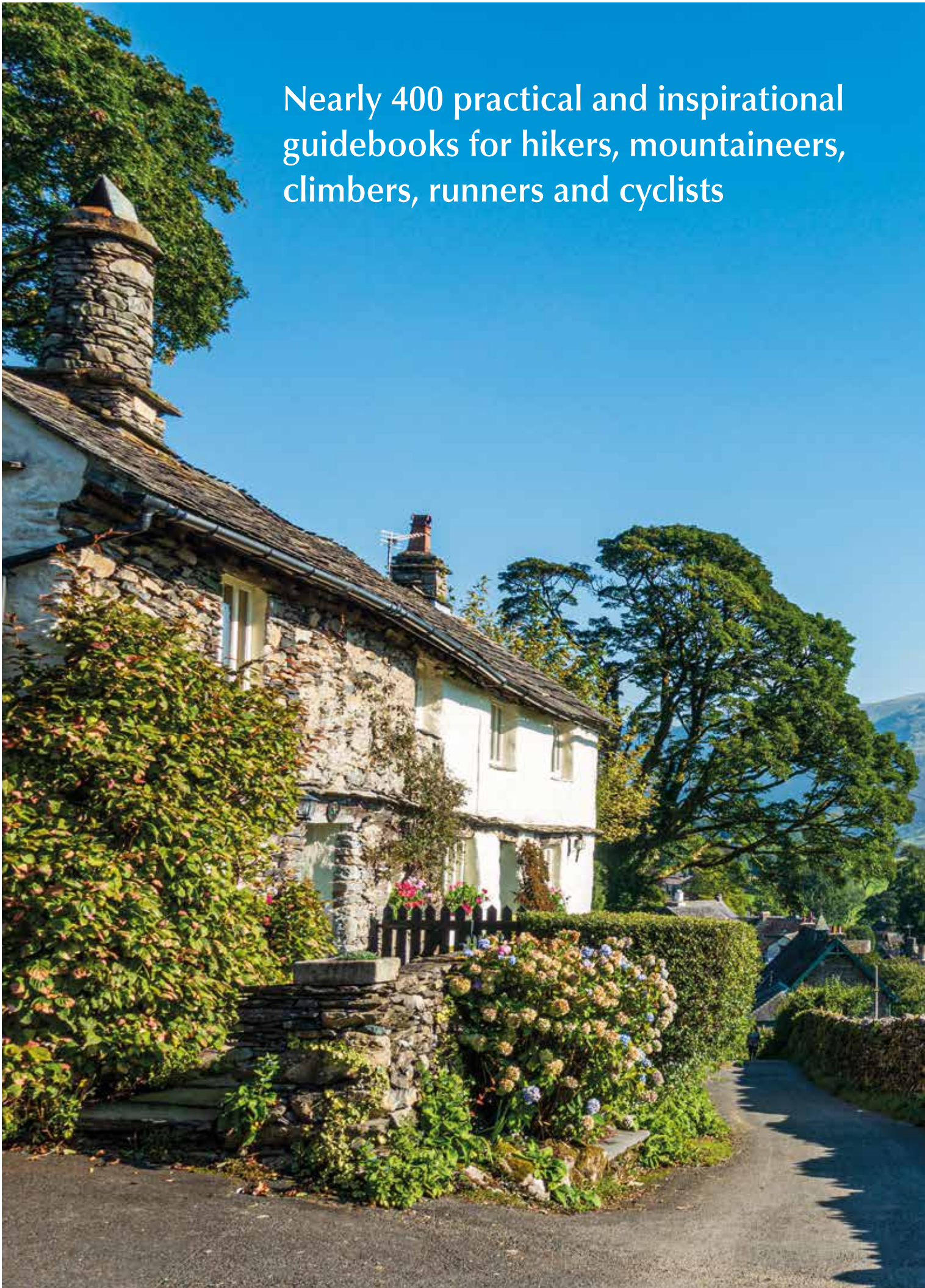


CICERONE

SPRING/SUMMER CATALOGUE 2025



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Short Walks

In our Short Walks series, Cicerone's authors have chosen 15 of the best short walks in each area for you to explore. Our guidebooks come with easy-to-read Ordnance Survey maps and clear route descriptions, perfect if you're new to walking or are looking for something you can enjoy with the whole family.

We've included information on local beauty spots and tasty refreshments stops, and most of the walks can be completed in under 3 hours. We haven't included any walks with challenging terrain or complicated navigation, and all you'll need to take with you are a waterproof jacket and a pair of comfortable trainers.



15 Short Walks Isle of Skye

Terry Marsh

- Covering 15 of the best short walks in the area (all under three hours), including the Old Man of Storr, the Quiraing pinnacles, Rubha Hunish and the Fairy Pools.

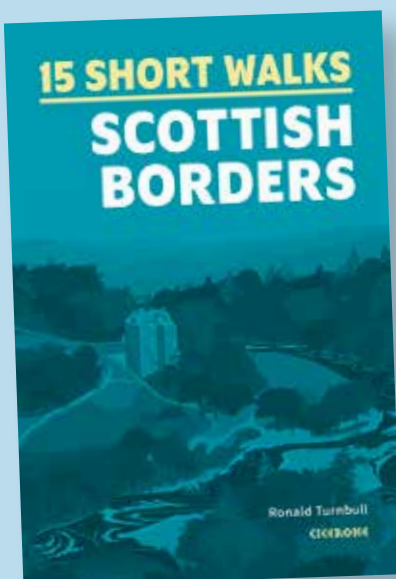
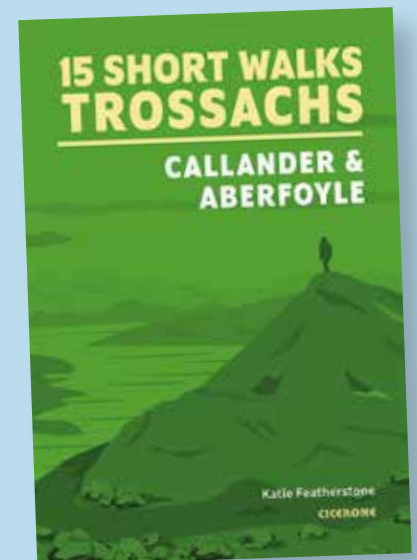
ISBN: 9781786312334 | £9.95 RRP
Published 15 May 2025

15 Short Walks Trossachs Callander & Aberfoyle

Katie Featherstone

- Covering 15 of the best short walks in the area (between 3 and 14km), including Bracklinn Falls, Callander Crags, Loch Katrine, Ben A'an, Primrose Hill and Fairy Knowe.

ISBN: 9781786312341 | £9.95 RRP
Published 15 February 2025

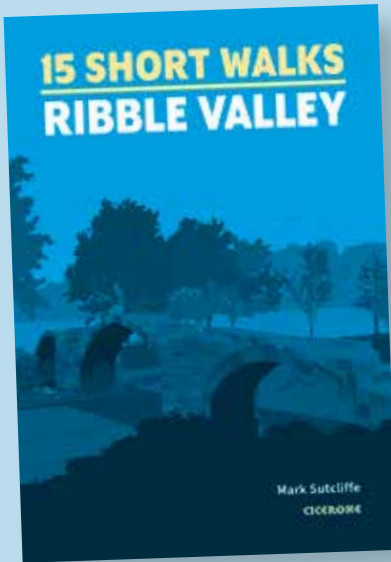


15 Short Walks Scottish Borders

Ronald Turnbull

- Covering 15 of the best short walks in the area (between 6 and 11.5km, all under three hours), including St Abbs Head, Eyemouth Shores, Wideopen Hill, Eildon Hills, Hawick, Peebles and Neidpath Castle.

ISBN: 9781786312518 | £9.95 RRP
Published 15 June 2025



15 Short Walks Ribble Valley

Mark Sutcliffe

- Covering 15 of the best short walks in the area, including Ribchester, Longridge, Dinckley, Whalley, Pendle, Clitheroe, Waddington and Downham.

ISBN: 9781786312365 | £9.95 RRP

Published 7 February 2025

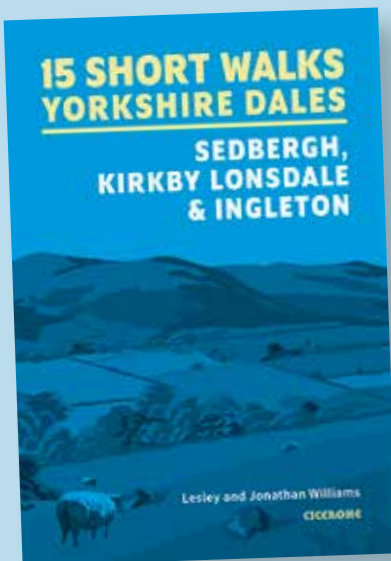
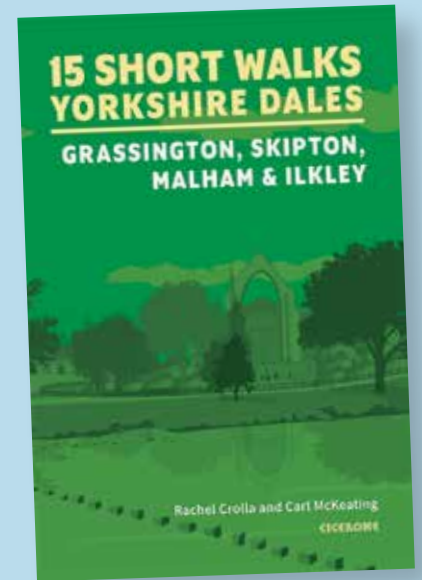
15 Short Walks Yorkshire Dales Grassington, Skipton, Malham & Ilkley

Rachel Crolla and Carl McKeating

- Covering 15 of the best short walks in the Yorkshire Dales, including Bolton Abbey, Malham Cove, Gordale Scar, Ilkley Moor, the Cow and Calf rocks, Grassington lead mines and Trollers Gill.

ISBN: 9781786312327 | £9.95 RRP

Published 15 March 2025



15 Short Walks Yorkshire Dales Sedbergh, Kirkby Lonsdale & Ingleton

Lesley and Jonathan Williams

- Covering 15 of the best short walks in the area (all under three hours), including Cautley Spout, Pendragon Castle, Wild Boar Fell, the Lune Valley and Ingleton Waterfalls Trail.

ISBN: 9781786312488 | £9.95 RRP

Published 15 May 2025

15 Short Walks Peak District Bakewell & The White Peak

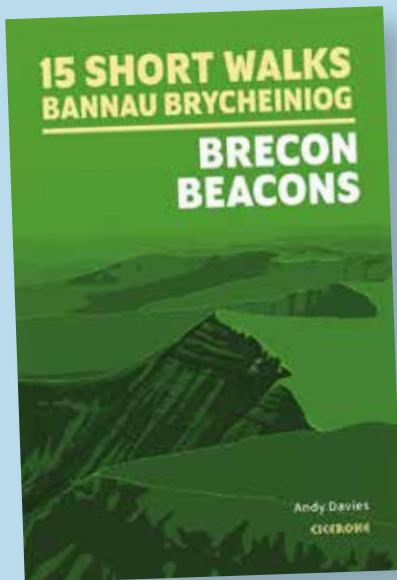
Andrew McCloy

- Covering 15 of the best short walks in the Peak District (between 4 and 10km, all under three hours), including Taddington, Chatsworth Park, Sheldon and Magpie Mine, Elton and Robin Hood's Stride, and the Monsal Trail.

ISBN: 9781786312570 | £9.95 RRP

Published 15 April 2025





Short Walks Bannau Brycheiniog Brecon Beacons

Andy Davies

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ISBN: 9781786312358 | £9.95 RRP

Published 15 March 2025

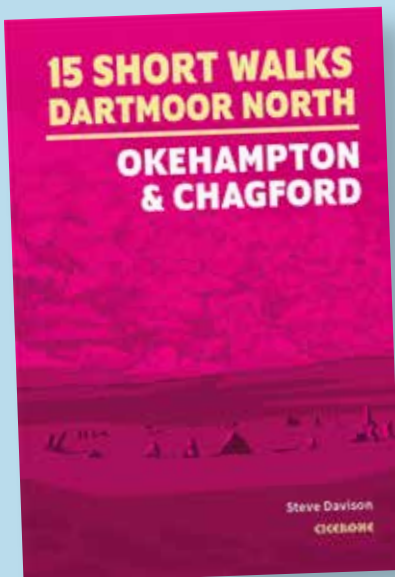
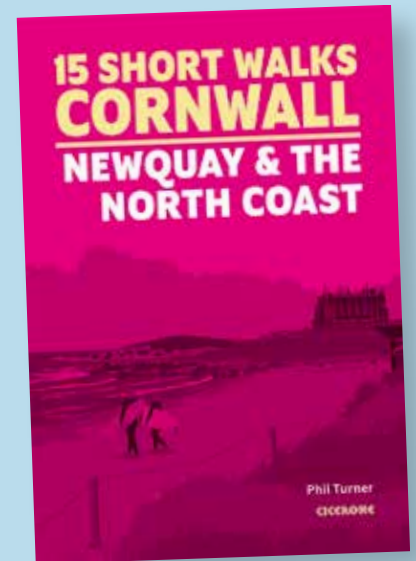
Short Walks Cornwall Newquay & the North Coast

Phil Turner

- Covering 15 of the best short walks in the area (between 3 and 9.6km, all under three hours), including Polly Joke, Watergate Bay, Trevose Head, Padstow, Port Isaac, Camelford and Boscastle.

ISBN: 9781786312471 | £9.95 RRP

Published 15 July 2025



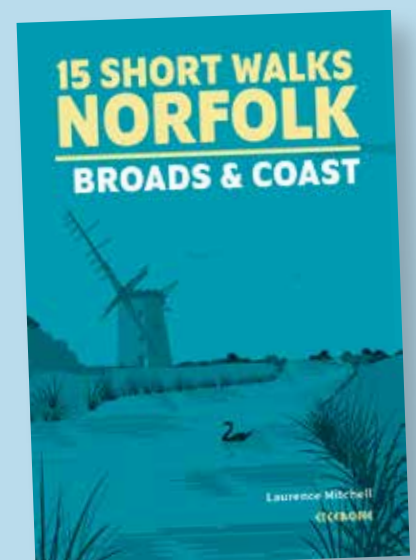
Short Walks Dartmoor North Okehampton & Chagford

Steve Davison

- Covering 15 of Dartmoor's best short walks including Chagford, Belstone, Hound Tor and Bowerman's Nose, High Willhays and Yes Tor, and Meldon Reservoir.

ISBN: 9781786311917 | £9.95 RRP

Published 7 February 2025



Short Walks Norfolk Broads & Coast

Laurence Mitchell

- Covering 15 of the best short walks in the area (between 4 and 10km, all under three hours), including Happisburgh, Cromer, Blakeney Downs, Sandringham, Norwich and Great Yarmouth.

ISBN: 9781786312457 | £9.95 RRP

Published 15 June 2025

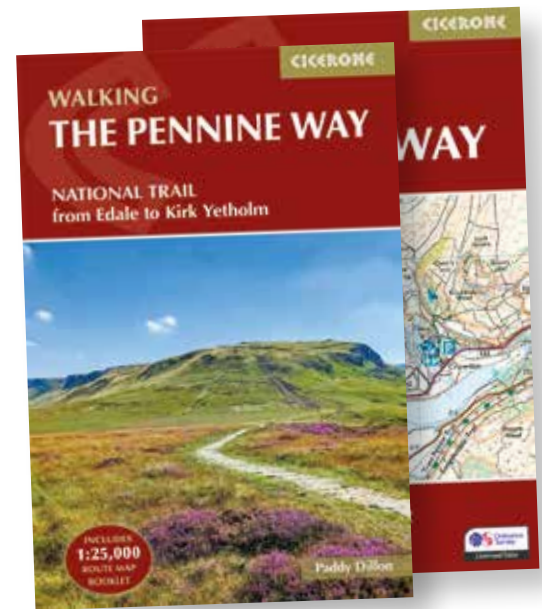
Walking the Pennine Way

Paddy Dillon

- The route is described from south to north in 20 stages of between 11 and 32km (7–20 miles).
- Contains step-by-step description of the route alongside 1:100,000 maps and elevation profiles.
- Includes a separate map booklet containing OS 1:25,000 mapping with the route line.
- Route summary table and trek planner showing the distribution of facilities and public transport along the route.

ISBN: 9781786311313 (replaces 9781852849061) | £17.95 RRP

Published 31 March 2025



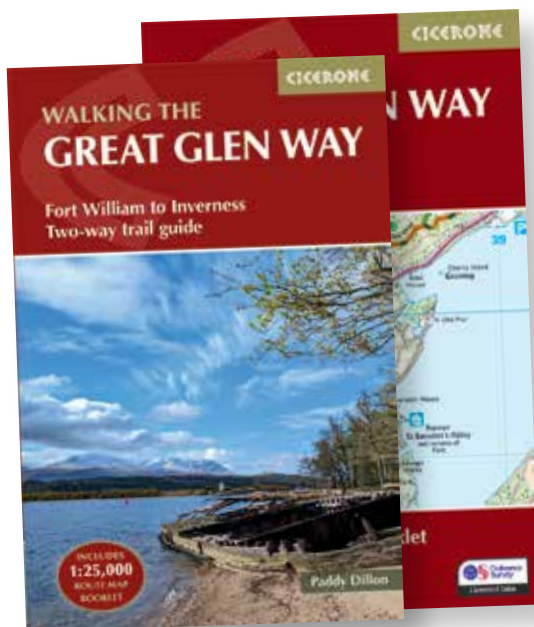
Walking the Great Glen Way

Paddy Dillon

- The route is described in both directions in 6 stages of between 12 and 31km (8–19 miles), with both low and high-level options for the central stages. Also included is an alternative route along the north shore of Loch Oich via Invergarry.
- Contains step-by-step description of the route alongside 1:100,000 maps.
- Includes a separate map booklet containing OS 1:25,000 mapping with the route line.
- Refreshment and public transport information provided for each route stage.
- Handy trek planner, route summary tables and accommodation listings help you plan your itinerary.

ISBN: 9781786311276 (replaces 9781852848019) | £17.95 RRP

Published 31 July 2025



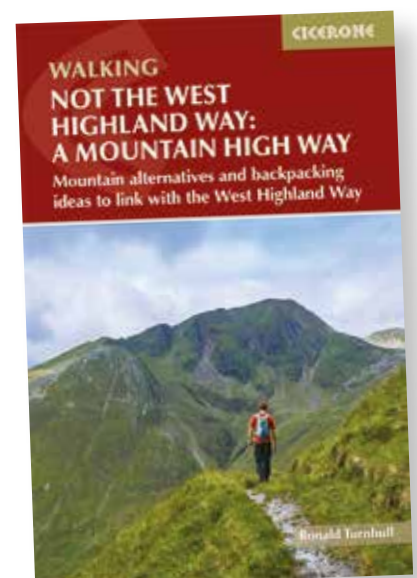
Not the West Highland Way

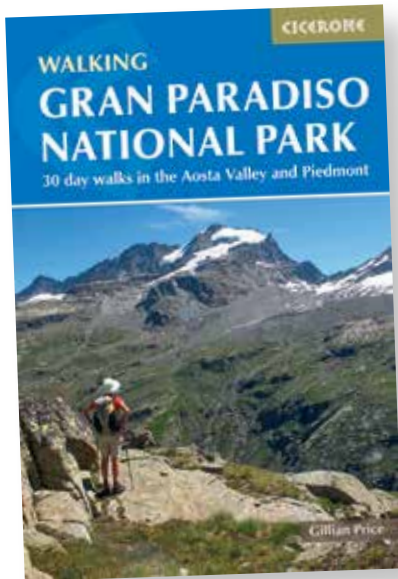
Ronald Turnbull

- Describes 14 different route diversions and extensions (mountain variants/ side loops) to the West Highland Way between Milngavie and Fort William, ranging from 10-29km with ascent gain from 650-1600m.
- Also describes two 2-day backpacking trips (suitable for beginners) and extended deviations.
- Summarises three multi-day adventures beyond the WHW: Corrour to Dalwhinnie; Fort William to Inverie; Spean Bridge to Cluanie (or Cape Wrath).
- Invaluable information on access, mapping and mountain safety.

ISBN: 9781786311870 (replaces 9781852846152) | £16.95 RRP

Published 15 January 2025





Walking Gran Paradiso National Park

Gillian Price

- Describes 30 graded hikes ranging from 2.5 to 24km (1.5–15 miles) that can be enjoyed in 1.5–8 hours.
- Information on accessing routes by public transport from the park's villages and valleys.
- Contains step-by-step description of the routes alongside 1:50,000 maps.
- Detailed information on local wildlife, alpine plants and history.
- Holiday planning advice and accommodation ideas are also included.

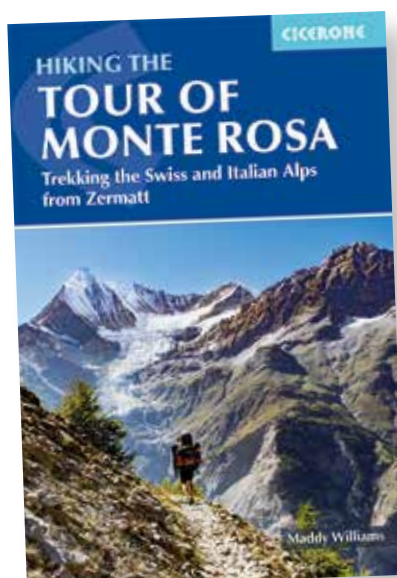
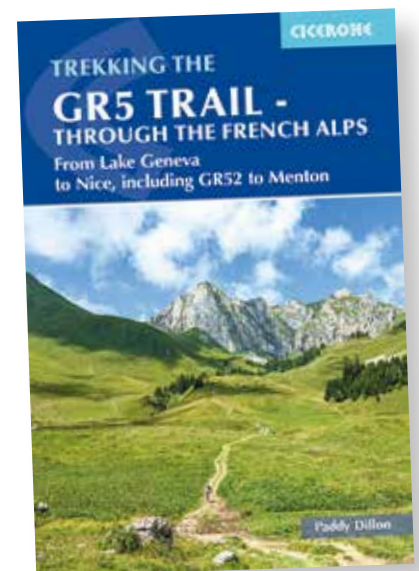
ISBN: 9781786311832 (replaces 9781852849238) | £17.95 RRP
Published 15 May 2025

Trekking the GR5 Trail – Through the French Alps

Paddy Dillon

- Describes the route from north to south in 28 stages, each between 15 and 29km (9–18 miles) in length.
- 1:100,000 maps and profiles included for each stage.
- Handy route summary tables and accommodation listings help you plan your itinerary.
- Refreshment and facilities information given for each trek stage.
- Part of a 3-volume set, accompanying Cicerone guidebooks The GR5 Trail - Vosges and Jura and The GR5 Trail - Benelux and Lorraine are also available.

ISBN: 9781852848606 (replaces 9781852848286) | £18.95 RRP
Published 15 July 2025

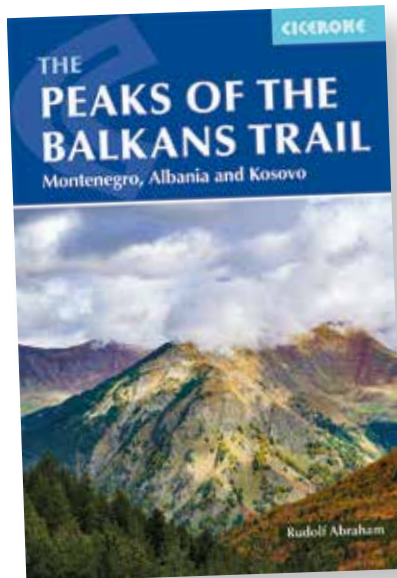


Hiking the Tour of Monte Rosa

Maddy Williams

- Described in 11 daily stages of between 7.5 and 22km (4.5–13.5 miles), with one alternative stage and two optional glacier crossings, the book also includes the 3-day Swiss Tour Monte Rosa.
- 1:100,000 maps included for each stage.
- Handy route summary tables help you plan your itinerary.
- Refreshment and accommodation information given for each trek stage.
- Includes advice on planning and preparation.

ISBN: 9781786312662 | £18.95 RRP
Published 15 May 2025



The Peaks of the Balkans Trail

Rudolf Abraham

- Describes the trail in 10 stages of 10–28km (6–17 miles).
- Clear route description illustrated with 1:50,000 mapping.
- Suggestions for side trips are also given.
- Highlights include the Prokletije mountains, Thethi and Valbona Valley, Rugova Valley.
- Detailed practical information covering travel, permits, accommodation, language and safety.

ISBN: 9781786312310 (replaces 9781852847708) | £18.95 RRP

Published 15 April 2025

Walking the Via Francigena – Part 4

Sandy Brown and Nicole Bukaty

- Part of a four-volume set, this volume covers the 940km historic route from Rome to Santa Maria di Leuca in Puglia.
- The route is presented in 52 stages of 9 to 30km (6–19 miles), including alternative routes.
- 1:100,000 maps and profiles included for each stage.
- Handy route summary tables help you plan your itinerary.
- Refreshment and accommodation information given for each trek stage.
- Advice on planning and preparation.

ISBN: 9781786312495 | £18.95 RRP

Published 15 April 2025



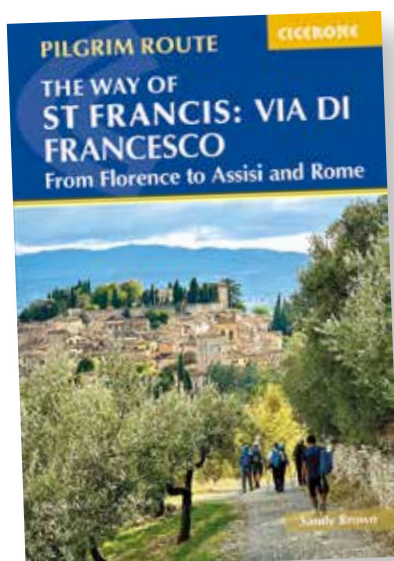
The Way of St Francis: Via Di Francesco

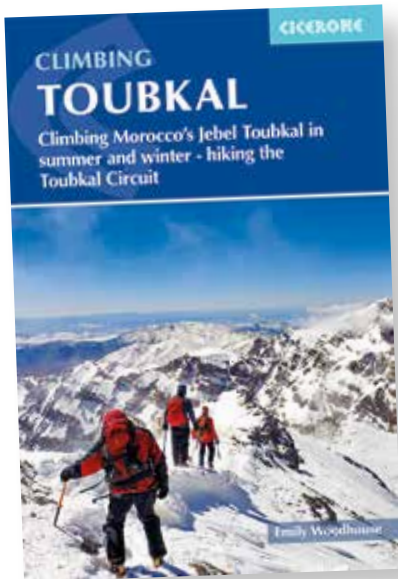
Sandy Brown

- The route is described from north to south in 27 stages, each between 11 and 29km (7-18 miles) in length. Alternate stages are given to allow you to visit Perugia and Farfa Abbey and 2 alternate sections are also included in outline providing a choice of routes from Florence to Santuario della Verna and between Assisi and Rieti.
- 1:100,000 mapping plus larger-scale urban maps for key locations.
- Handy stage planning tables and pilgrim lodging listings help you plan your itinerary.
- Detailed information about refreshments and facilities along the route.
- Advice on planning, preparation and pilgrim credentials.

