



SMSC “Flying High” Summer 2024

Gold Seagull

Congratulations to the following Gold Seagull winners:

Rifah Year 7
Ayokunmi Year 7
Emmanuella Year 7
Muhammad Year 7
Ebunoluwa Year 7
Joshua Year 7
Dorian Year 9
Sophia Year 7
Princess Year 7
Zhanet Year 7
Gbemisola Year 7
Rosie Year 7
Rojus Year 7
Eliza Year 7
Ava Year 7
Lilly Year 7
Oakley Year 7
Ibrahima Year 7
Salwa Year 9
Gustas Year 9
Mattia Year 9
Sakeri Year 9
Darius Year 9
Carn Year 9
Dovydas Year 9
Amelia Year 9
Madiah Year 9
Alesha Year 9

Frankie-Jay Year 7
Daniel Dean Year 7
Riana Year 8
Gabriele Year 9
Sabina Year 10
Dominykas Year 7
Joel Year 7
Summer Year 8
Jayden Year 9
Sienna Year 10



Double Gold Seagull

Congratulations to the following Double Gold Seagull winners:

Zoha Year 10

Alisha Year 7

Triple Gold Seagull

Akanksha Year 9

Gloria Year 9

Nazmin Year 9

Sabrina Year 9

Ms Keane

Headteacher

Wellbeing Club



As the weather is still not being our friend making it near impossible to get outside for Wellbeing Club, we have been favouring activities in the library. In June week we recreated our favourite memories using playdough to take a trip down memory lane.

During the session we all shared where our fondest memories took place and why they

meant so much to us. For example, my memory was of a trip to New York where I lay by a lake and listened to the turtles bobbing in the water and the birds – this is my happy place! For our students, we had times when they rode rollercoasters, Christmases with family, playing games and birthday parties! It was another lovely week at Wellbeing Club, and we look forward to many more!

Ms Draisey

Senior Mental Health and Wellbeing Lead



Carnegie Centre of Education Mental Health Award

A year ago we made a commitment to achieve the best possible outcome in the Carnegie Centre of Education Mental Health Award. The award is given to schools who show evidence of excellence in the following areas:

1. Leadership & Strategy
2. Organisational structure and culture – staff
3. Organisational structure and culture – pupils
4. Support for staff
5. Professional development and learning
6. Support for pupils
7. Working with parents and carers
8. Working with external services

To achieve Bronze, we needed to show strong evidence in all of the above areas which we did successfully do. However, we were not content with just bronze and wanted to ACHIEVE the best possible outcome. To do this, we had to show that we were sharing our positive practice on a local and national scale. As a result, we have; published papers in the Leeds Beckett University/Carnegie Centre for Education publications on school mental health, started the LBBB Mental Health Leads network and spoken at the London Violence Reduction Unit conference that was attended by the London Mayor.

Last week we had the final call with the team at Carnegie to share our progress and decide on an outcome. We are delighted to announce that we were rated as Gold and achieved the highest score in all the above eight areas.

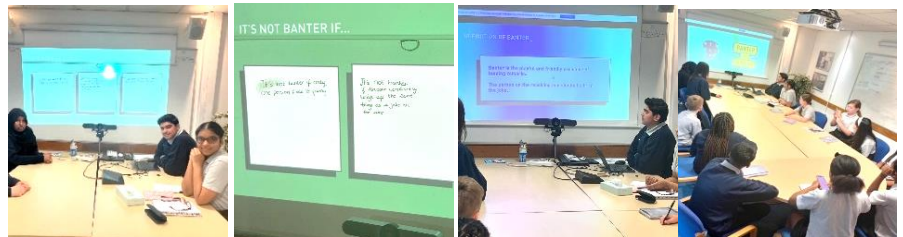
We are really pleased with this result but will also continue to drive forwards in our approach to supporting wellbeing at JRCS.

Ms Draisey
Senior Mental Health & Wellbeing Lead

SMSC Year 7

Diana Anti-Bullying

In June, our Diana Anti-Bullying Ambassadors met with half of the Year 7 form reps. They delivered the Diana, Banter versus Bullying programme to the form reps so that they could then take it back to their forms and deliver the programme to them. Congratulations to the Anti-Bullying Ambassadors who were confident and very professional.



Mrs Richardson
Senior Lead Mentor

SMSC Year 9

Year 9 AI Trip



In June Year 9 students visited The Royal Institution where they listened to a range of lectures from industry experts about the fascinating world of AI technology. They participated in experiments and activities that link STEM (Science, Technology, Engineering & Maths) subjects and AI.

