusive of older people**, a transformation is needed in the way health and social services are designed and provided.

EVALUATE the country's **CAPACITY** to deliver integrated care

- identify gaps
- develop a plan
- monitor progress



TRAIN **HEALTH and SOCIAL CARE WORKERS** about the integrated care approach and interventions to prevent declines in intrinsic capacity and functional abilities



Make **NEEDED CHANGES** within **LOCAL HEALTH SYSTEMS** (e.g. essential medicines, health information system and infrastructure)



Adapt and implement **CLINICAL GUIDELINES** for providing integrated care for older people



Develop **SUPPORT MECHANISMS WITHIN COMMUNITIES** for self-management and caregiver support **AND**

ENGAGE **COMMUNITIES, FAMILIES AND CARE GIVERS**

ICOPE is community-based approach towards a person-centred health and social care to optimize the functional ability of older people.

For more information:

<https://www.who.int/teams/maternal-newborn-child-adolescent-health-and-ageing/ageing-and-health/integrated-care-for-older-people-icope>



World Health Organization