



Rules & Regulations

2023-2024

April 2023 Revision

Table of Contents

A. Philosophy Statement	4-5	T. City League Category	25-27
B. Athletes Rights & Principles	6	* Ice Policy	25
C. Protests & Appeals	7	* Equipment Requirements	25
D. Discipline	7	* Dress Code	26
E. Anti-Bullying Policy	7	* Transportation	26
F. Equipment Requirements	7	* Fundraising/ Financing of Team	26
G. Ice Policy	8	* Income	27
H. Player Eligibility	9	* Ice Time	27
I. Zero Tolerance/Abuse & Harassment	10-11	* Affiliation	27
J. Code of Conduct	12-13	U. Intro to Hockey Category	27-28
* Volunteer's Code	12	* Ice Policy	28
* Parent's Code	12	* Equipment Requirements	28
* Player's Code	13	* Dress Code	28
* Coach's Code	13	* Transportation	28
K. Guidelines for Coaches	14-15	* Fundraising/ Financing of Team	28
L. Guidelines for Managers	15-16	* Income	28
M. Coordinator's Duties	17-18	V. Tournament Guidelines	28-31
N. Parent Coordinator's Duties	18	W. Mentorship Program	31
O. Financing of Teams	18		
P. Coaching Certification Requirements	19		
Q. Affiliation	19		
R. High Performance & Elite Category	20-24		
* Ice Policy	21		
* Equipment Requirements	21		
* Dress Standard	21		
* Transportation	22		
* Fundraising/Financing of Team	22		
* Income	23		
* Tryouts, Release of Players	23		
Deadlines and Transfer of Players			
* Affiliation of Players	24		
S. National Anthem	24		

Red Deer Minor Hockey Commission

(Hereinafter referred to as the “RDMHC”)

4725 C 43 Street

(Servus Arena)

Red Deer, AB T4N 6Z3

Phone: 403-347-9960 Fax: 403-347-0311

Website: www.reddeerminorhockey.com

Email: rdmhc@shaw.ca

NOTE

A copy of the Rules and Regulations **MUST** be presented, to the extent possible, to all Coaches, Managers, Parent Coordinators (of RDMHC) and Board of Directors at the commencement of the hockey season. A copy will be available for all parents.

All Hockey Alberta rules are to be adhered to. RDMHC rules may add to Hockey Alberta rules providing these variations are more restrictive than the original rules.

A. PHILOSOPHY STATEMENT

The RDMHC is established to foster and develop organized amateur minor hockey at four categories: Intro to Hockey Category, City League Category, Elite and High-Performance category within Red Deer. The intent of the Commission is to provide, for minor hockey players in Red Deer, an opportunity to participate in a well-organized and structured hockey program. The qualities of sportsmanship and good citizenship will be promoted, and the welfare, education and social development of the participants shall be the paramount objective of the Commission.

The RDMHC exists to provide a positive learning and maturing experience for young athletes in a minor hockey setting. In structuring these experiences the RDMHC must lead by example, recognizing that these experiences may have a profound effect on the future attitudes, moral development, and community involvement of these young people.

It is the obligation of any volunteer within the organization to set an example of honesty, integrity, fairness and trustworthiness for the young athlete.

It is the RDMHC's duty to ensure the rights of the young athlete are met. It is imperative that the rules and regulations of the RDMHC be always adhered to by the volunteers and all participants. Failure to do so may result in disciplinary action by the RDMHC Discipline Committee.

Red Deer Minor Hockey States:

1. That in keeping with the philosophy and mission statement of the RDMHC, The RDMHC reserves the right to alter, enforce, make, vary, refuse any player movement on the basis that the Board of Directors, or the powers of authority within the Commission, have acted in a fair and consistent manner, and have not destroyed the fair and competitive balance that the Commission strives to achieve.
2. Minor Hockey programs are available for all the youth in the service area. All youth eighteen years and younger should have an opportunity to participate (some restrictions may apply).
3. The opportunity to participate in minor hockey should be available and accessible to all qualified persons in the service area (some restrictions may apply).
4. All service area youth have the right and the freedom to develop their hockey ability in order to participate at the level relative to their developed category qualification and their division age qualifications.
5. The physical and mental well-being of the participants, instructors, coaches, and officials should be the central focus of the program development, services and policies.
6. The delivery of the Minor Hockey programs should be a co-operative effort, through the various levels of participation, under the guidance of the Minor Hockey Commission.
7. Minor Hockey is an integral part of recreation and the broader social system. It should not be developed in isolation from other sport delivery systems and economic concerns.
8. The Commission should develop Minor Hockey programs in a manner which maximizes both the effectiveness and efficiency of long-range planning resulting in programs and services truly meeting the needs of service area residents.
9. The Commission should offer a Minor Hockey system that provides a high standard and quality of service to the participants.
10. The Minor Hockey Commission should ensure that volunteers and volunteerism be maintained as the basis of the hockey program delivery system.
11. Provide hockey as a spectator attraction for community entertainment and to develop community loyalties and community pride.
12. To develop a hockey program that will bring honor and recognition to Red Deer and will enhance the City's image as a regional economic and social center.
13. Work in conjunction with Hockey Alberta in the promotion of Minor Hockey programs and leadership development opportunities.
14. Develop and implement a program evaluation system to ensure that program goals and objectives are met.

B. ATHLETES' RIGHTS

The right to fair and impartial treatment.

The right to have fun.

The right to play as a child and not as an adult.

The right to be treated with dignity.

The right to have their needs and not those of the adults fulfilled.

The right to have a positive example set by adults in minor hockey.

The right to participate at the category of their ability within their respective age group.

The right to equal and fair opportunity.

PRINCIPLES

1. The individual's welfare, rights and safety are of paramount importance to the Commission.
2. Intro to Hockey, City League, Elite and High-Performance categories should be offered for the constructive development of all participants.
3. The exploitative aspects of hockey should be clearly separated and distinguished from the participative or developmental components.
4. Attempt to ensure that spectator attendance at hockey games exemplifies appropriate behavior and is a good example for young people to follow.
5. The game should be studied and modified, if required, to suit the abilities or goals of the participants.
6. Develop and implement effective hockey programs that are dependent on close competition and various ages, skills and ability levels.
7. Develop and establish standards that specify the length of the games and season, number of games and practice requirements of players and teams at all levels.
8. Standards for equipment management policies should be established so that the cost to the participant and the community at large may be minimized, providing the safety of the participant is not jeopardized or his chance to succeed is not impeded.
9. The volunteer concept for leadership must be retained when possible in order that costs to the participant may be controlled and kept accessible to all.
10. No Player should be excluded from participation at the category of his ability due to race, religion, economic status, or educational pursuits or skill level.
11. Leadership development programs should be organized and hosted to emphasize the importance that leaders are properly trained and understand the social, psychological and physiological benefits of participation.

C. PROTESTS AND APPEALS

Any person, player or team who disagrees with a decision of the League Director, Coordinator or any other representative of the RDMHC, may lodge a written appeal to the President in accordance with the By-Laws of the RDMHC, with the exception of the Evaluation/Tryout Process.

D. DISCIPLINE

1. Any Player, Coach, Manager, Trainer, Stick-boy, Referee, Linesman, Volunteer, Member, Parent or Spectator that is guilty of unacceptable conduct on or off the ice or violates or breaks a By-Law, Rule, Regulation or ruling of the board is subject to Discipline or Suspension.
2. The Discipline Committee has the power to impose Suspensions and Discipline as set out in the By-Laws.
3. Any player, team or team official who knowingly supplies false information to a representative to the RDMHC will be subject to being Suspended or Disciplined and the matter referred to the Discipline Committee.

E. ANTI BULLYING POLICY

Any player found to be participating in bullying of any kind will face disciplinary action. Players who have engaged in cyber bullying (Facebook or otherwise), will face a 3-game suspension after the first offence and an indefinite suspension if a second incident occurs.

