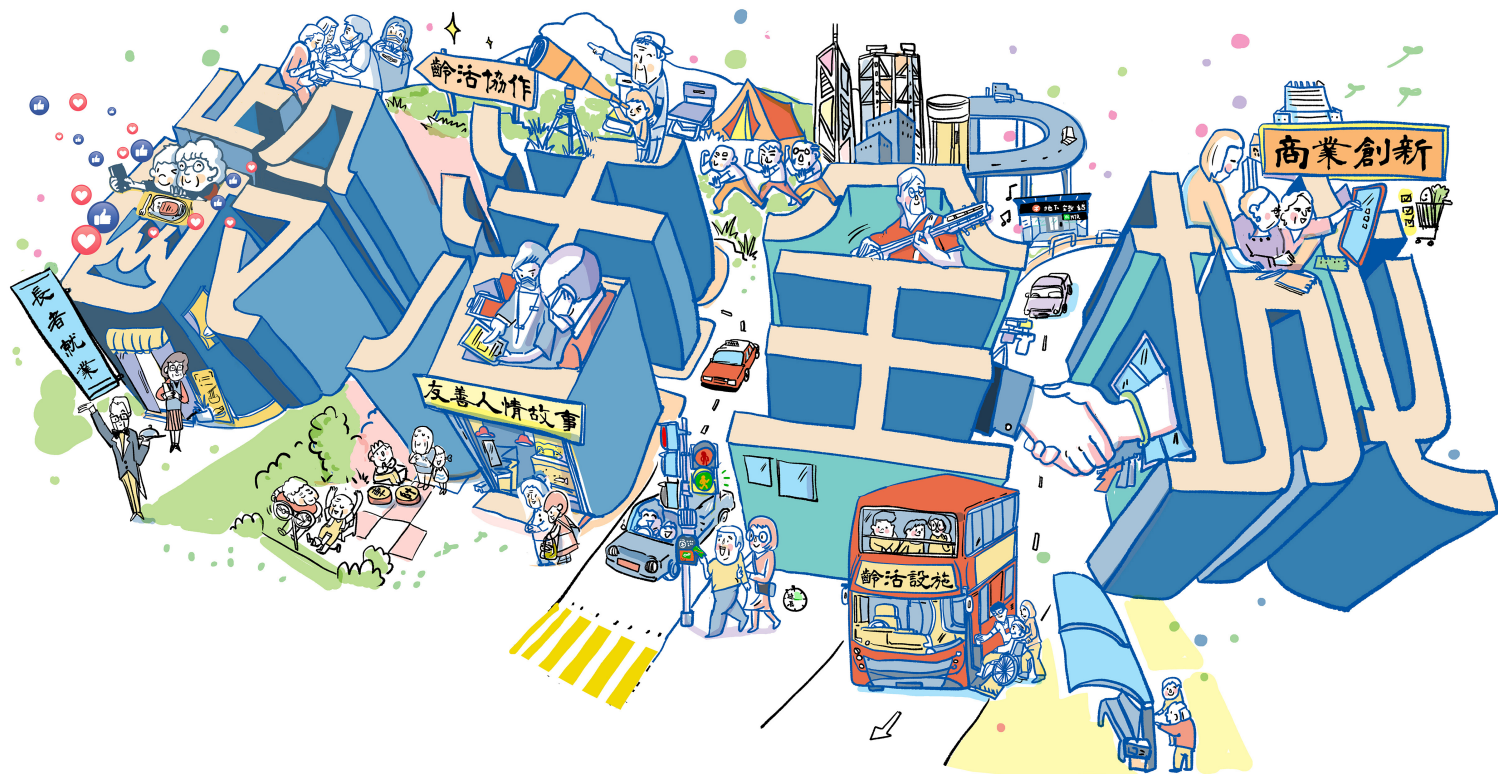


# 賽馬會齡活城市 「全城·長者友善」計劃 2022

Jockey Club Age-friendly City  
Partnership Scheme 2022



賽馬會齡活城市  
Jockey Club Age-friendly City

策劃及捐助 Initiated and funded by:



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The Hong Kong Jockey Club Charities Trust



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# 背景

## Background

### 賽馬會齡活城市計劃

#### Jockey Club Age-friendly City Project

香港賽馬會慈善信託基金為應對人口老化帶來的挑戰及機遇，於2015年策劃及捐助推行「賽馬會齡活城市計劃」，並聯同本港四間老年學研究單位：香港中文大學賽馬會老年學研究所、香港大學秀圃老年研究中心、嶺南大學亞太老年學研究中心，以及香港理工大學樂齡與家庭研究中心，於全港18區提倡長者及年齡友善文化，務求透過一連串的宣傳活動和公眾教育，讓香港成為適合不同年齡人士生活的地方。

In response to the challenges and opportunities arising from the city's ageing population, The Hong Kong Jockey Club Charities Trust ("the Trust") has initiated and funded the Jockey Club Age-friendly City Project ("JCAFC Project") since 2015 in partnership with four gerontology research institutes in Hong Kong, namely the CUHK Jockey Club Institute of Ageing of The Chinese University of Hong Kong, Sau Po Centre on Ageing of The University of Hong Kong, Asia-Pacific Institute of Ageing Studies of Lingnan University, and Research Centre for Gerontology and Family Studies of The Hong Kong Polytechnic University, to promote an age-friendly culture in all 18 districts in Hong Kong. Through a series of publicity and public education campaigns, the JCAFC Project aims to build an age-friendly city which can cater for the needs of all ages.

### 何謂「齡活城市」？

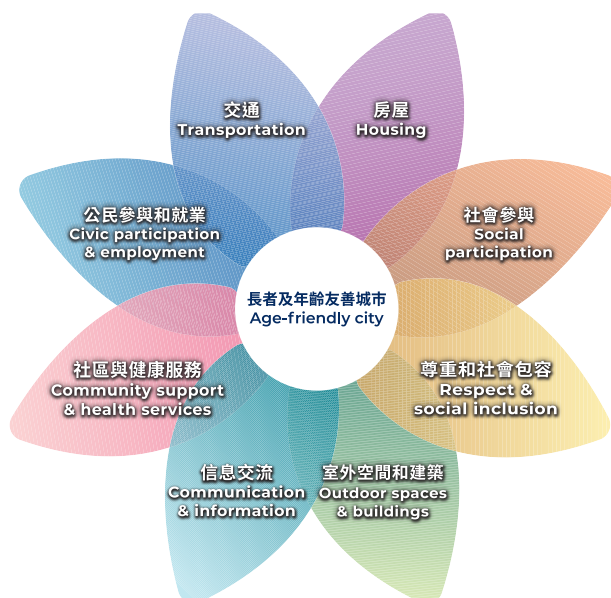
#### What is an Age-friendly City?

「賽馬會齡活城市計劃」建基於「長者及年齡友善城市」的概念。世界衛生組織("世衛")於2005年開展「全球長者及年齡友善建設計劃」，並確認了在城市環境中促進積極晚年的主要元素，涵蓋八個範疇。

「齡活」包含靈活、積極的意思。香港賽馬會慈善信託基金希望透過計劃，提倡長者及年齡友善文化，鼓勵大眾關注不同年齡人士的需要，改變對「年老」的固有觀念，並與社區不同持份者共建「齡活城市」。

The World Health Organization ("WHO") launched the Global Age-friendly Cities Project in 2005, and has identified factors and key elements of the urban environment that support active and healthy ageing, covering eight domains.

Through the Jockey Club Age-friendly City Project, the Trust aims to promote age-friendly culture in Hong Kong, raise public awareness on the needs of people of different ages, and drive mindset changes towards "ageing". The Trust joins hands with various stakeholders to build Hong Kong into an age-friendly city.



世衛確認「長者及年齡友善城市」的八大範疇  
The eight domains of an age-friendly city identified by WHO

## 為何建構「長者及年齡友善城市」對香港如此重要？ Why is it vital to develop an Age-friendly City in Hong Kong?

香港的人口正急劇老化，預計未來的情況會愈趨明顯。在2019年，本港有大約132萬名65歲或以上的長者，即佔總人口約六分之一。根據香港特區政府最新的推算，本港人口在未來數十年將以較慢的速度增長。到2039年，香港總人口將達到810萬，當中有接近三分之一（大約252萬）為65歲或以上長者。

長者人口數目持續上升，將為本地經濟帶來不同的啟示。事實上，不少長者依然健康活躍，而且具有較高教育水平，可以繼續為社會作出貢獻，例如重新投入工作、擔任義工和協助照顧家中年幼成員等。面對人口老化，世界各地均十分重視並積極建立「長者及年齡友善城市」，讓年長人士能夠以正面、積極的態度，有尊嚴地享受晚年生活。

Hong Kong is facing a rapidly ageing population and the trend is expected to be more apparent in the years ahead. In 2019, there were approximately 1.32 million elderly people aged 65 or above, which means approximately one in six people is an elderly person. In accordance with the latest projection by the HKSAR government, our population will continue to grow at a decelerating pace in the next few decades, reaching 8.1 million in 2039 of which almost one out of three people (about 2.52 million) will be aged 65 or above.

The booming population of the elderly will have different implications on the local economy. Many elderly people in Hong Kong are healthy, active and well-educated. They can continue to contribute to the community by, for instance, rejoining the workforce and providing volunteer services and even taking care of younger family members. In response to the ageing population, many societies attach great importance to building up an age-friendly city where senior citizens can enjoy their golden years in a positive, meaningful and dignified manner.

# 賽馬會齡活城市計劃成效

## Achievements of Jockey Club Age-friendly City Project

### 創新服務模式提升計劃成效

#### Pioneer Service Model for Greater Impact



個地區已加入世界衛生組織  
「全球長者及年齡友善城市  
及社區網絡」

Districts joined the World Health  
Organization Global Network  
for Age-friendly Cities and  
Communities



位長者直接受惠於地區計劃

Elderly people directly benefited by  
the district-based programmes



個地區計劃由超過70間  
非政府組織推行

District-based programmes  
implemented by more than 70  
NGOs

### 建構社區能力

#### Capacity Building for the Community



名「齡活大使」已接受培訓，於社區傳遞長者及年齡友善的訊息

AFC ambassadors trained to promote age-friendly messages in the community

## 知識轉移及社區資源傳承 Knowledge Transfer and Community Legacy



# 18

個地區已完成有關長者及年齡友善程度的基線及終期研究報告

Districts' baseline and final assessment reports on age-friendliness have been completed



# 18

個地區已根據各區的基線研究結果，與區議會共同制訂三年行動方案

Districts have prepared a three-year action plan for their own district, in collaboration with respective District Councils

## 公眾教育提升大眾關注 Public Education to Raise Awareness



# 4,764,000

名公眾人士已參與一系列宣傳及公眾教育活動

Viewership / engagement of the general public through a series of publicity and public education programmes



# 380

間私人及公營機構參與「全城·長者友善」計劃，推行長者及年齡友善措施

Companies / organisations participated in the Jockey Club Age-friendly City Partnership Scheme and adopted age-friendly practices

## 計劃成效獲國際認同 International Recognition



計劃獲選於聯合國可持續發展解決方案網絡的「全球解決方案論壇」2020中展示，是全球獲選的八個最佳解決方案之一

The Project has been selected as one of the eight best projects to be presented in the Global Solutions Forum 2020 under the United Nations' Sustainable Development Solutions Network (SDSN)

# 賽馬會齡活城市「全城·長者友善」計劃

## Jockey Club Age-friendly City Partnership Scheme

為鼓勵社會各界人士共同建構長者及年齡友善城市，「賽馬會齡活城市計劃」自2018年起推出「賽馬會齡活城市『全城·長者友善』計劃」（下稱「本計劃」）。來自不同界別的公司或機構，只須在其業務或營運單位中推行長者及年齡友善措施，或提供針對長者需要的產品或服務，即可參加本計劃及獲得認證。

In order to encourage different community sectors in building an age-friendly city, the JCAFC Project has launched the "Jockey Club Age-friendly City Partnership Scheme" ("the Scheme") since 2018. Under the Scheme, companies or organisations in different sectors which have adopted age-friendly practice(s) in their businesses or operations, or provided product(s) or service(s) catering for the needs of elderly people, will be recognised.

### 目標 Objectives



鼓勵社會不同界別的持份者，包括商界、政府部門及公共機構，攜手建立年齡友善文化，並在社區建設年齡友善的環境；

To encourage different community stakeholders, including the business sector, government departments and public bodies, to develop an age-friendly culture and build an age-friendly environment in the community;



為長者及中高齡人士提供有用的資源及資訊，讓他們在社區積極享受生活；及

To provide useful resources and information to elderly people and the soon-to-be-olds so that they can achieve active ageing in the community; and



提高公眾對長者及年齡友善城市重要性的認知，並帶動公眾尊重長者。

To arouse public awareness over the importance of an age-friendly city and motivate the public to respect elderly people.



## 獎項及認證 Awards & Recognition

### 第一部分 – 「全城·長者友善」計劃標籤 Part I - Scheme Sticker

所有在香港註冊及營運之公司、政府部門及公共機構均可參加本計劃。參與計劃的公司或機構須實行至少一項符合長者及年齡友善城市八大範疇之一的措施或活動，或提供針對長者需要的產品或服務。

經歷新冠疫情，社會各界都致力為有需要人士包括長者提供支援，協助應對嚴峻疫情。為嘉許曾推出與抗疫有關的長者及年齡友善措施 / 活動 / 產品 / 服務的公司 / 機構，本屆特別新增「齡活抗疫」標籤。

所有合資格的公司或機構將可獲發一套證書及標籤，以表揚其參與和貢獻，並能讓公眾識別為推廣長者及年齡友善文化的公司或機構。

All companies, government departments and public bodies which operate and have registered in Hong Kong are welcome to join the Scheme. Participating companies or organisations have to adopt at least ONE age-friendly practice or activity or provide product(s) or service(s) catering for the needs of elderly people under any of the eight domains of an age-friendly city.

To overcome the hardship under COVID-19, different sectors of the community have initiated age-friendly practice / activity / product / service to help those in need including the older people. A new "Fighting COVID-19" Recognition Sticker will be given to those applicants this year to recognise their contribution and effort.

A set of scheme's certificate and age-friendly stickers will be distributed to all eligible companies or organisations in order to recognise their participation and contribution in promoting an age-friendly culture in Hong Kong.

