

Elderly Care for Alzheimer's Disease

Introduction:

An 82-year-old female with Alzheimer's disease presents with increased confusion and agitation. This case study examines the complexities of caring for elderly patients with Alzheimer's.

Patient Information:

- Demographics: 82-year-old female.
- Medical History: Alzheimer's disease, osteoarthritis.
- Current Health Assessment: Increased confusion, agitation, and occasional aggression.

Case Description:

- Clinical Presentation: Patient exhibits signs of advanced Alzheimer's with memory loss and disorientation.
- Diagnostic Findings: Cognitive tests confirm the progression of Alzheimer's.
- Treatment Plan: Non-pharmacological interventions for agitation, memory aids, and safety measures in the home.

Nursing Care Plan:

- Nursing Diagnoses: Impaired memory related to Alzheimer's disease.
- Goals: Reduce agitation and prevent harm.
- Interventions: Use of calming techniques, establishing a routine, and environmental modifications.

- Evaluation: Agitation was reduced, and the patient's safety was improved through environmental adjustments.

Analysis:

The case underscores the need for tailored interventions to manage Alzheimer's symptoms and improve the quality of life for the elderly.

Conclusion:

Nursing care for Alzheimer's patients requires a multifaceted approach focusing on safety, symptom management, and patient dignity.