

WOUND & SUTURE CARE

1. Keep the wound dry for 24 hours. After this time has elapsed, you may wash the wound with warm, soapy water while being careful not to scrub over or remove the scab.
2. Apply Vaseline for 7-10 days or until the wound has healed. Antibiotic ointment (Bacitracin or Neosporin) can also be used if you are not allergic. If you do not have sutures, a Band-Aid should also be applied.
3. Avoid heavy lifting and other strenuous activities while sutures are in place, as well as 1 week after they are removed. If the wound re-opens at any time, please call the office.
4. If you have sutures and bleeding occurs, apply firm, continuous pressure with gauze for 15 minutes. If bleeding persists, please call the office.
5. If you develop redness, yellow drainage, swelling, or increased pain around the wound, please call the office.
6. If needed, take Tylenol for pain. Try to avoid ibuprofen and aspirin for 3 days after the procedure unless you have previously been prescribed these medications.

Please call our office at (865) 450-9361 if you have any other questions or concerns.