



SMSC “Matters”

Spring 2015

SMSC General

End of an era as ‘Our Anne’ retires

It is with the warmest of wishes (and a tinge of sadness) that we bid ‘goodbye’ to Anne Richardson, Kitchen Supervisor at Jo Richardson Community School, as she retires after 25-years’ distinguished service with LBBB Catering.

Having trained as a professional chef in London, Anne was appointed Kitchen Supervisor for Warren Junior School; progressing to take on responsibility for both junior and senior school meal services during her 15-year stay.



The following 10 years saw Anne manage the school meal service at Jo Richardson - while also delivering an outstanding hospitality service that consistently attracted high praise from its many customers.

Without question, Anne has been integral to the success of our school. Her good humour, flexibility and creative approach have been there for all to see over her years of service, and she will be greatly missed by us all. Thank you for everything you have done. A sentiment echoed by your many LBBB friends and colleagues, Anne. Happy retirement.

Mr Smith
Headteacher

Comenius Project

JRCS welcomed its first international hosting programme called Comenius in January. The students were hosted by families or in a nearby hotel for a week. The students were involved in a range of different activities which celebrate the diversity and multi-cultural nature of our school. Students organised an education fair where they focused on comparisons between the education systems from the visiting countries and the UK. The fair was attended by Key Stage 3 students. The students also enjoyed a cultural day out in London where they attended a West End show.

Ms Byrne
International Coordinator



Year 7 Aspiration Cohort



Ten Aspiration Cohort Year 7 students were selected to trial a new game created by BMoneywise. The students enjoyed the game tremendously and provided excellent feedback. One of the suggested changes is definitely happening and the creators commented on how well our students played the game. Well done to the following students:

Logan Grain 7G, Rhian Davis 7G, Max Peaty 7G, Amriya Issa 7G, Sid Summers 7H, Dovydas Stumbras 7H, Charlie Ashford 7E, Ifi Ogbonna 7G, Kelly-Marie Trowbridge 7E and Lisa Marie Lawrence 7G.

Miss Moody
Aspiration Co-ordinator

University of Cambridge Challenge Day

Ten Year 10 students were taken to Cambridge in order to learn about studying at that top university. In addition to a tour and some lectures, our students participated in a challenge against 10 other schools from across the country and won!

Well done: Sinead Murphy, Abigail Hall, Niranjana Unni, Banita Chander, Sueda Oktay, Ruxandra Ilie, Jessica Idahosa, Moyin Adetoye, Jordan Wauchope and Jordan Lowe.

Ms Moody
Accelerated Learning Co-ordinator



Reading Marathon

To celebrate World Book Day on Thursday 5th March, our school held an all-day Reading Marathon and this year's theme was sport.

This always proves to be a popular event, and there was a bumper amount of students taking part.

Every 15 minutes throughout the day a different student read. Most of them had their own reading books which was brilliant to see.

Thank you to everyone who took part and happy reading.

Ms Osland
Librarian



Well done Brandon and Katie!



Many congratulations to both Brandon Filbert 8H and Katie Bryan 8F who have been offered a part in the production of 'Oliver' as part of Fagin's gang at the Kenneth Moore Theatre.

Mr Smith
Headteacher

We Day UK

On Saturday 7th March we went to our 2nd We Day UK. This event is a celebration of young people and the positive changes they are making in their local and national community. We as a group have worked tirelessly on three campaigns close to our hearts.

1: We scare hunger, a campaign to provide much needed food for our local food bank. We felt this was important as we are seeing more and more members of our local community in need of support.

2: Bring a friend to school. Raising awareness of the plight of youngsters around the world who do not have access to education therefore keeping them locked in poverty.

3: We are Silent. This allows young people to support causes they feel are important to them and this campaign has gained high praise from the Mayor's office.

We Day is an event where we feel part of something amazing and alongside 12,000 likeminded children we spent the afternoon in the company of people such as Hollywood legend, Martin Sheen, HRH Princess Beatrice, Sir Richard Branson, Kweku Mandela, Grandson of Nelson Mandela who praised us for our achievements. We also got to see Connor Maynard, Mr Probz, Bars and Melody and Shawn Mendez perform live in our front row seats.

The day was packed with educational and inspirational speeches, not to mention some great performances and we look forward to continuing our amazing work and joining another 12,000 next year.

Free the Children Action Team

Young people in the media

Young people are overwhelmingly victims of negative stereotypes in the media. They come across to be criminals who are responsible for all sorts of crime and other illegal activities, however, this is not true, even though 76% of reporting of young people is negative only 12% of crime is committed by young people. 39% of adults are unaware about the positive things that young people do. This shows that not all stereotypes about young people in the media are true. For our PDE coursework we will be raising awareness about the truth on this issue. For more information read the article in the UK Youth's website:

<http://www.ukyouth.org/resources/youth-statistics> sign our petition, and watch our video on YouTube called truth young people in the media.

