

# **VelaShape III Information**

VelaShape II™ is the only FDA cleared device that effectively and safely contours, shapes and slims the body by reducing cellulite and firming problem areas.

#### **HOW DOES VELASHAPE III WORK?**

The VelaShapeIII is one of the only non-invasive body shaping product to combine four different technologies including IR (infrared), Bi-Polar RF (radio-frequency) and mechanical tissue manipulation using pulsed vacuum and massage rollers. The combination of the IR and vacuum coupled RF technologies causes deep heating of the connective tissue including the fibrous septae which in turn promotes an increase in collagen depositing and local cellular metabolism resulting in a localized reduction in skin laxity and volume. The additional mechanical tissue manipulation of the Vela causes an immediate increase in circulation and lymphatic drainage, both essential components for healthy skin structure.

### WHO SHOULD GET VELASHAPE?

Anyone who wants improvement of the appearance of cellulite in the thighs, hips, buttocks, and abdomen is a great candidate for Velashape II.

## WHAT IS CELLULITE?

Cellulite is a structural skin change that occurs in most post-pubertal females whether they are thin or overweight. It presents itself as a modification of skin morphology evident by skin dimpling and nodularity and is caused by the herniation of subcutaneous fat within fibrous connective tissue, leading to a padded or orange peel–like appearance. Cellulite can occur in women of all ages and tends to become more visible with age. Over time, the skin loses its thickness and thereby enhances the visibility of the unsightly cellulite bumps.

# **HOW QUICKLY WILL I NOTICE RESULTS?**

Patients generally see gradual improvement in the treated area following the first treatment. Typically results in circumference and cellulite reduction will be most apparent after the final treatment of their session after 6-8 weeks. Dr. Timothy Jochen recommends a minimum of 5 treatments weekly or biweekly which can vary from person to person.

### IS THIS TREATMENT SAFE?

VelaShape II is the only FDA approved device for reducing cellulite. Short term effects can include mild bruising or redness. There are no major contraindications for the Vela treatment. For patients with pacemakers/defibrillator, pregnant or nursing or severe health problems, it is recommended to defer to their physician prior to commencing treatment.

#### WHAT DOES THE TREATMENT FEEL LIKE?

Most patients find VelaShape II™ treatments comfortable - like a warm deep tissue massage. The treatment is designed to accommodate your sensitivity and comfort level. It is normal to experience a warm sensation for a few hours post treatment. Your skin may also appear redder than usual for several hours.