

SOCIAL SKILLS TRAINING FOR EMPLOYEES

Course Agenda



Program Overview:

Course Overview:

Sprintzeal's Social Skills Training Course for Employees is designed to enhance participants' interpersonal communication abilities and develop essential social skills for personal and professional success. Through a blend of theory, interactive exercises, and real-world insights, this program focuses on improving self-awareness, empathy, and effective communication strategies to navigate various social situations with confidence.

Prerequisites:

There are no specific prerequisites for this course. It is suitable for individuals of all backgrounds and professions who wish to strengthen their social skills and enhance their interactions with others.

Target Audience:

- Employees seeking to improve their communication skills
- Managers and team leaders aiming to enhance team dynamics
- Individuals looking to build better relationships in personal and professional settings
- Anyone interested in developing their emotional intelligence and social competence

Key Learning Outcomes:

- 1 Recognize the primary barriers to social skills.
- 2 Understand the characteristics of social skills.
- 3 Know several different approaches.
- 4 Be able to construct a successful interpersonal procedure.
- 5 Acknowledge the advantages of having strong social skills.

Course Syllabus:

Module 1 - Social skills

- Key concepts relating to interpersonal skills.
- The impact of interpersonal dynamics.
- Technical and emotional competency skills.

Module 2 - Push styles of social skills

- Social skills.
- Context and how to work together.
- Three pull styles of interpersonal behavior (e.g., questioning skills, listening skills, and the ability to find common ground).

Module 3 - Emotional intelligence

● The value of emotional intelligence.

About Sprintzeal's Social Skills Training Course for Employees:

Sprintzeal's Social Skills Training Course for Employees offers a transformative learning experience aimed at enhancing participants' interpersonal communication abilities and social competence. With expert's curated syllabus, this program provides practical strategies and actionable insights to help individuals navigate social interactions with confidence and authenticity. Join us to unlock your full potential in personal and professional relationships and thrive in today's interconnected world.