### 第二部分 – 特別大獎 Part II - Special Awards

為表揚公司或機構在推廣年齡友善文化上的傑出表現，本計劃特設六項特別大獎，包括：

To recognise companies or organisations which demonstrate outstanding performance in promoting an age-friendly culture, six Special Awards have also been designed under the Scheme, including:



#### 齡活就業大獎 Age-friendly Employer Award

表揚獲獎公司或機構在鼓勵長者就業所作出的貢獻

To recognise the awardees' continuous efforts in encouraging elderly employment



#### 齡活設施大獎 Age-friendly Facilities Award

表揚獲獎公司或機構為長者提供便利和完善的設施

To recognise the awardees' contribution in providing accessible and well-maintained facilities which specifically cater for the needs of the elderly



### 齡活商業創新大獎 Age-friendly Business Innovation Award

表揚獲獎公司或機構推出長者及年齡友善的創新服務或產品，從而開發新的業務組合，帶動商機  
To recognise the awardees' efforts in introducing innovative age-friendly services or products so as to form a new business model

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### 齡活協作大獎 Age-friendly Collaborator Award

表揚獲獎公司或機構透過運用各方資源（如內部人力資源、與其他商業或非牟利機構合作），從而持續推動或實踐惠及長者的年齡友善措施或活動  
To recognise the awardees' contribution in mobilising different resources (e.g. internal manpower, joint collaboration of business sector or non-profit sector) to launch age-friendly initiatives or practices that benefit the elderly on a sustainable basis

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### 友善人情大獎 Our City's Story Award

表揚獲獎公司或機構透過推行年齡友善措施譜出勵志故事，並為推廣本港長者及年齡友善文化帶來正能量  
To recognise inspiring story developed under the awardees' age-friendly initiatives that has a great impact on promoting an age-friendly culture in Hong Kong

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### 我最喜愛的全城·長者友善計劃大獎 My Favourite City Partnership Scheme Award

表揚由公眾人士在「賽馬會齡活城市計劃」Facebook專頁投票選出最喜愛的長者及年齡友善措施、活動、產品或服務  
To recognise the most favourite age-friendly practice / activity / product / service selected by public voting on the JCAFC Project's Facebook Fan Page

## 評審準則 Judging Criteria

特別大獎之評審團包括「賽馬會齡活城市計劃」諮詢委員會成員，以及來自政府及不同相關界別之專業代表。評審團根據以下主要標準，評估參與公司或機構的表現，每項評審標準的比重則按各個獎項的性質而釐定。

The Judging Panel of the Special Awards includes members of the Advisory Committee of the JCAFC Project, representatives from the government and professional experts from related sectors. They evaluate participating companies' or organisations' performance based on the major criteria below. The weighting for each judging criteria varies depending on the nature of the awards.

創意及創新性 Creativity and innovation

對社會的影響 Social impact

資源投放 Resources devotion

項目之可持續性 Sustainability of the project

## 評審團 Judging Panel

### 香港特別行政區政府 HKSAR Government

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陳百里博士  
商務及經濟發展局副局長

**Dr Bernard Chan**  
Under Secretary for Commerce and Economic Development

李佩詩女士  
社會福利署署長

**Ms Charmaine Lee**  
Director of Social Welfare

## 評審團 Judging Panel

### 「賽馬會齡活城市計劃」諮詢委員會成員 Members of the Advisory Committee of the Jockey Club Age-friendly City Project

---

白雪博士  
香港理工大學  
樂齡與家庭研究中心總監

**Dr Bai Xue**  
Director, Research Centre for Gerontology and Family Studies  
The Hong Kong Polytechnic University

張滿華博士  
香港房屋協會  
前任總經理 (長者服務)

**Dr Cheung Moon-wah**  
Former General Manager (Elderly Services)  
Hong Kong Housing Society

蔡海偉先生  
香港社會服務聯會  
行政總裁

**Mr Chua Hoi-wai**  
Chief Executive  
The Hong Kong Council of Social Service

林正財醫生  
基督教靈實協會  
行政總裁

**Dr Lam Ching-choi**  
Chief Executive Officer  
Haven of Hope Christian Service

林一星教授  
香港大學  
秀圃老年研究中心副總監

**Prof Terry Lum**  
Associate Director, Sau Po Centre on Ageing  
The University of Hong Kong

莫家豪教授  
嶺南大學  
副校長

**Prof Joshua Mok**  
Vice-President  
Lingnan University

胡令芳教授  
香港中文大學  
賽馬會老年學研究所所長

**Prof Jean Woo**  
Director, CUHK Jockey Club Institute of Ageing  
The Chinese University of Hong Kong

## 相關界別之專業代表 Professional Experts from Related Sectors

---

陳澤斌建築師  
香港建築師學會  
會長

**Ar Benny Chan**  
President  
The Hong Kong Institute of Architects

孔子人先生  
香港人力資源管理學會  
會長

**Mr Lawrence Hung**  
President  
Hong Kong Institute of Human Resource Management

關則輝先生  
社區投資共享基金委員會  
主席

**Mr Kwan Chuk-fai**  
Chairman  
Community Investment and Inclusion Fund Committee

凌嘉勤先生  
香港理工大學  
賽馬會社會創新設計院總監

**Mr Ling Kar-kan**  
Director of Jockey Club Design Institute for Social Innovation  
The Hong Kong Polytechnic University

# 計劃成果

## Achievements of the Scheme

本年度獲頒「賽馬會齡活城市『全城·長者友善』計劃」標籤的公司 / 機構合共有296間，比第二屆增加超過一倍，當中逾200間為首次參與公司 / 機構，反映更多不同公司 / 機構落實推行各項長者及年齡友善措施。

A total of 296 companies / organisations have participated in the Jockey Club Age-friendly City Partnership Scheme 2022, which has doubled from the previous edition. Among them, over 200 are new participants, reflecting more companies / organisations have implemented age-friendly initiatives.



連續參與三屆計劃的公司 / 機構  
Companies / Organisations participated in three editions of the Scheme



參與其中兩屆計劃的公司 / 機構  
Companies / Organisations participated in two editions of the Scheme

參與公司 / 機構涵蓋不同行業，以「地產及物業管理」參與度最高，其次為「醫療及保健服務」及「零售」。

The Scheme was joined by companies / organisations from different industries, with “Real Estate and Property Management” having the highest participation, followed by “Medical and Healthcare Service” and “Retail”.



地產及物業管理  
Real Estate & Property Management



醫療及保健服務  
Medical & Healthcare Service



零售  
Retail



銀行及金融  
Banking & Finance



飲食  
Catering



清潔及維修服務  
Cleaning & Maintenance  
Services



多元化企業  
Conglomerate



教育及培訓  
Education &  
Training



政府及法定機構  
Government &  
Statutory Bodies



酒店及旅遊  
Hotel & Travel



資訊科技  
Information  
Technology



保險  
Insurance



印刷及出版  
Printing &  
Publishing



公用事業  
Public Utilities



電訊  
Telecom



運輸  
Transportation

# 特別大獎得主

## Winners of Special Awards



齡活就業大獎  
AGE-FRIENDLY  
EMPLOYER AWARD

銀杏館  
Gingko House

### 長者就業 · 豐盛耆年

#### Support Senior Employment

銀杏館是香港首間策動「長者就業」的社企，為經濟或心理上需要工作的長者提供就業機會，讓他們樂享豐盛耆年。目前業務發展涵蓋餐館、有機農莊、食品製造、餐飲到會、長者樂隊、網上及零售士多等。銀杏館從2003年起致力推動長者就業，聘請長者擔任不同崗位，而且可按長者員工的個人需要，彈性編配上班時間，讓他們工作與生活取得平衡。

#### 疫情無減長者就業機會

疫情重創飲食業，銀杏館六家分店也受到不同程度的影響。雖然人流大跌，但在繼續達致「人人有工返」的大前提下，銀杏館想盡辦法，減低對員工的影響，例如安排晚市同事調往早更工作，以及推出即食饅包，既解決顧客不能堂食的不便，也可保持員工的工作量。此外，餐廳在疫情下繼續派發愛心福飯，幫助有經濟困難的老友記與弱勢社群。



Gingko House is Hong Kong's first social enterprise to promote "elderly employment". It provides job opportunities for elderly who are in need of economic or psychological support. The diversified business now includes restaurants, organic farms, food manufacturing, catering, elderly bands, online and retail stores, etc. Since its establishment in 2003, Gingko House has been dedicated to promoting senior employment. Flexible working hours are also arranged according to the needs of elderly employees so as to maintain their work-life balance.

#### Agile job arrangement under the pandemic

The food and beverage industry was severely impacted by the pandemic. Despite the drastic drop of business in all of the six branches of Gingko House, the social enterprise managed to explore other ways to minimise the impact to the employees. For instance, night shift staff were changed to work in the daytime and instant food packets were launched so as to facilitate the customers under the no dine-in policy and to maintain the workload of the staff at the same time. Furthermore, Gingko House continued to distribute free meal boxes to the elderly and the underprivileged of the community amidst the pandemic.



## 新中年工作配對服務 Golden-Age Job Matching Service

樂活新中年慈善動力有限公司("樂活新中年")為新中年建立工作配對平台,為有意重投職場的50+新中年 / 長者提供工作履歷認證和工作配對服務,協助他們開展事業的新一頁。另一方面,樂活新中年以中介人角色,為僱主提供合適的新中年人才,與年輕人在工作中傳承職場經驗和技巧,互補長短,建構多元共融的工作環境。

### 金齡人才庫推動長者就業

樂活新中年設有人才庫服務平台展示正值金齡的新中年,讓各行各業的僱主能有效及準確地聘請適合的50+人士。其專業人才配對團隊會根據僱主的招聘要求進行基本的配對,每年提供超過100個工作機會。以往曾為各大國際及本地企業、中小企、社企和社福機構配對合適的新中年人才,職位和工種多元化,包括會計師、會計文員、行政助理、客戶服務、採購、人力資源主管、主任等,協助超過1,000位新中年接受公司 / 機構工作面試。

### 就業工作坊裝備金齡求職者

此外,樂活新中年提供全面的資訊、活動和訓練予年長人士,例如舉辦就業工作坊協助認識現時求職新導向、透過到職場工作坊學習軟技能,全方位為他們重建就業心態,裝備自己重投職場,有助打破僱主成見,推動對新中年的認可。



Happy-Retired Charity Action Limited ("HRCA") is set up with a dedicated job matching platform for the young-olds and retirees who are interested in returning to the workforce, providing profile accreditation services and job matching services to develop their second career. On the other hand, HRCA recommends suitable candidates to employers, with the aim to foster interactions between young-old and younger generations, and to pass on their experiences and expertise to young people.

### Young-old talent pool promotes senior employment

The dedicated Talent Pool platform showcases the expertise of the young-old job-seekers, facilitating employers from various industries to recruit suitable 50+ candidates effectively. HRCA's professional talent matching team perform job matching based on the employers' recruitment requirements, providing more than 100 job opportunities each year. HRCA has successfully matched suitable young-olds with international and local corporations, as well as small and medium-sized enterprises, social enterprises and non-government organisations, for positions like accountants, account clerks, administrative assistants, customer service assistants, procurement and human resources heads and officers etc. More than 1,000 young-olds have received interviews of different companies / organisations.

### Workshops to equip young-olds

HRCA also provides comprehensive information and trainings to the young-olds, such as workshops on latest recruitment trend and soft skills enhancement, in order to rebuild their mindset and unleash their potential with the hope to foster employer's recognition of the young-olds.



齡活就業大獎  
AGE-FRIENDLY  
EMPLOYER AWARD



康業服務有限公司  
Hong Yip Service Company Ltd.

新鴻基地產集團成員  
Member of Sun Hung Kai Properties Group

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康業服務有限公司  
Hong Yip Service Company Ltd

## 聘任長者員工計劃 Hiring Elderly Programme

康業鼓勵長者就業，並透過不同渠道進行招聘，包括僱員再培訓局的「後50·實習生計劃」，為年長人士提供就業機會，他們的工作態度普遍正面、樂觀積極且願意學習。公司的人力資源政策已將前線員工正式退休年齡延至70歲，並讓他們選擇全職或兼職合約工作的聘用形式，亦會邀請來自不同部門的退休員工，按其專業技能和工作經驗，以合約形式，重新聘任成為兼職員工，擔任顧問、培訓導師或培訓課程審核人員等職務，將公司文化、行業知識和工作經驗傳承予其他員工，現時超過1,000名員工為60歲或以上。

## 師傅帶徒弟計劃

「師傅帶徒弟計劃」於2010年起推行，為公司自行開辦資歷架構認可的第三級內部培訓課程，同事完成課程後便成為「師傅」，負責協助新入職員工於首三個月內熟悉公司的文化及運作並盡快投入工作。

為監察成效，公司委任已退休的資深員工成為計劃的審核人員，在完成「審核人員培訓課程」後，負責定期為新入職員工的表現及能力進行內部審核，檢討員工不足之處並提出改善建議，以達致提升員工工作效率及質素的效果。



Hong Yip supports elderly employment and provides job opportunities for the elderly people through various recruitment channels, including the Employees Retraining Board's "Post-50 Internship Programme". Elderly employees generally possess positive optimistic attitude and are willing to learn, the official retirement age for frontline staff has been extended to 70 years old under the human resources policy, provides part-time and full-time employment options to them as well. Besides, Hong Yip re-employ retired staff from different departments as contract employees. They would take up job duties including consultants, trainers and auditors for training courses according to their professional capabilities and work experience so that they can pass on Hong Yip's corporate culture, industry knowledge and hands-on experience to serving employees. Currently, more than 1,000 staff are aged over 60.

## Mentorship Training Programme

The "Mentorship Training Programme", developed by Hong Yip internally and recognised as Qualifications Framework Level 3, was launched in Hong Yip in 2010. By the completion of the programme, our trainees would become "Mentors" and coach the new joiners on corporate culture and daily operation in the first three months of their employment.

To monitor its effectiveness, Hong Yip appoints retired elderly employees to be the auditors of the Mentorship Program. After completing the auditor training, they will conduct assessments on the performance and abilities of new joiners on a regular basis, and provide recommendations for their continuous enhancement.



## 唯·承 Stay Inherited

輝煌復康產品製造有限公司以「活齡與傷健」為重任，多年來辦公室、貨倉至店舖，持續聘請中高齡人士以及傷健人士。「唯健康」門市所有分店高達七成同事為中高齡人士。對每位新入職的中高齡人士，均會進行一連串合適的在職培訓課程，包括產品的認識、顧客培訓、工作流程等，並會耐心指導，每年更進行大型的團體培訓，培養員工間的協作性以及提升團隊精神。



## 銀髮教師計劃 Silver-haired Teacher Recruitment

共融教室「銀髮教師計劃」致力為正值考慮退休或已退休人士而設，聘請他們到各中小學為有特殊學習需要的學生或其他學生提供學術、個人成長、生涯規劃、興趣等方面的輔導和指導。此職位屬兼職性質，可安排彈性的工作時間及地點，以配合個人健康及家庭需要。教室亦透過勞工處中高齡就業計劃聘用中高齡人士擔任客戶服務主任。



齡活就業大獎 - 優異獎  
AGE-FRIENDLY  
EMPLOYER AWARD - MERIT

## 輝煌復康產品製造有限公司 FH Rehabilitation Products Manufacturing Company Limited

With the vision to promote diversity and inclusion, FH Rehabilitation Products Manufacturing Company Limited employs the elderly and disabilities in the office, warehouse and retail shops. Up to 70% of the colleagues in the "Health Top" stores are the young-olds. The company provides a series of on-the-job training for every newly joined young-old employee, including product knowledge, customer service and work flow. Large-scale group training is also provided every year to cultivate employee collaboration among colleagues and enhance team spirit.

