



# Ready, Set, KNOW...

## ECEAP & Head Start



ECEAP is the Early Childhood Education and Assistance Program funded by Washington State for children ages 3 to 4.

Head Start is a program funded by the federal government for children ages 3 to 4. Some locations include services for women who are pregnant and children from birth to 3.

### What do these programs include?

Both programs include the following:

- Child health coordination and nutrition
- Services appropriate to each child's background and heritage
- Family support
- Free early learning childcare/preschool to support the child's development
- Head start offers some home-based services

Attending ECEAP and Head Start allow children to learn to follow classroom procedures, spend time with peers, and manage their feelings. The programs introduce the beginning steps for reading, math, and science. ECEAP and Head Start work with families to support the child's health and education and create goals. These services can help families access medical, dental, and social services to families and caregivers.

### Enrollment

- Most children are eligible for ECEAP and Head Start based on their age and family income.
- Children with disabilities who qualify for special education services are also eligible for ECEAP.
- If a child is determined to be eligible they will be prioritized for enrollment as space becomes available in their community.

### Program Details

Both programs include the following:

- Child health coordination and nutrition
- Services appropriate to each child's background and heritage
- Family support
- Free early learning childcare/preschool to support the child's development
- Head start offers some home-based services

To learn more about the program and contact information visit

<https://www.dcyf.wa.gov/services/earlylearning-childcare/eceap-headstart>