Any Player/Players found to be participating in a Staged Fight (aka Cage Rage) will face an automatic 3 game suspension. A report of a second incident will result in an indefinite suspension for the participants and the Coach will also be subject to suspension.

F. EQUIPMENT

1. All coaches shall be responsible for ensuring that every player taking part in any game or practice is dressed in required equipment.

Required equipment:

- | | |
|---|---------------------|
| A) CSA Approved Helmet and Face Mask | f) Hockey Gloves |
| B) "BNQ" Certified Throat Protector | g) Athletic Support |
| C) Shoulder Pads and Elbow Pads | h) Shin Pads |
| D) Hockey Pants/Girdle | i) Skates |
| E) Mouth Guard – Recommended for U11, U13, U15, U18 | |

All High Performance & Elite players must wear black helmets and black pants.

- **All coaches are required to wear CSA approved helmets for on ice activities.**

Note: Uniforms and RDMHC equipment are not to be used for non-team functions.

****Names are not to be pressed onto hockey sweaters - stitched only. If pressed on, the parent is responsible for cost of a new sweater.**

G. ICE POLICY FOR ALL CATEGORIES

1. Scheduled ice time not used and not canceled fourteen (14) days prior will be charged to the team at the current Adult Rate.

The City of Red Deer has put the ice policy into effect (no Show), thus teams that do not show up for an ice time will be charged the Adult Rate for the ice left empty.

Note: 6:45 am ice times CANNOT be turned back or left as a no show.

Any ice time (6:45 am included) left open as a no show will result in an evening prime time practice being taken away from the offending team.

Rental of out of town ice is not permitted unless assigned/approved by RDMH Office.

2. Game Changes are permitted when necessary; the following process must be followed:

High Performance & Elite Teams

- Notify opposing team of conflict.
- Offer alternate dates if a home game.
- Ask for Alternate possibilities if away game (be as accommodating as you can).
 - Home team responsible to **cancel referees** from original date and reassign to new game.
- Fill out game change form specific to your league.
- Provide game change forms to opposing manager for signature.
- Provide form to League Governor for approval.
- **Ensure ice scheduler is aware** of what has taken place and the original time has been removed or adjusted (14 days' notice is required to return ice, ice cannot be left vacant- no exceptions).

City League Teams

- Notify opposing team of conflict.
 - Team not cancelling, gains the ice slot at no cost.
If neither team intends to use the ice, it must be returned to RDMH prior to the 14-day window.
Teams are not permitted to sell their slot to another team, it must be returned to the office if not being used by one of the teams it was originally booked for.
- **Cancel refs** from original date and reassign to new date
- Fill out notice of game change and have other manager sign it
- Submit appropriate paperwork to RDMHC office for approval
- Travel permits will not be issued, until paperwork is completed
- Teams who fail to show for a game or who cancel game on short notice (less than 72 hours) will be required to pay for the ice slot, regardless of whether the other team uses it or not.
- Team who no-shows for any ice slot will be required to pay the full adult rate for the slot, as per City of Red Deer ice usage policy.
- Ice cannot be left vacant- no exceptions

3. It is imperative that all leagues not run over on their ice time

H. PLAYER ELIGIBILITY

Unless otherwise stated in the Rules and Regulation Document.

1. Age qualifications of players for Divisions shall be governed as follows:

- A) **U18**— This Category is open to players who are under the age of 18 years and over the age of 14 years on December 31, in the season they wish to compete (15, 16, and 17 years old on December 31). NOTE: U18 AAA is allowed to carry a maximum of (2) underage players. 15-year-old players not successful at Minor U17 AAA, will have the option to try out for U18 AA, if they played in the Minor U17 AAA Black and White game.
- B) **U15**— this Division is open to players who are under the age of 15 years and over the age of 12 years on December 31, in the season they wish to compete (13 and 14 years old on December 31).
- C) **U13**— this Division is open to players who are under the age of 13 years and over the age of 11 years on December 31, in the season they wish to compete (11 and 13 years old on December 31).
- D) **U11**— this Division is open to players who are under the age of 11 years and over the age of 8 years on December 31, in the season they wish to compete (9 and 10 years old on December 31).
- E) **U9** — this Division is open to players who are under the age of 9 and over the age of 6 on December 31, in the season they wish to compete (7 and 8 year olds on December 31).
- F) **U7**— this Division is open to players who are under the age of 7 years and over the age of 5 years on December 31, in the season they wish to compete (6 years old on December 31)
- G) **U6** - this Division is open to players who are under the age of 6 years and over the age of 3 years on December 31, in the season they wish to compete (4 or 5 years old respectively on December 31).

2. Players must participate in the Division of their age except:

- A) Players may play in a lower Division with the approval of the Board and subject to proper action by Hockey Alberta (Overage player application available on Hockey Alberta Website).
- B) Players of a lower Division may try out for the U15 AAA or U18 AAA provided they make written application to the General Manager on or **before September 1** of the coming hockey season.
- C) Underage players may be approved to by the General Manager at U11 and below. Players would be subject to all registration and tryout fees associated with the level. They will be eligible to “play up”, provided they evaluate in the top 50% of that level.

3. Unless otherwise provided herein, no player shall be registered to play for a RDMHC team unless the **permanent residence** of the player’s parents, parent or Legal Guardian is located in the Service Area and the player habitually resides with such person. An exception may be granted to players residing outside the RDMH boundaries who apply to become members of Red Deer Minor Hockey and be grandfathered in, provided they remain at that same address. Application must be made at the intro to hockey level. These “special exception” players who require Hockey Alberta approval and not be subject to non-resident fees.

4. Non-Resident Players (Imports) will be accepted into the RDMHC in the following divisions:

- A) **U18 “AAA” - unlimited**
Minor U18 “AAA” - unlimited
U18 “AAA” Female - unlimited
U18 Elite Female – unlimited
Minor U18 AA – maximum of 5
U15 “AAA” - unlimited
U15 Elite Female- unlimited

B) The RDMHC Board of Directors will consider on application, players not residing within the Red Deer Minor Hockey boundaries to play within RDMH at our highest level at the U11 and U13 Divisions.

Players permitted under this special exception will be subject to non-resident fees.

C) All non-resident players shall be evaluated by the High-Performance Evaluation Committee before being selected to the team. Final approval must be given by the High-Performance Evaluation Committee.

5. Falsification of age or address shall result in a one (1) year suspension of the player from RDMHC.

I. ZERO TOLERANCE

Zero tolerance is a policy developed by the Canadian Hockey Association and endorsed by the RDMHC. It deals with players and coaches who show disrespect to all on ice officials.

Any verbal abuse or physical gestures designed to intimidate or embarrass officials will be penalized. To curb abuse, officials will penalize team officials and players who, through words or gestures, made an obvious attempt to:

- intimidate an official
- challenge the authority or competence of an official
- incite abuse or disrespect of an official by others
- embarrass an official
- direct personal comments or gestures at an official

Penalty will be a “game” or “gross” misconduct and a review by the Division Coordinator or Zone Disciplinary person for further action if necessary.

ABUSE & HARASSMENT— MATTERS OF UNACCEPTABLE CONDUCT AND BEHAVIOUR

1. ABUSE AND NEGLECT

* When any person has reasonable grounds, in the course of Hockey Alberta business, activities or events that a child is being abused or neglected, he or she shall report this belief to the child protection authorities and/or Police. Hockey Alberta's General Manager should also be advised of the intent to report.

* Hockey Alberta shall take no further action until such time as the authorities and/or Police have concluded their investigation unless there is cause for an immediate suspension on an interim basis to protect the child from further harm.

* The matter shall then be dealt with as a disciplinary matter pursuant to this policy and the report of the investigation carried out by authorities may be utilized as require by Hockey Alberta.

