

Communication boards for nonverbal or nonspeaking patients

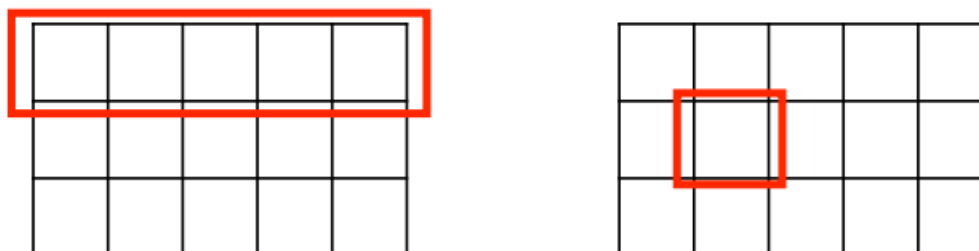
If it is difficult for the patient to point, please use partner-assisted scanning.

STEP 1: Ensure good lighting, stable head positioning, and clear sight lines between you and the patient. Have the individual put on their glasses and/or hearing aids before you start. Remove masks and other PPE if possible so you can see each other's faces.

STEP 2: Agree upon the patient's "yes" gesture (e.g., nod, slow blink, thumbs up). Agree upon the patient's "no" or "mistake" gesture (e.g., thumbs down, frown, two blinks). Make sure they can answer "yes" or "no" reliably to some basic questions about who they are. Speak loudly and clearly, using simple language.

STEP 3: Hold the tool approximately 1-2 feet from the patient's face. Ask the patient to focus on the communication board and find the message they want to communicate. Point to the first row and ask, "Is it in the first row?" If the patient indicates "no" or does not respond, move to the second row and ask, "Is it in the second row?" etc.

STEP 4: Once the patient indicates YES to their target row, point to each message within the selected row: "Is it suction? Trouble breathing?" etc.



STEP 5: Once the patient chooses an item within the row, speak their choice out loud and verify that this is what they meant. "You said you need suction. Is that right?" The patient can then signal "yes" or "no" to confirm their response.

- If the board seems too complex or too much to look at, try folding the paper over to isolate just the messages you think they may want to communicate to you, then return to Step 3. Many of the boards are organized to group similar symbols together (e.g., hygiene needs regarding "hair" are all in the same column) for faster scanning. You can also consider covering symbols with sticky notes if they do not seem personally relevant to the patient.

STEP 6: When you've finished communicating with the patient, make sure to document what worked best! If the patient can't use this tool effectively now, that does not mean they won't be able to use it later today, tomorrow, or this week. Continue to provide opportunities to support communication as able.

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In the hospital room

I'm uncomfortable

 <p>I'm hungry / thirsty</p>	 <p>Soiled</p>	 <p>I'm hot</p>	 <p>I'm cold</p>
 <p>Heating pad</p>	 <p>Ice pack</p>	 <p>Toilet</p>	 <p>Urinal</p>
 <p>Lotion</p>	 <p>Lip balm</p>	 <p>Blanket</p>	 <p>Socks</p>

A B C... I will spell

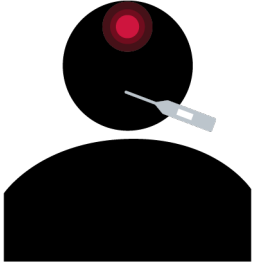
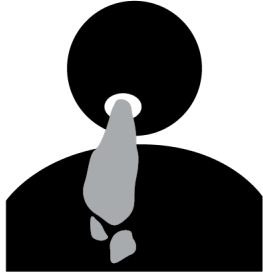


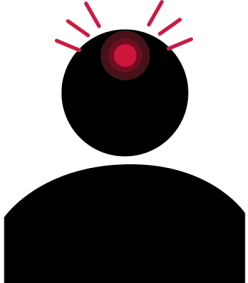

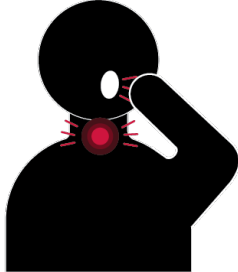
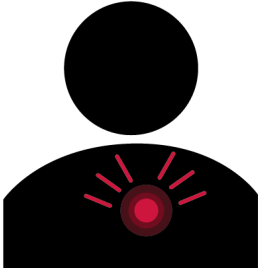

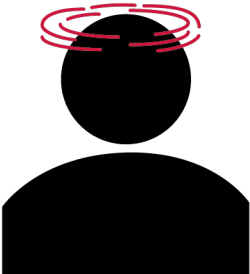
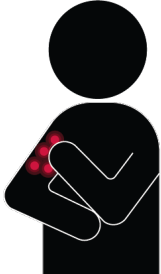



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Not on this board



I'm in pain

 <p>Fever</p>	 <p>Nausea</p>	 <p>Diarrhea / constipation</p>	 <p>Trouble breathing</p>
 <p>Headache</p>	 <p>Stomachache</p>	 <p>Sore throat</p>	 <p>Chest pain</p>
 <p>Bleeding</p>	 <p>Light-headed / dizzy</p>	 <p>Rash</p>	 <p>Stiffness</p>

A B C... I will spell

Not on this board



Get cleaned up

 <p>Wash hair</p>	 <p>Wash face</p>	 <p>Brush teeth</p>	 <p>Dentures</p>
 <p>Comb / brush hair</p>	 <p>Wash hands</p>	 <p>Shaving</p>	 <p>Glasses</p>
 <p>Haircut</p>	 <p>Bath</p>	 <p>Clip nails</p>	 <p>Hearing aids</p>

A B C... I will spell





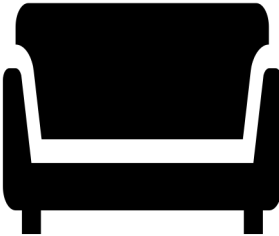
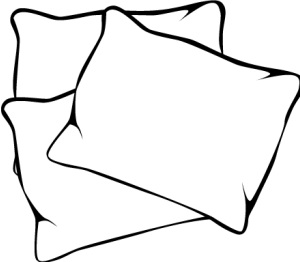
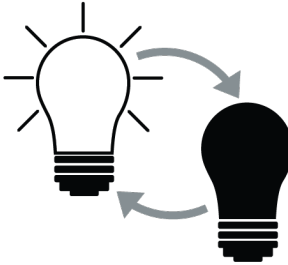
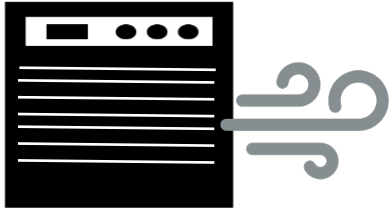

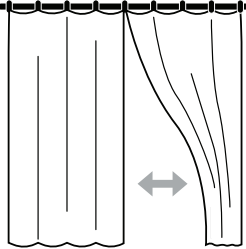




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Adjust my...

