
Free Yoga Waiver Template

Section 1: Yogi Information

- Name: _____
- Age: _____
- Experience Level: _____

Section 2: Health and Wellness

- Disclose any health concerns that might affect yoga practice.

Section 3: Release and Waiver of Claims

- Detailed clauses on assumption of risk and release of claims.

Section 4: Acknowledgment and Consent

- Consent to abide by the studio's guidelines and acknowledge risk.

Signature Section:

- Signature of Yogi: _____
- Date: _____