2. HARRASMENT

Harassment is a form of discrimination. Harassment is prohibited by human rights legislation. In its most extreme forms, harassment can be an offence under the Criminal Code of Canada.

Harassment is defined as conduct, which is disrespectful, insulting, intimidating, humiliating, offensive or physically harmful. Types of behavior which constitute harassment include, but are limited to:

- unwelcome jokes, innuendo or teasing about a person's looks, body, attire, age, race, religion, sex or sexual orientation.
- Condescending, patronizing, threatening or punishing actions which undermine self-esteem or diminish performance.
- Practical jokes that cause awkwardness or embarrassment endanger a person's safety or negatively affect performance.
- Unwanted or unnecessary physical contact including touching, patting or pinching.
- Any form of hazing
- Any form of physical assault or abuse
- Any sexual offence
- Behavior such as those described above which are not directed towards individuals or groups, but which have the effect of creating a negative, hostile or uncomfortable environment
- Cyber policy outlined on page 7

J. R.D.M.H.C. CODES OF CONDUCT

VOLUNTEER'S CODE

1. Expect no special rights or privileges because you are a volunteer.
2. Understand that even though you may not agree with all RDMHC policies or practices, as a representative of the organization, you have an obligation to publicly support them and at all times abide by them. If you do not agree with them, you can work within the system to have them changed.
3. Accept that because you are a representative of the RDMHC, your actions, either positive or negative, reflect back on all of the other volunteers in the organization.
4. Base all your decisions and actions on what is best for the majority of hockey players while respecting the rights of the individual.
5. Be prepared to listen and respond to any concerns brought to you.
6. Be prepared to listen to ideas from other people even though they may differ from your own.
7. Judge ideas on their own merit, and the benefit they can bring the hockey player and don't fall back on "But they've always done it this way."
8. Work patiently for improvement. Do not expect too much too quickly.
9. be slow to anger and hard to discourage.
10. Anticipate people's shortcomings and make allowances for them.
11. Be prepared to put in long, hard hours with little or no recognition except the self-satisfaction of knowing you have accepted a challenge may turn away from.

PARENT'S CODE

1. Do not force an unwilling player to participate in sports.
2. Remember that participants should be involved in organized sports for their enjoyment, not yours.
3. Encourage son/daughter to always play by the rules.
4. Teach your son/daughter that honest effort is as important as victory and that if you give your best, then you have won, regardless of the score.
5. Turn defeat to victory by helping your son/daughter work toward skill improvement and good sportsmanship. Never ridicule or yell at your son/daughter for making a mistake or losing a competition.
6. Congratulate your son/daughter on honest effort and skill improvement, not just goals and assists.
7. Remember that players learn best by example. Applaud a good play by either team.
8. Do not publicly question the official's judgment and never their honesty. After all, have you offered to do the job?
9. Abuse of players, coaches, officials or volunteers will not be tolerated.
10. Actively support all efforts to remove verbal and physical violence from hockey.
11. Recognize the value and importance of volunteers. They give their time and resources to provide recreational activities for your son/daughter.
12. Attend most practices and games.
13. Have players at the rink at coaches specified times before games and practices.

PLAYER'S CODE

1. Play for the "fun of it", not just to please your parents or coach.
2. Play by the rules.
3. Never argue with the official's decisions. Let your captain or coach ask any necessary questions.
4. Control your temper...No "mouthing off", throwing tantrums, breaking or throwing sticks or other equipment.
5. Work equally hard for yourself and your team...your team's performance will benefit and so will you.
6. Be a good sport. Cheer all good plays whether your teams' or your opponent's. Show some class.
7. Treat all players as you would like to be treated. Don't interfere with, bully, or take advantage of any player.
8. Remember that the goals of the game are to have fun, improve your skills and feel good. Don't be a showoff...always trying to get the most points or penalties. You are part of a team.
9. Co-operate with your coach, teammates, officials, and opponents.
10. **Use of illegal drugs and alcohol (at any time during the season) at a sanctioned Minor Hockey Function will result in suspension.**
11. **Use of tobacco or vape products by minors will not be tolerated and will result in disciplinary action.**

COACH'S CODE

1. Understand that you have an obligation to abide by the policies of RDMHC and that failure to do so could result in a loss of coaching privileges.
2. Make sure that your players understand and abide by the PLAYER'S CODE.
3. Be reasonable in your demands on the young player's time, energy, and enthusiasm. Remember that they have other interests and being able to pursue those interests, as well as hockey, will help them maintain their enthusiasm and make them better hockey players.
4. Teach your players that the rules of the game are mutual agreements which no one should evade or break. Without them, there would be no game.
5. Remember that participants play for fun and enjoyment and that winning is only part of it. Never ridicule or yell at the player for making a mistake or losing a competition.
6. Develop team respect for the ability of the opponents, as well as for the judgment of officials and opposing coaches.
7. Follow the advice of a physician when determining when an injured player is ready to play. Player must obtain a letter from physician authorizing play.
8. Remember that players need a coach they can respect and look up to...Be generous with your praise when it is deserved and set a good example.
9. Make a personal commitment to keep yourself informed on sound coaching principles and the principles of growth and development in children, attend all clinics and functions the RDMHC may hold from time to time.
10. Treat the players as you would like to be treated.

11. Do not lower yourself to the level of fans or other coaches who throw tantrums, use profanity, make a spectacle of themselves by abusing the game officials, and in general degrade themselves and the game.
12. Coaches are responsible for the conduct of his players and team officials during practices, games and team functions.
13. **Use of illegal drugs and alcohol (at any time during the season) at a sanctioned Minor Hockey function will result in suspension.**
14. Coaches are responsible for supervision of dressing rooms.

K. GUIDELINES FOR COACHES

1. RDMHC endorses the National Coaching Certification Program.
2. No smoking or swearing on the ice, in the box or in the dressing room.
3. Alcohol consumption by minors will not be tolerated at any league or team function.
4. The use of illegal drugs could result in a suspension for a MINIMUM of one (1) year.
5. Responsible for enforcing rules, discipline, and behavior of team.
6. Become thoroughly acquainted with league and association rules and regulations.
7. Attend all meetings with team and parents when required.
8. Attend all practices and games. If not able to attend, arrange for someone to take charge.
9. Assume responsibility of conduct of players and team officials during practices, games and team functions.
10. Any games or practices are under the control of the coach or his designate, and the coach must ensure that ALL players have proper equipment on, including helmet and face mask. Goaltenders and players not playing but are on the bench MUST WEAR their helmet and face mask during the game or practice.
11. Coach (s) must wear a helmet for all practices and on-ice activities.
12. Set a good example for the team in action and dress.
13. Coaches will be responsible to the relevant Category Committee or Coordinator.
14. Name affiliate players by deadline (High Performance & Elite teams only).
15. **Once the team is established, contact sponsor and advise game schedule.**
16. Obtain league schedule from relevant Category Committee or Coordinator and become familiar with the same.
17. Discuss problems with Parent Coordinator and relevant Category Committee or Coordinator.
18. Advise manager of what assistance he can be on the ice during practice.
19. Advise players of game times and at what time they are expected to be at the rink.
20. Arrange for team activities between games at tournaments.
21. Develop a close liaison with team manager.
22. Be aware of any medical problems with players.
23. Encourage medical treatment, to the extent possible.
24. Arrange out of town games and tournaments within Category Guidelines.

