



# SMSC “Matters” 2020

## SMSC General

### Congratulations Gold Seagull winners of Spring 2020:

- Keyra - Year 7
- Radvile - Year 8
- Lubna - Year 9
- Hayley - Year 9
- Filip - Year 10
- Venessa - Year 10
- Chloe - Year 9
- Maria - Year 7
- Alexandru - Year 7
- Oluwanifemi - Year 7
- Lillie - Year 8
- Zubin - Year 8
- Christina - Year 9
- Alina - Year 9
- Maisie - Year 10
- Maya - Year 7
- Noor-ul-ain - Year 8
- Shanmitha - Year 8
- Oluwafisayomi - Year 7
- Iainmari - Year 7
- Yasmina - Year 8
- Safa - Year 9
- Jack - Year 7
- Charlee - Year 8
- Alizain - Year 8
- Lucy - Year 9
- Oyinkansola - Year 9

### Double Gold Seagull winners:

- Keyra – Year 7
- Oluwanifemi – Year 7

Mr Smith  
Headteacher

### Congratulations Gold Seagull winners of Autumn 2020:

- Keyra - Year 7
- Enoha – Year 8
- Nyfemi – Year 8
- Ibrahim – Year 8



## Money raised

The total raised for non-uniform day on Thursday 19<sup>th</sup> December was £846.90. This is being paid into the Meningitis Research Foundation charity.



## Thank you!

Thank you to all students who donated to our local food bank.

Our Year 12 students did an amazing job of organising this and our team of elves did a brilliant job delivering the donations on Wednesday 18<sup>th</sup> December and the food bank were extremely grateful for how much we donated as a school.



Miss England  
Head of Dance

## Well done Radvile!

Congratulations to Radvile in Year 8 (pictured above) for winning the Religious Studies competition.

Mr Bashir  
Co-educator



On Wednesday 22<sup>nd</sup> January Jules from Educate and Celebrate visited Jo Richardson for a workshop. The students, ranging from Year 7 to Year 13, learned about Pride Youth Networks and how to make their school more LGBT+ friendly. Jo Richardson prides itself on the 5 Rs and these students showed Respect and Resilience during this successful workshop. Through Educate and Celebrate, the JRCS Pride students have the opportunity to attend the Educate and Celebrate Pride Youth Network Conference in May. February is LGBT+ History Month and students across the school will have an opportunity to show their support,

however they chose to identify. Pride and Allies is a club, open to everyone, on Wednesday lunchtimes (1:30pm) in MS2.

Ms Harland  
Head of Media Studies

## Dagenham Youth Forum

Antonio, David, Rahul, Charis, Elizabeth and Priscilla were amongst a group of students across the borough who stood for the Barking and Dagenham Youth Forum. These are the students from Jo Richardson who were successful in getting voted onto the Forum.

Well Done!

Ms Salih  
Assistant Headteacher



## Army Engagement Lecture

I had the opportunity to go to the Army Engagement Lecture on behalf of Mr Smith on Tuesday 28<sup>th</sup> January, and what a change in the way the army as changed and developed. Offering over 200 different types of jobs, such as HR Specialist, Radiographer, Nursing, Musician, Technical Support Operator, Technical Intelligence Operator, Veterinary, Electronics Technician, Infantry Soldier, Plumber, Surveyor, Teacher Officer, Pharmacy Technician, Vehicle Mechanic, Aviation Specialist, Driver, Guardsman and many other jobs. All of these jobs can be used outside of the army and you will learn many other skills such as working as a team, responsibility for other team members, how to respect others, communication skills and pride in yourself.



Mr Hargreaves  
Food and Catering



February is LGBT+ History Month and the theme this year is Poetry, Plays and Prose. Students and visitors will notice the school decorated with rainbow flags and LGBT+ History will be the focus of two assemblies this month. It is important to mark LGBT+ History Month because by learning about how people were mistreated in the past, we can build a better future of understanding and tolerance.

"The mystery of love is greater than the mystery of death" - Oscar Wilde

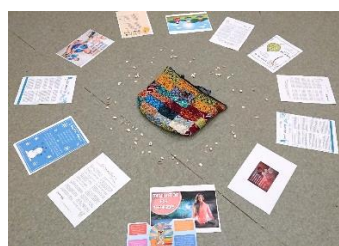
Jo Richardson values every student, however they choose to identify. If anyone would like to support the LGBT+ community at the school, JRCS Pride and Allies runs Wednesdays at 1:30pm in MS2.

Ms Harland  
Head of Media Studies

## Time to Talk Day

On Thursday 6<sup>th</sup> February, we marked Time to Talk Day; a day which aims to raise awareness and reduce stigma for those living with mental health conditions. There were assemblies and tutor activities which encouraged students to get talking about mental health. At break and lunch time we had 'Talk Time' in Main Street and 'The Jokers' were on hand to help people to smile! Ms Doshi ran some guided meditation sessions too.

Staff were treated to tea bags and biscuits in their pigeon holes and cakes were on sale in the staff room throughout the day to raise money for the charity MIND.



Many thanks to all the staff who were involved in the preparation and a big thanks to Kane, Bradley, Lewis, Adiyat, Amy, Maisie, Rachel, Goda, Chiara, Mayo, Liam, Laura, Abigail, Ellie and Sandra who helped out preparing for the event and on the day.

Mrs Quail  
Head of Social Studies  
Youth Mental Health First Aider

## LGBT+ History Month

February was LGBT+ History Month across the world. Here at Jo Richardson we marked the event with assemblies for Year 7, KS3, KS4 and KS5 as well as seeing Main Street and the entrance from Castle Green decorated with Rainbow Flags. Students spoke in assembly about why they felt LGBT+ History Month mattered and how treating people equally is really important.



Majid in Year 7 said: "A quote I like is 'Don't ever be afraid to show off your true colours'. The meaning is that you shouldn't be afraid of who you are."

Nifemi in Year 7 received spontaneous applause for her comments: "It doesn't matter what sexuality or age or skin colour we are. We are all humans. We all bleed red blood if we cut ourselves, therefore we are all considered as a person in this universe as well as us all being different on the inside as well as out – no two people are the same. I like to consider life as a book, our book of our life. You write the pages, you decide the plot, you're the main character. So fall in love with whomever you want because at the end of the day – no one can stop you. So write these pages because you can be whatever you want to be, and you can love who ever you want to love."

If anyone wants to support LGBT+ people at JRCS, or if they have questions or want to find help, come to JRCS Pride, Wednesdays 1:30pm in MS2 or find Ms Harland.

Ms Harland  
Head of Media Studies

## City Farm Visit

On Wednesday 4<sup>th</sup> March 7R4 took a trip to Hackney City Farm with Ms O'Neill and Ms Worlock. It took us about an hour to get to the farm using the District Line and London Overground. We were greeted by big, fat chickens who were running around and chasing each other in the courtyard. We saw pigs rolling in mud and lots of fluffy sheep. We saw a horse chasing a donkey. The horses were very friendly. We learned lots of fun facts about the animals. Our favourite was that Gary the donkey enjoyed flirting with Clover! Some of us enjoyed lunch with a squirrel.

Chloe rates the trip 8.5/10 losing a few marks for the smell! Even though the farm smelled bad, we had a great day learning about the animals and would highly recommend a visit.



## Jack Petchey Award Winner

Congratulations to John (Year 10) who has received the Jack Petchey Award for his hard work, determination and resilience.

Well done John!

Ms Salih                      Miss Draisey  
Assistant Headteacher      Head of Year 10



## World Book Day

What a brilliant day students had on Thursday 5<sup>th</sup> March, as the school celebrated World Book Day by holding an all-day reading marathon. Every 15 minutes throughout the day different students read to keep the marathon going. A stage was set up in Main Street with a tent, camping chairs, camp fire (mock of course) and other props.

This event is always very popular with students and encourages them to acknowledge 'reading can be fun'.

Each student who took part received a certificate, book mark and credits.



Every student in school received a £1 book token to get a WBD book for FREE or £1 OFF a book costing £2.99 or more from local booksellers.

World Book Day is celebrated all over the world and not just by schools. Checkout the website [www.worldbookday.com](http://www.worldbookday.com) for news and events, competitions, quizzes, blogs, author on Twitter, books and lots more.

Ms Osland  
School Librarian



## LIFE

Last week Princesa attended a LIFE Course at Barking and Dagenham Fire Station. She was there for four days where she learnt how to safely use the equipment of the fire services, put fires out, rescue people and perform the recovery position. Along with all these skills, Princesa also learnt many valuable life skills including leadership, communication and teamwork, which she displayed throughout the entire week. On Thursday all of the students involved had a passing out ceremony where they demonstrated to family members, teachers and friends what they had learnt. I had the privilege of going along to watch Princesa in her passing out ceremony.



Well done Princesa, keep up the good work!

Miss Jones  
PE Department

## A Wall of Unity



Approximately 100 students and staff have joined together in creating a digital mosaic to express their support against inequality as part of BLM. They submitted images of their fists and with each fist image unique and beautiful the images together grew into a bigger mosaic wall expressing how we stand together united. Huge thanks to everyone who participated. It has been a real privilege to facilitate this artwork in a time where we all appreciate that little interaction, kindness and support even more.

Ms Franz  
Art Department

## May Support School

As a Head of Year, I had the great opportunity to come in to school during May half term and work with a variety of students who I do not normally see. We ended the week on a huge high and so I thought I would share the photos with you all. Students made Guatemalan worry dolls, drew cartoons, baked cheesecakes, meditated in the Peace Garden and went wild with the chalk in the playground! It was quite a day, all students worked well and engaged in all of their learning opportunities.



Miss Draisey

## Year 10 & the Black Lives Matter

As the Head of Year 10 I was overwhelmed with the calls for action received from members of my year group in relation to the BLM protests. Consequently, I sent the following email:

*Good afternoon Year 10,*

*I wanted to email you to tell you how incredibly overwhelmed and proud I have been with your individual responses to the Black Lives Matter movement. I have received a number of emails urging me to ensure that JRCS does not remain silent. Our goal to 'Be Nice' has never been felt so strongly and it is a testament to you as a year group that you are striving to stand together on this issue.*

*For staff here at school we have all shown our support individually on #blackouttuesday by doing so on our social media, by sharing the reading we have completed or by taking time to share our developing understanding with those around us. Unfortunately, we are not at school together, instead, we are in our own homes facing this challenging time independently and this has made it difficult for us to unite a response as a whole school. What is important is that the response we choose is right for you, right for JRCS and right for our community, and developing that right response takes time and collaborative working.*

*There is a small working group set up with SLT to plan a way for JRCS to show its support. We know that in normal times we would show support in tutor time, in assemblies, in our word of the week and even in our school displays. As you know, this can't happen right now, but we want to plan for what we CAN do now and what we CAN do in the future to ensure that this issue is not forgotten.*

*As the mature Year 10s that you are, I know that you will be willing to support us with this, therefore, if you have any ideas on how we can do this (either right now or in the future planning of school life), please email me directly.*

*So, whilst this email is neither silence nor shouting, I just wanted to let you know that I hear you, I value your input and that together we will stand. I turn now to one of the most poignant remarks I have seen this week: "I understand that I will never understand, however I stand".*

Additionally, all year groups then took part in a competition with two categories to enter, visual and written creativity. See below all the entries together, you can see them all on the school website under SMSC and see the winning entries in our other article!