 <p>Raise head of bed</p>	 <p>Lower head of bed</p>	 <p>Raise foot of bed</p>	 <p>Lower foot of bed</p>
 <p>Chair</p>	 <p>Pillow</p>	 <p>Lights</p>	 <p>Air conditioning</p>
 <p>Door</p>	 <p>Curtains</p>	 <p>Call light</p>	 <p>Quiet</p>

A B C... I will spell


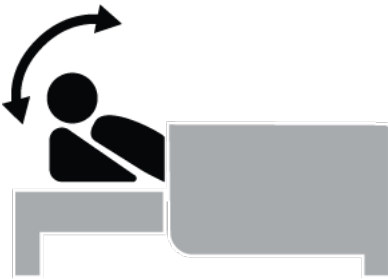

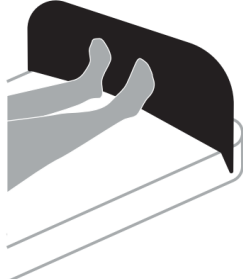


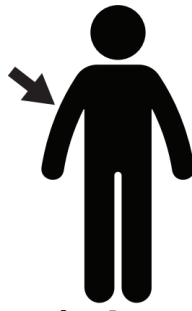
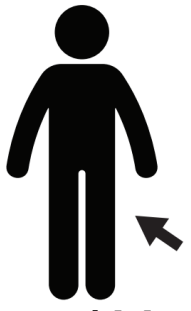
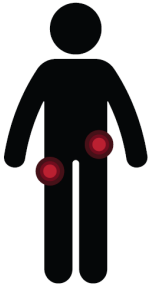
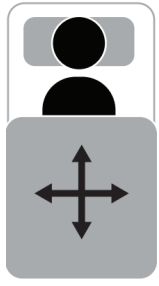
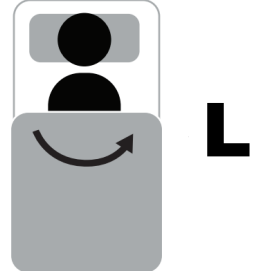
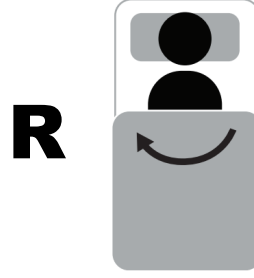


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Bed positioning

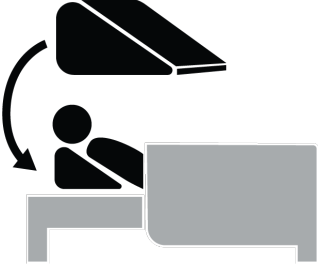

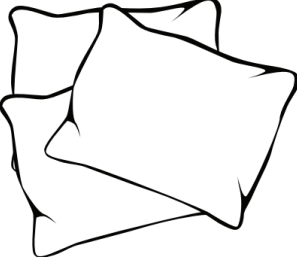
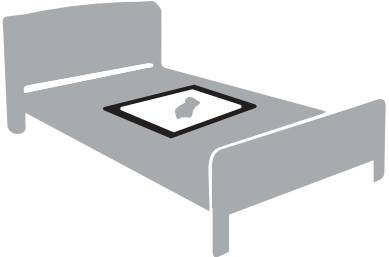
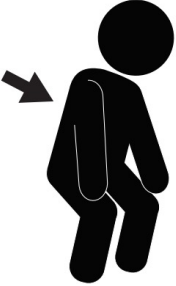
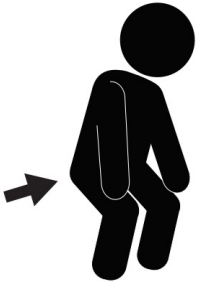
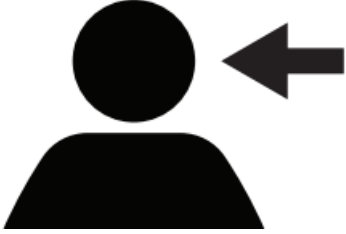
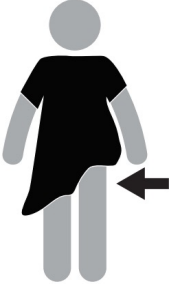
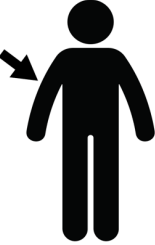
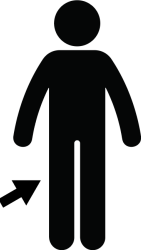


 <p>I'm stuck</p>	 <p>Adjust recline</p>	 <p>Pull me up</p>	 <p>Adjust footrest</p>
 <p>I have a cramp</p>	 <p>Help me stretch</p>	 <p>Arm / shoulder</p>	 <p>Leg / hip</p>
 <p>Pressure sores?</p>	 <p>Reposition me</p>	 <p>Turn onto left side</p>	 <p>Turn onto right side</p>

A B C... I will spell

Not on this board



Help me get comfortable



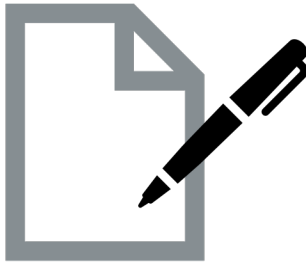
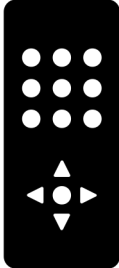


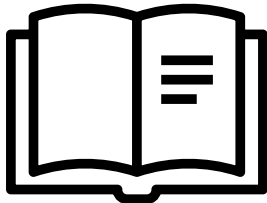
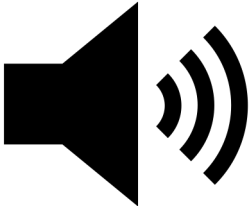

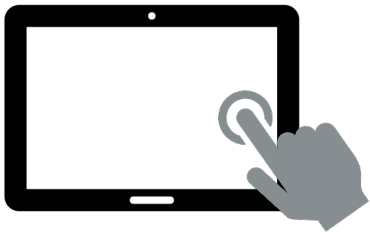

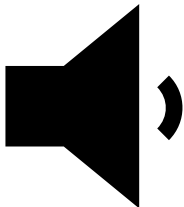
 <p>More support</p>	 <p>Less support</p>	 <p>+ / - Pillows</p>	 <p>Incontinence pad</p>
 <p>Under back</p>	 <p>Under bottom</p>	 <p>Under head</p>	 <p>Adjust clothes</p>
 <p>Arm</p>	 <p>Leg</p>	 <p>Right</p>	 <p>Left</p>

A B C... I will spell

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Something to do

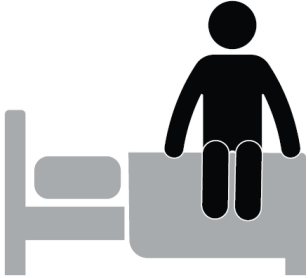


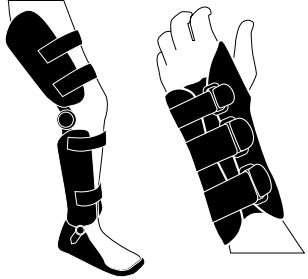
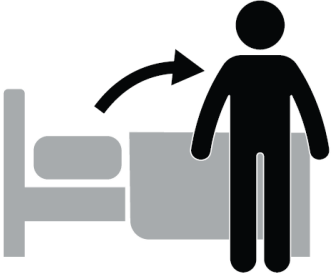
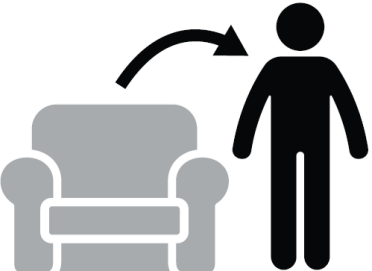


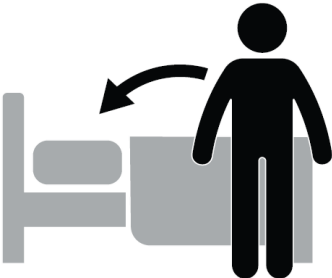
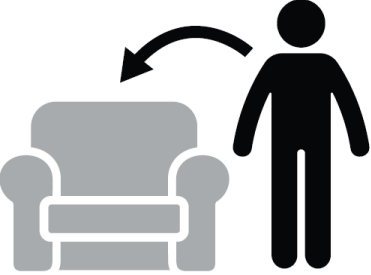


