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INTRODUCTIONS

Dear Student-Athlete:

Welcome to Clemson University! We are happy you are here and hope you will come to love this great university, its history and its traditions. My advice to you is to take part in everything Clemson has to offer you.

Clemson students are among the nation's best and brightest. With the commitment and dedication of our outstanding coaches, faculty and staff -- and the support of Nieri Student Athlete Enrichment Center -- you will have every opportunity to achieve your academic goals.

The Atlantic Coast Conference is known as the top conference in the country for combining athletic and academic excellence. So, naturally, we want Clemson Tigers to dominate the All-Conference teams and the ACC-Academic Honor Roll every year. I know you can do it.

At Clemson, we are also committed to pursuing excellence with integrity. Never forget that you are the face of Clemson University to the outside world. You represent us on and off the field of play. Be a great ambassador for your university and your teammates.

I look forward to talking with you on campus, and to cheering for you and your team. I wish you great success this year and throughout your career at Clemson, and I hope you will join me in honoring our great university and all that Clemson represents.

Go Tigers!!!

Sincerely,

James P. Clements, Ph.D.

President



Dear Tigers,

On behalf of the Clemson University Athletic Department, we are excited to have you in the Tiger family for the 2024-2025 academic and athletic year. You have the opportunity to make an impact that will last long after you collect your diploma. You will be challenged to excel in the classroom and in competition. In everything you do, you represent your family, friends, hometown, teammates, the Athletic Department, and Clemson University.

The next four to five years of your career will include working toward an academic degree and participation in practice and competition for an athletic team, while also growing and developing as an individual. The administration, coaches, and support staff are committed to doing all that we can to help you seize every opportunity while you are here, inside and outside the lines of competition. We will provide you with every available resource, but it is your responsibility to dedicate yourself to earning your degree, competing to the best of your ability, and staying committed to your own personal development. Clemson University is considered to be one of the top academic institutions in the nation, and it is our goal to send you into your future career field, whether in athletics or out, prepared for success.

I wish you the very best over your career. However, it is your responsibility to take advantage of these resources as you forge your own path. It is now your time to be a Clemson Tiger.

I look forward to getting to know you and following your career, and helping you develop a lasting relationship with Clemson University.

Go Tigers!

Graham Neff

Director of Athletics



CLEMSON UNIVERSITY VISION, VALUES, MISSION AND GOALS

Vision Statement:

Growing people and community by creating life-changing experiences through Athletics.

Core Values:

- 1. Family
- 2. Integrity
- 3. Innovation
- 4. Growth
- 5. Excellence
- 6. Joy

Mission Statement:

With an emphasis on academic, athletic, personal, professional, and social development and excellence, the Athletic Department will provide the support, environment and infrastructure to promote the mission of Clemson University.

Core Goals:

Recruit and attract gifted individuals to best represent the University, who allow our teams to compete nationally both in the classroom and on the field.

- 1. Maintain a true commitment to enforcing the rules of the NCAA, ACC and Clemson University; and be fully accountable at every level as we promote success both on and off the field.
- 2. Provide each student-athlete with the appropriate academic resources to enable them to pursue and achieve their Clemson University degree and prepare them for their career after graduation.
- 3. Support the welfare and development of the student-athlete personally, professionally and socially through an integrated system of care and support through providing relevant, state-of-the-art, targeted programs, services, and guiding principles.
- 4. Embrace the diversity of our student-athletes, coaches and administrators by fostering a respectful culture that utilizes and celebrates those differences to achieve great success.
- 5. Recruit, develop, and retain a diverse staff committed to the growth of the student-athlete as a person, student, and athlete.
- 6. Create an exciting, fun, family atmosphere for fans and alumni to experience the best of Clemson University and support current student-athletes.
- 7. Expand and enhance athletic facilities which serve Clemson student-athletes and coaches developmental needs while creating unforgettable experiences for our fans.
- 8. Provide private financial support, through IPTAY and its over 20,000 members to fund the cost of athletic scholarships, academic support services, and facilities (both new and renovated).
- 9. Promote fellowship through the Tiger Letterwinners Association of all former student-athletes and recognize their accomplishments and contributions to Clemson Athletics.



Diversity, Equity and Inclusion Mission Statement:

Clemson Athletics seeks to provide a safe, equitable and inclusive environment for all, regardless of race, gender identity, sexual orientation, spirituality, socioeconomic background, disability or any other defining characteristic. We believe a diverse, welcoming community is core to our identity and creates better ideas, policy and actions. Furthermore, we seek to establish and maintain an inclusive culture that fosters equitable participation for student-athletes and career opportunities for coaches and administrators from diverse backgrounds. Discrimination of any kind or intolerance of any level has no place within Clemson Athletics, whether on the field, in the classroom, in the locker room or in the stands.

LGBTQ+ Statement:

Clemson Athletics is committed to providing an environment conducive to equal access and participation for student-athletes, staff and supporters of all gender identities and sexual orientations.

Diversity, Equity and Inclusion Education:

In August of 2020 the Atlantic Coast Conference adopted a policy mandating annual diversity and inclusion training for all institutional athletic department staff and student-athletes. Clemson Athletics seeks to provide effective and meaningful training that addresses improving systems, structures, policies, practices, and attitudes that disadvantage people. Trainings are delivered using active learning techniques that engages participants.

Clemson Athletics in collaboration with Student-Athlete Development's Tigers Unite Program celebrates Heritage months throughout the year, and offers student-athlete affinity groups to provide safe places and continued education for many groups based on a common set of interests, identities, and/or experiences.

2024-25 STUDENT ATHLETE HANDBOOK ABOUT CLEMSON ATHLETICS



Teams

There are 21 Clemson teams and approximately 550 student-athletes. Nine men's teams compete in football, basketball, cross country, indoor and outdoor track, baseball, tennis, soccer, and golf. The soccer, football and golf teams have won national championships. On the women's side, 12 teams compete in volleyball, basketball, cross country, indoor and outdoor track, lacrosse, gymnastics, rowing, softball, tennis, soccer and golf.

Sport Supervision

An administrator supports each team's efforts to win ACC and NCAA championships and serves as the primary administrative contact for the team's coaches and student-athletes. The sport supervisors for each sport are as follows:

Baseball	Kyle Young	kmyoung@clemson.edu	864-314-5458
Men's Basketball	Kevin White	kdw4@clemson.edu	404-556-1795
Women's Basketball	Stephanie Johnson	saellis@clemson.edu	864-985-3939
Football	Kevin White	kdw4@clemson.edu	404-556-1795
Men's Golf	Natalie Honnen	nhonnen@clemson.edu	864-650-8500
Women's Golf	Natalie Honnen	nhonnen@clemson.edu	864-650-8500
Women's Gymnastics	Stephanie Johnson	saellis@clemson.edu	864-985-3939
Women's Lacrosse	Stephanie Johnson	saellis@clemson.edu	864-985-3939
Rowing	Stephanie Johnson	saellis@clemson.edu	864-985-3939
Men's Soccer	Kyle Young	kmyoung@clemson.edu	864-314-5458
Women's Soccer	Kyle Young	kmyoung@clemson.edu	864-314-5458
Softball	Natalie Honnen	nhonnen@clemson.edu	864-650-8500
Men's Tennis	Steve Duzan	sduzan@clemson.edu	812-251-9014
Women's Tennis	Steve Duzan	sduzan@clemson.edu	812-251-9014
Track/CC	Steve Duzan	sduzan@clemson.edu	812-251-9014
Volleyball	Natalie Honnen	nhonnen@clemson.edu	864-650-8500



Exit Interviews / Annual Interviews / Annual Survey

There are three formal means by which student-athletes can assist in identifying the strengths of the athletic programs and areas needing to be strengthened. Surveys will be conducting via Real Response.

- 1. Exit interviews are conducted with all student-athletes graduating, exhausting eligibility or leaving the team or the University.
- 2. Annual interviews may be conducted with student-athletes who have eligibility remaining.
- 3. Annual surveys with all student-athletes may be conducted following the conclusion of each season.

Sport supervisors will initiate each of these. Student-athletes are encouraged to informally provide feedback at other times throughout their experience.

IPTAY

IPTAY, an acronym for I Pay Ten (dollars) A Year, started in 1934 to provide athletic scholarships for Clemson University student-athletes. While IPTAY has evolved and grown, the basic principles that were established in 1934 remain the same.

IPTAY has been regarded by many as the father of athletic fundraising and has transformed Clemson University into a national power due to the generous support of IPTAY donors. During the most recently completed fiscal year, the "One-IPTAY" enterprise raised a total of \$136.4M in support of Clemson student-athletes. IPTAY's mission is to provide resources to support the academic, athletic, and personal development of Clemson University student-athletes and the competitive success of Clemson athletics. Donations to IPTAY directly support:

- Student-Athlete Scholarships
- Nieri Family Student-Athlete Enrichment Center
- Nutrition Services
- Strength & Conditioning
- New & Updated Facilities
- Counseling Services
- Endowment Funding
- Life Skills Programming
- The IPTAY Academic Scholarship Endowment
- IPTAY Operations
- Tiger Band, Cheer, & Mascots
- Special programming for student-athletes

If you or your parents have any questions about IPTAY or how to join IPTAY please contact Taylor Sanderford at sanderf@clemson.edu or 864-656-2975.

IPTAY Collegiate Club

The IPTAY Collegiate Club is made up of over 8,000 Clemson University students who support Clemson athletics. A Collegiate Club membership is \$50 annually or \$150 for four years. For more information on how to join the IPTAY Collegiate Club, please contact Kelly Geiger, geiger3@clemson.edu or 864-656-9489.



REPORTING RESOURCES

Playing Time / Team Issues

Talk to your coach. If you are more comfortable talking to an assistant coach do so, but know that coaches have ultimate responsibility for playing time / team dynamics / program administration. The Clemson Athletic Department administration will not address issues regarding playing time.

Issues with Your Program

After discussing concerns with the coach(s), and feeling that the issue has not been resolved, talk to the administrator who supervises the sport. These sport administrators are:

Stephanie Ellison: Women's Basketball, Gymnastics, Lacrosse, Rowing

Natalie Honnen: Men's and Women's Golf, Softball, Volleyball

Kyle Young: Baseball, Men's and Women's Soccer

Kevin White: Football, Men's Basketball

Steve Duzan: Men's and Women's Tennis, Track and Field, Cross-Country

Reporting Violations or Issues with NCAA / ACC Rules

If you are aware or suspect possible NCAA/ACC rules violation (s) or need clarification on rules, you should contact the Director of Compliance Services, Senior Associate Athletics Director Amanda Richardson [agray3@clemson.edu, (864) 656-4138], or any member of the Clemson Athletics Compliance staff [compliance-L@clemson.edu] which are located in the McFadden Building.

Issues with Your Student-Athlete Experience

Some staff are uniquely qualified in certain areas such as athletic trainers (injuries, health issues); academic advisors and learning specialists (academic issues); compliance directors (questions on ACC/NCAA rules, scholarship, eligibility); or you may prefer talking to another member of staff (including your coaches and/or sport administrators) with whom you feel most comfortable, and they will guide you as to your next steps. Natalie Honnen is a good resource, particularly in the areas of welfare, wellness, mental health, conduct and behavior. Know too that student-athletes represent each team on the Student Athlete Advisory Council (SAAC). Issues can be brought to them for discussion with the Council who can then bring it to the administration if appropriate.

