



# Yoga Waiver Form for Students

## Section 1: Student Information

- Student Name: \_\_\_\_\_
- School/University: \_\_\_\_\_
- Major/Year: \_\_\_\_\_

## Section 2: Physical Readiness

- General Health Status: \_\_\_\_\_
- Limitations: \_\_\_\_\_

## Section 3: Liability Waiver

- Comprehensive waiver covering all aspects of student participation.

## Section 4: Consent to Participate

- I am aware of my physical limits...

## Signature Section:

- Student's Signature: \_\_\_\_\_
- Date: \_\_\_\_\_