 <p>TV</p>	 <p>Phone call</p>	 <p>Pen and paper</p>	 <p>Change channel</p>
 <p>Radio</p>	 <p>Video call</p>	 <p>Book / magazine</p>	 <p>Volume up</p>
 <p>Music</p>	 <p>Tablet</p>	 <p>Headphones</p>	 <p>Volume down</p>

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Not on this board



Transfers and mobility

 <p>Sit on edge of bed</p>	 <p>Get on toilet</p>	 <p>Try walking</p>	 <p>Brace on / off</p>
 <p>Get out of bed</p>	 <p>Get out of recliner</p>	 <p>Try rollator</p>	 <p>Adjust table</p>
 <p>Get back in bed</p>	 <p>Get in recliner</p>	 <p>Get in wheelchair</p>	 <p>Dizzy</p>

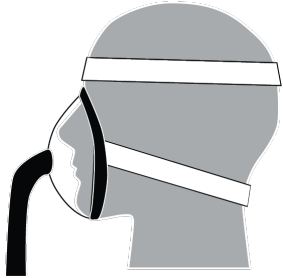
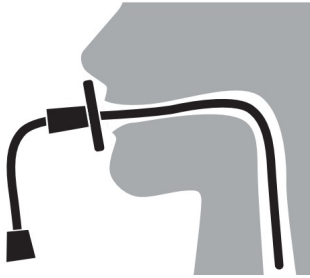
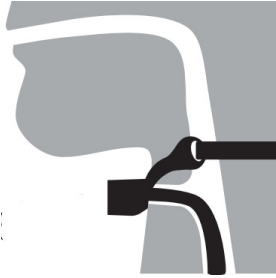
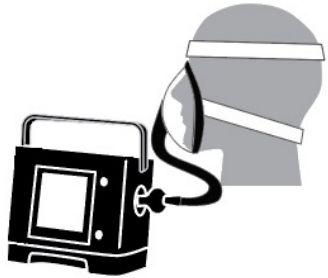

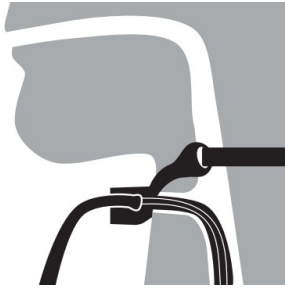


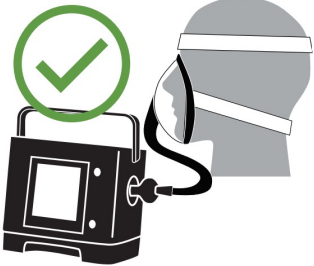
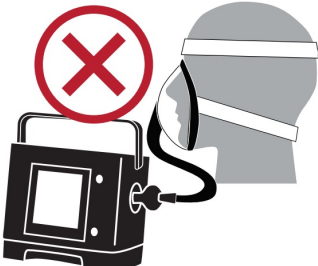
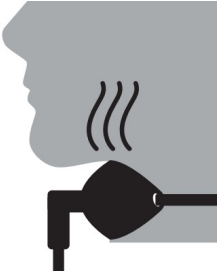
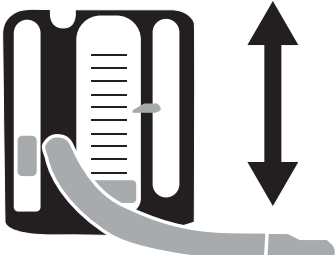
A B C... I will spell

Not on this board



Breathing and feeding

Breathing needs

 <p>CPAP / BiPAP</p>	 <p>Oral intubation</p>	 <p>Tracheostomy</p>	 <p>Ventilator</p>
 <p>Oral suction</p>	 <p>Deep suction</p>	 <p>Secretions are worse</p>	 <p>Cough assist</p>
 <p>Ventilator on</p>	 <p>Ventilator off</p>	 <p>Humidifier</p>	 <p>Adjust settings</p>

A B C... I will spell


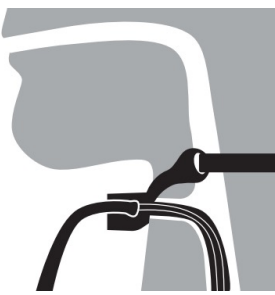
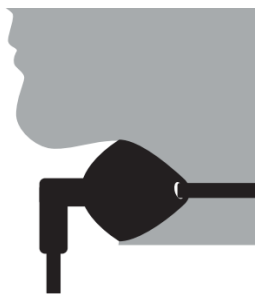
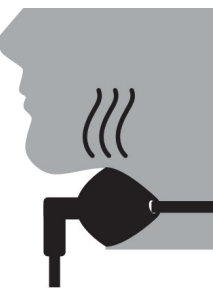
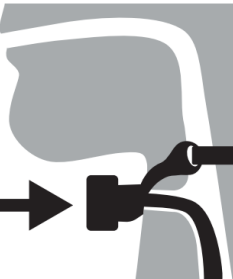
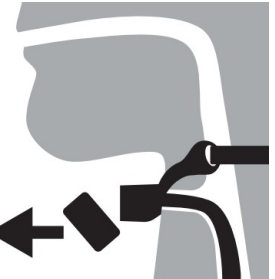
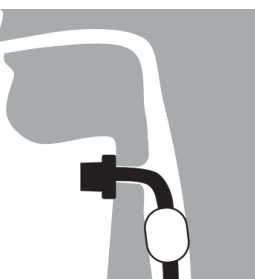







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Speech and breathing

 <p>Oral suction</p>	 <p>Deep suction</p>	 <p>Trach mask on / off</p>	 <p>Humidifier on / off</p>
 <p>Speaking valve on</p>	 <p>Speaking valve off</p>	 <p>Cuff inflated</p>	 <p>Cuff deflated</p>
 <p>Short of breath</p>	 <p>Feeling dizzy</p>	 <p>Breathing treatment</p>	 <p>Adjust settings</p>

A B C... I will spell


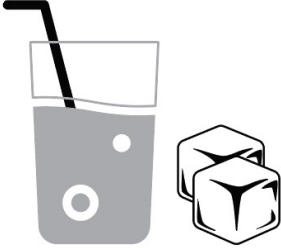


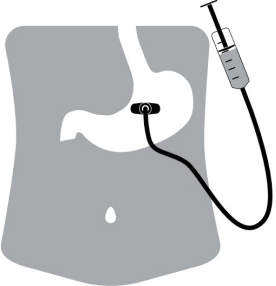
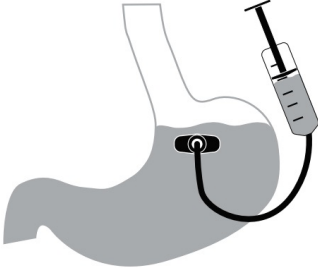
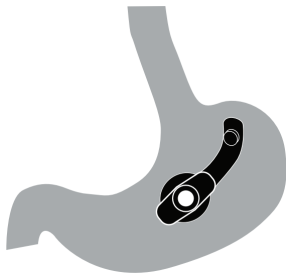
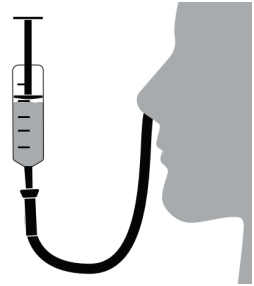






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Nutrition options

 <p>Nothing by mouth</p>	 <p>Water or ice only</p>	 <p>Oral hygiene</p>	 <p>Thickened liquids</p>
 <p>Feeding tube (PEG)</p>	 <p>Liquids by PEG</p>	 <p>Mic-key button</p>	 <p>Feeding tube (NG)</p>
 <p>Puree / soft diet</p>	 <p>Medicine in puree</p>	 <p>Moisten foods</p>	 <p>Regular diet</p>