Additionally, our Faculty Athletic Representative – Antonis Katsiyannis is a critical resource for our student-athletes. Student-athletes can report any action, activity or behavior by anyone associated with the athletics program inconsistent with [the NCAA] constitution's principle of student-athlete health and well-being. In this role, the faculty athletics representative is a reporting contact for student-athletes independent of the institution's athletics department, but not a legal advocate for student-athletes. The faculty athletics representative, in this capacity, shall report directly to the member institution's president or chancellor.



Real Response: Report an Issue

Each month, student-athletes will receive a prompt to report any issues related to their student-athlete experience. Concerns may range from compliance or time management concerns, gambling, hazing, drugs/alcohol, discrimination, sexual assault, team issues, domestic violence, social issues, health/wellness issues, etc. to less serious issues such as a maintenance problem in your locker room. As a reminder, your communication is anonymous. Student-athletes are also able text "Report an Issue" to 66595 at any time, you will receive a link to file a report anonymously with administration.

Confidential Help

This office of Counseling and Psychological Services (CAPS), located in Redfern Health Center, is one of **only** two offices on campus where a student can talk with a University employee when they wish their issue to be totally confidential. The CUAD has two counsellors on staff for student-athletes, who are required to maintain confidentiality unless the student-athlete gives various levels of permission for the counsellor to communicate with another individual. (The student-athlete is not required to see this counsellor exclusively). The CAPS number is: 864-656-2451. Access to this office after-hours can be obtained by calling 864-656-2222 and asking for the counsellor-on-call.

Assistance with Student Policies, Campus Resources or Student in Crisis:

The Office of Advocacy and Success can help students understand University policies and procedures, educate them about and connect them to campus resources, and support students in crisis. Student-athletes may, at any time, contact the Office of Advocacy and Success 864-656-0935 or Office of Community and Ethical Standards (OCES), 864-656-0510.

Reporting a Crime

If the incident occurred on campus a report should be made to the Clemson University Police Department (CUPD) call 911 or (864) 656-2222.

If the incident occurred away from campus, concerned persons should call 911, or travel to the local law enforcement agency where the incident occurred.

Interpersonal Violence/Sexual Assault- Related Resources

The response coordinators support students who identify as victims, survivors, and/or secondary survivors of interpersonal violence. This may include stalking, sexual violence, domestic violence and dating abuse/violence. They can connect you to on and off-campus resources, offer crisis intervention, safety planning, and advocacy among other things. The best way to get connected to an IVRC is by filing a <u>CARE report</u> through the Office of Advocacy and Success and indicating on the form that you are seeking interpersonal violence response services. However, you can also call, email, or stop by their offices to discuss related resources and options. In an emergency, filing a CARE report is not appropriate. Contact the Clemson University Police Department's emergency line - 864-656-2222 for immediate assistance.

Bat'sé Smart 305 Sirrine Hall Phone: 864-656-6857

Email: bekanem@clemson.edu

Lauren Parker 307 Sirrine Hall Phone: 864-656-1136

Email: lmatran@clemson.edu



NOTE: Talking to a response coordinator is NOT the same thing as filing an official report. However, IVRCs will inform you about your reporting options if you choose to file one.

Additional Resources:

- Redfern Health Center, Counseling Services (864)656-2451 (confidential)
- Redfern Health Center, Women's Clinic (864) 656-1541
- Redfern Health Center, Health Information (864)656-2234
- Pickens County Advocacy Center (864)442-5500 (confidential)
- SC Coalition Against Domestic Violence & Sexual Assault (803) 256-2900

Title XI (Sexual Misconduct) Violations

Cases involving possible Title IX violations, discrimination on the basis of sex (i.e., sex discrimination), including sexual harassment, sexual assault, and sexual violence, may be reported by a student-athlete, sports administrators, or any member of the CUAD administration to the Executive Sr. Associate AD (Natalie Honnen, (864-656-9254), or to the University Title IX Coordinator (Alesia Smith, (864)656-3181, 223 Brackett Hall, alesias@clemson.edu). Reports of sexual misconduct shall be promptly investigated and also reported to the Clemson University Police Department [(864) 656-2222]. Employees who fail to report alleged or suspected violations of this policy to the appropriate campus office in a timely manner may be subject to disciplinary action, up to and including termination. The Office of Access and Equity will conduct or direct any investigation related to Title IX violations.

Reporting Non-Criminal Activity, or if you are Unsure of the Type of Activity but are Concerned

Per the Clemson University Student Handbook, "Anyone may initiate a complaint against any student or student organization for misconduct. The complaint should be submitted in writing and directed to the Office of Community and Ethical Standards." This is the online reporting form: https://cm.maxient.com/reportingform.php?ClemsonUniv

CARE NETWORK, Reporting Concerns Regarding a Student's Behavior

Student-athletes should talk with sports medicine staff, academic advisors, coaches or administrative staff regarding concerns about fellow-student athletes. However, if the concern is for a non-athlete, or you do not feel the desire to contact a CUAD staff member, the University has a CARE network for anyone to make a report of concern.

The Office of Advocacy & Success is under the Division of Student Affairs at Clemson University. The purpose of this office is to serve all current Clemson students as a trusted place for care, advocacy, and referrals to campus and community partners. This office works to inspire an individual sense of belonging, student success, and retention. We partner with students, their families, campus and community partners, faculty, and staff to empower our students to achieve academic and personal success and to build resilience. Common reasons to file a CARE Network referral can include Academic Concerns, Adjustment Issues, Behavioral Concerns, Career or Graduation, Death or Grief, Financial, Personal Health or Wellness, Relationships or Student Engagement. To file a report, use this link: CARE Report Form.



Access and Equity

Per their website, "The Office of Access and Equity coordinates the development of policy, procedures, programs, and services related to equality of opportunity in employment, business access, admissions, retention, academics, advancement, and general treatment for faculty, staff, students and visitors. Access and Equity monitors the University's compliance with all federal, state and University policies related to equitable treatment and unlawful discrimination. Procedures for filing a formal complaint can be found at: http://www.clemson.edu/campus-life/campus-services/access/policies.html or by calling 864-656-3181.

Protection for All Consulting

A primary focus of PFA's training is to prevent misconduct by discussing factors used to determine if behavior crosses the line and encourage attendees to raise concerns and ask questions. Moreover, PFA verifies resources available for addressing problems, which PFA learns about during its continual assessments. Due to the high-profile nature of intercollegiate athletics and real or perceived power imbalances that exist, PFA trains the Clemson Athletics Department in a unique manner: PFA conducts in-person training with most of the training in smaller groups in which supervisory and non-supervisory personnel are trained separately. For student-athletes, the effort is made to train most sports teams in separate sessions, while never allowing the presence of coaches or administrators. If you would like to report a concern, please contact Mike McCall at 214-415-8121.

Ombudsman Office

The Ombuds Office is a confidential*, independent, neutral, informal, and safe venue to discuss concerns, conflicts, and challenges that arise during your time at Clemson. *Confidentiality is subject to the Ombuds Office charter. The Ombuds can provide conflict coaching, mediation, facilitation, and referrals to other resources and can help you figure out your next steps in a difficult situation. There's no limit to what you can bring to the Ombuds Office. Dr. Gordon Halfacre is the Ombuds for Faculty and Students and can be reached at rhlfcr@clemson.edu or 864-656-4353. Tessa Byer is the Ombuds for Staff and can be reached at tbyer@clemson.edu or 864-656-5353. www.clemson.edu/ombuds.

University Policy Violations and/or Ethical Violations

In cases of possible violations of University policies or ethical violations, student-athletes may contact a coach, sports administrators, any member of the CUAD administration, the Director of Athletics, or the Clemson University Internal Auditing Office via the toll-free Ethics/Safety Line (third-party monitored by Lighthouse Services; reporters may remain confidential) at 1-(877)503-7283. The University Internal Auditing Office will conduct or direct any investigation related to violations of University policies or ethical violations.

Academic Integrity or Fraud

Student-athletes with questions, concerns or violations of the Academic Integrity Policy may contact the Director of Athletic Academic Services, Matt Lombardi- mlombar@clemson.edu (508)243-7590 or The Office of the Dean of Undergraduate Studies (864) 656-3022 [Dr. Sean Brittain, Associate Provost and Dean of Undgraduate Learning

For further questions /concerns, contact:

Steve Duzan

Senior Associate Athletic Director for Student Services 812-251-9014



STANDARDS OF CONDUCT

Clemson University Code of Conduct

Student-athletes are held accountable to the same policies and procedures as other University students outlined at http://www.clemson.edu/administration/student-affairs/student-handbook/code-of-conduct/index.html

Student-Athlete Code of Conduct

As a valued member of the Clemson Athletic Department, I will use my talents to attain a quality education and earn a degree. Although time commitments are demanding during the athletic season, I will remain academically eligible, attend class, inform professors of expected absences due to official athletic events, maintain academic honesty, and make maximum use of Nieri Student Athlete Enrichment Center and its programs.

As a member of Clemson University's athletics family, I will responsibly represent, with integrity, the values, traditions, and people of Clemson University. As a Clemson University student-athlete, I will display good sportsmanship, know and follow NCAA and ACC guidelines, obey team rules and policies, and always give 100 percent effort to positively represent Clemson University on the field, in the classroom, and in my daily life.

Hazing

Hazing is not tolerated at Clemson, and by extension, in the Athletic Department. Student-athletes who have concerns/questions are encouraged to speak out. This can be done in an open forum (e.g. speak up with the offenders); or to a staff member with whom you feel comfortable. Members of the Athletic Department staff have a duty to follow-up on all reports of hazing. The student-athlete can be assured that their safety is of paramount importance, and their report will be handled appropriately. Information on hazing can be accessed in the student-athlete section on the athletic website.

Athletic Department Standard of Conduct / Discipline Policy

Athletic Department Guiding Principle of Pride: "Our actions honor our University, its traditions, teams, performance, people, and each other".

Participation in athletics is a privilege that carries a tremendous amount of responsibility for the student-athlete. As Clemson University's most visible ambassadors, student-athletes are expected to uphold high standards of integrity and behavior that will reflect well upon them, their families, coaches, teammates, the Athletic Department, and Clemson University. Student-athletes are expected to demonstrate exemplary behavior and performance as representatives of Clemson University, to respect the rights of others, and abide by all rules and regulations of Clemson University, the ACC, the NCAA, and the Athletic Department. Failure to comply with said rules may result in suspension, probation or dismissal from the team; non-renewal of athletic financial aid; or expulsion from the University. This policy covers student-athlete behavior on and off the field including that engaged in during social networking and in public media.

Student-Athlete Misconduct

Student-athletes are held accountable by the same policies and procedures as other University students as outlined in the Clemson University Student Handbook. In addition they are held to the Clemson University Athletic Department Standard of Conduct and Discipline outlined here. The head coach of each sport also has his/her own set of team rules, and is responsible for enforcing these rules. The Clemson Athletic Department Administration will fully support appropriate disciplinary action taken by a coach in concurrence with the Director of Athletics.



Reporting Misconduct

The student-athlete has the responsibility to report any detainment by a law-enforcement agency; criminal charges filed by any agency; and other significant Code of Conduct violations to their coach immediately (within 24-hours of the incident). Student-athletes failing to comply with this expectation may be subject to greater consequences.

The coach, upon receiving a report of misconduct, is required to inform the Associate Director of Athletics for Performance or the Director of Athletics immediately or within 12 hours after learning of the infraction.