25. Abide by association rules and regulations.
26. Ensure that a Parent Coordinator is appointed for the team.
27. Compile a directory of players' names, addresses, telephone, medical insurance numbers and parents' names. Note any medical problems. Insure relevant Category Committee Coordinator has copy.
28. A coach or assistant coach may only coach one team in any given year unless approved by the RDMHC Board of Directors.
29. Shall retrieve all RDMHC equipment and report the condition of same to Equipment Manager within 30 days of the last day of March.
30. **Before pucks are allowed on the ice, coaches must be present on the ice, and all gates properly closed.**
31. **Failure to advise RDMHC office of tournament or exhibition games may result in coaching Suspension or Discipline.**
32. **A copy of ALL game sheets for any out-of-town tournament or exhibition games MUST be turned into the Office within 48 HOURS.**

L. GUIDELINES FOR MANAGERS

1. No smoking or swearing on the ice, in box or dressing room.
2. Responsible for helping coach to enforce rules, discipline, and behavior of team.
3. On commencement of season, obtain game schedule and practice times from relevant Category Committee or Coordinator.
4. High Performance & Elite team managers are responsible to ensure that a copy of the game sheet is given to the League and High Performance/Elite Coordinator.
5. Responsible for up-keep storage and care of equipment.
6. Become thoroughly acquainted with league and association rules and regulations.
7. Learn proper procedures for filling out game reports, etc.
8. Make transportation arrangements.
9. Arrange for a team meeting to go over objectives, goals and expectations for the season. A parent Coordinator is to be selected by the parents.
10. Compile a directory of player's names, addresses, telephone numbers, medical insurance numbers, and parent's names. Note any special medical problems. A copy of this directory is to be given to relevant Category Committee Coordinator and RDMHC office.
11. Notify players of practice time and location. Give players as much notice as possible.
12. Make sure your equipment is ready and see that it arrives at location of game.
13. Make sure players are ready on time, allowing coach to instruct for the entire length of time.
14. Coach will advise you as to what he wants you to do while on the ice with the players.
15.
 - A) Arrange for exhibition games both home and away. Obtain required permits from the RDMHC office for "ALL" exhibition games and tournaments prior to function. **Seven days notice is required. League commitments shall take priority.**
 - B) City League Teams that plan to attend a tournament and have league game(s) scheduled for the tournament in question must reschedule those games acceptable to both teams and the

League Coordinator **at least 14 days** in advance of the league scheduled game (s), before accepting any invitation to a tournament. If you cannot reschedule the league game (s) then you cannot accept the invitation to go to the tournament.

C) When playing any out of city teams, you must ensure that they are properly registered with Hockey Canada, for insurance purposes.

D) A copy of all game sheets for all league games, out of town tournament, and exhibition games must be turned into the Division Coordinator within 48 hours. (Failure to do so could result in disciplinary action). Exhibition and tournament game sheets must also be supplied to Hockey Alberta.

16. Failure to advise RDMHC office of tournament or exhibition games may result in management suspension.
17. Arrange for referees for all games and ensure payment.
18. Arrange for timekeeper and scorekeeper.
19. All correspondence, i.e.: practice time, exhibition games, comes through the manager.
20. Make sure your players are properly registered by deadline.
21. A) Make sure you always have your official HCR Roster with you
B) Assist coach with team while off the ice and try to keep them together.
C) Check dressing rooms to ensure they are left clean.
22. Dress to be as outlined in Category codes.
23. Act as liaison between team and sponsor. Once team is established, manager is responsible for financial status of team.
24. Handle all problems to the best of his ability and if necessary, approach relevant Category Committee or Coordinator for assistance when he deems there is a need.
25. Utilize all ice time and report to RDMHC office immediately if team is unable to use, so there is sufficient time to reallocate. If ice (practice or game) is not canceled 14 days prior, the team will be charged for the ice time not used. Teams are responsible to league obligations first.
26. **Hold a parent meeting within 30 days of the beginning of the season. Ideally hold a meeting every 30 days to discuss problems, etc.**
27. Report disciplinary action if serious to parent and relevant Category Committee or Coordinator immediately.
28. Ensure RDMHC has a team photo by December 30.
29. Prepare team budget and turn into RDMHC.
30. Familiarize yourself with RDMHC rules.
31. Provide a fun atmosphere for the players, as our first priority is that the players enjoy hockey. Winning is secondary.
33. Ensure all game sheets are turned into the RDMHC office by winning team within 24 hours of the game. Failure to do so will result in points forfeited or possible disciplinary action.
34. RDMHC sponsors should be given a chance to quote on bus trips, souvenirs, etc.
35. **Use of illegal drugs and alcohol (at any time during the season) at a sanctioned Minor Hockey function will result in suspension.**

M. COORDINATOR'S DUTIES

1. Shall monitor team activities by:
 - Attend games and monitor practice content.
 - Check once a month on number of games played by each team.
 - Check game sheets (if used) for penalties, irregularities and referee's comments.
2. Conduct meetings during the season with all coaches (one pre-season, one mid-season and one post season).
Pre-season:
 - Provide RDMHC coaches with a copy of RDMHC rule book and CAHA rule book.
 - Discuss expectations and philosophies of RDMHC.
 - Record and distribute appropriate equipment and have coach sign for same. (Through RDMHC General Manager.)
 - Distribute copies of ice schedules and any special events.**Mid-season:**
 - Discuss progress and concerns of the season (report findings to Director)
 - Set date for return of all equipment.**Post-season:**
 - Coaches will assist Category Coordinator in preparing year-end report.
 - Compile a list of coaches for next season.
3. Shall schedule all games and practices according to the ice time allotted by the Ice Coordinator. Game schedules must be adhered to in order to ensure equal games against each opponent.
4. Shall ensure a copy of the category guidelines are given to the Parent Coordinator and coach.
5. Shall oversee the placement of players in their relevant categories.
6. Shall ensure that each team has a Parent Coordinator who has no other function with the team. The Category Coordinator must hold a meeting with all the Parent Coordinators ASAP to explain the following expectations:
The Parent Coordinator is to:
 - Be the direct liaison to the category Coordinator.
 - Monitor team activities
 - Monitor parent behavior and report excessive abuse of others.
 - Ensure RDMHC guidelines are followed by the coach and team.
7. Shall provide next year's category Coordinator with a file including:
 - Team and coach lists from previous year.
 - A copy of Category Coordinator's yearend report.
 - Any recommendations, messages or information for the next year.
8. Shall provide RDMHC office with the following information:
 - A complete team list of all coaches, managers, and Parent Coordinators by October 31.
 - A written report one week prior to each Board meeting on matters to be discussed. (As necessary).

9. Shall ensure all teams receive a travel permit from the RDMHC office prior to exhibition games, tournaments, and out of town practices. Fourteen (14) days' notice is required if ice commitments are to be rescheduled, for insurance purposes.
10. Advise teams that sponsors of RDMHC should be given a chance to quote on bus trips, flights, souvenirs, etc.
11. Shall be responsible for enforcing all RDMHC rules and regulations.
12. 6:45 am ice times CANNOT be turned back or left as a no show.
Ice time (6:45 am included) left open as a no show will result in an evening prime time practice being taken away from the offending team.

N. PARENT COORDINATOR (LIASON) DUTIES

SELECTION

The Parent Coordinator (aka Parent liaison) will be selected by a vote of the parents (not the coach or manager) about one month after the first game. This will give the parents a chance to meet one another and make an intelligent choice. This should be set up by the team manager. The Parent Coordinator will not have any other function with the team.

FUNCTION

The Parent Coordinator will serve as an intermediary between the parents and coach, and the parents and the RDMHC Category Coordinator for that team.

Any concerns should be brought to the Parent Coordinator. If the problem cannot be resolved to everyone's satisfaction, the Category Coordinator should be then contacted.

The parent Coordinator should answer any queries for information by using this book or by contacting the Category Coordinator.

It is the Parent Coordinator's responsibility to report any actions which are contrary to the RDMHC rules and regulations, to the Category Coordinator.