By, Truth YPM

Abigail, Niranjana, Mary, Denisa, Billy, Sean



Emma Wade OBE

We were afforded the opportunity to have one of Britain's leading women in the field of Human Rights from the Foreign and Commonwealth Office deliver a lecture to our students on Wednesday 18th March. Emma Wade OBE, who flew in from Washington DC, received the prestigious award for leading the evacuation of thousands of British nationals from Egypt and more than 700 from Libya in the recent conflicts. Her work in responding to natural disasters in New Zealand and Japan and the recent unrest in the Ivory Coast has been highly praised and also earned her a high accolade as an advisor to the Foreign and Commonwealth Office. 45 students attended the lecture which ended with a question and answer session about her career in the diplomatic service.



Ms Boller
Student Communication Manager

Red Nose Day



Since its launch in 1988, Red Nose Day has become something of a British institution. It's the day, every two years, when people across the land can get together and do something funny for money at home, school and work. There's a fantastic night of TV on the BBC, with comedy and entertainment to inspire the nation to give generously. Comic Relief spends the money raised by Red Nose Day to help people living tough lives across the UK and Africa.



After a record breaking amount being raised for Comic Relief on the television, we at JRCS were able to join in the frivolity and raise over £1200 for this amazing charity. Special thanks have to go to the Sixth Form tutors who as always, did the event proud with their fancy dress efforts. A well-deserved pat on the back for all those who made the effort to dress up and enter into the spirit of the day.



Ms Boller
Student Communication Manager



Jack Petchey Award winner

Congratulations to Jake Joyce Year 10 for receiving the Jack Petchey award from Lambourne End.

Ms Kaur
Inclusion Manager



SMSC Student Voice

We are silent 2014

On Tuesday 9th December over 70 students took part in our second 'We are silent' campaign in order to raise awareness about issues that we felt were important to us. The effect was astonishing with many other students joining in throughout the day. Everyone who took part was brilliant and showed that young people do care about global issues.



This silent protest was one of the best things that the Student Voice team 'Free the Children' have organised. People throughout the day remained silent to raise awareness about bullying, women's rights, slavery, child abuse, homophobia, racism and teenage depression. These are things that we feel passionate about stopping. With so many wanting to take part it was impossible to say "no", to these brilliant young people who so bravely and proudly took part.

Kelsey Symes Year 10

Christmas Shoebox Appeal

The Student Voice Fundraising Team 1 would like to say a very special thank you for all the hard work and generosity of everyone involved in this year's Christmas Shoebox Appeal. A total of 130 shoeboxes were collected and distributed to deserving children in Barking and Dagenham.



It was a late decision by the Fundraising Team to distribute the shoeboxes within the local community rather than through the international Samaritan's Purse Appeal.

The shoeboxes were delivered to the local Christians Against Poverty Centre at St Thomas' in Burnside Road; the Food Bank at the Dawson Christian Centre on Hedgemans Road, the local Women's Refuge and The Salvation Army on Ripple Road. Below is some of the feedback and photos received from the recipient organisations:

"All (groups) expressed their appreciation for the kindness shown by your pupils and the School. Thank you once again for including us in your project." - Ray Descombes, Local Co-ordinator, Dagenham Anglican.

"Thank you so much for making this happen. This an amazing project, students and their families wanting to give to those who have very little. I hope that all the homes that have received these parcels will enjoy the blessing of those who respond to Christmas by giving. Many thanks for all of you who have been part of this. And may God bless you all." - Rev Penny Sayer, Team Rector, Becontree South.

"This a very long overdue email to Thank you and the staff and students of Jo Richardson School for the twenty Shoeboxes filled with children's gifts that we received at the Dawson Christian

Centre, just before Christmas. These presents were indeed a Godsend! We run a small youth club at the centre for children in school years 4 to 7. Normally we receive a supply of gifts from our supporters and we use these as presents for the youth club and toddler groups. However, this year we had few presents suitable for this age group. We are also a bit short staffed here at present so the arrival of ready wrapped, but accessible parcels helped us enormously.” - Bill Deane, Dawson Christian Centre.

“The Salvation Army have been able to distribute your boxes to some children who really appreciated the gifts. I am in South Africa at the moment and was able to take some boxes with me here, and have been able to give some items to the street kids in the Townships. They really appreciated the gifts.” - Major Nigel Schultz, Corps Officer Barking Corps.

“Happy New Year and thank you again for the shoe boxes for the children at our local refuge sites. It was so kind and very much appreciated. Best wishes” - Allison Buchanan, London Borough of Barking & Dagenham.