A B C... I will spell











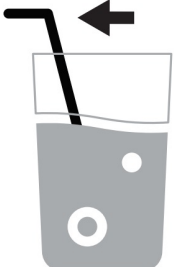



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Diet options for swallowing trouble

 <p>Regular diet</p>	 <p>Moisten foods</p>	 <p>Puree foods</p>	 <p>Medicine in puree</p>
 <p>Avoid some foods</p>	 <p>Avoid salads</p>	 <p>Avoid bread</p>	 <p>Avoid meats</p>
 <p>Avoid dry foods</p>	 <p>Avoid mixed textures</p>	 <p>Use a straw</p>	 <p>Don't use straw</p>

A B C... I will spell



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Help me with my meal

 <p>Cut my food</p>	 <p>Move tray closer</p>	 <p>Bib / cover</p>	 <p>Change my order</p>
 <p>Heat up food</p>	 <p>Add salt</p>	 <p>Add sweetness</p>	 <p>Add condiments</p>
 <p>Help feed me</p>	 <p>Slow down</p>	 <p>Too much formula</p>	 <p>I'm still hungry</p>

A B C... I will spell


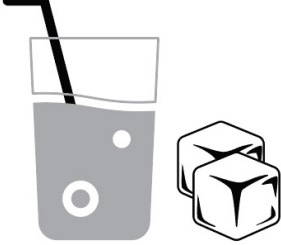


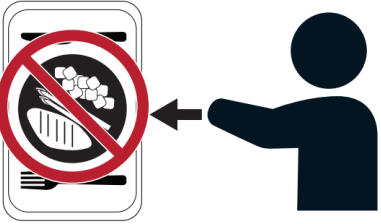
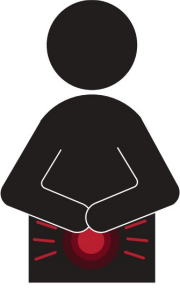
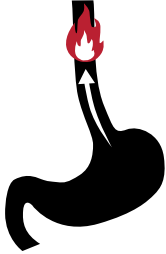
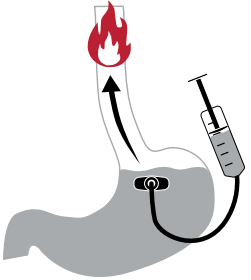
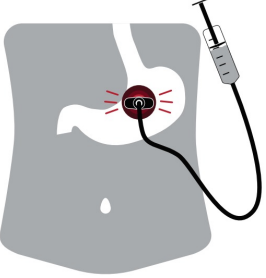


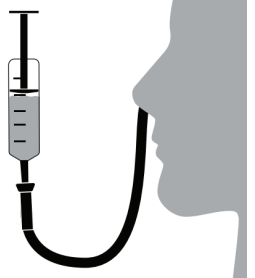


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Concerns with eating and feeding

 <p>I'm hungry</p>	 <p>I'm thirsty</p>	 <p>Clean my mouth</p>	 <p>I'm not hungry</p>
 <p>I don't want this</p>	 <p>My stomach hurts</p>	 <p>I have reflux</p>	 <p>Too much formula</p>
 <p>Check my PEG site</p>	 <p>Flush out tube</p>	 <p>My throat is sore</p>	 <p>Check my NG tube</p>


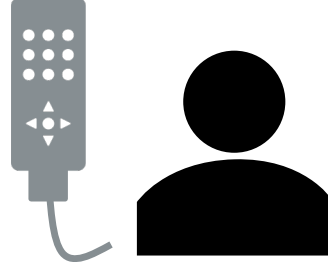
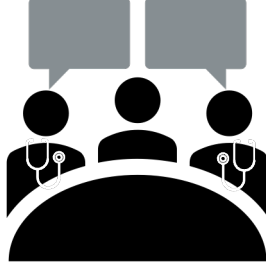






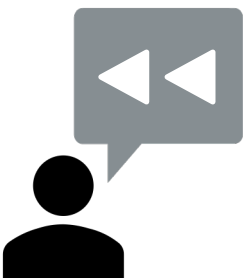


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Directing care

Include me


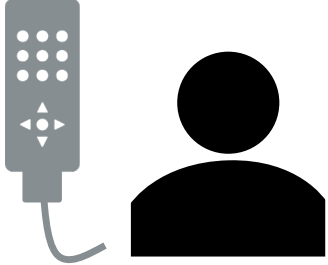
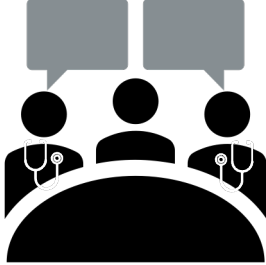
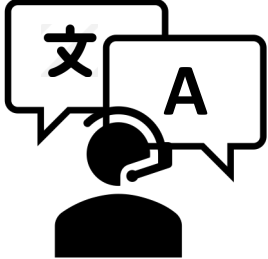

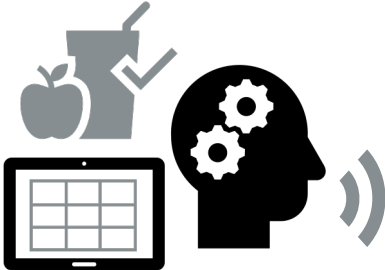

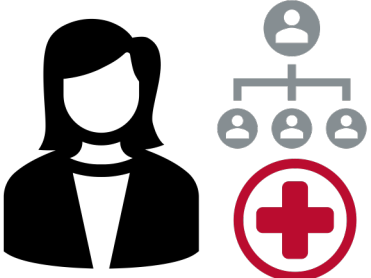
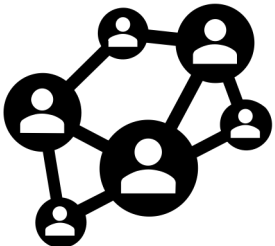



 <p>I need my doctor</p>	 <p>I need my nurse</p>	 <p>Meet with team</p>	 <p>I need a translator</p>
 <p>I need medication</p>	 <p>Yes procedure</p>	 <p>No procedure</p>	 <p>I will sign</p>
 <p>I have a question</p>	 <p>Go back</p>	 <p>Repeat that</p>	 <p>Slow down</p>

A B C... I will spell

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I need to talk to

 <p>Doctor</p>	 <p>Nurse</p>	 <p>Care team</p>	 <p>Translator</p>
 <p>Palliative care</p>	 <p>Speech therapist</p>	 <p>Physical / occupational therapist</p>	 <p>Case Manager</p>
 <p>Family member</p>	 <p>Support person</p>	 <p>Religious leader</p>	 <p>Employer</p>

A B C... I will spell



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I need to tell you

 <p>I love you</p>	 <p>Thank you</p>	 <p>How are you doing?</p>	 <p>How are things at home?</p>
 <p>Don't worry</p>	 <p>We'll get through this</p>	 <p>Take care of yourself</p>	 <p>Forgive me</p>
 <p>Don't leave me</p>	 <p>Help me decide</p>	 <p>Leave me alone</p>	 <p>This is my decision</p>

A B C... I will spell


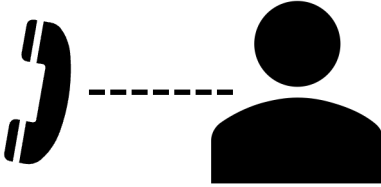


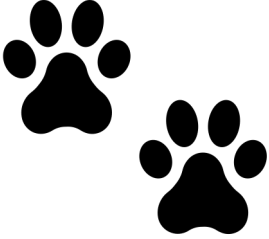
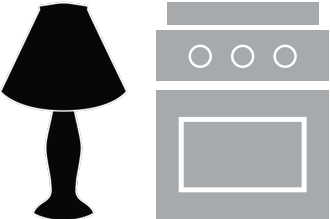