Sanctions for Misconduct

In situations where a student-athlete's misconduct is within the university system (i.e., Office of Community and Ethical Standards), the athletic department will follow the sanctions levied through that process in the event the student-athlete is suspended or dismissed from the University. Athletics will, at the minimum, adhere to those sanctions, but a coach, upon review by the Director of Athletics, may impose further sanctions where appropriate. A student-athlete will be suspended immediately from all athletic activity, if arrested for and /or criminally charged with:

- Any felony offense;
- Sports wagering, gambling, game fixing;
- Illegal possession of a weapon; or
- Criminal Sexual Conduct.

A student-athlete arrested for and /or charged with a DUI will be withheld immediately from not less than the next 10% of their intercollegiate (championship segment) competitions. The head coach will recommend, within seven days, a course of action, and upon review by the Director of Athletics, administer further sanctions if warranted.

After adjudication of the above cases, the head coach will recommend a course of action, and upon review by the Director of Athletics, administer further sanctions if warranted.

For all other misdemeanor charges/convictions, the head coach will recommend, within seven days, a course of action, and upon concurrence of the designated CUAD administrator, administer sanctions.

In addition to any sanctions that are listed above, a student-athlete who is arrested for and / or charged with a drug-related crime, whether for the use, possession, sale, purchase, distribution, or manufacture, or the attempt to do any of the foregoing, shall be subject to drug-testing pursuant to the Clemson University Athletic Department Use / Misuse Program.

Clemson University Athletic Department Conduct Review Board (CRB)

The CRB will be assembled, as needed, for the purpose of monitoring the implementation of the conduct policy, identifying trends, and evaluating conduct issues affecting student-athlete wellbeing. In addition, the CRB shall, from time to time, make recommendations to the designated CUAD administrator regarding training and educational materials related to conduct issues. Membership of the CRB will be comprised of the Executive Sr. Associate Director of Athletic for Student Services and Performance, as well as four other members appointed by the Director of Athletics.



Social Media Use

Student-athletes are permitted to have profiles on social networking sites such as Snapchat, Twitter, Instagram, LinkedIn, TikTok, Flickr, Pinterest and Facebook. This is contingent upon the understanding that a. no obscene pictures are posted, b. no disruptive comments are posted and c. any information posted on the site does not violate the Clemson University Student Code of Conduct or breaks any local, state and federal laws.

Refer to the Athletic Department's Guidelines for Student-Athlete Use of Public Media / Social Networking HERE.

Sportsmanship and Ethical Conduct

Student-athletes are subject to the rules and regulations of the NCAA and ACC governing unsportsmanlike conduct. Additionally, student-athletes are expected to abide by the Athletic Department's Guiding Principle of Pride: "Our actions honor our University, traditions, teams, performance, people, and each other."

The principle of sportsmanship and ethical conduct (NCAA Bylaw 2.4) (From the NCAA Manual)

For intercollegiate athletics to promote the character development of participants to enhance the integrity of higher education and to promote civility in society, student-athletes, coaches, and all others associated with these athletics programs and events should adhere to such fundamental values as respect, fairness, civility, honesty and responsibility. These values not only in athletic participation but also in the broad spectrum of activities affecting the athletic program.

The principle of sportsmanship (ACC Bylaw 2.1) (From the ACC Manual)

It shall be the responsibility of each member institution to ensure that all individuals associated with the athletics program of that institution conduct themselves in a sportsmanlike manner when representing their university. For purposes of this Article, an individual associated with the athletics program includes, but is not limited to, coaches, administrators, student-athletes, team attendants, band members, cheerleaders, and mascots. Coaches and administrators have the responsibility to set the tone for responsible behavior on the part of their teams and followers. It is an infraction of the rules for an individual associated with the institution's athletics program to conduct themselves in an unsportsmanlike manner.

Parental Notification Policy

The Athletic Department is committed to the development, education and success of student-athletes.

The department encourages personal responsibility and accountability, and wishes to respect the rights and privileges due to student-athletes, the majority of which are adults. The department also recognizes that the input and involvement of parents and guardians can have a significant impact on the success and decision-making of student-athletes. Therefore, it is the position of the department that, on occasion, the decision may be made to inform parents and guardians of issues and events affecting student-athletes. Such instances may involve illegal or criminal activity, incidents impacting the health and safety of the student-athlete, and any other issue that may affect their participation as a student-athlete or enrollment as a student of Clemson University.

Student-athletes will be made aware of this policy through completion of the form entitled Student-Athlete Authorization/Consent for Disclosure of Educational Records.



Team Rules

Each sports program has its own set of rules / expectations developed by the coaching staff of that program. These rules are consistent with CUAD policies.

Substance Use/Abuse Policies

The Clemson University Athletic Department ("CUAD"), its coaching staff, physicians, athletics trainers and administrators strongly believe that the use of illegal drugs, misuse of prescription drugs, use of performance enhancing drugs, and the misuse of alcohol (collectively "substance misuse") are detrimental to the physical and mental well-being of its student-athletes ("students"). Substance misuse poses health and safety risks to the student, may be against the law and constitute a violation of Clemson University Student Regulations, CUAD Standard of Conduct/Discipline Policy and/or team rules. Therefore, CUAD has implemented a mandatory program of education, drug testing and counseling/rehabilitation to protect the health and safety of students and other students associated with Clemson Athletics. This program, known as the Substance Use/Misuse program, is separate from, but supplements and complements, the National Collegiate Athletic Association ("NCAA") Drug-Testing Program and the Clemson University Alcohol and Other Drug Use policies as well as the Clemson University Athletic Department Standard of Conduct/Discipline Policy, team rules, and federal, state and local laws and regulations.

Treatment Resources are available via Mental Health Counselors, CAPS (Clemson University's Counseling and Psychological Services). Additional alcohol meeting resources can be found here: https://alcoholicsanonymous.com/aa-meetings/south-carolina/.

ACADEMIC SERVICES AND POLICIES

General Information

Academic Support (Nieri Family Student-Athlete Enrichment Center)

Clemson University has a rich history of providing enrichment services and programming to its student-athletes. Constructed in 1991, Vickery Hall became the first stand-alone facility in the country dedicated to the support of student-athletes. In 2018, the department moved to the Nieri Family Student-Athlete Enrichment Center. Located on the second floor of the West Endzone, the Nieri Center provides state of the art resources, including over 40 individual tutoring rooms, a computer lab, classroom, auditorium, academic coordinator and learning specialist offices, and student-athlete development work spaces.

Nieri Family Student-Athlete Enrichment Center Mission Statement

The Student-Athlete Enrichment Programs are dedicated to providing a holistic, educational experience by inspiring an environment of respect, integrity, and excellence. Through our services, we guide and encourage each individual to reach full potential as a student, as an athlete, and as a citizen.

Nieri Family Student-Athlete Enrichment Center Values Statement

We are committed to providing excellent, student-centered services in a safe and supportive environment. We value:

- Education and lifelong learning as the foundation of our program
- Integrity and honesty in our dealing with student-athletes, faculty, and staff
- Respect and responsibility, both given and inspired



- Holistic development of each student-athlete
- The ethical standards governing Clemson University, the ACC, and the NCAA

Hours of operation:

Sunday: 3:00 p.m. – 9:30 p.m.

Monday - Thursday: 7:30 a.m. - 9:30 p.m.

Friday: 7:30 a.m. - 4:30 p.m.

Athletic Academic Services Staff & Services

The Athletic Academic Services department in the Nieri Center includes 18 full-time staff members including academic coordinators, learning specialists, and a director of operations, as well as over 100 part-time and student employees serving as tutors, mentors, and attendance monitors. To request academic support, or for academic related questions, student-athletes should contact their team's assigned academic coordinator. For more information you may visit: https://clemsontigers.com/sports/academics/facilities/nieri/

EEE – Enrich! Engage! Empower!

"Triple E" is a structured academic support program that includes the use of mentors, tutors, learning specialists and independent study. All freshmen and first-semester transfer student-athletes, and other student-athletes who are recommended by their athletic academic coordinator participate in EEE. Participation is monitored and student-athletes are held accountable for engagement in the program.

Priority Registration

The University allows student-athletes to register for classes prior to other students. This is done so that student-athletes can arrange class schedules to accommodate their academic goals and athletic responsibilities. Student-athletes must meet with their campus advisor before registration. Once the schedule is made, students should consult with their athletic academic coordinator prior to making any schedule adjustments.

Changing Majors

Before changing your major, please consult with your athletic academic coordinator in Nieri Student-Athlete Enrichment Center, who has an expertise with NCAA eligibility rules. Changing majors may affect your eligibility, and you should know all consequences prior to making that decision.

Dropping a Class

Before dropping a class, you need the consent of your academic coordinator. A form requiring the signature of both the student-athlete and academic coordinator must be completed and submitted to registration services in order for the course to be removed from the student-athletes schedule. Dropping a class may affect your NCAA eligibility, so it is a decision that merits consultation with your athletic academic coordinator and head coach.

Transfer Credit

Before taking courses at another college, prior approval must be obtained. Forms are available online and can be requested from your athletic academic coordinator. Only a grade of "C" or better will transfer to Clemson. Students only receive credit, not grade points for transfer credit, so transfer courses do not affect grade-point averages.



Textbook Policy

Student-athletes on athletic scholarship are provided textbooks and coure related materials that are required for class during the regular academic year and during the summer terms.

Student-athletes must return all textbooks and materials of courses dropped before the published "Last day to drop a class or withdraw from the University without a W grade" to the Nieri Student-Athlete Enrichment Center. Failure to do so will result in a charge being placed on the student-athlete's account for the cost of the materials.

Books and resources loaned from Nieri must be returned by the final day of exams for that term. The cost of the books and resources not returned is billed to student-athlete's University account.

*Selling books or course related items for profit prior to the drop deadline may result in a NCAA violation.

Laptop Policy

Student-athletes on athletic scholarship are provided laptops that they may use during their time as a student-athlete. The laptops are purchased and distributed to student-athletes upon their arrival to campus. Programs and software recommended by the University are installed prior to laptops being distributed. The laptops are under warranty and should be taken to CCIT if any issues arise. The laptops are returned to Nieri Student Athlete Enrichment Center in the event that a student-athletes leaves the team via transfer, loss of eligibility or discontinuing their participation prior to graduation.

Student-Athlete Graduation Stole and Event Policy

The Clemson University Department of Athletics recognizes qualifying student-athletes with the presentation of a graduation stole and invitation to the student-athlete graduation reception. In order to be invited to the reception and/or receive a stole, individuals must meet one of the following criteria:

- 1. Be on the team during the competition season preceding or concurrent to the graduating term
- 2. Be medically disqualified and remained in good standing with the Department of Athletics
- 3. Complete degree through participation in the Tiger Trust Program

The purpose of this award is to recognize student-athletes who graduate as members of the team. Individuals who quit or are cut do not qualify for these benefits regardless of their financial aid retention after separation from the team. Special exceptions to the criteria listed require approval from the Head Coach and the Director of Athletics or Designee.

Clemson University's policy on Academic Integrity

As members of the Clemson University community, we have inherited Thomas Green Clemson's vision of this institution as a "high seminary of learning." Fundamental to this vision is a mutual commitment to truthfulness, honor, and responsibility, without which we cannot earn the trust and respect of others. Furthermore, we recognize that academic dishonesty detracts from the value of a Clemson degree. Therefore, we shall not tolerate lying, cheating, or stealing in any form.