I am incredibly proud of the powerful response seen by Year 10 in relation to this movement and I look forward to working on it more with them in September.

Miss Draisey

### **Year 10 are grateful**

In the earlier weeks of lockdown it became very important to reflect on everything we had instead of considering what we had lost. Consequently, I asked Year 10 to send me some things that they were grateful for, below are some of my favourites that I think are worth sharing!

I wonder if they still feel the same way now?

*"I'm grateful for being able to wake up every morning and see my family, I'm grateful for having a roof on top of my head and food too, I'm also grateful for being able to contact my friends and knowing that they're doing well. (I really miss them)" – MB*

*"For me what I am grateful for is that I am able to spend all of my time with my family in the month of Ramadan. Also, because of the lockdown I am able to learn how to be more independent." – SC*

*"One thing I am grateful for is outlook as it provides me with a method of keeping in touch with all my teachers" – RO*

*"I would say that I am grateful for my friends always checking in to see if I'm okay. This helps me to remember that I should be grateful for the support I am being given whether it is through teachers or friends as some people do not have this simple blessing" – SA*

*"I am grateful for my family, pets and a nice planet to live on." – BS*

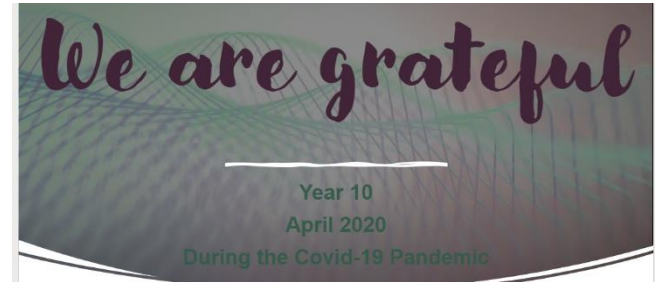
*"I am grateful for My dog, my dog keeps me company during this weird time meaning that I have a friend away from my friends at school who I am missing very much. He's also kept me busy and*

*gets me out of the house when taking him for walks, He's my excuse to actually get dressed and Get some air which I'm extremely grateful for."* – AS

*"I feel quite relaxed and it is good we have technology as we still get to keep in touch with everyone. I like spending quality time with my family, we have been setting each other PE and fitness challenges as well so it is quite funny."* – TS

*"I'm grateful for being able to get resources like food to keep me alive at this time. It makes me think of the poor people that are suffering at a time like this. I'm thankful for being able to have an education, a shelter and a family who supports me throughout every decision I make. I'm thankful for the teachers who've made me the person I am today and help me learn in a way at this unusual time."* – SM

*"I am grateful for FaceTime, my 80 year old nan has now got an iPad and the internet, it has been amazing to be able to FaceTime her and remind her that we still think about her - even if she does not quite get it and we only ever see the top half of her head"* – Miss Draisey



### **BLM 500 Word Competition**

Alone, I was sitting on the bench while children darted across the playground, with cheese-like smiles splattered upon their faces - something that I didn't have. Something that I will never get. As I stared down at my feet in excruciating pain, I focused on my feet dragging against the concrete. Why don't they like me? - well, I already knew the answer to that... my skin. My skin: the skin that doesn't define me yet- one look at it, and people would avoid me like I'm an infectious plague. If only everything were different...no if only society was. The hatred migrating the school building migrated the world.

'Rinnnnng!'

The school bell - my favourite sound. I picked myself up, and I ran, and ran until I could no longer carry myself. I don't know how long I had been running for, I needed to get away from school - I needed to get away from their perceptions.

My legs had a mind of their own. I swerved zigzagging in and out of the crowd their faces filled with disgust - I didn't care! Neither did I care where I was heading.

Finally, skidding to a halt, my breath caught up with me. Scanning my new - but unknown - location I read a sign: DEAD END! My mother always said if anyone is bullying you, ignore them, be the better person - but if their view of you stabs you in the chest, how are you supposed to ignore that? As I placed my head against the wall, my eyes were attracted to a lonely shard of glass. Staring down at the cracked glass I look at my inconsolable reflection. My shoulder-length afro textured hair was in a tangled pandemonium, stuck to my face with tears and snot. Beads of sweat raced back down making my camo-green jumper - now clinging to me - damp. I looked like a mess - a nightmare even! However, little did I know how much worse it could get...

Daydreaming into my reflection, I noticed something, an elderly woman about to cross the street. Subconsciously, I had the urge to assist her, the urge to give her a helping hand. Wiping the tears and snot from my face, I ran towards her "Madam, may I help you-" everything else happened in a blink of an eye. 'Don't Touch Me!' A shrill voice pierced my ears, the woman clutched her purse with her dear life. "I don't want your help, because you're black!"

Is this really a story? Or reality...? Many people are bullied or singled out because of their skin tone, we are vicious and deadly in society when really, we are not. And those last words have been used against me, those painful moments when society looks down at you just because of your appearance. You feel like a piece of useless plastic crunched under the perception of the world. Yet we all bleed blood? Now...Is this really a story?

Nifemi Year 7



# Lockdown Competition

Acts of Kindness - Winner: Joel 9A (photos of food creations made for family).

Runner-up: Mason 9I (Lockdown poem)



Stressful, obnoxious, we are going to get through this.  
This lockdown is like hell.  
Time consumes work... Anxiety.

Lockdown is a never ending pain.  
Lockdown is the smell of a hospital bed.  
Lockdown is the void of loss.  
Lockdown tastes salty.  
Lockdown feels like a pressure

Key workers of the UK, keeping the economy stable, every day, every night, every living moment... to give us hope.

My Father working at the train station, working every day to give my family a chance....

My New Normal - Winner: Elle 9G (Short Story). Runner-up: Lubna 9G (Video of a day in the life)

## My new normal

As I flicker down the lifeless streets of this ghost town I ache with paranoia. It's clenched, head up. Ready. I hear a creak and my body is paralysed for a split second - not good enough that soft sound to be the line between life and death. There is no action for second chances. I repeat the words 'life or death' until I'm sure I'm in a safe place. Who will be killing me when I'm safe. They are everywhere with their thin clothes, distorted legs and hollow-cheeked bodies. I turn to a quick glance of the blue-curtained monitor. It wasn't a monitor it was only my childhood friends. Sidley, Scott and Lydia. We have been a great crew we were young and we were a happy crew but then... didn't raise it. My friends and I work for an organisation to protect the remainder of people left on earth from the outbreak.

In this cursed world as we have groups to run things, we have the intelligence group who try and that way, sort of care to test the deceased people before they become members. We have the coffee ones who care for others who aren't doing great. They are like the therapists of this community. We have the kind ones who give and bring the community food, and finally we have the brave, my group and we protect our children with our lives we go out and patrol the area and if a monitor is seen we have a choice we either go we survive. This is our new normal.

As night falls, we breathlessly scurried across the same chilling terrain. Home. We approach a gargantuan wall that towers over our community (doing its best to keep out the people that haunts our world). I pray that one day someone will miraculously find a cure. Here I can have my family back. I look toward the security area at the large door as they expect us for any type of illness or someone like cause the virus to spread we put the all clear and get out here.

My mind flutters as I wash off the sweat and mud from my hair and body. As I squint I reflect on the water in my eyes. I see a crimson pool at the bottom of the shower. I immediately shut off the shower and dry off searching for a cure. After three washes, one. I creep out of the shower still on edge. It was so silent I could hear the pounding of my heart. It was bright that the monitors can smell fear. I need to be brave and mask it but it's very hard, it's as though I were in a film and there was suspenseful music.

After I slipped to my room. Fear. It's all I. People say listen to your gut, my gut is telling me to run. I sneak to my bag where I always keep spare clothes for an emergency. I change my clothes and get my hair done. I am not a runner. As I slowly reentered toward my room I hear faint cry. I don't know and there was a man. He didn't attack me, he stared intensely. I made my little smile. It was a cry, his little hand out and I walked him from a distance he looked up at me and I said his name. I know that name. The man was what I needed to make it easier to read but there's something about him that I could feel in the top of my tongue but I can't reach it. My position is slipping away and I feel like I'm falling out. Who are you? The man tilts his head and signs he whispers something. But I can't hear. As I ask again in a demanding tone. He was next to me and he whispers. Make, he heard I heard to jump in my hand. My name is Make but my family died they got infection. Oh no, the man is in the community. I stare like in the eyes and command him to follow me for the doors he will be killed.

We walked for several hours before we got to the analysis station for my new career. I show my colleague the strange man and hold their breaths and they look away and tell me they heard some time. I run over to Scott and Sidley and tell them everything. Then we go on the little tube and it's informed for. My gut says my friends, we are like a part of a whole in a way that together we had a way to the station and get there for what feels like an eternity and it takes time to my friends and me. "This is my brother" there was a creaky silence as all eyes were on me and I admitted that it sounded crazy and that it could mean the virus had entered the community but he is being chased and chased as we walked out there we left our heads up and the chances of that not close and escape the door swings open with noise that just a few people very loud drops as we get the way he has one hour before infection. He has several little marks on his body, there was a small black mark and it was as though as the man who made this community he had infected me. That's the one to infect him. See? That's how it happens to be in the water or friction. I am lost for words so I look he grants us an hour with the rear before execution that they lose.

The man, my brother immediately turned to Luke. He will tell me my address and he looks at me in the eyes but his times it's better. He says he's not a runner. He says for a while there says just as so I take a deep breath in and asked "what happens?" he said he had a and made me that when the "break" so he could but he said there's another two. He said he had and we ran but more and our ourselves themselves and Luke manages to make

us understand how he felt but leaving them so he had to run and he got attacked by the virus. But didn't turn into one and he wondered for months waiting whenever he could find and he found himself there and was in the gates but at night. He talks us a lot and we tell him everything eventually he thanks my friends for taking care of me. He sits and one year and my friends my friends come. Make it was great meeting you and thank you to everyone I got to see and I'd like to see you. I'm sorry then I looked at the clock and said we have the minute. I checked the clock and said "I'm sorry, you must still be here. He fell them. I read the clock or something. He looked at a few minutes. He looks confused then he turns to the group and says never leave a member behind. You have a plan? I come and run back to my house. I grab five backpacks in each is a change of clothes a lot of water and food and weapons. I look back as fast as I can to see them there still waiting. I run in the room and they look at me and whisper "I'm not like him see some of us have a question run to my house with an eye bag and me and Luke will meet you there. They nod and we wait for the man to come back and he says. Luke. What's Luke, you ready? I slightly nod and he looks me a eye and he says the eye is locked. You can't be where when I get here and I see they're not ready. I look at the clock and see we must be there to confirm you should like but see you can't have her yourself? I smile and we head off.