ISBN: 9781786311672 (replaces 9781852846268) | £18.95 RRP

Published 15 January 2025





Climbing Toubkal

Emily Woodhouse

- The routes are divided into summer and winter ascents with additional acclimatisation options.
- Ascents to the Toubkal summit are detailed for both the popular Ikhibi Sud route and the less-travelled Ikhibi Nord route.
- The circular Toubkal Circuit trek explores the Toubkal National Park and is described in 6 stages covering 68km (42 miles).
- Oxford Alpine Club mapping included for each route and trek stage.
- Detailed information on planning, facilities and transport.
- All the 4000m peaks included.
- Covers all beginner winter routes in the Toubkal area.

ISBN: 9781786311993 | £18.95 RRP

Published 15 April 2025

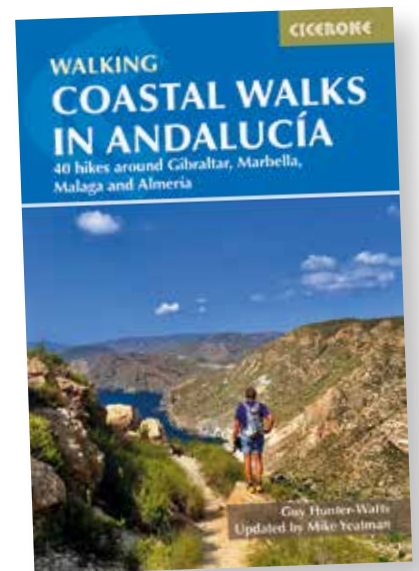
Coastal Walks in Andalucia

Guy Hunter-Watts, Updated by Mike Yeatman

- 40 hikes range from 6 to 20km (4–12 miles) and each can be enjoyed in 2–8 hours.
- The routes cover the Costa de la Luz and Costa del Sol, as well as the Nerja region and Cabo de Gata near Almeria, with Malaga airport providing easy access.
- Clear route description illustrated with 1:50,000 mapping.
- Information on refreshments and access.
- Suggestions for walking bases in each geographical area.
- Notes on history, plants and wildlife and local points of interest.

ISBN: 9781786312655 (replaces 9781852848033) | £17.95 RRP

Published 21 January 2025



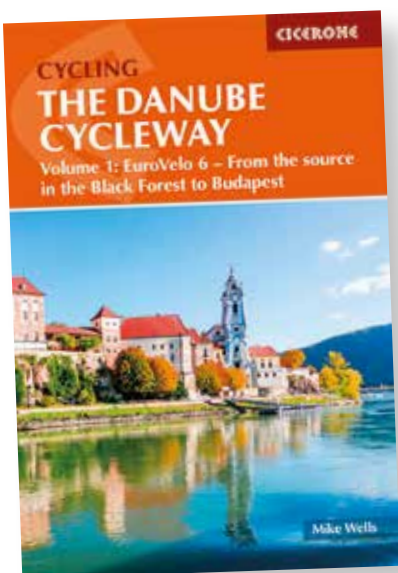
Cycling the Danube Cycleway – Vol 1

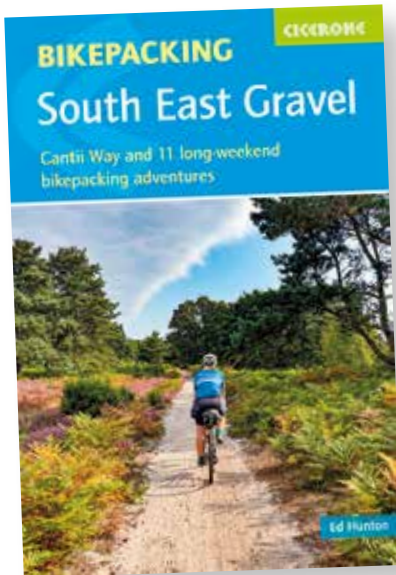
Mike Wells

- Covers 1261km of the Danube Cycleway from Budapest, Hungary, through the former Yugoslav states of Croatia and Serbia, and on into Romania.
- The route is described in 29 stages (ranging from 24–66km, averaging less than 44km/stage)
- 1:150,000 mapping included for each stage.
- Refreshment and accommodation information given for each stage.
- Advice on planning and preparation.
- Part 1 of a two-volume series of the full Danube Cycleway route.

ISBN: 9781786312204 (replaces 9781852847227) | £17.95 RRP

Published 15 February 2025





Bikepacking South East Gravel

Ed Hunton

- 12 of the best gravel bikepacking routes in the South and East, including the Cantii Way, exploring forest tracks, bridleways and quiet lanes over 1 to 4 days.
- Routes are suitable for beginner and experienced MTB and gravel-bike riders and range between 69 and 249km (40–155 miles) in length.
- Graded routes for all abilities.
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- Handy route summary tables and accommodation listings help you plan your itinerary.
- All routes easily accessible by train from London.

ISBN: 9781786312372 | £16.95 RRP

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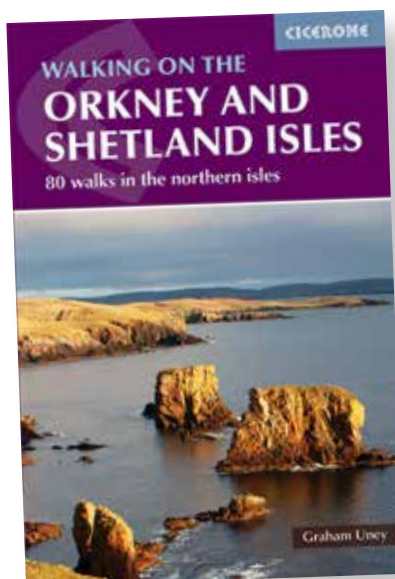
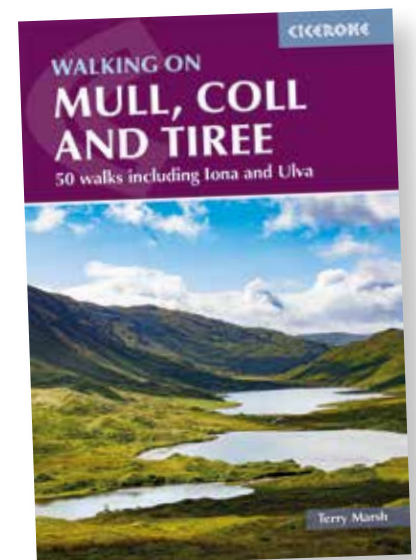
Walking on Mull, Coll and Tiree

Terry Marsh

- 50-day walks ranging in length from 2-19km (1-12 miles) and covering Mull and the neighbouring islands of Coll, Tiree, Iona, Ulva, Gometra and Erraid.
- Routes are suitable for walkers of all fitness levels and experience.
- 1:50,000 OS maps included for each walk.
- Detailed information on accommodation and ferry transport.
- Easy access from Tobermory and Craignure.
- Highlights include an ascent of Ben More.

ISBN: 9781786311702 (replaces 9781852849610) | £16.95 RRP

Published 15 February 2025



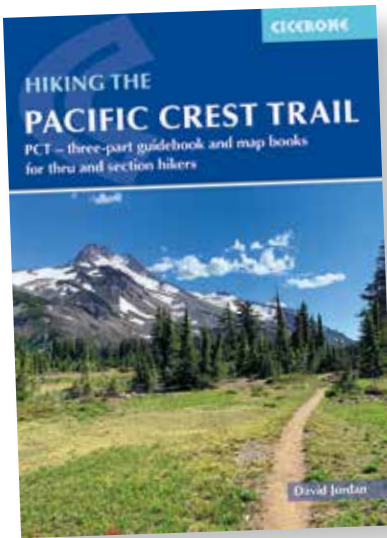
Walking on the Orkney and Shetland Isles

Graham Uney

- 80 walks ranging in length from 2 to 26km (1–17 miles) and covering 25 islands across Orkney and Shetland as well as Fair Isle and Foula.
- Routes are suitable for walkers of all fitness levels and experience.
- 1:50,000 OS maps included for each walk.
- Detailed information on public transport to and around the islands.
- Local points of interest are featured including Skara Brae and Old Man of Hoy.
- Information included on archaeology, history and local wildlife.

ISBN: 9781786311825 (replaces 9781852848347) | £16.95 RRP

Published 15 June 2025

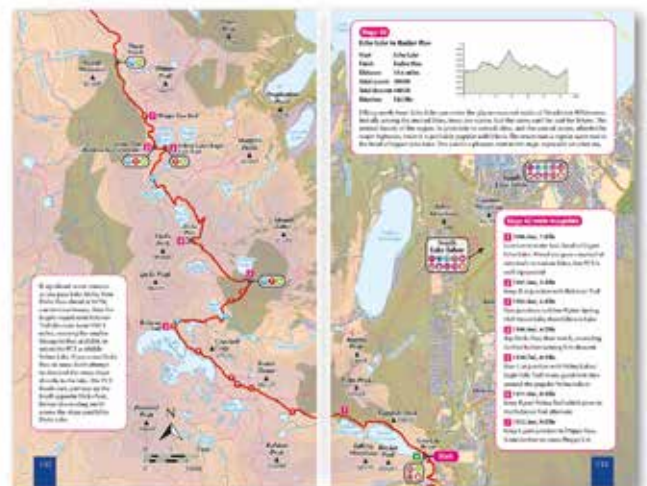
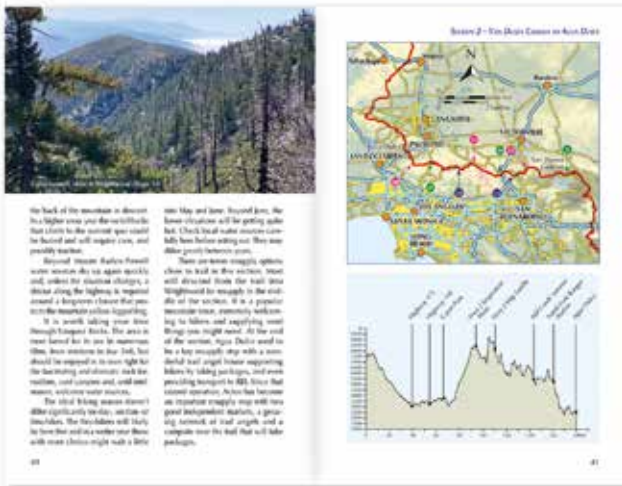


Hiking the Pacific Crest Trail

David Jordan

- A comprehensive three-book set providing all the information needed to prepare for and hike the Pacific Crest Trail (PCT), a 2650-mile hike through California, Oregon and Washington.
 - Designed to be compact and lightweight the set is separated into three books, an introduction to the trail (130g) and two map books (200g and 170g).
 - The introductory book covers all at-home planning and preparation for hiking the PCT.
 - Includes suggested itineraries for 110-, 120-, 130- and 140-day thru-hikes and an easy-going start option to aid with planning.
 - Advice on equipment and permits required on trail.
 - The two map books present the trail in 100 1–3-day stages for easy planning of either day, section or thru-hikes.
- 1:100,000 topographic maps for the whole trail that can be used to supplement or replace digital mapping apps.
 - Each stage contains a waymarked route description with mileages, mapping, profiles, and locations of water sources and campsites.
 - Resupply tables are included detailing where food, mail drops and laundrettes are available close to the trail.

ISBN: 9781786312129 (replaces 9781852849207) | £34.95 RRP
 Published 17 February 2025



British Isles challenges, collections and activities



Great Walks on the England Coast Path

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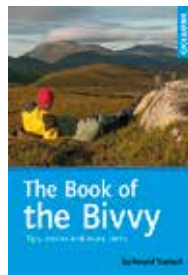


The Big Rounds

David Lintern

Guide to walking and running the 'Big Rounds' – the Bob Graham, the Charlie Ramsay and the Paddy Buckley. Practical information and advice, tales, insights and strategies from Jasmin Paris, Nicky Spinks, Charlie Ramsay, Jim Mann and Paddy Buckley.

9781852847722 Aug 2019
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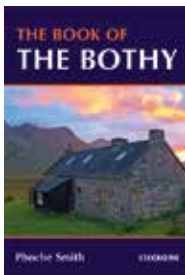


The Book of the Bivvy

Ronald Turnbull

Accounts of expeditions, both nice and nasty, alternate with practical tips on lightweight kit and suggested routes. Entertaining and informative reading!

9781786310781 Sep 2021
176pp 172x116mm £9.95

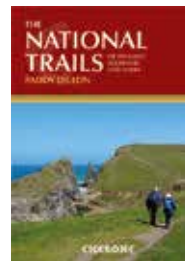


The Book of the Bothy

Phoebe Smith

A celebration of 26 of the author's favourite bothies in the UK. Packed with stories and advice on how to enjoy these 'free, old, empty houses, from packing lists to bothy etiquette and the best walks in.

9781852847562 Jan 2019
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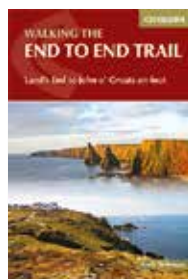


The National Trails

Paddy Dillon

An inspirational guidebook to the 19 National Trails of England, Wales and Scotland. Overview of special characteristics and information to help you take up a challenge.

9781852847883 May 2021
272pp 240x170mm £18.95

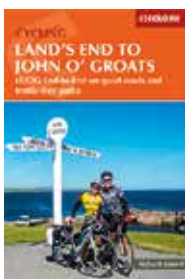


Walking the End to End Trail

Andy Robinson

A practical guidebook to a 1956km (1215 mile) long-distance walking route, following paths and tracks, presented in 61 daily stages averaging just less than 32km (20 miles).

9781786311474 Jun 2023
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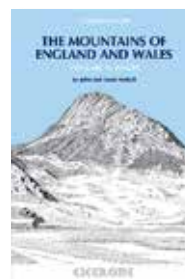


Cycling Land's End to John o' Groats

Richard Barrett

A 1000 mile guide to cycling the length of Britain. It includes advice on how to get to and from the start and finish, accommodation options and facilities, plus tips on how to prepare for the challenge.

9781786310255 Aug 2023
232pp 172x116mm £16.95

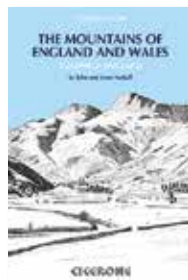


The Mountains of England and Wales: Vol 1 Wales

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Guidebook to walking 190 'Nuttall' mountains with a height of 2000ft or more in Wales, in 49 routes. A definitive list.

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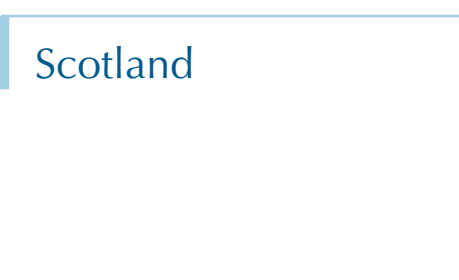


The Mountains of England and Wales: Vol 2 England

Anne Nuttall, John Nuttall

Guidebook to walking 254 'Nuttall' mountains with a height of 2000ft or more in England, in 60 routes. A definitive list.

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320pp 172x116mm £16.95



Scotland

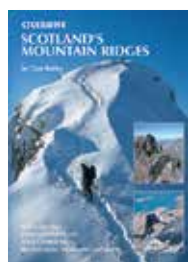


Scottish Wild Country Backpacking

Stefan Durkacz, David Lintern

30 challenging routes of 2 to 4 days in the remote landscapes of the Scottish Highlands and Islands, aimed at experienced self-reliant backpackers. With notes on equipment, access and safety.

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Dan Bailey

A rich mix of summer scrambling, rock climbing and winter mountaineering on Scotland's ridges, with outstanding photography. Both inspirational and practical.

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Dan Bailey

50 testing routes spread across Scotland's mountainous landscape. Classic routes and novel approaches in settings including the Cairngorms and the Hebrides.

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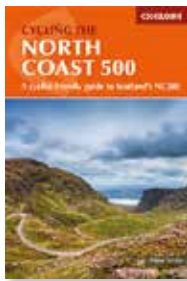
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Kirstie Shirra

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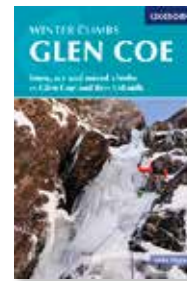




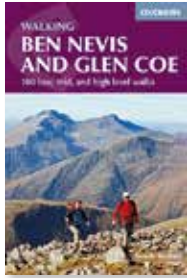
Cycling the North Coast 500
Mike Wells
Guidebook to cycling the 528 mile the NC500 on quiet roads around northern Scotland, starting and finishing in Inverness.
9781786312198 Jan 2024
200pp 172x116mm £17.95



Scotland
Chris Townsend
A resource book covering the finest walks, treks and climbs in Scotland, to help you understand the character and possibilities of every area from the Southern Uplands to the Cuillin.
9781852844424 Dec 2021
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Winter Climbs: Ben Nevis and Glen Coe
Mike Pescod
A selection of the best winter climbs on Ben Nevis and around Glen Coe, categorised by type, with notes on their formation and advice to help maximise your chances of finding the best conditions.
9781786311009 Dec 2022
176pp 172x116mm £25.00



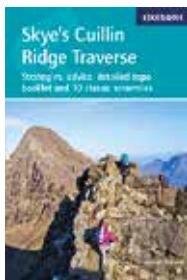
Ben Nevis and Glen Coe
Ronald Turnbull
Details of 100 low, mid, and high-level walks among some of Scotland's highest mountains. From the Grey Corries to Ben Cruachan, including Glen Etive and the Blackmount.
9781852848712 Mar 2023
320pp 172x116mm £16.95



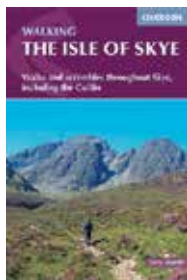
Mountain Biking in Southern and Central Scotland
Peter Edwards
21 mountain biking routes, including the 7stanes in Dumfries and Galloway, and cross-country routes in the Borders. Graded moderate to very hard, 17 to 66km.
9781852847470 Jun 2016
208pp 172x116mm £15.95



Mountain Biking in West and North West Scotland
Sean Benz
25 mountain biking routes in an area including Fort William and north of the Great Glen, the Outer Hebrides and the mountains of Torridon and Skye. From 20 to 73km and graded by difficulty.
9781852847463 Nov 2023
224pp 172x116mm £17.95



Skye's Cuillin Ridge Traverse
Adrian Trendall
All the information required to complete the main ridge traverse on Skye's Black Cuillin – strategy, gear, training, navigation and logistics. An additional lightweight book provides detailed maps, topos and route description.
9781786310439 Mar 2023
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The Isle of Skye
Terry Marsh
87 walks and scrambles in Sleat and south-east Skye, Strath, Minginish, Duirinish, Waternish, Trotternish and the Cuillin. Walks range from coastal strolls to challenging exposed mountain scrambling.
9781852847890 Jul 2024
288pp 172x116mm £16.95



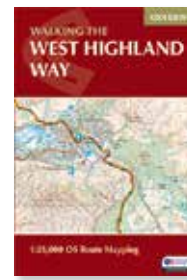
The Skye Trail
Paul Webster, Helen Webster
A 7-stage, long-distance trail from Rubha Hunish in the north along the Trotternish Ridge and past the Cuillin to Broadford in the south – for experienced backpackers.
9781786311863 Nov 2023
112pp 172x116mm £14.95



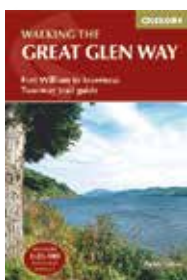
15 Short Walks on the Isle of Skye
Terry Marsh
15 of the best short walks on the Isle of Skye, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.
9781786312334 May 2025
96pp 172x116mm £9.95



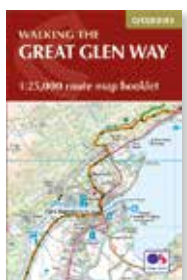
The West Highland Way
Terry Marsh
Guidebook to walking the West Highland Way National Trail, a 96 mile Scottish Great Trail route from Milngavie near Glasgow to Fort William.
9781786311771 May 2024
136pp 172x116mm £17.95



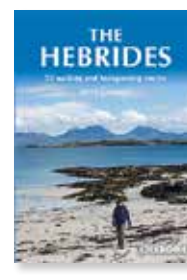
West Highland Way Map Booklet
Terry Marsh
Compact booklet of OS 1:25K maps showing the full route of the 95 mile West Highland Way. The booklet provides all the mapping you need.
9781786311788 May 2024
56pp 166x106mm £9.95



The Great Glen Way
Paddy Dillon
A two-way description of the 79 mile trail from Fort William to Inverness. Links with the West Highland Way. Year-round walking, with OS 1:25K mapping booklet.
9781852848019 Sep 2024
192pp 172x116mm £16.95

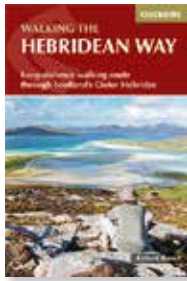


The Great Glen Way Map Booklet
Paddy Dillon
Map booklet of the 79 mile (124km) Great Glen Way (one of Scotland's Great Trails), between Fort William and Inverness. The full route is shown on OS 1:25K maps.
9781852848958 Sep 2024
48pp 166x106mm £9.95



The Hebrides
Peter Edwards
An inspirational guide to 50 varied walking and backpacking routes right across the Hebrides, featuring classic routes such as the Cuillin Ridge on Skye, alongside lesser-known challenges.
9781852847050 May 2020
256pp 240x170mm £18.95

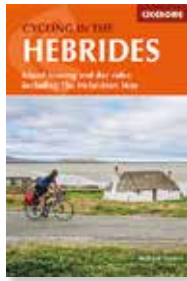




The Hebridean Way
Richard Barrett

154 mile (247km) walking trail from the island of Vatersay to Stornoway on Lewis; the waymarked route takes 8 to 13 days and is suitable for most abilities. With extension to the Butt of Lewis.

9781852847272 Dec 2024
192pp 172x116mm £16.95



Cycling in the Hebrides
Richard Barrett

Routes, day rides and suggested island cycle tours throughout the Inner and Outer Hebrides and the Firth of Clyde, with ferry schedules and timings. Includes a challenging 600 mile tour.

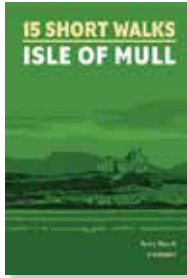
9781852848279 Aug 2021
304pp 172x116mm £14.95



Walking on Mull, Coll and Tiree
Terry Marsh

Guidebook describing 50 walking routes, from 1 to 12 miles, on Mull, Coll, Tiree, Iona and Erraid. Difficulty ranges from short and easy to demanding mountain ascents and traverses.

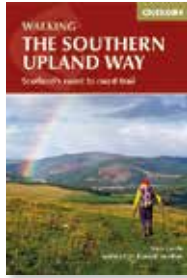
9781786311702 Feb 2025
224pp 172x116mm £16.95



15 Short Walks on the Isle of Mull
Terry Marsh

15 of the best short walks on the Isle of Mull, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311955 Aug 2024
96pp 172x116mm £9.95



The Southern Upland Way
Alan Castle, Ronald Turnbull

Coast to coast through Galloway and the Scottish Borders. One of Scotland's Great Trails, the 347km (215 mile) route links Portpatrick with Cockburnspath.

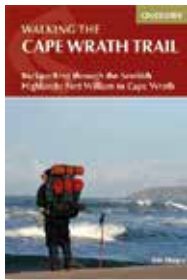
9781852849931 Aug 2022
192pp 172x116mm £14.95



Not the West Highland Way: A Mountain High Way
Ronald Turnbull

Munro-bagging diversions and mountain deviations for the West Highland Way, plus backpacking trips and multi-day adventures.

9781786311870 Jan 2025
224pp 172x116mm £16.95



Walking the Cape Wrath Trail
Iain Harper

A 230 mile long-distance trek through the Scottish Highlands from Fort William to Cape Wrath. This 3-week challenge passes through wild and magnificent landscapes, such as Morar, Knoydart, Torridon and Assynt.

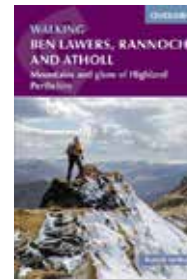
9781786311344 Jun 2024
176pp 172x116mm £17.95



Walking the John o' Groats Trail
Jay Wilson, Andy Robinson

A 235km long-distance walk from Inverness to John o' Groats in the far north of Scotland. With stunning coastal scenery and fantastic cliff-top walking, the trail can be completed in around 2 weeks.

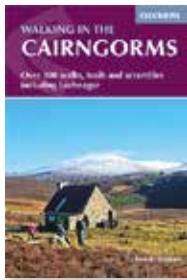
9781786310576 Feb 2023
184pp 172x116mm £16.95



Walking Ben Lawers, Rannoch and Atholl
Ronald Turnbull

80 routes exploring the grassy mountains between Stirling and the Cairngorms. Munros, Corbetts and lower-level walks included, with routes graded according to difficulty.

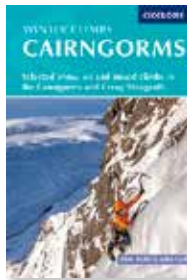
9781786311078 Aug 2021
320pp 172x116mm £14.95



Walking in the Cairngorms
Ronald Turnbull

Over 100 walks in the Cairngorms and Lochnagar, covering low-level, mid-level and mountain routes (including 18 Munro summits) and both day walks and multi-day treks.

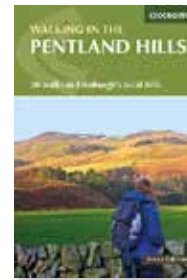
9781852848866 Jun 2022
320pp 172x116mm £14.95



Winter Climbs in the Cairngorms
John Lyall, Blair Fyffe

Over 450 Scottish winter climbs in the Cairngorms and Crag Meagaidh, including the Northern Corries, Ben MacDui and Lochnagar. Includes route descriptions and topo diagrams for climbs, as well as 1:25K and 1:50K OS approach maps.