1. Any breach of the principles outlined in the Academic Integrity Statement is considered an act of academic dishonesty.



2. Academic dishonesty is further defined in the Academic Regulations Section of the Undergraduate Catalog: https://catalog.clemson.edu/content.php?catoid=35&navoid=1090#undergraduate-academic-integrity

Clemson University has a "2-strike" policy related to academic integrity. A student found in-violation of the academic integrity policy for a second time will be suspended or dismissed from the university. Clemson University has instituted the use of a "Plagiarism Form" when faculty members find instances of clear-cut plagiarism. Please refrain from signing the form until you have been able to discuss the situation with Matt Lombardi, Director of Athletic Academic Services, mlombar@clemson.edu. If you are accused of academic dishonesty, please remember that you may not be penalized until you have an opportunity for a hearing. The office of undergraduate studies will contact

Class Attendance Policy/Academic Notes

It is important to understand that the University allows professors to set attendance policies for their class. It is possible to be dropped from a class for excessive absences, which could render you ineligible for practice and competition if you drop below full-time enrollment.

Mandatory Class Attendance

All students must attend their first scheduled day of classes and labs. Away competitions will not be scheduled during the first week of class. If you cannot attend class, you must contact the instructor and indicate an intention to remain in class. If you do not attend the first class or contact the instructor by the second meeting or the last day of drop/add period, whichever comes first, you may be dropped.

Class Attendance

You must inform professors at the beginning of each semester about those days you will miss due to team travel. Some professors limit absences to three or four and do not excuse absences for any reason, including travel for competition. If your predicted absences exceed those allowed, please consult with your athletic academic coordinator immediately.

Because regular class attendance is so important, your program's athletic academic coordinator will monitor your class attendance and academic progress. Student-athletes are expected to attend all classes. Absences will be reported to your coach. If you participate in EEE, your attendance is monitored closely. If you are not in EEE, professors report your attendance routinely to your program's athletic academic coordinator. The attendance policy for student-athletes is effective for the fall and spring semester. Absences are not carried over from one semester to another. See the chart on the following page for a list of penalties.

Team Travel Verification

When missing class for an away competition, academic coordinators will send a travel verification email to the professors of students listed on the travel roster provided by the coaching staff. WARNING: Team travel verification is not a class excuse. Some professors do not recognize team travel as an excused absence. You must discuss making up any missed work with your professor(s) prior to travel.

Institutional Academic Policy for Students Participating in Intercollegiate Athletics

All Clemson student-athletes are expected to follow NCAA eligibility rules (refer to final section in this Handbook). In addition, the institution may have additional requirements.



Monitoring of Engagement

All Clemson student-athletes are expected to attend class, to meet academic expectations and to be good ambassadors for Clemson Athletics. Student-athletes will be monitored for the following:

- Fulfilling EEE hour requirements
- Class attendance/tardiness
- Tutor/mentor attendance
- Attending athletic academic coordinator meetings

When you miss a class, a tutor/mentor meeting, or a meeting with your program's academic coordinator, your head coach is notified. At the end of each week, a report is provided to the head coach, sport supervisor, the student-athlete's academic coordinator, the Director of Athletic Academic Services, the Director of Athletics and the Faculty Athletic Representative that reports any absences from required meetings and an unwillingness to meet EEE hour-requirements.

Schedule of Penalties Imposed for Violations of the Attendance Policy

Absences	Penalty	Responsible Authority
First unexcused absence	Team discipline	Head Coach
Second unexcused absence	Team discipline	Head Coach
Third unexcused absence	Team discipline and head coach reports corrective measures to the sport supervisor.	Head Coach/ Sport Supervisor
Fourth unexcused absence	Student-athlete withheld from next practice.	Head Coach/Sport Supervisor
Fifth unexcused absence	Student-athlete withheld from next competition.	Head Coach/Sport Supervisor

^{*}Please note that unexcused Class Absences - <u>Cumulative</u>, All Courses





<u>Schedule of Penalties Imposed for Violations of EEE Requirements</u>

Did not meet weekly hour requirement	Penalty	Responsible Authority
First week	Team discipline	Head Coach
Second week	Team discipline	Head Coach
Third week	Team discipline and head coach reports corrective action to sport supervisor.	Head Coach/Sport Supervisor
Fourth week	Student-athlete withheld from next practice	Head Coach/Sport Supervisor
Each subsequent week	Student-athlete withheld from next practice	Head Coach/Sport Supervisor

Application of Penalties

Withholding from competition or practice will be applied to the next scheduled contest or practice. If the team has completed its competition for the semester, the penalty will be applied to the first competition or practice the following semester. Student-athletes being withheld from away competition will not be permitted to travel with the team. The attendance policy applies whether or not the sport is in season.

[Note: Other instances of misconduct in Nieri Student Athlete Enrichment Center or in the classroom, such as habitual tardiness, will be evaluated on an individual basis with the Dean of Undergraduate Studies, Faculty Athletic Representative and Director Athletic Academic Services. Actions will be taken as deemed appropriate by this group.]



FINANCIAL AID

Athletic Financial Aid (Scholarship) Facts

- A student-athlete shall not be eligible to participate in intercollegiate athletics if he or she receives financial
 aid that exceeds the value of the cost of attendance (tuition and fees, room and board, books, and other
 miscellaneous expenses related to attendance at the institution as determined by the financial aid office).
- Athletic scholarships are awarded on an annual basis.
- Athletic scholarships may be renewed, reduced or withdrawn at the conclusion of each academic year.
- Student-athletes must be notified in writing prior to July 1 of the upcoming academic year.

NCAA Bylaw 15.3.4.2 and 15.3.4.3 states: "Institutional financial aid based in any degree on athletics ability <u>may</u> <u>not</u> be decreased or cancelled during or after the period of its award:

- On the basis of a student-athlete's ability, performance or contribution to a team's success;
- Because of an injury, illness or physical or mental medical condition (except as permitted pursuant to Bylaw 15.3.4.1);
- For any other athletics reason."

NCAA Bylaw 15.3.4.1 states "Institutional financial aid based in any degree on athletics ability <u>may</u> be reduced or canceled during the period of the award or reduced or not renewed for the following academic year or years of the student-athlete's five-year period of eligibility if the recipient:

- (a) Renders himself or herself ineligible for intercollegiate competition;
- (b) Fraudulently misrepresents any information on an application, letter of intent or financial aid agreement (see Bylaw 15.3.4.1.2);
- (c) Engages in serious misconduct warranting substantial disciplinary penalty, as determined by the institution's regular student disciplinary authority;
- (d) Voluntarily (on his or her own initiative) withdraws from a sport at any time for personal reasons; however, the recipient's financial aid may not be awarded to another student-athlete in the academic term in which the aid was reduced or canceled. A student-athlete's request for written permission to contact another four-year collegiate institution regarding a possible transfer does not constitute a voluntary withdrawal; or
- (e) Violates a nonathletically related condition outlined in the financial aid agreement or violates a documented institutional rule or policy (e.g., academics policies or standards, athletics department or team rules or policies)."

If a Clemson student-athlete has a reduction or withdrawal of athletic aid, they have the right to appeal this decision. Student-athletes should contact Melissa Dubuque in Financial Aid for guidance on this process (656-4259 or dubuque@clemson.edu). (See Appeals section)

IMPORTANT NOTE: Athletes considering withdrawing voluntarily from their sport should obtain complete information on the impact of this decision before they take action. They can seek further information from any of the following individuals: Compliance Services 864-656-1580 or compliance-L@clemson.edu); or their Sports Supervisor.



Summer School Financial Aid Policy

Summer financial aid is not guaranteed to Clemson student-athletes.

Financial aid will be considered for all student-athletes who complete an application. You should make requests for summer school financial aid to your Nieri Student Athlete Enrichment Center advisor prior to the Friday after Spring Break.

The following should be considered:

- Summer school aid is not guaranteed.
 - Head coaches, the Associate Athletic Director of Academic Services, and/or the Sport Supervisor may deny requests for aid.
 - Requests for aid will be automatically denied for student-athletes who failed or dropped a summer school course in the previous year. This automatic denial of aid may be reversed by the Associate Athletic Director of Academic Services.
- While aid is based on equivalency for the current (previous Fall/Spring) academic year, aid may be increased for the following reasons:
 - Aid will be automatically increased to the optimum equivalency determined by the Business Office following the request approval (note: for most student-athletes, the optimum equivalency will be the same as the equivalency for the current academic year).
 - Aid may be increased at the discretion of the head coach utilizing funds identified by the Business Office in the 'Budget Process' or funds identified in the sport's operating budget and approved by the Sport Supervisor.
- Room & Board will only be provided to student-athletes living in Clemson. Students taking only online courses will be required to meet weekly with their Athletic Academic Coordinator.

Special Notes for Students Attending Summer School to Regain Eligibility

Student-athletes will be required to attend study hall and participate in other academic support services as directed by Director of Athletic Academic Advising.

Participation in voluntary athletically-related activities with an institutional strength coach may be limited for those student-athletes who:

- Have a grade-point average below 2.2;
- Have been ruled ineligible for the fall semester;
- Must attend summer school to regain eligibility; and
- Have jeopardized progress towards degree.

Athletic Aid to Former Student-Athletes / Tiger Trust Program

A student-athlete who has exhausted eligibility but does not have the number of hours to graduate may receive assistance through the Tiger Trust Program to complete their degree. Details on this program are available online.



Pell Grant

The Pell Grant is a federal grant based upon a college student's financial need. The grant does not count towards NCAA team or individual limits. For the 2023-2024 year, the maximum Pell Grant limit is 7,395. Student-athletes who qualify for this grant will receive one-half of the grant amount at the beginning of each semester.

To apply for a Pell, complete a FAFSA, which is available in the financial aid office, G01 Sikes Hall, or <u>online</u>. Every student-athlete should complete a FAFSA form each academic year.

NCAA Student-Athlete Assistant Fund

The NCAA has earmarked funds to help pay costs that arise in conjunction with participation in athletics and enrollment in the academic curriculum. Contact Brad Woody, Assistant Athletic Director for Compliance, at 656-6582 or cbwoody@clemson.edu. Medical visits will not be covered without authorization from the Assistant Athletic Director or a member of the athletic training staff *prior to* the visit.

University Charges to Avoid

Athletic scholarship does not cover expenses associated with:

- Library fines;
- Fines for damage to University property, including the residence halls;
- Key deposits or replacement of a lost residence hall key;
- Mailbox fee;
- Vehicle registration fee;
- Parking fines;
- Telephone bills; or
- Lost textbooks.

Accumulating this kind of debt affects the ability to schedule classes for the following semester, and in some instances, retain enrollment. Avoid these charges, and when any are assessed, deal with them immediately.

STUDENT-ATHLETE APPEALS

There is an appeal opportunity provided to student-athletes under NCAA legislation regarding the cancellation and/or reduction of athletically related financial aid.

Financial Aid Appeal Process

- 1. If your athletic scholarship is reduced or cancelled during the period of the award, you may request a hearing to appeal the decision.
- 2. If your athletic scholarship is reduced or not renewed, at the conclusion of the academic year, you may request a hearing to appeal the decision.

