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Cerebrospinal fluid biomarkers in the differential diagnosis of Alzheimer's

disease from other cortical dementias

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ABSTRACT

Background: Considering that most of semantic dementia (SD) and frontotemporal dementia (FTD) patients show no postmortem Alzheimer's disease (AD) pathology, cerebrospinal fluid (CSF) biomarkers may be of value for distinguishing these patients from those with AD. Additionally, biomarkers may be useful for identifying patients with atypical phenotypic presentations of AD, such as posterior cortical atrophy (PCA) and **primary progressive non-fluent or logopenic aphasia (PNFLA)**.

Methods: We investigated CSF biomarkers (beta-amyloid 1-42 (A β_{42}), total tau (T-tau), and phosphorylated tau [P-tau]) in 164 patients with AD (n=60), PCA (n=15), behavioral variant FTD (n=27), SD (n=19), **(PNFLA)** (n=26) and functional cognitive disorders (FCD, n=17). We then examined the diagnostic value of these CSF biomarkers in distinguishing the patients from those with AD.

Results: The P-Tau/A β_{42} ratio was found to be the best biomarker for discriminating AD from FTD and SD, with a sensitivity of 91.7% and 98.3%, respectively, and a specificity of 92.6% and 84.2%, respectively. As expected, biomarkers were less effective in differentiating AD from **PNFLA** and PCA, as significant proportions of PCA and **PNFLA** patients (60% and 61.5%, respectively) had concurrent alterations of both T-tau/A β_{42} and P-Tau/A β_{42} ratios. None of the FCD patients had a typical AD CSF profile or abnormal T-tau/A β_{42} or P-Tau/A β_{42} ratios.

Conclusion: The P-Tau/A β_{42} ratio is a useful tool to discriminate AD from both FTD and SD, which are known to involve pathological processes distinct from AD. Biomarkers could be useful for identifying patients with an atypical AD phenotype that includes **PNFLA** and PCA.

INTRODUCTION

With the prospect of disease-modifying drugs that will target the physiopathological process of Alzheimer's disease (AD), it is crucial to improve the efficacy of the differential diagnosis between AD and other cortical dementia. The determination of cerebrospinal fluid (CSF) biomarker profiles of cortical dementias may ameliorate the distinction between AD and newly characterized non-AD dementias, such as frontotemporal dementia (FTD) and semantic dementia (SD). In addition, it may identify potential patients with atypical phenotypic presentation of AD, such as posterior cortical atrophy (PCA) and primary progressive aphasia (PPA), who may be candidates for emerging therapies.

The CSF biomarkers total tau (T-tau), phosphorylated tau (P-tau) and beta-amyloid peptide 1-42 (Aβ42) can distinguish controls from AD subjects [1, 2], even in early stages of the disease [3-8]. The accuracy of CSF biomarkers in the differential diagnosis between AD and other cortical dementias, however, is not well understood. Previous studies have primarily focused on the interest of biomarkers to discriminate AD from frontal variants of frontotemporal lobar degenerations (FTLD), which are defined by behavioral changes. These studies have found that CSF biomarkers are useful in discriminating AD from FTD [9-17], and one study [11] demonstrated the high sensitivity and specificity of biomarkers in distinguishing AD from proven FTD (confirmation via autopsy and genetics).

Besides these data, some important questions remain unresolved. First, the ability of CSF biomarkers to distinguish AD from non-behavioral variants of FTLDs, such as SD, remains to be studied. The diagnosis of SD can be difficult and is a common cause of the misdiagnosis of AD [18]. While neuropathological studies have reported a lack of AD lesions in most SD patients [18-21], one study (which included a small sample of patients) reported that CSF biomarkers in SD subjects showed a similar CSF profile to that of AD patients [14],

showing an unexpected low power of biomarkers to discriminate between these two distinct pathologies.

The second unsolved question is the ability of CSF biomarkers to identify AD pathology in atypical focal cortical presentations of AD, such as PCA and logopenic PPA [18, 19, 22]. Different from AD, PCA and logopenic PPA are characterized by specific clinical presentations (e.g., visual-spatial difficulties in PCA), with relative respect to episodic memory and focal atrophy. The most frequent underlying pathology found in autopsy studies, however, is AD [18]. Thus, these conditions have been coined focal cortical presentations of AD [18]. Biomarkers may be able to identify the biological mechanisms of PCA and PPA and may also be useful for selecting patients who would benefit from new disease-modifying therapies.