Miss Gendoo
Second in Business & Economics

SMSC Year 10

Year 10 Billingsgate Fish Market visit



At the end of term in May our Year 10 Food/Nutrition and Hospitality/Catering students visited Billingsgate Fish Market where they got to learn about the types of fish that are used and sold in the UK. They had the opportunity to work with chefs from the Seafood Training Academy on how to prepare various types of fish in the kitchen using different techniques.

All students were dedicated and showed a true eagerness to learn new skills and expand on their learning that they have been doing in lessons. Everyone got involved and contributed to making a delicious fish curry at the end.

Plenty of chefs in the making at JRCS.
Well done Year 10!

Mr Summers
Year 10 Pastoral Assistant



The JRCS Apprentice



In June the JRCS Apprentice has kicked off and the 2024 Year 10 candidates are buzzing with enterprising tasks. Students across the school can get ready for the JRCS Apprentice weekly episode to be shown in form time. Miss Henry has arranged this extra-curricular activity, and she is keen to give students a chance to taste the real world of business life.

Mr Lungley, Lead Teacher of Economics, has stepped into the role of a lifetime as Lord Lungley; he will be firing the candidates as we look for the next JRCS Apprentice. In an interview, Lord Lungley said, "I can't wait to see what the candidates have to offer."



Year 12 BTEC Business students Lamin, Slavi, Derek, Victoria, Ronan and Mason (pictured above) are managing the production process of the JRCS Apprentice as part of their course. This helps them to develop their skills in leadership and management and gives us a practical method of assessing the students for unit 9, teamwork.

The Apprentice candidates had to apply with a video or a pitch. The successful candidates who will be facing challenges over the next few weeks are,

Luke, Kamsi, Nkem, Deborah, Hafiza, Joan, Ope, Ife, Albert, Feranmi, Ramadan, Taielle, Nana, Goodness, Finley, Nehan, Ronnie and Jackson in Year 10.

I'm excited to see who the 2024 JRCS Apprentice will be. Huge thanks to Miss Henry for making this exciting project happen.

Miss Wright
Head of Business & Economics

Year 10 RPC careers visit

As part of the JRCS social mobility programme and it also being social mobility day, In June Year 10 had the opportunity to visit HSBC in Canary Wharf to get an insight into the financial and banking sector. Students had the opportunity to take part in several interactive banking related activities, discussions on pathways to entry, a visit to the trading floor and the opportunity to meet with HSBC staff. Students were very excited about taking part in this opportunity and were very engaged in all activities. Well done!



Miss Boulton
Assistant Headteacher

The Apprentice

June saw the first task and the first firing from the 'hit show', The JRCS Apprentice. This week's task was to find a list of items around the school based on some rather cryptic clues. Part of the task was about negotiating with the staff for the items. They used their JRCS business bucks to pay for their items.

The winning team was the one with the most items and the most money left after some deductions had been made for some rule breaking/mistakes. The candidates had to take on board the rather candid feedback from their teammates and Lord Lungley in the board room. The winning team this week was Team Saints, who was very successful with Taielle as their Project Manager.

The two students (both pictured on the right) who were fired this week were Deborah **“I would like to run my own business later in life”**

from The Elites, and Feranmi **“This is my opportunity to experience business”** from Team Fundz, both were brought back into the boardroom to face Lord Lungley by their project managers Nkem and Nana. Students will be able to watch the episode in form time.

Miss Henry
Teacher of Business



Year 10 Trip



Year 10 RS students had a great time at the Victoria and Albert Museum in South Kensington on Friday 14th June.

They explored Islamic and Christian influence on art and design during the Renaissance and Golden Age of Islam, with treasures from the Persian and Ottoman Empires, as well as 15th century Italy.

As one student said, 'it was really interesting and a cool place to visit!'. Most had not visited so it was a great chance to see a new part of London.

Well done for upholding excellent behaviour and taking the opportunity.

Ms Brookman
Teacher of Religious Studies

New Head and Deputy Head Students



In their first week our new Head and Deputy Head Students have been in post. In that week they have been instrumental in working with Nigerian Foreign Exchange students hosted at Jo Richardson and making speeches to our upcoming Year 7 students during New Intake Evening. They have worked so hard already and we look forward to them representing Jo Richardson throughout the next year. Congratulations to our Head Students, Anacleto and Roxana, and to our Deputy

Head Students, Oskar and Valentina!