## 共融教室有限公司 Link Education Limited

The Silver-haired Teacher Recruitment Programme of Link Education Limited is designed for people who are considering retirement or have already retired. Their major roles are to provide academic, personal growth, career planning, interest development and other counseling and guidance for SEN (Special Education Needs) students or other students in primary and secondary schools. This part-time job allows the retirees to enjoy flexible working hours and locations to accommodate personal health and family needs. Link Education also employs young-olds through Labour Department's Employment Programme for the Elderly and Middle-aged to serve as customer service officers.



齡活設施大獎  
AGE-FRIENDLY  
FACILITIES AWARD

中國銀行(香港)有限公司  
Bank of China (Hong Kong) Limited

## 中銀香港長者及年齡友善措施 Bank of China (Hong Kong) Age-friendly Practices

中銀香港秉持「以客戶為中心」理念，致力實踐普惠金融，照顧長者客戶及弱勢社群的需要，讓他們可平等享用銀行服務。

### 多項無障礙設施便利長者需要

中銀香港擁有全港最龐大的分行網絡，方便長者以實體形式享用銀行服務，配合多項無障礙設施，包括斜坡通道方便使用輪椅人士進出，個別分行更設有升降機。分行亦提供鳴鐘及助聽設施，以便及時提供協助和溝通，自動櫃員機採用輪椅友善設計，按鍵及螢幕高度均在輪椅人士可觸及的位置，全港逾270部自動櫃員機設有語音導航。

此外，中銀香港推出「指靜脈認證」設備，透過近紅外線照射手指，獲取手指內的靜脈分佈圖像來進行身份識別。客戶只需進行一次性登記，便無需簽署或牢記密碼，即可輕鬆進行指定交易，特別適合長者使用。此設備已於分行及提款機全面覆蓋。



By upholding the customer-centric principle, Bank of China (Hong Kong) is committed to practicing inclusive finance, catering to the needs of elderly customers and the underprivileged, and enabling them to enjoy banking services conveniently.

### Accessible facilities to meet the needs of seniors

Bank of China (Hong Kong) has the largest branch network in Hong Kong, making it convenient for seniors to enjoy banking services in a physical setting. Various barrier-free facilities are in place, including ramp access for wheelchair users, some branches are also equipped with lifts. Bells and hearing aid facilities are provided for timely assistance and communication with the customers in need. Besides, ATMs are installed at a level where the keypads and screens are suitable for wheelchair access. Over 270 ATMs across the city are equipped with Voice Navigation.

In addition, "Finger Vein Authentication" has been introduced in branches and ATMs. The device incorporates near-infrared LED to scan the finger and identify the unique finger vein pattern. After registering for the "Finger Vein Authentication" only once, customers, especially the elderly, can enjoy signature-free and password-free authorisation to conduct designated transactions.

## **「長者安居樂」住屋計劃 Senior Citizen Residences Scheme**

面對香港長者人口持續攀升，香港房屋協會("房協")致力發展多元的長者房屋項目，以配合不同經濟能力的長者之需要。

「長者安居樂」住屋計劃為年滿60歲的中等收入人士提供集居住、康樂設施與醫療護理於一身的居所。由社工、護理人員及設施管理人員組成的專業團隊，配合樂齡科技的應用，提供全方位支援服務，實現「居家安老」。計劃現有兩個項目，包括較早落成的將軍澳「樂頤居」、牛頭角「彩頤居」和最近推出位於紅磡利工街的「豐頤居」。項目貫徹長者友善環境設計，例如：高低位雙防盜眼及可改動式的設計，以靈活運用空間，為長者未來不同身體狀況的需要做好準備。

### **長者住戶生活質素提升**

根據香港大學進行的研究，證實「長者安居樂」住屋計劃的住戶於身心健康都有顯著改善，包括減少使用急症服務、有更好的獨立生活能力和心理健康，以及認知能力及生活質素都有所提升。計劃不單給予長者一個既安全又放心的居住環境，同時亦讓他們實踐自主健康、樂齡躍動的生活。



The Hong Kong Housing Society ("HKHS") has remained resolute to develop elderly housing projects targeted at different socio-economic groups in response to the ever-growing ageing population.

The Senior Citizen Residences Scheme aims to provide residence integrating housing, recreation, medical and care services under one roof for the middle-income people aged 60 or above. The Scheme is supported by a multi-disciplinary team including social workers, nurses and property management professionals, together with the application of gerontechnology, to provide holistic support to residents for ageing-in-place. There are three projects namely Jolly Place in Tseung Kwan O and Cheerful Court in Ngau Tau Kok, and the recently-launched Blissful Place in Hung Hom. Age-friendly designs have been incorporated in the development, for example, double door viewers and adaptable designs which enable flexible use of space to cater for elders' needs under different physical conditions in the future.

### **Proven improved quality of life for senior residents**

A study conducted by The University of Hong Kong found significant improvements in several aspects for residents under the Senior Citizen Residences Scheme, including reduced use of emergency services, better independent living, improved mental health, increased cognitive status and quality of life. The Scheme not only provides residents a safe and secure living environment, but also helps them achieve a healthy and energetic life with self-determination.



齡活設施大獎  
AGE-FRIENDLY  
FACILITIES AWARD

港鐵公司  
MTR Corporation

## 港鐵長者友善設施及服務 MTR Age-friendly Station

香港鐵路有限公司(“港鐵公司”)重視乘客意見。港鐵每日乘客人次中有接近50萬為長者,因此於早年開始已主動與長者團體聯絡,就車站設施及服務交換意見,務求更適切地回應長者乘客的需要。

### 長者乘客舒適出行

港鐵公司收集長者乘客的意見後,逐步在車站引進多項長者及年齡友善設施,包括:

- 於港鐵站的出入口加設升降機及電動扶手梯;
- 在65個車站(包括全部轉車站)設置洗手間;
- 車站月台加設了超過六千個座位,港鐵巴士站亦加設附椅背及扶手的座位;
- 於車站出入口、洗手間、升降機及客務中心,加設特大顯眼的標示,讓長者更易辨認;
- 在客務中心加上站名,並提供放大鏡和出入口字母卡;及
- 提供電動輪椅的自助充電插座,方便途中充電。

此外,港鐵公司的所有前線同事都有接受有關照顧長者乘客的訓練,以提供更為貼心的服務。



MTR Corporation values the customers' opinions. In light of the 500,000 daily elderly travellers in the MTR network, MTR Corporation actively collaborates with various elderly groups and collects their feedback to address their needs and improve the services and facilities.

### From elderly, for elderly

Various age-friendly facilities have been put in place according to the feedback given by senior passengers, including:

- lifts and escalators installed at the exits of MTR stations;
- washrooms at 65 stations (including all interchange stations);
- over 6,000 seats at the platforms, and seats with backrests and armrests at MTR bus stops;
- giant signages for station exits, washrooms, lifts and customer service centres to improve way-finding for seniors;
- station name added on all customer service centres and the provision of handy magnifiers and exit codes alphabet cards;
- wheelchair charging spots for contingency use by the electric wheelchair users.

In addition, all frontline staff are trained with knowledge and care for challenges faced by elderly customers. They are able to provide attentive and caring services.



齡活設施大獎 – 優異獎  
AGE-FRIENDLY  
FACILITIES AWARD - MERIT



青葉海鮮酒家

青葉海鮮酒家  
Holly Restaurants

### 一盅兩件在青葉 Let's Enjoy in Holly

青葉海鮮酒家特設寬闊平坦的無障礙通道，方便長者及有需要人士進出，並設有升降機，方便長者由地面到達酒家各樓層。酒樓各層均有一個可供輪椅使用者使用的暢通易達廁所，門上有暢通易達標誌，是一般酒樓少見的。酒家亦特設特大點心紙，方便長者閱讀。這些措施都讓長者覺得外出飲茶不是難事，希望長者樂活於社區。

The Holly Restaurants is equipped with a wide and flat barrier-free passage to enable the elderly and those in need to move around easily, while the elevator makes it easy for seniors to reach all floors. Each floor has an accessible restroom with wheelchair access, and the door is marked with an accessible symbol, which is not common in Chinese restaurants. Dim sum menu with large font is also provided for the convenience of seniors, encouraging them to go out to the community for a better social life.



博歌科技有限公司  
Robocore Technology Limited

### 黃金時代「疫」風同行支援計劃 Golden Age Care Anti-Pandemic Support Programme

在第五波疫情時，博歌科技有限公司於34間安老院舍投放34隻人工智能機械人隊友「金醫生」，利用自主導航及人工智能技術，提供合適的工作援助。在院舍遊走一圈後會儲存該地方的平面圖，可按職員要求自動行駛到指定位置，並且在行走時自動偵測障礙物。「金醫生」具備語音、聲控及視像功能，可以與院友互動聊天，朗讀新聞內容，啟用視像通話等。

During the fifth wave of the pandemic, Robocore Technology Limited deployed 34 smart robots, named "Doctor Golden," in 34 elderly homes. These artificial intelligence robots utilise autonomous navigation and artificial intelligence technology to provide work assistance. After touring around the premises, the floor plan will be saved in the robots, such that they can automatically navigate to a designated location at the request of staff, while detecting obstacles along the way. "Doctor Golden" possess audio, voice control and video call functions, allowing it to interact with elderly residents, read newspaper and make video calls.



齡活商業創新大獎  
AGE-FRIENDLY  
BUSINESS INNOVATION AWARD

香港中華煤氣有限公司  
The Hong Kong and China  
Gas Company Limited

## 煤氣智醒生活暖萬家

### “Sending Warmth to Thousands with Smart Technology” by Towngas

為應對人口老化帶來的挑戰，以及支持政府居家安老政策，煤氣公司擴大智能技術的應用，為長者帶來更方便和安全的服務。

#### 智能控制器

煤氣公司自主研发的「智能控制器」除了定時提醒用戶爐具使用情況外，萬一長者離開家居時忘記關爐，控制器會向多達八名用戶及照顧者發出提示信息，並可以遙控關爐。煤氣公司承諾為一萬個有需要的長者家庭安裝智能控制器，提升家居安全，亦減輕照顧者壓力。

#### 智能煤氣錶

另一項幫助長者的智慧產品「智能煤氣錶」，當檢測到異常用氣情況，系統會立即關閉閥門，停止煤氣供應，同時煤氣公司會收到訊息，安排技術人員立刻跟進，以防意外發生。



In response to the challenges of an ageing population, and to support the ageing-in-place policy of the government, Towngas has expanded the application of smart technology to provide convenient and safer services to the older people.

#### The Smart Controller

Developed by Towngas, the Smart Controller can be connected to a user's existing cooking appliance, allowing the users to monitor the appliance's status through their mobile phones. The Smart Controller can be connected to eight mobile phones of the user and carers, and send an alert to them in case the elderly forget to turn off the cooking appliance while away from home. They can then turn off the appliance remotely. Towngas has committed to install the Smart Controller for 10,000 elderly households in need to enhance their safety at home and reduce the burden on carers.

#### The Smart Meter

Another smart product, the Smart Meter, is equipped with an automatic meter reading function, which facilitates elderly. When the meter detects abnormal usage or leakage, it will automatically cut off the gas supply. Notification will also be sent to Towngas. Technicians will then be arranged for inspection to further ensure home safety.





醫院管理局  
HOSPITAL  
AUTHORITY



齡活商業創新大獎  
AGE-FRIENDLY  
BUSINESS INNOVATION AWARD

醫院管理局  
Hospital Authority

## HA Go遙距醫療 Telehealth Services via HA Go

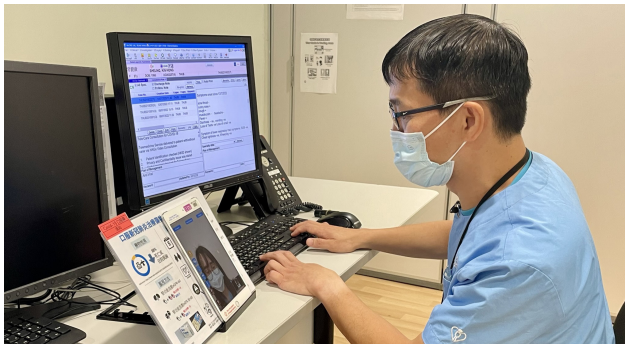
醫院管理局(“醫管局”)一站式手機程式「HA Go」,綜合醫管局現時多個應用程式,並加設貼心的新功能。HA Go設計以病人為本,讓病人輕鬆又有效地管理就醫安排及護理健康。疫情期間,醫管局充分利用並透過HA Go提供遙距醫療服務,不單為患者帶來便利,同時保護高危人群,尤其是年長人士。

### 遙距醫療覆蓋廣泛 便利長者

HA Go的「遙距醫療(“TeleHealth”)」功能模組於2020年試行成功後,服務已擴展至其他臨床層面,包括專科門診、護士診所、專職醫療診所、藥物補充診所及社區精神科服務等,有效節省年長病人往來診所的時間。此外,於2022年8月亦透過HA Go試行為居住在鄉郊地區的長者提供遙距診症服務。

### 多項功能方便長者自我保健

HA Go亦增加了一些新功能以增強年長病人管理長期病患的能力,並確保他們得到持續護理。例如長者可透過「我的健康(“MyHealth”)」模組記錄自行量度的健康數據,讓醫療服務提供者遙距監察他們的健康狀況,及早發現惡化的潛在危機。而「康復(“Rehab”)」模組可以提供遠程康復練習,提升年長患者的自我保健能力,從而減少對住院服務的依賴。



The Hospital Authority (“HA”) mobile application ‘HA Go’ is a one-stop healthcare portal integrating various HA apps with newly developed features. Its patient-oriented design optimises patients’ experience in the overall healthcare journey and empowers them for self-care. During the pandemic, HA has provided telehealth services via HA Go for greater convenience to patients and protection of high-risk groups, particularly for the elderly.

### Extensive coverage of age-friendly telehealth services

Riding on the successful pilot of HA Go “TeleHealth” module in 2020, the service has been extended to other clinical settings, covering specialist out-patient clinics, nurse clinics, allied health clinics, drug refill clinics and community psychiatric service. It reduces the time-consuming outpatient visits for elderly patients. Furthermore, tele-consultation via HA Go for the elderly living in rural areas was piloted in August 2022.

### Self-health management of the elderly through various functions

Various new features have been created in HA Go to empower elderly patients in chronic disease management and ensure continuity of care. For instance, “MyHealth” module enables patients to keep track of their health condition by recording self-measurement figures and share with healthcare providers for remote monitoring and early detection of deterioration. The prescription of systematic tele-rehabilitation exercises via “Rehab” module augments elderly patients’ skills in self-care and improves their health outcomes, thus reducing heavy reliance on inpatient care.



