

Blepharoplasty Information

Eyelid surgery (medically called blepharoplasty) is a procedure that is a remarkable cosmetic eyelid surgery in which you will be amazed with the results of your new youthful look. Dr. Timothy Jochen is certified by the Board of Dermatology and is an Associate Clinical Professor at University of Southern California. With high patient satisfaction Dr. Jochen and his team of caring medical professionals never fail to make patients feel at ease and continuously comfortable.

WHAT IS EYELID SURGERY?

Eyelid surgery is a procedure used to rejuvenate a person's eyes. Eyelid surgery can correct drooping of upper lids and and/or puffy bags below your eyes - features that make you look older and more tired than you feel, and may even interfere with your vision. An upper blepharoplasty will remove excess skin and lower blepharoplasty will remove fat from the lower eyelids.

HOW LONG DOES THE PROCEDURE TAKE?

Treatment times may vary based on personal needs but typically upper blepharoplasty will take about 30 minutes and lower blepharoplasty takes about 45 minutes.

HOW IS THE SURGERY PERFORMED?

In a typical procedure, the surgeon makes incisions following the natural lines of your eyelids; in the creases of your upper lids. The incisions may extend into the crow's feet at the outer corners of your eyes. Working through these incisions, the surgeon separates the skin from underlying fatty tissue and muscle cutting the excess skin of the upper eyelid. The external incisions are made they are closed with very fine sutures.

When treating the lower eyelid the physician removes excess fat by making the incision inside the lower eyelid, leaving no visible scar. Depending on provider recommendation, the physician may choose to make an excision on the surface removing not only excess fat but also sagging skin.

WILL I BE PUT "UNDER" FOR THIS PROCEDURE?

Eyelid surgery is usually performed under local anesthesia—which numbs the area around your eyes along with oral or intravenous sedatives. You'll be awake during the surgery, but relaxed and insensitive to pain. We do offer twilight sedation for patients who do not wish to be awake during the procedure at an additional cost.

WHAT IS THE HEALING PROCESS?

You should be able to read or watch television after two or three days. However, you won't be able to wear contact lenses for about two weeks, and even then they may feel uncomfortable for a while. Lower blepharoplasties do not require sutures. Upper blepharoplasties require sutures be left in for 7 days.