The Financial Aid Appeal Committee is comprised of Clemson students (non-student-athletes), one faculty member from the Faculty Senate, a faculty member from the Library and a faculty member from each of the colleges. The Appeal Committee is chaired by the Chief Financial Aid Officer who serves as an ex-officio.



STUDENT ATHLETE SUPPORT SERVICES

Athletic Communications Services

The Athletic Communications Department serves as the primary coverage contact for our athletic teams publicly, including running social media accounts, preparing broadcasts and assisting student-athletes in all phases of dealing with the media. Interactions with media helps develop communication skills that can be helpful not only during the intercollegiate experience, but in future professional and business settings.

Tips for Interviews

Please contact your primary sport contact immediately if you are contacted by outside media, and we will assist in the coordination and preparation for the interview. This helps avoid contact with unauthorized people. Any interview opportunity is public from interviews with websites, podcasts, newspapers and news stations. The things you say and do reflect not only on you, but also on Clemson University.

Your social media accounts are public and represent you, your family and Clemson University. You have tremendous opportunity to build your brand and awareness while here through your owns platforms as well as external media.

Cooperating with the media allows you to give your side of the story, positive opinions and message. You can never go wrong complimenting a teammate or the opposition in an interview.

Be on time for the interview or in returning phone calls. If a problem arises, please notify the Athletic Communications office immediately so the interview may be rescheduled.

You may not control the questions, but you always control the answers. You are not obligated to answer any questions that make you uncomfortable. The proper way to answer a question is, "I'd rather not discuss that subject at this time" or "I'd rather not make a comment on that question at this time."

Please contact your sport contact if you feel uncomfortable with any interviews.

Listing of Communications

- Jeff Kallin Sr. Associate AD / Communications & Strategic Initiatives (Department, AD) 508-944-3859 kallin@clemson.edu
- Ross Taylor Assistant AD / Football Communications (Football, Swinney) 864-656-9767 rt5@clemson.edu
- Brian Hennessy Senior Associate Director of Communications (Baseball, Secondary Football, Photography)
 864-656-1921 bhennes@clemson.edu
- Chandler Simpson Associate Director of Athletic Communications (Women's Basketball, Women's Golf, Football credentials) 864-918-9843 mcsimp2@clemson.edu
- Ben Winterrowd Assistant Director of Communications (Men's Basketball, Men's Golf, ORANGE: The Experience Magazine Publication) 630-862-8828 winterr@clemson.edu
- Autumn Froitland Graduate Student Assistant (Women's Soccer, Cross Country, Men's Tennis and Track & Field) afroitl@clemson.edu 623-628-7016
- Andrew Fostvelt Graduate Student Assistant (Secondary Volleyball, Lacrosse, Rowing)
 rfostve@clemson.edu
- Carson Riley Graduate Student Assistant (Men's Soccer, Women's Tennis and Gymnastics) 210-445-2323 criley3@clemson.edu



Equipment Room Services

Equipment and apparel provided for student-athletes is the property of the Athletic Department. Student-athletes will be issued apparel for practice and competition. All incoming student-athletes and walk-ons must be academically certified before receiving equipment or apparel.

Apparel Procedures

- 1. Practice gear is for official athletic practice and not for personal use. Replacement gear cannot be issued if a student-athlete forgets gear.
- 2. Complete athletic equipment size sheets properly. There will be very few exceptions on size changes once the form is completd.
- 3. Apparel and equipment are issued only after proof of passing physical examination by the training room staff.
- 4. Personal items will not be laundered! Do not include personal items in the laundry bag. All personal items unclaimed or unmarked will be discarded after one week. Lost or stolen practice equipment is replaced upon payment for the missing item. Prices for missing equipment are based on the replacement cost of the item.
- 5. Practice apparel and equipment must be turned in to the equipment manager if a student-athlete quits or is dismissed from the team. Student-athletes will be billed for equipment that is not returned. Once the bill is set, it is not permissible to return the equipment.
- 6. Practice and travel apparel (practice sweats, practice shorts, all T-shirts and socks) belongs to student-athletes that stay on the team for the entire academic year.

Competition Equipment and Apparel

- 1. Equipment worn for competition should be worn only during competition and never during practice.
- 2. Student-athletes are responsible for all competitive equipment from the time it is issued until the time it is returned.
- 3. Lost or stolen competition equipment can only be replaced when the student-athlete submits the cost of the missing item. Prices for missing equipment are based on the replacement cost of the item.
- 4. All competitive equipment must be returned to the equipment manager.
- 5. Athletic shoes will be issued at the beginning of the year on the basis of need as determined by the head coach or equipment manager.
- 6. The equipment room is not responsible for items left in student-athletes' lockers. The person assigned the locker is responsible for ensuring it is secure. Lost or stolen items are the responsibility of the person assigned to the locker.

Student-athletes are billed for any equipment or apparel items not returned or replaced. These charges will appear on advanced billings for registration. Student-athletes cannot register until the debt is paid, and will not be permitted to return any items reported as lost once the bill is submitted.



Sports Medicine

The Sports Medicine Department and Athletic Training Rooms are the providers/medical facilities for the Athletic Department. This department provides for the diagnosis, treatment, and rehabilitation for all Clemson student-athletes. Full time, Graduate Assistants and Student Athletic Trainers work under the direct supervision of the team physicians. This group of qualified individuals coordinates all efforts to determine the best possible care of the Clemson student-athletes. The following are some of the objectives of the Sports Medicine Department:

- 1. That first-year student-athletes are physically prepared to participate at the intercollegiate level through a preparticipation physical examination.
- 2. To anticipate and prevent injuries or illnesses that could endanger participation in practice, competition or the pursuit of a healthy lifestyle when athletic participation concludes.
- 3. To rehabilitate injuries and illnesses in a manner that promotes a healthy return to practice and competition.
- **All Sports Medicine forms and NCAA approved Concussion Protocols can be accessed on CUAD website: https://clemsontigers.com/forms/

Responsibilities of the Student-Athlete

Report any injury or illness to the Sports Medicine Staff member(s) assigned to your sport or the team physician as soon as possible. Inform the Sports Medicine Staff member(s) of any potential issues that may affect the physical or mental wellness of teammates.

Physical Examinations

Every first-year athlete (including transfers) will receive a physical examination by the team physician. In accordance with NCAA regulations, each student athlete must have passed a physical examination prior to any athletic participation. This includes workouts in the strength and conditioning facility. Sickle cell results must also be on file before a Student-Athlete is cleared for participation.

Treatment Confidentiality

Each Student-Athlete signs an information release to permit the Athletic Department to release medical information when necessary for medical care.

<u>Procedures to see the Team Physician, receive treatment and/or rehab.</u>

- 1. Check in at front desk to receive a doctor's form, treatment /rehabilitation sheet. *An Athletic Trainer must complete the doctor form.
- 2. Receive appropriate treatment/care by the Athletic Training Staff. Any Athletic Trainer can provide care.
- 3. Team Physicians are available daily. See your Athletic Trainer to schedule an appointment time.

<u>Procedures for Athletic Injuries and Illnesses</u>

Injuries should be reported to and treated by the athletic trainer(s) assigned to the student-athlete's sport. If the assigned athletic trainer is not available, another athletic trainer should be consulted. Treatments should not be missed because a specific athletic trainer is not available. Athletic trainers are under the direct supervision of the team physician and will carry out any medical treatment prescribed by the team physician.



Treatment Guidelines

- Dress in shorts and t-shirts for treatments.
- Shower and change into clean shorts and t-shirts for treatment after practice.
- An athletic trainer should be consulted prior to any treatment or rehabilitation.
- Illnesses and injuries will be seen by the team physicians in the Athletic Training Rooms at specific times daily. ONLY the team physician can excuse the student athlete from class attendance. This excuse must be obtained PRIOR TO the missed class. Excuses will not be issued after the fact.
- All follow up appointments, along with medical testing and surgery will be coordinated by the Sports Medicine Staff. Every effort will be made to schedule medical appointments around classes. It is the responsibility of the Student-Athlete to inform their Professors and Academic Advisors if any class, tutoring session, or academic meeting is missed.

Second Opinions

If a student athlete chooses to seek care outside of Clemson Sports Medcine, it will then be the student athlete's responsibility to provide all outside provider notes, imaging studies, labwork, etc. to Clemson Sports Medicine. No athlete will be cleared to resume Clemson related athletic activities until this information is provided and approved by Clemson Sports Medicine. The final decision for clearance is up to Clemson University team physicians.

*Second opinions are the Student Athlete's financial responsibility which also includes any testing/procedures suggested/ordered unless pre-arranged by Clemson Sports Medicine

Medications

The Athletic Department will pay for the following:

- Medication necessary to help recover from injuries.
- Medications for infections, asthma, ulcers, etc. that are deemed necessary to allow safe and full participation during the competitive season.

Prescriptions

The Athletic Department will pay for the following:

- Medication necessary to help recover from injuries
- Medications that are deemed necessary to allow safe and full participation during the competitive season

Prescriptions must be written by CUAD Team Physicians or authorized by the Sports Medicine Staff. Prescriptions must be filled at Hubbard/Young Pharmacy at 407 College Ave. Clemson, SC 29631. Pharmacy hours are M-F 8-7, Sat 10-4 and Sun 11:30-4. Emergency prescriptions filled during team travel are reimbursed at the discretion of the Sports Medicine Staff.



During any academic break, medications will only be covered by the Athletic Department IF the student athlete meets all four (4) of the following criteria:

- 1. Must be enrolled in classes, and
- 2. Must reside in the Clemson area, and
- 3. Must be participating in sanctioned activities on the Clemson campus during the break, and
- 4. Must be under the direct supervision of Athletic Department Personnel.

Athletic Training Room Rules

- 1. No food or drinks.
- 2. No tobacco products of any kind.
- 3. No cleated shoes of any kind.
- 4. No shoes of any kind will be allowed on any tables.
- 5. Please leave all bags (travel, laundry, or book) or any other extra articles in the cubbies at the entrance of the Athletic Training Room.
- 6. No horseplay or abusive language.
- 7. No supplies will be removed from the Athletic Training Room without the permission of an athletic trainer.
- 8. No athlete should be late for a practice or event because he/she was in the Athletic Training Room.
- 9. Allow adequate time for treatment and taping.

Jervey Athletic Training Room Hours - (864) 656-1952

Monday - Friday 8-12 & 1-5

Weekends, holidays, and after-hours care is available by appointment only. Contact your assigned athletic trainer.

Reeves Football Complex Athletic Training Room (864) 656-2113

Monday – Friday 6:30 AM- variest depending on practice time

Weekend, holiday, and after-hours care is available by appointment only. Contact your assigned athletic trainer.

If a medical emergency arises before or after Athletic Training Room hours, seek treatment at the Emergency Room at PRISMA Oconee Memorial Hospital (located on Highway 123 in Seneca). The Student Athlete must contact their athletic trainer the next working day following the ER visit to discuss conditions and proper follow-up treatment. Failure to do so may result in claim denial.

EMERGENCY PHONE on campus: 656-2222

^{**}Note: The Athletic Department cannot pay for medications unrelated to athletic performance.



Insurance and Medical Billing

All Student-Athletes are required to provide the Sports Medicine Department with current medical insurance information and prescription coverage. Changes that may occur in coverage during the year should be reported immediately to your Athletic Trainer or to the Insurance Coordinator. Charges for approved medical treatment of an athletic injury are filed to this coverage first. Clemson then coves any secondary portion that is remaining. Medical bills and statements received at the Student-Athletes home address or campus address should be given to the Insurance Coordinator immediately (864-656-1374). All Student-Athletes on scholarship must provide their insurance information before participating in an athletic activity. All non-scholarship Student-Athletes must provide appropriate proof of billable medical insurance before a Physical is scheduled.