齡活商業創新大獎  
AGE-FRIENDLY  
BUSINESS INNOVATION AWARD

原動力科技有限公司  
Motive Force Technology Limited

## VirCube XR SPACE 及 VirCube FLEXI 沉浸式XR延展實境康復體驗系列 VirCube Immersive XR Extended Reality Rehabilitation Systems: VirCube XR SPACE & VirCube FLEXI

原動力科技有限公司(“原動力”)致力發展沉浸式XR延展實境系統和軟件應用,其中一項重點項目就是研發各樣樂齡科技,以改善長者晚年生活及優化社會服務機構的康復訓練。

### 本地原創樂齡康復訓練

VirCube一系列的產品以沉浸式XR延展實境技術提供康復訓練,例如認知訓練、日常獨立生活訓練、社區生活技能訓練等。這個系統可以創造高仿真的環境,而且設有原創本地化場景的訓練內容,突破時空與地域的限制,最重要是有現實生活中無可能重複出現或危險的場景,例如:火警現場、過馬路、甚至上落交通工具等,都可以在安全及可控制的環境下予長者進行重複訓練,促進認知能力及提升生活自理能力,尤其適合患有認知障礙長者的訓練。

### 創新科技「落地」助長者

VirCube系統內置過百款訓練內容,並定時提供新的內容。VirCube系列嶄新的業務組合,令使用門檻大大降低,真正能運用創新科技優化現時的康復訓練。在產品推出市場的短短四年間,已有過百個社會服務單位,例如各大院校的治療和護理相關學系及多間醫院購置及合作使用,用作培訓及提供康復訓練,惠及多達140,000人,包括社區長者、前線社工、治療師、照顧者、機構義工、治療和護理專業學生等。



Motive Force Technology Limited ("Motive Force") is committed to developing immersive XR extended reality systems and software applications. Gerontechnology is one of the key focus with the aim of improving the quality of life for older people and the rehabilitation training of social service organisations.

### Localised and original rehabilitation training for the elderly

The VirCube Immersive XR Extended Reality Rehabilitation Systems provide different kinds of rehabilitation training e.g. cognitive training, instrumental activities of daily living skills training, community living skills training, etc. With the lifelike, vivid, original and localised scene settings, elderly can repeat various training exercises, in particular scenes that are dangerous or not recurrent in real life, such as fire, road-crossing and boarding transportation, in a safe and controlled manner. These trainings enhance their cognitive abilities and living independency, thus are especially suitable for elderly with cognitive impairments.

### Affordable innovative gerontechnology

The VirCube systems have over a hundred built-in training materials and provide regular updates. This new business model has made the innovative gerontechnology affordable to complement the traditional rehabilitation trainings. Since the product launch, more than a hundred social service units including the rehab and nursing departments of various universities, as well as hospitals, have purchased the systems for capacity building and rehabilitation training over the past four years, benefitting 140,000 older people, frontline social workers, therapists, caregivers, volunteers and students.



**齡活商業創新大獎 - 優異獎**  
**AGE-FRIENDLY**  
**BUSINESS INNOVATION AWARD - MERIT**

## Dai3mimi . 復耳

**復耳科技有限公司**  
**Dai3mimi Health-Tech Limited**

### 復耳 Dai3mimi

Dai3mimi「復耳」採用自家研發並獲得專利的介質傳導聲音系統，應用金屬和塑膠材料結合的聲學共振特性，直接將聲音通過頭骨傳導到內耳。不僅可以幫助年長人士恢復聽力，重拾聆聽的樂趣，還可以提供移動娛樂及移動通信，為聽障患者提供遠程溝通，使遠程醫療成為可能的醫療服務。專利的節奏振動結構聲音模塊，根據音源的節奏振動幫助年長人士緩解耳鳴、抑鬱和認知障礙症狀。

Dai3mimi employs a patented proprietary medium conduction sound system developed in-house, combining metal and plastic materials' acoustic resonance characteristics to transmit sound to the inner ear through the skull directly. It not only helps the elderly restore their hearing and regain the joy of listening but also provides mobile entertainment and communication, enabling remote communication for hearing-impaired patients and making telemedicine possible. The patented rhythm vibration structure sound module helps the elderly relieve tinnitus, depression and dementia symptoms based on the rhythm of the sound source.



**香港上海滙豐銀行有限公司**  
**The Hongkong and Shanghai**  
**Banking Corporation Limited**

### 香港滙豐流動理財應用程式 - 簡易版 HSBC HK Mobile Banking App - Lite Mode

香港滙豐流動理財應用程式 - 簡易版旨在幫助不太熟悉數碼科技的年長客戶，輕鬆透過流動裝置管理他們的財務。新版本可供所有用戶使用，當中包括常用的網上理財服務，同時配有清晰圖標和較大字體的簡潔介面。簡易版讓客戶可以輕鬆查看戶口餘額、在個人名下的本地滙豐戶口之間轉賬、設立定期存款、通過手機存入支票等。

The HSBC HK Mobile Banking App - Lite Mode is designed to help elderly customers who are less technology-savvy to easily manage their finance through mobile devices. The new version is available to all users and includes essential features while maintaining a simple interface with clear icons and larger fonts. The Lite Mode allows customers to view account balances, transfer funds between self-named local HSBC accounts, set up time deposits, and deposit cheques through their mobile phones easily.



齡活協作大獎  
AGE-FRIENDLY  
COLLABORATOR AWARD

機電工程署  
EMSD



機電工程署  
Electrical and Mechanical  
Services Department

## 同心共創更美好的樂齡生活 Co-creating a Better Life for the Elderly

### 協助院舍抗疫

在2019冠狀病毒病疫情下，安老院舍飽受衝擊。機電工程署("機電署")運用專業知識，就此為社會福利署及衛生防護中心提供技術意見，更為各區700多間安老及殘疾人士院舍進行全面的通風評估，並提出改善措施，以提升院舍的抗疫能力，加強對院友的保護，應對日後可能出現的疫情。

### 義工隊熱心關懷長者

機電署義工隊定期為基層長者提供家居維修服務，包括木工、水務和機電維修，減輕他們的經濟負擔。此外，疫情期間，義工隊仍與非政府機構籌辦「編編送暖」活動，編織頸巾送贈予需要的長者，在冬日送上暖暖心意。

### 上下一心推動樂齡科技

機電署全力支援香港社會服務聯會，就「樂齡及康復創科應用基金」和「樂齡科技平台」的申請提供技術意見。機電署亦在「樂齡科技博覽暨高峰會」中設置展覽攤位，展示多項機電創新科技，促進樂齡科技的開發和應用。



## Fighting the epidemic with the residential care homes

Residential care homes for the elderly were hard hit by the COVID-19 epidemic. Electrical and Mechanical Services Department ("EMSD") not only provided technical advice to the Social Welfare Department and Centre for Health Protection in this connection, but also conducted comprehensive ventilation assessments and proposed improvement measures for over 700 residential care homes for the elderly and persons with disabilities across the territory, with a view to enhancing their anti-epidemic capabilities and strengthening the protection to the elderly in preparation for potential waves of pandemic.

## The volunteer team's care for the older community

EMSD volunteer team provides regular household maintenance services, including carpentry, water supplies works, mechanical and electrical maintenance, for the underprivileged elderly to alleviate their financial burden. Besides, the volunteer team collaborated with a non-governmental organisation to hold scarf donation campaigns during the pandemic for the needy elderly, bringing care and warmth to them in winter.

## Promoting gerontechnology in concert

EMSD provided technical advice to Hong Kong Council of Social Service on the application for the Innovation and Technology Fund for Application in Elderly and Rehabilitation Care and the Gerontechnology Platform. Exhibition booths were also hosted in the Gerontech and Innovation Expo cum Summit to display electrical and mechanical related innovative technologies to promote gerontechnology development and application.



齡活協作大獎  
AGE-FRIENDLY  
COLLABORATOR AWARD

## 香港警務處東九龍總區失蹤人口調查組 Hong Kong Police Force Regional Missing Persons Unit Kowloon East Region

### 智蹤計劃 Project PINPOINT

根據警方數字，2022年全港約有340宗涉及認知障礙症長者的失蹤案件，東九龍總區佔約100宗。走失會對長者的安全構成危險，對照顧者亦造成巨大壓力。

#### 跨機構協作推廣尋人定位裝置

為及早介入，東九龍總區在2022年4月以先導形式推行「智蹤計劃」，向有潛在走失風險的長者派發藍芽定位裝置，令照顧者可以透過智能電話知道長者的位置，務求快速而準確地尋回失蹤人士。除了加強教育前線警務人員，東九龍總區亦與社會福利署合作，向提供長者服務的社福機構及物業管理人員介紹定位裝置，講解面對迷途長者時的溝通技巧，以及學習使用智能電話確認參與「智蹤計劃」的走失人士身份。不少社福機構亦因而自行購入定位裝置予他們的會員，令計劃達到授人以漁的效果。

#### 成效顯著 計劃將推全港

過去一年，東九龍總區派發超過250個定位裝置，當中已有17位受助者在合共45次的走失事件中被尋回。有了這定位裝置，不少照顧者反映可以更放心讓長者獨自外出。

「智蹤計劃」成效顯著，未來將會在全港向公眾進一步全方位推廣。在人口持續老化的環境下，警方期望利用科技減少認知障礙症患者增加而衍生的問題，達到關愛社群。



Police statistics show that in 2022, around 340 missing elderly people with dementia were reported missing. Among them, 100 cases happened in Kowloon East. Lost elderly will easily be in danger, not to mention the tremendous pressure brought to the carers.

#### Cross-sectoral collaboration to promote positioning technology

To cope with the issue, the Project PINPOINT was piloted in April 2022 by the Regional Missing Persons Unit of Kowloon East ("RMPU KE"). Bluetooth tracking devices were distributed to elderly with high chance of going missing, enabling their caregivers to locate the elderly through mobile app and find them efficiently and accurately. Apart from training the frontline police officers, RMPU KE also collaborated with the Social Welfare Department to hold workshops to introduce the positioning devices to elderly-serving NGOs and property management professionals, as well as share communications skills when encountering lost elderly and learn how to use mobile app to secure identity of the lost elderly under the Project PINPOINT. Many NGOs purchased the positioning devices for their elderly members, making the programme sustainable.

#### Extend citywide to help more vulnerable seniors

In the past year, RMPU KE has distributed over 250 positioning devices. 17 lost elderly in 45 cases have been found. Caregivers reflected that with this tracking device, they have more confidence in letting elderly to go out alone.

With the proven results, the Project PINPOINT will be spread citywide. It is hoped that the technology can alleviate the challenges brought by increasing number of dementia patients under the ageing population.



齡活協作大獎  
AGE-FRIENDLY  
COLLABORATOR AWARD

港鐵公司  
MTR Corporation

## 港鐵長者友善及「腦友守護」計劃 MTR Age-friendly and "Caring for Dementia" Programme

隨著人口老齡化，認知障礙症患者愈見普遍，香港鐵路有限公司（「港鐵公司」）在車站與他們的接觸有增無減，港鐵公司分別與賽馬會耆智園以及警方協作，推出「腦友守護」計劃，幫助認知障礙症乘客。

### 多方協作利用科技尋走失長者

港鐵公司主動聯絡賽馬會耆智園，參與其與香港科技大學共同開展的「友里蹤跡計劃」，將全港95個港鐵及輕鐵車站的客務中心變身成偵測點，在平板電腦安裝「友里蹤跡」應用程式。如走失長者經過，「友里蹤跡」應用程式便會自動通知照顧者走失長者的位置。港鐵公司並邀請賽馬會耆智園專家為車站前線同事訂造訓練課程，讓他們更有效識別和照顧疑似腦退化人士，並於MTR Mobile手機應用程式及相關網上渠道加強宣傳，提升公眾人士對認知障礙症的認識及支持。

港鐵公司亦與警方協作，進一步運用港鐵龐大網絡，協助腦退化症人士和長者。港鐵公司斥資超過300萬元提升出入閘機系統，可以根據警方提供的八達通卡號碼，辨認到走失長者在車站入閘或者出閘，系統會通知車站職員，協助警方找尋走失人士的蹤跡。



As the population ages, dementia is getting more common among older people and the encounters with them at stations will only increase. Collaborating with the Jockey Club Centre for Positive Ageing ("JCCPA") and the Police, MTR Corporation launched the "Caring for Dementia" programme to help the elderly with dementia.

### Finding lost elderly with technology and collaboration

The MTR Corporation proactively approached JCCPA and joined their Caring Communities for Dementia Campaign that partnered with The Hong Kong University of Science and Technology. 95 customer service centres in MTR and Light Rail stations have become detection points where the Campaign's mobile app is installed. If a lost elderly passes by, their carers will receive instant notifications on the mobile app. JCCPA experts are also invited to tailor training courses for frontline staff, so that they are able to better identify elderly with dementia and provide suitable assistance. Promotion on the MTR Mobile app and other online channels is also strengthened to enhance public awareness on dementia.

The MTR Corporation also collaborates with the police in finding lost elderly in the MTR network. Over HKD3 million has been invested to enhance the gate system, such that lost elderly can be located in the stations by frontline staff after receiving the Octopus card number from the police.



齡活協作大獎 - 優異獎  
AGE-FRIENDLY  
COLLABORATOR AWARD - MERIT

## HK BALLET 香港芭蕾舞團

香港芭蕾舞團  
Hong Kong Ballet

### 銀髮芭蕾 Silver Ballet

「銀髮芭蕾」是香港芭蕾舞團在疫情期間推出、專為長者而設的網上工作坊。課程帶領長者認識芭蕾舞結合運動，一同體驗芭蕾舞及音樂的樂趣。導師引領參加者完成片中動作，包括熱身動作、介紹芭蕾舞手部腳部位置、站立姿勢、把桿動作、中間練習以及舞蹈組合。在設計課程時，芭蕾舞團也諮詢了香港中文大學醫學院矯形外科及創傷學系團隊的專業意見，避免教授一些長者感到困難和容易受傷的動作。

"Silver Ballet" is a new online workshop launched by Hong Kong Ballet, designed specifically for the seniors during the pandemic. The course introduces ballet exercises which let participants experience the fun of ballet and music. The instructor gives guidance to participants on certain movements, including warm-up exercises, ballet arm and foot positions, standing postures, barre exercises, centre works, and dance combinations. When designing the course, Hong Kong Ballet had sought professional advices from the Department of Orthopaedics and Traumatology of Faculty of Medicine of The Chinese University of Hong Kong to avoid movements that may cause difficulties and injury to older people.



投委會  
IFEC

投資者及理財教育委員會  
Investor and Financial Education Council

### 「錢爺爺與錢嫲嫲的一天」長者防騙教育計劃 "One Day Adventure with Grandparents Chin" Anti-Scam Programme for Seniors

為了提高長者的防騙意識，投資者及理財教育委員會（「投委會」）透過與不同非牟利機構和相關持份者協作，推出「錢爺爺與錢嫲嫲的一天」長者防騙教育計劃。投委會免費提供防騙教育桌上遊戲，亦為其夥伴機構提供講座及桌上遊戲指南，更會安排導師培訓，以廣泛地宣傳防騙資訊。

With the objective of increasing the awareness of fraud prevention amongst seniors, Investor and Financial Education Council ("IFEC") delivers the anti-financial-scam programme, "One Day Adventure with Grandparents Chin", to seniors through partnerships with NGOs and stakeholders. The IFEC offers the anti-financial-scam education board game for free. It also organises workshops and provides board game facilitation guide for partner organisations. Furthermore, train-the-trainer workshops are provided to partners to facilitate them to promote anti-financial-scam messages.