The main objective of this study was to analyze the usefulness of CSF biomarkers for discriminating AD from FTD, SD, PCA and **primary progressive non-fluent or logopenic aphasia (PNFLA)**. We analyzed individual data to identify how CSF biomarkers can be included in the differential diagnosis of AD in clinical practice.

METHODS

The study included 164 patients hospitalized between May, 2007, and July, 2009, at the Center of Cognitive and Behavioral Diseases, Pitié-Salpêtrière Hospital, Paris, France (n=160 patients) or at the University Hospital of Rennes (France) (n=4 patients).

All patients were evaluated by neurologists experienced in the care of patients with neurodegenerative diseases. All patients underwent a neuropsychological examination that included the Mini Mental State Exam [23], free and cued selective reminding test (FCSRT) [24] for verbal episodic memory, Frontal Assessment Battery [25] for executive functions, digit spans for working memory, Verbal Fluency (letter S and category: fruit in 2 minutes)

[26], gestual praxis and visuoconstructive function by copying the Rey figure or MMSE pentagons. When dementia other than that observed in AD was clinically suspected, an additional specific neuropsychological battery was administered to increase the specificity of the clinical diagnosis using tests to assess orbitofrontal function for FTD, semantic memory for SD, and Balint's syndrome and Gerstman syndrome for PCA.

All patients underwent standardized serum tests (for B12, thyroid functioning, sedimentation rate, and so on) to investigate other causes of non-neurodegenerative dementia in younger patients. All subjects underwent structural magnetic resonance imaging (MRI) or computed tomography (CT) when MRI was not possible. Brain perfusion (99m)Tc-ECD SPECT was proposed for most of the patients (n= 131/164), especially when a non-AD dementia diagnosis was suspected.

Patients were excluded from the study if they presented any of the following: 1) systemic illnesses that could interfere with cognitive functioning; 2) extrapyramidal signs or neurological history suggestive of Parkinson's disease with dementia, progressive supranuclear palsy, corticobasal degeneration or dementia with Lewy bodies; 3) vascular lesions on MRI or neurological history suggestive of vascular dementia; or 4) motor-neuron disease.

Patients were divided into the following six distinct diagnostic groups: (1) probable AD according to NINCDS-ADRDA criteria [27]; (2) behavioral variant of FTLD according to the latest revised criteria [28, 29]; (3) SD, defined as a primary progressive aphasia and characterized by fluent speech, marked anomia, impaired word comprehension, deficits in non-verbal semantic association tasks and possible prosopagnosia [28, 30, 31]; (4) PNFLA, characterized by the presence of predominant effortful speech output with word finding difficulty, possible phonological and/or syntactic errors, relative sparing of single-word comprehension and possible deficits in sentence repetition [20, 32, 33]; 5) PCA, defined by

initial presentation of progressive visual or visuospatial impairment in the absence of ophthalmologic impairment with evidence of complex visual and/or visuospatial disorder on examination and a relatively preserved episodic memory [34, 35]; and 6) functional cognitive disorders (FCD), defined as a psychiatric diagnosis, such as depression, bipolar disorders or generalized anxiety disorders.

Most of patients were on symptomatic treatment (mainly anticholinesterasic medications and/or serotonin-specific reuptake inhibitor).

To improve diagnostic accuracy, all patients were clinically followed for at least 18 months (at least 6 months before lumbar puncture and at least 12 months after lumbar puncture). The probable clinical diagnosis was established according to the above clinical criteria using a consensus mechanism blind to CSF biomarkers values. The clinical diagnosis was then coupled with laboratory data for CSF biomarkers to establish the sensitivity and specificity for each CSF biomarker to distinguish AD patients from other groups of patients.

Sample collection and biochemical measurements

CSF samples obtained by lumbar puncture were centrifuged for 10 minutes at 1500 rpm at 4°C to remove cells, aliquoted to 0.4 mL samples in polypropylene tubes and stored at -80° C until analysis. CSF biomarker levels of T-tau, P-Tau at threonine 181 and A β_{42} were measured in duplicate using the double sandwich ELISA method (Innogenetics) according to the manufacturer's instructions. We also calculated derived ratios from single biomarkers, including T-tau/A β_{42} and P-Tau/A β_{42} .

Analyses for all patients, except for four, were performed in the Metabolic Biochemistry

Department at the Pitié-Salpêtrière Hospital; analyses for the remaining four patients were

performed at the Biological Neurochemistry laboratory at the University Hospital of Rennes.

All operators were blind to clinical information.