O. FINANCING OF TEAM

1. ONLY the team bank account set by the RDMHC is to be used. A copy of the statement is to be picked up at the RDMHC office once a month by the team manager.
2. All fund-raising to be approved by the RDMHC.
3. All major fund-raising may be provided by RDMHC for the teams.
4. A budget must be given to RDMHC for approval on the commencement of the season.
5. All cheques must have a minimum of two signatures.
6. Fundraising money may be used for travel, team meals, tournament fees, ice expenses, and items approved by RDMHC. It cannot be given as cash.
7. **All expenses accrued during the playing year are the responsibility of the parents of participants involved.**

P. COACHING CERTIFICATION

All on ice leaders must have the appropriate Coaching Certification for that level.

- A Head coach or assistant coach registering in the Coach Certification Program will be reimbursed the registration fee (not including manuals) provided they coach in RDMHC during that playing year (maximum 2 per team). Coaches will only be reimbursed for clinics required for that category (i.e., U11 City League coach would not be reimbursed for taking the Development 1).
- Coaches applying for High Performance/Elite coach positions must have coaching certification at the required level prior to interviewing for the applied position. Such applications will be rejected without the benefit of an interview by the RDMHC.

All Coaches and Assistant Coaches must be approved by the RDMHC.

- A qualified trainer is required on the bench at all games. A qualified trainer is defined as a person who has successfully completed the requirements for certification in the Hockey Canada Safety Program (HCSP). The certification of a trainer is valid for a period of three (3) years from the date of the clinic attended to August 1 of the third year.

- It is a Hockey Alberta requirement that all coaches hold Respect In Sport online clinic at all levels (This course is not reimbursed by RDMHC).
- Checking Skills is required by all head coaches in U11, U13, U15 and U18, in both the male and female category.
- All Team Officials are required to provide Criminal Record Check/Vulnerable Sector Check must be submitted to RDMH Office prior to November 1 of the current coaching season. Individuals without a valid Check, will be removed from the Official HCR roster after this date.

Required coaching certification in the RDMHC system			
U18 AAA	High Performance I		
U17 AAA	High Performance I	U15 B	NCCP Coach 2 – Coach level
U18 AA	Development I	U13 B	NCCP Coach 2 – Coach level
U18 A, B, C	NCCP Coach 2 – Coach level	U11 B	NCCP Coach 2 – Coach level
U15 AAA	High Performance I	U9 B, U9	NCCP Coach 1 – Intro to Coach
U15 AA	Development I	U7, 4/5 Year Old	NCCP Coach 1 – Intro to Coach
U15 A	NCCP Coach 2 – Coach level		
U13 AA	Development I	U18 AAA Female	High Performance I
U13 A	NCCP Coach 2 – Coach level	U18, U15 Female	NCCP Coach 2 – Coach level
U11 AA, A	NCCP Coach 2 – Coach level	U13, U11 Female	NCCP Coach 2 – Coach level

Q. AFFILIATION

Team	Affiliation (letters are designation with Hockey Alberta)
U18 AAA	U17 AAA , U18 AA, U16 AA, U15 AAA
U17 AAA	U16 AA, U15 AAA & AA
U18 AA	U18 A, B, C, U16 AA, U15 AAA & AA
U18 A	U18 B & C, U15 AA, A, B
U18 B	U15 AA, A, B
U16 AA	U18 B, U18 B, U15 AA
U15 AAA	U15 AA & A, U13 AA
U15 AA	U15 A & B, U13 AA
U15 B	U13 A
U15 A	U15 B, U13 AA & A
U13 AA	U13 A, U13 B, U11 AA
U13 A	U11 AA, U13 B
U11 AA	U11 A & B
U11 "A"	U11 "B"

1. The deadline to add desired affiliates is December 15 of each year. Absolutely no extensions will be granted as per Hockey Alberta Regulations.
2. All Affiliations must be approved by the GM/Coordinator prior to “calling the player up”.
3. Affiliated players may be used for a maximum of ten (10) games over a season. **Affiliated players are eligible to participate in practice with the higher team in U13, U15, and U18 for the week prior to the anticipated game of affiliation. Teams must fall below their regular roster number before affiliation is approved. The exception is U18 AAA Major and U18 AAA Female, these 2 teams can affiliate as the coach deems necessary, but communication with the office must take place**
4. Coaches are expected to contact all AP’s within 2 weeks of receiving the HCR roster with affiliates added to notify the player that he has been listed as an affiliate.

U18 AAA, U17 AAA and U15 AAA affiliation - Teams within the High Performance Stream of Hockey are eligible to affiliate players from within the entire High Performance Draw Zone. Only players who participated in RDMHC tryouts are eligible to be affiliated. RDMHC will allow any players affiliated to a Junior or WHL Hockey Club the opportunity to play or practice with that club a total of 10 games & 5 practices over a season. The Hockey Club must first make application to RDMH General Manager for approval. Any player who chooses to circumvent the RDMH Rules and go to their affiliate team without prior approval will face an immediate three (3) game suspension and further requests will be denied for that player.

R. HIGH PERFORMANCE & ELITE CATEGORY

- | | | |
|------------------------|---------------------------|----------------------|
| 1. U18 AAA | minimum players per team: | 18 Skaters 2 Goalies |
| 2. U18 AAA Female | minimum players per team: | 18 Skaters 2 Goalies |
| 3. U17 AAA | minimum players per team: | 17 Skaters 2 Goalies |
| 4. U15 AAA | minimum players per team: | 17 Skaters 2 Goalies |
| 5. U18, U16 and U15 AA | minimum players per team: | 17 Skaters 2 Goalies |
| 6. U13 AA | minimum players per team: | 15 Skaters 2 Goalies |
| U13 A | minimum players per team: | 15 Skaters 2 Goalies |
| 7. U11 AA/A | minimum players per team: | 15 Skaters 2 Goalies |

Maximum Games:

Team	Games	Tournaments
U18 AAA	55	4
U18 AA/ A	50	4
U15 AAA	50	4
U15 AA/ A	45	4
U13 AA/ A	45	4
U11 AA/ A	45	4

- Games consist of league, play-off, exhibition and Provincial Play. Tournament games do not count toward maximum numbers.
- All exhibition games and tournaments require a travel permit prior to the event from the RDMHC office.
- All tournaments count toward the maximum, whether home or away.
- Affiliated players may be used for a maximum of ten (10) games over a season. **Affiliated players are eligible to participate in practice with the higher team in U13, U15, and U18 for the week prior to the anticipated game of affiliation. Teams must fall below their regular roster number before affiliation is approved. The exception is U18 AAA Major and U18 AAA Female; these 2 teams can affiliate as deemed necessary.**

ICE POLICY

*** SEE ICE POLICY FOR ALL CATEGORIES**

EQUIPMENT SUPPLIED BY COMMISSION

1. Socks, sweaters (goal equipment may be supplied up to and including U13). Teams may only wear game jersey and socks provided by RDMHC for games.
Exception: Players participating at U15 and older may be eligible to create third jerseys to wear provided the jersey is pre-approved by the general manager. Third jerseys are not to be worn in official team photos or in championship games.
2. Equipment belonging to the RDMHC will be placed in the care and custody of the Coach and Manager only at the beginning of the year. The Coach and Manager shall be held responsible for this equipment and will be asked to account for it at the end of the year.
3. **Equipment supplied by the RDMHC is to be used for games only (not practice) except goal equipment. RDMHC equipment shall not be taken home by players except for cleaning.**
4. When equipment supplied by the RDMHC is lost or damaged, team management MUST report the incident to the Equipment Committee immediately.
5. At the end of the year, team management is expected to return ALL equipment to storage immediately following the last game of the year and supply an inventory to the Equipment Committee.
6. During the year, team management shall keep the sweaters and socks clean and mended at the cost of the team. Major repairs to goal tending equipment should be made through the RDMHC General Manager.
7. RDMHC equipment shall be used only for RDMHC functions.
Use of "third jerseys" may be approved with restrictions. Teams should contact General Manager for design approval prior to ordering. Guidelines for use should also be agreed upon.
8. **All teams are required to have first aid kits (not supplied by RDMHC).**
9. Goalie Equipment: there will be a user fee of \$50.00 for the seasonal use of any/all goaltender equipment. Any repairs needed which are not part of everyday wear and tear will be charged against the deposit of \$250.00. This does not include the goaltender equipment that is given out to the U7 and U9 teams for use by the team.