Mr Kilminster
Student Development



WORLD CANCER DAY 2015



On Wednesday 4th February, it was World Cancer Day and the fundraising team 2 organised a talent show to raise money for Ovarian Cancer. The event took months of organising and the team would just like to say thank you to all who attended the talent show, especially to those who took part and rehearsed for hours on end and the 79 people who brought tickets making it a huge success. The cast decided that instead of taking the £30 prize money, they would donate it back into the funds to give to the charity which was really touching. The event raised £310 which is going towards Ovarian Cancer Action. We wouldn't have done it without the help of the fundraising team 2, Ms Boller, Ms Evans and Ms Osunsami. Jo Richardson students and parents, friends and family are the best.

Ellie Lynch 11F

Young People`s Safety Group Meeting

On Wednesday 11th March the Student Voice Community Team held the second Young People Safety Group meeting in Boothroyd Hall. We were joined by the local police commissioner, Eric Stein, and a local organization working with youngsters at risk of exploitation. We invited every secondary school in the borough to bring their teams and we all engaged in discussions about child sexual exploitation and how it can be prevented. We also talked about young people being safe on the internet which was really useful and we will be taking this back to our Heads of Year for further discussion. The community members who attended this meeting were: Edward Stemarthe (8C), Megan Mukuna (8C), Rachael Kesinro (8C), Davaughn Smith (8F), Sean Mwangi (8H), David Agoha (7E), Charlotte Arch (7H), Grace Tayo (9E), Maria Oyenuga (9E), Mariam Berete (9E), Angel Churchward (9E), Rachel John (9E), Melissa Arch (9F), Shanice Makili (9F) and Jovan Nenadovic (8A)

Edward Stemarthe 8C

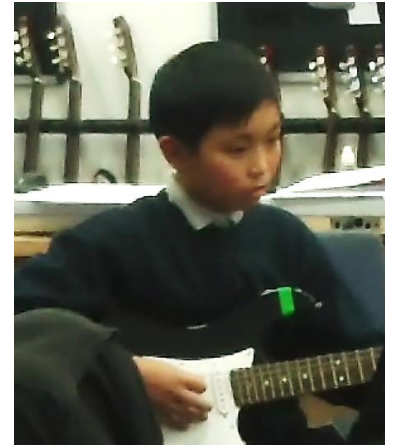
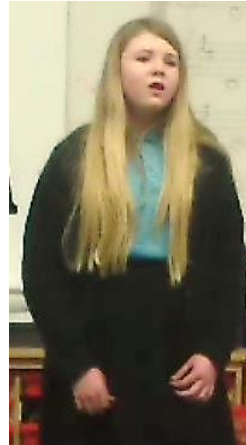
SMSC Music

Music Recital Evening – 28th January 2015

Well done to all students who took part in our Recital Evening. The standard of performance was fantastic and really showed the commitment and hard work that goes into playing an instrument. Also, thank you to parents, staff members and fellow students in the audience for your support.

Students involved were as follows:

Charley Hunt 10C, Katrina Healy Mumford 10B, Lucy Lombard 10D, Mary Abrahams-Sams 10F, Laia-Louise Marsden 10H, Hanan Abdulhamid 9H, Summer Green 9H, Lucy Whyte 9H, Daniel Gill 8A, James David 7D and Alan Tu 7H.



Our next Recital Evening will be from 4pm-5pm on Thursday 21st May 2015.

Music Department

SMSC Maths

National Year 10 Maths Competition

JRCS was proud to be selected by the Further Maths Support Programme to host the Year 10 Maths Feast, London Region for the first time. We were able to enter two teams both of whom performed superbly. Students from all across London came to JRCS and were impressed with the facilities and the hospitality offered. Well done to the following students for representing us so well: Sinead Murphy, Abigail Hall, Tolu Oluwole, Moyin Adetoye, Jessica Idahosa, Aiesha Francis, Jordan Wauchope and Ore Olayinka.

Ms Moody

Maths Department

SMSC PDE

Students campaign to beat 'rape culture'

The PDE Department is very proud of the above students for being featured in the Barking and Dagenham Post on their GCSE Citizenship coursework piece. As part of their campaign on rape culture, the group decided to contact the paper regarding the issue in the hope of raising more awareness within their community. The group were very successful in achieving their aim and we would like to welcome you to congratulate them with us.



Miss Nabeeh

PDE Department

SMSC PE

Netball – England vs Malawi



The netball team and some GCSE students went to the Copper Box in December to watch the England netball team play Malawi. 30 students took up the offer and got to watch some excellent netball skills, notably by the England team who won easily in the end 68-34.

The girls also met up with the England netball player Lindsay Keable who coached them in October. The girls were even commenting on poor skills or umpiring decisions made during the game, showing off their knowledge. Thanks to

Mrs Montague and Miss Hunnisett who also attended the trip to enable it to go ahead.

Miss Wilkinson - PE Department

Leyla Demetriou 7D

Leyla went to Rome over the New Year as part of Infinity Elite, a London Cheerleading Squad. She was there for five days, and performed at the Spanish Steps, a key tourist attraction in Rome! She was thrown in the air, and watched by lots and lots of tourists.

Well done, Leyla.