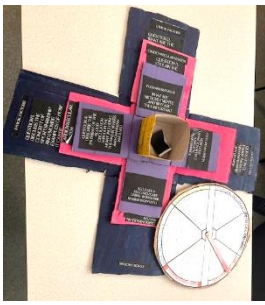
Mr Cully, Miss Worlock & Mr Summers
Year 10 Team

JRCS Apprentice Task 2: Develop a revision resource & pitch to a specific department.

In June saw the candidates take on a pitching challenge! The focus was to work as a team to create a revision resource with a specific department in mind, create the prototype and promotion alongside it and then pitch it to the expert teachers within that department. Guest judges included Miss Gendoo, Miss Thomas and Mr Sengulay-Thomas.

The project manager, Luke, from Team Fundz, carried his team to victory as they created Bizopoloy (as seen on the right) a business revision game take on the famous boardgame. Luke's team even went as far as conducting a focus group to check the games 'playability'. Team Elite created PowerPack, the PE Edition (as seen below). They came second this week in an exciting final and it was noticed how well they worked as a team.





Ope, project manager said that some of the girls in the team had worked really hard on the creation of their game idea and a working prototype. Leaving the losing Team Saint's. whose idea named, 'Locked in' which is an app that helps revision. Tairielle had actually made a working version of this app, which impressed the judges. Project manager Goodness brought Jackson and Ramadan back into the boardroom with him. He felt they had done the least to contribute this week and Lord Lungley agreed, making a shock double firing.

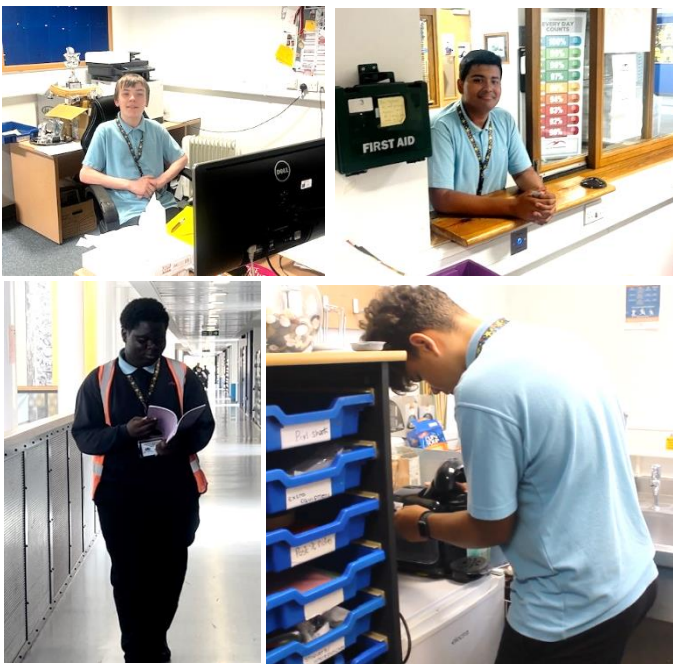
Saints lost two of their team players, Ramadan and Jackson. Jackson said, "It's time to go." as he left down the stairs flicking his hair. "It seems like the fan favourite has been fired, unfortunately, I have to go." Said Ramadan. At the start of the process, Ramadan was quoted saying, he was going to get this series on Netflix. Sadly, it doesn't look like that is on the cards for Lord Lungley now.



Special thanks goes out to Miss Gendoo, Miss Thomas and Mr Sengulay-Thomas for being guest judges this week. The latest episodes will be available for you to watch in form time.

Miss Henry
Teacher of Business Studies

The JRCS Apprentice 2024 - Task 3: Provide a Service



Last Friday saw the remaining Apprentice candidates offering up their service to teachers to act as their PA for the day. It gave the students an excellent opportunity to learn what the world of work was like. There was a real buzz about the building as students were kept busy with a variety of tasks from filming, to tidying, to wall displays and admin duties. Luke spent the day in the office where he said he had found his dream job. At the debrief at the end of the day, the students said they had a great day, but they were exhausted and did not realising how difficult teaching can be!

Staff feedback was overwhelmingly positive and, because the candidates had done such an amazing job, requested they have those students every week. The staff then had to decide on their PA's value for their day of work and make

payment in BTEC Bucks. Some of the candidates' expectations for pay were very high, with one candidate saying they feel they should be paid £350 for their day's work.