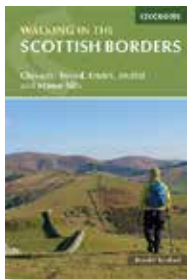
9781786311252 Nov 2023
312pp 172x116mm £25.00



Walking in the Pentland Hills
Susan Falconer

A guide to walking on Edinburgh's local hills, written by a Countryside Ranger. 30 circular walks, from 2 to 17 miles, on good paths, with ideas for all to enjoy.

9781852848675 Oct 2016
176pp 172x116mm £12.95



Walking in the Scottish Borders
Ronald Turnbull

46 walks covering five areas: the Cheviots, Tweeddale, the Ettrick Hills, Moffat Hills and Manor Hills. These high and low-level routes can be fully customised using multiple variants.

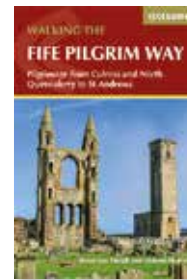
9781786310118 Jun 2022
256pp 172x116mm £12.95



15 Short Walks in the Scottish Borders
Ronald Turnbull

15 of the best short walks in the Scottish Borders, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786312518 Jun 2025
96pp 172x116mm £9.95

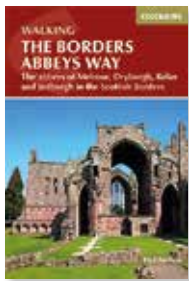


Walking the Fife Pilgrim Way
Victoria Hunter, Shana Lee Hirsch

Described in 6 stages, this 103km (64 mile) route follows ancient pilgrimage paths over flat or gently rolling countryside to the town of St Andrews on Scotland's North Sea coast.

9781786312242 Oct 2024
112pp 172x116mm £16.95

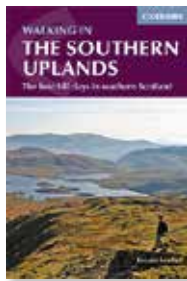




The Borders Abbeys Way
Paul Boobyer

A 68 mile (6 stage) circuit from Tweedbank in the Scottish Borders, taking in 4 of Britain's grandest ruined medieval abbeys. Rich in history and suitable for a first long-distance walk.

9781852849801 Feb 2019
96pp 172x116mm £11.95



Walking in the Southern Uplands
Ronald Turnbull

44 full-day walking routes in wild and remote hill country for all seasons and abilities. With over 80 hills of 2000ft or more between the Galloway Hills in the west and the coast east of Edinburgh.

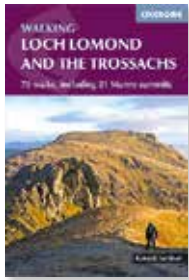
9781852847401 Nov 2021
272pp 172x116mm £14.95



Walking in Torridon, Fisherfield, Fannichs and An Teallach
Chris Townsend

50 walks and easy scrambles in north-western Scotland, covering Torridon, Fisherfield Forest and the Fannichs. Includes low-level hikes and serious mountain traverses.

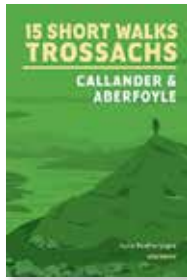
9781786310286 Jul 2022
216pp 172x116mm £16.95



Walking Loch Lomond and the Trossachs
Ronald Turnbull

70 graded low-level, mid-level and mountain walks and all of the region's Munro summits. Highlights include Ben Lui, Ben Lomond, the Cobbler and the Arrochar Alps.

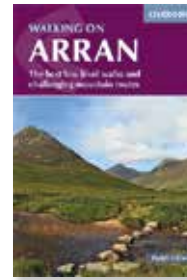
9781852849634 Apr 2024
288pp 172x116mm £16.95



15 Short Walks in the Trossachs - Callander and Aberfoyle
Katie Featherstone

15 of the best short walks around Callander, Aberfoyle and the Trossachs, with OS maps, clear route description, information on local beauty spots and refreshments. No challenging terrain or complicated navigation.

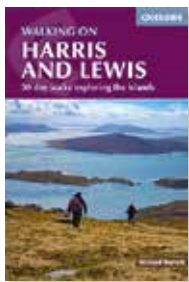
9781786312341 Feb 2025
96pp 172x116mm £9.95



Walking on Arran
Paddy Dillon

These 45 walking routes, ranging from easy nature trails to long arduous mountain routes with scrambles, provide thorough coverage of Arran, including nearby Holy Isle. With the 110km Arran Coastal Way one of Scotland's Great Trails.

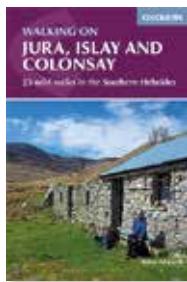
9781786311351 Jun 2023
288pp 172x116mm £16.95



Walking on Harris and Lewis
Richard Barrett

30 walks (2 to 14 miles long), from hill days to short walks visiting world heritage sites, accessible from Stornoway or Tarbert. Includes An Cliseam horseshoe, Calanais stone circles and the Butt of Lewis.

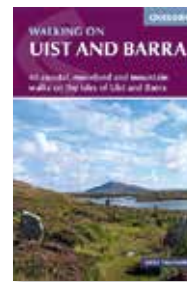
9781786311450 Dec 2022
192pp 172x116mm £16.95



Walking on Jura, Islay and Colonsay
Peter Edwards

Covering Jura, Scarba, Islay and Colonsay, this guide covers 22 walks plus a 5-day 89km trek along Jura's remote west coast. The routes range from 6.5 to 25km over rough and often pathless terrain.

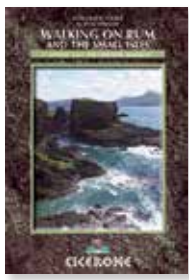
9781852849795 Aug 2019
240pp 172x116mm £14.95



Walking on Uist and Barra
Mike Townsend

40 day walks in the Outer Hebrides - Berneray, North Uist, Grimsay, Benbecula, South Uist, Eriskay, Barra, Vatersay and Mingulay. From easy beach walks to mountainous excursions.

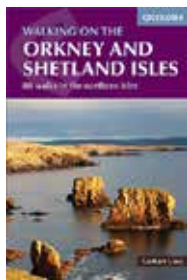
9781786311443 Jan 2023
192pp 172x116mm £16.95



Walking on Rum and the Small Isles
Peter Edwards

A guide to walking the hidden gems of the Western Isles - Rum, Eigg, Muck, Canna, Coll and Tiree - including a 55km backpack round the Rum coastline and a round of the Rum Cuillin.

9781852846626 Jun 2012
192pp 172x116mm £14.95



15 Short Walks on the Orkney and Shetland Islands
Graham Uney

80 routes on the Orkney, Shetland and Fair Isles, including Hoy, Rousay, Foula, Yell and Unst. Walks range from 1 to 16 miles and cater for most abilities. With visitor information.

9781786311825 Apr 2025
240pp 172x116mm £16.95



15 Short Walks on the Orkney Islands
Graham Uney

15 of the best short walks on the Orkney Islands, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

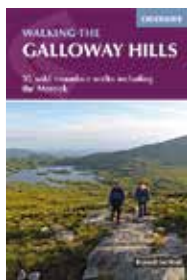
9781786311931 Jun 2024
96pp 172x116mm £9.95



15 Short Walks on the Shetland Islands
Graham Uney

15 of the best short walks on the Shetland Islands, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311948 Aug 2024
96pp 172x116mm £9.95



Walking the Galloway Hills
Ronald Turnbull

Mountain walks covering Trool, Minnoch, Doon and Talnotry. Offering solitude and rugged natural beauty, this rocky, heathery wilderness is ideal for experienced hillwalkers. Includes summaries of longer backpack/bothy trips.

9781786310101 Jul 2019
208pp 172x116mm £12.95

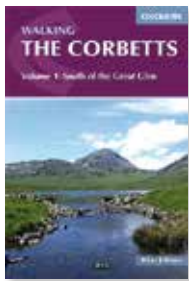


15 Short Walks in Dumfries and Galloway
Ronald Turnbull

15 of the best short walks around Dumfries and Galloway, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311726 Oct 2023
96pp 172x116mm £9.95

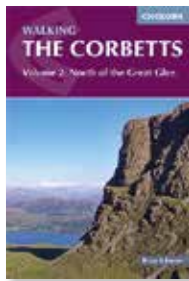




**Walking the Corbetts
Vol 1 South of the Great Glen**
Brian Johnson

Part of a 2-volume set, this guide describes routes up all 112 Corbetts south of the Great Glen. Challenging ascents and descents on steep slopes.

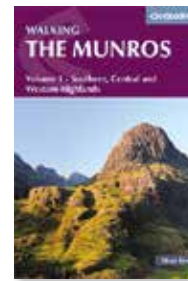
9781852846527 **Oct 2019**
352pp 172x116mm **£16.95**



**Walking the Corbetts
Vol 2 North of the Great Glen**
Brian Johnson

Part of a 2-volume set, this guide describes routes up all 109 Corbetts north of the Great Glen. Challenging ascents and descents on steep slopes.

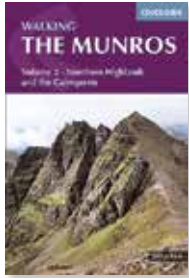
9781852846534 **Dec 2022**
352pp 172x116mm **£16.95**



**Walking the Munros
Vol 1 - Southern, Central and
Western Highlands**
Steve Kew

Guidebook to walking the Munros in the southern, central and western Highlands. Describes 69 routes across 139 mountains covering areas such as Glen Coe, Bridge of Orchy and Mull.

9781786311054 **Jul 2024**
272pp 172x116mm **£16.95**



**Walking the Munros
Vol 2 - Northern Highlands
and the Cairngorms**
Steve Kew

Focusing on the northern Highlands (north of the Great Glen), the Cairngorms and the Isle of Skye, with 70 routes, including those up Ben Macdui, Braeriach and Cairn Gorm.

9781786311061 **Jul 2022**
320pp 172x116mm **£14.95**



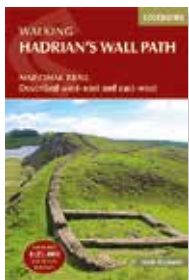
Northern England Routes



15 Short Walks Hadrian's Wall
Mark Richards

15 of the best short walks around Hadrian's Wall, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

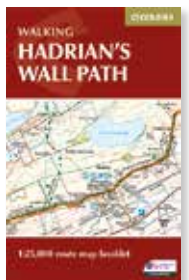
9781786311573 **Feb 2023**
96pp 172x116mm **£9.95**



Hadrian's Wall Path
Mark Richards

135km (84 mile) National Trail described both ways, with main west to east description between Bowness-on-Solway and Wallsend in Newcastle. Extensive historical information on the World Heritage site, with 1:25K OS map booklet.

9781786311504 **Aug 2023**
248pp 172x116mm **£17.95**



**Hadrian's Wall Path
Map Booklet**
Mark Richards

This compact booklet of OS 1:25K maps shows the full route of the 84 mile (135km) Hadrian's Wall Path National Trail, providing all of the mapping you need.

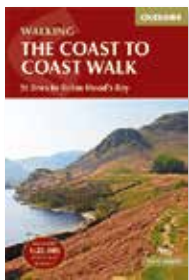
9781786311511 **Aug 2023**
56pp 166x106mm **£12.95**



Hadrian's Cycleway
Carl McKeating, Rachel Crolla

A 174 mile coast-to-coast route following the corridor of the Hadrian's Wall World Heritage Site. From Ravenglass in Cumbria through Northumberland to South Shields on cycle paths and quiet roads, with alternative Tynemouth finish.

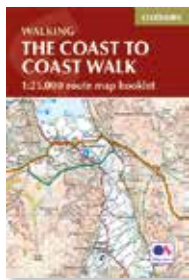
9781786310422 **Mar 2022**
136pp 172x116mm **£11.95**



The Coast to Coast Walk
Terry Marsh

From St Bees Head in Cumbria to Robin Hood's Bay, this popular 190 mile (300km) route can be walked in 2 weeks. With trek planner, accommodation guide and a separate 1:25K map booklet included.

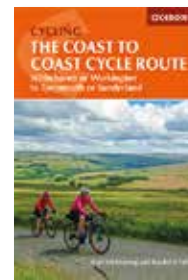
9781852847593 **May 2023**
256pp 172x116mm **£17.95**



**The Coast to Coast
Map Booklet**
Terry Marsh

Coast to Coast Walk maps – 190 miles (300km) between St Bees Head and Robin Hood's Bay. This booklet is included with the Cicerone guidebook to the trail, and shows the full route on OS 1:25K maps.

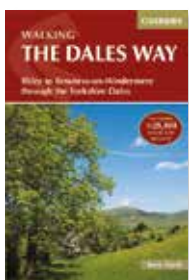
9781852849269 **May 2023**
104pp 172x116mm **£12.95**



The Coast to Coast Cycle Route
Carl McKeating, Rachel Crolla

Guide to the Sustrans Coast to Coast Cycle Route, a 140 mile sea-to-sea journey across northern England. Suitable for all bikes, the route is presented in 3 stages, with alternative start and finish options.

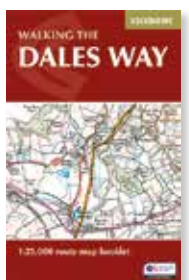
9781786311184 **Mar 2023**
128pp 172x116mm **£16.95**



Walking the Dales Way
Terry Marsh

Guidebook to walking the Dales Way, a picturesque 79 mile route from Ilkley to Bowness-on-Windermere, through the beautiful Yorkshire Dales. Described in both directions. Comes with 1:25K OS map booklet.

9781786310934 **Jul 2024**
176pp 172x116mm **£16.95**



The Dales Way Map Booklet
Terry Marsh

Map of the 79 mile Dales Way, a multi-day walk through the Yorkshire Dales between Ilkley and Bowness-on-Windermere. This booklet is included with the Cicerone guidebook and shows the full route on OS 1:25K maps.

9781786310941 **Sep 2023**
48pp 166x106mm **£7.95**

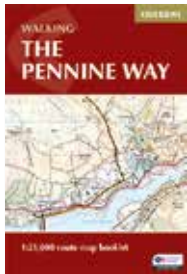


Walking the Pennine Way
Paddy Dillon

This 265 mile National Trail from Edale to Kirk Yetholm is described in 20 stages, and is suitable for most experienced long-distance walkers. Includes separate OS 1:25K map booklet of the route.

9781786311313 **Mar 2025**
256pp 172x116mm **£17.95**

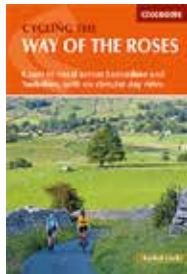




Walking the Pennine Way Map Booklet
Paddy Dillon

This compact booklet of OS 1:25K maps shows the full route of the 265 mile (426km) Pennine Way National Trail, providing all of the mapping you need.

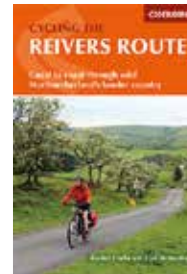
9781786311412 **Mar 2025**
136pp 172x116mm **£14.95**



Cycling the Way of the Roses
Rachel Crolla

A 170 mile coast to coast cycle route from Morecambe (Lancashire) to Bridlington (Yorkshire), across the north of England. Described in 3 days with alternative 4 and 5-day schedules.

9781852849122 **Aug 2023**
176pp 172x116mm **£14.95**



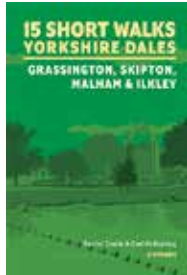
Cycling the Reivers Route
Carl McKeating, Rachel Crolla

A 173 mile (280km) coast-to-coast cycle route from Tynemouth to Whitehaven, exploring the border territory of northern England and Scotland. Suitable for cyclists of all abilities on hybrid or sturdy touring bikes.

9781852849108 **Jul 2021**
128pp 172x116mm **£11.95**



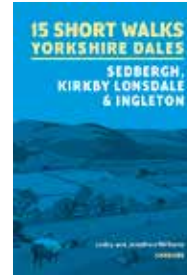
North-East England, Yorkshire Dales and Pennines



15 Short Walks in the Yorkshire Dales – Grassington, Skipton, Malham & Ilkley
Carl McKeating, Rachel Crolla

15 of the best short walks around Grassington, Skipton, Malham and Ilkley, with OS maps, clear route description, information on local beauty spots and refreshments.

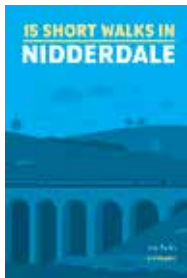
9781786312327 **Mar 2025**
96pp 172x116mm **£9.95**



15 Short Walks in the Yorkshire Dales – Sedburgh, Kirkby Lonsdale & Ingletton
Jonathan Williams, Lesley Williams

15 of the best short walks around Sedburgh, Kirkby Lonsdale and Ingletton, with OS maps, route description, information on beauty spots and refreshments.

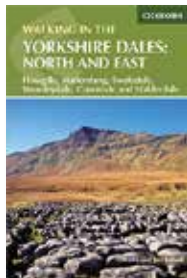
9781786312488 **May 2025**
96pp 172x116mm **£9.95**



15 Short Walks in Nidderdale
Jon Falls

15 of the best short walks around Nidderdale in the Yorkshire Dales, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

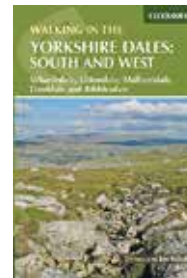
9781786311542 **May 2023**
96pp 172x116mm **£9.95**



Walking in the Yorkshire Dales: North and East
Dennis Kelsall

43 circular walks in the northern and eastern dales of the National Park. Covers the Howgills, Mallerstang, Swaledale, Wensleydale, Coverdale and Nidderdale.

9781852847982 **Mar 2022**
256pp 172x116mm **£12.95**



Walking in the Yorkshire Dales: South and West
Jan Kelsall, Dennis Kelsall

44 mostly circular routes of 3½ to 13 miles in Wharfedale, Littondale, Malhamdale, Dentdale and Ribblesdale, including the Three Peaks circuit.

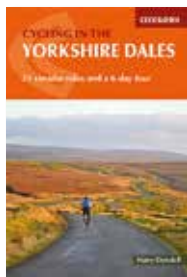
9781852848859 **Jun 2022**
256pp 172x116mm **£12.95**



Trail and Fell Running in the Yorkshire Dales
Pete Ellwood

Ranging from 5 to 24 miles, the 40 graded runs take in the region's diverse delights, from castles and waterfalls to iconic mountains such as Wharfedale, Ingleborough and Pen-y-ghent.

9781852849221 **Mar 2019**
240pp 172x116mm **£12.95**



Cycling in the Yorkshire Dales
Harry Dowdell

23 of the best circular day rides, plus Stage 1 of the 2014 Tour de France (Leeds to Harrogate) and a circular 200 mile, 6-stage 'La Vuelta a Dales'. Day rides range from 14 to 57 miles.

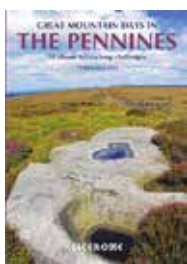
9781786310170 **Nov 2024**
272pp 172x116mm **£16.95**



Mountain Biking in the Yorkshire Dales
Ian Boydon

30 routes throughout this National Park, exploring all the best riding available. Routes cover all the major dales and two of the park's famous 'Three Peaks'. All routes graded by difficulty.

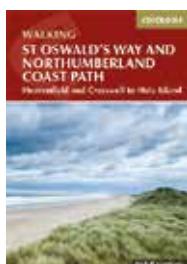
9781852846763 **Feb 2020**
224pp 172x116mm **£14.95**



Great Mountain Days in the Pennines
Terry Marsh

An inspirational and detailed guide to 50 classic expeditions on the rolling Pennines. Suitable for moderately adventurous walkers. Graded four-season routes.

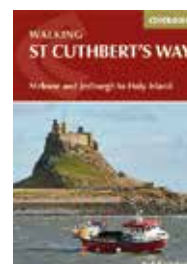
9781852846503 **Apr 2013**
256pp 240x170mm **£17.95**



Walking St Oswald's Way and Northumberland Coast Path
Rudolf Abraham

Described in easy stages, St Oswald's Way (97 miles) passes through the Northumberland National Park to Holy Island (Lindisfarne) on the Northumberland coast.

9781786311559 **Jun 2023**
136pp 172x116mm **£16.95**

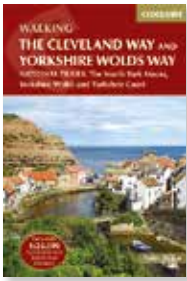


Walking St Cuthbert's Way
Rudolf Abraham

Described in easy stages, St Cuthbert's Way (62 miles) passes through the Northumberland National Park to finish at Holy Island.

9781786311566 **Sep 2023**
104pp 172x116mm **£16.95**



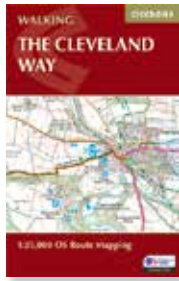


The Cleveland Way and Yorkshire Wolds Way

Paddy Dillon

Two National Trails plus the Tabular Hills Walk. Crossing the North York Moors National Park, the route has a mixture of coastal walking and quiet gentle countryside. With separate OS 1:25K map booklet.

9781786312211 Jun 2024
200pp 172x116mm £17.95

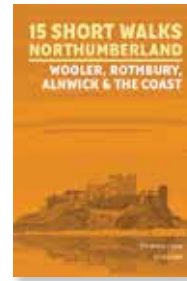


The Cleveland Way Map Booklet

Paddy Dillon

Map booklet of the Cleveland Way National Trail, a 177km (110 mile) walk around the North York Moors National Park. This compact booklet of OS 1:25K maps shows the full route.

9781786312228 Jun 2024
64pp 166x106mm £9.95



15 Short Walks in Northumberland: Wooler, Rothbury, Alnwick and the coast

Vivienne Crow

15 of the best short walks around Wooler, Rothbury, Alnwick and the Northumberland coast, with OS maps, route description, information on beauty spots and refreshments, and lots of images.

9781786312013 Jul 2024
96pp 172x116mm £9.95

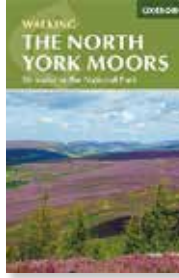


Walking in Northumberland

Vivienne Crow

36 graded walks of 4 to 14 miles, from the beautiful coast with its immense, empty beaches and dramatic, crag-top castles to the remote hills of the Cheviots and Pennines. Includes Hadrian's Wall, Lindisfarne and Kielder.

9781852849009 Nov 2023
216pp 172x116mm £14.95

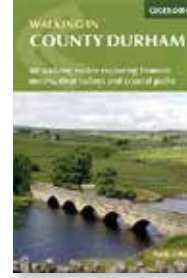


The North York Moors

Paddy Dillon

50 varied walks ranging from short and easy low-level valley walks to coastal cliff walks and long, strenuous routes across the high moors, including the Lyke Wake Walk.

9781852849511 Jul 2024
264pp 172x116mm £14.95

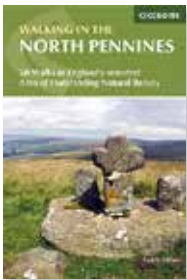


Walking in County Durham

Paddy Dillon

40 day walks across County Durham. Walks range from 5 to 24km and show off the region's history and natural wonders. The terrain covers field paths and open moorlands, from the North Sea to the high Pennines.

9781786311375 Oct 2022
200pp 172x116mm £14.95



Walking in the North Pennines

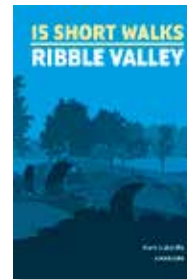
Paddy Dillon

50 day walks across England's remotest AONB taking in parts of Cumbria, County Durham and Northumberland. Mostly circular routes ranging from 5 to 14 miles.

9781852849054 Feb 2021
256pp 172x116mm £12.95



North-West England and The Isle of Man

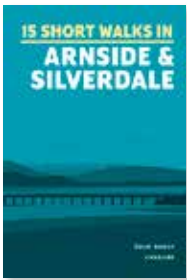


15 Short Walks in the Ribble Valley

Mark Sutcliffe

15 of the best short walks around the Ribble Valley, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786312365 Jan 2025
96pp 172x116mm £9.95



15 Short Walks in Arnside and Silverdale

David Jordan

15 of the best short walks around Silverdale and Arnside, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311580 Mar 2023
96pp 172x116mm £9.95

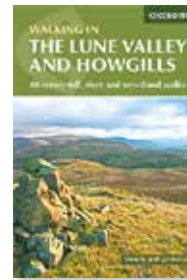


Walking in Lancashire

Mark Sutcliffe

40 walks for all seasons exploring the dales, moors, uplands and coast, including Morecambe Bay, Forest of Bowland, Ribble Valley and the West Pennine Moors. Walks within easy reach of Preston, Blackburn, Burnley, Lancaster and Clitheroe.

9781786310033 Mar 2023
176pp 172x116mm £12.95

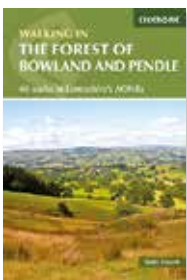


The Lune Valley and Howgills

Jan Kelsall, Dennis Kelsall

40 walks, from 3 to 11 miles, exploring the Lune Valley and Howgill Fells, set mainly within the Yorkshire Dales National Park and the AONBs of Bowland and Arnside and Silverdale.

9781852849160 Nov 2021
208pp 172x116mm £12.95

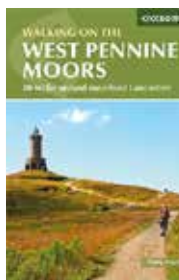


Walking in the Forest of Bowland and Pendle

Terry Marsh

40 circular walks in two of Lancashire's largest AONBs. Includes Ward's Stone, Pendle Hill, Longridge Fell and Fair Snape Fell.

9781852845155 Jul 2022
176pp 172x116mm £11.95

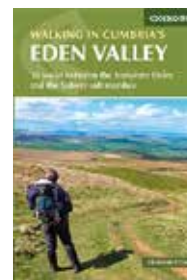


Walking on the West Pennine Moors

Terry Marsh

30 walks including both short and easy country rambles and more challenging routes. Easily accessible from Blackburn, Darwen, Chorley and Bolton.

9781852845803 May 2022
176pp 172x116mm £12.95



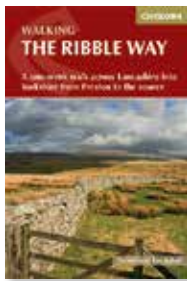
Walking in Cumbria's Eden Valley

Vivienne Crow

30 graded walks, from 3 to 15 miles, from bases such as Kirkby Stephen and Appleby, explore diverse landscapes offering dramatic views of the Pennines, Lake District and Scotland.