**IMPORTANT NOTE for NON-Scholarship Student-Athletes / Spirit Teams: HMOs, Short-Term Plans, and certain other state government-based plans do not provide sufficient medical coverage for collegiate sports. If your current coverage is deemed insufficient according to the Athletic Department Guidelines, then you will be required to obtain coverage through the Student Health Plan offered to all Clemson Students (BCBS of SC). Contact the Sports Medicine Insurance Coordinator for further information on enrollment in the Student Plan

The Sports Medicine Department is not responsible for any injuries that results from activity not sanctioned as an intercollegiate athletic event. Financial responsibility is the sole responsibility of the Student-Athlete.

Non-participating/non-competing Student-Athletes (i.e. 5th year or medical hardships) can still utilize the Athletic Training Room for pre-existing injuries. The Athletic Department is not responsible for any new injuries/medical issues incurred outside of Clemson Athletic participation.

The Exit Injury Statement must be signed within 14 days of completion of sports participation which includes dismissal or resignation. The Sports Medicine Department is not financially responsible for any injury or illness not specified in the Exit Injury Statement.

Dental and Eye Care

The Sports Medicine Department is only responsible for dental injuries sustained while participating in an authorized practice or competition. Eye exams, contact fitting, contacts (12 months) or sports goggles are provided for athletic competition. Glasses are provided thru the Compliance Department via Student-Athlete Opportunity Fund. They must be approved prior to purchase. \$200 limit on frames and only 1 replacement lens allowed during career.

**Sports Medicine forms and NCAA approved Concussion Protocols can be accessed on CUAD website: https://clemsontigers.com/sports-medicine/.



Strength and Conditioning

The Clemson University strength facilities are designed to provide the athlete with the best possible equipment, instruction, and training in the country. A staff of 11 full-time Strength and Conditioning Coaches and a host of graduate assistants are available to teach proper lifting techniques, design sport-specific programs and motivate each athlete to excel in his or her particular sport.

The strength facilities are for University athletes only. However, upon request from the strength, speed and conditioning director, permission to use the facilities may be granted to other individuals on a case-by-case basis. The individual must sign a waiver release form to use the strength facility.

The strength staff will handle all scheduling and training blocks.

Teams or athletes should always report to the weight room promptly at their assigned time. Graduate assistants will be assigned weight room duties and supervision as directed by the strength, speed and conditioning coordinator. The graduate assistants will monitor varsity sports throughout the course of the year. This includes program design, implementation, instruction, and testing.

Weight room hours will be notified by each sports Strength coach. Take pride in your strength facility by carefully following the policy guidelines listed below:

- 1. You must wear <u>only</u> Clemson gear when training in the strength facility. No head gear or cut off shirts.
- 2. All shorts must be at mid-thigh and no spandex shorts unless under normal issued shorts.
- 3. You must check with your strength coach each time that you enter the facility.
- 4. No swearing is allowed.
- 5. You must have a workout, follow it, and record workout content on your own.
- 6. If you have an injury that may in any way inhibit a portion of your workout, you must first see a Athletic Trainer and receive a written slip explaining the injury, which movements are to be avoided, and which ones may be substituted.
- 7. Lifters are required to use collars any time there is weight on Olympic bars.
- 8. Lifters are required to use spotters on every set.
- 9. Move weights from the weight trees to the bar only. <u>Never</u> set the weights on upholstery or lean them against equipment.
- 10. Strip all bars immediately after use. Return dumbbells to the rack in proper order.
- 11. Food, drink, gum, tobacco of any kind, and toothpicks are not permitted.
- 12. Portable audio devices are allowed in cardio area only.
- 13. Spitting or defacing the facility is not permitted and will result in immediate expulsion.
- 14. The staff offices and telephones are off-limits to athletes, unless permission is given.
- 15. The strength staff is not responsible for holding personal items.
- 16. Follow all instructions given by Strength and Conditioning coaches. Failure to follow any of the policies will result in loss of weight room privileges.



Student-Athlete Development

Clemson Student-Athlete Development is dedicated to holistically developing and empowering student-athletes through community outreach, career and leadership development, and personal responsibility.

Community Engagement

Student-Athlete Development connects student-athletes to service opportunities and oversees requests from the community for student-athlete involvement in service opportunities. The staff assesses student-athletes' specific interest areas related to service and facilitates engagement in those areas within the local community as well as through international and domestic service trips.

Download the HelperHelper app and log in with your Clemson email to see upcoming service opportunities. You can also reach out to the staff anytime about getting involved in the community.

Career Development

Student-Athlete Development staff strive to equip student-athletes with the skills necessary for professional success after graduation. The staff assists student-athletes through one-on-one career advising helping with resumes, cover letters, mock interviews, in locating and pursing internships and jobs, finding a job shadowing opportunities, and planning for postgraduate education. Additionally, career programs are held once a semester to also assist in this process.

Leadership Development

Student-Athlete Development also offers leadership development programming in a variety of forms. The department's focus on innovative and relevant programming allows staff to best support student-athletes' needs and development. Programs for all sports include leadership development within the Student-Athlete Advisory Committee, leadership conferences and retreats, the POWER Women's Leadership Academy and the Tiger Leadership Academy.

All leadership programs require application and selection to participate. Applications are sent out via Teamworks.

Personal Development and Responsibility

Student-Athlete Development supports the development of healthy, inclusive and responsible student-athletes. Programs under this umbrella include mental health, well-being, healthy relationships, and diversity and inclusion.

In addition to programs and services directed toward student-athlete welfare and health through the Athletic Department, Clemson University has a full-service health center (Redfern), which contains a Women's Clinic and a department of health education. Open to all students, this resource provides valuable information on all aspects of health from alcohol and tobacco education to responsible sexual behavior, confidential HIV testing, and peereducation programs. For further information on health and wellness resources, contact Natalie Honnen, stop by Redfern Health Center, or call (864) 656-2233.



Student Athlete Advisory Committee (SAAC)

The Student Athlete Advisory Committee provides representation for all athletic teams and facilitates communication between student-athletes and athletics administrators to improve the overall student-athlete experience.

Duties of SAAC Representatives:

- Attend and participate in all SAAC meetings and related events
- Serve as liaison between the member's respective sport to the committee and the athletics department
- Serve the needs of fellow student-athletes via leadership and support
- Promote a positive student-athlete image on campus and in the community
- Play an integral role in the structure of the athletics department and its formulation of policies regarding student-athlete well-being.



Nutrition

The Athletic Department provides the services of sport nutritionists for individuals and teams. The emphasis is upon nutrition for performance, energy, weight loss, weight gain, and health-related dietary issues.

Supplements

The Clemson Sports Medicine, Strength/Conditioning and Nutrition staff work together closely to determine the best course of action for athletes who need to gain or lose weight. The team physician and team nutritionist will also play vital roles in this process. Do not take supplements without the approval of the Sports Medicine and Nutrition staff. A student-athlete is ultimately responsible for any substance they put in their body.

Product assessment includes careful review of product labeling and ingredients in order to determine if any NCAA banned substances are included. Consultation with the Nutrition staff is always recommended. Student-athletes assume the risk that supplement products may be mislabeled or contaminated with an undisclosed banned substance.

Contacts

Basketball- Michelle Sweeney, RD (707-280-5056)

Football- Meaghan Turcotte, RD

Olympic Sports- Kaleigh Best, RD (864-990-6881), Stacy Fairly, RD

or Caroline Klinger, RD (407-951-0759)

Sport Psychology Services & Mental Health Counseling

The Clemson University Athletic Department provides student-athletes, teams, and coaches comprehensive mental health services, including a mental health counselor, a licensed sport psychologist, and a mental performance coach. Student-athletes may be referred to one of these professionals by coaches, team doctors, or other support staff members, or they may request consultation/meetings on their own.

Sport Psychology Services

These services are aimed at helping student-athletes learn more about the psychological/mental aspect of sport with the purposes of enhancing performance. Dr. Milt Lowde or Dr. Cory Shaffer provide mental performance coaching to Clemson student-athletes. To schedule an appointment, contact Dr. Shaffer directly at 724-734-6950 or cshaffer@amplos.com. He has an office in the Nieri Enrichment Center (Room 262). Student-athletes may also contact their sport coach or Natalie Honnen to aid in setting up a meeting.

Mental Health Counseling

You can access mental health counseling via the following:

- 1. Contact Logan Hartnell, Director of Student-Athlete Wellness (864-656-1823).
- 2. Contact Cassidy Boyles, CAPS Mental Health Counselor (864-656-1330).
- 3. If Logan or Cassidy are not available, please call 864-656-2451 for Immediate Support.



Student-athletes may also access psychiatric care (e.g., medication) by scheduling a medical appointment with Dr. Reeves or Dr. Murphy, at <u>Student Health Services</u>, or by being referred to the psychiatrist at Student Health Services by either team physicians or the mental health counseling staff. Sports Medicine will consult with Student Health Services staff about billing for psychiatric care. For more information, please contact the mental health counselor at 864-656-2451 or 864-656-1823.

Note: there is a counselor on-call available for psychological emergencies after business hours and on weekends by contacting CUPD at 864-656-2222 and asking to speak to the CAPS counselor on-call.



NCAA AND ACC ACADEMIC AWARDS

Post-Graduate Scholarships

Each year the NCAA and ACC award a number of post-graduate scholarships to student-athletes who plan to pursue graduate or professional school programs of study. Recipients are selected based on athletic and academic performance, leadership, community service and participation in student activities. Scholarship applications and nominations are coordinated in Nieri Student Athlete Enrichment Center by Leslie Moreland. If you are interested in learning more about the post-graduate scholarship opportunities, see your athletic academic advisor.

ACC Weaver-James-Corrigan Post-Graduate Scholarship

The ACC honors three student-athletes a year from each institution with a \$5,000 postgraduate scholarship. A fourth student-athlete is recognized who intends to enter the workforce or continue in athletics. All recipients have performed with distinction athletically, have a minimum grade-point average of 3.0, have demonstrated exemplary conduct in the community and have engaged in leadership activities.

NCAA Ethnic Minority and Women's Enhancement Scholarship

The goal of this program is to increase the pool of, and opportunities for qualified minority and female candidates in intercollegiate athletics. The NCAA awards 13 scholarships valued at \$6,000 to ethnic minorities and 12 scholarships to women who will be entering their initial year of postgraduate studies. Candidates must be seeking admission, or have been accepted, into a sport-administration or related field.

NCAA Post-Graduate Scholarship

The NCAA awards up to 174 postgraduate scholarships of \$7,500 each year to student-athletes who have excelled academically and athletically. Applicants must have a minimum grade-point average of 3.0, performed with distinction as a member of a varsity team, shown involvement in University activities and perform volunteer service.

Walter Byers Post-Graduate Scholarship Program

The NCAA awards annually to one male and one female student-athlete in recognition of outstanding academic achievement and potential for success in graduate study. Award recipients must have a 3.5 grade-point average, show evidence of superior character and leadership, and demonstrate that athletics has had a positive influence on their personal development. The scholarship is valued at \$21,500.