The winning team was Team Fundz overall.

In a brutal final, the four lowest paid candidates were fired, Nkem, Goodness, Ronnie and Nehan.



Next week we will see the candidates through to the interview stages, followed by live pitches before the finalist is crowned The JRCS Apprentice WINNER 2024.

Miss Henry
Teacher of Business Studies

SMSC Year 11

Year 11 Leavers' Assembly



It was such a joyous occasion on Thursday 20th June to welcome back our Year 11 students for their Leavers' Assembly. They have worked hard during the exam period and remained resilient to the end; we are so proud of them.

We were fortunate enough to be joined by the Year 11 band who kicked us off with 'Shut up and Dance' followed by 'Love in the Dark', the atmosphere completed by dim lighting and glow stick waving. It was such a wonderful assembly full of celebrations from the Andy Buck Award for Outstanding Service for Anton, top tutees in every form, 52 Jack Petchey nominations and so much more. The event ended with our classic balloon release (don't worry they are biodegradable!).

It has been an honour to take this year group through their time in Year 11 and they did me proud! We can't wait to celebrate more with them at the prom in two weeks!



Ms Draisey
Head of Year 11

Welling Football Club



Congratulations to our Year 11 student Femi who signed for Welling Football Club this week, what a wonderful way to end Year 11. We are proud of his achievement and look forward to watching him continue to grow in his football career. Good luck Femi!

Ms Draisey & The Year 11 Team

Sixth Form

Year 12 Egg baby Project



Our Year 12 Psychology students have successfully completed their 'Egg baby project'. This involved caring for their eggs for a whole week without any accidents!

Students are currently learning about the formation of attachments between infant and caregivers, and this was a perfect opportunity for our students to undertake a care giver role.



They have been able to link what they have learnt in the unit to their relationship with their eggs.

There were a lot of great projects submitted, but first place goes to Isabella.

Mrs Guven
Teacher of Social Studies



RPC Final Session



Wednesday 22nd May marked the final visit to RPC law firm by over 30 Year 10 students. All members of the scheme were guided with CV writing and presented with certificates and goodie bags to celebrate the occasion. It has been a very successful scheme which students have found beneficial to their future career aspirations (even if they don't want to go into the law field!). We look forward to next year's scheme.

Mr Cully
Assistant Headteacher



Bath University Trip



On Thursday 16th May we took 38 Year 10 students west to Bath University for an insight day. Despite the long coach journey (and traffic on the M25), on arrival students were treated to a campus tour, an interactive higher education quiz, as well as hearing from student ambassadors about life at one of the UK's top ranked universities.



There was also time for a Q&A where students asked questions about finance, exam results and course types. All enjoyed the day and students were better informed about the pathways towards higher education.