The man stands back and he tells me to aim. I look down the gun and aim right to Luke's head. The man shouts "you're the only one who can see us now. Wait a short night." I just look. Yes. It's the end and I aim. I never miss. I hit and shouted "no" and Luke was straight to my eye and my eye was weak. I was weak. I was weak. They were all in a shock. I can have an. I turned and walked out asking them to open the door. They look me in my eyes. I take control and I search the gun to head and I heard it hit the wall. I temporarily knock him out and run out the gate and find somewhere safe. We see the monitors everywhere and we just run to an abandoned building where everything stops.

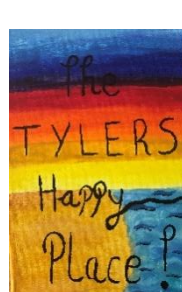
Lights go out and we hear laughter. It's the man again. He says "I've been laughing. Congratulations, you made it. We are all so confused that Luke is all you should do to the front. Man!" The man and we never see him but we see all that what's going on and we were a part of an experiment to see the humans. It takes of a few people to save the small world they have left. We passed. We are taken to a huge with lots of people and we have a shower get changed and we had to sleep. We were on our way towards a futuristic building and he lives here now. It's so pretty. This is our new normal. By Elle Sanber 9G

Home School - Winner: Tumi 9E (medley of songs on piano). Runner-up: Alice-Mae 9G (art work on canvas)

## Helpers and Heroes

Winner: Lucy 9F (House decorations)

Runner-up: Christina 9C (Poster)



## Black Lives Matter Competition

Winner: Joyce 9D (poem)

Runner-up: Eva 9I (poster)

Well done to you all Mrs Rowland





## World Changers



Rosa Parks

Rosa Louise McCauley Parks was an American activist in the civil rights movement best known for her pivotal role in the Montgomery Bus boycott. The United States Congress called her "the first lady of civil rights" and "the mother of the freedom movement."



Martin Luther King Jr

Martin Luther King Jr was an American Christian minister and activist who became the most visible spokesperson and leader in the civil rights movement from 1955 until his assassination in 1968. King is best known for advancing civil rights through non-violence and civil disobedience inspired by his Christian beliefs and the nonviolent activism of Mahatma Gandhi



Malcom X

Malcom X was an American Muslim minister and human rights activist who was a popular figure during the civil rights movement. He is best known for his staunch and controversial black racial advocacy, and for his time spent as a vocal spokesman for the Nation of Islam. Unlike Martin Luther King Jr Malcom believed in the using violence as a voice to develop equal. rights

## Finally



George Floyd

George Floyd was an American citizen brutally murdered for a crime he did not commit. George was pinned down by racist corrupted police officers due to racial profiling. He was held for nine minutes before he had passed. George was only 46 when his life was cruelly taken. His death was not ignored as thousands of people white and black protested as this was not a sign of equality but hatred towards a race which is claimed to have equal rights. His death was not in vain and he will always be remembered as a man who allowed us to take another step towards equality

## Miss Simpson

### BLM

Below is a poster students from 8B have produced on BLM, with the primary focus on Sport. They've been emailing fantastic pieces of work over the last few weeks on BLM, so we decided to put it all together as a poster.

Tyler, Tommy, Jackl and Lily-May worked on the poster.

Mr Bashir  
SDD Department



### PDE/Citizenship

As a Department we have been so proud of so many of you. Through self-motivation and hard work you have produced some excellent pieces of work. We can't mention everyone but those who have really stood out for us have been:

#### The PDE unsung heroes:

Year 8: Zubin, Saule & Greta  
Year 9: Alyssa, Trisha, Shae, Mollie & Aleina

#### GCSE Citizenship unsung heroes:

Hope, Doris, Zainab & Gloriane

Miss Hector  
Head of Citizenship / PDE

### Peer Mentors

Congratulations to our new Peer Mentors (listed below). These students went through a rigorous interview process and were exceptional. They will be supporting the new Year 7s on their transition into secondary school. I am so proud of them.

### Stepping Stones Mentors

Congratulations to our new Stepping Stones Mentors (also listed below). These students will be working with the new Year 7s and mentoring them through their first year at secondary school. I know they will do a fantastic job.

Mrs Rowland

Peer Mentors Name	Form	Stepping Stones Mentors Name	Form
Aleina	9H	Aisha	9F
Almas	9F	Anastasia	9D
Amidat	9E	Aqsa	9J
Christina	9C	Hayley	9G
Destiny	9H	Jorthy	9J
Ella	9D	Joyce	9D
Ella	9C	Kazi Rahmah	9J
Elvinas	9H	Lubna	9G
Jessen	9C	Radina	9G
Jessica	9E	Reegan	9J
Joseph	9A	Safa	9C
Julia	9I	Tiarna	9D
Koryn	9A	Tara	9G
Margaret	9H		
Maryam	9I		
Shae	9D		
Sidnie	9J		
Tayte	9H		
Trisha	9H		
Tyara-Kim	9B		

## ITV Documentary filmed at JRCS



On Friday 18<sup>th</sup> September ITV came to JRCS to film a new documentary with Alison Hammond.

The inquisitive and excited Media Students of Year 12 and 13 had an opportunity to watch the crew in action and to ask questions. The questions ranged from "What is your work/life balance like?" to "How did you get into the industry?" The ITV crew were very accommodating and showed the classes how they film and edit, sending all the footage to editors back at the studio who were feeding back live. They discussed university choices and what it is like being a freelancer.

Ms Harland, Head of Media, said "I am so very proud of the Sixth Form students. They showed such maturity and intelligence, asking relevant and insightful questions. The ITV crew enjoyed speaking with them and offered advice on work experience. The crew coming to JRCS has changed some of our students' lives." Ellie in Year 13 said: "This has been such an important day for me. I now know what I want to do with my life. I feel so overwhelmed with how welcoming and kind the crew were. Thank you so much to ITV and Jo Richardson for giving me this opportunity".

Some of the advice given to Ashley, Jack and Ellie was:

- Have a passion and follow that passion. Live your passion.
- Be nice to people on the way up because you never know when you will see them again.
- Don't give up. You will get knocked back but don't let that hold you back.
- Get experience in whatever way you can, whenever you can.



Ms Harland  
Head of Media



## Head Boy and Head Girl

Amongst all the challenges that we are currently facing, I am delighted this week to be able to share with you some really positive news. Over the past week Miss Draisey and I interviewed 44 fantastic Year 11 students who had applied to be Head Boy or Head Girl at JRCS for 2020/2021. This is by far the highest number of applicants we have ever interviewed since the school was established in 2002. Both Miss Draisey and I were quite overwhelmed by the qualities and commitment all the students brought to the interview. It was a very difficult decision to make but I am pleased to announce that our new Head Girl is Rachel and the Head Boy is John.

They will be ably supported by Deputy Head Girl Maisie and Deputy Head Boy Muhammed.

Mr Smith  
Headteacher



## Jack Petchey Award Winners

An enormous congratulations to the following students on their achievement in winning The Jack Petchey Award. The students should be very proud of their success as it is a prestigious accomplishment. The students have all chosen where they would like their £250 to be donated to.

If you can think of any deserving students of this award please email any nominations to [NDeboo@jorichardson.org.uk](mailto:NDeboo@jorichardson.org.uk) for a chance to win and £250 to spend within school.



John – Year 11 (January Winner) Donating his winnings to: Drama, History, PE, English and Science.

Jessica – ex Year 11 (February Winner) - Donating her winnings to: French, Geography, PE Clubs and MFL.

Courtney – Year 11 (March Winner) Donating her winnings to: Media and English.

Euan – Year 11 (April Winner) Donating his winnings to: Citizenship, Geography and PE.

Jack – Year 9 (May Winner) Donating his winnings to: PE.

Eniola – Year 11 (June Winner) Donating his winnings to: Drama and PE Clubs.

Bridget – Year 12 (Sixth Form Spring Winner) Donating her winnings to: French and Psychology.

Afshan – Year 13 (Sixth Summer Winner) Donating her winnings to: Social Studies.

Thank you to everyone who has nominated!

Miss Deboo  
Student Aspiration Co-ordinator

## World Mental Health Day

On Friday 9<sup>th</sup> October, we supported the Young Minds **#HelloYellow** campaign to mark World Mental Health Day. Young Minds' mission statement is to "make sure all young people get the best possible mental health support and have the resilience to overcome life's challenges."

On Friday 9<sup>th</sup> October, staff and Sixth Formers supported the campaign by wearing yellow – it was a bright and happy day in school! As well as wearing yellow on Friday, students from all year groups had discussions and taught input about mental health through their tutor sessions, assemblies and in some lessons.

As a school, we are committed to keeping the conversations about mental health open to help bring about a change where stigma surrounding mental ill health is reduced and no young person is in a position where they feel alone with mental health struggles. We have invested in training a number of Youth Mental Health First Aiders who can support students in times of crisis. We also continually remind students of the fact that everyone has mental health, and we can all do things to protect and improve it.

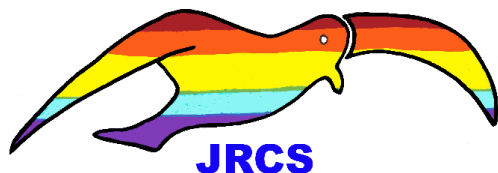
Mrs Quail and the Wellbeing Team



## Well done Zack!

Congratulations to Zack Year 10 who completed his Bronze Duke of Edinburgh Award with the Police Cadets in October.

Mrs Rowland  
Head of Year 10



## Pride and Allies

Though JRCS Pride cannot meet in physical form because of lockdown restrictions, it still goes strong! We have been very busy working with the charity Educate and Celebrate, who run the national Pride Youth Network. Charlie in Year 11 recently filmed a video discussing their views on identity, which will be broadcast as an Instagram Live webinar soon. Make sure you follow Pride Youth Network on Insta to find out more. Miss Imperfect, a JRCS Pride member who is using a pseudonym, wrote a brilliant poem during lock-down and Educate and Celebrate loved it so much, they have it on their Testimonials page of their website:

<https://www.educateandcelebrate.org/testimonials/>

We are currently finding ways for JRCS LGBT+ students and allies to stay connected as this can be a particularly hard time for students who are struggling with their identity. If you have any questions or suggestions or would like to help or join JRCS Pride, email Ms Harland.

Ms Harland  
Head of Media Studies

## Textiles Club

Back to stitching after lock down, Textiles Club finally re-opened three weeks ago for Year 8 students.

The girls have been working on different techniques, some are practicing their cross stitching and embroidery, while others are making felt cushions and pouches.