All biological and clinical data were generated during a routine clinical work-up and were retrospectively extracted for the purpose of this study. Therefore, according to French legislation, explicit informed consent was waived. However, regulations concerning electronic filing were followed, and patients and their relatives were informed that individual data might be used in retrospective clinical research studies.

Statistical analysis

All statistical analyses were performed using Statview 4.0 (SAS Institute Inc., Version 5.0), MedCalc Software and STATISTICA 5.5A (© StatSoft, Tulsa, Oklahoma, USA).

Descriptive statistics were used to characterize each clinical group.

The samples were checked for normality by the Shapiro-Wilk test, which revealed that CSF biomarkers did not follow a normal distribution. The Mann-Whitney U-test was then employed to assess differences in demographics and biological data between the AD group and each of the other five clinical groups. The chi-square test was used to compare gender ratios. An alpha (significance) level of 0.05 was chosen.

Receiver operating characteristics (ROC) curve analyses were performed to evaluate the discriminating power of the different biomarkers and clinical diagnosis. The area under the curve (AUC) was used as a measure of the overall performance of each ROC curve (with a 95% confidence interval). Moreover, we assessed whether the AUC values were significantly different using a nonparametric method for correlated samples (Delong's method). Finally, optimal cutoff points of biomarkers were calculated by selecting the point on the ROC curve that maximized both sensitivity and specificity.

The Spearman coefficient test was used to assess correlations between CSF variables, age, MMSE and disease duration. Bonferroni correction for multiple comparisons was applied.

Because differences between the groups in CSF collection, CSF storage and center of recruitment were seen as potential sources of bias, we conducted further analyses that resulted in exclusion of the four patients who came from the Hospital of Rennes, all of whom were in the SD group. However, the results were not significantly modified after excluding these patients.

RESULTS

Patient characteristics and mean CSF biomarker levels

Demographic data, clinical data and CSF biomarker levels for each group of patients are shown in Table 1 (and table 4, as supplementary material on-line). There were no significant differences in age or mean disease duration between the AD group and each of the non-AD dementia groups (FTD, SD, PNFLA and PCA). Gender distribution was similar between the AD group and each of the non-AD dementia groups, except for PCA and PNFLA groups. No differences in the MMSE score were found between the AD group and non-AD dementia groups, except for SD patients who had slightly higher MMSE score than AD patients.

Patients with FCD were younger than the AD patients and had a higher MMSE score. Gender distribution in FCD group was similar to the AD group.

The CSF $A\beta_{42}$ levels were significantly lower in the AD group compared with the FCD and SD groups, and the FTD levels were between the AD and SD group levels. No differences in CSF $A\beta_{42}$ levels were found among the AD, PCA and PNFLA groups (AD=PCA= PNFLA <FTD<FCD).

The CSF T-tau and P-tau levels were significantly increased in the AD group compared with the FCD, FTD, SD and PNFLA groups (AD>PFNLA>SD=FTD=FCD, for both biomarkers). This was especially true with the FCD, FTD and SD groups (p < 0.0001 for both markers). These differences, however, were less significant when compared with the PNFLA

patients (p < 0.01 for Tau and p < 0.05 for P-Tau). There were no significant differences between the AD and PCA groups in T-tau levels.

The T-tau/A β_{42} and P-Tau/A β_{42} ratios were significantly higher in AD patients relative to FCD, FTD or SD patients (p < 0.0001 for both ratios). In addition, T-tau/A β_{42} and P-Tau/A β_{42} ratios were reduced in **PNFLA** and PCA patients relative to AD patients (p < 0.01 and p < 0.05, respectively; AD>**PNFLA**=PCA>FTD=SD>FCD).

 $A\beta_{42}$ levels and the two ratios differed significantly between the FCD group and the FTD group. However, there were no differences in the CSF biomarker levels between the FTD and SD groups. All biomarker measures were significantly different in the **PNFLA** and PCA groups when compared with the FTD or SD groups.

No correlation was found between $A\beta_{42}$ and T-tau or P-Tau levels for the entire population or within each group. A linear regression analysis between CSF T-tau and P-Tau levels showed a significant correlation for all groups studied (data not shown).

We also analyzed statistical correlation (Spearman test, with Bonferroni correction) between different CSF biomarkers and clinical data (age, disease duration or MMSE). The different CSF biomarkers and ratios (A β_{42} , T-tau, P-Tau, T-tau/A β_{42} and P-Tau/A β_{42}) showed no significant correlations with age, gender, disease duration or MMSE for the entire population or within each group (the corrected p did reach significance level for none of the correlations).