Post-Graduate Internships

Internship opportunities are available through the NCAA and ACC for students interested in pursuing careers in sports administration, sports media or compliance. Interns participate in projects or work alongside practicing professionals as they tackle day-to-day challenges. Internship applications and nominations are coordinated through Nieri Student Athlete Enrichment Center by Leslie Moreland at 656-0965 or linearing-new-normalizations and nominations are coordinated through Nieri Student Athlete Enrichment Center by Leslie Moreland at 656-0965 or linearing-new-normalizations and <a href="mailto:linearing-new

NCAA Internship Program

The NCAA offers a number of paid, one-year internships at its national office in Indianapolis, Indiana, providing on-the-job learning experiences for college graduates who express an interest in pursuing a career in the administration of intercollegiate athletics. The areas of the positions are administrative services, branding and communications, championships, Division I men and women's basketball, education services, enforcement services, governance and Academic and Membership Affairs.

ACC Futures Internship Program

The ACC, in partnership with Fox Sports Network, Sunshine Network, and Disney Wide World of Sports, offers five one-year paid internships. The internships are designed for graduating student-athletes with an interest in sports administration, programming and sports broadcasting.

Clemson University Student-Athlete Academic, Leadership and Community Service Awards

Student-athletes with a 3.00 grade-point-average during the fall or spring semester are named to the Student-Athlete Honor Roll. The following awards are presented annually:

Academic Achievement Award

In recognition of student-athletes that have made a significant and consistent improvement in his/her academic coursework.

All-Academic Team

Award is presented to the student-athlete from each team that has earned the highest cumulative grade point average following sixty or more hours earned at Clemson University.

Athletic Director's Academic Excellence Award

This award is presented to graduating senior student-athletes that have been on the honor roll for seven consecutive semesters.

Academic Hall of Fame

Awarded to individuals that have won ACC or NCAA post-graduate scholarships in recognition of their athletic, academic, and leadership success.

Cecil Huey Award

This award is presented to a graduating student-athlete that has demonstrated academic and athletic achievement while adhering to high ethical standards. Student-athlete intends to pursue graduate studies.

Bill D'Andrea Service Award

This award is presented to an individual(s) who demonstrates a commitment to academics, devotion to service, and excellence in leadership.



NCAA Foundation Leadership Award

Presented to the student-athlete who represented Clemson University at the NCAA National Foundation Leadership Conference and has shown excellence and commitment to becoming a leader on campus.

President's Cup

Presented to the team whose team members have the highest level of participation in community service, hold leadership positions and who excel athletically.

Top Six Award

Community service is a priority with the ACC office. Each year, it recognizes six Clemson student-athletes most involved in community service.

Department Awards

Rookie of the Year

Presented to a rookie who demonstrated outstanding athletic performance during competition.

Determined Spirit Award

Presented to an individual who showed outstanding perseverance and achieved excellence.

Record Breaking Performance

Presented to an individual or team who broke school, regional, or national records.

Competition of the Year

Presented to a team with a striking performance which led to an outstanding victory.

Athlete of the Year

Presented to a standout individual who demonstrated outstanding athletic performance and has been instrumental to the team's success.

Best Moment

Presented to an individual with a striking performance which led to an outstanding victory.

Solid Orange

Presented to an individual who exemplifies a Clemson student-athlete through leadership, athletic performance, service, academics, and sportsmanship.

Unsung Hero Award

Presented to a senior support staff member who has gone above and beyond, demonstrating an unwavering dedication to the program.



Athletic Honors and Awards

Student-athletes, student video personnel, student equipment managers, student medical trainers, cheerleaders, and rally cats are eligible for letter awards consideration.

The Head Coach establishes the standards for awarding the letter awards. As required by the NCAA, all team rules (upon which the removal or reduction of scholarship aid is based) and letter award policies should be in writing and in the SWA/Sr. Associate Athletic Director's office by the first day of class each academic year. Head Coaches should also cover these award policies and team rules with their student-athletes and submit them in writing to each student-athlete prior to the start of practice. Head Coaches should submit a list containing all Letterwinners to their Sport Supervisor no later than 1 week following the conclusion of their season. The awards are listed below:

First Letter Award.....Letter Jacket

Second Letter Award.....Coaster Set

Third Letter Award.....Watch

Fourth Letter Award.....Ring

Atlantic Coast Conference Awards

Member institutions of the ACC participate in an awards program to honor ACC Champions for each conference sport with an official championship. Each year Clemson Athletics gives the awards listed below as part of this program to the championship team:

Conference Championship (Ring or Watch plus ACC plaque)

The value of this award may not exceed \$300.

Unlike the NCAA award, all student-athletes on the team may receive the award regardless if they were on the ACC Tournament travel squad. A student-athlete must be listed on the squad list and eligible from the first practice through the final competition. Medical hardships are not eligible for the award. Other than the student-athletes, only manager(s), trainer(s), coaches, and any other personnel who are on the normal travel party for <u>ALL</u> away competitions are eligible to receive this award.

All-ACC Awards

Student-athletes who are named to All-Conference or All-Tournament teams receive individual awards from the Atlantic Coast Conference. Awards and criteria for selection are established by the Conference. Clemson may not give <u>an</u> additional award.

ACC Championship Participant Gifts

ACC Championship Participant Gifts are provided to members of the official travel party to ACC Championships.



NCAA Awards

Participation Awards

The value of this award may not exceed \$100.

Only those student-athletes who travel to the site of the competition will be eligible for these awards. Other than the student-athletes listed as part of the travel party, the following individuals are eligible for these awards: 1. Manager(s), 2. Trainer(s), 3. any other personnel who are on the normal travel party for <u>ALL</u> away competitions. Medical hardships are not eligible for the award.

Regional Awards

The value of this award may not exceed \$300.

Awards will be provided as outlined above for those individuals/teams who either win a regional, win two rounds in the NCAA Tournament or place high enough to advance to the NCAA Championship finals.

Track (Individual) Participation Awards

The value of this award may not exceed \$100 for those student-athletes who participate in regional competition. The value of this award may not exceed \$300 for those student-athletes who participate in the national championship.

Only those student-athletes who travel to the site of the competition will be eligible for these awards. Other than the student-athletes listed as part of the travel party, the following individuals are eligible for these awards: 1. Manager(s), 2. Trainer(s), 3. any other personnel who are on the normal travel party for <u>ALL</u> away competitions. Medical hardships are not eligible for the award. Golf/Tennis (Individual) Awards

The value of this award may not exceed \$100 for those student-athletes who participate in regional competition. The value of this award may not exceed \$300 for those student-athletes who participate in the national championship.

Individual awards and team awards are not cumulative (an individual must choose one or the other).

National Championship Awards (TEAM)

The value of this award may not exceed \$415.

Those teams winning a National Championship will be eligible for a National Championship ring.

National Championship Awards (INDIVIDUAL)

The value of this award may not exceed \$415.

Any individual in Golf, Tennis, or Track who wins a National Championship will be eligible for a National Championship ring. Only that individual may receive a ring.

*NCAA participation and National Championship Awards are not cumulative.



NCAA & ACC RULES

Compliance Services assist Clemson coaches, student-athletes and fans in understanding and abiding by the rules and regulations of the NCAA the ACC, and the institution. Student-athletes are reminded of Clemson's commitment to rules compliance as they perform in the classroom, meet the obligations of intercollegiate athletics and help conduct official visits for prospective student-athletes.

Clemson voluntarily joined the ACC and the NCAA. Because of our membership in these two associations, we follow the rules established by each. Student-athletes are an important part of Clemson's compliance effort. The rules that follow are key principles to know and follow. Your coaches, Athletic Academic Advisor, and other athletic administrators will supplement this information throughout the upcoming year.

The following information summarizes key NCAA rules that directly affect student-athletes, and to which are attached significant consequences if student-athletes do not comply. If you have questions about NCAA rules, please contact Compliance Services at CUACS@clemson.edu or visit the website. Compliance Services is located in 104 McFadden Building.

Eligibility

NCAA Progress Towards Degree

Clemson athletes must adhere to the following:

- Earn a minimum of six (6) hours of academic credit per term (fall and spring only) Note: Football studentathletes must earn nine (9) hours of academic credit during the fall semester.
- Earn 24 hours (only six may be earned in summer school) and at least a 1.8 grade point average (GPA) to be eligible at the beginning of your second year;
- Declare a major; earn 40% of your degree requirements and at least a 1.9 GPA to be eligible at the beginning
 of your third year. Eighteen hours must be earned during the regular academic year;
- Earn 60% of your degree requirements and at least a 2.0 GPA to be eligible at the beginning of your fourth year. Eighteen hours must be earned during the previous regular academic year.
- Earn 80% of your degree requirements and at least a 2.0 GPA to be eligible at the beginning of your fifth year. Eighteen hours must be earned during the previous regular academic year.

In addition to these requirements, you must earn six hours each semester to be eligible for competition the following semester, and you must maintain the GPA requirement throughout the year. [NOTE: Football student-athletes must earn nine hours during the fall semester in order to maintain eligibility.]

Student athletes should check with their Director of Athletic Academic Advising in Nieri Student Athlete Enrichment Center regarding maintaining their NCAA eligibility.



Eligibility for Postseason Competition – Between Terms

Student-athletes who are:	Enrolled in:	Must pass:
Undergraduates not in final semester	12 or more degree applicable hours	Six-degree applicable hours
Undergraduates in final semester	Enrolled in 7-11 degree applicable hours	Six-degree applicable hours.
Undergraduates enrolled in final semester	Enrolled in six or less degree applicable hours.	All hours attempted.

Employment

It is permissible for all student-athletes to work, and there is not a limit on the amount of earnings during the academic year or summer vacation period provided the student is compensated the going rate for work actually performed. However, individual team rules may differ.

Clemson must monitor student-athlete employment, so it is important to complete the Student-Athlete Employment Information Form and provide it to compliance services. The form can be found in Teamworks, if you are having trouble finding the form please reach out to the Compliance Office. Student-athletes must complete a form for ALL jobs when compensated and provide it to compliance services.

Fee-for-Lesson

A student-athlete may receive compensation for teaching or coaching sport skills or techniques in his or her sport on a fee-for-lesson basis provided:

- 1. Institutional facilities are not used;
- 2. Playing lessons are not permitted;
- 3. Compliance services obtain and keep on file documentation of the recipient of the lesson(s) and the feefor-lesson(s) provided during any time of the year;
- 4. Compensation is paid by the lesson recipient (or the recipient's family) and not another individual or entity;
- 5. Instruction to each individual is comparable to the instruction that would be provided during a private lesson when the instruction involves more than one individual at a time; and

Before providing fee-for-lessons, contact compliance services and complete an approval form.

Extra Benefits and Automobile Information

An extra benefit is any award, gift, benefit, or expense not allowed by NCAA rules. Generally, a student-athlete may not receive a benefit that is not available to other members of the student body. Examples of such benefits, which may not be provided by anyone other than your parents or those you are financially dependent upon, include but are



not limited to: loans, gifts, clothing, stereo equipment, tattoos, gift cards, food, beverages, transportation, ownership or use of automobiles, use of automatic cash machine, low interest or interest free loans, cell phones, telephone credit cards and use of charge accounts. *

Please understand that receipt of any extra benefits renders student-athletes ineligible and the team may have to forfeit contests in which the student-athlete participated. If offered any extra benefit, please contact compliance services immediately at CUACS@clemson.edu

Be prepared to provide information about ownership, outstanding loans and lending agencies before being certified to compete.