I really like that the girls get along well and are enjoying their time in club while improving their skills.

Well done girls!

Mrs Mir  
DT Department

### Opinionated - by Miss Imperfect

Bisexuality  
is romantic attraction, toward both males and females

A few months ago,  
I thought I was gay  
My attraction to boys and girls  
That pain wouldn't go away

Being locked in a closet  
I couldn't be free  
I distressed that my parents  
Wouldn't trust me.  
Disown me.  
Loathe instead of love.  
That my parents would put fear against the above.

Crushing on my friends  
To be told "I'm straight",  
"I don't like you that way",  
If you don't like me  
I'll face the pain and accept this unrequited feeling.

We don't have to be in a state of redamancy  
Just trust me  
Accept me  
Don't hate me because of my sexuality

Getting told  
"you're going to hell",  
"you're such a sinner"  
That brings me tears.  
Being hated by my peers.  
But they don't know, what I know  
Now I'm still in that closet, locked away without a key  
I need to be free  
Someone unlock me

I should be straight  
I must be straight  
Now I can't think straight  
Because I'm not straight.  
My sexuality doesn't affect my personality.  
I'm still me.  
So at least  
From the bottom of my heart,  
accept me.

Because I can't change  
Even if I try  
I have to  
Remember, to be happy. Whatever I feel, whoever I love  
I should be happy"  
That's what I said in 2019

And in that quote, I am still keen  
Keen to change the world starting I  
As those negative thoughts, I hope will soon die.  
Because I don't want to change  
I want to be me  
To love who I want  
In the future kiss who I want  
To find the key

I just want to me  
I just want to be free  
To come out of this closet and to be free  
But all stories can't have a happy ending  
So in this closet, I remain  
Sitting there for the rest of my days  
As I pluck up the courage for me to finally say  
Those three words  
Those three syllables  
Those six letters that define me  
That find me  
To tell the world I am gay...  
I wouldn't want my life any other way



# SMSC SDD

## ARP Christmas Trips

Year 7 ARP students enjoyed a day bowling at Hollywood Bowl, Dagenham. They showed the JRCS value of respect as they were fantastic at cheering each other on and helping each other bowl their best.

The Year 8 students showed great responsibility in taking the journey to the London Transport Museum and finding their way around the three stories of the old Grade II-listed Covent Garden Flower Market building and completing the challenges they were set.



The students can be very proud of themselves, and excellent days were had by all!

Ms Lynch  
ARP Teacher

## Year 9 Visit to the Imperial War Museum

On Tuesday 7<sup>th</sup> January seven students in Year 9 visited the Imperial War Museum to conclude the skill section of their Bronze Duke of Edinburgh Award in which they learned about life on the Western Front during World War 1. They visited the World War 1 gallery at the museum and were fascinated by objects such as a sniper's uniform, homemade weapons, a leather glove shrunk by mustard gas and a reconstruction of a trench. After lunch they chose to visit the World War 2 gallery. A great day was had by all and the group are to be congratulated on their excellent behaviour.



Congratulations to Alessia, Porscha, Enis, Rahim, Justin, Leon and Mason, and many thanks to Mr Bashir who accompanied the trip.

Ms Montague  
Teacher in SDD

## Panathlon Success for JRCS Students

On Wednesday 15<sup>th</sup> January five JRCS students took part in the first round of the 2020 London Panathlon Competition at the Frenford Club in Ilford. The JRCS students competed as part of the Barking and Dagenham Borough team against three other London Boroughs, Havering, Waltham Forest and Redbridge. The JRCS students performed brilliantly and helped Barking and Dagenham to win overall and qualify for the next round of the competition in March.

Students involved were Matt in Year 8 who won Gold in the Polybat, Sophie in Year 10 who won Gold in table cricket, Porscha in Year 9 who won Gold in the bean bag throwing, Lewis in Year 10 who won Gold in the running relay races, and Reece in Year 11 who won Silver in the power wheelchair slalom and wheelchair races.

Well done to all of them on their success and also for their excellent behaviour on the day.

Mr Kilminster  
SDD

## East London Panathlon Finals



On Tuesday 10<sup>th</sup> March 2020, five students from Jo Richardson Community School took part in the East London Panathlon Finals at UEL Sports Dock. They all had a fantastic time and their performances were excellent ensuring that the Barking and Dagenham team got through to the London Champions Final at the Copper Box in June.

Reece, a veteran of many Panathlon competitions won a Gold medal in the power wheelchair slalom event he said: 'It was the toughest competition yet'. A further Gold medal was achieved by another of our Panathlon veterans Sophie who was on the winning team in the table cricket. Matt who is enjoying his first year of competition this year won a Bronze medal in the poly-bat event. He said: 'it was really fun and I really enjoyed it'.

Porscha, also in her first year of competition won a Bronze medal after a tough tie break for 2<sup>nd</sup> and 3<sup>rd</sup> place with the Hackney team in the precision bean bag event, she said: 'It was nice to meet Georgina who used to come to this school, she did the same event as me'.

The competition was really close leading up to the final event, the running races. This is where Reece, Porscha and especially Lewis worked really hard in the event that made all the difference as we won the competition!

Thanks to all the competition organisers especially our own Georgina (now 20) who was working at the competition as a Leader. Also a huge thank you to Mr Kilminster who drove the bus and supported the team throughout the whole day. Watch this space for more news about how the team get on at the Copper Box!

Ms Montague  
Teacher in SDD



## Therapy Dog – ARP

Scooter has become a weekly visitor to the ARP and is very popular with students and staff. Scooter is a great resource for the ARP and is helpful in calming upset students and encouraging them to communicate their emotions.

The ARP would like to thank Ms Moody for letting him come and visit us.

Ms Lynch  
ARP Lead Teacher





# JRCS Dance

## JRCS Dance

### Christmas Dance Show

Huge congratulations to all the performers in the Christmas dance show and thank you to all who came to support. The show was able to raise £60.00 for the Macmillan Cancer Charity, a cause close to the dancer's hearts so thank you again for your support.

### Wings Dance Academy Auditions

The next set of auditions for Wings Dance Academy will be on Tuesday 21<sup>st</sup> January 2020, 3:15pm – 4:15pm in DA1. Students will need to complete a 30 second solo or duet for the audition. They can use any style of dance they wish; this is open to all students from Year 7-9.

### Hip Hop Dance Classes

A reminder that Hip Hop Dance Classes held by Nathan, an experienced professional Hip Hop teacher and performer, will start again every Thursday in DA1 from 3:15pm – 4:15pm.



### Performing Arts Career Fair: Thursday 16<sup>th</sup> January 3:30pm – 6:00pm

We have a very exciting opportunity open to Year 9 – 13 students interested in further study or a career in the performing arts industry. JRCS will be hosting a Borough Performing Arts Career Fair in Boothroyd Hall. On Thursday 16<sup>th</sup> January 3:30pm – 6:00pm. The evening consists of a range of dance, drama and music talks, workshops and information stands from universities, professional artists and vocational routes within the industry. Parents/carers are also welcome to attend.

We look forward to seeing you there.

To keep up to date with JRCS Dance



news follow: [https://twitter.com/jrcs\\_dance](https://twitter.com/jrcs_dance)

Miss England

Head of Dance

### Performing Arts Careers Fair

The first JRCS Performing Arts Careers Fair took place last week and was a huge success. Students attended from schools across the borough taking part in a range of dance, drama and music workshops. Thank you to all students and parents who attended the event; we hope it inspired and motivated you on the variety of vocational and educational routes within performing arts. Look out for the next year's event.



### Wings Brighton Dance Performance



Wings Dance Academy travelled to Brighton University last week to take part in a dance showcase organised by the dance university students at Brighton. The students performed excellently and were able to watch and learn from other students as well as experience life within a university setting. Well done Wings!

To keep up to date with JRCS Dance news follow: [https://twitter.com/jrcs\\_dance](https://twitter.com/jrcs_dance)

Miss England

Head of Dance



# SMSC Food & Catering

## Cake Club 2019 - Happy New Year



This was the last session of Cake Club 2019 and the students' finished results were excellent. The students put a great deal of effort and skill into the preparation and decoration of the cakes and were very pleased with what they produced and could not wait to take them home. Well done to all the Cake Club members, you will all receive an LOC. I would like to thank Ms Deboo and Mrs Moffatt for their support with the club.

Mr Hargreaves  
Food and Catering

## Cooking Club 2020

We have had a great start to 2020 with a good number of students starting to learn new skills and develop their understanding of new skills in food. I am pleased with the level of experience some of the older students bring to the field. The students are so excited to get involved in this club and I am getting more and more students each term. Thank you for your ongoing commitment, and welcome to our newcomers.



I would like to thank Ms Deboo and Mrs Moffatt for their continuous support in this club. I couldn't do it without you both!

Well done to the students and remain committed!

Mr Hargreaves  
Food and Catering

## Cooking Club 28<sup>th</sup> January 2020

Students had a great cooking club night, when they made a vegetarian dish to promote vegetarian food in the school, which was a puff pastry and baked bean slice. It's really important not to have too much red meat and processed food in your diet each week. Well done on last week's pastry work, where the students learnt how to plait pastry to produce some excellent results under the guidance of Ms Deboo and Mrs Moffatt.



Great evening!

### **Cooking Club 4<sup>th</sup> February 2020**

Great cooking session, students learnt how to cook a Bakewell Tart better than Mr Kipling!

It was a process where the students had to make the mixture and the pastry for this cake. The results were amazing and all the students turned out some excellent Bakewell Tarts. I hope your families enjoyed the fruits of your hard work. The students learnt some great new skills.



I would like to thank Ms Deboo and Mrs Moffatt for their support.

### **Sri Lankan Cooking night fund raiser for Vietnam trip 2020**

We had a great cooking night on Friday where staff from all parts of the school supported the food department in a cooking lesson on Sri Lankan food.

I would like to thank everyone who got involved, it was greatly appreciated. The event was in support of the JRCS trip to Vietnam later this year. Some of the dishes the staff cooked are below. Some staff were vegetarian, so recipes were adapted and had prawns or tofu.

- George's dal
- Chicken and coconut curry
- Devilled prawn as opposed to chicken curry
- Gotu Kola sambol
- Coconut Rotti

It was a great evening. I enjoyed teaching such a diverse group of people. I would like to thank Mrs Moffatt and Ms Deboo for their support.



Mr Hargreaves  
Food and Catering

### **Cooking Club**

In March the students made Thai green curry with rice. The students were amazed at all the different components that went into the curry such as coconut milk and Thai fish sauce, kaffir lime leaves, basil, and green curry paste. They really enjoyed the session on this Asian dish.

Also, in March the students cooked the Italian dish carbonara. A little history of the dish: The whole story of the origin of this dish and its place in cucina romana is vague. The origin of carbonara is much discussed, yet no one really knows. There are several competing theories, but all are anecdotal. First, although thought of as a typical Roman dish, the name is said to come from a dish made in the Apennine Mountains of the Abruzzo by woodcutters who made charcoal for fuel. They would cook the dish over a hardwood charcoal fire and use penne rather than spaghetti because it is easier to toss with the eggs and cheese.