Miss Backhouse Miss Branch
7D Form Tutor Head of Year 7



Indoor Athletics

On Wednesday 7th January the Year 7 Indoor Athletics teams took part in the Borough competition. Both the girls and boys teams performed well up against tough competition. The girls did amazingly and finished 2nd in the Borough.

Well done to all of the following students:

Alan Tu 7H, Havilah Ekwes 7C, David Agoha 7E, Oreoluwa Salami 7H, Ledion Rama 7D, Dagmara Onoszko 7D, Leveda Ogbemor 7D, Elizabeth Ogunyanwo 7G, Gerren Ntiri 7G, Iretomiwa Ajala 7F and Mei-La Daley 7C

Miss Wright - PE Department



Boys Hockey



The boys hockey team had their first ever 11 a side hockey match on Wednesday 7th January in the Essex Cup against Becket Keys in Brentwood. It was always going to be a tough game as the team are entered into an U14 competition and the majority of our team are Year 7. We only had 10 players due to a few absentees and a brand new GK, Aaron Nye 7E, who played excellently having never played before. The team

did lose to a strong team made up of Year 8 and 9 opposition but they did show excellent determination and some great defending, notably Ryan Lawrence-Wright 7F who's tackling was outstanding. Players of the match were Tyrese Francis 7H and Ledion Rama 7D.

Miss Wright - PE Department

JRCS students try out for borough Panathlon Team

On Tuesday 20th and Thursday 22nd January 18 students from Years 7 – 9 took part in the trials for the borough Panathlon team at Robert Clack Leisure Centre. The Panathlon competition is an annual event which gives students with a range of disabilities an opportunity to take part in disability sport. Perhaps for some, this may be the start of their Paralympic pathway and, who knows, they may eventually one day take part in the Paralympic Games!



Five students from JRCS took part in this competition last year as part of the borough team, making it to the London Champions Final at The Copper Box in the Olympic Park where the borough were runners up.

The sports that they took part in last week included Poly-bat (a sort of table tennis), table top cricket, precision bean bag, boccia, new age kurling, wheelchair slalom and indoor athletics. Many thanks to all who took part for their enthusiasm, commitment and good behaviour. They were:



Enrique Del Rio 7D, Sam Deriouch 7D, Reon Lawrence-Wright 7D, Khai Sesay 7D, Jake Pengelly 7C, Charlotte Mew 8A, Harry Ely 8A, Seidu Salifu 8A, Sam Clark 8B, Vaselina Pencheva 8B, Georgina Hart 9A, Daniel Odejide 9A, David Olanrewaju 9A, Abigail Jacobs 9B, Arnit Gashi 9D, Jadene Holmes 9D, Nathan Batt 9D and Sky Churchward 9D. Many thanks also to Mr Kilminster for his fantastic support and help with this group on both days.

Ms Montague - School Games Co-ordinator

Alice Strikes again

Congratulations again go to Alice Campbell 10B, who has again been selected to represent the Great Britain Fencing team in Poland at the end of January. Good luck Alice we are all very proud of you!

Mr Smith - Headteacher



Girls' Volleyball

The girls' volleyball team played in the borough tournament Monday 26th January. It was their first taste of competitive matches but this didn't faze them as they played well. We played Sydney Russell in the final and won 2 sets to 1. 25-13, 12-25 and a point for point final set which we finally won 28-26 with some awesome serves from Sylvia Martin-Omergie 7E to win the match.

Well done to the team of Year 7-10 girls.

Miss Wilkinson - PE Department

U14 Boys Hockey

The team played their second Essex cup match this week against a private school from the Hertfordshire/Essex border. Another tough opponent with mainly Year 9 opposition against our Year 7s. We even had some girls playing as they are strong enough to play against boys and hockey rules allow this. We defended well but did lose the match despite some excellent saves by the two goalkeepers Morgan Laing 8H (first half) and Daniel Velichkov 7H (second half).



Players of the match were Vanessa De Gouveia 7A and Luke Craigie 7H for some excellent skills. New players always welcome and we had Qaise Waise 7F playing his first match and improving throughout.

Miss Wilkinson
PE Teacher

Congratulations Georgina!

Georgina Hart 9A won Disabled Sports Person of the Year 2014 at the Barking and Dagenham Sport Awards on Thursday 29th January.

Well done Georgina!

Mr Smith
Headteacher



Cheerleading



Some more places have become available in our cheerleading squad. If you are interested in joining our cheerleading champions, then please come along to training on Tuesdays after school in the Sports Hall. Everyone welcome.

Miss Wright
PE Department

Year 7 Netball Team Cup Run ends

The Year 7s played their last 16 cup match against West Hatch School from Chigwell last week. It was going to be a tough match as West Hatch were unbeaten in the group stages prior to this knockout stage. We started well and were scoring goal for goal at quarter time. The 5ft 10 GS then made an impact in the second quarter and West Hatch pulled away to a four goal lead 10-6. We then played our socks off and kept the score goal for goal but just couldn't make that four goal lead back and lost 19-15.