Determination of the sensitivity, specificity and optimal biomarker cutoff for differential AD diagnosis

A pairwise comparison of the area under the ROC curves revealed that T-tau/A β_{42} and P-tau/A β_{42} were better than each separated CSF biomarkers in discriminating AD patients from FCD, FTD, SD, PNFLA and PCA (see Figure 1). Based on the AUC, sensitivity and

specificity, the P-tau/A β_{42} ratio discriminated AD from FCD and others cortical dementias better than A β_{42} , T-tau, P-tau and T-tau/A β_{42} .

Table 2 shows the sensitivity, specificity, AUC and optimal cutoffs determined by ROC analysis for discriminating the AD group from each clinical group.

The T-tau/A β_{42} and the P-tau /A β_{42} ratios better differentiated AD patients from SD or FTD patients than the individual CSF markers alone. The T-tau/A β_{42} ratio discriminated AD from SD or FTD patients with a 95% sensitivity (for both groups), and an 84.2% and 85.2% specificity, respectively. Similarly, the sensitivity for the P-tau/A β_{42} ratio for discriminating AD from FTD or SD was 91.7% and 98.3%, respectively, whereas the specificity was 92.6% and 84.2%, respectively (see Table 2). In contrast, CSF biomarkers and their ratios were less effective at discriminating AD from **PNFLA** and PCA patients.

Because we wanted to determine the optimal cutoff for a differential diagnosis of AD, we grouped SD and FTD patients into an FTLD group. ROC curve analysis showed that sensitivity and specificity of P-tau / $\Delta\beta_{42}$ ratio remained high (91% and 89%, respectively). When the FCD and FTLD groups were pooled, we found a similar or higher sensitivity and specificity, except for the T-tau levels, as when the groups were considered alone. By comparing the FTLD group and FTLD pooled with FCD, the significant threshold for $\Delta\beta_{42}$, P-tau, T-tau/ $\Delta\beta_{42}$ and P-tau/ $\Delta\beta_{42}$ did not change. The T-tau cut-off was higher in the FTLD group than the FTLD group pooled with the FCD group.

Individual biomarker profiles by diagnosis group

To identify how CSF biomarkers can be included in the differential diagnosis of AD in clinical practice, we analyzed the percentages of patients by groups with altered levels of CSF biomarkers (Table 3). We chose the optimal cut-off determined by ROC analyses for

discriminating FTLD and AD groups because of the known differences in underlying histopathological characteristics between the diseases.

As expected, 90% of AD patients had both abnormal T-tau/A β_{42} and P-tau/A β_{42} , whereas only one (3.7%) FTD patient and three (15.8%) SD patients had abnormal scores for both ratios. No FCD patients had abnormal scores for either CSF ratio. In contrast, at least 60% of PCA and **PNFLA** patients had both abnormal T-tau/A β_{42} and P-tau/A β_{42} ratios.

Figure 2 shows a scatterplot of CSF P-tau/A β 42 ratio in patients according to clinical diagnosis. A distinct distribution was observed between AD and FTD, SD and FCD patient data. By contrast, the distribution of P-tau/A β 42 ratio in AD patient data overlapped with PNFLA and PCA patient data.

DISCUSSION

We investigated the ability of CSF biomarkers to distinguish AD from other forms of neurodegenerative cortical dementia. The CSF biomarker levels in AD patients found here were similar to those typically observed in AD patients [1, 5]. In analyzing the ability of CSF biomarkers to differentiate AD from non-AD dementias or FCD, two main findings emerged. First, the combined CSF biomarker profiles measured by the T-Tau/Aβ42 or P-Tau/Aβ42 ratios were able to differentiate AD from FTD, SD and FCD with very high sensitivity and specificity. These data indicate that FTD, SD and FCD were distinct from AD in their underlying biological causes. Conversely, CSF biomarkers were not able to differentiate AD from PCA and PNFLA with the same high accuracy, suggesting heterogeneity within the PCA and PNFLA patients and a possibility of AD pathology in some cases.

In agreement with previous studies [10, 11, 13-15], we found higher mean levels of CSF Tau and P-Tau and lower mean levels of CSF A β 42 in FTD patients, when compared to AD subjects. The P-Tau/A β 42 ratio appears to be the best biomarker profile for discriminating

AD from FTD, with a sensitivity of 91.7%, a specificity of 92.6% and very few false-positives (7%). This finding is consistent with a previous study that reported a sensitivity of 77% and specificity of 81% for the P-Tau/Aβ42 ratio in distinguishing AD from clinically-established FTLD (validated by two years of follow-up) [15]. Furthermore, a study with confirmed FTLD patients reported high sensitivity (79%) and specificity (97%) for the Tau/Aβ42 ratio in distinguishing FTLD from AD [11]. In the latter study, combining neuropsychological measures with CSF biomarkers did not improve the ability to distinguish FTLD from AD, but no analyses were performed on the different variants of FTLD.