友善人情大獎  
OUR CITY'S  
STORY AWARD

中國銀行(香港)有限公司  
Bank of China (Hong Kong) Limited

## 中銀香港長者及年齡友善協作措施 Bank of China (Hong Kong) Age-friendly Practices

香港面臨高齡化社會的挑戰，中銀香港關心長者的福祉，透過資助不同社福機構及大學的醫療服務，全方位滿足社會醫療需要。

### 關注認知障礙症長者

認知障礙症患者要定期覆診，可是交通對他們來說是一個難題，有見及此，中銀香港資助認知障礙流動醫療中心，為居住於新界或偏遠地區如天水圍、屯門、上水、秀茂坪等公共屋邨的基層長者提供服務。除了為他們進行認知功能評估及小組活動，並按需要提供進一步醫療診症，在疫情之下為患者帶來及時便利的服務。

### 支援身心俱疲的照顧者

照顧者是長者於社區生活的重要支撐，認知障礙患者的照顧者更需要協助，「照顧·無界限-認知障礙症照顧者支援計劃」（又稱「照顧者花園」）提供一個舒適寬敞的空間讓照顧者獲得實用照顧資訊及多元化的減壓活動，亦設有為照顧者而開發的流動應用程式「啱傾」，讓一班照顧者可以「傾吓偈」，互相支持。

曾經有一位照顧者分享，因為要獨力照顧患病丈夫而承受沉重壓力，甚至患上抑鬱，後來參加了中銀香港資助的「照顧者花園」活動，發覺自己對花藝有興趣，找到精神寄託，還經常親手製作花藝品送給其他照顧者以鼓勵他們。

In response to the challenges arising from the ageing population in Hong Kong, Bank of China (Hong Kong) ("BOCHK") is deeply concerned about the welfare of the elderly. Through subsidising the medical services provided by social welfare organisations and universities, it is hoped to meet society's medical needs in all aspects.

### Helping the dementia elderly

Patients with dementia need regular medical follow-up, but transportation is often a challenge for them. In view of this, BOCHK funds the Mobile Dementia Clinic which travels to public housing estates in remote districts and the New Territories e.g. Tin Shui Wai, Tuen Mun, Sheung Shui and Sau Mau Ping to conduct detailed cognitive assessment and group activities for elderly people in need, as well as provide further medical consultation support, providing timely and convenient services to patients during the pandemic.

### Support the stressed carers

Carers provide important support for elderly people in the community, in particular the dementia patients. The "With You Anywhere – Family Carer Support" (also known as the "Carers Garden") programme offers carers a comfortable and spacious place to receive practical care tips and a wide range of stress relief activities, as well as sets up a mobile application "Carers Chat" for carers to chat and give support to each other.

A caregiver shared that her stress increased and she suffered from depression because of looking after her husband who was sick. After joining the "Carers Garden" activity funded by BOCHK, she developed a new hobby and floristry became her favourite mental comfort. Since then, she had made handmade floral arts for other carers, encouraging them to find their own peace.







友善人情大獎  
OUR CITY'S  
STORY AWARD

惜、剪  
Change

## 惜、剪 Change

簡單一個剪腳甲的動作，對一般人輕而易舉，但對行動不便、視力衰退或其他身體原因而未能自己剪腳甲的長者來說，卻是十分困難。

社企「惜、剪」由美甲師Cass於2019年成立，義務為有需要長者修甲。義工團隊除了美甲師，也有專業護士。目前已有超過10間機構借出場地，每次大約為30多名長者修剪腳甲，讓他們可以多外出，舒暢身心，毋需要再做隱蔽長者。

長者的腳甲多有嵌甲、厚甲及灰甲問題，不少長者就因為腳甲問題導致走路時感到劇痛，被迫留在家中。要跟長者修甲，亦有些地方需要額外注意，以防令長者流血，因為不少長者都有長期病患，需要長期服藥，當中有些藥物會導致較難止血，所以義工們都會預備止血粉以防萬一。

### 長者笑容是無價回報

曾經有位衣衫襤褸的伯伯到社區中心排隊剪甲，伯伯雙腳積聚多年的厚繭和污垢，發出惡臭。Cass發現他雙腳已被細菌感染至連腳趾甲都沒有了，最後用了一個多小時處理他的雙腳。之後伯伯每個月都找Cass幫手，約半年後，他的腳甲重新長出來了，伴隨着的更是伯伯的笑容。



A simple action of cutting toenails may be easy for most people, but for elderly people with mobility issues, visual impairments, or other health conditions, it can be very challenging.

The social enterprise "Change" was founded by a nail artist Cass in 2019, providing pedicure services to elderly people in need. The volunteer team includes not only pedicurists, but also professional nurses. Currently, over 10 organisations have provided their premises for the team to carry out pedicure service for over 30 elderly people at a time, in the hope that they can be more active in the community.

Elderly people often have problems with ingrown and thick nails, or fungal nail infections, which can cause severe pain when walking and make them stay at home. During the pedicure treatment, volunteers need to pay extra care to prevent bleeding, as many elderly people have chronic illnesses and the medications they take might make it more difficult to stop bleeding. Therefore, volunteers always bring along hemostatic powder in case of emergency.

### The smiles of elderly people are priceless rewards

Once, a shabby uncle came to the community centre for pedicure. His feet were covered with thick calluses and dirt, and stink badly. Cass spent over an hour treating his feet, which were infected with bacteria and his toenails had fallen off. After that, the uncle asked for Cass' help every month. About six months later, his toenails grew back, accompanied by his big smile.



友善人情大獎  
OUR CITY'S  
STORY AWARD

## 僱員再培訓局 Employees Retraining Board

### 「ERB 30人」宣傳系列 "ERB 30ers" Series

人才是社會發展的原動力。僱員再培訓局("ERB")一直致力推動技能培訓,鼓勵「後50」(50歲或以上人士)進修增值,盡展所長,並協助社會釋放潛在勞動力。

為慶祝成立30周年,ERB於2022年推出一系列宣傳項目,加強與社會各界的連繫,其中包括「ERB 30人」宣傳系列,由30位不同年齡界別的ERB學員,親身分享他們透過再培訓,掌握新技能,開展新事業的勵志故事,展現自強不息的精神。

#### 屬於「後50」的故事

在「ERB 30人」中,多位「後50」學員有著不一樣的經歷,卻有著相同的信念,藉著豐富的經驗,與時並進,充分展現「後50」積極學習、優秀多元的特質。他們均透過修讀ERB課程,掌握新知識和新技能,在職場上成功開展第二事業。

#### 多元培訓 增值自強

ERB提供多元化的培訓課程,涵蓋28個行業及通用技能範疇,詳情可瀏覽ERB網站([www.erb.org](http://www.erb.org))。



Human capital is a key driver of economic and social progress. The Employees Retraining Board ("ERB") is committed to promoting vocational training. We provide a range of training courses and encourage the "Post-50" (people aged 50 or above) to pursue skills upgrading with a view to empowering and unleashing the potential of the workforce.

To commemorate its 30<sup>th</sup> anniversary, ERB launched a series of promotional initiatives in 2022 to strengthen connection with different sectors of the community. The "ERB 30ers" Series featured inspirational stories of 30 ERB trainees of diverse backgrounds who acquired new skills through retraining and developed new careers, exemplifying a spirit of perseverance and self-enhancement.

#### Stories of the "Post-50" Trainees

In the Series, each of the diverse stories was connected by a shared belief – to grow and make good use of individual experiences to make contributions. All of the "Post-50" trainees acquired new knowledge and skills through enrolling in ERB courses, and successfully embarked on a new career path, showcasing the strengths, enthusiasm and outstanding qualities.

#### Training Courses for Upgrading and Enhancement

ERB provides diversified training courses straddling 28 industries and generic skills discipline. For details, please visit the ERB website ([www.erb.org](http://www.erb.org)).



**HONG KONG  
HOUSING SOCIETY**  
香港房屋協會



**友善人情大獎 - 優異獎**  
**OUR CITY'S  
STORY AWARD - MERIT**

**香港房屋協會**

**Hong Kong Housing Society**

## 「開心每一天」長者心靈健康支援項目 Elderly Mental Wellness Support Programmes at Estates

為針對長者的心靈健康需要，香港房屋協會轄下的「房協友里」團隊於荃灣滿樂大廈和寶石大廈，推行一系列「開心每一天」長者心靈健康支援項目，包括「滿樂勁舞團」、「寶石101網台」、「寶石樂團」、「歲月如歌」音樂分享平台等，以協助長者重塑生命故事，並培訓長者運用資訊科技的能力，讓他們即使留在家中，仍能與各方保持聯繫，以不同形式貢獻社區，保持心靈健康。

Hong Kong Housing Society found that elderly residents in Moon Lok Dai Ha and Bo Shek Mansion in Tsuen Wan had a need for mental health support. They launched a series of Elderly Mental Wellness Support Programmes, including the "Moon Lok Dai Ha Dance Club", "Bo Shek 101 Online Radio", "Bo Shek Mini Band", "Songs of the Years" music sharing platform, etc. to help the elderly reshape their life stories and train them to use technology to stay connected with others and contribute to the community in various ways, while maintaining their mental health even if they stay at home.

**ICBC**  **工銀亞洲**

跨境金融 首選銀行

**中國工商銀行(亞洲)有限公司**  
**Industrial and Commercial  
Bank of China (Asia) Limited**

## 避免長者遭受詐騙損失 Protect Seniors from Fraudulent Losses

一名非工銀亞洲客戶的長者要求於分行存入現金港幣十萬元到第三方帳戶，銀行業務經理察覺有可疑，經了解後，該名長者收到騙徒電話，假冒其兒子的朋友，訛稱需支付金錢到指定帳戶以作「擔保金」。銀行協助長者聯繫兒子，並由家人親自接送長者離開，同時報警求助。銀行業務經理即時將個案上報至銀行防範金融犯罪部，並成功凍結疑犯的帳戶。

Last year, a non-customer elder requested to deposit HKD100,000 in cash into a third-party account which alerted the bank's business manager. It was found that the elder received a call, from a scammer who pretended to be his son's friend and asked the elder to deposit money to a designated account for "bail money". The branch advised the elder to call his son, who then arranged a family member to pick up the elder and reported to the police. The business manager also reported the case to the bank's Anti-Money Laundering and Financial Crime Prevention Department and successfully froze the suspect's account.



**我最喜愛的全城·長者友善計劃大獎**  
**MY FAVOURITE CITY PARTNERSHIP**  
**SCHEME AWARD**



**宜居設計有限公司**  
**Elderly Home Designs Limited**

## 長者家居優化服務 Age-friendly Home Modification Service

宜居設計是首間提供一站式家居優化服務的機構，全方位為長者度身設計長者友善家居。長者隨著年齡增長，身體機能逐漸老化，都會使長者日常生活中出現各種障礙，增加家居意外風險，其家人或照顧者亦飽受照顧壓力。

### 跨專業協作實現居家安老

長者家居優化服務是跨界別協作的專業服務，涉及的專業包括職業治療、物理治療、長期護理、室內設計及工程、輔具應用、樂齡科技等。結合以上各種專業服務，以長者及照顧者的實際情況及需要出發，度身設計長者的家居環境，讓長者於合適的家居環境安老。

宜居設計致力打造安全、便利及舒適的家居，以環境提升長者自理能力，從而提高長者生活質素及尊嚴，同時致力把樂齡科技融入於家居優化之中，以科技協助照顧者更輕鬆地照顧長者，減低雙方受傷機會，減輕照顧者壓力，促進家庭和諧。



Elderly Home Designs is the first organisation to provide one-stop home optimisation services through elderly-friendly home designs. The mobility and health condition will deteriorate when one ages, which will adversely affect the elderly's daily life. Risks of home accidents also increase. The family members and carers are often stressed for taking extra care of the seniors.

### Cross-professional collaboration to achieve ageing-in-place

Age-friendly home modification service consists of different professions including occupational therapy, physiotherapy, long-term care, interior design and engineering, application of assistive devices and gerontechnology, etc. With the support from these multi-disciplinary professionals, a hassle-free living environment can be tailor-made according to the situation and needs of the elderly and their carers, enabling the elderly to age-in-place.

Elderly Home Designs is committed to creating a safe and convenient home for the elderly to live independently, so as to maintain their dignity and improve quality of life. Besides, gerontechnology is applied into home design for caregivers to take care of the elderly at ease, reducing the chance of injury to both parties. It is hoped to reduce the burden on caregivers and promote family harmony.



我最喜愛的全城·長者友善計劃大獎  
MY FAVOURITE CITY PARTNERSHIP  
SCHEME AWARD



香港卓護義工協會  
HONG KONG CREDIBLE CARE VOLUNTEERS ASSOCIATION LIMITED

香港卓護義工協會  
Hong Kong Credible Care  
Volunteers Association

### 「陪你講」電話關懷空中送暖行動 “Talk to You” Caring Call Programme

香港卓護義工協會由護士及相關專業人士組成，為有需要團體提供有系統的義務護理工作及培訓，積極發揮護士對香港社會的貢獻。因應疫情緣故，長者機構服務大受影響，尤其是一眾剛出院在家休養的長者，更需要關懷及問候，協會於是與長者服務機構合作，派出護士義工以在家工作形式致電關心長者的需要及了解他們近期的身體狀況，讓長者在居家抗疫及減少社交接觸期間，得到適切的關懷。

#### 「陪你講」義工提供適時協助

「陪你講」針對獨居長者/曾入院的長者、對接種新冠疫苗有疑問的長者、曾患新冠肺炎及已經康復的長者而設，透過護士義工電話慰問，了解長者最近身體狀況及需要，並由護士解答長者對接種新冠疫苗的疑問；至於康復的長者，護士會講解新冠肺炎後遺症的處理方法，協助長者回復正常生活。



The Hong Kong Credible Care Volunteers Association was formed by nurses and other professionals to provide systematic voluntary activities and trainings to other organisations to serve the community. Under the waves of pandemic, the services of elderly centres have been greatly affected, in particular the elderly who have just been discharged from the hospital. The Association thus collaborated with elderly service units and provided caring calls to the elderly by nurses who worked at home to understand their needs and health conditions.

#### Volunteers “Talk to You” to provide timely support

The “Talk to You” Programme is designed for the singleton elderly or those who had been admitted to the hospital, as well as the elderly who were doubtful about COVID-19 vaccination and those who had recovered from COVID-19. Through the caring calls, nurse volunteers could understand the latest health conditions and needs of the elderly and answer enquiries on the vaccination. For the recovered patients, nurses would explain the treatment for post-COVID-19 symptoms, helping them get back to a normal life.



