



## LUNCH MENU

Phone - (570) 472-2299

- TURKEY APPLE CHEDDAR MELT** 12  
Our signature sandwich, served with house-roasted sliced turkey, cheddar cheese, apple slices and apple butter, on white bread.
- THE GRIZZLY BEAR** 15  
A cheesesteak with your choice of grilled steak or chicken, served with onions, sweet peppers, mushrooms, and choice of cheese, served on a classic hoagie roll.
- BEAR CLAW CLUB** 14  
The best club! Ham, turkey, and bacon, served with Swiss and cheddar cheese, along with lettuce, tomato, and mayonnaise. Your choice of toast. *Make it a wrap \$2<sup>00</sup>*
- CREEKSIDE QUESADILLA** 13  
Our famous beef short rib, layered with onions, peppers, a mix of cheeses, and finished with a chipotle aioli. Sour cream and salsa.  
*Substitute **Chicken** or a **veggie patty***
- SUMMER CHICKEN SALAD** 13  
Homemade chicken salad with grapes, candied walnuts, raisins and celery served with lettuce and tomato on a toasted butter croissant. You can also order on a bed of salad greens.
- BLACK BEAN BURGER** 12  
A delicious black bean burger patty cooked to order with crisp lettuce, tomato, onion, mayo, and ketchup, and served on a classic onion brioche bun.
- SOUTHWEST WRAP** 13  
Your choice of steak, chicken or a vegetarian chipotle black bean patty, with roasted red peppers, Pepper Jack cheese, lettuce, and southwest sauce in a wheat wrap.
- SUMMERBERRY FETA SALAD** 11  
Baby spinach with fresh strawberries, feta cheese crumbles, candied walnut pieces, and grape tomatoes. Topped with a homemade blueberry balsamic vinaigrette.

All sandwiches include a complimentary side of chips, a pickle slice, and our daily fresh side dish. Half sandwiches available for \$2 less than regular price

There is a \$3 upcharge for all split sandwiches & wraps

**HOMEMADE SOUP DU JOUR:** cup - \$5<sup>50</sup> • bowl - \$7

**HOUSE SALAD:** small - \$6<sup>50</sup> • large - \$8<sup>50</sup>

**Salad Dressings:** Our own Sweet Parsley Vinaigrette,  
Bleu Cheese, Ranch, Balsamic Vinaigrette, Italian,  
Honey Mustard, 1000 Island

**ADD:** Steak, chicken, shrimp tofu, or black bean patty \$5



**PICK OF 2: - \$12 • PICK OF 3: - \$16**

HALF-SANDWICH • SOUP • QUICHE • SALAD  
Or a CUP OF FRUIT

1. Grilled Cheese, Chicken Salad, Ham, or Turkey Sandwich on your choice of bread
2. Cup of Soup (Bowl of Soup – add \$1)
3. Quiche of the Day
4. Small house salad

### **BEAR CUB'S MENU - 7**

**PB&J • GRILLED CHEESE • MACARONI & CHEESE**  
Served with apple sauce, chips, and choice of milk  
or juice



### **BEVERAGES**

<b>CAPPUCCINO</b>	<b>4<sup>95</sup></b>
HAZELNUT • FRENCH VANILLA • CARAMEL	
<b>BOTTOMLESS COFFEE</b> REGULAR & FLAVORED	<b>3<sup>50</sup></b>
<b>BOTTOMLESS ICED COFFEE</b>	<b>5<sup>50</sup></b>
<b>BOTTOMLESS FRESH BREWED ICED TEA</b>	<b>3<sup>25</sup></b>
<b>SAN PELLIGRINO Sparkling Water</b>	<b>3<sup>25</sup></b>
<b>PURE LEAF TEA</b> SWEET TEA • BERRY • PEACH	<b>3<sup>50</sup></b>
<b>JUICES</b> small 2 <sup>50</sup> • medium 3 <sup>50</sup> • large 4 <sup>50</sup>	
V8 • CRANBERRY • APPLE • ORANGE + \$1 <sup>00</sup>	
<b>LEMONADE</b>	<b>3<sup>95</sup></b>
<b>MILK or ORGANIC CHOCOLATE MILK</b>	<b>2<sup>75</sup></b>
<b>SODA</b> COKE • DIET COKE • ROOT BEER • SPRITE	<b>2<sup>95</sup></b>
<b>CUP of LIPTON or TAZO® TEA</b>	<b>3<sup>25</sup></b>
<b>SIGNATURE HOT CHOCOLATE</b>	<b>5<sup>25</sup></b>

*Consuming raw or undercooked meats, poultry, seafood, shellfish  
or eggs may increase your risk of food borne illness*