Semantic dementia is a rare cause of FTLD [31]. Memory complaints and forgetfulness of words, mimicking early AD, are frequent reasons for consultation. Semantic dementia is frequently misdiagnosed as AD [18] because the speech in SD is fluent and not easily suggestive of progressive aphasia and also because semantic verbal deficits can disturb performance in tests of verbal episodic memory. Semantic dementia has different histopathological characteristics from AD [19, 21]. In pathologically-confirmed SD patients, FTLD with ubiquitin-positive, tau-negative inclusions and TAR-DNA-binding protein 43 (TDP-43) -positive inclusions were the most common finding [19, 21]. Surprisingly, a previous study of CSF biomarkers on SD (n=13 patients without autopsy) was not consistent with neuropathological data, showing similar CSF profiles to the AD group [14]. In our cohort, SD CSF profiles clearly differed from those of AD. The best biomarker pattern for discriminating SD from AD was the P-Tau/A β 42 ratio, which had high sensitivity (98.3%) and specificity (84.2%). The P-Tau/A β 42 ratio appears to be able to differentiate the histopathological lesions associated with AD from those associated with FTD and SD.

The P-Tau/Aβ42 ratio did not reach a similar power for discriminating AD from PNFLA and PCA, lacking sensitivity and specificity. This finding may be attributable to PPA not being a clinical entity with a homogeneous pathological profile, but corresponds to three possible phenotypes: SD, progressive non-fluent aphasia (PNFA) and logopenic aphasia (see [20] for review). In an autopsy series, tau pathology was the main pathological diagnosis in PPA with speech apraxia [36, 37], classically called PNFA [20], while AD was the commonest cause of logopenic aphasia, which is characterized by non-fluent speech mimicking conduction aphasia [37]. These distinct clinical non-fluent PPA variants were also observed in an in-vivo study [22] that used positron tomography emission with the [11C]-Pittsburgh compound B, a radioligand that was designed to measure the amount of fibrillar Aβ deposits [38] and that has been confirmed by a postmortem study in AD [39]. Our data, showing an overlap between CSF biomarkers levels between PNFLA and AD (see Figure 2), are in agreement with these neuropathological and PET studies.

Similarly, CSF P-Tau/Aβ42 ratio does not discriminate PCA from AD with the same power that we observed in FTD, SD and FCD. Clinicopathological series found that AD was the most frequent cause of PCA, accounting for 80-100% of all cases [18, 35, 40]. An in vivo study of amyloid deposition by PET confirmed in a single patient that PCA is associated with amyloidosis [41].

Interestingly, individual data showed abnormal ratios for both T-tau/Aβ42 and P-Tau/Aβ42 in 61.5% of PNFLA patients and in 60% of PCA patients. A recent neuropathological study demonstrated that the combination of low Aβ42 and high T-tau level in antemortem CSF predicted the presence of AD-associated pathological changes with high accuracy and strongly supported the possibility of AD [42]. The P-tau/Aβ42 ratio exhibited the best sensitivity and the highest specificity for patients with a confirmed AD diagnosis. Consistent with these data, patients with atypical cortical presentation of AD, such as PNFLA and PCA, could be identified by CSF biomarkers, particularly T-tau/Aβ42 and P-Tau/Aβ42 ratios.

Combining CSF biomarkers may improve the in-vivo differential diagnosis between AD and both FTD and SD, which have distinct neuropathological causes. The combination of CSF biomarkers may also help to predict the underlying pathology in focal cortical presentations of AD (as in logopenic PPA and PCA) and to identify candidate patients for emerging therapies against amyloidosis.

While pathological data may be important for establishing diagnosis for the different groups of patients, no autopsy was available in our cohort. Future studies with autopsy-confirmed diagnoses are needed to confirm our findings, especially on the PNFLA group. It would also be of value to study the biomarker profile in a series of patients that were evaluated with positron tomography emission with the PIB, in order to test the concordance between CSF biomarkers and PIB data. It should be noted, however, that clinical diagnosis was established using accepted consensus criteria; all patients were extensively evaluated with clinical, biological, neuropsychological and neuroimaging exams. Furthermore, all patients had at least 18 months of clinical follow-up in centers with expertise in the field of dementias. Finally, all CSF data were obtained from the same center, except for four patients with SD, thus decreasing the risk of potential sources of bias in the biological results.