The students really enjoyed this dish and there was a great deal of positive feedback from the parents. Thanks again to Ms Deboo and Mrs Moffatt for their support and well done to the students for doing so well.

Mr Hargreaves  
Food and Catering

## Year 7 Cooking Club



We had a second successful Cooking Club on Monday 23<sup>rd</sup> November, with the lovely Year 7. They made home made sausage rolls and cheese and onion rolls. They really did well, with both the shaping and combining onion to give them added taste. Well done on both your dedication and commitment to the club. There was an amazing 20 students committed to this club.

## Year 7 Cooking Club 2020

Year 7 had a great evening cooking in the Food Department learning new skills in preparing an Italian speciality pizza. They really enjoyed creating their very own style pizzas and learning about new ingredients and watching the process of bread making.

Well done Year 7. 20 students attended - wow! Many thanks to Mrs Moffatt for her support.



## Year 7 Christmas Dish

Year 7 made a chocolate log in Cake Club on Monday 7<sup>th</sup> December with a swiss role and chocolate butter cream along with some excellent decorations. They really put a great deal of effort into this final cooking evening before we break up for Christmas. A big thank you to Mrs Moffatt for all your support this term.

Well done.

Mr Hargreaves  
Food & Catering



# SMSC PDE/Citizenship

## GCSE Citizenship

In February, Elizabeth, Samuela, Trey, Madison and Tate had the pleasure of meeting Councillor Margaret Mullane (Cabinet Member for Community Safety and Enforcement for the London Borough of Barking and Dagenham Council). The purpose was to discuss some of the concerns young people have about Post code gangs within the area. As part of their GCSE Citizenship action, the students independently contacted Ms Mullane and arranged an interview which took place on Friday 31<sup>st</sup> January.



Ms Mullane was very impressed with the students' knowledge on the topic, professionalism and the range of opinions on such an important issue. As a result of this, Ms Mullane has asked the group to attend Parliament to share their opinions and raise these concerns to a Government level.

Well done! You should be very proud of yourselves!

Miss McMillan  
PDE/Citizenship Department

# SMSC Drama

## Well done girls!

The Drama Department would like to congratulate the Year 7 girls who auditioned to be a part of a new Netflix series. We are so proud of your professionalism and commitment throughout this process and we wish you luck! It takes courage to put yourself forward for anything like this so we commend you for this.

Well done!

Ms Willis, Ms Hallas and Ms Branch  
Drama Department



## Well done!



Congratulations to all the girls involved in the auditions for the Netflix production. You were all amazing and we are proud of you! Well done!

Miss Branch, Miss Willis & Miss Hallas  
Drama Department

# SMSC Art

## Trip to the William Morris Gallery

The Art Department invited 25 Year 9 students to take part in a printing workshop held by a professional artist at the William Morris Gallery in Walthamstow.

On Wednesday 11<sup>th</sup> December we made our way over to Walthamstow, had some time to look around the fantastic, interactive gallery, which sits in the beautiful Lloyds Park in Walthamstow. We then enjoyed a two hour led session, in which we took inspiration from the work around the gallery and found out more about the social activist Morris, before being able to create our own prints guided by a professional printmaker. A very enjoyable day!

Huge thanks to everybody involved!

Ms Franz  
Art Department



# SMSC PE

## Year 8 Emerging Schools Rugby Festival

Just before the Christmas break our Year 8 Rugby Squad took part in the Emerging Schools Rugby Festival at Barking RFC. The boys' commitment to training and then competing on the day was outstanding and they were a credit to the school in the way they played and represented JRCS.

Miss Robinson and myself would like to give a massive 'well done' to Teddy, Taylor, Thomas, Frankie, Reece, Charlie, Jack, Lamin, Hamid, Mark, Riley, Daeshon, Christian, Alfie and Lewis. Plus a big thank you from the boys to Mr Smith, Ms Keane and Miss Simpson who all came across to support the squad.

The boys played 5 and won 5 - results:-

Sydney Russell	30 - 5
Riverside	15 - 0
Goresbrook	35 - 0
Dagenham Park	20 - 15
Kingsford	15 - 0



We look forward to our fixtures that begin w/c 20/1/2020 and hope to enjoy a successful season. Anyone wishing to join the squad, look out for training info in PE or the Year 8 Office.

Mr Kersey  
Pastoral Support Assistant

## Netball News

On Friday 17<sup>th</sup> January the Year 9 and Year 7 girls travelled to Eastbrook School to take on their netball teams.

The Year 7 team got off to a flying start by scoring five goals in the first quarter and some fantastic team play by Ashley, Adriana and Deborah. The girls played with great confidence and worked really well as a team. They managed to double their score by the 3<sup>rd</sup> quarter and the game finished 13-0. Player of the match goes to Shalewa for her fantastic link up play with Grace.

As for the Year 9 netball team, they got off to a tough start and managed to get through the first quarter 2-2. However, the girls began to step it up in the second quarter which meant Lola and Soraya were able to put four goals past the Eastbrook defence.

The final score was 13-3 to JRCS. Player of the match goes to Koryn for her fantastic role in the centre position.



On Tuesday 21<sup>st</sup> January the Year 7 team were back in action as they took on a very talented Barking Abbey team. This saw debut performances from Blessing and Olamedi. The girls played extremely well and the shooters played with confidence. The girls managed to get 16 goals past Barking Abbey and won 16-3. Player of the match goes to Adriana for her nonstop running and commitment for the team.

Well done!

Miss Pridie  
Head of Year 7



## **Year 7 Football**

On Tuesday 21<sup>st</sup> January the Year 7 football team played against Greatfield School in the Borough League. Thanks to a fantastic performance from the whole team, the Year 7s ran out victorious 7-0, with goals scored by Frankie, Kenzie, Daone, Eidanas and Harry. Congratulations to everyone who took part; the next fixture is on 28<sup>th</sup> January against Riverside School.

## **Year 9 Football**

Congratulations to the Year 9 football team who last week beat Greatfields School 8-3 in their borough league fixture. Despite going down a goal early in the first half, the boys stayed positive and focused to put in a very good performance to win the game. Goals from Martins (5), Luke, Atif and a long range effort from Lewis means the Year 9 team have had an unbeaten start to their league campaign and hopefully the good form continues in their next match.

## **Year 7 Football**

The Year 7 boys football team continued their great start to the season with a 2-1 victory against Riverside School. After conceding an early penalty to go 1-0 behind, the boys played some excellent football in the first half and goals from Daone and Eidanas ensured the boys were leading 2-1 at half time. A solid defensive display in the second half means that the team have now won their first two league games.

Mr Howard  
Head of PE

## **Netball News**

### **Year 7 vs Eastbury (Wednesday 22<sup>nd</sup> January)**

On Wednesday the Year 7 girls took on a very talented Eastbury side. Going into this match the girls knew it was going to be tough competition. We had outstanding performances from Deborah, Precious and Grace. Final score was 8-8 which is a brilliant result and also means the girls stay undefeated in 2020. However, player of the match goes to Adriana for her fantastic hard work and resilience throughout the game.

### **Year 7 vs Sydney Russell (Thursday 23<sup>rd</sup> January)**

This was the girls' third fixture this week and this time they faced Sydney Russell. The first two quarters we saw fantastic shooting and game play from Tiah and Grace to put us into a 6-2 lead. In the final two quarters we had great team work within the defence (Fisayomi, Blessing and Olamide) to keep Barking Abbey's shooters from scoring only two goals. The final score was 8-2. Woman of the match goes to Tiah. Well done girls.

### **Year 9 Vs Sydney Russell (Thursday 23<sup>rd</sup> January)**

On Thursday the Year 9 netball squad also took on Sydney Russell. With some late changes to the team, Koryn and Victory had to step into some new positions. The girls played extremely well however, unfortunately they lost 14-7. Player of the match goes to Soraya for her fantastic shooting and overall performance.

## **Year 9 - Netball Rally**

Well done to the Year 9 girls netball squad for coming 5<sup>th</sup> in the borough at this year's Borough Rally. In the group stages the girls took on Riverside, Eastbrook, Sydney Russell and Robert Clack. Due to two losses in the group stages, the girls were unable to continue into the semi-final stages.

All girls have worked tremendously hard since September and have battled through lots of injuries this year. However, the Year 9 girls have two games left in this year's league and could still win.

Well done and good luck to all of the girls!

Miss Pridie  
Head of Year 7

## Year 7 and 8 Borough Indoor Athletics Championships

On Thursday 30<sup>th</sup> and Friday 31<sup>st</sup> January a group of Year 7 and 8 students represented the school at the Barking and Dagenham Indoor Athletics Competition at Eastbrook school. All students trained extremely hard at lunchtimes and after school and went into the competition with lots of confidence. A special mention to the Year 7 squad as this was their first time competing in a big event. The JRCS students should be very proud of their achievements on the day. There will be further athletics competitions this term so please keep training hard.



Year 7 Indoor Athletics Team



Year 8 Indoor Athletics Team

### Results:

Year 7 Boys - 6<sup>th</sup> Place, Year 7 Girls - 4<sup>th</sup> Place, Year 8 Boys - 6<sup>th</sup> Place, Year 8 Girls - 6<sup>th</sup> Place.

Well done to all squads!

Miss Pridie & Mr Howard  
PE Department

## Year 11 Borough Netball Rally

The Year 11 netball team achieved Bronze medals at the Borough Netball Rally held at Robert Clack on Wednesday 29<sup>th</sup> January. JRCS competed against Robert Clack and All Saints in our pool and both games provided some entertaining and competitive netball. This team have played together since Year 7 and it has been a pleasure to coach them over the last five years. We have one remaining league game against All Saints to play and we are hoping to play a fundraiser event to raise money for the Year 11 prom.

Well done to the following:

Jayzy, Abibat, Ella, Adunola, Maya, Kanya, Annabelle and Temi.

Miss Boulton  
Assistant Headteacher



## Under 14s Girls Football Vs Sydney Russell- Thursday 6<sup>th</sup> Feb

On Thursday 6<sup>th</sup> February the girls took to their first game of 2020. The girls have been putting in all the hard work on and off of the pitch at the moment.

The girls got off to a flying start by Tekirah in Year 9 breaking through her own defence and hitting the crossbar from just past the halfway line.



The girls continued to create chances from Ella in Year 8 and Lola in Year 9 but none of them testing the goalkeeper. Unfortunately, Sydney Russell managed to take their only three chances and get them on target. The final result 3-0 to Sydney Russell. Player of the Match goes to Tekirah.

The girls' next game will be against Barking Abbey after February half term.