The girls played so well and should be proud of being in the top 16 schools in Essex. They are the first Jo Richardson netball team to do this in the cup, so a huge well done to them all.

Players of the match were Gerren Ntiri 7G and Silvia Martin 7E.

Miss Wilkinson
PE Department



Panathlon Success

On Thursday 12th February, Mr Kilminster and I accompanied 11 students from Years 7 – 9 who got through the Panathlon trials to represent the Borough at the Round 1 Panathlon Challenge taking place at Langdon School in Newham, where they competed against teams from Havering. It was a brilliant day of competition, and all the JRCS students tried very hard, leading to some brilliant performances and lots of medals!



Enrique Del Rio and Khai Sesay both got bronze medals for their performance on the boccia team, Jake Pengelly, Charlotte Mew and Harry Ely all won silver medals as part of the table cricket team, Daniel Odejide and David Olanrewaji achieved silver against stiff competition in the javelin, Abigail Jacobs worked very hard achieving a personal best time and gaining a silver medal in the wheelchair slalom. We also came away with three gold medals, two of which were won by Reon Lawrence–Wright with a huge jump in the standing long jump, he was also part of the victorious new age kurling team. Nathan Batt also achieved gold with a very focussed performance in the shot putt event.



We also had a pleasant surprise during the day, when we found a familiar face coming to visit us. Mr Armour now works at Langdon School, and he spotted the school minibus in the car park and came to find us. The students were pleased to see him, and enjoyed showing off their medals.



The Barking and Dagenham team overall won the athletics field events competition. Abigail Jacobs, Charlotte Mew, Daniel Odejide, Harry Ely and David Olanrewaju also participated in the athletics races team which came in second place. It was an extremely exciting finish with three Boroughs within a few points of each other right up until the final events. However, Barking and Dagenham managed to win by just two points. The school trophy cabinet outside the School Office now contains the winner's trophy. This means that the team are through to round 2 event which takes place at University of East London Sports Dock on Tuesday 17th March.



Thank you to all the students for their good behaviour and contributing towards such a fantastic result for the Borough team. Thanks also to Mr Kilminster whose help with the team on the day was invaluable.

Good luck to the team on 17th March!

Ms Montague
School Games Co-ordinator

Netball News

The Year 7s had their last league netball match on Tuesday 10th March vs Barking Abbey. After the hail stone weather the courts were a bit slippery and the wind was rather chilly but the teams were in high spirits. We have such a good turnout at Year 7 netball we now have an A and a B team for the first time in years.



The B team started their netball careers unbeaten winning against Barking Abbey B

1-0 and drawing with the A team 1-1. The A team had a bad start only winning 1-0 against Barking Abbey A team but getting it together for the second match and beating Barking Abbey B 8-0.

We now have to wait and see if we have won enough matches to qualify for the finals of the Borough league in March.

Players of the match were Shantel Jjumba 7E for the B team and Dannie Ihezuo-Nnadi 7F and Gerren Ntiri 7G for the A team.

Miss Wilkinson
PE Department

U14 Boys Hockey Essex Plate

We hosted last year's plate winners Eastwood School from Southend on Wednesday 11th February. Again the JRCS team was made up of mainly Year 7 boys and a few girls playing in an U14 competition so it was always going to be a tough match. The game started well with both teams attacking, although JRCS had more of the ball, but a break from Eastwood saw them take the lead after seven minutes. However, JRCS didn't lose heart and fought back with a wonderful strike from Ledion Rama 7D to even the score. Eastwood then capitalised on a miss hit in defence and took the lead again into half time.



After the break, JRCS fought back and Aaron Nye 7H scored a wonderful rebound off the post to level the score. Unfortunately, our fitness then let us down after the hard work of levelling the score and Eastwood scored three goals in quick succession, including a flick over the GK. A great team effort to keep the champions at a draw for three quarters of the match.

Players of the Match: Luke Craigie 7H, Ledion Rama 7D and Logan Grain 7G.

Miss Wilkinson
PE Department

JRCS students strike gold at Becontree Leisure Centre!