9781852849016 Oct 2018
184pp 172x116mm £12.95

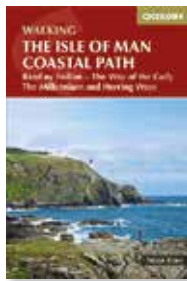




Walking the Ribble Way
Jan Kelsall, Dennis Kelsall

A 72 mile long-distance route along the Ribble valley, from the estuary mouth, near Preston, to the river's source on Cam Fell in the Yorkshire Dales.

9781786310910 **Jun 2023**
112pp 172x116mm **£16.95**



Isle of Man Coastal Path
Aileen Evans

The 98 mile Way of the Gull (Raad ny Foillan) is described in 9 stages featuring beaches, glens, moorland and rugged sea cliffs, and can be walked within a week. The Millennium Way and the Herring Way (Bayr ny Skeddán) are also described.

9781852848798 **Apr 2018**
160pp 172x116mm **£12.95**



Walking on the Isle of Man
Terry Marsh

A guide to 40 accessible walks from 2 to 22km, covering moorlands, peaks (especially Snaefell), glens, coastal walks, beaches and cliffs.

9781786310927 **May 2023**
176pp 172x116mm **£14.95**



The Lancashire Cycleway
Jon Sparks

The Lancashire Cycleway has two distinct loops of 130 miles (225km) crossing at Whalley; cycle a loop in a weekend or do the whole cycleway. Visits Morecambe Bay, the Bowland Fells and the West Pennine Moors.

9781852848491 **Feb 2017**
192pp 172x116mm **£12.95**



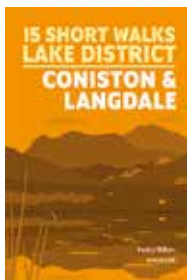
Cycling the Pennine Bridleway
Keith Bradbury

Describes the 144km Yorkshire Dales section of the Pennine Bridleway, plus 11 graded circular loops to give a total of over 250 miles of trail riding.

9781852846558 **Feb 2017**
208pp 172x116mm **£15.95**



Lake District



15 Short Walks Lake District – Conistone and Langdale
Paddy Dillon

15 of the best short walks with no challenging terrain or complicated navigation around Conistone and Langdale.

9781786311979 **Jan 2024**
96pp 172x116mm **£9.95**



15 Short Walks in the Lake District: Keswick, Borrowdale and Buttermere
Vivienne Crow

15 of the best short walks with no challenging terrain or complicated navigation around Keswick, Borrowdale and Buttermere.

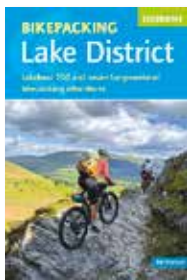
9781786312020 **Jan 2024**
96pp 172x116mm **£9.95**



15 Short Walks in the Lake District: Windermere, Ambleside and Grasmere
Jonathan Williams, Lesley Williams

15 of the best short walks with no challenging terrain or complicated navigation around Windermere, Ambleside and Grasmere.

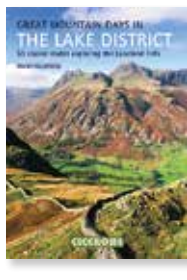
9781786311528 **Jan 2023**
96pp 172x116mm **£9.95**



Bikepacking in the Lake District
Edward Hunton

Eight challenging bikepacking routes, of 2–5 days, in the Lake District, including the Lakeland 200, taking in iconic passes and road climbs. Suitable for experienced MTB and gravel-bike riders.

9781786311177 **Aug 2023**
176pp 172x116mm **£16.95**



Great Mountain Days in the Lake District
Mark Richards

An inspirational and detailed guide to 50 expeditions on the high fells of Lakeland. Suitable for moderately adventurous walkers. Graded, four-season routes.

9781852845162 **May 2022**
288pp 240x170mm **£18.95**



Joss Naylor's Lakes, Meres and Waters of the Lake District
Vivienne Crow, Joss Naylor

Legendary fell runner Joss Naylor reflects on his record-breaking 1983 run. Interweaving tales of past and present, Naylor regales his 1983 epic during a re-walk 37 years later. Inspiring, with practical information.

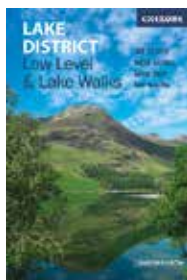
9781786310873 **Nov 2021**
160pp 240x220mm **£19.95**



Lake District: High Level and Fell Walks
Vivienne Crow

30 graded fell walks, including classic horseshoe routes and both traditional and unusual ascents of the iconic Lake District fells, as well as well-trodden routes onto the quieter summits.

9781786312266 **Feb 2024**
208pp 172x116mm **£12.95**



Lake District: Low Level and Lake Walks
Vivienne Crow

30 easy-to-follow, graded walks. From delightful woods and sparkling tarns, to valleys towered over by craggy mountains. The walks described seek out the best walking at a lower, easier level.

9781786312273 **Oct 2024**
192pp 172x116mm **£12.95**

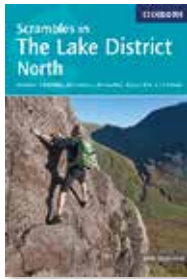


Outdoor Adventures with Children – Lake District
Carl McKeating, Rachel Crolla

Outdoor adventures in the Lake District with children under 12, including walking, cycling, orienteering, paddling, boating, hosting and more. Graded activities for families.

9781852849566 **Nov 2021**
224pp 172x116mm **£12.95**





Scrambles in the Lake District – North

John Fleetwood

100 scrambling routes covering the northern Lake District, including Wasdale, Buttermere, Patterdale and Blencathra. Routes range from grade 1 to V Diff. With advice on equipment and safety.

9781786310460

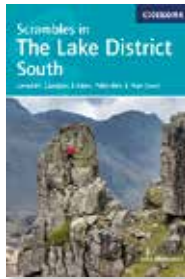
May 2021

280pp 172x116mm

£18.95



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Scrambles in the Lake District – South

John Fleetwood

106 scrambling routes climbing the rocks and ghylls of the southern English Lake District, including Langdale, Conistone and Eskdale. Routes range from grade 1 to V Diff. With advice on equipment and safety.

9781786310453

Jan 2021

256pp 172x116mm

£18.95



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Trail and Fell Running in the Lake District

Kingsley Jones

40 of the best trail, fell and skyrunning routes in the Lake District, plus race recces including Tour of Helvellyn, Langdale and Borrowdale. With races, training notes and the history of fell running.

9781852848804

Nov 2020

240pp 172x116mm

£14.95



9 781852 848804



Walking The Cumbria Way

John Gillham

An easy 73 mile long-distance walk from Ulverston to Carlisle, on mostly low-level terrain but with optional mountain days to climb some of the famous fells en route.

9781786311337

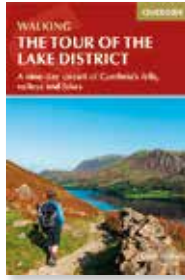
Jun 2024

136pp 172x116mm

£16.95



9 781786 311337



Walking The Tour of the Lake District

Lesley Williams

A 145km (90 mile) circular walking route from Ambleside around the Lake District National Park, visiting all the main valleys and local centres. Described in 9 stages, with 5 high-level alternatives.

9781786310491

Feb 2024

152pp 172x116mm

£16.95



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Walking the Lake District Fells – Keswick

Mark Richards

A wide range of routes to 30 Lakeland summits that can be climbed from Keswick, Whinlatter, Bassenthwaite, Caldbeck, Mungrisdale and Threlkeld, with highlights including Skiddaw and Blencathra.

9781786310378

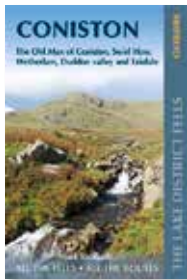
Jun 2024

280pp 172x116mm

£16.95



9 781786 310378



Walking the Lake District Fells – Conistone

Mark Richards

A wide range of routes to 24 Lakeland summits that can be climbed from Conistone, Torver, the Duddon valley and the Birker Fell road, with highlights including Conistone Old Man, Swirl How, Wetherlam and Black Combe.

9781786310392

Feb 2021

240pp 172x116mm

£14.95



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Walking the Lake District Fells – Langdale

Mark Richards

A wide range of routes to 25 Lakeland summits accessed from the Great Langdale valley, Ambleside and Grasmere, including Scafell Pike and Helm Crag. Includes suggestions for longer ridge routes.

9781786310323

Oct 2023

248pp 172x116mm

£16.95



9 781786 310323



Walking the Lake District Fells – Wasdale

Mark Richards

A wide range of routes to 25 Lakeland summits and connecting ridge routes from the Wasdale, Eskdale and Ennerdale valleys, including Scafell Pike, Great Gable and Pillar.

9781786310316

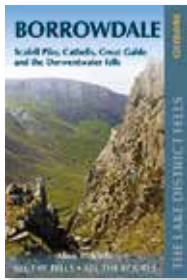
Jan 2024

256pp 172x116mm

£16.95



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Walking the Lake District Fells – Borrowdale

Mark Richards

A wide range of routes to 28 Lakeland summits that can be climbed from the Borrowdale and Thirlmere valleys, with highlights including Catbells, and Scafell Pike. Includes suggestions for longer ridge routes.

9781786310385

Feb 2021

288pp 172x116mm

£14.95



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Walking the Lake District Fells – Buttermere

Mark Richards

A wide range of routes to 32 Lakeland summits that can be climbed from the Buttermere, Lorton and Newlands valleys, with highlights including Haystacks, High Stile and Grasmoor.

9781786310361

Oct 2020

280pp 172x116mm

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Walking the Lake District Fells – Mardale and the Far East

Mark Richards

A wide range of routes to 36 Lakeland summits that can be climbed from the Ullswater, Haweswater, Troutbeck, Kentmere and Longsleddale valleys, including High Street, Place Fell and the Kentmere fells.

9781786310354

Mar 2020

320pp 172x116mm

£14.95



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Walking the Lake District Fells – Patterdale

Mark Richards

A wide range of routes to 35 Lakeland summits that can be climbed from Ambleside, Grasmere, Patterdale and Thirlmere and Ullswater valleys, including Helvellyn. Includes suggestions for longer ridge routes.

9781786310347

Mar 2020

280pp



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Cycling in the Lake District

Richard Barrett

The 179km/112 mile Fred Whitton Challenge and an alternative 5-day cycle tour of the Lake District, as well as 15 tough day rides throughout the National Park.

9781786311887

Mar 2024

208pp 172x116mm

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Mountain Biking in the Lake District

Ian Boydon

24 original and exciting graded routes throughout the national park for riders of all abilities, including a full circumnavigation of Windermere.

9781852846442

Nov 2021

192pp 172x116mm

£14.95



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Lake District Winter Climbs

Brian Davison

The best winter climbing routes in the Lake District. Nearly 1000 winter climbs in every part of the national park. Published with the Fell and Rock Club.

9781852847166

Nov 2012

464pp 172x116mm

£20.00



Derbyshire, Peak District and Midlands



15 Short Walks in the Peak District – Bakewell and the White Peak

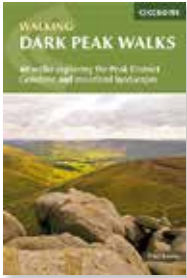
Andrew McCloy

15 of the best short walks around Bakewell and the White Peak, with OS maps, clear route description, local information on local beauty spots and refreshments. No challenging terrain or complicated navigation.

9781786312570

Apr 2025

96pp



Dark Peak Walks

Paul Besley

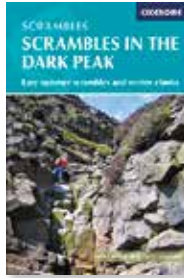
40 walks: 35 circular routes (8 to 19km) and 5 longer routes (25 to 45km) around Edale, Marsden, Fairholmes, Baslow and Castleton, including Kinder Scout and Mam Tor.

9781852845193

Nov 2024

224pp 172x116mm

£14.95



Scrambles in the Dark Peak

Tom Corker, Terry Sleaford

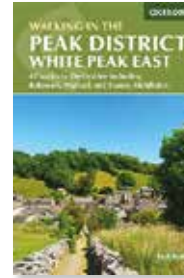
41 graded scrambles in the Dark Peak and Roaches areas of the Peak District, most of which can be done year round. Includes Kinder Scout, the Wilderness Gullies and Bleaklow.

9781786310163

Sep 2021

192pp 172x116mm

£12.95



Walking in the Peak District – White Peak East

Paul Besley

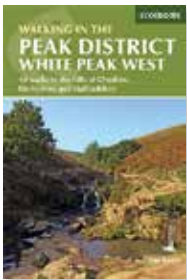
42 half-day and day walks in the limestone landscapes of Derbyshire's White Peak, part of the Peak District National Park. With walks from Bakewell, Eyam, Castleton, Birchover, Matlock and Wirksworth.

9781852849764

Oct 2022

232pp 172x116mm

£12.95



Walking in the Peak District – White Peak West

Paul Besley

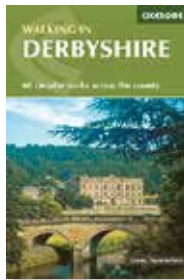
40 day walks in Derbyshire's White Peak, part of the Peak District National Park. This book covers the west of the region and potential bases include Buxton, Hartington, Thorpe, Ashbourne, Cheddleton and Winster.

9781852849771

Aug 2021

224pp 172x116mm

£12.95



Walking in Derbyshire

Elaine Burkinshaw

60 walking routes centred around Derbyshire's history, taking walkers past remnants of ancient settlements and to visit market towns, mines, castles and country houses.

9781852846336

Sep 2024

288pp 172x116mm

£14.95



Cycling in the Peak District

Chiz Dakin

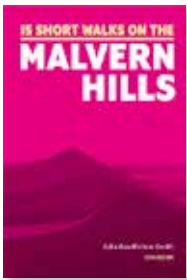
20 day routes and one multi-day cycle tour of the Peak District using minor roads, towpaths and tracks, suitable for road and trail bikes.

9781852848781

Sep 2021

232pp 172x116mm

£12.95



15 Short Walks on the Malvern Hills

Julia Goodfellow-Smith

15 of the best short walks in the Malvern Hills, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311399

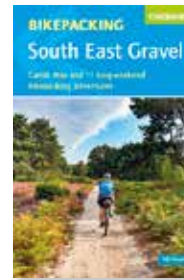
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88pp 172x116mm

£9.95



Southern England



Bikepacking – South East Gravel

Edward Hunton

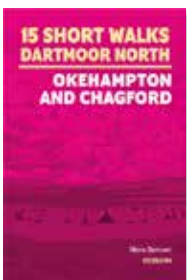
12 of the best gravel bikepacking routes in the South and East, including the Cantii Way, exploring forest tracks, bridleways and lanes over 1–3 days. Suitable for beginner and experienced MTB and gravel-bike riders.

9781786312372

May 2025

176pp 172x116mm

£16.95



15 Short Walks on Dartmoor North – Okehampton and Chagford

Steve Davison

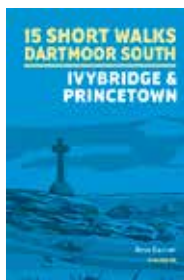
15 of the best short walks around northern Dartmoor, with OS maps, clear route description, information on local beauty spots and refreshments. No challenging terrain or complicated navigation.

9781786311917

Jan 2025

96pp 172x116mm

£9.95



15 Short Walks on Dartmoor South – Ivybridge and Princetown

Steve Davison

15 of the best short walks with no challenging terrain or complicated navigation around Ivybridge, Princetown and southern Dartmoor.

9781786311924

Oct 2024

96pp 172x116mm

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15 Short Walks on Exmoor

Steve Davison

15 of the best short walks on Exmoor, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

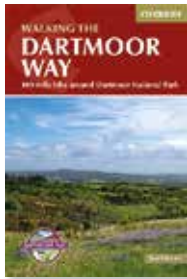
9781786311900

Oct 2024

96pp 172x116mm

£9.95

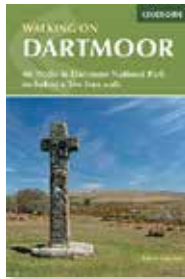




Walking the Dartmoor Way
Sue Viccars

Guide to the Dartmoor Way, a waymarked 175km (109 mile) circular walking route around the edge of Devon's beautiful Dartmoor. 10 stages plus the 2-stage High Moor Link.

9781786311153 **May 2023**
200pp 172x116mm **£16.95**



Walking on Dartmoor
Steve Davison

39 graded day walks in the Dartmoor National Park and its surrounding area, plus a two-day Ten Tors challenge. Routes vary in length and difficulty and visit local high points and sites of interest.

9781786311085 **Apr 2023**
256pp 172x116mm **£14.95**



15 Short Walks in Cornwall: Land's End and Penzance
Phil Turner

15 of the best short walks around Land's End and Penwith, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311740 **Jun 2024**
96pp 172x116mm **£9.95**



15 Short Walks in Cornwall: Falmouth and the Lizard
Phil Turner

15 of the best short walks with no challenging terrain or complicated navigation around Falmouth and the Lizard.

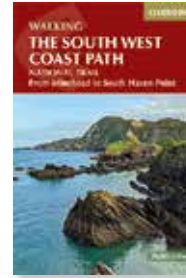
9781786311733 **Apr 2024**
96pp 172x116mm **£9.95**



15 Short Walks in Cornwall - Newquay and the North Coast
Phil Turner

15 of the best short walks with no challenging terrain or complicated navigation around Newquay and the North Coast.

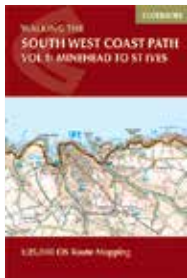
9781786312471 **Jul 2025**
96pp 172x116mm **£9.95**



Walking the South West Coast Path
Paddy Dillon

A 630 mile national trail from Minehead to Poole along the north Devon, Cornish, south Devon and Dorset coastline. Divided into 45 stages, this route could be completed within 4 weeks, or walked in sections.

9781786310682 **Oct 2023**
352pp 172x116mm **£17.95**



South West Coast Path Map Booklet - Vol 1: Minehead to St Ives
Paddy Dillon

Convenient and compact booklet of OS 1:25K maps of the northern section of the 630 mile South West Coast Path National Trail. Covers the trail from Minehead to St Ives.

9781786312181 **Jun 2024**
112pp 172x116mm **£12.95**



South West Coast Path Map Booklet - Vol 2: St Ives to Plymouth
Paddy Dillon

Convenient and compact booklet of OS 1:25K maps to part of the southern section of the 630 mile South West Coast Path National Trail. Covers the trail from St Ives to Plymouth.

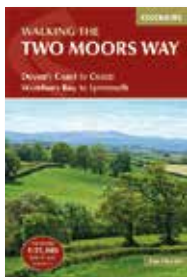
9781786312785 **Mar 2025**
88pp 172x116mm **£12.95**



South West Coast Path Map Booklet - Vol 3: Plymouth to Poole
Paddy Dillon

Convenient and compact booklet of OS 1:25K maps of part of the southern section of the 630 mile South West Coast Path National Trail. Covers the trail from Plymouth to Poole.

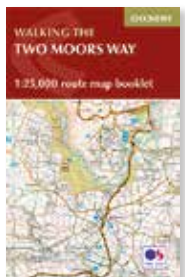
9781786312006 **Sep 2023**
112pp 172x116mm **£12.95**



The Two Moors Way
Sue Viccars

A 117 mile route incorporating the Two Moors Way and a section of the Erme-Plym Trail, from Wembury Bay in the south to Lynmouth, passing through Dartmoor and Exmoor. Includes an OS 1:25K map booklet.

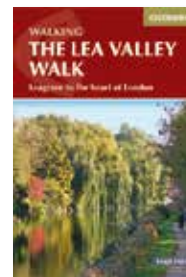
9781852849917 **May 2022**
216pp 172x116mm **£16.95**



Two Moors Way Map Booklet
Sue Viccars

Map booklet for Devon's Coast to Coast, a 117 mile route incorporating the Two Moors Way and a section of the Erme-Plym Trail. This booklet shows the full route on OS 1:25K maps and is included with the Cicerone guide.

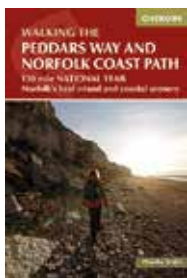
9781786310071 **Feb 2019**
72pp 166x106mm **£7.95**



The Lea Valley Walk
Leigh Hatts

A 53 mile walk, split into 9 stages, following the River Lea from its source at Leagrave to East India Dock or Limehouse in London, where it joins the Thames Path.

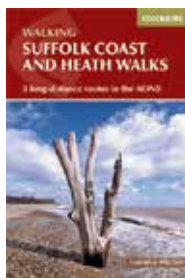
9781852847746 **Jan 2021**
144pp 172x116mm **£12.95**



The Peddars Way and Norfolk Coast Path
Phoebe Smith

An easy 130 mile (1-week) route combining the best of inland and coastal walking, from near Thetford to Hopton-on-Sea via Hunstanton. Ideal for people new to long-distance walks.

9781852847500 **May 2019**
152pp 172x116mm **£12.95**



Suffolk Coast and Heath Walks
Laurence Mitchell

3 long-distance walks in 1 AONB - the Suffolk Coast Path (Lowestoft to Felixstowe), the Stour and Orwell Walk (Felixstowe to Cattawade) and the Sandlings Walk (Ipswich to Southwold).

9781852848705 **Sep 2021**
176pp 172x116mm **£12.95**

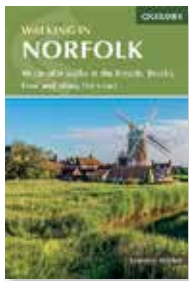


15 Short Walks in Norfolk - Broads and Coast
Laurence Mitchell

15 of the best short walks with no challenging terrain or complicated navigation around Norfolk - Broads and Coast.

9781786312457 **Jun 2025**
96pp 172x116mm **£9.95**

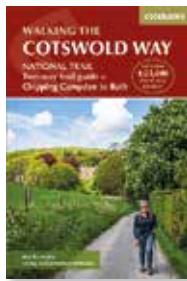




Walking in Norfolk
Laurence Mitchell

40 easy to moderate 4 to 12 mile circular walks featuring a spectacular coastline of sand dunes, saltmarsh and tidal creeks, the Norfolk Broads and the big-sky country of the Fens.

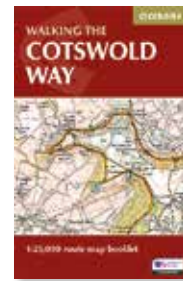
9781786311801 Nov 2023
216pp 172x116mm £14.95



The Cotswold Way
Kev Reynolds, Jonathan Williams

102 mile national trail, described in both directions over 13 stages, through the Cotswolds AONB between Chipping Campden and Bath. Includes an OS 1:25K map booklet.

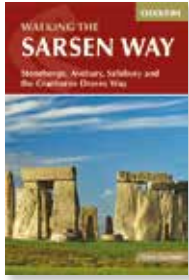
9781786312105 Feb 2024
144pp 172x116mm £17.95



The Cotswold Way Map Booklet
Kev Reynolds

This compact booklet of OS 1:25K maps shows the full route of the 102 mile (163km) Cotswold Way National Trail, providing all of the mapping you need. Included with the guidebook.

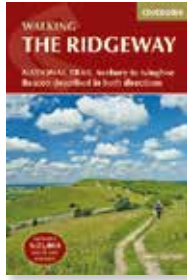
9781786312112 Feb 2024
48pp 166x106mm £9.95



Walking the Sarsen Way
Steve Davison

79km route from Coate Water Park to Salisbury and 28km route from Salisbury to Wessex Ridgeway at Win Green. Suggested 2-8 day itineraries, OS maps, accommodation options, and reverse route descriptions.

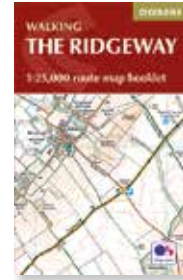
9781786311269 May 2024
120pp 172x116mm £14.95



The Ridgeway National Trail
Steve Davison

An 87 mile (139km) route from Avebury in Wiltshire to Ivinghoe Beacon in Buckinghamshire. Described in both directions. Includes an OS 1:25k map booklet.

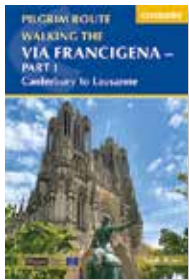
9781852848743 Nov 2022
208pp 172x116mm £16.95



The Ridgeway Map Booklet
Steve Davison

This compact booklet of OS 1:25K maps shows the full route of the 87 mile (139km) Ridgeway National Trail, providing all of the mapping you need. Included with the guidebook.

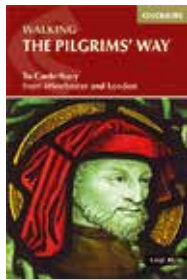
9781852849351 Feb 2025
56pp 166x106mm £7.95



Walking the Via Francigena Pilgrim Route – Part 1
The Reverend Sandy Brown

The first 1090km, from Canterbury to Lausanne, passing through England, France (Nord-Pas-de-Calais, Picardie, Champagne-Ardenne and Franche-Comte) and Switzerland to finish by Lake Geneva. Described in 52 stages.

9781852848842 Feb 2023
304pp 172x116mm £18.95



The Pilgrims' Way
Leigh Hatts

138 mile walk from Winchester in Hampshire to Canterbury in Kent, through wood and farmland, with views across the Weald. Divided into stages of about 10 miles.

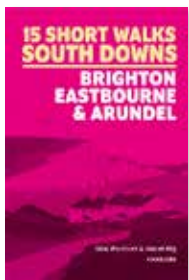
9781852847777 Aug 2024
208pp 172x116mm £14.95



15 Short Walks in the Surrey Hills
Jacint Mig, Nike Werstroh

15 of the best short walks around Guildford, Dorking and south Surrey, with OS maps, clear route description, information on local beauty spots and refreshments. No challenging terrain or complicated navigation.

9781786311535 Jan 2023
96pp 172x116mm £9.95



15 Short Walks in the South Downs: Brighton, Eastbourne and Arundel
Jacint Mig, Nike Werstroh

15 of the best short walks with no challenging terrain or complicated navigation around Brighton, Eastbourne and Arundel.

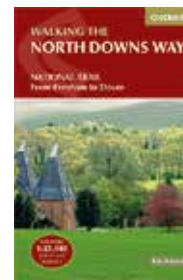
9781786312037 Mar 2024
96pp 172x116mm £9.95



Walks in the South Downs National Park
Kev Reynolds

40 circular walks (5 to 11 miles) throughout the South Downs National Park, between Eastbourne and Winchester. Walks include Beachy Head and the Seven Sisters and hundreds of prehistoric sites.