### **Year 7 Netball vs Robert Clack A & B Team – Tuesday 11<sup>th</sup> February**

On Tuesday 11<sup>th</sup> February the girls played their last competitive league game of Year 7 versus Robert Clack. The girls played back to back games and all girls played fantastically well. Results Jo Richardson 13 - Robert Clack - 3 and Jo Richardson 1 – Robert Clack 2.

Player of the match goes to Ashley.

### **Year 7 Netball Rally -Wednesday 12<sup>th</sup> February at Robert Clack**

On Wednesday 12<sup>th</sup> February the Year 7 netball squad took part in their first borough netball tournament.

The girls got off to a flying start by winning 4 out of the 5 games. Therefore, they came top of their pool making it through to the semi-finals. In the semi-final the girls were very unlucky and lost to an extremely talented Riverside team 3-1. This meant the girls played Greatfields in the 3<sup>rd</sup>/4<sup>th</sup> play off final. The girls managed to pull off a 2-1 win which means overall they came 3<sup>rd</sup> out of 12 teams. This is a fantastic achievement and fully deserved.

Player of the tournament goes to Fisayomi.

This is the Year 7s' last competitive match of this season. All girls have trained and played tremendously hard and have showed tremendous character through every game.

Well done girls!

Miss Pridie  
Head of Year 7



### **Year 7 Football**

Congratulations to the Year 7 boys' football team who beat Goresbrook School 6-0 on Tuesday. Goals from Kenzie (2), Eidanas (2), Frankie and Melchi lead the boys to a comfortable win and that is now the team's 5<sup>th</sup> win of the season. On 10<sup>th</sup> March the Year 7 team will be playing Barking Abbey School and the winner of that game will win the borough league. Good luck to the team in that game.

Mr Howard  
Head of PE

### **Cross Country**

Year 7-10 took part in Borough Cross Country last week. Year 10 Girls achieved 3<sup>rd</sup> overall, while the Year 7s performed excellently on their first time at the event.

Mr Coupland  
PE Department



# SMSC Year 10

## UCL Science Lectures - FREE

Every Friday I go to the science-based lectures at University College London (UCL). UCL is remarkable and is one of the top universities in the UK and the rest of the world. The lectures are free and anyone can attend. The lectures are held in the Chemistry Auditorium, Christopher Ingold Building, which is in Central London. All lectures start on Fridays at 6:30pm and last for approximately 1 hour, followed by a maximum of 30 minutes for discussion.

The lecturers there are professionals in their field and have done extensive work, such as a Physicist who went to Antarctica to do his research on neutrinos which are subatomic particles that baffle Physicists. The lecturers talk about different topics which you don't touch upon in school and are usually taught in University or A-levels and are very interesting and informative. The topics cover all Sciences from Quantum Physics to Microbiology; the topics even change every week so you won't learn the same thing twice.

The reason I go there is because I am very interested in and would like to pursue a career in Physics. Universities, particularly Oxbridge, like to choose students who enjoy the subject and show an interest in it by doing the extra things that others don't.

The next lecture is on 31<sup>st</sup> January and will be about 'How the Large Hadron Collider Cures Cancer: Proton Therapy at UCLH.' I hope to see you there. If you would like more information here is a link to their website:

<https://www.ucl.ac.uk/physics-astronomy/outreach/science-centre-lectures>

Thank you for reading.

By Waleed (Year 10)

## Jack Petchey 'Speak Out' Challenge at JRCS



On Monday 16th November, 24 Year 10 students took part in the Jack Petchey 'Speak Out' Challenge which is the biggest public speaking event for young people in the world. In this challenge, each participant attended a series of workshops about public speaking and then performed a 2-minute speech on something they felt passionate about, such as the negative effects of social media. At the end of the event, all of the students who took part received a Level 1 certificate in communication.

When asked, the students said they found the event extremely helpful in preparing them for their future as it gave them experience in public speaking. Moreover, they felt it enabled them to learn how to articulate and express themselves in a professional manner; therefore, the students highly valued this opportunity they were offered. The facilitator who came from Jack Petchey, Carl, stated that the students were highly engaged and responsive from the beginning and that he wouldn't hesitate to come back to the school if given the opportunity to in the future.

Miss Ryzak, the organiser of the event, found it was a great challenge to organise a face to face event in view of the pandemic but believes that the best way to practise public speaking is to be able to present in front of people in real life. She expressed that the students were absolutely amazing and displayed commitment and resilience which every student should aspire to show. Miss Ryzak said she felt proud to lead an event for such amazing young people our students have proven to be and enjoyed seeing the shift in many of their confidence levels.

Importantly, Miss Ryzak would like to thank the Year 13 Business Students, led by Fesal, who provided valuable support in enabling the smooth running of the event whilst being an irreplaceable part of the judges' panel. Also, Abigail, a Year 13 English student who took on the task of being a journalist for a day and representatives of the Year 13 Media Team who helped to capture true memories.

The four winners, Elle, Anoy, Jorthy and Julia, will go through to a second round where they will need to perform a speech in an assembly in front of a whole year group which will take place at the end of November. Then the two best will go through to the regional competition where they will represent JRCS. Notably, Daniel, Zack, Temi and Ruby received the 'highly commended' certificate as recognition for going the extra mile throughout the day which is also a great accomplishment.

Overall, it was a great day where the students were able to develop and refine their public speaking skills and gain more confidence in these vital life skills. Well done to the winners and all those who took part for their accomplishments!

Abigail  
 Year 13 English student at JRCS  
 Acting School Journalist

# SMSC Religious Studies

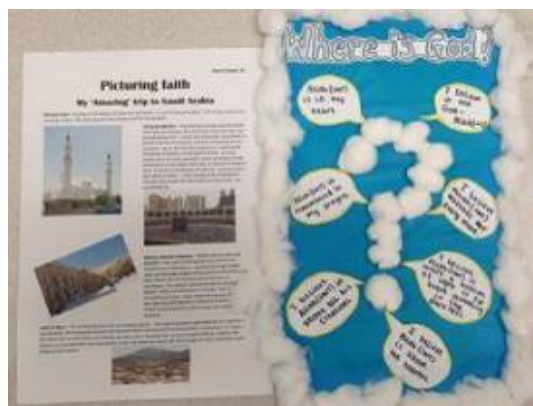
## RS Winter Competition.

The RS Department recently ran a creative competition for students in KS3 for which they were asked to consider three different titles; 'Inspiration', 'Where is God' and 'Picturing Faith.' Students were asked to creatively respond to these three titles in any way they wished. We had some fantastic entries ranging from poetry to essays and photography to artwork.

The judges found it very difficult to pick their favourite but in the end four stood out from the rest and these individuals received an LOC as well as a book voucher. Well done and thank you to all those that entered. It was fantastic to see what creative students we have at JRCS.



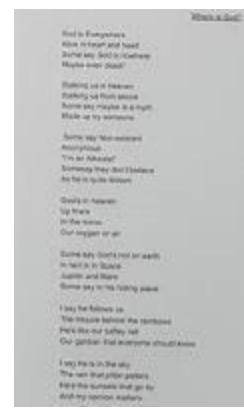
Casey - Year 8



Ameera - Year 8



Radvile - Year 8



Nifemi - Year 7

Mr Kendall  
 Head of Religious Studies

# SMSC Sixth Form

## The First Give Final!

On Monday 20<sup>th</sup> January, Year 12 participated in the First Give Final. Since September, Year 12 form groups have been working hard to fundraise and raise social awareness for different local charities in Barking and Dagenham. This culminated in a year group final which saw five form groups present their social action to a judging panel that included the Councillor of Parsloes Ward, Dorothy Akwaboah.



I was extremely proud of all the presentations we saw and am delighted with the commitment that was shown by the students to the charities they were raising awareness for. Isaac Jones, Head of Programmes at First Give, commented that 'I honestly think this year's final was the best display of social consciousness, passion and energy so far, and the young people were an inspiration. The sheer scale of the social action they completed was amazing'.

Despite all presentations being of such high quality, there had to be one winner. The winning form group announced were 12E and they won £1000 for their charity Housing for Women. Well done to 12E and to all Year 12 students who showed such commitment and dedication to the First Give programme.

Mrs Evans

Deputy Director of Sixth Form - Head of Year 12

## UK-US Youth Dialogue Programme



Reece, Year 13, successfully beat off over 100 rivals to get the opportunity to take part in the UK-US Youth Dialogue Programme delivered by the Windsor Fellowship.

Reece found out about the opportunity and contacted the organisation to get the details and how to go about applying. The programme is open to applicants in Year 12 or 13 who are in full time education in Greater London. Their aim is to develop strong leadership, team building and communication skills, combined with thoughtful self-reflection and personal confidence as well as developing understanding of culture, lifestyles, values and issues in the USA through direct contact with diverse families, teenagers, leaders and organisations.

Reece and Keren (also in Year 13) made it through to the last 30 and went to a meeting with the YDP staff to try and get chosen within the final 12. Both acquitted themselves well.

Reece was ultimately successful and is now looking forward to experiencing an amazing opportunity. This begins in February with an introductory evening, then three residential seminars in the UK before taking part in the American Summer Camp and experiencing life with an American family through a "home stay" in Chicago. After this there will be a reflective residential back in the UK.

An amazing opportunity created by Reece independently finding out and applying to the fellowship. He will have an amazing experience and we look forward to him coming back in September before going off to university to tell us all about it.

Congratulations!!

Miss Campbell

Deputy Director of Sixth Form - Head of Year 13

## The 2020 A Level Sociology Conference at UCL:



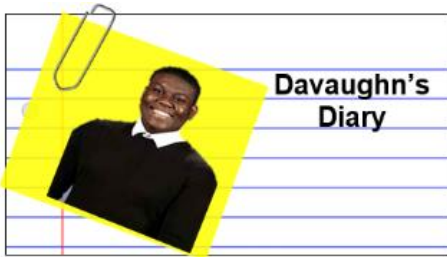
On Thursday 23<sup>rd</sup> January 2020, the Year 12 Sociology classes came together at Becontree station to make their way to UCL University which hosted an open Sociology Conference. Multiple schools and colleges from across London attended. The experience was interesting and educational.

The conference consisted of multiple professional speakers and lecturers such as Paul Gilroy; a professor who is included in our sociology textbook. He gave a very impressive speech on the topic of 'Nationalism and Racism'. This was my favourite part of the entire trip because when he started talking about 'Typical British Values' and how they are reflected in the current education system, you could clearly see the interest in the eyes of all the students across the lecture room because it gave us all a different sociological perspective on our education system. Some of the other speeches made in this conference gave us a better insight into topics we are studying, such as one mentioning the concept of 'Habitus'.

To conclude, I believe this trip was very helpful to my study of sociology as well as it being a fun experience.