On Wednesday 11th March I accompanied seven students taking part in the East London Disability Swimming Gala at Becontree Leisure Centre. All the students performed brilliantly and many won medals. The students taking part were: Harry Spong 7H, Enrique Del Rio 7D, Sam Deriouch 7D, Harry Ely 8A, Arnit Gashi 9D, Jadene Holmes 9D and Nathan Batt 9D. The races are divided into various time bands so that people with various different disabilities can compete against each other, so in some races JRCS even came away with two gold medals. The results were as follows:

Boys 50m Freestyle Year 7 and 8, Gold Band 2 – Sam, Gold Band 3 Harry Ely, Boys 50m Freestyle Years 9 to 13, Gold Band 2 – Nathan, Gold Band 3 – Arnit, Boys 25m Freestyle Years 9 to 13 – Gold Band 3 – Arnit, Boys 50m backstroke Years 7 and 8 – Silver Band 3 – Enrique, Boys 50m backstroke Year 9-13 – Gold band 2 – Nathan, Boys 50m Breaststroke Year 7 and 8 – Gold Band 2 – Sam, Gold Band 3 – Enrique, Boys 25m Breaststroke Years 7 and 8 – Gold Band 2 –

Sam, and Boys 25m Breaststroke Years 9-13 – Gold Band 2 – Nathan. Jadene put in a brilliant performance in the 50m and 25m backstroke races but finished just outside the medals, Harry Spong in his first disability gala also swam really well in the 25m freestyle.

Well done to all these students, who behaved really well and were very supportive, both of each other and their fellow competitors from other schools. I would also like to take this opportunity to thank Mr Fleming who accompanied the trip, and Mrs Deriouch and Mrs Batt who came along and supported us from the spectator's gallery.

Ms Montague
School Games Co-ordinator

JRCS represent Barking and Dagenham in Volleyball

On Thursday 12th March, a mixture of Year 7 and Year 10 students represented Barking and Dagenham in the London Youth Games for Volleyball. The competition, which is run annually, takes the best volleyball teams (both male and female) for each London Borough. The competition is run at first group stage, then a knockout to determine the borough's rank in the Youth Games.

Our girls' squad, including five Year 7s, three beginners Year 10s and one experienced Year 10, finished 20th out of 29 schools which is a massive achievement as they were competing against Year 10 girls. The girls' squad: Laveda-Dione Ogbemor 7D, Dagmara Onoszko 7D, Silva Martin-Omerge 7E, Joana Balla 7E, Elizabeth Ogunyanwo 7F, Oliwia Husak 10D, Kleida Prroni 10E, Ella Brookes 10G and Mia Guyatt 10H.

The boys, who are much more experienced finished 9th out of 29 schools, losing in the final for 8th place, which again is an amazing achievement. The boys' squad: Malcolm Ennin 10E, Oreoluwa Olayinka 10E, Hassan Yusuf 10E, Mohammed Rashid 10G, Marien Balla 10H and Lewis Smith 10H.

Well done to both teams!

If you are interested in taking up volleyball, training is on Fridays after school in the Sports Hall.

Mr Newport
PE Teacher

Congratulations Alice Campbell 10B

Alice has been selected for the Cadet/Junior Commonwealth Games in Cape Town, South Africa in July. This is a dream come true for Alice who did not expect this to happen until much further on in her fencing career. Good luck Alice, we are all very proud of you!

Mr Smith
Headteacher



Congratulations Ula!



Ula Szczepanik 11H won bronze in the Judo England School Championships (under 48kg category) held in Sheffield on Saturday 8th March 2015. Ula has now moved up to a blue belt.

Well done Ula!

Mr Smith
Headteacher

Panathlon Round 2 Success – Next stop the Copperbox

Round 2 of the Panathlon Challenge took place on Tuesday 17th March at the UEL Sports Dock. JRCS had eight students representing Barking and Dagenham across 10 events and the competition was fierce from the boroughs of Hackney, Islington and Redbridge. It was a great day of sport and all of the students put in maximum effort resulting in lots of medals! Reon Lawrence-Wright achieved Gold in New Age Kurling and Silver in Long Jump. Gold medals were won by Georgina Hart in Precision Bean Bag, Nathan Batt in Seated Shot Put and Abigail Jacobs in Powerchair Slalom. Daniel Odejide and David Olanrewaju claimed the silver in Javelin. Barking and Dagenham also won gold in three out of the five relay races and picked up two silvers which pushed us ahead of Redbridge on points.



The school trophy cabinet outside the School Office now contains the East London Champions trophy and this means that the team are through to the London finals event which takes place at the Copperbox in the Olympic Park on 17th June 2015.

Thank you to all the students for their excellent behaviour and contributing towards such a fantastic result for the borough team. These students really have overcome adversity to achieve great things in sport.

Good luck to the team on 17th June!

Miss Boulton
Head of PE

Year 11 Netball

The Year 11 Netball team took part in their last Borough Netball Rally on Monday 23rd March. The girls played extremely well as a team with some high quality netball being played by all. Through their teamwork and determination they came away in 3rd place gaining Bronze medals. Really well done girls. You have played some amazing netball over your five years at JRCS and should be very proud.

Miss Wright
PE Department



Essex Plate Netball Runners Up



The Year 7 netballers had qualified for the Essex Plate final after playing in group matches, then knockout matches throughout the school year. By getting to the finals it means they are one of the best Year 7 teams in the whole of Essex, an amazing achievement.

They did lose the final to Westcliff High School for Girls, but played some excellent netball and should be very proud of themselves. Please congratulate them for being Essex Runners up!