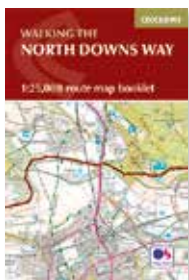
9781786312259 May 2024
224pp 172x116mm £14.95



The North Downs Way
Kev Reynolds

130 mile (208km) National Trail through pleasant countryside between Farnham and Dover, with an optional visit to Canterbury. The walk is described over 11 stages. Includes an OS 1:25K map booklet.

9781852848613 Sep 2024
144pp 172x116mm £17.95



North Downs Way Map Booklet
Kev Reynolds

This compact booklet of OS 1:25K maps shows the full route of the 130 mile (208km) North Downs Way National Trail, providing all of the mapping you need. Included with the guidebook.

9781852849559 Sep 2024
96pp 172x116mm £9.95



Mountain Biking on the North Downs
Peter Edwards

20 routes and 59km linking the North Downs Way with the South Downs Way, covering many of the finest trails. All graded by difficulty and illustrated with OS maps and height profiles.

9781852847029 Mar 2014
208pp 172x116mm £14.95

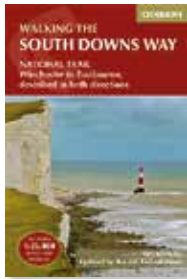


Mountain Biking on the South Downs
Peter Edwards

A fantastic selection of 26 off-road routes throughout the national park, including a 3-day South Downs National Trail route, using byways and bridleways. Graded by length and difficulty.

9781852846459 Apr 2023
240pp 172x116mm £17.95



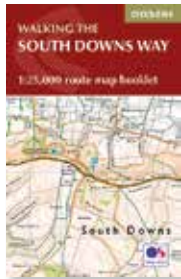


The South Downs Way

Kev Reynolds, Richard Moon

A 100 mile (160km) route between Winchester and Eastbourne through the South Downs National Park, described in both directions over 12 stages. A good introduction to long-distance walking. Includes OS 1:25K map booklet.

9781786311610 Jun 2023
200pp 172x116mm £17.95

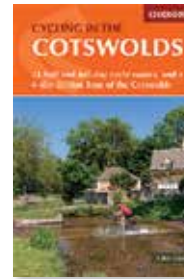


The South Downs Way Map Booklet

Kev Reynolds, Richard Moon

This compact booklet of OS 1:25K maps shows the full route of the 100 mile (160km) South Downs Way National Trail, providing all of the mapping you need. Included with the guidebook.

9781786311658 Jun 2023
64pp 166x106mm £12.95

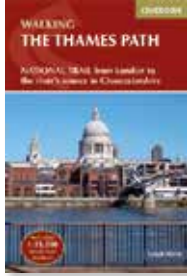


Cycling in the Cotswolds

Chiz Dakin

21 day routes and a 4-day 200km tour showcase the best cycling throughout the Cotswolds AONB, mainly using quiet lanes, canal paths and bridleways, with some challenges.

9781852847067 Nov 2017
208pp 172x116mm £12.95

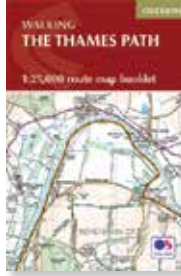


The Thames Path

Leigh Hatts

Easy 182 mile (2-week) riverside National Trail from the Woolwich Foot Tunnel passing through Windsor and rural countryside to the river's source in Gloucestershire. With 1:25K OS map booklet.

9781786311481 Apr 2023
224pp 172x116mm £17.95



The Thames Path Map Booklet

Leigh Hatts

This compact booklet of OS 1:25K maps shows the full route of the 182 mile (290km) Thames Path National Trail, providing all of the mapping you need. Included with the guidebook.

9781786311498 Oct 2023
96pp 172x116mm £12.95



20 Classic Sportive Rides in South East England

Colin Dennis

20 graded routes on quiet, cycle-friendly roads between Kent, Oxford and the New Forest. Routes can be mixed and matched for sportive training.

9781852847432 Mar 2015
128pp 172x116mm £12.95



20 Classic Sportive Rides in South West England

Colin Dennis

20 graded routes in south-west England, a challenging and scenic area that boasts miles of quiet, cycle-friendly roads. Routes can be mixed and matched for sportive training.

9781852847449 May 2015
128pp 172x116mm £12.95



Walking Hampshire's Test Way

Malcolm Leatherdale

The 71km (44 mile) Test Way in Hampshire from Inkpen Beacon to the Eling Tide Mill near Southampton, following the crystal clear River Test. Also includes 15 day walks.

9781852849535 Aug 2021
160pp 172x116mm £12.95

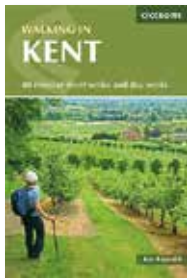


Walking in Essex

Peter Aylmer

25 day walks ranging from 4 to 17 miles, plus a full description of the 96 mile 'Across Essex' route, incorporating the Essex Way and a traverse of Epping Forest.

9781786310224 Feb 2023
208pp 172x116mm £14.95



Walking in Kent

Kev Reynolds

40 walks in west Kent and the Weald and north and east Kent, including the Kent Downs and the Greensand Hills. Walks of 5 to 9 miles explore rivers, coastline, countryside and historic villages.

9781852848620 Apr 2024
240pp 172x116mm £14.95



Walking in London

Peter Aylmer

25 walks in London's green spaces and nature reserves, covering both the city centre and Greater London area. With information about some of the species you might encounter, as well as conservation.

9781786311467 Aug 2023
200pp 172x116mm £14.95

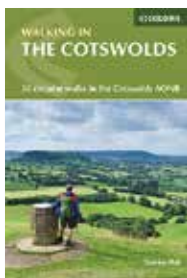


Walking in the Chilterns

Steve Davison

35 walks in the chalk hills and ancient woodlands from Reading and the Thames valley through Oxfordshire, Buckinghamshire and Hertfordshire to Luton. Walks range from 4 to 12 miles.

9781786310187 Aug 2021
224pp 172x116mm £12.95

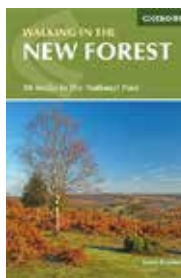


Walking in the Cotswolds

Damian Hall

30 walks including 14 circular routes on the Cotswold Way National Trail. Ranging from 4 to 12 miles, the walks cover valley and hill country, with superb views and delightful villages.

9781852848330 Jan 2024
176pp 172x116mm £14.95

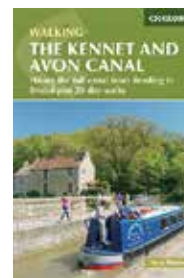


Walking in the New Forest

Steve Davison

30 walks of between 3 and 10 miles set throughout the New Forest National Park. Explore ancient woodland, heather-clad heath and dramatic coastline. Walks for all abilities, easily combined to create longer challenges.

9781852848774 May 2021
208pp 172x116mm £12.95



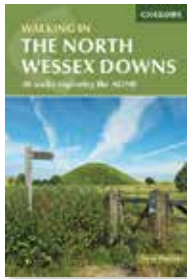
The Kennet and Avon Canal

Steve Davison

From Reading to Bristol (94 miles) in 7 stages of fairly easy walking, visiting Bath and Bristol's Floating Harbour. 20 circular walks also included, ranging from 4¼ to 9 miles.

9781786312303 Aug 2024
208pp 172x116mm £14.95



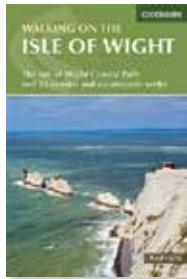


Walking in the North Wessex Downs

Steve Davison

30 walking routes exploring the North Wessex Downs AONB. The routes cover four counties: Berkshire, Hampshire, Wiltshire and Oxfordshire, with walks to reach the highest point in each one.

9781786311108 Nov 2021 £12.95



Walking on the Isle of Wight

Paul Curtis

32 walking routes, from 4 to 18 miles long, exploring forest trails and downland, and visiting Yarmouth, Cowes and Ventnor. Includes a complete circuit of the island's coast.

9781852848736 Jun 2024 £14.95

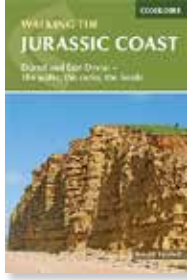


15 Short Walks Winchester

Malcolm Leatherdale

15 of the best short walks around Winchester, with OS maps, clear route description, information on local beauty spots and refreshments, and lots of images. No challenging terrain or complicated navigation.

9781786311641 Sep 2023 £9.95

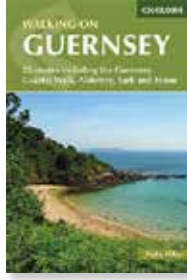


Walking the Jurassic Coast

Ronald Turnbull

30 walks on the Jurassic Coast of Devon and Dorset, between Exmouth and Bournemouth. Including both coastal and some inland areas, the routes range from 3 to 16 miles and explore the spectacular geology, which is clearly explained.

9781852847418 Jan 2024 £14.95

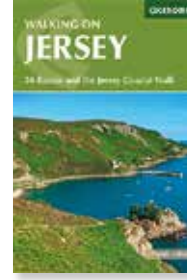


Walking on Guernsey

Paddy Dillon

25 short easy walks on the Channel Islands of Guernsey, Alderney, Sark and Herm, including the Guernsey Coastal Walk. With notes on travel, accommodation and the islands' fascinating history.

9781786311306 Jun 2023 £14.95

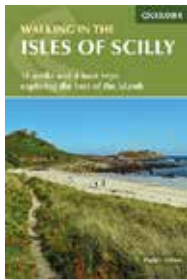


Walking on Jersey

Paddy Dillon

24 short easy walks exploring Jersey's excellent coastline and countryside, with historical and scenic interest. Walks can be combined to make longer routes, including the Jersey Coastal Walk.

9781786311030 Jul 2024 £14.95



Walking in the Isles of Scilly

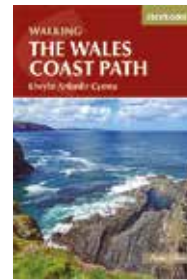
Paddy Dillon

A guide to 11 day walks (from 2.5 to 16km) and 4 boat trips on and around the Scilly Isles, which enjoy a mild climate, rich birdlife and wildflowers.

9781786311047 Apr 2022 £8.95



Wales and Welsh Borders

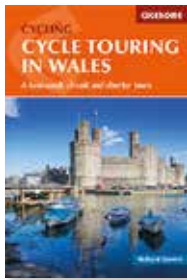


Walking the Wales Coast Path

Paddy Dillon

The entire 1400km (870 mile) Wales Coast Path, from Chester to Chepstow. Described in 57 stages, it leads through 2 national parks and numerous AONBs.

9781786310668 Jun 2024 £17.95



Cycle Touring in Wales

Richard Barrett

A circuit of Wales – perfect for a 2-week trip – plus 6 cross routes, which range from 45 to 73 miles and can be completed as day or weekend rides, or used to create shorter versions of the main circuit.

9781852849887 Jun 2019 £12.95



Cycling Lon Las Cymru

Richard Barrett

Lôn Las Cymru is a 255 mile (410km) route from Cardiff, or 242 miles (390km) from Chepstow to Holyhead, through Wales' rural heartland. It can be completed in 4 to 7 days, using quiet roads and traffic-free paths.

9781852849870 Aug 2024 £14.95

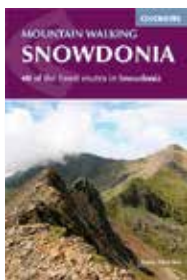


Great Mountain Days in Snowdonia

Terry Marsh

An inspirational guide to 40 graded walks within the Snowdonia National Park. Some routes include mild scrambling and all encourage exploration and adventure.

9781852845810 May 2017 £18.95



Mountain Walking in Snowdonia

Terry Fletcher

40 of Snowdonia's best day walks, from exposed scrambles to sheltered river and forest walks. Includes a 2-day traverse of all 15 of Snowdonia's 3000ft peaks.

9781852847678 Jan 2025 £14.95

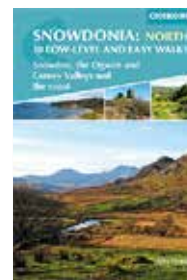


Scrambles in Snowdonia

Carl McKeating, Rachel Crolla

Revised edition of Steve Ashton's classic guide with 80 graded scrambles, including the Snowdon Horseshoe, North Ridge of Tryfan, Bristly Ridge and the Cneifion and Cyfrwy Aretes. Contains photo topos.

9781786311368 Nov 2024 £16.95



Snowdonia: 30 Low-level and Easy Walks - North

Alex Kendall

30 mostly low-level walks on clear paths to showcase the region's beautiful scenery. Covers the Snowdon area, the Ogwen and Conwy valleys, Betws-y-Coed, Beddgelert, Ffestiniog and the coast.

9781852849849 Jul 2019 £9.95



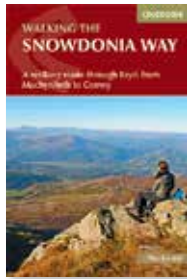


Snowdonia: 30 Low-level and Easy Walks – South

Alex Kendall

30 mostly low-level walks on clear paths to showcase the region's beautiful scenery. Covers Trawsfynydd, Bala, Dolgellau, Machynlleth, the Harlech Coast and the valleys of the Mawddach and Dyfi.

9781852849856 Sep 2020
168pp 172x116mm £9.95



The Snowdonia Way

Alex Kendall

Machynlleth to Conwy through Eryri (Snowdonia) National Park. A low-level route of 97 miles (6 to 8 stages) includes the Ogwen Valley. The 122 mile mountain route (9 stages) includes Cadair Idris, Yr Wyddfa (Snowdon) and the Glyders.

9781852848569 Sep 2023
176pp 172x116mm £16.95



The Cambrian Way

George Tod, Richard Tyler

A challenging 470km 3-week mountain trek through Wales from Cardiff to Conwy, described from south to north. Often following long, beautiful ridgelines, it crosses wild and rugged terrain and visits many of Wales' highest mountains, including Snowdon.

9781852849900 Nov 2021
264pp 172x116mm £14.95

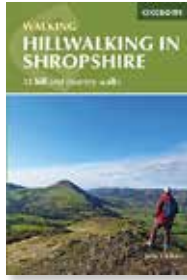


Walking the Shropshire Way

John Gillham

A 180 mile (290km) route made up of two loops centred on Shrewsbury, visiting Stiperstones, Wenlock Edge, Ironbridge and the Wrekin. Includes the challenging 20 mile (32km) Stretton Skyline Walk.

9781786310088 Jul 2022
192pp 172x116mm £14.95



Hillwalking in Shropshire

John Gillham

32 routes range from 3 to 12 miles (5 to 19km), taking in highlights such as The Wrekin, Wenlock Edge, Long Mynd and Stiperstones, Castle Ring and Bury Ditches.

9781852848071 Jan 2022
192pp 172x116mm £12.95



Walking Glyndwr's Way

Paddy Dillon

The 135 mile route from Knighton to Welshpool via Machynlleth takes 9 days to walk, and 2 further days (29 miles) to complete the loop down the Offa's Dyke Path to create a circular trail through quiet hills, forests and rolling countryside.

9781786311290 Feb 2024
168pp 172x116mm £16.95

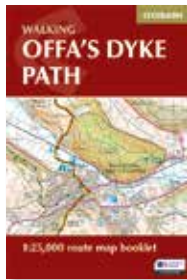


Offa's Dyke Path

Mike Dunn

177 miles (283km) along the English and Welsh border between Sedbury (near Chepstow) and Prestatyn, split into 12 stages with suggestions for alternative itineraries. With OS 1:25K map booklet.

9781852847760 Nov 2023
192pp 172x116mm £17.95



Offa's Dyke Map Booklet

Mike Dunn

This compact booklet of OS 1:25K maps shows the full route of the 177 mile (283km) Offa's Dyke Path National Trail, between Sedbury (near Chepstow) and Prestatyn. Included with the guidebook.

9781852848941 Sep 2023
80pp 172x116mm £12.95

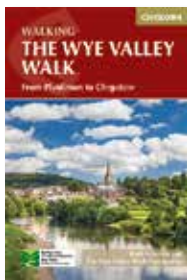


Walking the Severn Way

Terry Marsh

A 215 mile (344km) walking route beginning near the source of the River Severn in Powys, mid-Wales, and finishing in Bristol. Described over 22 stages ranging from 3 to 14 miles.

9781786311405 May 2023
176pp 172x116mm £16.95

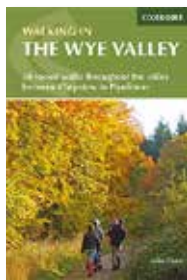


The Wye Valley Walk

The Wye Valley Walk Partnership

A perfect mix of river and hill walking, following the River Wye for 219km through the woodland, moorland and meadows of the Welsh Borders, from the slopes of Plynlimon to Chepstow.

9781786311986 Jul 2024
208pp 172x116mm £16.95

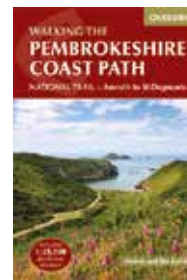


Walking in the Wye Valley

Mike Dunn

30 varied walks in the valley of the Wye, the most scenic river in England and Wales. Spectacular river scenery and pastoral moorland tranquility, between Chepstow and Plynlimon.

9781852847241 Jun 2022
176pp 172x116mm £12.95

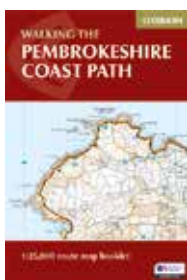


The Pembrokeshire Coast Path

Jan Kelsall, Dennis Kelsall

This scenic national trail from Amroth to St Dogmaels is about 180 miles and typically takes around 2 weeks to walk. Rugged cliffs and sandy beaches. Includes OS 1:25K map booklet.

9781786312082 Feb 2024
264pp 172x116mm £17.95

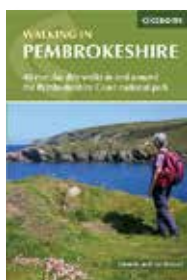


Pembrokeshire Coast Path Map Booklet

Jan Kelsall, Dennis Kelsall

Map booklet of the Pembrokeshire Coast Path National Trail, between Amroth and St Dogmaels. OS 1:25K maps show the full route. Included with the guidebook.

9781786312099 Feb 2024
80pp 172x116mm £12.95

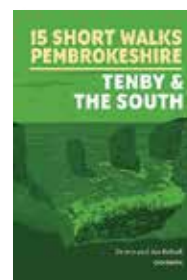


Walking in Pembrokeshire

Jan Kelsall, Dennis Kelsall

40 circular walks of 1 to 12 miles. Routes take in the dramatic beauty of the national park and its coast, the Daugleddau and the Preseli Hills, exploring wooded gorges, prehistoric hillforts and medieval castles.

9781852849153 Apr 2024
208pp 172x116mm £14.95



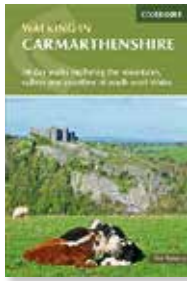
15 Short Walks in Pembrokeshire: Tenby and the south

Dennis Kelsall

15 of the best short walks in Tenby and south Pembrokeshire, with OS maps, clear route description, information on local beauty spots and refreshments. No challenging terrain or complicated navigation.

9781786311757 Feb 2024
88pp 172x116mm £9.95





Walking in Carmarthenshire
Jim Rubery

30 walking routes (2 to 10 miles), including parts of the Carmarthenshire Coast Path. Walks for all abilities include coastal, river, forest and hill walks in the Cambrian and Black Mountains and Brecon Beacons.

9781852847371 Oct 2015
176pp 172x116mm £12.95



15 Short Walks in Bannau Brycheiniog – Brecon Beacons
Andy Davies

15 of the best short walks in the Bannau Brycheiniog Brecon Beacons, with OS maps, clear route description, information on local beauty spots and refreshments. No challenging terrain or complicated navigation.

9781786312358 Mar 2025
96pp 172x116mm £9.95



Walking in the Brecon Beacons
David Whittaker, Andy Davies

45 day walks in Wales' Brecon Beacons National Park, of varying difficulty. Classic ridges, dramatic waterfalls, wooded gorges and upland valleys, with plentiful information on history, geology, plants and wildlife.

9781786310897 May 2022
256pp 172x116mm £14.95



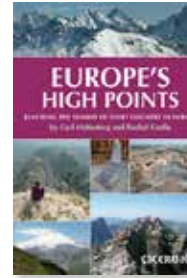
Walking on Gower
Andy Davies

30 circular routes (2½ to 14 miles) combine the peninsula's rugged coastline and beaches with valleys, hills and ridges inland, in this beautiful south Wales AONB. Routes avoid crowds.

9781852848217 Nov 2022
192pp 172x116mm £14.95



International challenges, collections and activities



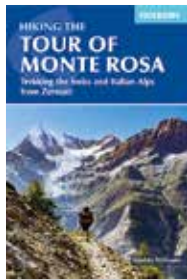
Europe's High Points
Carl McKeating, Rachel Crolla

Descriptions of routes to the highest point in each of Europe's 50 countries from Liechtenstein to Latvia and from Germany to Greece. With sketch maps, and general advice and information.

9781852845773 Sep 2018
256pp 210x148mm £14.95



Alps cross-border routes



Hiking the Tour of Monte Rosa
Maddy Williams

174km (108 mile) circular trek through the Monte Rosa massif. Presented in 11 stages with optional variants. Includes trek planning resources, accommodation guide and 1:100,000 maps.

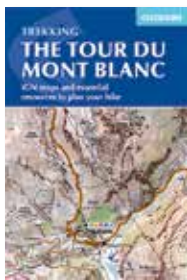
9781786312662 May 2025
192pp 172x116mm £18.95



Trekking the Tour du Mont Blanc
Jonathan Williams, Lesley Williams

The 170km (105 mile) TMB route typically takes 11 days and can be walked in either direction, with optional variants. Includes trek planning resources, accommodation and 5, 7 and 9-day options.

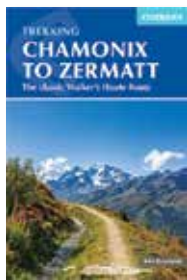
9781786312280 May 2024
200pp 172x116mm £17.95



Tour du Mont Blanc Map Booklet
Jonathan Williams, Lesley Williams

Map booklet for the 170km (105 mile) TMB, which typically takes 11 days and can be walked in either direction. Includes 1:25K IGN mapping, trek planning resources and accommodation guide.

9781786312297 May 2024
72pp 172x116mm £14.95



Trekking Chamonix to Zermatt
Kev Reynolds

A 225km route between Mont Blanc and the Matterhorn, taking around 2 weeks to walk. Contains planning information and accommodation.

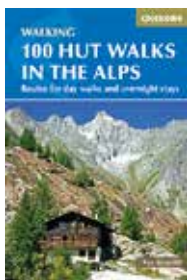
9781786311382 May 2024
256pp 172x116mm £18.95



The Karnischer Höhenweg
John Hayes

A 170km waymarked hut-to-hut trek along the border between Italy and Austria. Also known as the Carnic Peace Trail, it runs west to east along the ridge of the Carnic Alps, the site of the WW1 front line.

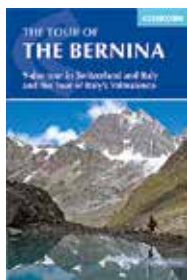
9781852849429 Jun 2018
160pp 172x116mm £15.95



100 Hut Walks in the Alps
Kev Reynolds

100 day walks to suit alpine walkers of all abilities, with suggestions for some hut-to-hut tours. Circular routes in France, Switzerland, Italy, Austria and Slovenia.

9781852847531 Jan 2018
256pp 172x116mm £14.95



The Tour of the Bernina
Gillian Price

Two multi-stage treks on the Swiss-Italian border around Piz Bernina, close to St Moritz. The 9-stage, 119km Tour of the Bernina is suitable for first-time trekkers. The 8-stage, 94km Alta Via Valmalenco is more challenging.

9781852847524 Mar 2015
176pp 172x116mm £15.95

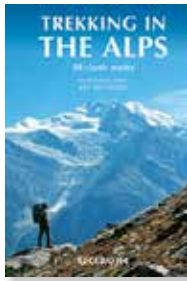


Trail Running – Chamonix and the Mont Blanc region
Kingsley Jones

40 graded runs in the Mont Blanc regions of France, Switzerland and Italy, from wide trails to technical skyrunning, with ascent/descent and distance figures. Includes the 168km Ultra-Trail of Mont Blanc.