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Table 1: Demographic and CSF data of studied groups.

	AD	FTD	SD	FCD	PCA	PNFLA
N	60	27	19	17	15	26
Age	63.6 (57-72)	66 (59-73)	60 (57-68)	56 (52-58) ^b	62 (57-67)	65.5 (62-71)
Sex ratio (M/F)	30/30	15/12	9/10	12/9	3/12	10/16
Disease duration (years)	3 (2-4)	3 (2-5)	4 (2-7)	Not applicated	3 (2-5)	4 (3-5)
MMSE	20 (17-24)	21 (18-23)	22 (21-27) °	27 (26-28) ^{a d}	19 (16-22)	21 (20-24)
FAB	13 (11-14)	13 (6-14)	15 (12-17)	15 (13-17) ^a	9 (6-14)	14 (10-17)
Aβ42 (ng/ml)	237.6 (155.5-315.5)	394 (306.2-473) ^a	532 (308.2-682.2) a	500 (417-614.5) a d	241 (227.2-382.7) NS d	263.5 (206-351) NS d
T-tau (ng/ml)	571 (419-796.5)	239 (137-407.4) ^a	317 (209.5-433.7) a	185 (141.2-262.7) ^a	436 (368.3-496.5) NS d	414 (288-556) ^{b d}
P-tau (ng/ml)	84.2 (69-107.5)	43.5 (32.5-57) ^a	46.2 (38.4-67.0) ^a	34 (30.2-56.9) a	58 (47.3-77.7) ^{c d}	59.95 (49-86) ^{c d}
T-tau/Aβ42	2.450 (1.688-3.433)	0.582 (0.396-1.055) ^a	0.492 (0.35-0.928) a	0.335 (0.31-0.51) ^{a d}	1.759 (1.13-2.46) ^{c d}	1.528 (0.85-2.31) ^{c d}
P-tau/Aβ42	0.43 (0.26-0.48)	0.13 (0.08-0.15) ^a	0.18 (0.06-0.13) a	0.074(0.066-0.093) ^{a d}	0.26 (0.14-0.31) ^{bd}	0.30 (0.16-0.39) ^{bd}

AD = Alzheimer disease

FTD = behavioral variant of frontotemporal dementia

FCD = functional cognitive disorders

SD = semantic dementia

PCA = posterior cortical atrophy

PNFLA = progressive non fluent or logopenic aphasia

MMSE = Mini-Mental State Exam

FAB = Frontal Assessment Battery

Data are presented as median (25th-75th percentile) for each variable.

Comparison between AD patients and other groups was performed using a non-parametric Mann-Whitney U-test with the following annotations:

NS Non significant vs AD group

a p<0.0001

b p<0.01

c p<0.05

d p < 0.05 Mann-Whitney U-Test vs. FTD group

Please access supplemental material on-line (table 4) to find this data presented in mean and standard deviation (SD) values

Table 2: Results of ROC analyses for discrimination of AD from other clinical diagnoses.

Values in parentheses indicate 95% confidence interval

^{*} Significance of discrimination (P value for significant difference in area under the ROC curve = 0.5)

	Cutoff (pg/mL)	Sensitivity (%)	Specificity (%)	AUC	p
AD vs FCD					
$A\beta_{42}$	395	93.3	82.4	0.940 (0.862 to 0.981)	0.0001
T-Tau	289	90	94.1	0.931 (0.849 to 0.976)	0.0001
P-Tau	64	83.3	94.1	0.900 (0.811 to 0.957)	0.0001
$Tau/A\beta_{42}$	0.77	98.3	100	0.988 (0.930 – 1.00)	0.0001
$P\text{-}Tau/A\beta_{42}$	0.140	98.3	100	0.984 (0.925 – 0.99)	0.0001
AD vs FTD					
$A\beta_{42}$	292.1	68.3	85.2	0.817 (0.720 -0.892)	0.0001
T-Tau	458	70	88.9	0.832 (0.736 - 0.903)	0.0001
P-Tau	62.5	83.3	85.2	0.851 (0.759 - 0.918)	0.0001
$Tau/A\beta_{42}$	1.23	95	85.2	0.926 (0.849 - 0.971)	0.0001
P -Tau/A β_{42}	0.211	91.7	92.6	0.942 (0.871 - 0.981)	0.0001
AD vs SD					
$A\beta_{42}$	425	98.3	68.4	0.810 (0.706 - 0.889)	0.0001
T-Tau	493	65	89.5	0.813 (0.709 - 0.892)	0.0001
P-Tau	74	63.3	94.7	0.825 (0.723 - 0.901)	0.0001
$Tau/A\beta_{42}$	1.05	95	84.2	0.876 (0.783 - 0.940)	0.0001
$P\text{-}Tau/A\beta_{42}$	0.143	98.3	84.2	0.864 (0.768 - 0.931)	0.0001
AD vs PNFLA					
$A\beta_{42}$	234	50	69.2	0.581 (0.470 - 0.687)	0.2346
T-Tau	616	46.7	88.5	0.686 (0.576 - 0.781)	0.0017
P-Tau	62	85	53.8	0.671 (0.562 - 0.769)	0.0044
$Tau/A\beta_{42}$	1.678	75	65.4	0.713 (0.606 - 0.806)	0.0002
$P\text{-}Tau/A\beta_{42}$	0.296	68.3	69.2	0.688 (0.579 - 0.783)	0.0014
AD vs PCA					