ELITE/HIGH PERFORMANCE DRESS STANDARD

(FOR PLAYERS, COACHES AND MANAGERS)

1. Dress pants with team issued golf shirt or shirt and tie for all home games. No Blue Jeans.
 - a. Team issued team apparel may be approved for road games.
2. Sports jacket, club jacket or neat presentable coat.
4. Dress shoes, no runners, sandals, etc.
5. No baseball styled hats to be worn by team officials/players to games.
6. Female Dress Code – All Female players and team officials must be in dress pants, dress shirt or team issued apparel and dress shoes/boots. No runners or sandals.
7. Registered Team Officials, excluding team trainer - dress pants with team issued golf shirt or shirt/tie on bench for all games. No blue jeans. Sports jacket, club jacket or neat presentable coat is permissible.

NOTE: Club jacket shall only be the RDMHC approved.

TRANSPORTATION

1. Transportation is optional to all teams traveling out of town.
All teams in this category are urged to charter buses for out-of-town travel over one hour.
2. Drivers must have a valid driver's license and adequate insurance (recommended of at least a minimum of \$2 million liability).
3. Drivers must be a team official, parent or over the age of 25 years.
4. Each team management is responsible for damage to bus interior and is responsible for collecting bus fares (Reminder that no alcohol is to be consumed on the bus).

FUND-RAISING AND FINANCING OF TEAMS

1. a) **ALL fund-raising initiatives must be approved by RDMHC before teams begin the activity.**
b) **ALL funds raised are to be used for the following only:**
 - * Payment of referees.
 - * Transportation of teams.
 - * Team meals and accommodation.
 - * Ice expenses.
 - * Additional items approved by RDMHC prior to purchase.
2. **It is the intent of the RDMHC to monitor all fund-raising and projects of RDMHC teams.**
3. It is the responsibility of the General Manager to either approve and endorse fund-raising projects or deny requests if they could be detrimental to the RDMHC leagues.
4. It is the responsibility of the coach and/or manager of each team to submit an Income and Expenditure Report to the RDMHC General Manager no later than November 30 before any fund-raising projects may be undertaken by the team.
5. **UNDER NO CIRCUMSTANCES ARE CURRENT RDMHC SPONSORS OR RDMHC YEARBOOK ADVERTISERS TO BE APPROACHED FOR ANY KIND OF SPONSORSHIP, DONATION, PROGRAM ADVERTISING, ETC. BY ANYONE INVOLVED WITH THE TEAM IN ANY WAY.** (If the Sponsorship Committee is of the opinion more funds are required, a member of the Sponsorship Committee may, with permission of the executive, approach the sponsor for additional funds.)
6. A copy of the team bank statement is to be picked up monthly by the team manager at the RDMHC office.
7. A percentage of the sponsorship income may be given to the team by the Board of Directors. The remainder will be retained for replacement of uniforms, etc.
8. The team manager must keep a complete and accurate financial record of Income and Expenditures. A copy must be submitted to the RDMHC at the end of the season.
9. All monies collected **MUST** be deposited to the RDMHC team account. No other bank accounts will be allowed. This applies to tournament hosting also.
10. Signing authority shall be by the Manager or Coach and a parent who is a member of the team fundraising committee.
11. The team management should present an accurate team financial statement at all team management and parent meetings. Parents should receive an updated position of financial standing periodically.

INCOME

1. Annual fund-raising projects of the High Performance/Elite Category:
 - * Program—a maximum of \$17,500.00 for U18 AAA Male and Female teams and a maximum of \$12,000.00 for the U16 AAA and U15 AAA team.
 - *Raffle Tickets
 - *Other RDMHC Approved Fund-raisers
 2. Each team receives profit from the sale of the RDMHC Raffle tickets based on the number of tickets sold by the team after payment of expenses.
 3. Teams may operate fund-raising projects on their own PROVIDED they comply with the following:
 - * The team must obtain permission from the RDMH Finance Committee.
 - * Each team must comply with all laws governing a raffle.
- NOTE:** All raffle applications to the Attorney General’s Office must be signed by the RDMHC GM.
- * Each team provides a full and accurate accounting to the Finance Committee or High Performance/Elite Committee of the RDMHC within fourteen (14) days of the project termination.
 - * The project does not conflict with any other fund-raising project being operated by the High Performance/Elite category.

The project cannot involve the raffling of alcoholic beverages

Tryouts, Release of Players, Deadlines and Player Transfers

1. All players must be officially registered prior to trying out for a high performance/elite team.
- 2. Each player is entitled to a minimum of one (1) ice appearance prior to release at each level eligible to participate.**
3. Players will be notified of first and subsequent ice times via the RDMHC website.
www.reddeerminorhockey.com
4. “AAA” teams must have their final roster set by October 8th.

NOTE: This date may be adjusted due to players returning from Junior Camps. The High Performance/Elite Committee may submit a request to the RDMHC General Manager for consideration.

- “AA” must have their final player roster set on or before the 15th day of October each year.
 - “A” teams must have their final rosters set on or before the 22nd day of October each year.
 - **Any underage players trying out for U18 AAA or U15 AAA must be released no later than September 21 of the current season.**
5. In the event a player MOVES into town after the date set for finalizing team rosters, the participant is to try out with the team that he is most capable of playing with. That team, prior to cutting any player to make room for the “new” player, must obtain the permission of the High Performance/ Elite Committee. The High Performance/Elite Committee only may place late registrants.
- * Player transfers after the date set for finalizing team rosters will only be allowed if permission is obtained from the Elite committee.
 - * Prior to talking to the player or their parents about a transfer, the team management must obtain

permission to do so from the RDMHC General Manager.

Affiliation of Players Process

1. A team may use affiliated players **ONLY** if the following rules are complied with:
 - a. The player is to be used only for replacement of sick, injured, absent or suspended players.
 - b. The coach must first obtain permission from the Category Coordinator/General Manager.
 - c. The Coach wishing to use an “affiliated player” must then speak to the player’s regular Coach and obtain permission to speak to the player and his / her parents.
 - d. If permission is granted, the Coach must speak to the player’s parents and obtain the parents’ consent.
 - e. The Coach may then approach the player and inquire whether the player wishes to play the proposed game.
 - f. Hockey Alberta and RDMHC Hockey Rules and Regulations concerning affiliated players must be strictly observed.
 - g. The High Performance/Elite Coordinator must be informed of all games played by affiliated players.
 - h. Name of player or players being replaced must be given to the Category Coordinator.
 - i. The said player must be added to the game sheet and marked as “affiliate”.
 - j. Affiliated players may be used for a maximum of ten (10) games in a season.

Affiliated players are eligible to participate in practice with the higher team in U13, U15, and U18 for the week prior to the anticipated game of affiliation. Teams must fall below their regular roster number before affiliation is approved. The exception is U18 AAA Male and female, these 2 teams can affiliate as the coach deems necessary.

SPECIAL NOTE:

A copy of **ALL** game sheets for all league games and any out-of-town tournament and exhibition games must be turned in to the High Performance/ Elite Coordinator within 48 hours. (Failure to do so could result in disciplinary action.

S. NATIONAL ANTHEM

It is a requirement that O Canada be played at all games in U13, U15 and U18 divisions prior to the start of the game.