9781852848002 Jun 2020
240pp 172x116mm £14.95





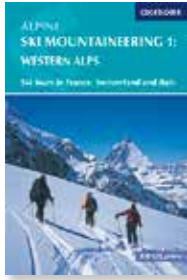
Trekking in the Alps
Kev Reynolds, Paddy Dillon
 An exciting and inspiring collection of 20 treks of varying difficulty, including classics such as the Tour of Mont Blanc and more adventurous routes such as the Traverse of the Slovenian Alps.
9781852846008 Feb 2024
 256pp 240x170mm **£22.95**



Walking in the Alps
Kev Reynolds
 An outstanding and comprehensive volume suggesting many thousands of possible walks and trekking routes in every alpine region. Kev Reynolds' lifetime Alpine knowledge in one book.
9781852844769 Dec 2021
 512pp 234x156mm **£25.00**



Trekking Munich to Venice
John Hayes
 The Traumpfad, 'Dream Way', is a 570km trek from Munich to Venice in 30 stages. The guide includes 5 alternate stages and a day's via ferrata in the Dolomites. Crosses some of the best Alpine scenery.
9781852848040 Nov 2016
 264pp 172x116mm **£16.95**



Alpine Ski Mountaineering Vol 1 – Western Alps
Bill O'Connor
 The finest ski-mountaineering tours in the Écrins, Vanoise, Mont Blanc, Gran Paradiso and Pennine Alps. Includes the classic Chamonix to Zermatt Haute Route.
9781852843731 Nov 2017
 256pp 172x116mm **£16.95**



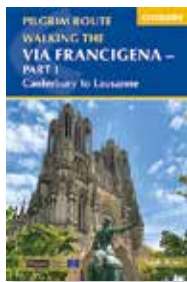
Trekking in the Silvretta and Rätikon Alps
Kev Reynolds
 Three treks of between 5 and 8 days, in the Silvretta and Rätikon Alps, and 12 other half-day hut-to-hut routes, on the borders of Switzerland, Austria and Liechtenstein.
9781852846961 Apr 2014
 208pp 172x116mm **£16.95**



France, Belgium and Luxembourg



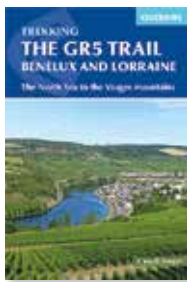
Camino de Santiago – Via Podiensis
Dave Whitson
 A 735km route pilgrim route through France along the GR65, linking Le Puy-en-Velay with Saint-Jean-Pied-de-Port and the start of the Camino Francés to Santiago. Includes Célé Valley and Rocamadour variants.
9781786311023 Feb 2024
 296pp 172x116mm **£18.95**



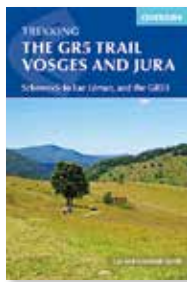
Walking the Via Francigena Pilgrim Route – Part 1
The Reverend Sandy Brown
 The first 1090km, from Canterbury to Lausanne, passing through England, France (Nord-Pas-de-Calais, Picardie, Champagne-Ardenne and Franche-Comte) and Switzerland to finish by Lake Geneva. Described in 52 stages.
9781852848842 Feb 2023
 304pp 172x116mm **£18.95**



The GR5 Trail
Paddy Dillon
 The 660km GR5 trail from Lake Geneva to the Mediterranean at Nice (or Menton) through the whole of the French Alps. Includes variants. A month of fantastic walking.
9781852848286 Jul 2024
 320pp 172x116mm **£18.95**



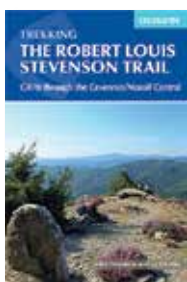
The GR5 Trail – Benelux and Lorraine
Carroll Dorgan
 The northern section of the GR5 – 1000km starting in Hoek van Holland and passing through the Netherlands, Belgium, Luxembourg and Lorraine to Schirmeck in France.
9781852849597 Oct 2024
 312pp 172x116mm **£18.95**



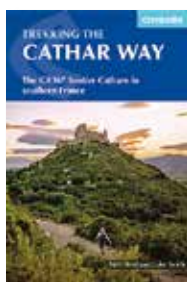
The GR5 Trail – Vosges and Jura
Elizabeth Smith, Les Smith
 A traverse of the Vosges and the Haut-Jura plateau, from Wissembourg to Schirmeck on the GR53, then following the GR5 to Nyon on Lac Léman, a total of 687km (427 miles), through wooded and grassy hills and gorges in 11 sections.
9781852848125 Apr 2017
 208pp 172x116mm **£16.95**



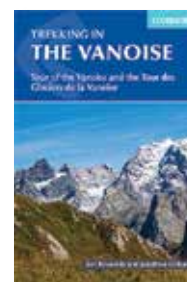
Walking the Brittany Coast Path
Carroll Dorgan
 A 624km section of the GR34 Customs Officers' Path following the beautiful northern coast of Brittany from Mont-Saint-Michel to Roscoff, a route rich in scenic interest, history and culture.
9781786310613 Apr 2022
 216pp 172x116mm **£16.95**



Trekking the Robert Louis Stevenson Trail
Jacint Mig, Nike Werstroh
 The GR70 through France's Velay and Cévennes regions follows in the footsteps of Stevenson and his faithful donkey, Modestine. At 272km, this long-distance trail from Le Puy to Ales is ideal for people new to walking holidays.
9781852849184 Feb 2024
 128pp 172x116mm **£16.95**



Trekking the Cathar Way
Nell Sleet, Luke Smith
 The 260km Cathar Way (GR367) from the Mediterranean to the foothills of the Pyrenees via 9 medieval castles, tracing the history of the Cathars, a persecuted religious sect. 13 route stages plus northern variant.
9781786310477 Jan 2022
 160pp 172x116mm **£16.95**



Trekking in the Vanoise
Jonathan Williams, Kev Reynolds
 A 150km hut-to-hut trek in the Vanoise National Park between Mont Blanc and the Écrins, described in 11 stages from Modane, plus Tour des Glaciers de la Vanoise and suggestions for other short treks.
9781852848637 Mar 2023
 192pp 172x116mm **£18.95**

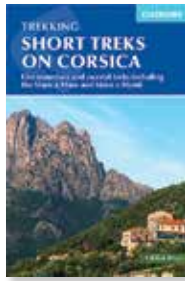




Mountain Adventures in the Maurienne
Andy Hodges

Walks, treks, via ferratas, road cycling and mountain biking routes in an area perfect for Alpine adventures. Readers can mix and match their activities to suit.

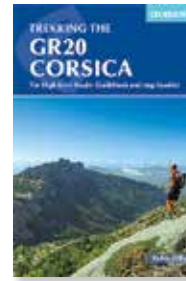
9781852846213 Jun 2011
192pp 172x116mm £14.95



Short Treks on Corsica
Gillian Price

Five mountain and coastal treks: the 2-day Sentier du Douanier (Custom Officer's Path), the 10-day Mare e Monti, the 11-day coast-to-coast Mare a Mare Nord, the 5-day Mare a Mare Sud and the 5-day Mare e Monti Sud.

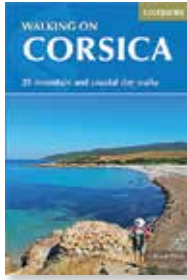
9781786310590 Mar 2021
918pp 172x116mm £16.95



Trekking the GR20 Corsica
Paddy Dillon

Suitable for experienced walkers, this tough 180km route between Calinzana and Conca takes 2 weeks to complete and includes hands-on scrambling. With high and low-level options and 1:25K map booklet.

9781786310675 Jun 2022
304pp 172x116mm £17.95



Walking on Corsica
Gillian Price

25 graded day walks cover both the coast and the mountainous inland, showcasing Corsica's beautiful landscapes, visiting cliffs, inlets, forests, river gorges, waterfalls, maquis shrubland, peaks and historic sites.

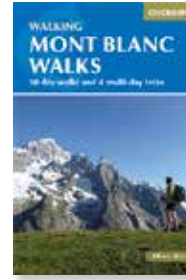
9781852849658 Mar 2024
144pp 172x116mm £17.95



Chamonix Mountain Adventures
Hilary Sharp

Routes include walking, mountain biking, road cycling, rock climbing and via ferratas. There is something for everyone here, from families to veteran adventurers.

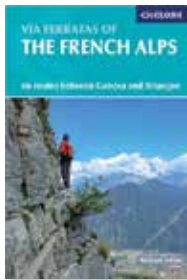
9781852846633 Nov 2022
288pp 172x116mm £17.95



Mont Blanc Walks
Hilary Sharp

50 day walks near Chamonix and Courmayeur, plus outlines of 4 multi-day treks. Walks range from 3 to 20km, from easy valley walks to more challenging alpine routes.

9781852848194 Aug 2024
288pp 172x116mm £17.95



Via Ferratas of the French Alps
Richard Miller

The best routes between Geneva and Briançon, from easy protected routes to exposed challenges suitable for the experienced. Covers techniques and equipment.

9781852846480 Jan 2024
352pp 172x116mm £18.95



Walking in the Haute Savoie: North
Janette Norton, Pamela Harris

30 walks between Lake Geneva and the Swiss border including pré-Alpe areas Salève, Chablais, the Vallée Verte and near Evian and Morzine. Walks include local summits and ridges.

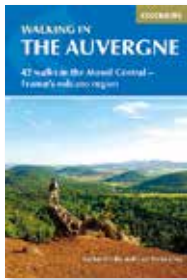
9781852848101 Nov 2017
264pp 172x116mm £14.95



Walking in the Haute Savoie: South
Janette Norton, Pamela Harris

30 half to full-day routes in the area between Chamonix and Annecy. Walks are located near Samoëns, Sixt, Thônes and Lake Annecy. Includes Chaîne des Aravis, Plateau de la Borne and Haut Giffre.

9781852848118 Jul 2024
272pp 172x116mm £17.95



Walking in the Auvergne
Carl McKeating, Rachel Crolla

42 walks, from easy to challenging, in the volcanic hills of central France. Ideal for day-walkers and hikers to explore a beautiful, quiet region.

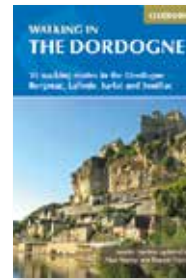
9781852846510 Jan 2020
256pp 172x116mm £14.95



Walking in the Briançonnais
Andrew McCluggage

Short and full-day walks in the stunning valleys of Clarée, Cerveyrette, Ayes, Durance and Guisane, including the mountains around Vallouise and Montgenèvre.

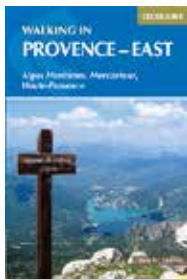
9781852848880 May 2018
240pp 172x116mm £16.95



Walking in the Dordogne
Janette Norton, Pamela Harris

35 walking routes based around the Sarlat and Souillac regions (Périgord Noir) and Bergerac (Périgord Pourpre). The walks range from short walks to mountain circuits.

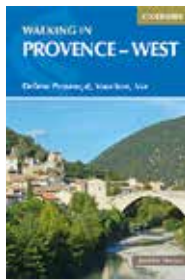
9781852848439 Feb 2018
264pp 172x116mm £14.95



Walking in Provence - East
Janette Norton

30 varied day walks in the Alpes Maritimes, Alpes de Haute-Provence and Mercantour, with charming bases such as Vence, Grasse and Digne-les-Bains.

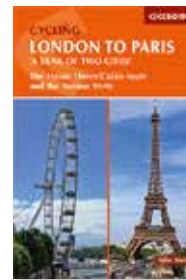
9781852846176 Nov 2014
240pp 172x116mm £14.95



Walking in Provence - West
Janette Norton

30 varied day walks in the Drôme Provençale, the Vaucluse and the Var, from the Baronnies in the north to the Ste-Baume ridge in the south, staying in Nyons, Apt and Aix-en-Provence.

9781852846169 Nov 2014
272pp 172x116mm £14.95

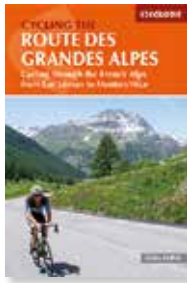


Cycling London to Paris
Mike Wells

Describes both the 500km traditional route, on cycle tracks and quiet roads via Dover/Calais, and the 400km waymarked Avenue Verte via Newhaven/Dieppe, mainly on dedicated cycle paths. Each takes 5 to 7 days.

9781852849146 Mar 2018
272pp 172x116mm £14.95





Cycling the Route des Grandes Alpes

Giles Belbin

A challenging 720km cycle route through south-eastern France. From Lake Geneva to Mediterranean Nice via numerous high Alpine passes, taking in the Vanoise, Écrins and Mercantour National Parks.

9781786310545 Jul 2022
200pp 172x116mm £16.95



Cycling the Canal de la Garonne

Declan Lyons

Describes 290km of cycle route from Bordeaux to Toulouse, connecting with the Canal du Midi, with excursions to towns and villages along the route. With accommodation and key facilities.

9781852847838 Jan 2019
192pp 172x116mm £14.95

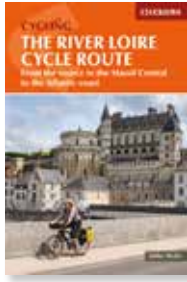


Cycling the Canal du Midi

Declan Lyons

A guide to cycling this 240km route along a World Heritage site rich in history and culture, linking Toulouse and Sète. Perfect cycling with flat, car-free paths.

9781852847845 Sep 2022
192pp 172x116mm £14.95

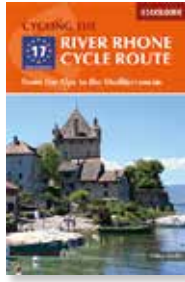


The River Loire Cycle Route

Mike Wells

Guidebook to cycling the Loire, France's longest river, from its source in the Massif Central to the Atlantic. The 1062km route is predominantly downhill or flat, and takes in extinct volcanoes, vineyards and charming châteaux.

9781786310835 Jul 2022
256pp 172x116mm £16.95



The River Rhone Cycle Route

Mike Wells

A 895km cycle route from the Swiss Alps through France to the Mediterranean Sea. Divided into 20 stages of around 45km, the route can be completed by most cyclists in 10 to 14 days.

9781786310828 Jan 2023
264pp 172x116mm £17.95

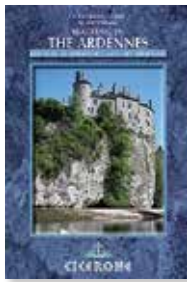


The Moselle Cycle Route

Mike Wells

14 stages cover the entirety of the Moselle river, from its source in the Vosges Mountains to its confluence with the Rhine at Koblenz. Well-waymarked, easy cycling suitable for all experience levels.

9781852847210 Aug 2014
208pp 172x116mm £14.95



Walking in the Ardennes

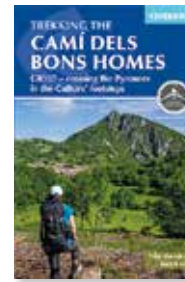
Jeff Williams

32 day walks and a 68km multi-stage route, the Sentier du Nord, in Belgium/Luxembourg/France, among rolling hills, deep valleys, rivers and forests, taking in WW2 battlefields and medieval castles.

9781852846862 Jun 2014
224pp 172x116mm £16.95



Pyrenees and France/Spain cross-border routes

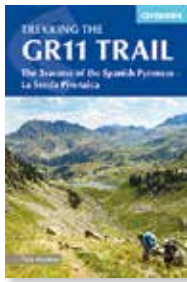


Trekking the Cami dels Bons Homes

Jacint Mig, Nike Werstroh

225km Cami dels Bons Homes (GR107) cross-border trail between Foix in France and Berga in Spain. Described in 10 stages with detailed maps, profiles and accommodation information.

9781786312235 Jul 2024
104pp 172x116mm £17.95



Trekking the GR11 Trail

Tom Martens

The GR11 traverses the Spanish Pyrenees from Irun to Cap de Creus on the Mediterranean. 820km route in 47 stages over high passes. Trekkers require experience of high mountains.

9781786311665 May 2024
272pp 172x116mm £18.95

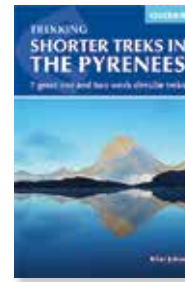


Trekking the GR10

Stuart Butler, Brian Johnson

A 955km trek across the French Pyrenees from Hendaye on the Atlantic coast to Banyuls-sur-Mer, described in 55 daily stages, with full information.

9781786311160 Jul 2023
320pp 172x116mm £18.95

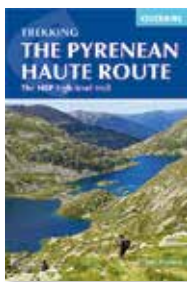


Shorter Treks in the Pyrenees

Brian Johnson

Seven circular treks of 4-12 days, covering both sides of the French-Spanish border, including both the High Pyrenees and lower mountains of the Basque Country and Catalonia.

9781852849306 May 2019
280pp 172x116mm £16.95

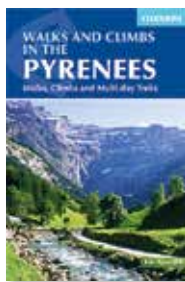


The Pyrenean Haute Route

Tom Martens

A largely unwaymarked 750km route, presented in 44 stages, staying close to the main ridge in the highest and most spectacular Central Pyrenees. Suitable for strong and experienced mountain walkers.

9781852849818 Apr 2024
344pp 172x116mm £18.95



Walks and Climbs in the Pyrenees

Kev Reynolds

170 selected walks, multi-day tours and moderate summit ascents in the Central and High Pyrenees. Graded routes from 1hr to 12 days explore mountains including Monte Perdido, Pic du Midi d'Ossau and Gavarnie.

9781786310538 Nov 2024
408pp 172x116mm £18.95



The Pyrenees

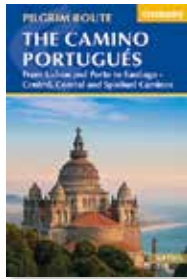
Kev Reynolds

A planning resource for a range of mountain activities (walks, treks and climbs) in the High Pyrenees from the Cirque de Lescun to the Carlit massif and Andorra.

9781852844202 Oct 2010
464pp 216x138mm £22.00



Spain and Portugal

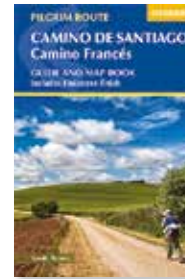


The Camino Portugues

Kat Davis

The 620km route from Lisbon in Portugal to Santiago de Compostela in Spain, split into 25 stages with two coastal options. Takes in historic and religious sites and stunning scenery.

9781786311962 Sep 2023
336pp 172x116mm £18.95

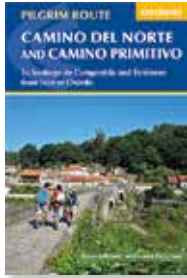


Camino de Santiago: Camino Frances

The Reverend Sandy Brown

Guidebook and map book to walking the 784km Camino Frances from St Jean-Pied-de-Port in southern France to Santiago de Compostela in Spain. Includes 36 customisable stages and over 500 pilgrim hostels.

9781786310040 Jan 2024
304pp 172x116mm £17.95



The Camino del Norte and Camino Primitivo

Laura Perazzoli, Dave Whitson

The 820km Camino del Norte from Irún via Bilbao and Santander takes around 5 weeks to complete. The 355km Camino Primitivo takes about 2 weeks. Includes the Camino Finisterre.

9781786310149 Nov 2024
312pp 172x116mm £18.95



The Camino Ingles and Ruta do Mar

Laura Perazzoli, Dave Whitson

116km Camino Inglés from Ferrol or A Coruña to Santiago de Compostela and the 190km Ruta do Mar linking Ribadeo with the Inglés at Ferrol. Includes the 120km camino to Finisterre or Muxia.

9781786310064 Jun 2019
152pp 172x116mm £14.95

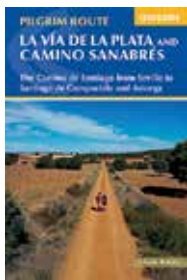


Walking the Camino dos Faros

John Hayes

The Camino dos Faros, also known as the way of the lighthouses lies on Spain's Galician coast and is a 200km route described in 8 stages and takes in some of the area's most enchanting coastal scenery.

9781852849719 Oct 2019
120pp 172x116mm £14.95



Walking La Via de la Plata and Camino Sanabres

Nicole Bukaty

A 996km pilgrim route on La Vía de la Plata and Camino Sanabrés through Spain between Seville and Santiago de Compostela or Astorga. Includes Ourense variants.

9781786310804 Sep 2023
320pp 172x116mm £18.95



Cycling the Ruta Via de la Plata

John Hayes

A 924km route through western Spain from Seville to Gijón in 13 stages, as well as a pilgrimage variant to Santiago de Compostela. With road route and off-road alternative suitable for gravel bikes.

9781786310125 Mar 2022
224pp 172x116mm £16.95



Cycling the Camino de Santiago

Mike Wells

850km cycle route from St Jean-Pied-de-Port to Santiago de Compostela, following the original pilgrim route with optional road variants. Suitable for most abilities, in 19 stages averaging 45km each.

9781852849696 Dec 2021
264pp 172x116mm £14.95

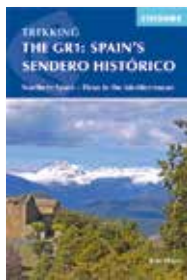


Walking in the Picos de Europa

Robin Walker

Walks and multi-day treks in the Picos de Europa, a striking limestone range in northern Spain. Routes vary in difficulty and some include an element of scrambling.

9781852845360 Jul 2024
256pp 172x116mm £17.95

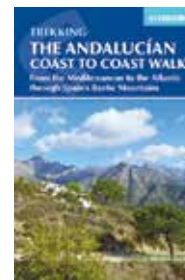


Spain's Sendero Historico: The GR1

John Hayes

1250km route traversing northern Spain from Puerto de Tarna (León) to the Mediterranean near L'Escala in Catalonia. Fascinating, varied landscapes and Pyrenees foothills. Described in 53 stages.

9781852845698 Oct 2015
304pp 172x116mm £17.95

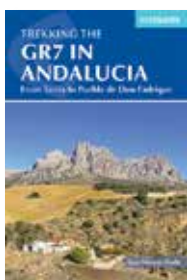


The Andalusian Coast to Coast Walk

Guy Hunter-Watts

A 416km, 21-day route from Maro on the Mediterranean coast to Bolonia, on the Atlantic, passing through 7 Natural Parks, and sites with Roman and Moorish origins including Ronda and Tarifa.

9781852849702 Jul 2018
216pp 172x116mm £14.95

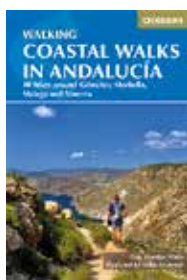


Trekking the GR7 in Andalusia

Guy Hunter-Watts

The Andalusian section of the GR7, from Tarifa to Puebla de Don Fadrique. Includes a northern route via Cordoba Province and southern route via Granada Province. The full route takes 34-42 days but can be split.

9781852849955 Nov 2021
320pp 172x116mm £18.95



Coastal Walks in Andalusia

Guy Hunter-Watts, Mike Yeatman

Over 40 half and full-day walks in Andalusia's Natural Parks and Reserves. Year-round walking, on Costa de la Luz, Costa del Sol, Nerja region and Costa del Almeria.

9781786312655 Feb 2025
272pp 172x116mm £16.95



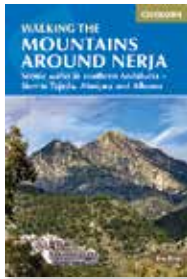
The Mountains of Ronda and Grazalema

Guy Hunter-Watts, Mike Yeatman

32 graded routes (4 to 16km) exploring the Natural Parks of Grazalema and La Sierra de las Nieves, the 'Pueblos Blancos' (White Villages), and the Genal and Guadiaro river valleys.

9781786312433 Oct 2024
232pp 172x116mm £17.95

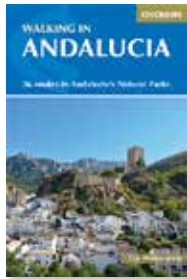




The Mountains Around Nerja
Jim Ryan

32 graded day walks in the Sierras de Tejeda, Almijara and Alhama, which are easily accessible from Nerja and Malaga. Easy strolls to strenuous climbs.

9781786311764 **Feb 2024**
176pp 172x116mm **£17.95**



Walking in Andalucia
Guy Hunter-Watts

The Alpujarra region of the Sierra Nevada, Aracena, Grazalema, Los Alcornocales and Gaucin, La Axarquia, and Cazorla. 6 walks in each region from 5 to 21km, graded for difficulty.

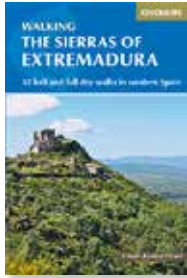
9781852848026 **Sep 2020**
256pp 172x116mm **£14.95**



Walking and Trekking in the Sierra Nevada
Richard Hartley

Walks and multi-day treks in the Sierra Nevada of Andalucia. The 38 routes take in the summit of Mulhacén, and villages including Trevélez and Capileira. Includes main ridge traverses and high mountain scrambles.

9781852849177 **Nov 2022**
272pp 172x116mm **£17.95**



The Sierras of Extremadura
Gisela Radant Wood

32 mainly circular walks (6 to 19km) in the provinces of Cáceres and Badajoz. Walks visit mountain Sierras, oak forests and ancient paths. Includes the Jerte Valley, Montánchez, Guadalupe and Monesterio.

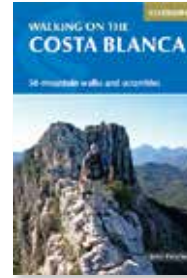
9781852848484 **Oct 2017**
224pp 172x116mm **£16.95**



Costa Blanca Mountain Adventures
Mark Eddy

A multi-activity guide to outdoor adventure in Spain's Costa Blanca, with 60 route suggestions covering ridge scrambles, via ferrata, canyoning, sport climbing, trad climbing, hiking, trail running and mountain biking.

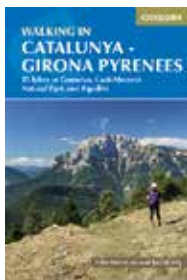
9781786310330 **Sep 2022**
280pp 172x116mm **£17.95**



Walking on the Costa Blanca
Terry Fletcher

50 circular walks and scrambles exploring the mountains around the resorts of Alicante, Benidorm and Calp. Gentle strolls to demanding, steep and exposed routes, from 3 to 20km long.

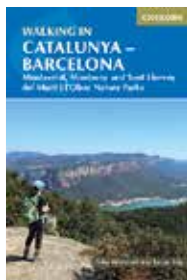
9781852847517 **Apr 2023**
224pp 172x116mm **£17.95**



Walking in Catalunya - Girona Pyrenees
Jacint Mig, Nike Werstroh

35 varied day walks of 5 to 19km among the rocky mountains, forested slopes and idyllic wine country in and around Girona.

9781786311634 **Oct 2023**
160pp 172x116mm **£17.95**



Walking in Catalunya - Barcelona
Jacint Mig, Nike Werstroh

32 varied walks of 6.5 to 28km among the rocky mountains, forested slopes and idyllic wine country that surrounds Barcelona.

9781786310774 **Nov 2022**
192pp 172x116mm **£17.95**



Mountain Walking in Southern Catalunya
Vivien Freakley, Philip Freakley

30 routes in 3 national parks between Barcelona and Valencia, including the immense limestone crags of the Parc Natural dels Ports overlooking the Mediterranean.

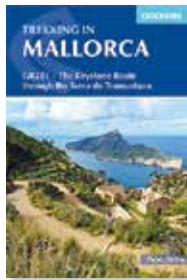
9781852845827 **Aug 2010**
192pp 172x116mm **£12.95**



Mountain Walking in Mallorca
Paddy Dillon

50 full and half-day walks (5.5km to 24km) in Mallorca's mountainous Serra de Tramuntana. Potential bases include Pollença, Sóller, Valldemossa and Andratx.

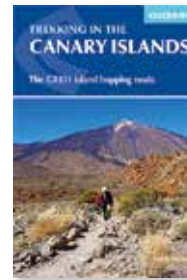
9781852849498 **May 2018**
288pp 172x116mm **£14.95**



Trekking in Mallorca
Paddy Dillon

The GR221 Drystone Route (140km in 10 day stages) traverses the Serra de Tramuntana between Pollença and Andratx, through forests, mountains and welcoming villages.