The team: Esther Harvest 7E, Iretomiwa Ajala 7F, Elizabeth Ogunyanwo 7G, Silvia Martin (CPT) 7E, Gerren Ntiri 7G, Dannie Ihezuo-Nnadi 7F, Hannah-Queren Mbomba 7E, Shantel Jjumba 7E, Joy Osayiwu 7F.

Miss Wilkinson
PE Department

Hockey gaining momentum

JRCS hosted the Emerging Schools Hockey Tournament on Wednesday 25th March, where all Essex schools, new to or developing their hockey, were invited to join. JRCS had two boys' teams and a girls' team entered which shows a growing interest in the sport. The games were all very tight with either one or two goals in it. In the boys' competition our A team came 3rd and our B team came 2nd, losing just one match to Kelmscott from Walthamstow. In the girls competition with four brand new players they also came 2nd having lost only to the winners Sacred Heart from Upminster. A huge well done to all the players, particularly the new players who settled in so well.

The teams:

Boys Silver medallists:

Logan Grain Cpt 7G, Luke Craigie 7H,
Reon Lawrence-Wright 7D, Kevin Laryea 7C and Jamie Barnett 8F,

Boys Bronze medallists:

Ledion Rama 7D Cpt, Aaron Nye 7E,
Ryan Lawrence-Wright 7F, Josh Olusola 9G and Connor Girling 7C,

Girls Silver medallists:

GK Victoria Bertrand 7C, Maisie Payne 7A, Gabija Kondrotaite 7A,
Morgan Laing 8H, Vanessa De Gouveia 7A (Cpt), Shantel Jjumba 7E
and Silvia Martin-Omergie 7E.



SMSC Food & Catering

Cooking Club



Our Cooking Club is a great success. I gave the Year 7 and 8s the challenge of making a Victoria Sandwich, complete with strawberry jam and cream. The students enjoyed choosing their own designs for the icing sugar topping. All students worked hard but very much enjoyed the task. Mr Smith will be pleased that everyone really put their growth mind-set into forward gear!

Well done and thanks for your continuous commitment to the following students:

Shannon West 7H, Rhian Davis 7G, Joana Balla 7E, Rebecca Marku 7E, Ryan Murphy 7G,
Chloe Tahiri 9G, Kacey Tahiri 8F, Georgina Padgett 8H, Melissa Aziz 8H, Fiona Terholli 8F,
Deanna Allman 8D and Lauren Simson 8D.

Mr Hargreaves
Food and Catering

SMSC English

JRCS Spelling Bee Semi-Finals

In January, 23 spelling champions from Years 7-9 took part in the semi-finals of the JRCS Spelling Bee.

The idea of a Spelling Bee is to test competitors' ability to spell tough words aloud. Competitors were challenged with the most common misspellings in the English language, along with other difficult spellings.

To make it to this stage, contestants had already beaten off competition from their entire form group in the first round of the Bee.

The following winners made it to the semi-finals:

Year 7

7A: Silviu Ionescu
7B: Sophie Cooper
7C: Andreia Loios
7D: Denis Alia
7E: Joana Balla
7F: Najeeb Ahmed
7G: Gemma Bartlett
7H: Ore Salami

Year 8

8A: Alec Thorpe
8B: Tasnim Rahman
8C: Dimitrios Lawani
8D: Brandon Batchelor
8E: Ameer Hamza
8F: Sonny Foster
8G: John Mikeli
8H: Sean Mwangi

Year 9

9A: Margaret Adesunloro
9B: Alfie Sherwin
9C: Nishat Islam
9D: Aaron Edwards
9E: Malachi Fajembola
9F: Ajay Chander
9G: Millie Honeywell

Well done to everyone who took part. Particularly huge congratulations to Najeeb Ahmed (7F), Alec Thorpe (8A) and Aaron Edwards (9D), who won this round.

The grand final will take place next Tuesday, 20th January during morning assembly. Najeeb, Alec and Aaron will go head to head in a bid to be crowned overall KS3 JRCS Spelling Champion!



KS3 Spelling Bee Finalists: (L-R) Aaron Edwards (9D), Najeeb Ahmed (7F) and Alec Thorpe (8A)

Miss Eastman
Head of English

SMSC SDD

ARP News

During January we continued our Year 11 post-16 transition programme, with a visit to Barking and Dagenham College. Our students found this very useful as they had the opportunity to speak on a one to one basis with subject tutors and have come away with many of their questions comprehensively answered. It was also an opportunity to renew friendships with past JRCS students and speak with them about college life.

The ARP Team



ARP News

We are hoping to raise the profile of the ARP at JRCS next week by celebrating for the first time Autism Awareness Week (Monday 30th March – Thursday 2nd April). Our students have made a short film about living with autism in a mainstream school; which will be shown during assembly.

