



# Enhanced Respite Services

Short-term respite, stabilization, and plan development for children and youth with I/DD (ages 8-18)



Enhanced Respite Services

**Enhanced Respite Services** provide access to short term respite services in a structured community-based setting for DDA enrolled children and youth who meet specific criteria (see below). Services are intended to provide a break in caregiving for families/caregivers; the opportunity for behavioral stabilization of the child; and the ability to partner with the state in the development of an individualized service plan to enable the child to return and remain at home.

**Supports and Training** for the youth and family include:

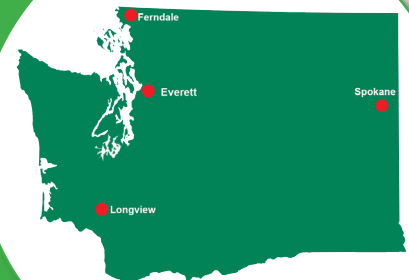
- Short-term break in caregiving, up to thirty (30) days total in a calendar year.
- Data collection related to the child’s challenging behaviors which can be used in the development of a Functional Assessment (FA) and a Positive Behavior Support Plan (PBSP).
- Participation in service coordination with the Case Resource Manager (CRM) and MCO Case Manager when appropriate.
- Observation and development of therapeutic teaching and training techniques that are useful to support their child upon his/her return home.

**Services are Provided in Licensed Staffed Residential** homes, in lieu of a short term stay at a Residential Habilitation Center.

## Eligibility

- ▶ Eligible for DDA services per RCW 71A.10.020(3);
- ▶ At least eight (8) years of age and under age eighteen (18);
- ▶ At high risk of institutionalization and/or out-of-home placement; and,
- ▶ Appropriate and available services have been accessed by the family prior to requesting Enhanced Respite Services.

## Locations



Everett, Ferndale, Longview, Spokane

## Approval Process

- Contact your family member’s DDA Case Manager to request Enhanced Respite Services.
- The Enhanced Respite Committee will review your respite application and DDA assessment.
- Once approved, you will work with the provider to develop a plan that outlines the supports that your family member will receive.