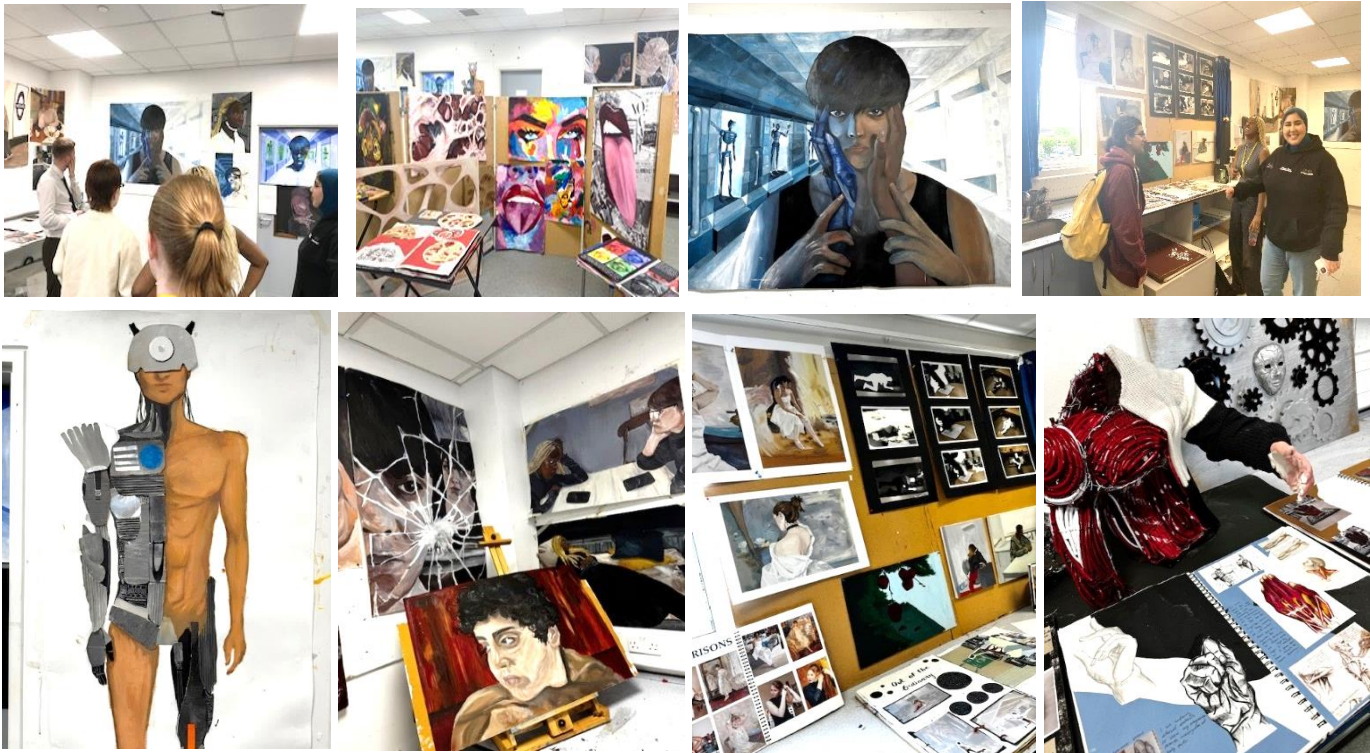
Mr Cully
Assistant Headteacher

Year 13 A Level Art



In June the Art department was proud to welcome back the Year 13 A Level Art students and open the doors of their studio to showcase their work to their teachers and peers. Amazing art!

If you missed it, you can still pop up to Art to get a glimpse... Or check out more images on the school's Instagram page!



Miss Franz
Teacher of Art

Monjola, Year 12



I am delighted to introduce a new regular entry to JRCS Seagull. Monjola, in Year 12, is hoping to pursue a career in journalism after her A Level studies and has kindly agreed to contribute a regular column to The Seagull. It will be varied in terms of putting across views, looking at what is occurring in the community and creating some debate.

Her first piece below is based around why young people should be bothered about politics on a national and local basis. After the article is a QR code to use if you or any student over 16 is not yet registered to vote. Whilst you have to be 18 to vote, once registered you will be automatically

sent details once old enough.

We recently had speakers in to our Sixth Form and 90% of them are now registered and ready to put their X on the spot (once they turn 18!).

Without any more words I leave you with Monjola.

Miss Campbell
Deputy Director of Sixth Form

“Monjola’s Insights”

Why should young people care about politics?

“Why should I care about what’s going on with our politics, I can’t vote anyway?” A commonly misguided attitude amongst young people which embodies a far from accurate reality of the importance of young people being politically involved. With general election day looming and an all too familiar campaign buzz playing its part in inciting society, the play for Westminster is dominating headlines once again – and this critical period is increasingly becoming just as significant for the people who can cast their ballot, as the young people who currently can’t.

The future is not so far away and actively taking steps to become politically conscious is major for this group, who will soon be directly impacted by decisions on things such as student loans, taxes, housing and salaries. The inevitable link between young people and these key policy areas means that they need to familiarise themselves with the political sphere now, so they are equipped to make justifiable choices. Being prepared to be civically engaged is also a way to act on otherwise just wishful thinking of changes they hope will eventually come about. This all just cements how crucial it is to be ready to vote and young people should appropriately prepare themselves to offer their fresh, diverse perspectives to the nation they will one day inherit.

Being productive in this preparation will lead them to find accomplishment in remaining in the loop and therefore being capable of making informed decisions. Perhaps informed enough to influence voters within their families!

A further means of political proactiveness for young people would be to look at parties’ manifestos which have begun to be released and take notice of the promises being made by them so that in the next election, they can look out for what exactly has been fulfilled. This would be helpful for young people in constructing their voting perspective, and may simultaneously warrant heightened consideration of local elections, where they may find a route to a more effective, concentrated impact on them as an individual.

