



# Jeff Donovan MD PhD FRCPC

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## **STANDARD and SULPHATE FREE SHAMPOOS FOR TREATMENT OF DANDRUFF AND SEBORRHEIC DERMATITIS**

The following are shampoos which may be recommended by Dr. Donovan

### **Standard Anti-Dandruff and Seborrheic Dermatitis Shampoos**

<b>KEY INGREDIENT</b>	<b>BRAND NAMES</b>	<b>Available at</b>
Zinc pyrithione	<ul style="list-style-type: none"><li>• Head and Shoulders</li><li>• Life Brand Dandruff Shampoo</li><li>• Dove Men+Care® Fortifying Anti-Dandruff Pyrithione Zinc Shampoo</li><li>• Equate Dandruff 2 in 1 Pyrithione Zinc Shampoo</li><li>• Redken zinc pyrithione shampoo</li></ul>	Drug Store
Selenium sulphide	<ul style="list-style-type: none"><li>• Head and Shoulders Clinical Solutions</li><li>• Selsun Blue</li></ul>	Drug Store
Ketoconazole	<ul style="list-style-type: none"><li>• Nizoral</li></ul>	Drug Store
Ciclopirox	<ul style="list-style-type: none"><li>• Stieprox</li></ul>	Prescription
Salicylic Acid	<ul style="list-style-type: none"><li>• Denorex</li></ul>	Drug Store

## Sulphate Free Shampoos

**\*\* please review current manufacturing and ingredient list to confirm these are sulphate free at the time of current manufacturing. This list is up to date as of June 1 2016.**

<b>BRAND NAME</b>	<b>KEY INGREDIENT</b>	<b>Available at</b>
L'Oreal EverFRESH Antidandruff shampoo	Zinc pyrithione	Drug Store
Pharmaceutical Specialties Free and Clear Medicated Anti-Dandruff Shampoo	Zinc pyrithione	Drug Store Online Select health stores
Dead Sea Spa MAGIK Mineral Shampoo	Salicyclic acid and zinc pyrithione	Online Select health stores
Vichy Dercos Anti-dandruff sensitive shampoo	Salicyclic acid and Piroctone olamine	Online Select health stores
Neutrogena T-sal	Salicyclic acid and tar	Drug Store Online Select health stores
Pura Dor Argan Oil Premium Organic Shampoo Scalp and Dandruff Treatment	Zinc Pyrithione	Online Select health stores
Regenapure DR Dandruff Shampoo	Salicyclic acid and 1 % ketoconazole	Online Select health stores