



SPRING 2022



# Hamilton Park Co-Op Ltd

Keeping You Updated about Your Community

[www.hamiltonpark.org.au](http://www.hamiltonpark.org.au)

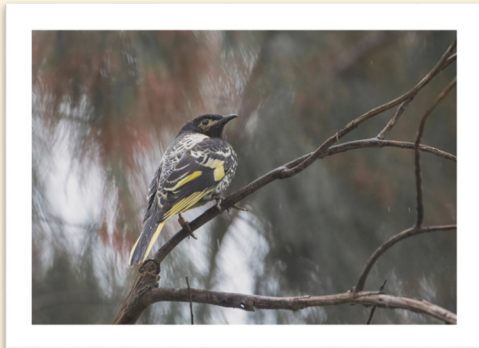
[hpboard@hamiltonpark.org.au](mailto:hpboard@hamiltonpark.org.au)

Hamilton Park Co-Operative 26 Kurrajong Lane Glenrowan 3675.

Regent Honey Eater recently sighted at Hamilton Park. Our Bush For Birds Project will enable more sightings of our native birds.

We welcome SPRING and enjoy new discoveries at Hamilton Park

Our Botanical mystery the Spiny Bitter-Pea .



## ANNUAL GENERAL MEETING OF HAMILTON PARK :

You are invited to attend the Annual General Meeting of Hamilton Park  
**OCTOBER 22nd 2022 Commencing at 10am at the Community Area.**

SAVE THE DATE



**GLENROWAN PHARMACY**

40 Gladstone St  
Glenrowan VIC 3675  
Ph: (03) 7021 1170  
Mon—Fri 8:30am—5pm



Meet your new pharmacist!

Grona has worked in rural and remote areas and is passionate about helping people understand their medications

Glenrowan Pharmacy is a full service pharmacy providing a range of services including

- Prescriptions
- Free medication packaging
- Medication advice
- Return of unwanted medication



## OUT AND ABOUT

### WALK AND TALK.

Participants have enjoyed the physical and social interaction that this has provided. We walk to Glenrowan and after morning tea walk back to Hamilton Park. We leave Henley Drive entrance at 9.30am on a Thursday Morning (except the 3rd Thursday). Some people enjoy joining us for coffee and a chat. There is also the option of just walking part of the way with us .For further details contact Dianne on 0421348711 or via facebook



### GARDEN CLUB

Members continue to enjoy meeting together over a cuppa and sharing their love of gardening. They meet at 10am on the 4th Monday of the month at various homes. **October 24th:** Group Meeting at Henley Road for garden bed clean up. Followed by a cuppa– BYO cup and plate to share.

**November 28th:** Table arrangement Workshop at Jo Dickson's Warrawong Lane.

Contact: Tina Norton



### MONTHLY LUNCHEONS

The luncheons are popular with a large number of residents attending and enjoying the interaction with their neighbours. Contact: Tina Norton 0419880761

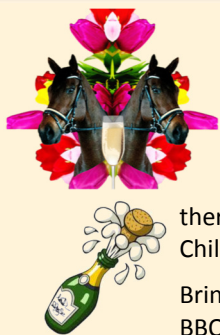


### SCARECROW WALK

Our Social Committee have suggested that we hold a scarecrow display on each property to be admired by one and all and the birds!



Sounds like a lot of fun and enjoyment for residents. Your input would be very welcome and perhaps if there is enough interest the activity could be seasonal. Please contact Tina Norton or a social committee member with your ideas .



### MELBOURNE CUP LUNCHEON:

The Social Club are organising a Melbourne Cup function on **Tuesday November 1st**. The Cup Sweeps will be available for those interested and there will be a Best Hat Parade for Children, Ladies & Gents.

Bring along your Chicken & Champagne or BBQ and Drinks.

### PRUNING PILE



The pruning pile is now closed for 2022 and a big thank you is extended to Peter Janas for coordinating this service and to Yvonne Arnott for her conscientious gate keeping duties. Peter was also grateful to community members for being conscious of keeping the facility in a neat and orderly state and as a result it has been the neatest for many years. It will only need minimal burning when it has suitably dried out. Thank you also to Hamilton Park Management for enabling this service to continue.

***Well done to Peter and all your helpers. Your efforts are much appreciated by our community***



**FROM HUMBLE BEGINNINGS :** As our thoughts have been drawn to the Royal Family and the late Queen Elizabeth over the past few weeks, I thought I would share this little story with you. The late Fredrick Fox was the Queen's Milliner until his death in 2013. Fredrick grew up in the little town of Urana in the Riverina (my home town). Fredrick was only nine when he began designing hats for his mother and sister and went on to design hats for the Queen and Princess Diana. Beginning in 1970 he designed more than 350 hats for the queen with his trademark skill being a mixture of whimsical and propriety. Some of his hats are now featured in a special collection in the historical museum at Urana.



## Next Working Bee's

As we enter the summer (fire) period there is a lot to be done around HP, the wet weather has made it impossible to mow or whipper snip in lots of areas, so we expect that this will require a few dates to get it all done.

**Saturday October 15th - commencing at 8.30am**

**PLANNED JOBS:** Continuing the tidy up around bottom dam and mowing/whipper snipping as well as clearing fallen trees before pruning pile is burnt.

**Next working bee?** We realise that Saturday mornings aren't convenient for everyone and are considering a Friday night time. Let us know what you think at [Parklands@hamiltonpark.org.au](mailto:Parklands@hamiltonpark.org.au)



## Mulch Sale NOVEMBER 12TH—8.30AM –12NOON

**Check Facebook for any changes to this date**

**\$20.00 A TRAILER LOAD**

### From the board:

Our AGM is here again, and it's a good time to reflect on what we have achieved.