我最喜愛的全城·長者友善計劃大獎  
MY FAVOURITE CITY PARTNERSHIP  
SCHEME AWARD



## 香港中文大學醫學院那打素護理學院 The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong

### ABCD家泉戶曉齊結網 ABCD Shui Chuen O Family Network

「ABCD家泉戶曉齊結網」計劃於2020年11月下旬於沙田水泉澳邨推行，致力透過家居探訪和健康活動，提升居民的健康意識及滿足長者的健康需要。

#### 社區護士諮詢站

計劃與區內不同持分者合作推動「社區護士諮詢站」，定期由護士為長者及照顧者提供保健、復康、藥物及日常照顧諮詢等。在疫情高峰期，護士利用Zoom或電話視像形式解答長者的健康問題，更為邨內長者開設了數場網上護士健康諮詢站，內容包括家居防疫、疫苗接種資訊、快速抗原測試包的正確使用方法等。

社區護士諮詢站的護士曾分享道，有時最困擾長者的不只是身體問題，更多的是心理及精神問題，尤其疫情發生以來，他們的日常生活和社交生活大大改變，與親人見面的次數也減少了，很多長者都變得鬱鬱寡歡，幸好仍有護士及義工的慰問，令他們感受到關愛和人情味。



The ABCD Shui Chuen O Family Network Project was launched in late November 2020 in Shui Chuen O Estate, Sha Tin, with the aim of improving residents' health awareness and addressing the health needs of the elderly through home visits and health activities.

#### Community Nurse Clinic

Having collaborated with various stakeholders in the district, nurses from the Community Nurse Clinic provided healthcare, rehabilitation, medication and daily care consultations for the elderly and caregivers on a regular basis. During the peak of the pandemic, nurses responded to the health enquiries from the elderly via Zoom or video calls. They also set up several online nurse consultation stations to introduce epidemic prevention measures, vaccine information, and the correct use of rapid antigen test kits.

A nurse shared that physical health was not the most worrying issue to the elderly, but mental and emotional health. Under the pandemic, the daily life and social life of elderly were greatly affected, and they could not visit their family members as often. Many of them had become depressed. Fortunately, the caring calls and visits from nurses and volunteers brought a lot of warmth to the community.

# 參與賽馬會齡活城市「全城·長者友善」計劃2022之公司 / 機構

## Companies / Organisations participated in the Jockey Club Age-friendly City Partnership Scheme 2022

### 連續三屆參與計劃之公司 / 機構 Companies / Organisations participated in three editions of the Scheme



## A.S. Watson Group

屈臣氏集團  
A.S. Watson Group



## BNET

必靈科技有限公司  
BNET-TECH Company Limited



滙秀企業有限公司  
Broadway-Nassau Investments Limited



## 創興銀行 Chong Hing Bank

創興銀行有限公司  
Chong Hing Bank Limited



香港中文大學醫學院那打素護理學院  
The Netherlands School of Nursing,  
Faculty of Medicine,  
The Chinese University of Hong Kong



## 招商永隆銀行 | go 再出發 CMB WING LUNG BANK

招商永隆銀行有限公司  
CMB Wing Lung Bank Limited



CONSTRUCTION  
INDUSTRY COUNCIL  
建造業議會



CONSTRUCTION INDUSTRY SPORTS &  
VOLUNTEERING PROGRAMME  
建造業運動及義工計劃

建造業議會「建造業運動及義工計劃」  
Construction Industry Sports Volunteering Programme  
Construction Industry Council



豐澤  
FORTRESS



豐盛創建 FSE

豐盛創建控股有限公司  
FSE Holdings Limited



銀杏館  
Gingko House



香港都會大學 李嘉誠專業進修學院  
Hong Kong Metropolitan University  
Li Ka Shing School of Professional and  
Continuing Education

香港都會大學長者學苑  
Elder Academy,  
Hong Kong Metropolitan University



香港上海滙豐銀行有限公司  
The Hongkong and Shanghai Banking Corporation Limited



入境事務處  
Immigration Department



香港創意藝術治療中心有限公司  
Institute for Creative Arts Therapy (HK) Limited







國際物業管理有限公司  
International Property Management Limited  
國際物業管理有限公司 - 碧瑤灣  
International Property Management Limited -  
Baguio Villa



周堅如會計師行  
**KENNETH CHAU & CO.**  
CERTIFIED PUBLIC ACCOUNTANTS

周堅如會計師行  
Kenneth Chau & Co.



九龍巴士(一九三三)有限公司  
The Kowloon Motor Bus Co. (1933) Ltd.



鯉景灣物業管理有限公司  
LEI KING WAN (MANAGEMENT) LTD.

鯉景灣物業管理有限公司  
Lei King Wan (Management) Limited



共融教室有限公司  
Link Education Limited



港鐵公司  
MTR Corporation



昂坪360  
Ngong Ping 360



中華人民共和國香港特別行政區政府  
政府資訊科技總監辦公室  
Office of the Government Chief Information Officer  
The Government of the Hong Kong Special Administrative Region  
of the People's Republic of China



百得物業管理有限公司  
Paramatta Estate Management Limited

百得物業管理有限公司  
Paramatta Estate Management Limited



 PARKnSHOP


百佳超級市場  
PARKnSHOP



 THE HONG KONG  
POLYTECHNIC UNIVERSITY  
香港理工大學

 Research Centre for  
Gerontology and Family Studies  
樂齡與家庭研究中心

香港理工大學樂齡與家庭研究中心  
Research Centre for Gerontology and Family Studies,  
The Hong Kong Polytechnic University

 天星小輪有限公司  
The "Star" Ferry Company, Limited

天星小輪有限公司  
The "Star" Ferry Company, Limited



康之城復康服務  
STEP HEALTH

康之城復康服務  
STEP Health Rehabilitation Services



 新渡輪  
SUN FERRY

新渡輪服務有限公司  
Sun Ferry Services Company Limited

 turning  
technical services  
A Member of FSE Lifestyle

通力技術服務有限公司  
Turning Technical Services Limited



 富城集團  
Urban Group  
A Member of FSE Lifestyle

富城集團  
Urban Group





**富城物業管理有限公司 Urban Property Management Limited**

富城物業管理有限公司 - 愛蝶灣  
Urban Property Management Limited - Aldrich Garden

富城物業管理有限公司 - 荃威花園  
Urban Property Management Limited - Allway Gardens

富城物業管理有限公司 - 光明臺  
Urban Property Management Limited - Illumination Terrace

富城物業管理有限公司 - 嘉田苑  
Urban Property Management Limited - Ka Tin Court

富城物業管理有限公司 - 博康邨  
Urban Property Management Limited - Pok Hong Estate

富城物業管理有限公司 - 景峰花園  
Urban Property Management Limited - Prime View Garden

富城物業管理有限公司 - 帝后華庭  
Urban Property Management Limited - Queen's Terrace

富城物業管理有限公司 - 采頤花園  
Urban Property Management Limited - Rhythm Garden

富城物業管理有限公司 - 海濱花園  
Urban Property Management Limited - Riviera Gardens

富城物業管理有限公司 - 龍華花園  
Urban Property Management Limited - Ronsdale Garden

富城物業管理有限公司 - 倚嶺南庭  
Urban Property Management Limited - South Hillcrest

富城物業管理有限公司 - 穗禾苑  
Urban Property Management Limited - Sui Wo Court

富城物業管理有限公司 - 天祐苑  
Urban Property Management Limited - Tin Yau Court

富城物業管理有限公司 - 華聯工業中心  
Urban Property Management Limited - Wah Luen Industrial Centre



**和順堂 中醫診所**  
- 名醫 · 名藥 -

**和順堂中醫診所**  
Wellssoon Chinese Medicine Clinic



**九龍倉置業地產投資有限公司**  
Wharf Real Estate Investment Company Limited



## 參與兩屆計劃之公司 / 機構

### Companies / Organisations participated in two editions of the Scheme



恒基兆業地產附屬機構恒益物業管理有限公司 - 富麗花園  
A Member of Henderson Land Group - Hang Yick Properties Management Limited (FINERY PARK)



歐綠保綜合環保(香港)有限公司  
ALBA Integrated Waste Solutions (Hong Kong) Limited



安達思系統有限公司  
Andesfit System Limited



建築署  
Architectural Services Department

建築署  
Architectural Services Department



中國銀行(香港)有限公司  
Bank of China (Hong Kong) Limited



中信銀行(國際)有限公司  
China CITIC Bank International Limited



### 港基物業管理有限公司 Citybase Property Management Limited

港基物業管理有限公司 - 泓景臺管理服務中心  
Citybase Property Management Limited -  
Banyan Garden Management Services Centre

港基物業管理有限公司 - 栢慧豪園  
Citybase Property Management Limited -  
Central Park Towers

港基物業管理有限公司 - 麗港城第一、二及四期住客會所  
Citybase Property Management Limited - Laguna City Clubhouse 1

港基物業管理有限公司 - 麗港城三期管理服務中心  
Citybase Property Management Limited -  
Laguna City Phase 3 Management Services Centre

港基物業管理有限公司 - 翠擁华庭  
Citybase Property Management Limited - Monte Vista

港基物業管理有限公司 - 盈暉臺管理服務中心  
Citybase Property Management Limited -  
Nob Hill Management Services Centre

港基物業管理有限公司 - 宇晴軒管理服務中心  
Citybase Property Management Limited -  
The Pacifica Management Services Centre

港基物業管理有限公司 - 尚城管理服務中心  
Citybase Property Management Limited -  
Uptown Management Services Centre

港基物業管理有限公司 - 世宙管理服務中心  
Citybase Property Management Limited -  
Yuccie Square Management Services Centre



同行共創社區服務有限公司  
Cocreative Partners Community Services Limited



多多搞作室  
DOR DOR WORKSHOP



歷者者有限公司  
ELDPATHY Company Ltd.



機電工程署  
Electrical and Mechanical Services Department





僱員再培訓局

僱員再培訓局  
Employees Retraining Board



平等機會委員會  
EQUAL OPPORTUNITIES COMMISSION

平等機會委員會  
Equal Opportunities Commission



益體健有限公司  
eSmartHealth Limited



愛護健專業轉介所  
Essence Life Care (ELC) Professional Agency



一元精靈有限公司  
Genieland Company Limited



高衛物業管理有限公司  
Goodwell Property Management Limited

恒聯昌物業管理有限公司  
Hang Luen Chong Property  
Management Co. Ltd.



樂繽紛香港有限公司  
Happy Inspire Healthy HK Limited

# hintegro

Hintegro Limited

**HKRI** 香港興業國際  
HKR International

香港興業國際集團有限公司  
HKR International Limited



香港中華煤氣有限公司  
The Hong Kong and China Gas Company Limited



香港房屋協會  
Hong Kong Housing Society



香島園藝有限公司  
Hong Kong Island Landscape Company Limited



香港債務重組中心有限公司  
Hong Kong IVA Professional Centre Limited



香港按揭證券有限公司  
The Hong Kong Mortgage Corporation Limited

香港按揭證券有限公司  
The Hong Kong Mortgage Corporation Limited

合安管理有限公司  
Hop On Management  
Company Limited



HOPEWELL HOLDINGS LIMITED  
合和實業有限公司

合和實業有限公司  
Hopewell Holdings Limited



鐵樹銀花有限公司  
The Illuminant Company Limited



國際物業管理有限公司 - 傲龍軒  
International Property Management Limited - Dragon Pride



投資者及理財教育委員會  
Investor and Financial Education Council



仲量聯行物業管理有限公司  
Jones Lang LaSalle Management Services Limited



僑樂服務管理有限公司  
Kiu Lok Service Management Co. Ltd



長屋設計  
Longevity Design House



美心集團  
Maxim's Group







醫念科技有限公司  
Medmind Technology Limited



智活研發有限公司  
Mindvivid Limited



原動力科技有限公司  
Motive Force Technology Limited



港鐵公司 - 全·城滙客戶服務處  
MTR Corporation -  
PARC CITY Customer Service Centre



南豐物業管理  
NAN FUNG PROPERTY MANAGEMENT

南豐物業管理 - 華豐園  
Nan Fung Property Management - Wah Fung Garden



Nestlé Good food, Good life

雀巢香港有限公司  
Nestlé Hong Kong Limited



新域保險顧問有限公司  
Nova Insurance Consultants Limited



新創建集團有限公司  
NWS Holdings Limited





海洋公園公司  
Ocean Park Corporation



松齡護老集團  
Pine Care Group



寶護理整全服務有限公司  
Pro-care Holistic Service Limited



The Project Futurus



第一太平戴維斯物業管理有限公司  
Savills Property Management Limited



善意長者用品有限公司  
Senimart Limited



信興科技有限公司  
Shun Hing Technology Co., Ltd



瑜樂伽教室有限公司  
Silver Yoga Lab Co. Ltd.



簡約吞嚥餐有限公司  
Simple Swallow Meal Limited



 奧海城  
Olympian City

信和物業管理有限公司 - 奧海城  
Sino Estates Management Limited - Olympian City



好聲服務有限公司  
Sounds Great Services Limited

源發管理有限公司  
Sources Fame  
Management Ltd.

一刻紀錄  
TIME RIDER  
PRODUCTION

一刻紀錄有限公司  
Time Rider Production Limited



天盛道場有限公司  
Tinshing Dojang Company Limited

合眾物業管理有限公司  
Together Management  
Co., Ltd.



