

Men in Black (MIB)

High School Retreat

February 21-23, 2025 (Friday – Sunday)
Saint Bernard Abbey, Cullman, Alabama

REGISTRATION FORM – Check all that apply:

Today's date: _____

___ YES, I am interested in experiencing a weekend in the monastery and following the life of prayer and work there.

___ I will arrive at the front entrance of the Retreat Center on February 21 at 4 PM or as soon after as possible.

___ YES, I have talked with my parents about this opportunity and they agree that I may go.

My printed name: _____ My signature: _____

My phone: _____ My email: _____ My t-shirt size: _____

Age: _____ Grade: _____ School I attend: _____ YES I am Catholic _____

Parent/Legal Guardian's printed name: _____

Parent/Legal Guardian's signature: _____

Parent/Legal Guardian's phone number: _____

Parent/Legal Guardian's email: _____

Emergency Contact (if not Parent): _____

Emergency Contact phone number: _____

EVEN THOUGH I'll just be there for the weekend, you should know the following: (please list any allergies, especially food allergies; and anything else you want us to know that would make your stay safe, productive, and prayerful.)

***** To register please return this form to Fr. Dominic Lee, O.S.B., at the address below, or email it to frdominic@stbernardabbey.com – sign up by Thursday, February 6, 2025.**



ST. BERNARD
ABBAY

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Requirements:

- Be a Catholic high-school-age student open to learning about monastic life.
- A completed registration form.
- Approval from Fr. Dominic.

Cost:

- The retreat is FREE.

Lodging:

- Retreatants will stay at the retreat and conference center at Saint Bernard Abbey.
- Each retreatant will have a private room.
- Each room has a private bathroom/shower.
- Qualified adults will reside in the building at night to ensure a safe environment.

Retreat:

- The retreat is focused on learning about and experiencing monastic life.
- The waking hours are filled with conferences, prayers/Mass, social time, and recreational activities. Spending time with the monks fills the day! And there's time for a little rest, too.
- Some highlights from last year include the MIB campfire, the sung Divine Office (Liturgy of the Hours) and Mass, and conferences, including one on Lectio Divina (praying with the Bible).