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Insurance Friendly - Accepting PPO and EPO Policies





Drug / Alcohol / Co-occurring Disorder Treatment Centers

A Continuity of Care

• Detoxification • Residential • Partial (Day Treatment – PHP) • Intensive Outpatient • Outpatient

At Harmony Place, we believe clients can experience sustained recovery from alcohol and substance abuse by utilizing evidence-based therapy and maximizing one-on-one therapy sessions. We provide personalized treatment plans in a warm and comfortable environment.

Beyond Exceptional Treatment — This is our pledge to everyone we serve.



NATIONAL ASSOCIATION
OF
ADDICTION TREATMENT PROVIDERS

It is documented through recent research studies that an integrated approach in the treatment of addictions has been much more effective in reaching long term sobriety and behavior modification than treatment that deals with addiction alone. Harmony Place is licensed by the State of California and accredited nationally by The Joint Commission on Accreditation of Healthcare Organizations. (JCAHO) as a dual diagnosis facility. We have also been certified for all levels of care by them and have the special distinction earmarked by The Department of Healthcare Services (DHCS) and American Society of Addiction Medicine (ASAM) as qualifying for “3.5- Clinically Managed High- Intensity Residential Services (Adult Criteria)”. Harmony Place is certified by the State of California to treat clients with the highest degree of acuity for substance abuse and co-occurring mental and physical conditions as any adult residential facility in the entire State. Harmony Place is an integrated treatment facility that meets the highest standards of ASAM for residential level of care. Very few Residential Treatment Centers (RTC) in California hold this distinction.

Our treatment team of professionals have over 200 years of combined experience in this particular field. We recommend a combined stay at all levels of care to be 90 days to meet the highest potential for long term recovery. The National Institute on Drug Abuse in Washington DC, states that the “*ideal length of stay Should be 90 days!*” and*this is very important as to the success rate of addicts.*”

Time magazine reported in July of 2007 that “90 days is just about how long it takes for the typical addicted brain to reset itself and shake off the immediate influence of a drug.” Researchers at Yale University Addiction Research Studies agreed. “It takes a gradual re-engaging of proper decision making and analytical functions in the brain’s prefrontal cortex after an addict has abstained for at least 90 days.”

Harmony Place believes wholeheartedly in the right of self-determination. We meet weekly as a treatment team and offer advice as to length of stay. Each client determines their own commitment to recovery. We are committed to deliver the best integrated treatment possible to each and every client while at Harmony Place.



Harmony Place, Woodland Hills



HARMONY PLACE

Compassionate, evidence-based care

Harmony Place is a full service, 12 bed co-ed residential treatment facility specializing in drug and alcohol treatment, pain management rehabilitation, behavior addictions, and co-occurring mental health issues. Such as: Trauma, PTSD, Depression, Anxiety, Bi-polar disorder and others.

Harmony Place was created by an extraordinary team of experts in addiction treatment with decades of collective experience in both mental health and substance abuse treatment.

Our treatment model is unique, combining the best personalized therapy and clinical services with a holistic mind, body and spirit approach.

Our programs include:

- *Daily Individual and group therapeutic services*
- *Evidence-based Behavioral & Trauma Therapies, including DBT, CBT, & EMDR*
- *Mindfulness based, holistic, and expressive therapies*
- *MyBrainSolutions, a cutting edge, online evidence based approach*
- *Experiential Therapy - including: Psychodrama, Equine Therapy, Nature walks, Art therapy, Acupuncture, Chiropractic, Massage therapy, Music therapy, Nutritional therapy, and Yoga*



Harmony Place, Aftercare



Harmony Place, Sanlo

AFTERCARE SERVICES

Continuing Care

At Harmony Place Aftercare, we provide the same high quality of personalized, evidence-based treatment as at our inpatient facility. We assist our clients in developing the skills necessary to get back to their lives without returning to the destructiveness of their addictive behavior.

We offer a compassionate, individualized outpatient program for adult men and women specializing in treating drug and alcohol abuse, behavior addiction, co-occurring disorders and trauma. Our program blends traditional psychological approaches with holistic therapies and hands on techniques to instill long term recovery and life long sobriety.

Harmony Place Aftercare also provides vocational counseling and guidance. The goal of Harmony Place Aftercare is for clients to gain knowledge and understanding of their disease, to find the meaning of the symptom and move beyond the pain and suffering caused by their addiction.

SANLO TRANSITIONAL LIVING

Transitional Living

Harmony Place Sanlo Transitional Living is an extended care home for clients who have completed the residential program at Harmony Place.

This warm, nurturing environment provides a safe haven for clients while they attend Harmony Place Aftercare. The serene atmosphere allows residents to focus on recovery, gain independence and develop new behavior and coping skills for long term success and sobriety. The group setting offers an environment conducive to renew communication and problem solving.

Sanlo Transitional living is a luxurious, bright and spacious home located on a private residential street in Woodland Hills, CA. Bedrooms are large and comfortable. There are numerous quiet areas around the home available for relaxation and introspection. French doors line the living and dining room which open to a lush landscaped backyard, featuring a patio area with a beautiful view, pool and spa.

A scenic landscape at sunset. A dirt path leads through a field, bordered by a wooden fence. In the distance, a hill is silhouetted against the bright sun, which creates a lens flare effect. To the right, a wooden signpost with several directional signs stands in the field. The sky is a mix of blue and orange, suggesting the time is either dawn or dusk.


HARMONY
place

Harmony Place — offering an extra piece of hope.