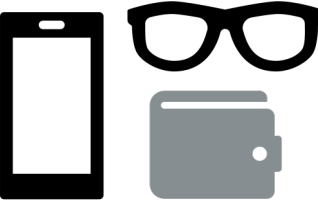


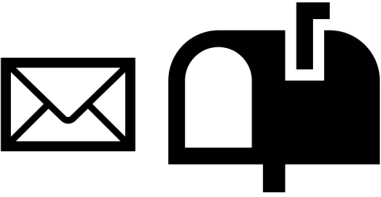
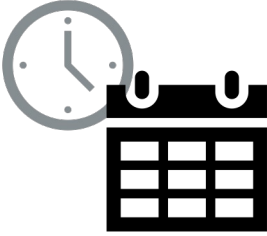


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Back at home








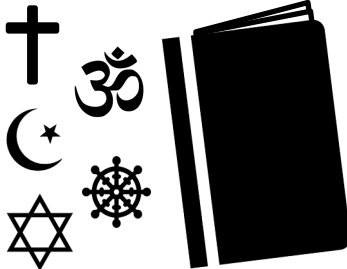
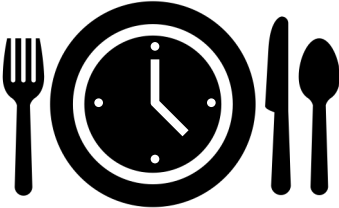


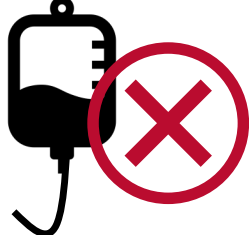
 <p>Children</p>	 <p>Person to contact</p>	 <p>Home security</p>	 <p>Work</p>
 <p>Pets</p>	 <p>Lights / appliances</p>	 <p>Medications</p>	 <p>Personal items</p>
 <p>Plants</p>	 <p>Finances / bills</p>	 <p>Mail</p>	 <p>Appointment</p>

A B C... I will spell

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Preferences

 <p>Female provider</p>	 <p>Male provider</p>	 <p>Support person</p>	 <p>Ask me first</p>
 <p>Religious leader</p>	 <p>Religious garments</p>	 <p>Prayer</p>	 <p>Book of worship</p>
 <p>Fasting</p>	 <p>Kosher</p>	 <p>Halal</p>	 <p>No blood transfusion</p>

A B C... I will spell



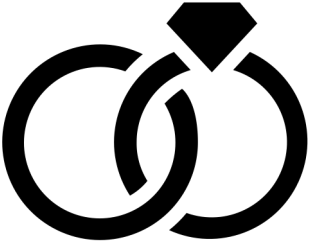







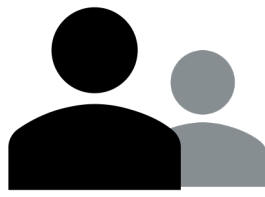
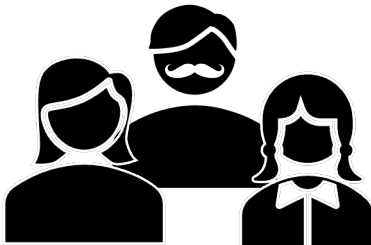
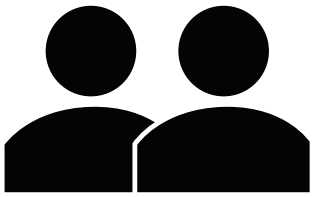
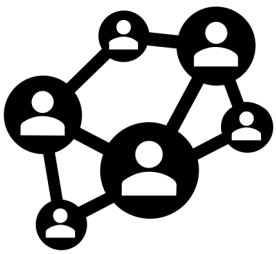
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Background information

Family

 <p>Spouse</p>	 <p>Daughter</p>	 <p>Son</p>	 <p>Child</p>	 <p>Sister / brother</p>
 <p>Significant other</p>	 <p>Mother</p>	 <p>Father</p>	 <p>Parent</p>	 <p>Family</p>
 <p>Friend</p>	 <p>Other</p>	<p>ex-</p>	<p>step-</p>	<p>grand-</p>

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My health






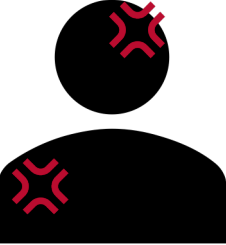




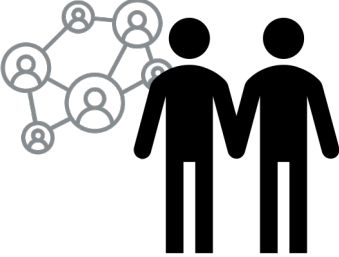
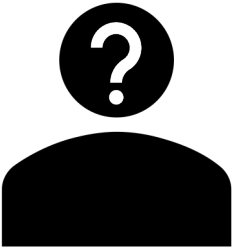
 <p>Health checkups</p>	 <p>Hygiene</p>	 <p>Sleep</p>	 <p>Exercise</p>
 <p>Alcohol</p>	 <p>Tobacco / smoking</p>	 <p>Recreational drugs</p>	 <p>Sexually active</p>
 <p>Diet</p>	 <p>Hydration</p>	 <p>Food insecurity</p>	 <p>Housing instability</p>

A B C... I will spell

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Safety and violence

 <p>Safe</p>	 <p>Unsafe</p>	 <p>Afraid</p>	 <p>Depressed</p>
 <p>Emotional harm</p>	 <p>Physical harm</p>	 <p>Life threat</p>	 <p>Neglect</p>
 <p>Support / hotline</p>	 <p>Safe place</p>	 <p>Somebody I know</p>	 <p>Stranger</p>

A B C... I will spell

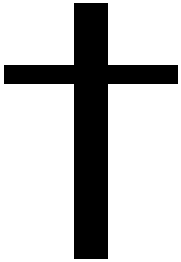

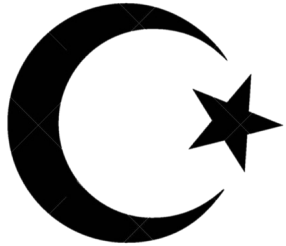
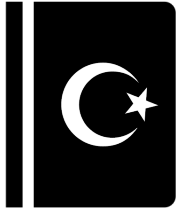
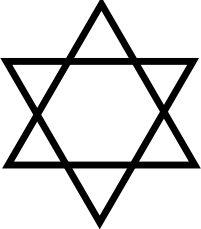
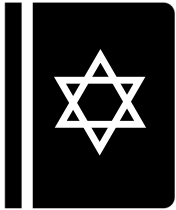








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Religion

 Christianity	 Bible	 Islam	 Quran
 Judaism	 Torah	 Hinduism	 Vedas
 Buddhism	 Tipitaka	 Not religious	 Other

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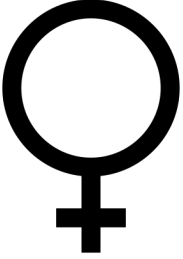
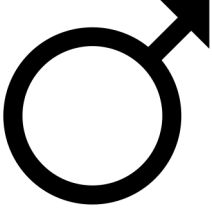
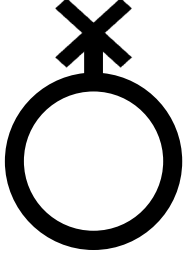

