

## Aqua Exercise Classes at the Katz JCC - Policies & Procedures

1. Minimum age to participate in our Aqua exercise classes is 16 years old.
2. It is recommended that you get connected through the Mindbody app. If you need assistance, contact <a href="mailto:agelovich@jfedsnj.org">agelovich@jfedsnj.org</a> or the Fitness & Wellness Guest Services Desk at 856-424-4444 X1150.
3. <b>Registration</b> is required for all classes and can be made via the Mindbody app or in person or over the phone at The Fitness & Wellness Guest Services desk. In-person and over-the-phone registrations will be made on a first-come, first-served basis. <u>We can no longer honor pre-registrations from a running list of names or by yelling out to the Guest Services associate on your way by the desk. You must be present during your in-person registration process.</u> Failure to follow these procedures will result in a forfeited registration.
4. Registration for all classes will open each Wednesday at 11 am (+/-). You can receive confirmation of your registration or waitlist status from the Guest Services Associate or on the Mindbody app. <b>NOTE:</b> Classes have a limited number of spots available.
5. You must have a registration for each class when staying for back-to-back classes. This is <u>not</u> permitted for subsequent classes of the same kind. (i.e., Aqua Yoga)
6. <b>Class cancellations:</b> If you cannot attend a class that you have registered for, please cancel your registration as early as possible via the Mindbody app or by contacting our Guest Services desk. If the JCC cancels your registered class for any reason, you will receive a cancellation email. <b>NOTE:</b> If you miss three or more reservations without properly canceling or notifying our Guest Services desk, you will be charged a fee of \$10 per missed class thereafter.
7. <b>Waitlist:</b> If a class has reached its maximum number of registrants, a waitlist will be created. If you are on the waitlist, please check the Mindbody app or contact our Guest Services desk to verify your registration status before arriving for the class. If you are on the waitlist and choose to wait in person, you may need to wait on the pool deck until further directed by a staff member.
8. If you do not have a reservation in Mindbody, access to the classes will be denied. Access may be granted only if those on the waiting list have been served and space exists with respect to our capacity limits. At that point, a Mindbody reservation will be created on your behalf.
9. Do not access lap lanes until the class starts and only if the lap lane is included in the class space.
10. <b>CHECK-IN</b> is required for each class registration. Please arrive no earlier than 15 minutes ahead and at least 5 minutes before class start time and check off your name on the attendance sheet with our pool deck staff. Once the class has begun, entrance is at the discretion of the instructor.
11. All personal belongings should be kept on the chairs provided on the pool deck or in the locker rooms.
12. Please limit side conversations with each other during the class as it can be distracting to the instructor and other participants.

*Staff reserve the right to enforce these policies.*

*Those who exhibit inappropriate behavior or language or fail to comply with these policies may be asked to leave.*

*We appreciate your understanding and cooperation. If you have any questions or concerns, please contact [sbarker@jfedsnj.org](mailto:sbarker@jfedsnj.org)*