

DATE & TIME

Saturday, December 14, 2019

- 6:30am – Race Day Registration
- 8:00am – 5K FUNd RUN
- 9:30am – Awards Ceremony

LOCATION & PARKING

- Run begins and ends in the Lyman High School stadium
- Parking available at Northland Church
530 Dog Track Rd
Longwood, FL 32750

AWARDS

- Overall best male and female
- Top male and female students
- Top Business Team (Participation based)

WEBSITE & COURSE INFO/MAP

- <https://runsignup.com/Race/FL/Longwood/LymanHighSchoolHall ofFame5k>
- <http://www.lyman.scps.k12.fl.us>
- *For safety reasons bicycles, in-line skates, skateboards, and dogs will not be allowed on the run.*

Inaugural Hall of Fame 5k Fun Run

Honoring
Coach Larry Baker



*Proceeds to benefit
Lyman High School Athletics*

THREE REGISTRATION OPTIONS

All checks payable to:

Lyman High School Memo: 5K

- Register online at:
<https://runsignup.com/Race/FL/Longwood/LymanHighSchoolHall ofFame5k>
(online registration available through race day)
- Register in person at:
Lyman High School
865 South Ronald Reagan Blvd.
Longwood, FL 32750
- Register via mail
Mail-in registrations must be received by December 5, 2019
Mail to:
Lyman High School: Athletics
865 South Ronald Reagan Blvd.
Longwood, FL 32750

ENTRY FEES (non refundable)

- \$20 until 11:59pm on Friday 12/06/19
- \$30 from 12/07/19 – 12/13/19 @ 11:59pm
- \$35 Day of event



Print First Name _____ Last Name _____
 Male _____ Female _____ Phone _____
 Date of Birth _____ LHS Student Yes _____ No _____
 Street Address _____
 City _____ State _____ Zip _____
 Shirt Size Sm _____ Med _____ Lg _____ XL _____ XXL _____ XXXL _____
 Email _____ @ _____
 Organization _____
 (If registering as part of a team or school) **ALL CHECKS PAYABLE TO: Lyman Boosters memo: 5K**

PLEASE READ & SIGN THIS WAIVER

Waiver: I know that participating in a run/walk/race event is potentially hazardous. I will not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with the event, including but not limited to falls, contact with other participants, the effects of weather including high heat and/or humidity, and the conditions of the road and traffic on the course. All of these risks are known and appreciated by me. I understand that for safety, bicycles, jogging strollers, in-line skates, skateboards and animals are not allowed in the run. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself, or anyone acting on my behalf waive, release and hold harmless all suppliers, sponsors and affiliates, Lyman High School, Seminole County Public Schools, City of Longwood, FL, all the aforementioned named parties, respective directors, officers, employees, agents, assigns, representatives, successors and any individual or group associated therewith, from and against all claims, damages, liabilities, costs of expenses of any kind, including reasonable attorney's fees, arising out of my participation in this event even though that liability may arise out of my negligence or careless and/or the negligence or carelessness of any individual or organization named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, verbal or written statements, or any other record of this event for any legitimate purpose. I am of legal age, have read this release, fully understand it, and freely agree to all of its terms.

Signature _____ Parent Signature (if under 18) _____ Date _____