Ash – Year 12

## My trip to Parliament - Tuesday 5th February



The Year 12 Politics class and I took a trip down to Westminster to pay Parliament a little visit. Security there was extremely tight, having to drink any liquid to prevent poisonings as you "wouldn't drink the untestable". I even had to go through without my belt! However, it was all not in vain as this year we got to sit on the seats of the Supreme Court Judges (just to rub it in the faces of the Year 13s as they never got such an opportunity), the same place where they ruled the prorogation

of Parliament unlawful. Now that was an experience which seemed almost impossible to reach, the fact that we can visit places of extreme importance like the Supreme Court or Parliament, but I guess that's what it means to live in a democracy.

After dilly-dallying in the SC, we took a little detour to No.10 Downing Street, just before the actual visit to Parliament, to see if we could catch a glimpse of our busy Prime Minister, but being in an enclosed area, we couldn't see anything.

The security process of Parliament was very much the same as for the Supreme Court going through the metal detectors and the rest of it. But the tour of Parliament was really fascinating. One of the highlights was going to watch a small debate in the House of Commons where we got to see David Davis, a Conservative Party politician who served as Secretary of State for Exiting the European Union from July 2016 to July 2018. We also saw Richard Burgon, Labour MP and Tim Farron, former leader of Lib Dems. Also present were newly inaugurated MPs of constituencies like Keighley's new MP Robert Moore following the 2019 general election.

After the tour, we had a little fun and games in a workshop hosted by the staff of Parliament for educational purposes. In this workshop, we were looking at elections and different types of election voting methods and the pros and cons of each as well as what type of government may be formed as a result of these methods. The class was split into teams to demonstrate but also to act in a point system of a game, which my team won of course.



To end it all, we had to say goodbye to our Parliament friends and make our way back home. Everyone was exhausted, but it is undeniable that the trip was very fruitful and educational. I am sure that the Year 12s found the trip insightful and it proved very useful to consolidate my knowledge in politics for my own exams.

Davaughn Year 13

### **Psychology Trip**

On Wednesday 4<sup>th</sup> March, the Psychology Department and Year 12 Psychology students visited London Zoo to take part in a phobias workshop. The session involved learning about the characteristics of common phobias and the treatment options for it. One of the treatment options we were taught about was clinical hypnotherapy. The class took part in a brief 20-minute hypnotherapy session and post-therapy, we were introduced to the zoo's resident spider, Rosie. Students took turns in holding and touching the spider to see if the hypnotherapy session had worked in eliminating our fears. Samira – "This was quite scary for me but I managed to hold Rosie for a few seconds; this could be down to having the hypnotherapy!"

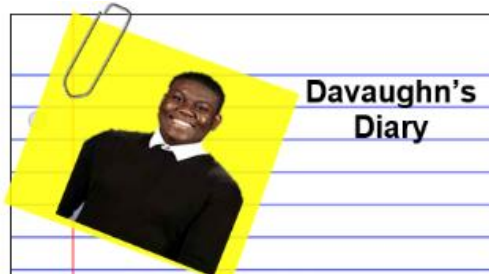


Throughout the day, we also spent time walking around the zoo observing the animals, we saw giraffes, penguins and lions. Overall, it was a brilliant day out and the trip has helped consolidate our knowledge of the psychopathology topic.

Charlie and Samira – Year 12

### **Farewell (for now hopefully)**

All things must come to an end; unfortunately, this has come about too quickly. I would have never thought that my last year of staying at this school would come to an abrupt end like this. It seems so surreal and sudden to possibly end of my school career in this fashion after seven years of attending here. Going from Year 7, being giddy about this secondary school life and going all the way to GCSEs in Year 11 thinking that it is the be-all and end-all. Finally, my Sixth Form life has been the best two years in my school life. I've had too many good memories in this school as well as a few bad ones (we do not focus on those) from school trips to banter with friends, but that all seems to come to an end without any of the Year 13s, or Year 11s for that matter, and we haven't made peace with it yet.



With school closing (but legally staying open) due to the Coronavirus, to be honest the whole of 2020 has been madness, with WW3 threats and the Australian fires, and the deaths of legends such as Kobe Bryant, Pop Smoke who only started to blow up this year and is 20 years old. The virus taking a turn for the worse as well as locusts plaguing East Africa right now and storms coming from nowhere, as well as the panic shopping. It seems inevitable that the Government had to take action and close down schools because of this pandemic.

I'm trying not to make this any more sentimental than it already is and on behalf of all the Year 13 students, I would like to give my thanks to all the teachers who have taught us over these years and a special thanks to Big Mr Smith for supporting us (me in particular) over these years and a special thanks to our Head of Year Miss Campbell, our Head of Sixth Form Mrs Wren as well as Mrs Evans for being like parents to us and taking us through our final school career journey before going our separate ways. God permitting, I hope that this won't be my last article for The Seagull, but for now, sayonara.

Davaughn Year 13

## Psychology During Lockdown

During lockdown, Year 12 Psychology students got their creative juices flowing by making models of concepts they had learned in class.

Gabija created an impressive neuron using lego parts. She even uses the lego to demonstrate the process of synaptic transmission in the second image:

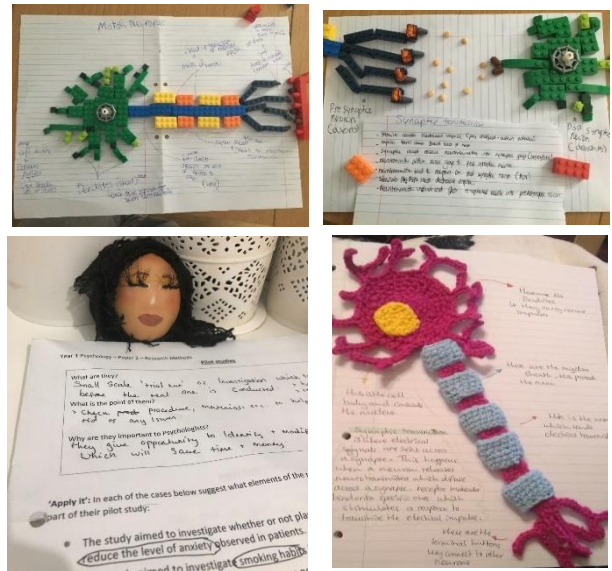
Laura Ettridge knitted a fantastic motor neuron which was equally impressive!

When learning about attachment in Psychology, students usually undertake a two-week egg baby project in which they attempt to attach to an egg by naming it, personalising it, spending time with it and recording its journey.

Samira created this fantastic egg-baby named 'Halima B-egg-um'. She appears very grown up for an egg baby with her false eyelashes and psychology revision!

The Psychology students enjoyed these projects as not only did it allow them to showcase their creative skills when learning about concepts, but it was a fun way to keep themselves engaged during lockdown.

Miss Tasneem  
Social Studies Department



## Year 13 “Young Professionals Conference” Thursday 12<sup>th</sup> November

Year 13 students had the opportunity to opt into an amazing day conference hosted by Dan Miller through his company Young Professionals. The school has already benefited from several opportunities from the company since last March, including several students going on a virtual work experience.

The company provide an annual conference where they bring together speakers from top employment companies across a range of employment pathways but particularly from the business and technology sectors. This year it had to be virtual due to the current situation.

However, we made it as professional as possible by using the lecture theatre room and streaming the event live. Those students who opted in should be additionally commended as this was in the middle of their VIMA internal exams so a few changes to exam timings had to be overcome.

Through the day students had 11 “TedTalk” style presentations from top companies including PwC, GSK, Capgemini and CGI to name just four, they explained their sector, their personal journey to the job they are currently in and the options they have for school leavers and graduates (taking into account that some students will want to go straight into an apprenticeship/job whilst others may wish to go to university first). Dan Miller also presented a segment about setting up a professional LinkedIn account and the day was completed with a recruitment panel consisting of a representative from each company giving hints and tips on applications, interviews employment pathways and responding to questions that were sent in from those attending.



There was something for everyone, a couple of interesting options linked to degree apprenticeships were introduced, opening dates for applications and opportunities were highlighted. The scope of pathways into the different companies was interesting to see and showed that there really is more than one way to get to a career dream.

My thanks to not only Dan Miller and the companies that made the day informative and beneficial, but also to the Year 13 students who opted in and the way they engaged. Hopefully, many will benefit from the information and maybe specific opportunities that they now know about. Who knows in a few years' time – they may be the presenter for a company for the future Year 13s!

Miss Campbell  
Deputy Director of Sixth Form  
Head of Year 13

### The Wren Garden

Before half term we had the pleasure of opening The Wren Garden which is situated in a courtyard adjacent to our Sixth Form Block. This space will allow our Sixth Formers access to a seated garden area with an outdoor catering facility.

The garden itself is obviously named after our ex Director of Sixth Form, Mrs Wren, and is a fitting testament to her impact upon the lives and pathways of our Sixth Form students over the past 13 years.

Mr Smith  
Headteacher



### The Wren Garden Christmas switch-on!

On Thursday 3<sup>rd</sup> December, the Sixth Form marked the first day of Smithmas with a Christmas light switch-on in the Wren Garden. Sixth Form students were treated to a hot chocolate, sweets and snacks and festive songs played in the common room. It was a lovely event that was enjoyed by all.



Mrs Evans  
Director of Sixth Form



# SMSC Music

## Winter Concert



On Tuesday 14<sup>th</sup> January, students from Years 7 - 13 participated in our first major performance of the year, the Winter Concert. Standout performances of the evening came from Tia (Year 9), Kwame (Year 11) and Mae (Year 11), and we were able to enjoy performances from a number of ensembles including the JRCS Choir, JRCS Wind Band, JRCS Jazz Band and JRCS Gospel Choir. Thank you to all of our performers, many of whom have not performed before in a school concert at JRCS as they are new to the school, new to Year 7.

The students supported one another excellently on the night, and we were also grateful to our team of technicians who put in time to set up the Hall and look after the technical side of the event throughout.

Well done to Sean (Year 9), Simi (Year 10) and Nathan (Year 9).

## Music Theory Club

Music Theory Club continues to take place every Tuesday from 3:10pm – 4:00pm in MU2.

It's been great to see such a range of students attending, from Years 7 to 11, and here's a reminder that all students who wish to develop their knowledge of music theory are welcome to attend, no matter your current ability! This club helps to support students who are learning an instrument, those preparing for GCSE Music, and those about to take their Year 11 GCSE Music Listening and Analysing examination.



## Jack Petchey Perfect Pitch Competition

Members of the mighty JRCS Choir have worked with Miss Herel and Mr Jenner since 2019 to prepare for the Jack Petchey Perfect Pitch Competition. Students succeeded in the heats to get through to the semi-final, held on Sunday 12<sup>th</sup> January 2020 at the Broadway Theatre, Barking.

During an amazing day of competitive rehearsals, fun and relaxation time, 19 students from JRCS took to the stage, performing to a packed auditorium under the bright lights, to entertain family, friends, teachers and Judges.



Our Choir performed two hits a capella (unaccompanied), with additional movement and choreography. The experience was so valuable and everyone involved had a great day.