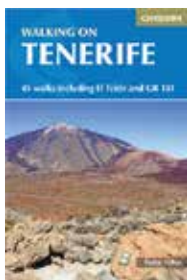
9781852848507 **Mar 2023**
216pp 172x116mm **£16.95**



Trekking in the Canary Islands
Paddy Dillon

The GR131 is an island-hopping 560km (348 miles) trail that runs coast to coast across each of the 7 Canary Islands. Described over 32 stages between Lanzarote and El Hierro, the route will take about 1 month to complete.

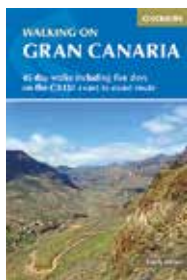
9781852847654 **Jan 2020**
272pp 172x116mm **£16.95**



Walking on Tenerife
Paddy Dillon

45 varied walks of 3.5km to 29.5km on Tenerife: 40 day walks - including ascents of El Teide, Spain's highest mountain - and the 5 Tenerife stages of the long-distance GR131.

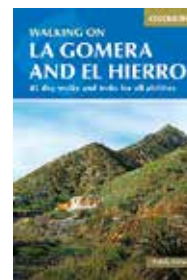
9781786310699 **Jan 2023**
232pp 172x116mm **£17.95**



Walking on Gran Canaria
Paddy Dillon

45 day walks on Gran Canaria, generally averaging 10 to 12km each. A long-distance coast-to-coast route on the GR131 is included, and shorter walks can be linked to form longer itineraries.

9781852848454 **Jan 2020**
240pp 172x116mm **£14.95**



Walking on La Gomera and El Hierro
Paddy Dillon

45 day walks and treks for all abilities, from rugged mountain treks to coastal walks. The selection also covers the Camino de la Virgen and sections of the GR131 and GR132.

9781852848415 **May 2020**
264pp 172x116mm **£14.95**

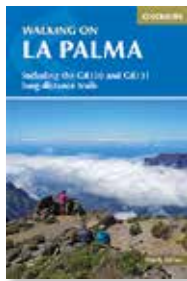




Walking on Lanzarote and Fuerteventura
Paddy Dillon

45 walks including 14 on the long-distance GR131 trail, which crosses both islands. Lanzarote has a fascinating volcanic national park; Fuerteventura has famous golden beaches.

9781852846039 **Jan 2019**
240pp 172x116mm **£14.95**



Walking on La Palma
Paddy Dillon

45 walks and scrambles ranging from 7 to 31km in length. Some walks combine to complete the GR130 long-distance trail (8 days) and GR131 trail (3 days).

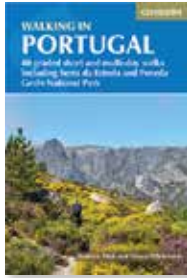
9781852848538 **Jan 2019**
240pp 172x116mm **£14.95**



Portugal's Rota Vicentina
Gillian Price

Rota Vicentina is a stunning 220km route down the south-western Atlantic coast, through the Alentejo and Algarve districts. The route, which is suitable for all fit walkers, is described across 12 stages, making it perfect for a 2-week holiday.

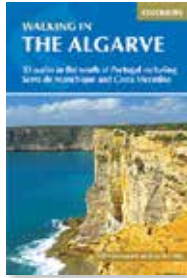
9781786311436 **Nov 2022**
112pp 172x116mm **£18.95**



Walking in Portugal
Andrew Mok, Simon Whitmarsh

Over 40 graded walks throughout Portugal. The mostly circular half-day and day routes showcase the country's varied scenery and beautiful national parks.

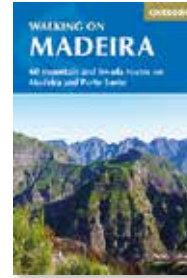
9781852848897 **Jun 2024**
264pp 172x116mm **£17.95**



Walking in the Algarve
Jacint Mig, Nike Werstroh

33 day walks in the Algarve, Portugal's southernmost region. The selected routes offer both coastal and inland options, including the Serra de Monchique and Costa Vicentina, the south and west coasts, the central region and East Algarve.

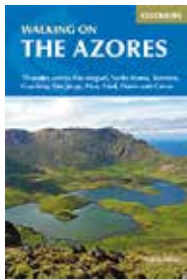
9781852849948 **Oct 2019**
192pp 172x116mm **£16.95**



Walking on Madeira
Paddy Dillon

Selection of day walks exploring Madeira's network of levadas (water channels) as well as routes across steep and rugged mountains, with slopes of bare rock or laurisilva 'cloud' forest. Includes the neighbouring island of Porto Santo.

9781852848552 **Oct 2023**
296pp 172x116mm **£17.95**



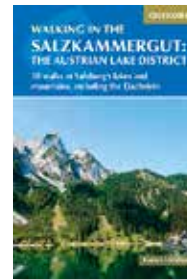
Walking on the Azores
Paddy Dillon

70 walks on the Azores, a remote archipelago in the North Atlantic Ocean. Most of the walks are easy or moderate, across all 9 islands, from easy village-to-village to remote mountain walks including Portugal's highest mountain, Pico.

9781852849085 **May 2023**
296pp 172x116mm **£17.95**



Austria



Walking in the Salzkammergut: the Austrian Lake District
Rudolf Abraham

30 day walks among the lakes and mountains of Austria's Salzkammergut. Easily accessible from Salzburg, the routes range from easy lakeside strolls to strenuous through-routes and ascents of the neighbouring peaks.

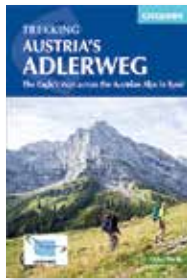
9781852849962 **Mar 2021**
184pp 172x116mm **£16.95**



Innsbruck Mountain Adventures
Sharon Boscoe

60 summer mountain adventures: alpine mountaineering routes, overnight hut trips, scrambles, day walks, rock climbing, via ferratas, mountain biking, road cycling, trail running, plus activities for families.

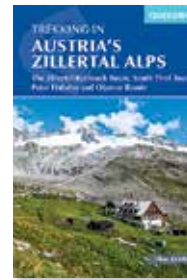
9781852849580 **Nov 2024**
280pp 172x116mm **£17.95**



Trekking Austria's Adlerweg
Mike Wells

A 324km trek through the Austrian Tyrolean Alps from St Johann in Tirol to St Anton am Arlberg. Described in 24 stages with easier alternatives provided for the most challenging stages.

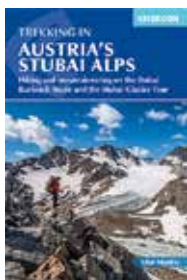
9781786310903 **Jul 2023**
232pp 172x116mm **£18.95**



Trekking in Austria's Zillertal Alps
Allan Hartley

Four hut-to-hut treks in the Austrian Tirol: the 9-day Zillertal Rucksack Route/Berliner Hoehenweg, the 7-day Zillertal South Tirol Tour, the 7-day Peter Habeler Tour and the 6-day Olperer Runde.

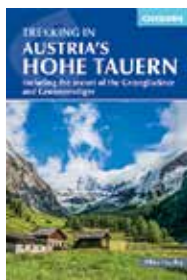
9781786310637 **May 2023**
256pp 172x116mm **£18.95**



Trekking in Austria's Stubai Alps
Allan Hartley

Three hut-to-hut treks in Austria's Stubai Alps: the 79km Stubai Rucksack Route, the 60km Stubai Glacier Tour and the 67km Gschnitztaler Rundtour, plus optional ascents of neighbouring peaks.

9781786310651 **Nov 2024**
264pp 172x116mm **£18.95**



Trekking in Austria's Hohe Tauern
Allan Hartley

Four short hut-to-hut treks in Austria's Hohe Tauern National Park, covering the Reichen, Venediger and Glockner groups, with optional excursions to climb neighbouring peaks.

9781786310644 **Jan 2024**
296pp 172x116mm **£18.95**



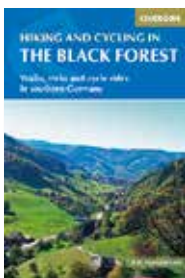
Walking in Austria
Kev Reynolds

101 routes: day walks, multi-day treks and tours in the Rätikon, Silvretta, Stubai, and Zillertal Alps, the Hohe Tauern, and the Karawanken. Includes 135 mountain huts.

9781852848590 **Aug 2023**
432pp 172x116mm **£18.95**



Germany



Hiking and Cycling in the Black Forest

Kat Morgenstern

From easy routes for families to multi-day journeys, the walks and 5 cycle rides explore the many forests, villages, castles and hills near Strasbourg, Baden-Baden, Freiburg and Basle.

9781786310217 Sep 2023
320pp 172x116mm £17.95

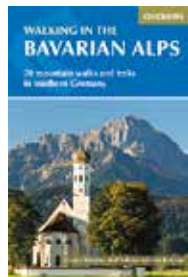


The Westweg

Kat Morgenstern

This 285km walk across Germany's Black Forest from Pforzheim to Basel includes an ascent of Feldberg. Takes 13 to 14 days, each day stage from 15 to 28km. 2 variants are described.

9781852847753 Nov 2016
224pp 172x116mm £16.95

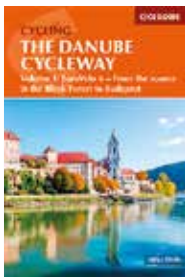


Walking in the Bavarian Alps

Sabine Körner-Bourne, Grant Bourne

70 mountain routes, from half-day walks to 3-day hut-to-hut treks. Highlights include the Königsee and Breitach, Partnach and Höllental gorges. Also includes suggestions for valley walks.

9781852849290 Jul 2023
336pp 172x116mm £18.95



The Danube Cycleway Volume 1

Mike Wells

The first 1261km of the Danube river, from its source in the Black Forest to Budapest. Suitable for all levels of cyclist, on most types of bike.

9781786312204 Feb 2025
264pp 172x116mm £17.95

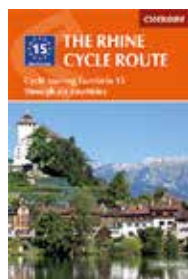


The Elbe Cycle Route

Mike Wells

A 1232km route through Czechia and Germany following one of Europe's great rivers from source to sea visiting Prague, Dresden, Magdeburg and Hamburg in 29 stages of easy, flat cycling.

9781786310552 Dec 2023
272pp 172x116mm £17.95



The Rhine Cycle Route

Mike Wells

From the summit of Oberalppass to the Hook of Holland through Switzerland, Germany, France and the Netherlands: 1368km in 27 stages, mostly on well-surfaced cycle tracks.

9781786311092 May 2023
312pp 172x116mm £17.95



Switzerland



The Swiss Alps

Kev Reynolds

An inspirational and comprehensive resource for independent adventurers planning to walk, trek or climb in this iconic mountain country, described in detail valley by valley.

9781852844653 Mar 2021
464pp 234x156mm £25.00

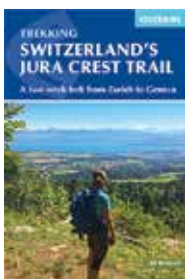


Trekking the Swiss Via Alpina

Kev Reynolds, Jonathan Williams

The Swiss Via Alpina between Sargans and Montreux, following parts of the Alpine Pass Route, including a prologue from Liechtenstein. Demanding 3-week trek crossing 16 passes including 2778m Hochtürli pass.

9781786311603 Jul 2023
216pp 172x116mm £18.95

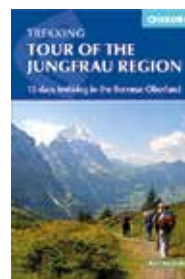


Switzerland's Jura Crest Trail

Ali Rowsell

Also known as the Jura High Route, this 2-week, 310km trek traverses the undulating limestone plateau of the Swiss Jura from Dielsdorf near Zurich to Nyon on Lac Léman (Lake Geneva).

9781852849450 Jan 2019
184pp 172x116mm £16.95

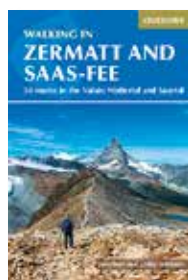


Tour of the Jungfrau Region

Kev Reynolds

The Tour of the Jungfrau Region is described as a clockwise circuit, in 10 stages (with alternatives offered), through the Bernese Oberland under the Mönch, Eiger and Jungfrau.

9781852848644 Mar 2018
128pp 172x116mm £14.95

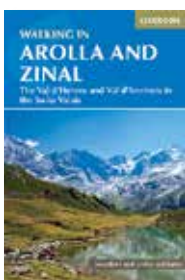


Walking in Zermatt and Saas-Fee

Jonathan Williams, Lesley Williams

50 graded day walks based around the resort towns of Zermatt and Saas-Fee. The routes cover the Mattertal and Saastal valleys and their surrounding mountains.

9781786310750 Jan 2024
264pp 172x116mm £17.95

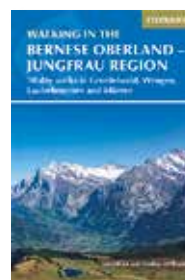


Walking in Arolla and Zinal

Jonathan Williams, Lesley Williams

35 stunning mountain walks in Val d'Herens and Val d'Anniviers, near Zermatt. These graded hikes offer picturesque landscapes with medium-difficulty trails and two suggested multi-day tours.

9781786310965 Jun 2024
208pp 172x116mm £17.95



Walking in the Bernese Oberland - Jungfrau region

Jonathan Williams, Lesley Williams

50 routes with views of the iconic Alpine landscape of Switzerland, including the Eiger, Mönch and Jungfrau mountains. Includes routes for all abilities.

9781786311146 Apr 2023
256pp 172x116mm £17.95



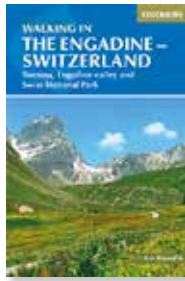


Walking in Ticino

Andrew Beattie

38 graded walks of 4 to 19km in Ticino, Switzerland, including Lugano, Locarno, Bellinzona and Biasca, and Airolo and the St Gotthard Pass.

9781786310606 Sep 2024
264pp 172x116mm £17.95

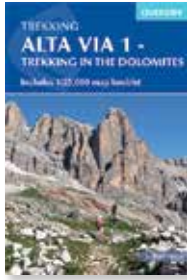


Walking in the Engadine – Switzerland

Kev Reynolds

100 day walks in the Engadine, Val Bregaglia, neighbouring valleys and the Engadine National Park. Includes gentle rambles to adventurous high-level routes from 4 to 16km.

9781786310521 Jul 2019
312pp 172x116mm £16.95

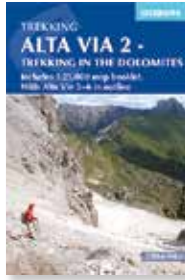


Alta Via 1 – Trekking in the Dolomites

Gillian Price

The 115km Alta Via 1, a hut-to-hut trail through the Italian Dolomites, presented in 11 stages. Easier than the other AV trails, the route offers fantastic mountain vistas.

9781786310811 Mar 2023
112pp 172x116mm £18.95

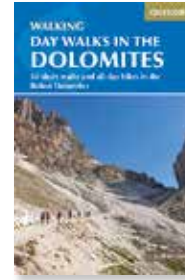


Alta Via 2 – Trekking in the Dolomites

Gillian Price

A challenging 160km hut-to-hut trek through the Italian Dolomites from Bressanone to Feltre in 13 stages, including some steep and exposed sections.

9781786310972 Mar 2024
144pp 172x116mm £18.95

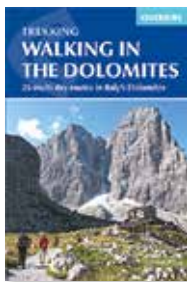


Day Walks in the Dolomites

Gillian Price

50 walks ranging from short 5km strolls to full-day high-mountain expeditions, all graded by difficulty between easy and strenuous. The Dolomites offer fantastic walking from June to September.

9781786311214 Jul 2024
256pp 172x116mm £17.95

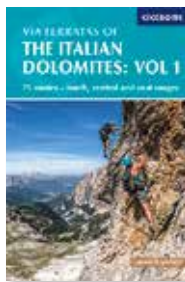


Walking in the Dolomites

Gillian Price

25 extended, mostly circular walks, 2 to 4 days long, which take in the Marmarole, Marmolada, Civet, Sella and Cortina Dolomites among others. Includes practical local information.

9781852848446 May 2024
288pp 172x116mm £17.95



Via Ferratas of the Italian Dolomites Volume 1

James Rushforth

This volume covers 75 graded routes in the northern, central and eastern Dolomites, including Cortina, Fassa, Sesto, Canazei and Corvara. Comprehensive route descriptions alongside maps and topos.

9781852848460 Sep 2023
320pp 172x116mm £19.95

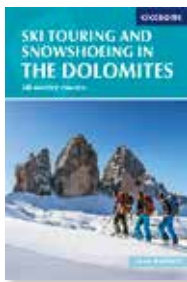


Via Ferratas of the Italian Dolomites: Vol 2

John Smith, Graham Fletcher

A guide to 77 via ferratas in the south and west Dolomites of Civetta, Schiara, Pala and the Brenta, also Lake Garda and the Piccole Dolomites north of Vicenza.

9781852843809 Jan 2024
320pp 172x116mm £18.95

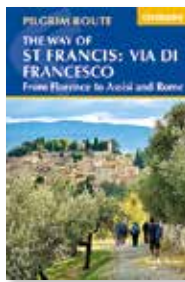


Ski Touring and Snowshoeing in the Dolomites

James Rushforth

50 ski touring and snowshoeing graded routes, all of which take less than a day to complete, starting from the bases of Cortina, Arabba, Val di Zoldo, San Martino and San Vigilio.

9781852847456 Jan 2017
280pp 172x116mm £18.95



The Way of St Francis: Via di Francesco

The Reverend Sandy Brown

518km Via di Francesco from Florence, through Assisi to Rome. Described in 27 day-stages, includes detailed maps, profiles and information about all the shrines, churches and towns along the way.

9781786311672 Jan 2025
264pp 172x116mm £18.95



Walking the Via Francigena Pilgrim Route – Part 2

The Reverend Sandy Brown

This 725km section links Lausanne on Lake Geneva and Lucca. The route crosses the Alps at the Great Saint Bernard Pass, descends the Po Valley, then climbs the Cisa Pass into Tuscany. Described in 32 stages.

9781786310866 Aug 2024
256pp 172x116mm £18.95



Walking the Via Francigena Pilgrim Route – Part 3

The Reverend Sandy Brown

The final 400km between Lucca and Rome, crossing Tuscany in the heartland of Italy. The route goes through Lucca and Siena, and visits San Gimignano, Monteriggioni and Radicofani. Described in 18 stages.

9781786310798 Oct 2023
184pp 172x116mm £18.95



Walking the Via Francigena Pilgrim Route – Part 4

Nicole Bukaty, The Reverend Sandy Brown

The final 930km section from Rome to the heel of Italy in 52 stages passing through Lazio and into Campania before traversing Puglia, to finish at Santa Maria di Leuca on the Adriatic Sea.

9781786312495 Apr 2025
312pp 172x116mm £18.95



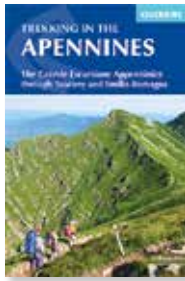
Italy's Grande Traversata delle Alpi

David Jordan

A 55-day 809km trek on the Grande Traversata Delle Alpi in the western Italian Alps traversing the Lepontine, Pennine, Graian, Cottian and Maritime Alps to finish near Monte Rosa.

9781786310408 Jun 2023
296pp 172x116mm £18.95

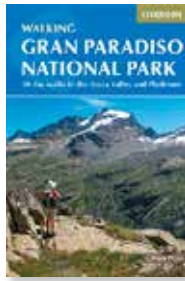




Trekking in the Apennines
Gillian Price

The Grande Escursione Appenninica (GEA). Through Tuscany and Emilia-Romagna and 2 national parks, this 400km trail takes 23 days to complete, exploring the mountains, forests and hills of central Italy.

9781852847661 Jan 2016
160pp 172x116mm £14.95



Walking Gran Paradiso National Park
Gillian Price

30 graded day walks exploring the Gran Paradiso National Park in northern Italy. Walks range from short strolls to demanding alpine routes.

9781786311832 May 2025
224pp 172x116mm £17.95



Trekking Gran Paradiso: Alta Via 2
Gillian Price

This guidebook describes the 12-day Alta Via 2 trek, which covers over 140km of rugged mountains and valleys between Chardoney to Courmayeur.

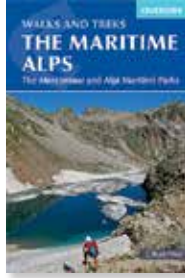
9781786311849 Jun 2024
96pp 172x116mm £18.95



Trekking the Giants' Trail: Alta Via 1 through the Italian Pennine Alps
Andy Hodges

Italy's 180km Alta Via 1 follows the northern flank of the Aosta Valley from Donnas to Courmayeur. Nicknamed the Giants' Trail the route offers views of the Alpine giants.

9781852849924 Feb 2021
192pp 172x116mm £16.95



Walks and Treks in the Maritime Alps
Gillian Price

18 day walks and 6 long-distance treks, including a 5-day traverse of the French Mercantour National Park, a 7-day traverse of the Alpi Maritime Park, and walks from 6 to 20km.

9781852848453 Jun 2016
224pp 172x116mm £16.95



Walking in the Aosta Valley
Andy Hodges

32 scenic routes, ranging from 4 to 20km, within both the main valley and those to the north, including the Lys valley and Grand St Bernard.

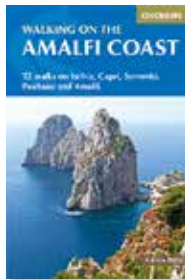
9781786310156 May 2022
224pp 172x116mm £16.95



Walking in Italy's Cinque Terre
Gillian Price

16 routes in and around the five famous fishing villages of Monterosso, Vernazza, Corniglia, Manarola and Riomaggiore. Breathtakingly beautiful, this UNESCO World Heritage coastline is a walker's (and foodie's) dream destination.

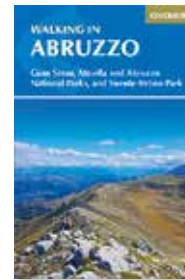
9781852849733 Jun 2023
112pp 172x116mm £17.95



Walking on the Amalfi Coast
Gillian Price

32 graded day walks on the Sorrento Peninsula, Amalfi Coast, Positano and Monti Lattari, and on the islands of Capri and Ischia, from family strolls to strenuous treks.

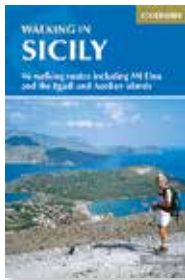
9781852848828 Dec 2024
192pp 172x116mm £17.95



Walking in Abruzzo
Stuart Haines

40 day walks incorporating the wild Abruzzo, Maiella, and Gran Sasso national parks and the Sirente-Velino regional park, including an ascent of Corno Grande, the highest point in the Apennines.

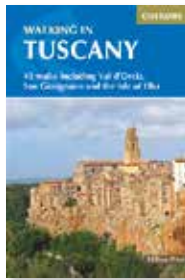
9781852849788 Jan 2019
256pp 172x116mm £16.95



Walking in Sicily
Gillian Price

A guide to 46 graded walks encompassing ancient ruins, olive groves, coastal and volcanic landscapes. Includes Mt Etna, Madonie and Nebrodi mountains, and Egadi and Aeolian islands.

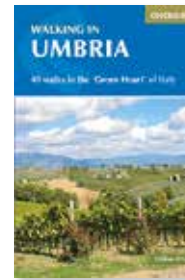
9781852847852 May 2022
256pp 172x116mm £14.95



Walking in Tuscany
Gillian Price

43 graded, mostly easy walks near Florence and Siena, the World Heritage scenery of Val d'Orcia and San Gimignano and the stunning island of Elba, using historical pathways.

9781852847128 Nov 2023
240pp 172x116mm £17.95



Walking in Umbria
Gillian Price

40 walks in Umbria, among the ancient towns of Assisi, Perugia, Orvieto and Norcia. Known as the 'green heart' of Italy, the hills reach up to the Apennines and Sibillini mountains, and take in ancient villages and Roman and Etruscan ruins.

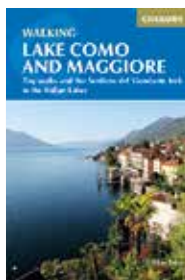
9781852849665 Jul 2019
208pp 172x116mm £16.95



Walking Lake Garda and Iseo
Gillian Price

20 day walks around the majestic Italian lakes of Garda and Iseo. The routes, which range from leisurely strolls to more strenuous routes up panoramic peaks, are easily accessible by public transport.

9781786310248 Apr 2019
128pp 172x116mm £14.95



Walking Lake Como and Maggiore
Gillian Price

28 day walks and the Sentiero del Viandante trek in the beautiful Italian lakes area of Maggiore and Como. Routes are graded by difficulty and range from easy lakeside strolls to challenging mountain peaks.

9781786311689 Sep 2023
192pp 172x116mm £17.95

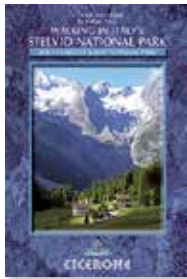


Italy's Sibillini National Park
Gillian Price

A guide to 21 walks and the 8-day Grande Anello dei Sibillini trek that encircles the massif and Sibillini National Park. Easily accessible from Rome.

9781852845353 Jun 2013
192pp 172x116mm £14.95





Walking in Italy's Stelvio National Park

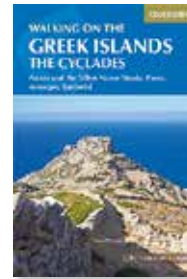
Gillian Price

38 walks exploring a renowned national park in the Italian Alps, bordering the Dolomites to the east and Switzerland to the west. The first English-language guide to the area.

9781852846909 Jun 2013
192pp 172x116mm £16.95



Mediterranean

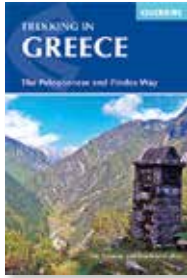


Walking on the Greek Islands – the Cyclades

Cilly Cameron-Cooper

Guidebook to 35 walks exploring the Greek islands of Naxos, Paros, Amorgos and Santorini in the Cyclades. Walks range from 4 to 17km, and include the 5-stage Naxos Strada coast-to-coast route.

9781786310095 May 2020
256pp 172x116mm £14.95



Trekking in Greece

Michael Cullen, Tim Salmon

Challenging treks traversing the Pindos Range, near Athens, and the Peloponnese, plus shorter routes including Zagori and Mount Olympus. For experienced trekkers through difficult and remote terrain.