We will be selling wristbands (£1 each) all week, milkshakes on Tuesday and cakes on Wednesday. Money raised will be presented to the National Autistic Society. They do a fantastic job of



running courses for staff, enabling them to deliver appropriate, individual support for all our ARP students. They also provide advice on seeking a diagnosis, choosing the right school, transition into adulthood, including further education and career choices.

Thank you for your support.

The ARP Team

SMSC Sixth Form

Sixth Form Netball

The Sixth Formers had their first ever netball match in January West Hatch School in Chigwell. The girls have never played together before as they come from the consortium of schools. However, they turned up and played valiantly in the cold 3^o weather and, although they lost to some very good club standard players, they had a great time and thoroughly enjoyed being on a netball court again.

Miss Wilkinson
PE Department

Comenius Project



The last week of January saw our first ever international hosting project come to JRCS. Students from Spain, Germany, Denmark and Belgium were hosted by our students for the week as they came here to learn about sustainability and education. The students were involved in a range of events throughout the week which taught them about education topics as well as allowing them to experience the London culture.

The students were involved in organising an Education Fair where they showcased education topics from around the world. This was held in Boothroyd Hall. As well as the project, students got the chance to learn a dance, experience a lesson, play sport and spent a day in central London where they visited cultural landmarks and went to see the West End show “The Lion King”. There was also a meal for staff, students and parents.





The week was extremely successful with all those involved wishing to stay on longer. We're hoping to run the project again in the near future, so make sure to get involved if this interests you.

I would like to say a big thank you again to all those parents who were involved in hosting international students. The week was overseen by Ms Byrne, Ms Holmes and Mr Coltman.

Ms Byrne
International Co-ordinator

A day with the US ambassador

The US ambassador to the UK, Matthew Barzun, recently visited Eastbury School; this presented some Jo Richardson students the opportunity to meet him for a Q and A session. Altogether the experience was an enjoyable one, which gave students some important insight into the dealings of the ambassador and the current relationship between the US and UK. Finally, each student was given the opportunity to air out their grievances with the US, the most popular response being its increased level of gun crime and racially biased police force. On the other side of the coin, when asked about the likeable features of the US, the most popular response was the entertainment industry consisting of many idols such as the world renowned Beyonce.

By Chime Ogbuehi 12A

Sixth Form - Higher Education Focus

During March, university was at the front of our students' minds. Year 12 had an inspirational talk from Moj who came from the company "PUSH". He outlined all the reasons to go to university and the pathway to make sure they choose the correct course for them. Although they have not yet sat their AS exams, it is important that they start thinking ahead whilst they have time to plan. Attending Open Days, which universities put on, is a good way to find out about courses, the area and the university. Many of the universities start advertising their open days from Easter onwards.



Year 12 will be getting a whole week based around higher education after their exams in July.

Year 13, who are now collecting their offers from the universities, attended a Student Finance talk explaining what they are entitled to, how to apply for it and the big question of how it gets paid back! The biggest interest seemed to be at the point when bursaries and scholarships were being spoken about, ie the money that can be gained and **not** paid back!

Students not looking at going to university need to keep their eyes peeled on the notice boards and tutor notices for opportunities leading to apprenticeships or the world of work.

Miss Campbell
Deputy Head of Sixth Form

Understanding Retailing

The Year 13 Extended Diploma class visited Westfield, Stratford City in March as part of their Understanding Retailing unit. The students were cross-examining the differing levels of customer service on offer from the wide range of shops at the centre. The students found out if shops we usually associate with high levels of service such as John Lewis lived up to their expectations. Similarly, would the smaller independent retailers offer a more personalised service?

After a selfie in the lift on the way, the students had a corporate presentation with a member of the Westfield Management Team to round off the day.

Mr Marks
Business Studies Department



Sixth Form Charity Support

Louise Peer and Georgia Barnes in Year 13 led the charity fundraising for Little Havens Children's Hospice, a charity that the Sixth Form often support.

They galvanised their form to get a raffle going in the Sixth Form before Christmas and also got pin badges from the charity to sell.

It was a great effort on behalf of the students and this week we have proudly sent off a cheque for over £200 to support a fantastic charity.

Miss Campbell
Deputy Director of Sixth Form



Sixth Form Football Team



The Sixth Form football team have been clocking up the miles in the last couple of weeks working hard to cover the ground in order to turn possession into goals.

They had a successful run in the Borough Cup reaching the semi-finals, unfortunately failing to hit enough goals to go all the way to the final.

They have also been competing in the KDM Consortium Cup against Eastbury, Sydney

Russell and Dagenham Park. They secured a hard fought 1-0 home win against Eastbury and then stepped up their level to secure an away 3-0 win against Sydney Russell. The game against Dagenham Park should be this week and will hopefully lead to a clean sweep and the lifting of the cup for JRCS.

The boys have shown commitment, heart and drive and deserve their success so far.... Good Luck for the final game!

Miss Campbell
Deputy Director of Sixth Form