This is increasingly important as all aspects of politics affect young people, as disconnected from the sector as they may sometimes feel. Feeling safe as a young person on the streets, struggling with mental health, having concerns on the state of social justice and the plans for the change in climate which younger generations may be raising families in are just some lifestyle elements of young people that are arguably only heavily influenced through the political arena. When this is highlighted, young people should be encouraged to be aware of where their future is heading and how they feel about this. Considering ways to help this, social media is a dominating part of the average young person’s life – and perhaps more needs to be done to make this home to a bigger political presence to stimulate that awareness young people crucially need.

Monjola

**A General Election has been called for
4 July 2024. Register to vote by 11:59pm on 18 June 2024.**

Who can register?

If you live in England and Northern Ireland



You must be aged 16 or over.

You can register to vote if you're a British citizen or an Irish citizen. You can also register if you have permission to enter or stay in the UK, Channel Islands or Isle of Man - or you do not need permission - and you're a:

- Commonwealth citizen
- Citizen of Denmark, Luxembourg, Poland, Portugal or Spain
- Citizen of another EU country, if you have had permission to enter or stay - or not needed permission - since 31st December 2020, and this has continued without a break.

Katelyn Achieves Herbert Smith Freehills Networked Scholarship Place!



**HERBERT
SMITH
FREEHILLS**

A small number of Year 12 students have been involved in a Networked Scholarship scheme run by international law firm Herbert Smith Freehills, based in London.

The students had to apply to be part of the initial group of seven students to represent JRCS. After their initial meeting, six of the students applied for the scholarship programme and made it through to interview. Each student travelled independently to their interview at HSF main office in Liverpool Street and had an interview with two of HSF's employees.

From this stage, we were fortunate that four students from JRCS were taken through to the last stage – an assessment evening. During this time, they had to contribute to their group's presentation by researching, discussing, and ensuring their pitch met the brief given at the start of the task.

From this final stage, five students from across the schools involved were selected to be part of the HSF Networked Scholarship Programme 2024.



I am extremely proud that one of those places was achieved by Katelyn from JRCS. The programme will support her with a mentor for the next four years, provide an internship with HSF during the Summer after her A Level exams in 2025 – with a possible trip to the Paris office involved! The support will continue through Katelyn's university course and help her with networking and work experience in the area of interest she is looking to follow.

I would also like to congratulate Abigail, Dinara and Lamin for getting through to the final stages – it was a very competitive year, and they should also feel extremely proud of their achievements.

The next stage for Katelyn will be at the new cohort launch in September, so expect a follow up article with a few corporate pictures.

Miss Campbell
Deputy Director of Sixth Form

Year 13 Boat Party

On Monday our Year 13 cohort celebrated the end of their time at Jo Richardson in style on the Thames at the boat party. It was a perfect sunny evening to watch the sites of London go by and dance the night away. The Year 13 students have done an amazing job completing their BTEC and CTEC courses and completing their A level exams and thoroughly deserved this send off! I am so proud of what they have achieved and will miss them enormously. I would also like to extend my thanks to the Sixth Form team and the Year 13 tutors for supporting the Year 13 students throughout. Looking forward to seeing the cohort on Thursday 15th August for results day. Wishing everyone a wonderful, restful summer.





Miss Duncan
Deputy Director of Sixth Form
Head of Year 13

Year 12 Health & Social Care Trip



In June, the Year 12 Health and Social Care class paid a visit to Cherry Orchard care home. Their purpose was to engage in creative activities with the residents as part of their coursework. The experience was wholesome and delightful for both the students and the residents, who formed close bonds.



The students and experience were fantastic, activities included colour by numbers, jigsaw puzzles, and play-dough alongside meaningful social interactions. Additionally, they had the pleasure of meeting the residents' friendly chickens! We all had a great time and a good laugh. The care home staff and residents praised the students and expressed a desire for their return soon

Miss Mahmed
Teacher of Psychology.

Year 13 Media Careers Event



A lucky group of Year 13 leavers took part in an exclusive opportunity to attend a media careers event run by HBO. Amidat, Anastasia and Jess took part in the incredibly exciting CrewHQ Careers Day featuring House of the Dragon on Monday 1st July.



The amazing day had an opportunity to watch Episode 3 on a cinema screen before its release, hear from an incredible Q&A panel of creatives behind House of the Dragon, have smaller breakout sessions where they got the chance to interact with Costume, Set Dec, Special Effects and Visual Effects crew members and then finally a time to network at the end of the day. The students received unbelievable insight into making a show of this scale. Amidat said "This day was so cool and fun" and Anastasia said "This was a brilliant way to start our summer!"