Congratulations to our Team Leaders who were awarded LOCs for their ability to motivate and support their respective groups on the day: Kwame (Year 11); Venessa (Year 10); Taiwo (Year 10); Kehinde (Year 10) and Elio (Year 8).

Miss Hurst  
Head of Music

## Music News

We are so pleased to have welcomed back students in Years 7, 8 and 9 this term to our classroom curriculum in Music. Students in Years 10 and 11 continue to study GCSE Music and instrumental lessons are running for all returning students who learnt an instrument last year, as well as those joining us in Year 7.

Music continues to be taught across the school and although there have been some changes since September, we are participating in the Music Mark National Campaign, to ensure that students know that we #CanDoMusic.

Whilst we are unable to currently sing in large groups or to share instruments in classroom music lessons, students from Years 7 to 9 have covered a range of topics, including Modern Samba, Developing Rhythm, Music Theory and identifying features of music through listening. Students in the lower school have really impressed us with their rhythmic ability, accurate use of musical terms and knowledge of music theory.



## Instrumental Lessons

Since September, up to 60 students have benefitted from one to one or paired instrumental lessons with our team of instrumental teachers, each week. All students have been assigned their own individual instrument to use for the year and vocalists have been making use of the school's Recording Studio, allowing them to communicate with vocal teacher, Miss Herel, from the Control Room.



## Year 9 Bands

We are excited to begin our Year 9 Band Rehearsals on Wednesday and Thursday mornings, in the coming weeks. Students will be working with Mr Jenner to develop their ensemble skills, performing pop and rock tunes, allowing us to keep up our long-held tradition of practical music making at JRCS.



## Careers in the Music Industry

After the half term break, JRCS instrumental teachers will be sharing information with our students about their careers in the music industry. Using pre-recorded video footage, teachers will give insider information about how they developed their musical ability over many years, the amazing artists that they have worked with in the music industry, and UK and global tours that they have participated in.



## Music Notices

Students invited to participate in the Year 9 Bands will receive a letter with more details, next week.

Please check for emails from Miss Ford, Music Administrator, if you participate in instrumental lessons.

Students should please email Miss Ford if they need a replacement instrumental lessons timetable, have any questions, or have missed an instrumental lesson.



Miss Hurst  
Head of Music

# SMSC English

## Year 11 students study Macbeth

On Thursday 13<sup>th</sup> February we were fortunate enough to welcome an actor from the Globe Theatre into school to work with 105 of our Year 11 students. As part of their English Literature GCSE, students are required to study William Shakespeare's Macbeth.

The English Department constantly strives to find creative ways to engage our students, and these workshops enabled them to bring the play to life; they were able to analyse the staging and crafting as it would have been intended in Elizabethan times.



These opportunities provided some invaluable learning for students and will set them up well for a visit to the Globe to see Macbeth later in the year.

Mrs Patel  
English Department



A huge congratulations to everyone taking part in the Flash Academy Programme. However, I need to congratulate and applaud the work of a few students in particular.

Year 7: Well done to Stephani and Lary for their participation in the programme.

Year 8: Well done to Samuel for his hard work and continuous focus with the Flash Academy Programme. Samuel is soon to receive a reward for his continuous hard work.

Year 10: Well done Grace for your amazing effort this week. Keep it going.

Mrs Way  
EAL Coordinator



## Year 11

The EAL Department would like to congratulate Daria and Fajar for their hard work and focus with Flash Academy this week. Daria has won herself a prize. To those who are still completing the programme, keep going and I will be looking for other students to give rewards to.



## Year 7

Taheem and Wania have completed the 20-refugee challenge. This project gives students 20 challenges looking at refugees to complete before the end of 2020. LOCs and certificates will be given to these two hard working students. I look forward to receiving more of your applications.

Mrs Way  
EAL Coordinator

# SMSC Media Studies

## Media Studies Update

Students attending Support School during lockdown have been experiencing option subjects they may not have studied before, like Business Studies and Media. The Media Studies classes, led by Ms Harland and Mr Rutland, have been very busy! Here is a commentary on the three projects they have undertaken:

### 1. BBC Young Reporter

At the beginning of lockdown the students undertook a news unit. The final task was to create a podcast for the BBC Young Reporter project about what it was like being in school when no one else was there. The BBC loved their work and asked us to take photos so we could turn the podcast into a video for their YouTube channel. This video has been shared by BBC My World (part of the BBC World Service) to a global audience. You can see the students' hard work here: [https://www.youtube.com/watch?v=8b7TXUFdY\\_o&feature=youtu.be](https://www.youtube.com/watch?v=8b7TXUFdY_o&feature=youtu.be)

### 2. Photoshop Project

The Support School were then taught some basic photoshop skills, taking Ms Harland or Mr Rutland's head and putting it on someone else's body and creating logos and banners. Charlie in 8D became very proficient in Photoshop very quickly, making a logo and banner for his YouTube site.

### 3. Disney Project

Students learned about the different careers at Disney, one of the biggest media companies in the world. They then chose a Disney brand and created a film keeping true to that brand, for example classic Disney, Pixar, Marvel, Star Wars and National Geographic. They had to plan their film, create character profiles, make a poster, storyboard a sequence and write the script for the trailer. Here are some of the students' ideas and work.

Ryan 7I

Ryan's film falls under the Marvel brand. Out in the universe two elements are engaged in a constant, life-long battle. The Fire Lantern and Water Lantern chase each other around the universe, Fire Lantern wants to destroy worlds and Water Lantern fixes his mess. Because of global warming, the Earth has become hotter, making it easy for Fire Lantern to get through the atmosphere and wreak havoc on Earth. Can Water Lantern save us all? Ryan received an LOC for his hard work in this unit. He took his booklet home and finished all the tasks in one night!



Rares 7I

Rares' film is also part of the Marvel brand. People have been transported from our world to another, on this new planet they start developing super-powers and become The Unusuals. As they get stronger, they start defying The Superiors of their old world. In retaliation, The Superiors hunt The Unusuals. Can they find the 6 Orbs that will help them wake the fabled Woman Of Gold? Only she can help them destroy The Superiors?



Craig 7H

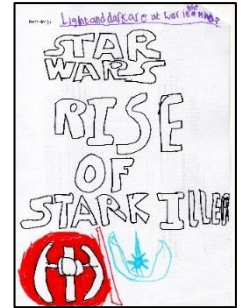
Craig's Marvel film is called Olympus. His main character is a highly trained, exceptional athlete. When corrupt governments and officials make decisions that affect his family, community and his training, he uses his athletic skills as a superpower. Can he fight all the corrupt governments around the world?



Maya (8J) and Leia (9C)

Maya and Leia's film, Unexpected Love, falls under a classic Disney film, though there is a twist. Prince Alexander of England has it all, money, good looks, a powerful family. The Prince is reckless and spends money like nothing matters. While on holiday in Brazil he meets Isabella, a

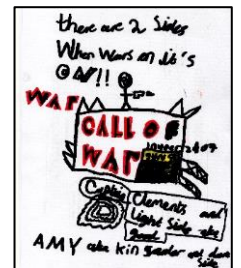
poor girl, they talk and fall in love. Isabella teaches Alexander that there is more to life than money. When Alexander must return to England Isabella leaves her over protective father and travels the world, walking through strange lands and working on a ship for passage. She travels the world to find him so they can live happily ever after. They have a daughter. Maya used her excellent Photoshop skills to create a poster for this film, unfortunately we don't have permissions to share the images she was editing. Maya enjoys editing films and images in her spare time outside school.



Morolaoluwa 8A Morolaoluwa's film falls under the Star Wars brand. With the tag line "Light and Dark are at war in one mind", Rise of Star Killer sees Marik Skywalker (aka Star Killer, grandson of Anakin Skywalker) struggle with his jedi origins. The Light Side and The Dark Side are both in him, calling him to their cause. He develops a split personality and his Dark Side causes havoc across the universe while his Light Side has to return to clean up the mess.

Charlie 8D

Charlie's Star Wars films, Call of War, has war from the start and sees Captain Clements fight Amy (aka Kin Vader) The Dark Side in forests and parks. His tag line is "There are two sides. When war is on, it is ON".



Ifeoluwasimi 8F



Ifeoluwasimi created a Disney Pixar film about three friends who have to support each other whilst travelling through time. Her main heroine has vitiligo. Ifeoluwasimi felt that Disney could use its massive influence to educate audiences and raise awareness of this condition.

Ms Harland  
Head of Media Studies

## Media News

On Thursday 26<sup>th</sup> November 2020, Deiniol Buxton, a producer for the BBC, joined JRCS Media Sixth Form students for a video conference. Deiniol spoke about how she got into the industry, different career paths, taking risks and what it was like to work for the BBC. She did her post-graduate degree at Westminster University, so Ashley in Year 13 had a few questions about that, as it is his first-choice university to study Digital Media. Deiniol got a placement at Radio 4 for You & Yours and then went on to be a researcher for Woman's Hour and Midweek and then finally becoming a producer at the World Service working on their flagship personal stories programme Outlook. Deiniol has won Silver at the Sony Awards for a series made in America during the run up to Obama's historic election, she spoke about travelling around America and listening to a variety of stories. She has travelled the world and won many awards.



Jack in Year 13 said "I found the talk really interesting, it seems like hard to get into and you have to work hard, but it also seems very rewarding". Sonia in year 12 said "I want to get into this industry and found everything Ms Buxton said really interesting. She has inspired me and given me some great advice on getting involved with as much as I can".

Ms Harland and the Media students are very grateful for the time Deiniol Buxton took out of her day to speak to us and we are very grateful to Mrs Quail for arranging the talk.

Ms Harland  
Head of Media Studies

# JRCS D of E

## Celebrating D of E in 2020

We had originally planned a celebration of students who had achieved their D of E awards from April 2019 – April 2020, however, due to the pandemic this had to be cancelled. I did hope to do a socially distanced event earlier this term, but with the second wave and increased restrictions this was again impossible. Therefore, we are having a virtual celebration via The Seagull, the school's big screen in the Egg and a display on Level 2.

The students and ex-students achieving awards are as follows:

Bronze award - Eniola Year 11, Lewis Year 11, Cayden Year 11, Yasmin Year 11, Frankie (ex-student), Devikha (ex-student), Michael (ex-student), Ayaan Year 12, Gopal (ex-student), Reece Year 12, Josiah (ex-student), James Year 13, Alin (ex-student).

Silver award - Shanise (ex-student), Iretomiwa Year 12 and Luke (ex-student) and Gold award – Ebun (ex-student).

We are extremely proud of each and every one of the 28 JRCS students and ex-students who has achieved an award.



Congratulations to all on this fantastic achievement. Don't forget to shout about your award to universities, colleges and future employers, you have a wonderful set of transferable work related skills, proving that you can commit, organise yourself, plan and be self reliant.

Ms Montague  
D of E Manager