Would be great to as many as possible attend and contribute to HP.

Since October last year we had with the clean-up and firewood collection working bees after the thinning project of last year which was funded by a grant from "Birds for Bush"

Then we moved onto the 50th Celebration, the completion of the book for publishing marked the end of a project that spanned several years mostly during COVID times.

The organising of the event, and the catering was another task that had to be organised, implemented and cleaned up. We even cleaned out our shed, of all the junk we had accumulated over the years, and erected a tent in case of rain.

The event was a resounding success with the "weather gods" providing a great day. For the many past residents who attended it was a time to meet again and reflect on what Hamilton Park is, "A great place to live"

Throughout the year the native vegetation group has worked away spraying and removing invasive weeds, identifying plants and birds.

Somewhere we even found time to replace the bridge between Omar Court and Warrawong Lanes.

It's been a very busy year for everyone at Hamilton Park and it wouldn't have happened without our volunteers, who contribute their time and skills. It's also been to see some new faces being involved.

One of our well known and volunteers and a board member is retiring after eight years of service to our community. Peter Ockenden has been the face our water system during his time on the board and done an outstanding job, we owe Peter an enormous debt of gratitude for all his efforts.

We have reached a time when it is time to renew the board, we have several positions vacant and would like to hear from anyone who would like to participate as a board member. Joining the board without any experience, there is always a period of time to observe and participate while you learn about what the board does.

What is planned for the next year? Feedback from the survey has indicated that there is a requirement for a playground, we are hoping to remodel the community area a little to incorporate a playground for the younger community members. If you have any ideas either write to us or join our board and be a part of this new project. We also hope to complete the seating around the park project that was started last year but not completed yet.

Finally, the newsletter is an important link to our community, if you have stories that you would like to share, send your ideas to Dianne at [newsletter@hamiltonpark.org.au](mailto:newsletter@hamiltonpark.org.au) We would like to hear from younger contributors on what they are doing and not necessarily at HP. Maybe your sports team won a grand final, or you have another interest to share.



**HAMILTON PARK'S BOTANICAL MYSTERY:** This Spiny Bitter-pea was originally identified as *Daviesia benthamii* ,(pictured on our front cover) but DNA testing has revealed there are actually two species, described by biologists as an unlikely pair of twins. This "unlikely pair" have been named after actors Danny DeVito and Arnold Schwarzenegger, stars of the cult '80s comedy 'Twins'. These isolated small, low lying Spiny Bitter-pea bushes are flowering now and they can be found near the tennis courts and the dam banks. The closest known location is at Wedderburn and attempts to propagate these plants have been unsuccessful.

Also mowing restrictions will need to be implemented to protect these plants. Glen Schofield has indicated that she is willing to point out this rare and endangered species to prevent mowing in future. Glen said (quote) "*it is another reason that HP is so special. I reckon they deserve our care and protection*"



**GRASS SEEDS IN ANIMALS:** As we approach the grass seed season this is a timely reminder to protect our canine friends .The innocuous looking Barley Grass seeds can cause a surprising amount of harm to animals. The pointed end of the seed can easily become embedded in skin, often between toes, in eyes, in the mouth, down ears or even up noses. We have had several cases so far this year and if not found and removed early enough, the seeds can migrate through the body tracking infection with them.

For more information please refer to our website, [hamiltonpark.org.au/dog-safety](http://hamiltonpark.org.au/dog-safety)



## HAMILTON PARK MOWING.

### Why do we mow :

- To reduce fuel before the fire season
- To create walking tracks, and increase the visibility of snakes
- To reduce weeds and protect/enhance native grassland plants



*Note the density of Capeweed on the regularly mowed area, compared to the lesser mowed native grass area.*

### What are the restrictions on mowing:

Grassy areas and paths look neat at a MINIMUM height of 25mm, or higher. If mowed too low, perennial grasses will die out in favour of weeds like Capeweed and Corkscrew.

The Native Grasslands are extremely sensitive to being mowed too low. The Native Grassland zones are scheduled to be mowed after the seed has set, in early summer.

The Native Grasslands are the supermarkets for our seed eating birds.

This year has seen sections of the Parklands become waterlogged and boggy.

Mowing at such time results in soil disturbance and possible damage to your mowers.

Do not mow these areas until they are sufficiently dry.

Before mowing, do a review with a **Board Member** to ensure you are aware of any concerns within the area.

A team of volunteers assist using their own or HP mowing equipment. Please contact **Parklands Manager** to contribute to improving HP. For more details on mowing refer to the Hamilton Park Common Land Management Plan, pages 11, 15-16

Cleaning of mowers will reduce the spread of weeds from your garden to HP and back again, HP has areas of weeds that you do not want in you garden. Cleaning your mower before leaving your mowing patch, leaves the weeds in one area.



Dear Residents, Thank you for all the contributions to our Newsletter and special thanks to Margaret Butt and Lucas Brook for their great photos. All contributions are very welcome and enhance our community newsletter. If you have an item please e-mail me at : [newsletter@hamiltonpark.org.au](mailto:newsletter@hamiltonpark.org.au) Thank you Dianne.

From the Editor



### Jo's Chocolate Slice Gluten and Lactose Free

**Ingredients:** 125 gms of melted LF Margarine, 1 cup sugar, 1 cup coconut, 1 ½ cups of GF SR Flour, Vanilla  
2 heaped dessert spoons of cocoa, 1 egg, water if required

**Method:** Mix all together in a bowl – should be moist and spreadable in consistency Place in slice tray and back on 180 degree oven for 25 to 30 mins. Dust with icing sugar or ice with chocolate icing.