**富城物業管理有限公司 Urban Property Management Limited**

富城物業管理有限公司 - 青山政府宿舍  
Urban Property Management Limited -  
Castle Peak Government Quarters

富城物業管理有限公司 - 長沙灣政府合署  
Urban Property Management Limited -  
Cheung Sha Wan Government Offices

富城物業管理有限公司 - 青華苑  
Urban Property Management Limited - Ching Wah Court

富城物業管理有限公司 - 周大福商業中心  
Urban Property Management Limited - Chow Tai Fook Centre

富城物業管理有限公司 - 振華苑  
Urban Property Management Limited - Chun Wah Court

富城物業管理有限公司 - 環保園  
Urban Property Management Limited - EcoPark

富城物業管理有限公司 - 慧景園  
Urban Property Management Limited - Flora Garden

富城物業管理有限公司 - 宏景花園  
Urban Property Management Limited - Grand View Garden

富城物業管理有限公司 - 何文田政府合署  
Urban Property Management Limited -  
Ho Man Tin Government Offices

富城物業管理有限公司 - 康利苑  
Urban Property Management Limited -  
Hong Lee Court

富城物業管理有限公司 - 嘉峰臺  
Urban Property Management Limited - Kingsford Terrace

富城物業管理有限公司 - KOHO  
Urban Property Management Limited - KOHO

富城物業管理有限公司 - 葵芳商業中心  
Urban Property Management Limited -  
Kwai Fong Commercial Centre

富城物業管理有限公司 - 葵馥苑  
Urban Property Management Limited - Kwai Fuk Court

富城物業管理有限公司 - 葵興政府合署  
Urban Property Management Limited -  
Kwai Hing Government Offices

富城物業管理有限公司 - 葵蓉苑  
Urban Property Management Limited - Kwai Yung Court

富城物業管理有限公司 - 冠暉苑  
Urban Property Management Limited - Kwun Fai Court

富城物業管理有限公司 - 荔景紀律部隊宿舍  
Urban Property Management Limited -  
Lai King Disciplined Services Quarters

富城物業管理有限公司 - 荔景臺職員宿舍  
Urban Property Management Limited -  
Lai King Terrace Staff Quarters

富城物業管理有限公司 - 大鴻輝(葵涌)中心1期  
Urban Property Management Limited - Magnet Place Tower 1

富城物業管理有限公司 - 大鴻輝(葵涌)中心2期  
Urban Property Management Limited - Magnet Place Tower 2

富城物業管理有限公司 - 萬年大廈  
Urban Property Management Limited - Manning House

富城物業管理有限公司 - 萬豪閣  
Urban Property Management Limited - Manrich Court

富城物業管理有限公司 - 新世界大廈  
Urban Property Management Limited - New World Tower

富城物業管理有限公司 - 寧峰苑  
Urban Property Management Limited - Ning Fung Court

富城物業管理有限公司 - 安基苑  
Urban Property Management Limited - On Kay Court

富城物業管理有限公司 - 賀龍居  
Urban Property Management Limited - Parc Regal

富城物業管理有限公司 - 坪洲政府合署  
Urban Property Management Limited -  
Peng Chau Government Offices Building



富城物業管理有限公司 - 豐盛創建大廈  
Urban Property Management Limited - Prosperity Tower

富城物業管理有限公司 - 盛境居  
Urban Property Management Limited - Prosperity Villa

富城物業管理有限公司 - 大興政府合署  
Urban Property Management Limited -  
Tai Hing Government Offices

富城物業管理有限公司 - 朗逸峯  
Urban Property Management Limited - The Cairnhill

富城物業管理有限公司 - 都會豪庭  
Urban Property Management Limited - The Metropolis

富城物業管理有限公司 - 青州街海關人員宿舍  
Urban Property Management Limited -  
Tsing Chau Street Customs Staff Quarters

富城物業管理有限公司 - 青松觀道政府宿舍  
Urban Property Management Limited -  
Tsing Chung Koon Road Government Quarters

富城物業管理有限公司 - 荃灣多層停車場大廈  
Urban Property Management Limited -  
Tsuen Wan Multi-Storey Carpark Building

富城物業管理有限公司 - 屯門政府合署  
Urban Property Management Limited -  
Tuen Mun Government Offices

富城物業管理有限公司 - 屯門政府貯物中心  
Urban Property Management Limited -  
Tuen Mun Government Storage Centre

富城物業管理有限公司 - 屯門湖康警察宿舍  
Urban Property Management Limited -  
Tuen Mun Wu Hong Police Quarters

富城物業管理有限公司 - 宏昌大廈  
Urban Property Management Limited -  
Wang Cheong Building

富城物業管理有限公司 - 西九龍紀律部隊宿舍  
Urban Property Management Limited -  
West Kowloon Disciplined Services Quarters

富城物業管理有限公司 - 西九龍政府合署  
Urban Property Management Limited -  
West Kowloon Government Offices

富城物業管理有限公司 - 榮輝中心  
Urban Property Management Limited - Wing Fai Centre

富城物業管理有限公司 - 世和中心  
Urban Property Management Limited - World Peace Centre

富城物業管理有限公司 - 元朗政府合署  
Urban Property Management Limited -  
Yuen Long Government Offices

富城物業管理有限公司 - 元朗已婚警察宿舍  
Urban Property Management Limited -  
Yuen Long Police Married Quarters

富城物業管理有限公司 - 殷豪閣  
Urban Property Management Limited - Yukon Court



**黃埔物業管理有限公司 -  
香港仔中心住宅**  
Whampoa Property Management Ltd -  
Aberdeen Centre Residential



## 首次參與計劃之公司 / 機構

### First-time Participating Companies / Organisations



嘉湖

嘉湖  
+WOO



8咪半  
8½

# 50+友

50+友  
50AddOil



931SMD



香港仔中心商場  
Aberdeen Centre



明心醫藥顧問有限公司  
ActiveCare Health Consultancy Limited





Adman Ho Photography



AESIR

愛識  
AESIR



AMPLE EDUPLAY  
博遊教育社

博遊教育社有限公司  
Ample Eduplay Organization Limited

**ANSONCREATIONS**

AnsonCreations

applied technology

應用科技集團有限公司  
Applied Technology Group Limited



先作科技有限公司  
Apptask Limited



Caribbean Square

置富資產管理有限公司 - 映灣薈  
ARA Asset Management (Fortune) Limited - Caribbean Square



Centre de Laguna

置富資產管理有限公司 - 城中薈  
ARA Asset Management (Fortune) Limited - Centre de Laguna



置富資產管理有限公司 - 置富都會  
ARA Asset Management (Fortune) Limited - Fortune Metropolis



置富資產管理有限公司 - 麗港城商場  
ARA Asset Management (Fortune) Limited - Laguna Plaza



置富資產管理有限公司 - 荃薈  
ARA Asset Management (Fortune) Limited - Smartland



亞洲體育電競有限公司  
Asia Motion E-Sports Limited



竹林中醫診所  
Bambooforest Chinese Medicine Clinic



交通銀行股份有限公司香港分行  
交通銀行(香港)有限公司  
Bank of Communications Co., Ltd. Hong Kong Branch  
Bank of Communications (Hong Kong) Limited



荳子集團有限公司  
Beans Group Limited



綜合國際有限公司  
Best United Marketing Limited





大班 (香港) 有限公司  
Big Boss (HK) Ltd.



寶膳餐廳  
Bowls Cafe



BTL Hong Kong Limited



Camby Shum Photography Limited

Camby Shum Photography Limited



Capmi Technology Limited

動享科技香港有限公司  
Capmi Technology Limited



佳創系統有限公司  
Caretech System Limited



安心寶  
NICE CARE  
安心寶·護你家

加美敦有限公司  
Carmelton Co Ltd



Castletime Company Ltd



國泰航空有限公司  
Cathay Pacific Airways Limited



柏域有限公司  
Cedarwood Limited



中環街市  
Central Market



世紀21奇豐物業顧問行  
Century 21 Goodwin Property Consultants



惜·剪  
Change



華潤物業管理有限公司  
China Resources Property Management Limited



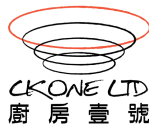
周大福珠寶集團有限公司  
Chow Tai Fook Jewellery Group Limited



呀周娛樂服務有限公司  
Chow's Entertainment Limited

**citywalk**  
荃新天地

荃新天地管理有限公司  
Citywalk Management Company Limited



廚房壹號有限公司  
CK One Ltd



經典冰室  
Classic Cafe

**CLP 中電**

中華電力有限公司  
CLP Power Hong Kong Limited



力圖醫療用品有限公司  
Continental Supplies Ltd



CPR Physio



傳藝館文化傳承有限公司  
Culture Heir Hong Kong Limited

WheelChair.com.hk  
**輪椅王**

科華有限公司  
Cyber China Ltd



D2 Place 一期  
D2 Place ONE



D2 Place 二期  
D2 Place TWO

Dai3mimi . 复耳

複耳科技有限公司  
Dai3mimi Health-Tech Limited



智能健有限公司  
DeepHealth Limited



佳澤科技有限公司  
Delta Pyramax Co., Ltd.

佳澤科技有限公司  
Delta Pyramax Co., Ltd.



鑽的(香港)有限公司  
Diamond Cab (HK) Ltd.



Discovery Bay Services Management Limited  
愉景灣服務管理有限公司

愉景灣服務管理有限公司  
Discovery Bay Services Management Limited



益多寶教育有限公司  
Dolphin BB Education Limited



劉凱琳博士瑜伽中心  
Dr. Caren Yoga Studio



Dress Green Limited



Dr. Kong Footcare Limited



DT Communications Asia Pacific



地球高高有限公司  
Earth Gogo Go Limited



傳者有限公司  
Eldage Limited



宜居設計有限公司  
Elderly Home Designs Limited



帝國中心  
Empire Centre



運動處方有限公司  
Exercise Prescription Ltd



速剪有限公司  
Expo Cut Limited

**KnitWarm<sup>®</sup>**

溫健適有限公司  
Fab2Care limited



輝煌復康產品製造有限公司  
FH Rehabilitation Products Manufacturing Co Ltd



第5街織髮中心  
Fifth Avenue Fashion Wigs & Hairpieces

**Fimmick<sup>®</sup>**

日峻有限公司  
Fimmick Limited



豐盛機電工程集團有限公司  
FSE Engineering Group Limited



豐盛生活服務有限公司  
FSE Lifestyle Services Limited

Gi Gi 靚粧  
Gi Gi Beauty

板神鉄板燒日本料理  
God of Teppanyaki

金上海  
Gold Shanghai



GOLDEN AGE FOUNDATION  
黃金時代基金會

黃金時代基金會  
Golden Age Foundation



**GoodHealth**  
好健康 照顧您健康

好健康產品(香港)有限公司  
Good Health Products (H.K.) Ltd



 **growgreen**

青萌有限公司  
Growgreen Limited

**Guardforce**

衛安有限公司  
Guardforce Limited

 **護匡**  
**GUARDMAN**<sup>®</sup>  
Care For You Always

世衛實業有限公司  
Guardman Products Limited



龜苓元坊  
GUI LING YUAN FANG

龜苓元坊香港有限公司  
Gui Ling Yuan Fang Hong Kong Limited

happy.a.lab

樂齡實驗室  
Happy Ageing Lab Foundation Limited



Happy-Retired Charity Action Limited

樂活新中年慈善動力有限公司  
Happy-Retired Charity Action Limited



Health Online Solution

Health Online Solution Company Limited



健珀有限公司  
Health Park Trading Company Limited

健珀有限公司  
Health Park Trading Company Limited



康訊生物分析有限公司  
Health View Bioanalytic Limited



暖心工房有限公司  
Heartwarming Works Limited



Hikari Group Limited



# 好運燒臘飯店

好運燒臘飯店  
Ho Win Roasted Meat Restaurant



好好醫療用品  
HOHO MEDICAL

好好醫療用品有限公司  
Hoho Medical Limited



青葉海鮮酒家

青葉海鮮酒家  
Holly Restaurants



長者家專業顧問有限公司  
Home of the Elderly Consultancy Ltd.



HomeSquare

HK  
BALLET  
香港芭蕾舞團

香港芭蕾舞團  
Hong Kong Ballet



香港卓護義工協會  
HONG KONG CREDIBLE CARE VOLUNTEERS ASSOCIATION LIMITED

香港卓護義工協會  
Hong Kong Credible Care Volunteers Association



香港三葉球協會  
Hong Kong Flipball Association

**HACHIBAN**

HONG KONG

香港八番有限公司

香港八番有限公司  
Hong Kong Hachiban Limited



香港康樂及體育有限公司  
Hong Kong Leisure and Fitness Company Limited



香港雙節棍總會  
HONG KONG NUNCHAKU ASSOCIATION

香港雙節棍總會有限公司  
Hong Kong Nunchaku Association Limited



香港警務處 東九龍總區失蹤人口調查組  
Hong Kong Police Force  
Regional Missing Persons Unit Kowloon East Region



香港復康力量

香港復康力量  
Hong Kong Rehabilitation Power



香港青年創業家協會  
Hong Kong Young Entrepreneur Association



康業服務有限公司  
Hong Yip Service Company Ltd.

新鴻基地產集團成員  
Member of Sun Hung Kai Properties Group  
PMC License No. 物業管理公司牌照號碼：C-619311

康業服務有限公司  
Hong Yip Service Company Limited



醫院管理局  
HOSPITAL  
AUTHORITY

醫院管理局  
Hospital Authority





文化葫蘆有限公司  
Hulu Culture Limited



和記電訊(香港)有限公司  
Hutchison Telecommunications (Hong Kong) Limited



億昌茶葉茶具有限公司  
I CH'ANG



仁人行動有限公司  
Impact Partners HK Limited

ICBC  工銀亞洲

跨境金融 首選銀行

中國工商銀行(亞洲)有限公司  
Industrial and Commercial Bank of China (Asia) Limited



無極方案有限公司  
Infiniti Solutions Limited



Innocorn Technology Limited



藍灣半島物業管理  
Island Resort Estate Management

藍灣半島物業管理有限公司  
Island Resort Estate Management Co. Ltd.



國際廣場  
iSQUARE



尊賢會有限公司  
The Jade Club Management Limited



晉利有限公司  
Janley Limited



臻麗商貿有限公司  
JL Trade & Marketing Limited

臻麗商貿有限公司  
JL Trade & Marketing Ltd.



香港理工大學生物醫學工程學系賽馬會智齡匯  
Jockey Club Smart Ageing Hub,  
Department of Biomedical Engineering,  
The Hong Kong Polytechnic University



啟勝管理服務有限公司 - 新達廣場(商場)  
Kai Shing Management Services Limited -  
Uptown Plaza (Shopping Arcade)



啟勝管理服務有限公司 - V Walk  
Kai Shing Management Services Limited - V Walk



港豐遠東有限公司  
Kingsford Far East Ltd.



九龍灣國際展貿中心  
Kowloonbay International Trade & Exhibition Centre



柏奇商業顧問服務  
KPI Commercial Consultancy Services Company Limited



勞工處  
Labour Department



老鳳祥珠寶香港有限公司  
Lao Feng Xiang Jewellery Hong Kong Limited



利東街  
Lee Tung Avenue



麗豐國際(香港)保健品有限公司  
Li Feng International (Hong Kong) Health Products Limited



裕隆香港科技有限公司  
Loyal Hong Kong Technology Company Limited



嗎哪事工  
Manna Ministry





新都城中心一期  
MCP ONE



明途聯繫有限公司  
MentalCare Connect Company Limited



蜜思花店  
Merci Florist



都會駅商場  
Metro Town Shopping Mall



HEARI

捷成馬電子有限公司  
MF Jebesen Electronics Limited



卓悅眼鏡公司  
Michael Cheuk Optical Co.