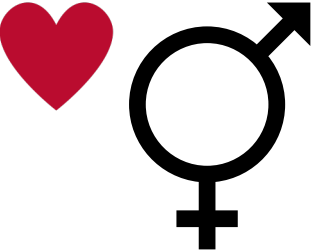
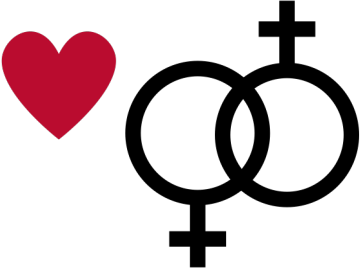
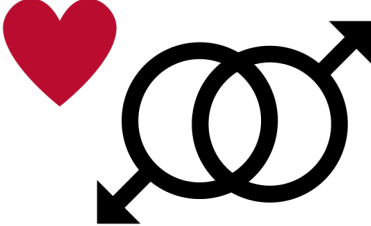
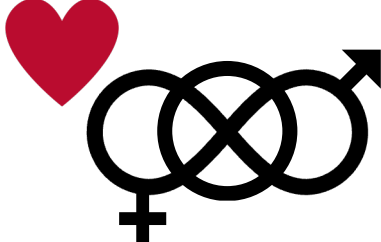
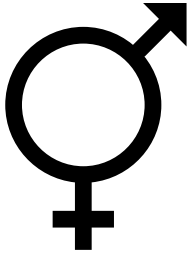


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Gender and Sexual Identity

 <p>Female</p>	 <p>Male</p>	 <p>Nonbinary</p>	 <p>Transgender</p>
 <p>Heterosexual</p>	 <p>Lesbian</p>	 <p>Gay</p>	 <p>Bi- / Pansexual</p>
<p>She / Her</p>	<p>He / Him</p>	<p>They / Them</p>	 <p>Intersex</p>

A B C... I will spell


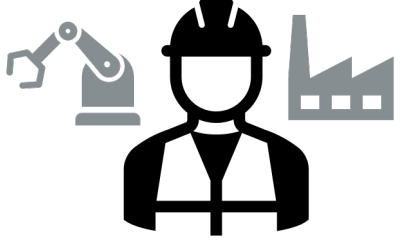



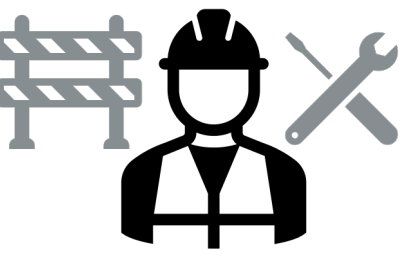


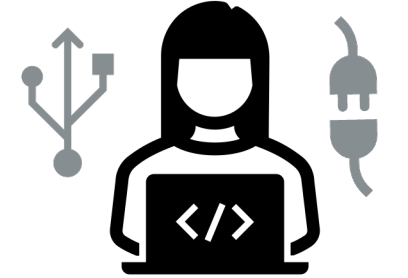
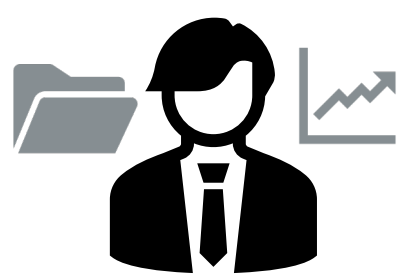




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Type of work

 <p>Healthcare</p>	 <p>Industrial worker</p>	 <p>Education</p>	 <p>Agriculture</p>
 <p>Research</p>	 <p>Construction</p>	 <p>Retail</p>	 <p>Transportation</p>
 <p>Computer science</p>	 <p>Business</p>	 <p>Food</p>	 <p>Safety</p>

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Medical history

My allergies

 <p>Drug / medication</p>	 <p>Nut</p>	 <p>Egg</p>	 <p>Pollen / seasonal</p>
 <p>Latex</p>	 <p>Dairy</p>	 <p>Shellfish</p>	 <p>Mold / spores</p>
 <p>Adhesive</p>	 <p>Wheat</p>	 <p>Soy</p>	 <p>EpiPen</p>

A B C... I will spell




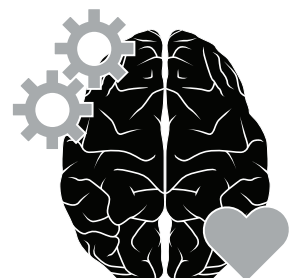
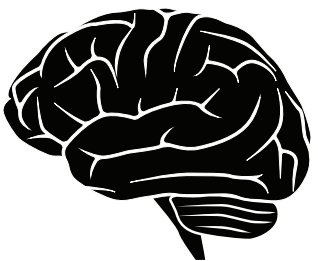
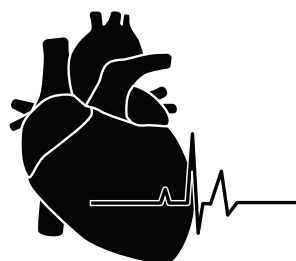
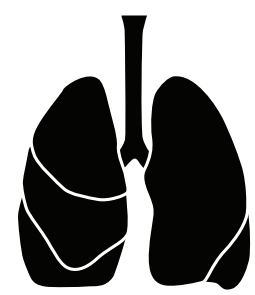
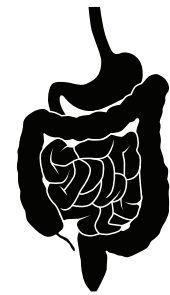
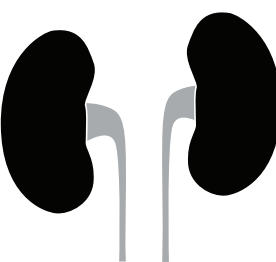
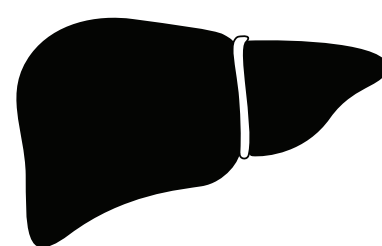

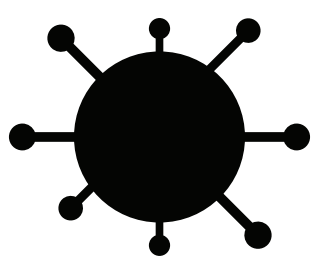


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Pre-existing conditions



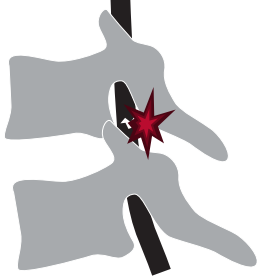





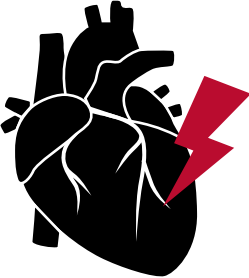
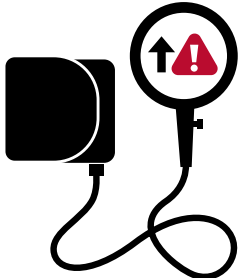

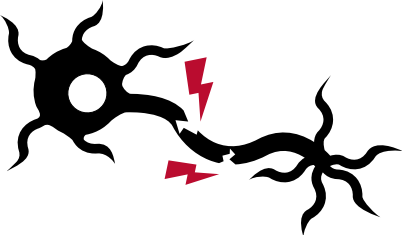
 <p>Autoimmune</p>	 <p>Metabolic</p>	 <p>Cancer</p>	 <p>Mental/psychiatric</p>
 <p>Brain/nerve</p>	 <p>Cardiovascular</p>	 <p>Respiratory</p>	 <p>Digestive</p>
 <p>Kidney</p>	 <p>Liver</p>	 <p>Recent surgery</p>	 <p>Virus/infection</p>