T. CITY LEAGUE CATEGORY

1. Minimum players per team - 15 skaters and 2 goalies.
2. Body Checking is not permitted in City League Hockey
3. Maximum games allowed:

Team	Games	Tournaments
U15 B	45	4
U13 B	45	4
U11 B	40	4

4. Only one travel permit will be issued per day.
Abuse will result in disciplinary action.
Any team related event requires a special events permit.

NOTE:

- Games consist of league, play-offs, exhibition and provincials. Tournaments are not included in number of games. Exceeding numbers above must have RDMHC GM's prior approval.
 - All exhibition games and tournaments require a travel permit prior to event from RDMHC office.
 - City League Teams that plan to go to a tournament and have league game(s) scheduled for the tournament in question must reschedule those games acceptable to both teams and the League Coordinator at least 14 days in advance of the league scheduled game(s), before accepting any invitation to a tournament. If you cannot reschedule the league game(s) then you cannot accept the invitation to go to the tournament.
- All tournaments count toward the 4-tournament maximum, whether they are home or away.**

ICE POLICY

*** SEE ICE POLICY FOR ALL CATEGORIES (Section G).***

EQUIPMENT SUPPLIED BY COMMISSION

1. Socks, sweaters (goal equipment, if available).
2. Equipment belonging to the RDMHC will be placed in the care and custody of the Coach or Manager only at the beginning of the year. The Coach and Manager signing for the equipment shall be held responsible for this equipment and will be asked to account for it at year end.
3. Sweaters and socks supplied by the RDMHC are to be used for games only (not practice). RDMHC equipment shall not be taken home by players except for cleaning.
4. If equipment supplied by RDMHC is lost or damaged, the Team Manager or Coach that signed for the equipment **MUST** report the incident to the RDMHC Equipment Manager immediately.
5. At the end of the year, team management is expected to return **ALL** equipment to the RDMHC Equipment Manager immediately following the last game of the year.
6. During the year, team management shall keep the sweaters and socks clean and mended at the cost of the team. Major repairs to goal tending equipment should be made through the RDMHC General Manager.
7. RDMHC equipment shall be used only for RDMHC functions.
8. Sweaters are not to be taken home by players except for cleaning. Coach or manager should assign a parent to collect sweaters at the end of each game.

CITY LEAGUE TEAM DRESS STANDARDS

PLAYERS

1. Neat and tidy.
2. Team track suits permitted for players only.
3. Sports jacket, club jacket or neat presentable coat.

COACHES

1. Neat and Tidy
2. No ball-caps or head wear

NOTE: Club jacket must be dominantly black and must be approved by RDMHC GM.

TRANSPORTATION

1. Transportation is optional to all teams traveling out of town. But, all teams in this category are urged to charter buses for out of town travel.
2. Drivers must have a valid driver's license and adequate insurance (recommended of at least a minimum of \$2 million liability).
3. Drivers must be a team official, parent or over the age of 25 years.
4. Team management is responsible for damage to bus interior, and for collecting bus fares.

FUND-RAISING AND FINANCING OF TEAMS

1. a) **ALL fund-raising must be approved by RDMHC before teams can proceed.**
b) **ALL funds raised are to be used for the following only:**
 - * Payment for referees.
 - * Transportation of teams.
 - * Team meals and accommodation.
 - * Ice expense.
 - * Additional items approved by RDMHC prior to purchase.
2. **It is the intent of the RDMHC to monitor all fund-raising and projects of RDMHC teams.**
3. It is the responsibility of the General Manager to either approve and endorse fund-raising projects or deny requests if they could be detrimental to the RDMHC leagues.
4. It is the responsibility of the coach and/or manager of each team to submit an Income and Expenditure Report to the RDMHC Office by November 30 for any fund-raising projects undertaken by the team.
5. **UNDER NO CIRCUMSTANCES ARE CURRENT RDMHC SPONSORS OR RDMHC YEARBOOK ADVERTISERS TO BE APPROACHED FOR ANY KIND OF SPONSORSHIP, DONATION, PROGRAM ADVERTISING, ETC. BY ANYONE INVOLVED WITH THE TEAM IN ANY WAY.** (If the Sponsorship Committee is of the opinion more funds are required, a member of the Sponsorship Committee may, with permission of the executive, approach the sponsor for additional funds.)
6. A copy of the team bank statement is to be picked up monthly at the RDMHC office.
7. The team manager must keep a complete and accurate financial record of Income and Expenditures.
-Parents should be provided a mid-season summary of the team's financial position
8. All monies collected **MUST** be deposited to the RDMHC team account. No other bank accounts will be allowed.
9. Signing authority shall be by the Manager or Coach and a parent who is a member of the team fund-raising committee.
10. The team management should present an accurate team financial statement at all team, team management and parent meetings.

INCOME

1. Each club operates fund-raising projects of its own **PROVIDED** that the team complies with the following:

- * The team must obtain permission from the RDMHC General Manager.
- * Each team must comply with all the laws governing a raffle.

NOTE: All raffle applications to the Attorney General's office must signed by the General Manager of the RDMHC.

- * Each team provides a full and accurate accounting to the General Manager of the RDMHC within fourteen (14) days of the project termination.
- * The project does not conflict with any fund-raising project being operated by the RDMHC.
- * The project cannot involve the raffling of alcoholic beverages.

ICE TIME

That all players will be treated equally and fairly based on equal opportunity.

AFFILIATION

Only affiliated players are allowed to play on a team other than their registered team. RDMHC players are only permitted to practice and play with the team they are registered to, unless affiliated with a higher team. Affiliation rules and procedures outlined in section Q will apply.

U. INTRO TO HOCKEY CATERGORY

WHAT IS THE INTRO TO HOCKEY DIVISION?

The RDMHC has decided to adopt, with some modifications, the Intro to Hockey Program developed by the Canadian Amateur Hockey Association. This program is primarily designed for ages 4 to 7 and is intended to make a youngster's first contact with hockey a safe and positive experience. This learn to play opportunity not only is designed to introduce beginners to the basic skills of the game, but by following an equal play philosophy, the Commission is striving to provide the opportunity to as many youngsters as possible.

1. Minimum players per team - 16 skaters and 1 goalie.
2. Maximum games:

Team	Games	Tournaments
U9	40	4
U7	30	4
5-Year-Old Program	0	0
4-Year-Old Program	0	0

NOTE:

Guideline for U9 and U7 team activities:

- Teams may meet a maximum of (4) four times per week; Sunday—Saturday, for any team sanctioned event.
- 4 and 5 Year old Program is an instruction only, learn to play hockey program.
- Games consist of league, play-offs, exhibition, and provincials. Tournaments are not included in number of games. Exceeding of above numbers must have the General Manager's prior approval.
- All exhibition games and tournaments require a travel permit prior to event from RDMHC office.
- **All Tournaments count whether they are home or away.**

INTRO TO HOCKEY ICE POLICY

SEE ICE POLICY – SECTION G.

DRESS STANDARDS

1. Dress shall be neat and tidy. No hats allowed (including coaches).
2. Team jackets or any other type of identifiable garment shall be at a standard established by the RDMHC and must be dominant black.

FUND-RAISING AND FINANCING OF TEAMS

SAME AS CITY LEAGUE CATEGORY

TRANSPORTATION

SAME AS CITY LEAGUE CATEGORY

TRAVEL

In keeping with the intent of this program travel outside the City of Red Deer is very limited.

Teams may play eight (8) out of town exhibition games throughout the season.