Jessica, who is continuing Media Studies at University, said "Jo Richardson has given me so many opportunities that has ignited my passion for media. Even though we have finished our exams, the school has still found opportunities for me that other people my age don't get a chance to do. I'm really feeling the love right now."



Ms Harland, Head of Media at JRCS, said "Mr Cully jumped at the chance to have our students attend this opportunity. It was an over 18 event so we had to get in contact with our Year 13 leavers who showed such maturity, respect and responsibility, travelling to London without teacher presence and interacting with media professionals as equals. I am very proud of these students and knew they would be brilliant at this event. I'd also like to thank Mr Cully and Ms Rooke for helping to arrange this trip."

Miss Harland
Head of Media Studies

JRCS General Election



Thursday this week saw the UK heading to the polling stations to vote for their preferred political parties and next Prime Minister. Students from Years 7–13 were invited to Boothroyd Hall to place their vote in the JRCS General Election.

Information was provided on each of the candidates from the five main parties listed on the BBC News



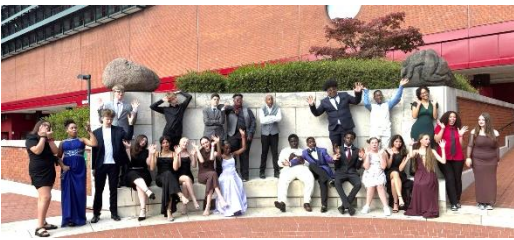
website and basic information from that same source was provided for each of these parties to ensure impartiality. Rules were put into place to help students experience a formal vote.

The event was run by the Year 12 BTEC Business class who, although not even old enough yet to vote themselves, felt it was important to give our young people a voice. They were also assessed on this activity in terms of teamwork as part of their Level 3 course. I was very impressed with Victoria, who had been made team leader for this project. She handled herself with exceptional professionalism. Thanks to everyone involved for making this happen. I hope after having the opportunity to cast their own vote today, that the students of our school community will pay more of an interest to the outcome of the UK General Election.

Miss Hallas Smith
Student Aspiration Co-ordinator

SMSC Drama

National School Theatre Awards



Back in January, a group of judges from the National School Theatre Awards visited our school production of Shrek. They felt that our young cast had enough talent to be shortlisted for several awards, including Best Musical and they asked us to perform on the night. This was a huge achievement in itself, as we were up against some of the best schools and sixth forms in the country. Including,

Epsom College, St Edwards and The Kings School.

We were asked to perform at the awards ceremony and had six weeks to prepare. It was fabulous getting the fairytale characters back together in the rehearsal space. Many of our Year 11 students came back to school and everyone's commitment to our shared goal of winning was clear. Teaching staff across school, pulled together to share any props and accessories they had to glam up the pupils costumes as we could not rehire the wonderful but very expensive costumes that we had for our original show nights. We would like to personally thank Ms Boulton and Ms Draisey for their wacky donations, we can always rely on you to source the obscure things we need down in Drama.



In June, we headed to The Shaw Theatre in London to rehearse with some of the other shortlisted schools. Our pupils were professional in our tech run, and the show director was blown away by the energy and enthusiasm of our piece. These kind words boosted the moral of all our nervous students and was the best lift he could have given them before the big show.

The cast got changed into their black tie outfits to walk the red carpet with other stars such as David Bradley Zoe Boyle, Monica Dolan and Abbie Budden. Everybody had the best time taking selfies and TikTok's in their best clothes. Every student looked impeccably dressed and had to rise to the occasion with exceptional behaviour and theatre etiquette.



Then it was our time to perform. As we were standing in the wings of the stage feeling equal measure of nerves and excitement, we heard the fabulous news that Maya in Year 12 had won the award for Best Female Solo. The cast that I had kept silent for 20 minutes erupted as we cheered on our fellow cast mate to collect her well-deserved award. We were all exceptionally proud of her but it was time to go on stage so our proper celebrations had to wait until we were back in the dressing room.



On stage, the atmosphere was electric! Every student went above and beyond to perfect every movement and aspect of the song making it the best performance the cast had ever done. The audience laughed at Samuel's comical characterisation as Pinocchio and they cheered when Nana raised the roof with his soulful solo section. We had goosebumps and all the staff agreed that we felt blessed to work with such talented young people.