9781852849689 Mar 2018
304pp 172x116mm £17.95

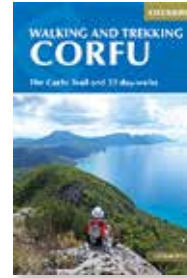


Walking and Trekking in Zagori

Aris Leontaritis

30 graded walks and 3 treks centred on the Zagori and Konitsa national parks, including the Vikos gorge, Drakolimni Lake and rugged Pindos summits.

9781852849412 Jan 2019
248pp 172x116mm £16.95

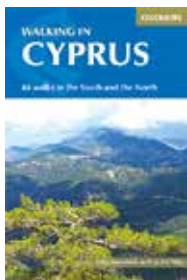


Walking and Trekking on Corfu

Gillian Price

22 day walks and the 150km Corfu Trail from Kavos north to Agios Spyridonas, described in 10 stages. Enjoy olive groves, coastal paths, beaches, lush hillsides and picturesque villages.

9781852847951 Jul 2024
192pp 172x116mm £17.95

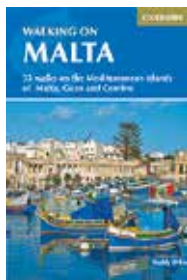


Walking in Cyprus

Jacint Mig, Nike Werstroh

44 graded routes of 3 to 20km covering both the south and north of the island. Taking in pine-clad slopes, olive groves, rugged coastline and dramatic gorges, and historical sites of interest.

9781852848378 Oct 2017
232pp 172x116mm £16.95



Walking on Malta

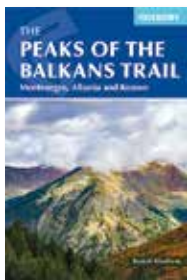
Paddy Dillon

33 walks on Malta and the islands of Gozo and Comino. Walks from 3 to 17km include heritage trails, coast walks and the 30km 'Victoria Lines' route. Year-round walking.

9781852848224 Sep 2019
240pp 172x116mm £14.95



Slovenia, Croatia, Serbia, Montenegro, Albania and Kosovo



The Peaks of the Balkans Trail

Rudolf Abraham

A 192km waymarked trek through Montenegro, Albania and Kosovo. Takes 2 weeks and covers terrain between 670m and 2300m in altitude, crossing remote valleys and mountain passes.

9781786312310 Apr 2025
160pp 172x116mm £18.95



Hiking Slovenia's Juliana Trail

Rudolf Abraham

Guidebook to walking Slovenia's Juliana Trail. A 330km trek through Slovenia's Julian Alps and Triglav National Park in 20 stages.

9781786310880 Sep 2023
192pp 172x116mm £18.95



The Slovene Mountain Trail

Roy Clark, Justi Carey

550km across Slovenia from Maribor near the Austrian border to Ankaron on the Adriatic coast, described as a series of 3 to 6-day treks through the Karavanke and Kamnik-Savinja mountains and Julian Alps.

9781786310200 Feb 2023
256pp 172x116mm £18.95



The Julian Alps of Slovenia

Roy Clark, Justi Carey

A guide to 58 walks in attractive limestone mountain scenery, from 5 bases – Kranjska Gora, Bovec, Kobarid, Bled and Bohinj. Valley strolls to high mountain routes, including Triglav, requiring via ferrata equipment.

9781852847098 Apr 2024
352pp 172x116mm £18.95

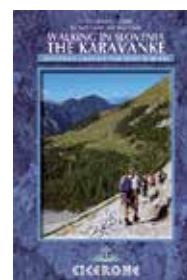


Mountain Biking in Slovenia

Rob Houghton

35 full-day and half-day mountain biking routes in Slovenia. The graded routes range from 12 to 59km, taking in Gorenjska, Soca Valley, the South, as well as Central and North East Slovenia.

9781852848088 Mar 2017
208pp 172x116mm £16.95



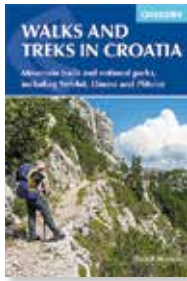
Walking in Slovenia: The Karavanke

Roy Clark, Justi Carey

23 routes set across the mountainous border between Slovenia and Austria, with most approaches from the relatively gentle Slovenian side. Beautiful, untouched Alpine walking.

9781852846428 May 2013
192pp 172x116mm £15.95





Walks and Treks in Croatia

Rudolf Abraham

Day walks and treks in all Croatia's main hiking areas and national parks on the mainland, including the national parks of Northern Velebit, Paklenica, Risnjak, UNESCO-listed Plitvice Lakes and more.

9781852847692 Jun 2019
288pp 172x116mm £16.95



The Islands of Croatia

Rudolf Abraham

30 day walks on 14 islands of the Croatian Adriatic, ranging from short, easy coastal strolls to more challenging, full-day outings, with spectacular views.

9781852847036 Jun 2014
240pp 172x116mm £16.95



The Mountains of Montenegro

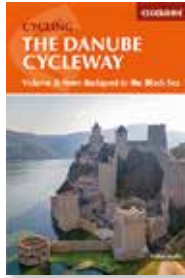
Rudolf Abraham

A guide to walking and trekking in the Dinaric Alps. 17 circular and linear routes, from easy hour-long outings to challenging 5-day treks involving exposure and scrambling.

9781852847319 Mar 2019
256pp 172x116mm £16.95



Eastern Europe



The Danube Cycleway

Volume 2

Mike Wells

Explores the route from Budapest to the Black Sea. Starts in Hungary and continues into Croatia and Serbia before ending in Romania. Part of EuroVelo 6 (EV6).

9781786311894 Nov 2023
264pp 172x116mm £17.95

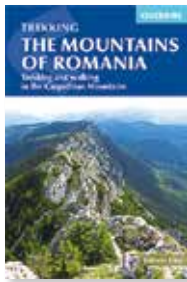


The High Tatras

Colin Saunders, Renáta Nározná

Walks and scrambles in the High Tatras on the Poland-Slovakia border, and neighbouring White and Western Tatras ranges, most using a network of waymarked routes.

9781852848873 Nov 2024
336pp 172x116mm £18.95



The Mountains of Romania

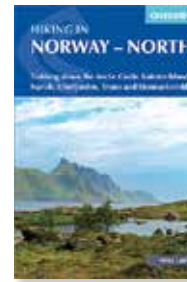
Janneke Klop

Walks and multi-day treks in the Carpathian mountains of Romania. Includes routes in the Maramures and Bucovina regions, Piatra Craiului ridge, and the Retezat and Fagaras mountains.

9781852849481 Feb 2020
416pp 172x116mm £18.95



Scandinavia, Iceland and Greenland

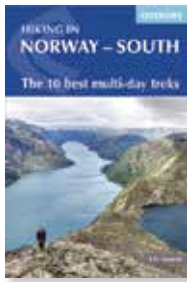


Hiking in Norway - North

Mike Laing

Five trekking routes above the arctic circle in Norway, ranging from 4 to 10 days and 48-165km in length. Includes 1:100K maps and profiles, stage facilities planner and accommodation listings.

9781786310958 Nov 2024
248pp 172x116mm £18.95



Hiking in Norway - South

Ute Koninx

10 short treks in southern Norway. The hut-to-hut routes, of 3 to 8 days, cover Jotunheimen, Rondane, Dovrefjell, Trollheimen and Ryfylke, and an ascent of Galdhøpiggen, Norway's highest peak at 2469m. Suitable for experienced hikers.

9781852849757 Jun 2024
296pp 172x116mm £18.95



Walking and Trekking in Iceland

Paddy Dillon

A range of walks and treks (a total of 100 days) right across the country, taking in amazing volcanic and glacial landscapes, coastal, off-island and inland, with lots of tips for budget travellers.

9781852848057 May 2019
352pp 172x116mm £17.95



Trekking the Kungleden

Mike Laing

The Kungleden (King's Trail) is Sweden's 460km premier long-distance trek, mostly within the Arctic Circle across Lapland. Described in 28 stages. Includes an optional ascent of Kebnekaise.

9781852849825 Jan 2023
272pp 172x116mm £17.95



Trekking in Greenland - The Arctic Circle Trail

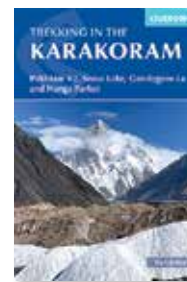
Paddy Dillon

Comprehensive backpacking guide to the 100 mile trail from Kangerlussuaq to Sisimiut crossing the largest ice-free area of West Greenland, 25-30 miles north of the Arctic Circle. Takes 7 to 10 days to complete.

9781852849672 Jan 2023
136pp 172x116mm £18.95



Himalaya



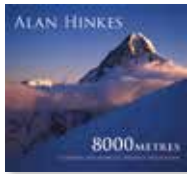
Trekking in the Karakoram

Bart Jordans

High-altitude treks to Snow Lake, K2 Base Camp and Gondogoro La in Pakistan's Karakoram, plus Fairy Meadows and Diamir Face on Nanga Parbat.

9781786310569 Apr 2024
240pp 172x116mm £24.95

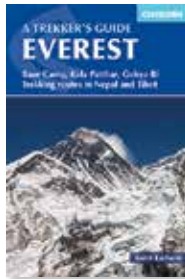




8000 metres
Alan Hinkes

Alongside stunning photography, renowned mountaineer Alan Hinkes relates his awe-inspiring experiences of climbing all 14 of the world's highest mountains.

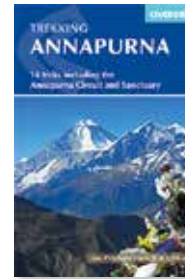
9781852845483 Jul 2022
192pp 265x290mm **£25.00**



Everest: A Trekker's Guide
Radek Kucharski

Comprehensive trekking guide to Thame Valley, Lukla to Namche, Everest Base Camp from Namche and Gokyo, one route in Tibet (the Kharta Valley), and the Three Passes trek (Dingboche to Namche via Kongma La, Cho La, Renjo La).

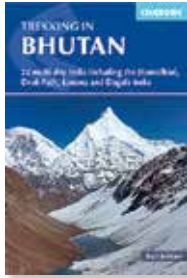
9781786311627 Sep 2023
320pp 172x116mm **£22.95**



Annapurna
Bob Gibbons, Siân Pritchard-Jones

14 treks of various lengths throughout the Annapurna Conservation Area, including the Annapurna Circuit and Sanctuary. Packed with extensive planning information.

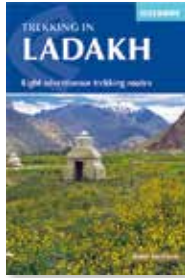
9781852848262 Jul 2022
328pp 172x116mm **£18.95**



Trekking in Bhutan
Bart Jordans

22 multi-day treks including the Jhomolhari, Druk Path and Dagala treks. The trails are mostly in western and central Bhutan, vary from 2 to 23 days and range from easy to strenuous.

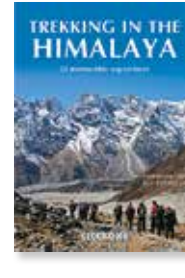
9781852849191 Mar 2018
320pp 172x116mm **£19.95**



Trekking in Ladakh
Radek Kucharski

Eight treks in multiple stages, in a remote and high-altitude landscape of Ladakh, Zaskar and the Markha Valley, where trekking is extremely challenging. Ideal for adventurous trekkers.

9781852848309 Oct 2015
384pp 172x116mm **£22.95**



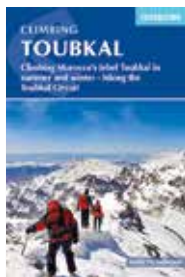
Trekking in the Himalaya
Kev Reynolds, Siân Pritchard-Jones

Inspirational guide outlining 20 treks in the Himalaya, including Bhutan, India, Nepal, Tibet and Pakistan. Classic routes such as Everest Base Camp and Annapurna covered.

9781852846053 Sep 2013
256pp 240x170mm **£20.00**



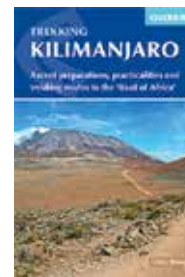
Africa



Climbing Toubkal
Emily Woodhouse

Hiking Jebel Toubkal and the Toubkal Circuit multi-day trek in Morocco's Atlas Mountains. Includes both summer and winter ascents of Jebel Toubkal and acclimatisation routes. OAC maps for all routes.

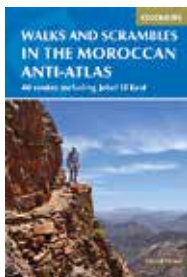
9781786311993 Apr 2025
152pp 172x116mm **£18.95**



Kilimanjaro
Alex Stewart

All the trekking routes on Kilimanjaro (5895m). 6 ascent routes, 3 summit ascents, the Circuit Path and 2 descent routes, plus information on preparation, access, accommodation and a route on Mt Meru.

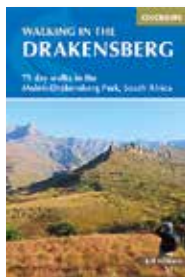
9781852847586 Feb 2018
272pp 172x116mm **£16.95**



Walks and Scrambles in the Moroccan Anti-Atlas
David Wood

40 routes from 5 to 25km, including a summary of a 1-week north to south long-distance trail. Covers 6 main areas: Tafraout, Jebel El Kest, Ait Mansour, Ameln Valley, Taskra and Tanalt.

9781852848095 Nov 2018
280pp 172x116mm **£17.95**



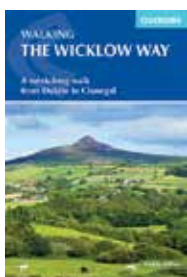
Walking in the Drakensberg
Jeff Williams

75 day walks of 1 to 26km in South Africa's Maloti-Drakensberg Park, a UNESCO World Heritage Site. Easily accessible from Johannesburg, walks explore the cliffs, gorges, waterfalls and abundant wildlife.

9781852848811 Apr 2017
256pp 172x116mm **£17.95**



Ireland



Walking the Wicklow Way
Paddy Dillon

A 146km trail through the scenic Wicklow Mountains from Dublin to Clonegal. The waymarked route is described in 7 stages, through rolling countryside, forest trails and wild mountain landscapes, as well as the historic site of Glendalough.

9781786310507 Apr 2024
112pp 172x116mm **£14.95**



The Wild Atlantic Way and Western Ireland
Tom Cooper

Six cycling tours of 7 to 10 days, based on the Wild Atlantic Way, that can be combined to create a 44-stage, 2400km tour of Ireland's west coast from Derry/Londonderry to Cork.

9781852849092 Feb 2024
256pp 172x116mm **£17.95**



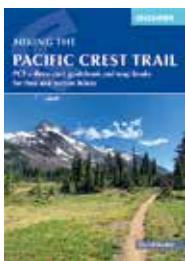
Walking the Kerry Way
John Raffaldi

Ireland's 190km Kerry Way in 10 stages from Killarney. Includes optional side trips to Carrauntoohill, Cnoc na dTobar, Skellig Michael and Valentia Island.

9781786312167 Aug 2024
144pp 172x116mm **£17.95**



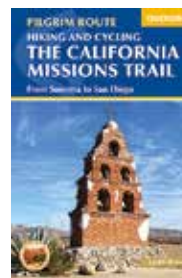
North America



Hiking the Pacific Crest Trail *David Jordan*

2650 mile trek from the Mexican border to British Columbia, passing through California, Oregon and Washington State, taking in the Mojave desert, High Sierras and Cascades.

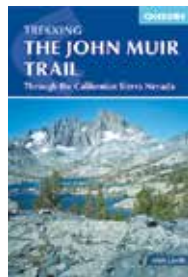
9781786312129 Feb 2025
424pp 178x124mm £34.95



Hiking and Cycling the California Missions Trail *The Reverend Sandy Brown*

An 800 mile (1289km) pilgrimage trail between San Francisco Bay and San Diego takes in 21 historic Spanish missions and can be completed in 50-60 walking days or 2-3 weeks cycling.

9781786311139 Mar 2023
320pp 172x116mm £18.95



The John Muir Trail *Alan Castle*

21 daily stages covering 216 miles, from the Yosemite Valley through 3 national parks of the Californian Sierra Nevada. Includes information on preparation, permits, wilderness skills etc.

9781852847906 Nov 2018
224pp 172x116mm £16.95



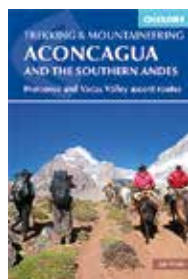
South America



Trekking in Torres del Paine *Rudolf Abraham*

Chile's 10 to 11-day Torres del Paine Circuit, a shorter Half Circuit (4 to 5 days), and treks and day walks in the Torres del Paine and Los Glaciares National Parks, centred on Puerto Natales.

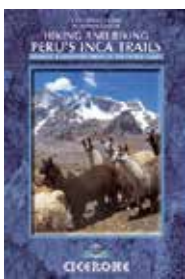
9781786311719 Oct 2023
192pp 172x116mm £18.95



Aconcagua and the Southern Andes *Jim Ryan*

Describes the Normal route (taking 12 days) or the Vacas Valley route (14 days). Difficult mountain terrain up to 6962m, for experienced mountaineers. With treks in the Vallecitos and Tupungato ranges.

9781852849740 Feb 2018
184pp 172x116mm £16.95



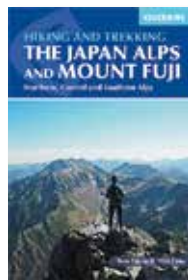
Hiking and Biking Peru's Inca Trails *William Janeczek*

A range of half, full and multi-day walking and mountain bike routes, including 7 different routes with access to Machu Picchu via little-frequented Inca roads and trails.

9781852846312 Jul 2013
288pp 172x116mm £16.95



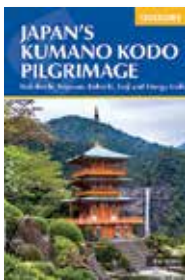
Japan and Asia



Hiking and Trekking in the Japan Alps and Mount Fuji *Wes Lang, Tom Fay*

27 routes in the North, Central and South Alps, and Mt Fuji area. Short easy walks to long, tough treks and scrambles. Covers popular areas of Hakuba, Tateyama, Kamikochi, Kawaguchiko.

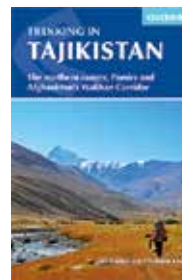
9781852849474 Aug 2021
400pp 172x116mm £22.95



Japan's Kumano Kodo Pilgrimage *Kat Davis*

Japan's Kumano Kodo is a network of ancient pilgrimage trails on the Kii Peninsula, south of Osaka. Covering the Nakahechi, Kohechi and Iseji trails, as well as Koyasan and the Choishimichi route.

9781786312426 Nov 2024
240pp 172x116mm £18.95



Trekking in Tajikistan *Christine Oriol, Jan Bakker*

21 treks exploring 7 different mountain areas, including the Northern Ranges, Pamir Mountains and Afghanistan's Wakhan Corridor. Includes a few day hikes. With advice on equipment, permits, visas and travel.

9781852849467 Nov 2018
400pp 172x116mm £22.95



Hiking in Hong Kong *Andrew Mok, Simon Whitmarsh*

Guide to 4 multi-day trails and 25 day walks (from easy to challenging) on the fascinatingly diverse Hong Kong archipelago. With notes on local plants, wildlife and geology and public transport information.

9781786310514 Jan 2023
264pp 172x116mm £17.95



New Zealand and Australia



Hiking the Overland Track *Warwick Sprawson*

Described over 7 stages, the 80km trail from Cradle Valley to Lake St Clair in Tasmania takes in glacier-carved valleys, vast buttongrass moorlands, mossy rainforests, rugged peaks, thundering waterfalls, alpine meadows and peaceful lakes. Includes side trips.

9781786310132 Feb 2020
208pp 172x116mm £17.95



Mountain Literature



Fifty Years of Adventure Kev Reynolds

Fifty Years of Adventure is a compilation of tales by Cicerone authors. A story to celebrate each year Cicerone has been publishing outdoor activity guidebooks.

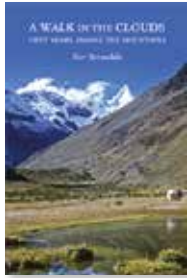
9781786310309 Nov 2018
160pp 240x220mm £25.00



The Pennine Way – The Path, the People, the Journey Andrew McCloy

A personal, thoughtful and often humorous story. Well-researched history, delightful people – from rambblers to resourceful B&B landladies, and the author's own experiences.

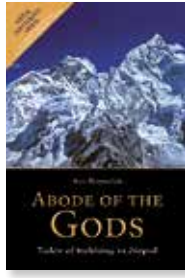
9781852849245 Sep 2016
240pp 216x138mm £12.95



A Walk in the Clouds Kev Reynolds

75 stories sharing Kev Reynolds' most treasured moments in 50 years among the mountain tops of the Pyrenees, Alps, Himalaya, Atlas Mountains and elsewhere.

9781852847265 Aug 2013
224pp 216x138mm £12.95



Abode of the Gods Kev Reynolds

Covering Kangchenjunga, Annapurna, Everest, Langtang, Mansaslu, Daplo, the Far West and the Mugu region, Kev Reynolds tells in lyrical tones of his first explorations, spread over 25 years.

9781852847715 Sep 2015
288pp 234x156mm £19.95



Techniques



Fastpacking Lily Dyu

An introduction to the fastpacking concept through inspiring stories, tales from endurance legends such as Jez Bragg, 12 route ideas from both adventures to 'hut-hopping' trips, plus practical tips and tricks.

9781852849573 Jan 2023
192pp 172x116mm £16.95



Map and Compass Pete Hawkins

This comprehensive guide to navigation provides you with the confidence to get away from crowds, invent your own routes and discover new areas. For veterans and newcomers alike.

9781852845988 Jan 2024
176pp 216x138mm £14.95



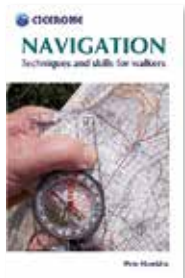
The Mountain Hut Book Kev Reynolds

An informative and entertaining introduction to mountain huts and refuges, exploring their history, and explaining modern-day hut etiquette. With profiles of the author's favourite huts, and sample hut-to-hut routes in the Alps and Pyrenees.

9781852849283 Apr 2018
256pp 210x148mm £14.95



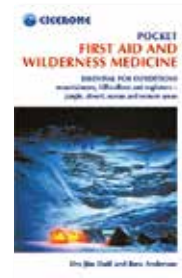
Mini Guides



Navigation Pete Hawkins

A pocket handbook to learn map and compass skills for mountain walking. Chapters include map scales, symbols and contours, grid references, map reading, bearings, route planning and night and bad-weather navigation, as well as navigating with a GPS.

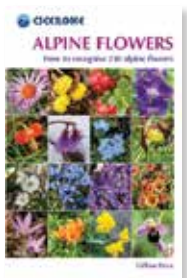
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Pocket First Aid and Wilderness Medicine Ross Anderson, Jim Duff

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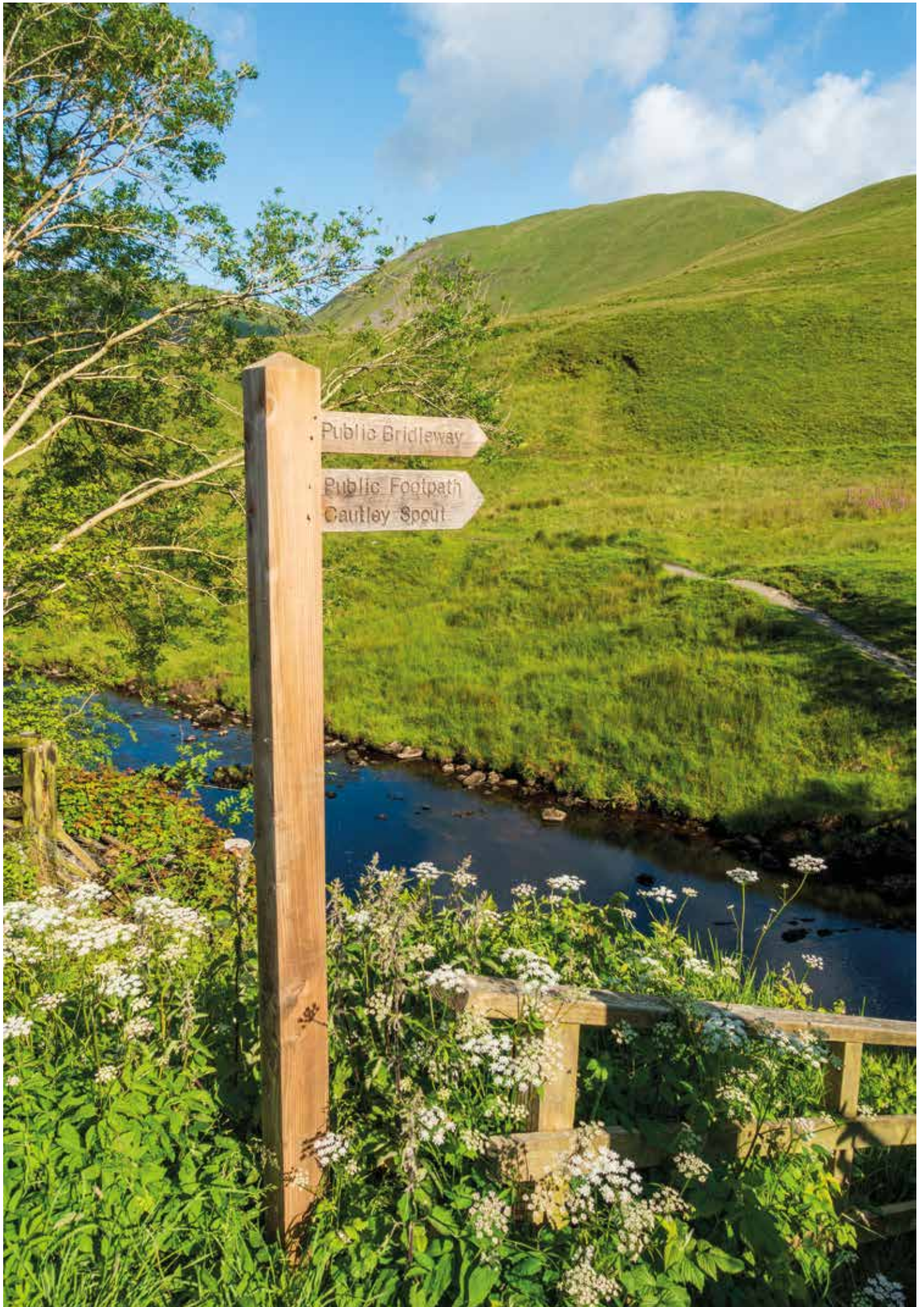


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