



Payasam

Serve: 2

Courses: Sweets & Desserts

Variants: Pure Olive Oil

Proteins: Veg

Ingredients:

1) 500 ml milk

- 2) 1/2 cup of sugar (adjust to taste)
- 3) 1/4 cup raw rice (non-sticky)
- 4) Nuts and dry fruits, for garnishing
- 5) 1/2 tsp Figaro Pure Olive Oil

Methods:

- Step 1: Add two cups water to the milk and bring to boil in a heavy-bottomed pan.
- Step 2: Heat the olive oil in a shallow pan. Add the nuts and dry fruits and sauté till golden brown.
- Step 3: Once the milk boils, add the sugar and simmer until it reduces to half.
- **Step 4:** Add the washed rice and continue to cook on very low flame, stirring frequently until the milk thickens further and the rice is cooked soft.
- **Step 5:** Add the washed rice and continue to cook on very low flame, stirring frequently until the milk thickens further and the rice is cooked soft.