I would like to personally thank Ms Hallas, our director for recapturing the magic that she created the first time around. Ms Willis, for her exceptional commitment ensuring our students go on stage looking their best with fantastic costumes and props. Finally, Mrs Richardson, for her commitment and support to the Drama Department. Particularly, every school production we have done since the school opened. It was lovely to squeeze in one final trip with you before you retire!

We hope that each one of the cast, looks back at the other school performances that they saw and thinks about where they could be with continued commitment and hard work within the performance arts subjects offered at Jo Richardson. We cannot wait to work with you all again for next musical.

Congratulations and well done to each of you.

Ms Branch and the Drama Department.

SMSC DofE

DofE celebration event



The Bronze DofE students received their certificates last night! We had a wonderful time reminiscing about their expeditions and overall experience. Ms Montague made a special guest appearance to congratulate our wonderful young people.

We wish our students every success and hope to see some more students complete their award next year!

Miss Lea
DofE Co-ordinator

SMSC PE

Year 10 Sports Leaders



In June the Year 10 Sports Leaders planned and delivered an outstanding netball event for our local primary schools this week. Students had to plan drills and practices to develop basic netball skills and techniques and then organised a tournament for students to compete against other primary schools.

The Year 6 students really enjoyed the opportunity to visit JRCS sports facilities and get to know students and staff in preparation for many of them to join us in Year 7. The Sports Leaders demonstrated excellent organisation and communication skills and this event will contribute to their final assessment for the Sports Leaders UK qualification.

Well done to all involved!

Mr Thomas and Ms Bevan
PE Department

Barking and Dagenham Borough Athletics Competition



In June JRCS attended the Barking and Dagenham Borough Athletics Competition on Wednesday and Thursday last week and won a total of 35 five medals. The student's effort and dedication has been exceptional

both at athletics training and on the day of the event. For both days student behaviour was amazing and watching all the students cheer each other on made us a very proud department. We managed to reach 18 finals for 100m, 200m and relay races, with multiple students placing top three.

Year 7 winners

Ali 100m 2nd
Joshua 200m 3rd
Chidabum 1500m 2nd
Rihanna 800m 3rd
Atene 1500m 1st
Precious shotput 3rd
Neveah Javelin 3rd
Naleeyah, Aisha, Tilly and Precious Relay 2nd place

Year 8 winners

Lyndon 200m 3rd
Mario 800m 3rd
Teddy 1500m 1st
Tomas Shot put 2nd
Lyndon Javelin 3rd
Kornelija Javelin 2nd
Lyndon, Teddy, Mario and Tomas Slovack Relay 3rd

Year 9 winners

Noah 100m 1st
Carn Discus 2nd
Blessing Shotput 3rd
Yolanda, Marcell, Blessing and Venisha Relay 2nd

Year 10 winners

Anacleto 1500m 1st
Juhayna 1500m 2nd
Joan 100m 3rd
Joan, Ife, Liliany and Opemipo relay 2nd

Four Year 7 students have been selected to represent Barking and Dagenham in the Essex Athletics Championships this Wednesday. Ali, Chidabum, Rihanna and Atene. This is a massive achievement and we are extremely proud of all students involved.





PE Department

Essex Athletics Championships



Four Year 7 students were picked to represent Barking and Dagenham in the Essex Athletics championships. The students showed exceptional behaviour and were brilliant on the day. The competition was extremely competitive which was a great experience for all four students and they had a great day. The students were Ali, Chidabum, Rihanna and Atene.

PE Department

Cricket Tournaments

Over the past week the school has been taking part in a number of cricket tournaments involving all of the schools in the borough. The 6-a-side tournaments provide our students with the opportunity to play competitive cricket and to test their skills against the best players other schools in the borough have to offer. All the students who represented the school did a fantastic job and thoroughly enjoyed their days out in the sun. Special mention to the Year 8 team who nearly made it through to the final.

Year 7

Ollie
Muhammad
Fabio
Yoan
George
Shahzain
Joel
Ayaan

Year 8

Luqman
Mujtaba
Andrei
Amanroop
Leo
Tomas
Denas

Year 9

Armaan
Owais
Reece
Gustas
Lewi
Charlie
Louie
Mahad

Year 10

Imran
Ronnie
Zahib
Ayyan
Arham
Nathan



Mr Howard
Head of PE

AT JO RICHARDSON WE



Aspire to be our best
Commit to our learning
Hold high standards in everything we do
Involve ourselves in our communities
Engage with all opportunities
Value, care for and respect each other
Establish resilience



SUCCESS FOR ALL