

Laser Resurfacing Information

It's the best of both worlds: the exceptional results of laser CO2 resurfacing and the minimal downtime of less-ablative procedures. With fractional CO2 laser resurfacing in one, 15 to 45-minute session, you can see improvement with lines under the eyes and around the lips better than any other laser on the market today. Plus, it can shrink pores, reduce pigmentation, eliminate lines and tighten skin throughout the rest of the face.

WHY SHOULD I CHOOSE FRACTIONAL CO2?

The best candidate for this laser would be someone who wants remarkable results with less down time and a reduced risk of complications. Unlike traditional CO2 laser treatments, which are limited to the face only, fractional laser treatments can be performed on the neck, chest, arms, hands, and legs.

WHAT ARE THE BENEFITS AND HOW DOES IT WORK?

Fractional CO2 Laser Treatment repairs aging and sun-damaged skin – pixel by pixel, spot by spot, targeting pigment irregularities such as sun spots, age spots, acne scarring, fine lines and wrinkles. This "fractional" treatment allows the skin to heal much faster than if the entire area were treated at once, using the body's natural healing process to create new, healthy tissue to replace skin imperfections. Fractional CO2 uses heat with its pixelated technology to stimulate collagen, improving both texture and tone.

WHAT ARE THE DIFFERENT SETTINGS OF CO2 LASER TREATMENT?

Fractional CO2 treatments vary based on patient needs. The fractional CO2 has 4 settings used to target specific needs. The settings are Active (fine lines), Deep (wrinkles and scars), Total FX (combination of active and deep), and Max FX (comparable to traditional laser resurfacing). Based on settings treatments can take anywhere between 30 minutes to an hour per area. The less aggressive settings may require 3-5 treatments per area; whereas Total FX and Max FX typically only need 1-2 treatments.

IS THERE ANY DOWNTIME?

Downtime is based on treatment setting and range anywhere from mild redness (Active and Deep) to 7-10 days of swelling that may feel like severe sunburn. More aggressive settings like Max FX require more post-operative care and should be scheduled with a flexible 10-14 day recovery time.

WHAT KIND OF ANESTHESIA IS USED?

We perform fractional laser treatments in our office under topical anesthesia, sometimes with nerve blocks or oral sedation. You will feel a slight but tolerable stinging sensation during treatment. Following the procedure, SkinMedica® Restorative Ointment, Polysporin or our other post treatment regimens will be placed on the treated areas, and you will be ready to leave the office

IS THIS LASER PAINFUL?

Pain is typically minimal and controllable with Extra Strength Tylenol or Motrin. During the procedure we perform the procedure under local anesthesia and offer oral sedatives.