$A\beta_{42}$	221	41.7	86.7	0.614 (0.494 - 0.724)	0.1796
T-Tau	497	63.3	80	0.663 (0.545 - 0.768)	0.0251
P-Tau	59.5	86.7	60	0.705 (0.588 - 0.805)	0.0027
Tau/Aβ ₄₂	1.33	88.3	46.7	0.706 (0.589 - 0.805)	0.0026
P-Tau/Aβ ₄₂	0.311	61.7	80	0.733 (0.618 - 0.828)	0.0003
AD vs SD + FTD					
$A\beta_{42}$	379	91.7	60.9	0.814 (0.727 - 0.883)	0.0001
T-Tau	465	68.3	87	0.824 (0.738 - 0.891)	0.0001
P-Tau	64	83.3	80.4	0.840 (0.757 - 0.904)	0.0001
Tau/Aβ ₄₂	1.23	95	84.8	0.905 (0.833 - 0.954)	0.0001
P-Tau/Aβ ₄₂	0.211	91.7	89.1	0.911 (0.839 - 0.957)	0.0001
AD vs SD + FTD + FCD					
$A\beta_{42}$	379	91.7	66.7	0.848 (0.772 - 0.906)	0.0001
T-Tau	341	88.3	73	0.853 (0.778 - 0.910)	0.0001
P-Tau	64	83.3	84.1	0.857 (0.782 - 0.913)	0.0001
Tau/Aβ ₄₂	1.23	95	88.9	0.928 (0.866 - 0.966)	0.0001
P-Tau/Aβ ₄₂	0.211	91.7	92.1	0.930 (0.870 - 0.968)	0.0001

Table 3: Number of patients (%) with altered values of individual CSF biomarkers and their ratios, with patients divided into the studied groups. The employed cut-offs were those found from ROC curves for discriminating AD from FTD pooled with SD.

	AD	FCD	FTD	SD	PCA	PNFLA
Aβ42 < 379 pg/ml	55/60 (91.6)	3/17 (17.64)	12/27 (44)	6/19 (31.5)	11/15 (73)	21/26 (80.7)
T-tau > 465 pg/ml	41/60 (68.3)	2/17 (11.76)	3/27 (11.1)	4/19 (21.05)	6/15 (40)	10/26 (38.46)
P-Tau > 64.3 pg/ml	50/60 (83.3)	1/17 (5.88)	4/27 (14.81)	5/19 (26)	6/15 (40)	12/26 (46.1)
T-tau/A β 42 > 1.23	57/60 (95)	0/17	4/27 (14.81)	3/19 (15.8)	11/15 (73)	17/26 (65.3)
P-tau/A β 42 > 0.211	54/60 (90)	0/17	2/27 (7.4)	3/19 (15.8)	9/15 (60)	16/26 (61.5)
T-tau/A β 42 >1.23 and P-tau/A β 42 > 0.211	54/60 (90)	0/17	1/27 (3.7)	3/19 (15.8)	9/15 (60)	16/26 (61.5)
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Figure 1: ROC curves of the sensitivity and specificity for individual CSF biomarkers and ratios in discriminating AD patients from **PCA** (A), **FTD** (B), SD (C) and **PNFLA** (D) patients. The combination of the two ratios (T-tau/Aβ42>1.23 and P-tau/Aβ42 > 0.211) discriminated AD patients from PCA (A), FTD (B), SD (C) and **PNFLA** (D) patients with 95% sensitivity and 94% specificity, with a positive predictive value of 93% and a negative predictive value of 95.4%.