Time Management Plan

The Head Coach (or Designee) is responsible for sharing and reviewing the final approved TMP with student-athletes on the current active roster promptly upon receiving approval, but no later than the first date of CARA or RARA or the first day of class, whichever is earlier.

17.1.8 Student-Athlete Time Management Plan. [A]An institution shall develop a student-athlete time management plan for each varsity intercollegiate sport in which the Association sponsors a championship or that is an emerging sport for women. The student-athlete time management plan shall include, at a minimum, policies to ensure that: (Adopted: 1/20/17 effective 8/1/17)

- (a) Student-athletes are provided adequate notice of all countable athletically related activities and other required athletically related activities.
- (b) Schedules for all countable athletically related activities and other required athletically related activities are developed through a collaborative process involving student-athletes, coaches and senior athletics department staff members.

The NCAA believes athletic participation should enhance the educational welfare of student-athletes. To support that principle, there are limits to the number of hours a student-athlete can be required to participate in athletically related activities. When a team is in-season, those limits are set at 20 hours per week (maximum of four hours per day) and one day off in a seven-day period. When a team is out-of-season, those limits are set at eight hours per week and two days off during the calendar week. At the beginning of each year, student-athletes receive a list of activities that are counted as required athletically related activities. Contact compliance services at CUACS@clemson.edu for more information or if countable athletically-related activities exceed the permissible amount. It is the responsibility of each student-athlete to contact compliance services if they are aware of the team exceeding their hours. During the playing season select student-athletes will receive an electronic notification from *Teamworks* to verify playing and practice hours submitted by the coach. You must download the Teamworks APP to provide feedback and approve CARA logs. PLEASE RESPOND!

Gambling

Gambling is a serious breach of conduct for an intercollegiate student-athlete. If a student-athlete gambles, eligibility to participate in intercollegiate competition is lost. The following activities are considered as gambling by the NCAA:

- Providing information to individuals involved in organized gambling activities such as injury reports, game plan strategy or player discipline;
- Soliciting a bet on any intercollegiate team;
- Accepting a bet on any team representing an institution;



- Soliciting or accepting a bet on any intercollegiate game or any item that has tangible value – like a dinner, cash, T-shirt; or
- Placing or taking bets on intercollegiate athletics or those professional sports in which the NCAA also sponsors. This includes working with a bookmaker, parlay cards, or any other method employed by the organized gambling industry.

Protecting Amateur Status

Consult your head coach before entertaining invitations to participate in competition away from Clemson in your sport. NCAA rules may differ from those of the amateur governing body for your sport. Please review the following activities that are against NCAA rules. Participation in the following jeopardizes eligibility, and most likely requires the student-athlete to be reinstated by the NCAA. Reinstatement almost always involves the student-athlete being withheld from competition and payment of any money earned in the impermissible activity.

NCAA amateur rules do not allow the student-athlete to:

• Accept payment or a promise of payments such as cash, prizes, gifts or travel for participation in the student-athlete's sport (General Rule);

NOTE: An individual may accept prize money based on his or her place finish or performance in an athletics event. Such prize money may not exceed actual and necessary expenses and may be provided only by the sponsor of the event. The calculation of actual and necessary expenses shall not include the expenses or fees of anyone other than the individual (e.g., coach's fees or expenses, parent's expenses).

- Enter into an agreement of any kind to compete in professional athletics. A verbal or written professional contract may not be negotiated;
- Request to be put on a draft list for professional sports or try-out with a professional sports organization;

EXCEPTIONS

- Men's Basketball student-athletes may enter a professional league's draft but must remove his
 name from the draft list and declares his intent to resume intercollegiate participation not later
 than 10 days after the conclusion of the professional league's draft combine.
- In Football, an enrolled student-athlete may enter the National Football League draft one time during his collegiate career without jeopardizing eligibility in that sport, provided the student-athlete is not drafted by any team in that league and the student-athlete declares his intention to resume intercollegiate participation within 72 hours following the National Football League draft declaration date. The student-athlete's declaration of intent shall be in writing to the institution's director of athletics.
- Other Sports, an enrolled student-athlete in a sport other than basketball or football may enter a professional league's draft one time during his or her collegiate career without jeopardizing his or her eligibility in the applicable sport, provided the student-athlete is not drafted and within 72 hours following the draft he or she declares his or her intention to resume participation in intercollegiate athletics. The student-athlete's declaration of intent shall be in writing to the institution's director of athletics
- Use athletic skill for payment;
- Play on any professional athletics team;
- Receive athletically related financial aid that is determined by anyone other than the University; or
- Participate on teams other than Clemson's during the sport's season.
 - **EXCEPTION:** Representation of National Team



NCAA rules will not allow student-athletes, in any sport, to:

- Accept gifts, meals, loans of cars or money from anyone other than their parents or those responsible for your expenses;
- Be represented by an agent for the purpose of marketing athletic ability (it is permissible to be represented for the purpose of NIL activity);
- Receive any benefit that is not available to other students at the university;
- Participate in a summer league not approved by the NCAA. The Athletics Director must provide written permission for summer league participation; or
- Play on a non-departmental athletic team during the academic year without permission from the head coach and faculty athletic representative.

Outside Competition

TEAM SPORTS: The ACC and NCAA limit student-athletes' participation on outside teams during the academic year (including official vacation periods.) Also, there are restrictions for competing on outside teams during the summer. Student-athletes cannot agree to participate on an outside team without first getting the approval of the head coach and Compliance Services. Penalties for participating on an impermissible outside team can range from permanent loss of eligibility to the loss of at least one season of eligibility.

INDIVIDUAL SPORTS: It is permissible for a student-athlete to participate in outside competition as an individual during the academic year, as long as the student-athlete represents only himself or herself in the competition and does not engage in such competition as a member of or receive expenses from an outside team. [Applies to Tennis, Golf, Track and Rowing ONLY]

Player Complimentary Admissions

These policies and procedures are applicable for sports that charge admission.

Policies

- Student-athletes receive a maximum of four complimentary admissions per home or away contest during the regular season in which they are eligible to compete;
- All admissions are by a pass list only no "hard" tickets are issued;
- Tickets may be used by anyone designated by the student-athlete, excluding player agents or individuals associated with an agent "runner";
- Student-athletes may transfer a ticket(s) to a teammate to use for their additional guests;
- All transfers must be made prior to the athletic contest; and
- When available, extra tickets may be purchased in advance using existing student ticket priority and paying the appropriate costs for regular and postseason events;
- Complimentary admission tickets MAY NOT BE SOLD or exchanged for goods or services





The ticket office will administer all game-day admissions. People (except children) receiving player complimentary admissions must display picture identification at the pass gate. The name and signature on the I.D. must match the name and signature on the player request.

After the game, a copy of the complimentary admissions master list will be reviewed by compliance services and the Ticket Office will keep the original for five years from date of event.

Boosters

The NCAA strictly limits the role representatives of athletics interest (boosters) may take with regard to our recruits and student-athletes. NCAA rules do not allow boosters to assist with recruiting or to provide benefits to enrolled student-athletes. Clemson is held responsible for any actions taken by a booster with prospects or current student-athletes. The NCAA defines a booster as someone who has:

- Attended Clemson;
- Participated with or been a member of IPTAY;
- Contributed to the Athletic Department or to IPTAY;
- Assisted, or have been requested by the athletic staff to assist in the recruitment of prospective student-athletes;
- Assisted in providing extra benefits to enrolled student-athletes or their families; or
- Has been otherwise involved in the Clemson athletic program.

Once an individual is identified as a booster, that identity is permanent. Please contact Compliance Services at <u>CUACS</u> @clemson.edu for more information.

Student-Athlete Host Guidelines – Recruiting

Host Responsibilities: Clemson's goal for our student-athletes is academic and athletic excellence. We will accomplish this goal by attracting young men and women with potential for excellence. The use of alcohol and other illegal drugs during an official visit is not consistent with excellence, and we urge our student-athletes to serve as hosts of excellence. Student-athletes who serve as hosts, have the greatest potential to attract young men and women who can help Clemson win ACC and National Championships. Our hosts pledge to conduct the visit with excellence and integrity!

Subsequent to the visit, the host will verify with the recruiting coach that the visit was conducted consistent with NCAA rules. Specifically:

- The \$75 (per diem) entertainment money was used to provide the prospective student-athlete and/or their parents (or legal guardians) food, beverage, and entertainment.
- IPTAY members or other individuals who are not employed by Clemson were not engaged with prospects.
- Alcoholic beverages, drugs or any interactions of a sexual nature were not used.
- The prospective student-athlete did not participate in any activity that violates any federal or state law.
- The prospective student-athlete did not participate in any gambling or gaming activities.
- The prospective student-athlete did not participate in any activities that could be interpreted as a tryout.
- The prospective student-athlete was not transported 30 miles beyond Clemson for entertainment purposes.



Rules Violation Reporting Policy

Clemson is committed to operating its athletic programs in a manner consistent with the letter and the spirit of NCAA, ACC, and institutional rules and regulations. Towards that end, the compliance program combines rules education for coaches, staff, and students with a systematic monitoring program to ensure compliance with those rules. As part of its obligation as an ACC and NCAA member, Clemson reports any instances when rules compliance has not been achieved.

Staff members and student-athletes have an obligation to report any possible NCAA or ACC rules violations to Compliance Services or to the Director of Athletics. Compliance Services and the faculty athletic representative will review the information and determine if a violation occurred. While reviewing information, the strictest confidentiality will be provided to the process. If a violation is confirmed, it will be reported to the NCAA and ACC. Clemson is committed to reporting all confirmed rule violations, and none are considered so minor to be overlooked.

Student-athletes are encouraged to talk with their coaches, sport supervisor, Compliance Services (104 McFadden) or their Director of Athletic Academic Advising if they have questions about NCAA rules compliance.

Agents and Disability Insurance

Highly skilled student-athletes in a sport that has professional opportunities may be contacted by an agent during their tenure at Clemson. Always refer agents to Compliance Services. If the student-athlete has eligibility remaining, signing with or even verbally agreeing to be represented by an agent for the purpose of marketing athletic ability can jeopardize their eligibility. The state of South Carolina and Clemson University has registration requirements for all agents. Once an agent has completed these processes, they are added to a list, kept in the Compliance office, for your reference at any time. The world of sports agents can be complicated, and all student-athletes should inform the head coach and Compliance Services when contacted by an agent.

You May:

- Request information from a professional team or organization concerning your professional market value;
- Secure advice from an attorney or other third party concerning a proposed professional contract, provided the attorney or other third party does not represent you in negotiations for that contract;
- Sign with an agent for the purpose of facilitation and representation for NIL opportunities; and
- Compete professionally in one sport and be an amateur in another (e.g. you may sign a professional baseball contract and still play college basketball). Signing a professional contract normally terminates eligibility for an athletic scholarship in any sport.

With Agents You May Not:

- Agree orally or in writing to be represented by an agent for the purpose of marketing athletic ability right now or in the future after your eligibility is exhausted;
- Accept any benefits from an agent that include, but are not limited to, transportation, money, and gifts regardless of their value. This limit extends to your family too; or
- Try-out with a professional athletic team in a sport while enrolled as a regular full-time student.

For more specific information about agents and the South Carolina laws that govern their activities with Clemson student-athletes, please contact Clemson's Compliance office at CUACS@clemson.edu.