INCOME

SAME AS CITY LEAGUE, ELITE AND HIGH-PERFORMANCE CATEGORY

V. TOURNAMENT GUIDLELINES

1. These guidelines have been developed to set out minimum standards for all tournaments that fall within the jurisdiction of the RDMHC and the teams that it will affect.
2. The RDMHC strives to be a pro-active and developmental leader in setting out policies that aid in organizing amateur minor hockey within our boundaries. These guidelines are set out to enable tournament committees and sponsors to put on the best tournament they can and will apply to all teams in all categories with the Commissions' authority.
3. All Host Committees are required to utilize a RDMC Bank Account for all banking activity and are required to make a \$500 donation to the Youth Assistance Fund. This applies to all tournaments including playoff and provincial tournaments.
4. RDMHC Tournament Committee is the authority to oversee the setup and running of any and all tournaments within the RDMHC.
5. Teams may not compete in more than three (3) tournament games in one day. Where tournaments do require teams or players to play three (3) games in one day, such games shall not be longer than three (3) periods of fifteen (15) minutes, the first two of which must be straight time".

GUIDELINES INCLUDE:

1. Travel Permits and Game Scheduling/Rescheduling
2. Sponsorship of Tournaments
3. Advertising/Fund Raising Procedures
4. Tournament Committees
5. Tournament Rules
6. Zero Tolerance Policy

6. **Travel Permits and Scheduling**

- 6.1 Every individual tournament, tournament committee and participating team(s) is responsible to the RDMHC. A tournament sanction number and applicable travel permits must be obtained from the RDMHC. Failure to get the required permits will result in immediate suspension of the team (s) involved. Minimum suspension could be up to six (6) months.
- 6.2 All teams that plan to go to a tournament and have league game(s) scheduled for that time must reschedule those games, acceptable to both teams and the Division Coordinator at least 14 days in advance of those game(s), before accepting an invitation or applying for travel permits for that tournament. Failure to get the appropriate approvals will result in forgoing participation in said tournament.

7. **Sponsorship of Tournaments**

Major sponsors of all tournaments must be approved by the Commission. The amount of the sponsorship is determined by the past history and the tournament committee that is involved. Regardless of the amount of sponsorship agreed to, no sponsor will receive any direct financial return from the tournament. No sponsor will use the tournament as a fund raiser for projects they are associated with. Any excess funds will be disposed of at the discretion of the tournament committee and the Commission.

8. **Advertising/Fund Raising Procedures**

- 8.1 All fundraising must be approved by the Commission prior to beginning. Under **NO** circumstances are current RDMHC sponsors or yearbook advertisers to be approached for any kind of sponsorship, donation, or program advertising by anyone involved with any team or tournament committee in any way. Written authorization by the Commission is needed to proceed in cases where a sponsor is already involved in a tournament or provides services not available by other sources. Again, any fund raising not approved will result in an immediate suspension of those involved (minimum suspension could be six (6) months).
- 8.2 Any program or brochure produced **MUST** have the RDMHC logo displayed prominently on the front cover.

9. **Tournament Committees**

- 9.1 Tournament committees will be comprised of a Chairman, Co-Chairman, Secretary, and Treasurer and must include the Division Director or General Manager of Red Deer Minor Hockey. The remaining make-up of members will be decided on and made up from parent volunteers and the Executive Committee will determine its size and duties. In any case, all members of the committee will have an equal vote.
- 9.2 The Chairman sits on all sub-committees and is responsible for all decisions made by these sub-committees. The Co-Chairman reports to the chairman and can sit on subcommittees or perform duties as required.
- 9.3 The Secretary will maintain official minutes of all meetings pertaining to the tournament and copies of the minutes will be sent to RDMHC.
- 9.4 The Treasurer will maintain all financial records and be 1 of 3 signing authorities. The Chairman and the General Manager of the RDMHC will be the other 2 signing authorities, with the General

Manager being 1 of 2 signatures on every cheque. A copy of the financial statement of the tournament must be given to the RDMHC.

- 9.5 On every individual tournament committee, the RDMHC member(s) will approve all rules adopted by the tournament committee before they are put into force.

10 **Tournament Rules**

10.1 Each individual tournament committee will draw up a set of rules that will apply to their tournament. In no case will the rules governing any tournament be less stringent than those rules established by the Canadian Hockey Association.

10.2 The rules herewith will apply to all categories and can only be changed or altered by a member(s) of the RDMHC tournament committee.

- a. The tournament will be sanctioned by the RDMHC and Hockey Alberta.
 - b. Canadian Amateur Hockey rules apply at all times.
 - c. All games will be refereed by carded and registered minor hockey officials.
 - d. Teams may only use regular card players (limit of 19) from this season. With the permission of the tournament Chairman, affiliated players may participate if regular team members are unavailable. Written proof of this must be provided before permission will be granted. For any violation of this rule the offending team will be suspended from play in the tournament and all entry fees will be forfeited.
 - e. In all categories, except U7 and U9, the designated home team will be responsible for making a sweater color change; otherwise "home" will wear "light" sweaters.
 - f. There will be no overtime in "pool play".
 - g. No time outs are permitted.
 - h. In the event that the score in the third period of any game, except for the Championship Final, has a difference of five (5) goals, with 10 minutes or less remaining, the clock will revert to running time.
 - i. In all games the highest differential will be 5 goals for the purposes of any tie breaking procedures.
 - j. In the event of a dispute on the interpretation of the rules, the tournament Chairman's (or his/her representative) ruling is final and binding.
 - k. In the event of a protest, a bond of \$100.00 cash will accompany the protest. The protest must be made within 30 minutes of the game's end. The bond will be refunded if the protest is upheld, forfeited if lost. Protests of referees' decisions will not be allowed.
 - l. Any player or coach assessed a "gross misconduct" will be suspended for the remainder of the tournament.
 - m. Any player assessed a "fighting major" will be suspended for the next game his team plays in the tournament plus any additional penalties under CAHA rules.
 - n. A tie breaking procedure will be put into place by the tournament committee.
- A RDMHC referees' report will be filled out and the offending party will be reported to his/her local Minor Hockey Association.

11. Zero Tolerance

Zero tolerance is a policy developed by the Canadian Hockey Association and endorsed by the RDMHC. It deals with players and coaches who show disrespect to ice officials.

* Any verbal abuse or physical gestures designed to intimidate or embarrass officials will be penalized. To curb abuse, officials will penalize team officials and players who, through words or gestures, make an obvious attempt to:

- intimidate an official
- challenge the authority or competence of an official
- incite abuse or disrespect of an official by others
- embarrass an official
- Direct personal comments or gestures at an official

Penalty will be a “game” or “gross” misconduct and a review by the tournament committee for further action if necessary.

The RDMHC has endorsed a third component to this policy. It deals with fans and or parents who abuse on or off ice officials. Any abuse directed towards these officials will result in immediate stoppage of the game by the referee. The individual (s) will be ejected from the rink and failing to do so within 1 minute, cause the forfeiture of the game by the team he/she is associated with. If it cannot be determined who he/she is associated with, the police will be called, and charges laid.

That any destruction of RDMHC property and/or equipment, or any facility will result in an automatic suspension of 5 games for that player(s) and an automatic 1 game suspension of head coach. All damages will be the responsibility of the player or parent/guardian and must be paid in full before player will be allowed to return to the ice (practice or game).

W. RDMHC MENTORSHIP PROGRAM

Most coaches involved in minor sports are volunteers. In order to assist and support these volunteers, a coach mentorship program is offered by Red Deer Minor Hockey.

Many coaches find their initial coaching experiences fulfilling, yet difficult because of their lack of alternatives or support in handling a wide range of situations from effective use of ice time to game strategies, to dealing with large groups of children. Although resources are available in many of these areas, new coaches have neither the time nor knowledge of where or how to access this information.

A number of volunteer mentors will be available and will each act as mentors for 4 - 5 volunteer coaches. The mentors will provide and foster an ongoing reference and resource relationship with their assigned coaches. This process will occur in a non-evaluative setting and is intended as a positive learning process for the volunteer coaches.

RDMHC will try and involve all divisions, coaches and managers in this program. The program is expanding itself to involve all, thus strengthening its support throughout all levels.