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Neurological and cardiovascular

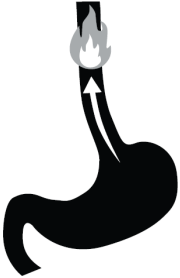
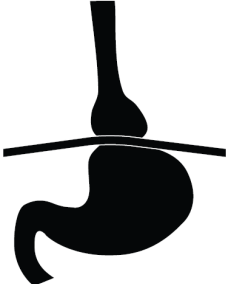
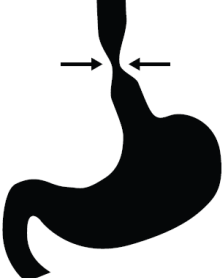

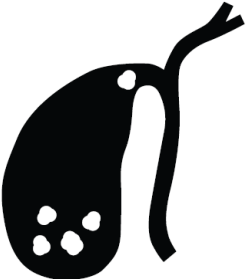
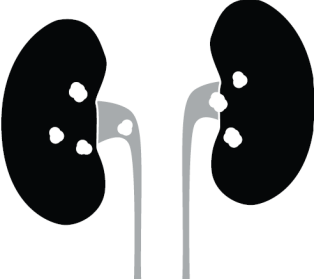
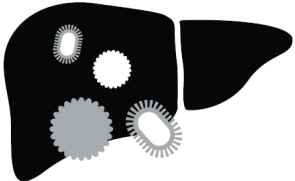

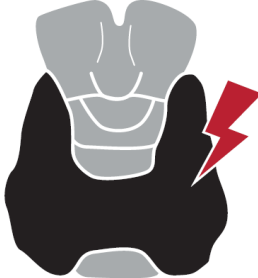



 <p>Stroke</p>	 <p>Brain injury</p>	 <p>Spinal cord injury</p>	 <p>Brain tumor</p>
 <p>Seizures</p>	 <p>Parkinson's</p>	 <p>Dementia</p>	 <p>Heart defect</p>
 <p>Heart attack</p>	 <p>Hypertension</p>	 <p>Atherosclerosis</p>	 <p>Nerve disease</p>

A B C... I will spell

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Digestive and metabolic disorders

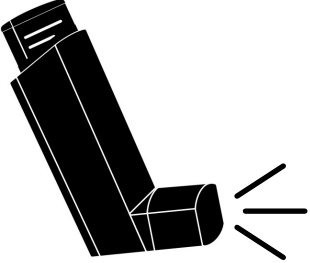
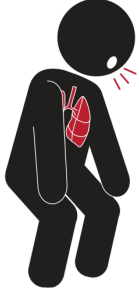
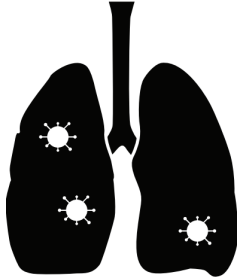

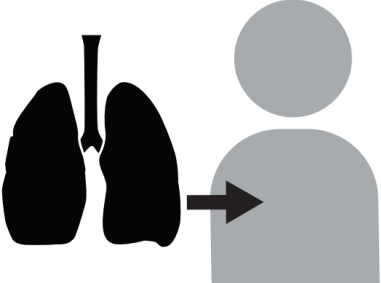


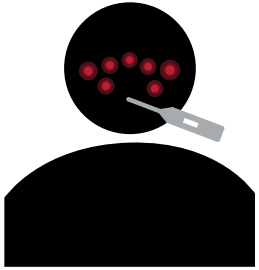

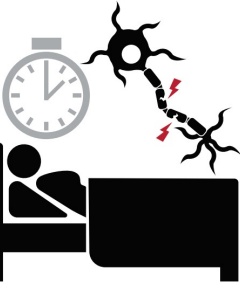

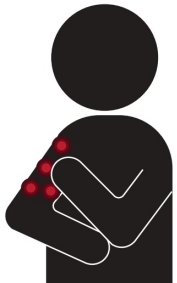
 <p>Reflux</p>	 <p>Hiatal hernia</p>	 <p>Esophageal stricture</p>	 <p>Ulcer</p>
 <p>Gallstones</p>	 <p>Kidney stones</p>	 <p>A B C Hepatitis</p>	 <p>Crohn's / colitis</p>
 <p>Thyroid problems</p>	 <p>1 Type 1 diabetes</p>	 <p>2 Type 2 diabetes</p>	 <p>Cancer</p>

A B C... I will spell

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Respiratory and autoimmune disorders

 <p>Asthma</p>	 <p>Emphysema / COPD</p>	 <p>Cystic fibrosis</p>	 <p>Lung cancer</p>
 <p>Lung transplant</p>	 <p>Head & neck cancer</p>	 <p>Arthritis</p>	 <p>Lupus</p>
 <p>Multiple sclerosis</p>	 <p>Guillain-Barre</p>	 <p>Myasthenia gravis</p>	 <p>Psoriasis / rash</p>

A B C... I will spell

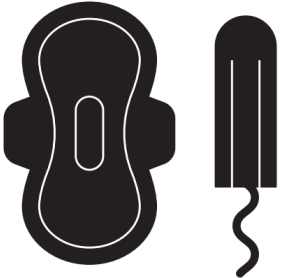



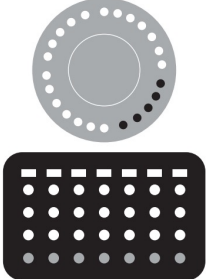
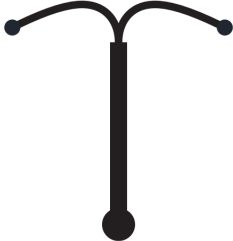

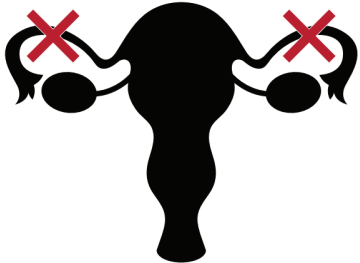


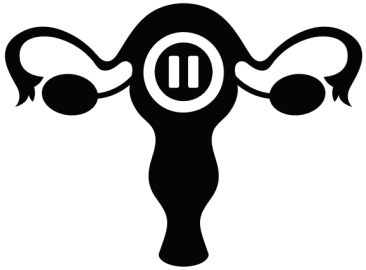



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Reproductive and OB-GYN status

 <p>Menstruating</p>	 <p>Sexually active</p>	 <p>Trying to get pregnant</p>	 <p>Pregnant</p>
 <p>Birth control pill</p>	 <p>IUD</p>	 <p>Depo-Provera shot</p>	 <p>Tubes tied</p>
 <p>Post-partum</p>	 <p>Nursing</p>	 <p>Menopausal</p>	 <p>Hysterectomy</p>


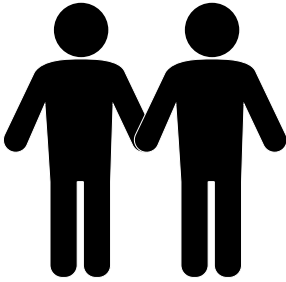






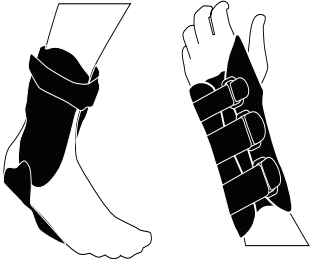

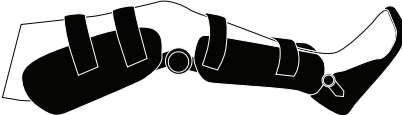

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Rehab goals

Mobility

 <p>Walking</p>	 <p>Walking companion</p>	 <p>Cane</p>	 <p>Walker / rollator</p>
 <p>Manual wheelchair</p>	 <p>Power wheelchair</p>	 <p> Scooter</p>	 <p>Bike</p>
 <p>Brace</p>	 <p>Crutches</p>	 <p>KAFO brace</p>	 <p>Stretcher / gurney</p>