Figure 2: Scatterplot of CSF P-tau/A β_{42} ratio in patients according to clinical diagnosis. Figure 2a shows distinct distribution of these scores between AD patients and FTD, SD and FCD patients. Figure 2b shows greater overlap in the distribution of P-tau/A β_{42} ratio in AD, PNFLA and PCA patients.

Appendices: Supplemental material on-line

Table 4: Demographic and CSF data of studied groups. Data are presented as mean (± SD, maximum - minimum) for each variable.

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AD = Alzheimer disease

FTD = behavioral variant of frontotemporal dementia

FCD = functional cognitive disorders

SD = semantic dementia

PCA = posterior cortical atrophy

PNFLA = progressive non fluent or logopenic aphasia

MMSE = Mini-Mental State Exam

FAB = Frontal Assessment Battery

Comparison between AD patients and other groups was performed using a non-parametric Mann-Whitney U-test with the following annotations:

NS Non significant

a p<0.0001

b p<0.01

c p<0.05

d p < 0.05 Mann-Whitney U-Test vs. FTD group

	AD	FTD	SD	FCD	PCA	PNFLA
N	60	27	19	17	15	26
Age	64.3 ± 9.8	63.11 ± 11.2	61.41 ± 7.45	57 ± 10 ^{b d}	71 ± 5.66	66 ± 7.45
	(48 – 85)	(24 - 86)	(50 – 76)	(44 – 85)	(67 – 75)	(46 - 82)
Sex ratio M/F	29 M / 32 F	13 M / 14 F	9 M/ 8 F	12 M / 9 F	3 M / 12 F	12 M / 14 F
Disease duration	4 ± 2.48	4.22 ± 3.33	4.27 ± 3.21	Not applicated	3.42 ± 1.87	4 ± 2.39
(years)	(1 – 14)	(1 - 14)	(1 - 11)		(2 - 8)	(1 - 10)
MMSE	20 ± 5.41	20 ± 4.62	22 ± 6 °	27 ± 1.94 a d	19 ± 5.19	22 ± 4.27
	(6-29)	(10 - 27)	(7 - 30)	(24 - 30)	(6-26)	(13 - 30)
FAB	11 ± 3.84	10 ± 4.72	13.5 ± 2.77	15 ± 2.7 a	9.14 ± 4.47	13 ± 3.81
	(0-17)	(1 - 15)	(10 – 17)	(9 –18)	(0 - 16)	(6-18)
Αβ42	244.23 ± 95.31	408.36 ± 149.80 a	563.94 ± 404.73 b	530.7 ± 168.96 ^{a d}	$288.42 \pm 99.49^{\text{NS d}}$	$315.44 \pm 174.27^{\text{NS}}$
	(62 - 460)	(187 - 817)	(62 – 1711)	(286 - 900)	(129 – 456)	(120 - 786)
T-tau	554 ± 306.85	312 ± 217.72 a	354.47 ± 256.56 b	207.65 ± 107.67 a	$502.36 \pm 243.0^{\text{NS d}}$	477 ± 317.93 ^{c d}
	(131 – 1763)	(84 - 906)	(74 – 1190)	(70 - 529)	(168 – 1110)	(127 - 1300)
P-tau	84 ± 38.69	48.4 ± 22.92 a	54.28 ± 34.40 a	$41.67 \pm 18.62^{a d}$	68.15 ± 33.48 ^{c d}	73 ± 39.45 ^{c d}
	(15 - 212)	(12 - 106)	(12 - 163)	(17 – 83)	(27 – 143)	(34 - 178)
T-tau/Aβ42	2.41 ± 1.67	$0.582 \pm 0.72^{\text{ a}}$	1.12 ± 1.47 ^a	0.39 ± 0.15 a d	1.92 ± 1.12 ^{c d}	1.84 ± 1.35 bd
	(0.31 - 8.59)	(0.25 - 3.69)	(0.26 - 5.5)	(0.13 - 0.77)	(0.69 - 4.99)	(0.23 - 5.83)
P-Tau/Aβ42	0.362 ± 0.22	0.10 ± 0.09 a	0.18 ± 0.26 a	0.08 ± 0.027 a	$0.26 \pm 0.15^{\ b\ d}$	$0.29 \pm 0.20^{\ b\ d}$
	(0.035 - 1.255)	(0.04 - 0.51)	(0.03 - 1.03)	(0.03 - 0.14)	(0.05 - 0.64)	(0.04 - 0.86)