邁思科科技有限公司  
MIND and Tech Limited



MOKO新世紀廣場  
MOKO

mtrpropertym | 

港鐵公司 - 海富中心  
MTR Corporation - Admiralty Centre

citylink  
mtrmalls | 

港鐵公司 - 連城廣場  
MTR Corporation - Citylink Plaza



港鐵公司 - 圓方  
MTR Corporation - ELEMENTS

mtrpropertym | 

港鐵公司 - 東昌大廈  
MTR Corporation - Fairmont House

— GRAND —  
AUSTIN

港鐵公司 - Grand Austin  
MTR Corporation - Grand Austin



恒福商場  
mtrmalls | 

港鐵公司 - 恒福商場  
MTR Corporation - Hanford Plaza

綠楊坊 LUK YEUNG Galleria  
mtrmalls | 

港鐵公司 - 綠楊坊  
MTR Corporation - Luk Yeung Galleria

青衣城  
mtrmalls | 

港鐵公司 - 青衣城  
MTR Corporation - Maritime Square



港鐵公司 - 海趣坊  
MTR Corporation - Ocean Walk

杏花新城

mtrmalls | \*

港鐵公司 - 杏花新城  
MTR Corporation - Paradise Mall

駿景廣場

港鐵公司 - 駿景廣場  
MTR Corporation - Plaza Ascot



港鐵公司 - POPCORN  
MTR Corporation - POPCORN

新屯門商場

mtrmalls | \*

港鐵公司 - 新屯門商場  
MTR Corporation - Sun Tuen Mun Shopping Centre

德福廣場

mtrmalls | \*

港鐵公司 - 德福廣場  
MTR Corporation - Telford Plaza

連理街

mtrmalls | \*

港鐵公司 - 連理街  
MTR Corporation - THE LANE

THE LOHAS 康城

mtrmalls | \*

港鐵公司 - The LOHAS康城  
MTR Corporation - The LOHAS





港鐵公司 - 國際金融中心二期  
MTR Corporation - Two International Finance Centre



港鐵公司 - 環球大廈  
MTR Corporation - World Wide House



幸福元氣有限公司  
My Care Healthcare Limited



AIRSIDE

南豐物業管理 - AIRSIDE  
Nan Fung Property Management - AIRSIDE



南豐物業管理 - 馬鞍山中心  
Nan Fung Property Management - MOS Centre



南豐物業管理 - 南豐紗廠  
Nan Fung Property Management - The Mills

新一眼鏡店  
New One Optical



安健國際有限公司  
On Kin International Limited



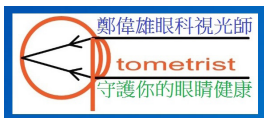
Oxygenizer

活力天使  
Oxygenizer HK Ltd



兼 Parttime.hk  
香港兼職網

兼職網  
PARTTIME



鄭偉雄眼科視光師  
Patrick Cheng Optometrist & Associates



Brand

P Brand Group Limited



山頂廣場  
Peak Galleria



中國香港匹克球總會有限公司  
Pickleball Association of Hong Kong, China Limited



Plaza 88

 Pro-Cure®

博健醫療科技有限公司  
Pro-Cure Medical Technology Co., Ltd.



騰飛企業服務有限公司  
Qleap Business Solutions Limited

**Rehab-Robotics** Co. Ltd.

Subsidiary of Vincent Medical Holdings Limited (1612.HK)

復康機器人技術有限公司  
Rehab Robotics Company Limited



博歌科技有限公司  
Robocore Technology Limited



跑去你屋企慈善基金  
Run To Your Home Charitable Foundation



康樂齡吞嚙易  
Senior Deli



盛記麵家  
Shing Kee Noodles



席夢思床褥傢具(香港)有限公司  
Simmons Bedding & Furniture (HK) Limited



上海么鳳有限公司  
Shanghai Food Limited



上水中心購物商場  
Sheung Shui Centre Shopping Arcade



**信和物業管理有限公司 Sino Estates Management Ltd**

信和物業管理有限公司 - 劍橋廣場  
Sino Estates Management Limited - Cambridge Plaza

信和物業管理有限公司 - 凱滙  
Sino Estates Management Limited - Grand Central

信和物業管理有限公司 - 亞太中心  
Sino Estates Management Limited - HK Pacific Centre

信和物業管理有限公司 - 帝庭居 (第一期)  
Sino Estates Management Limited - Imperial Villas (Phase I)

信和物業管理有限公司 - 帝庭居 (第二期)  
Sino Estates Management Limited - Imperial Villas (Phase II)

信和物業管理有限公司 - 利亨中心  
Sino Estates Management Limited - Lincoln Centre

信和物業管理有限公司 - 邁亞美海灣  
Sino Estates Management Limited - Miami Beach Towers

信和物業管理有限公司 - 海典軒  
Sino Estates Management Limited - Oceania Heights

信和物業管理有限公司 - 一號銀海  
Sino Estates Management Limited - One SilverSea

信和物業管理有限公司 - 宏天廣場  
Sino Estates Management Limited - Skyline Tower

信和物業管理有限公司 - 崇利中心  
Sino Estates Management Limited - Sunley Centre

信和物業管理有限公司 - 雅麗居  
Sino Estates Management Limited - The Astrid

信和物業管理有限公司 - 中央廣場  
Sino Estates Management Limited - The Centrum

信和物業管理有限公司 - 悠然山莊  
Sino Estates Management Limited - The Paragon

信和物業管理有限公司 - 海灣花園  
Sino Estates Management Limited - Waterside Plaza



**香港樂齡網**  
Smilage Enterprise Co., Limited



**香港童軍東九龍第1270旅**  
1270<sup>th</sup> Tsz Wan Shan District, EKR, Scout Association of HK



Sun Luen Shing  
Engineering Limited  
新聯盛工程有限公司

新聯盛工程有限公司  
Sun Luen Shing Engineering Limited

大利行有限公司  
Tai Lee Hong Limited



Tandoori Junction



糕點時光有限公司  
Time To Gold Limited



添達互聯有限公司  
Timway Limited

豪景花園管理有限公司  
T. L. 60 Management Limited

tmtplaza  
屯門市廣場

屯門市廣場  
tmtplaza



天天代步有限公司  
Tin Tin Doi Bou



天盛中醫館有限公司  
Tinshing Chinese Medicine Clinic Limited



頂好壽司有限公司  
Top Sushi Limited

尖沙咀中心  
**TSIM SHA TSUI**  
CENTRE

尖沙咀中心  
Tsim Sha Tsui Centre

**荃灣廣場**  
TSUEN WAN PLAZA

荃灣廣場  
Tsuen Wan Plaza



聯合醫務集團有限公司  
UMP Healthcare Holdings Limited



### 富城物業管理有限公司 Urban Property Management Limited

富城物業管理有限公司 - 何文田山道23號  
Urban Property Management Limited - 23 Homantin Hill Road

富城物業管理有限公司 - 柏道25號  
Urban Property Management Limited - 25 Park Road

富城物業管理有限公司 - 沙宣道47號  
Urban Property Management Limited - 47 Sassoon Road

富城物業管理有限公司 - 廣播道87至91號  
Urban Property Management Limited - 87-91 Broadcast Drive

富城物業管理有限公司 - 香港仔漁業及海事辦事處  
Urban Property Management Limited -  
Aberdeen Fisheries and Marine Office

富城物業管理有限公司 - 般樺花園一期  
Urban Property Management Limited - Blessings Garden Phase 1

富城物業管理有限公司 - 百事樓  
Urban Property Management Limited - Buxey Lodge

富城物業管理有限公司 - 中區政府碼頭  
Urban Property Management Limited - Central Government Pier

富城物業管理有限公司 - 賓吉道30號  
Urban Property Management Limited - Cloudridge

富城物業管理有限公司 - 牽晴閣  
Urban Property Management Limited - Dawning Views

富城物業管理有限公司 - 皓朗山莊  
Urban Property Management Limited - Double Haven

富城物業管理有限公司 - 依利沙伯大廈  
Urban Property Management Limited - Elizabethan Court

富城物業管理有限公司 - 翹翠峰  
Urban Property Management Limited - Emerald Green

富城物業管理有限公司 - 豐盛苑  
Urban Property Management Limited - Fung Shing Court

富城物業管理有限公司 - 君悅華庭  
Urban Property Management Limited - Grand Villa

富城物業管理有限公司 - 逸峯  
Urban Property Management Limited - Green Code

富城物業管理有限公司 - 海港政府大樓  
Urban Property Management Limited - Harbour Building

富城物業管理有限公司 - 鴻福苑  
Urban Property Management Limited - Hung Fuk Court

富城物業管理有限公司 - 入境事務處李鄭屋員佐級職員宿舍  
Urban Property Management Limited -  
Immigration Department Lei Cheng Uk Rank and File Staff Quarters

富城物業管理有限公司 - 信用街入境事務處主任宿舍  
Urban Property Management Limited -  
Immigration Department Officers Quarters

富城物業管理有限公司 - 凱旋工商中心(第一、二及三期)  
Urban Property Management Limited -  
Kaiser Estate (Phase 1, 2 & 3)

富城物業管理有限公司 - 錦泰苑  
Urban Property Management Limited - Kam Tai Court

富城物業管理有限公司 - 九龍政府合署  
Urban Property Management Limited -  
Kowloon Government Offices

富城物業管理有限公司 - 利·晴灣23  
Urban Property Management Limited - L.Living 23

富城物業管理有限公司 - 荔枝角政府合署  
Urban Property Management Limited -  
Lai Chi Kok Government Offices

富城物業管理有限公司 - 龍豐花園  
Urban Property Management Limited - Lung Fung Garden

富城物業管理有限公司 - 旺角政府合署  
Urban Property Management Limited -  
Mongkok Government Offices

富城物業管理有限公司 - 梅窩政府合署  
Urban Property Management Limited -  
Mui Wo Government Offices

富城物業管理有限公司 - 楠氏大廈  
Urban Property Management Limited - Nairn House





富城物業管理有限公司 - 長沙政府度假別墅6,8及9號  
Urban Property Management Limited -  
No. 6, 8 and 9 Cheung Sha Government Holiday Bungalows

富城物業管理有限公司 - 奧卑利街已婚警察宿舍  
Urban Property Management Limited -  
Old Bailey Street Police Married Quarters

富城物業管理有限公司 - 寶麗苑  
Urban Property Management Limited - Po Lai Court

富城物業管理有限公司 - 薄扶林消防官員政府宿舍  
Urban Property Management Limited -  
Pokfulam Fire Station Officers Married Quarters

富城物業管理有限公司 - 警察學院已婚警察宿舍  
Urban Property Management Limited -  
Police College Police Married Quarters

富城物業管理有限公司 - 培正道政府合署  
Urban Property Management Limited -  
Pui Ching Road Government Offices

富城物業管理有限公司 - 金鐘道政府合署  
Urban Property Management Limited -  
Queensway Government Offices

富城物業管理有限公司 - 林士街多層停車場大廈  
Urban Property Management Limited -  
Rumsey Street Multi-storey Carpark Building

富城物業管理有限公司 - 西營盤郵政局大廈  
Urban Property Management Limited -  
Sai Ying Pun Post Office Building

富城物業管理有限公司 - 深水埗政府合署  
Urban Property Management Limited -  
Sham Shui Po Government Offices

富城物業管理有限公司 - 石硤尾職員宿舍  
Urban Property Management Limited - Shek Kip Mei Staff Quarters

富城物業管理有限公司 - 南濤閣  
Urban Property Management Limited - South Wave Court

富城物業管理有限公司 - 赤柱初級職員宿舍  
Urban Property Management Limited -  
Stanley Junior Staff Married Quarters

富城物業管理有限公司 - 大帽山雷達站  
Urban Property Management Limited -  
Tai Mo Shan Radar Station

富城物業管理有限公司 - 大澳政府合署  
Urban Property Management Limited -  
Tai O Government Offices Building

富城物業管理有限公司 - 嘉珀山  
Urban Property Management Limited - The Caldecott

富城物業管理有限公司 - 天頌苑  
Urban Property Management Limited - Tin Chung Court

富城物業管理有限公司 - 田灣懲教署職員宿舍  
Urban Property Management Limited -  
Tin Wan Correctional Services Department Staff Quarters

富城物業管理有限公司 - 庫務大樓  
Urban Property Management Limited - Treasury Building

富城物業管理有限公司 - 屯富路紀律部隊宿舍  
Urban Property Management Limited -  
Tuen Fu Road Disciplined Services Quarters

富城物業管理有限公司 - 西區裁判法院  
Urban Property Management Limited -  
Western Magistracy Building

富城物業管理有限公司 - 元朗民政事務處大廈  
Urban Property Management Limited -  
Yuen Long District Office Building



富邦物業管理有限公司  
Urban-Wellborn Property Management Limited

富邦物業管理有限公司 - 蝶翠峰  
Urban-Wellborn Property Management Limited -  
Sereno Verde



萬英醫館  
Wan Ying Chinese Medicine Clinic

泓立工程  
Wang Lap Engineering  
Company

watsons 屈臣氏

香港屈臣氏  
Watsons Hong Kong



偉邦物業管理有限公司  
Well Born Real Estate Management Limited



THE  
WHAMPOA  
黃埔天地

黃埔天地  
The Whampoa

WILLEY PRINTING  
偉利印藝

偉利印藝有限公司  
Willey Printing Ltd

THE AVENUE  
The Heart of Hong Kong

永隆管理有限公司 - 禧滙  
Wise Link Management Limited -  
The Avenue



好又好味  
WOW CHARSIU



因果緣原始點手法舒緩及美容中心  
Yangoryuan Health Services

領展  
LINK

愉翠商場  
Yu Chui Shopping Centre



裕民坊  
YUE MAN SQUARE

裕民坊管理有限公司  
Yue Man Square Management Company Ltd

十三么車仔麵

景浩工程有限公司

東順隆運輸公司

桃源島餐廳



恒昌隆燕窩參茸行有限公司

# 支持機構

## Supporting Organisations



香港餐務管理協會  
THE ASSOCIATION FOR HONG KONG  
CATERING SERVICES MANAGEMENT LTD.



現代管理(飲食)專業協會  
Association of Restaurant Managers



香港中華總商會  
CGCC The Chinese General Chamber  
of Commerce, Hong Kong



香港中華廠商聯合會  
The Chinese Manufacturers'  
Association of Hong Kong



Employers'  
Federation  
of Hong Kong  
香港僱主聯合會



香港工業總會  
FHKI



THE HONG KONG ASSOCIATION OF  
PROPERTY MANAGEMENT COMPANIES  
香港物業管理公司協會



HKDA  
香港設計師協會



Hong Kong General Chamber of Commerce  
香港總商會 1861



香港建築師學會  
The Hong Kong Institute of Architects



The Hong Kong Institute of  
Facility Management  
香港設施管理學會



計劃夥伴 Project Partners



香港中文大學  
The Chinese University of Hong Kong



香港中文大學  
賽馬會老年學研究所  
CUHK Jockey Club Institute of Ageing



香港大學  
THE UNIVERSITY OF HONG KONG



SAU PO CENTRE ON AGEING, HKU  
香港大學秀園老年研究中心



Lingnan 嶺南大學  
University 香港 Hong Kong



亞太老年學研究中心  
Asia-Pacific Institute  
of Ageing Studies



THE HONG KONG  
POLYTECHNIC UNIVERSITY  
香港理工大學



Research Centre for  
Gerontology and Family Studies  
樂齡與家庭研究中心



網址 Website: [www.jccitypartnership.hk](http://www.jccitypartnership.hk)



賽馬會齡活城市計劃 Jockey Club Age-friendly City Project