A B C... I will spell

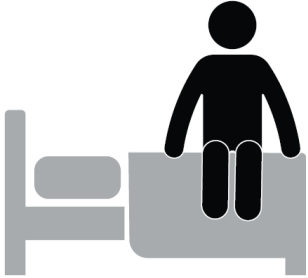


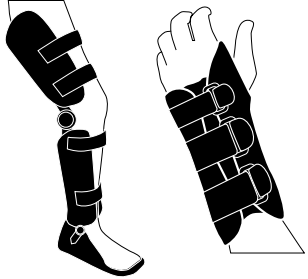
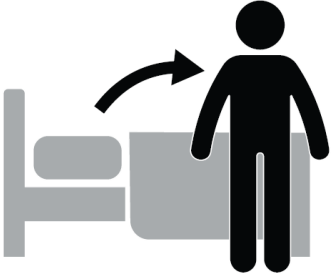
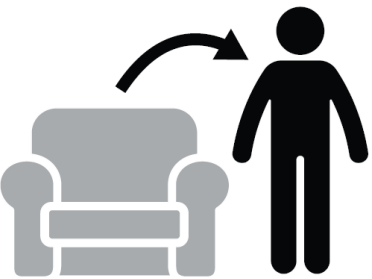


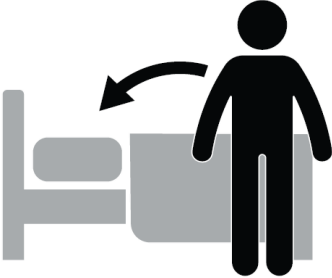
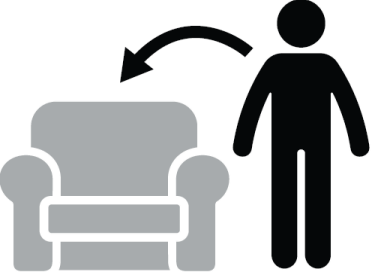




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Transfers and mobility



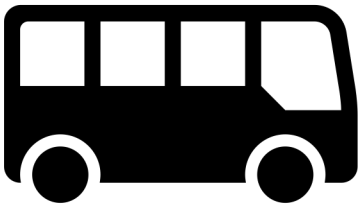



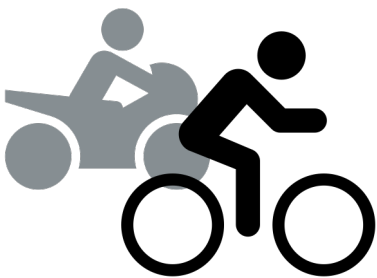
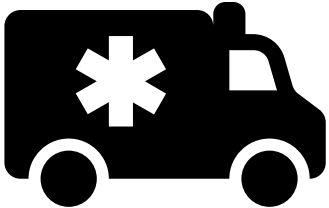
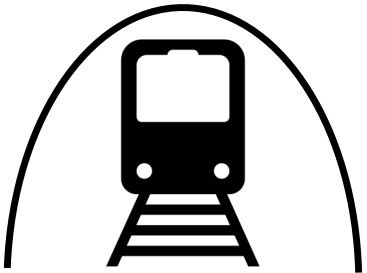
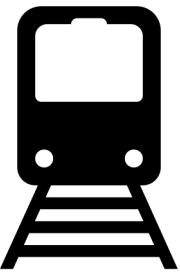
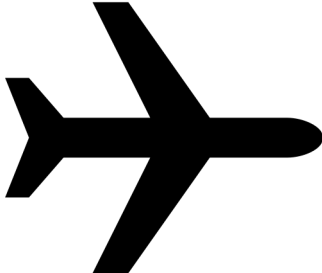

 <p>Sit on edge of bed</p>	 <p>Get on toilet</p>	 <p>Try walking</p>	 <p>Brace on / off</p>
 <p>Get out of bed</p>	 <p>Get out of recliner</p>	 <p>Try rollator</p>	 <p>Adjust table</p>
 <p>Get back in bed</p>	 <p>Get in recliner</p>	 <p>Get in wheelchair</p>	 <p>Dizzy</p>

A B C... I will spell

Not on this board



Transportation

 <p>Driving</p>	 <p>Passenger</p>	 <p>Bus</p>	 <p>Paratransit</p>
 <p>Taxi / rideshare</p>	 <p>Walking</p>	 <p>Bike / motorcycle</p>	 <p>Medical transport</p>
 <p>Subway</p>	 <p>Train</p>	 <p>Plane</p>	 <p>Boat / ferry</p>

A B C... I will spell





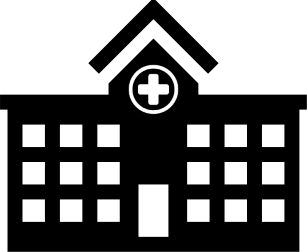
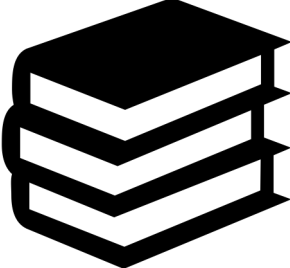

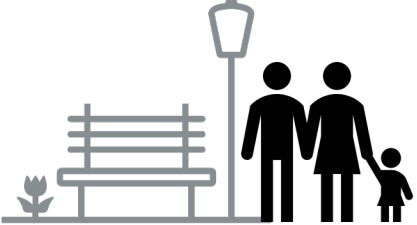

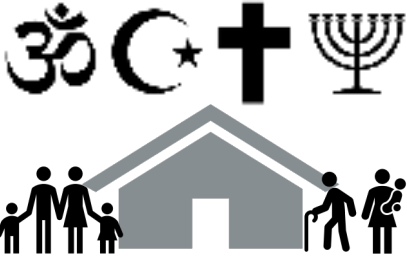




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Community locations

 Bank	 Community center	 Grocery store	 Gym
 Hospital	 Library	 School	 Park
 Pharmacy	 Place of worship	 Restaurant	 Shopping center

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My hobbies

 <p>Reading</p>	 <p>Music</p>	 <p>Arts & crafts</p>	 <p>Photography</p>
 <p>TV & movies</p>	 <p>Video games</p>	 <p>Sports</p>	 <p>Exercise</p>
 <p>Travel</p>	 <p>Gardening</p>	 <p>Outdoor activities</p>	 <p>Swimming / boating</p>

A B C... I will spell



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Spelling boards

1	2	3	4	5	6	7	8	9	0
Q	W	E	R	T	Y	U	I	O	P
A	S	D	F	G	H	J	K	L	
Z	X	C	V	B	N	M	.	?	
Start over	Space						Back		
No	Maybe / I don't know				Yes				



A	B	C	D	Space	Yes
E	F	G	H	Back	No
I	J	K	L	M	N
O	P	Q	R	S	T
U	V	W	X	Y	Z

1	2	3	4	5	6	7	8	9	0
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Start over	End of message	Maybe / I don't know	Later
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A

B

E

F

I

J

K

3

2

1

C

D

G

H

L

M



N

O

R

S

W

X

6

5

4

P

Qu

T

U

V

Y

Z

START OVER



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SPACE / NEW WORD

K J I F E B A

3

2

1

M L H G D C



X W S R O N

6

5

4

Z Y V U T Qu P

START OVER

SPACE / NEW WORD